

Name : Mr. DINESH KUMAR SHARMA (39 /M)

Date : 25/03/2023

Address : FLAT-B,102,SUBHASREE HOUSING COMPLEX,KOLKATA, KOLKATA, KOLKATA,
WEST BENGAL, INDIA

Examined by :

UHID : AGHL.0001473855

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH
TMT/ECHO)

AHC No : AMHLAH170850



CHIEF COMPLAINTS

No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder



DRUG ALLERGY

NO KNOWN ALLERGY

:14/03/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - alive
Brothers - 4
Sisters - 1
Coronary artery
disease - mother
Cancer - None

PHYSICAL EXAMINATION



General

Build - normal
Height - 176
Weight - 70
BMI - 22.6
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 64
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 108
Diastolic(mm of Hg) - 72
Heart sounds - S1S2+

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Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Central nervous system

- No neurological deficit

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6
NVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ADVICE: *To continue
present glass Rx*Detail
dilated Funduscopy*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin | 15.6 | g/dl | ● | 13.0-17.0 |
| RBC COUNT | 5.41 | Million/ ul | ● | 4.5-5.5 |
| Hematocrit - Hct: | 46.4 | % | ● | 41-53 |
| MCV | 85.8 | fl | ● | 83-101 |
| MCH | 28.8 | pg | ● | 27-32 |
| MCHC | 33.6 | % | ● | 31.5-34.5 |
| RDW | 13.8 | % | ● | 11.8-14.0 |
| WBC Count | 5900 | /cu mm | ● | 4000-10000 |
| Platelet Count | 2.42 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 56 | % | ● | 40-80 |
| Lymphocytes | 39 | % | ● | 20-40 |
| Monocytes | 04 | % | ● | 2-10 |
| Eosinophils | 01 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Normocytic Normochromic cells | | | |
| Platelets: | Adequate. | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 05 | mm/1st hr | ● | 0-15 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|----------------|------|-------|-------|
| Volume: | 20 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Clear | | | |
| Specific Gravity | 1.005 | | | |
| pH: | 6.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | Occasional/hpf | | | |
| Epithelial Cells | Occasional/hpf | | | |

Casts: Not Found
 Crystals: Not Found
 Note: Biological reference interval
 RBC- 0-2/hpf
 Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE GLUCOSE(POST PRANDIAL) | Nil | | | |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | B | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 22 | U/L | ● | 10-40 |
| ALBUMIN - SERUM | 4.5 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 67 | U/L | ● | 53-128 |
| AST (SGOT) - SERUM | 21 | U/L | ● | 10-42 |
| BILIRUBIN TOTAL - SERUM | 1.3 * | mg/dL | ● | 0.0-1.0 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 198 | mg/dL | ● | 0-200 |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.8 * | mg/dL | ● | 0.9-1.3 |

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 19 | U/L | ● | 7-64 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 88 | mg/dL | ● | 70-99 |

GLUCOSE - PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 105 | mg/dL | ● | 70-140 |

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 5.2 | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7% |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------------|
| HDL CHOLESTEROL - SERUM | 40 | mg/dL | ● | 30-70 |
| LDL CHOLESTEROL -SERUM | 138 * | mg/dL | ● | Optimal: <100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 20 | mg/dL | ● | 0-35 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 7.3 | g/dL | ● | 6.4-8.3 |
| GLOBULIN: (CALCULATED) - SERUM | 2.8 | g/dL | ● | 1.8-3.6 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.0 | ng/ml | ● | 0.8-2 |
| TOTAL T4: THYROXINE - SERUM | 7.9 | µg/dL | ● | 5.1-14.1 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 126 | mg/dL | ● | 0-150 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|-------------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 2.4 | µIU/mL | ● | 0.270-4.200 |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 6.8 | mg/dL | ● | 3.5-7.2 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.2 | mg/dL | ● | 0.0-0.2 |

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 8.3 | mg/dL | ● | 7.0-18.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------|--------|------|-------|---------|
| A/G - RATIO | 1.6 | | ● | 1.0-2.0 |

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

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ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

X-RAY CHEST PA

Normal study.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.