

**PERIODIC MEDICAL EXAMINATION REPORT**

Name	: Sumit Bhosale	Test Code	: AHC-44
Emp Code	:	Test Date	: 26-03-2022
Age	: 35 Years	Sex	: Male
Contact No	: 9702303565	Dep. Name	: --
Company Name	: Arcofemi Health Care Ltd.	Job Nature	: --

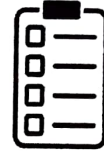
**PHYSIOLOGICAL DATA**

Height : 170 Cms	Weight : 83 Kgs	Expected Weight : 64 Kgs
B.P : 110/80 mmHg	PULSE : 74 /min	Body Mass Index : 28.72



**MEDICAL HISTORY**

<input checked="" type="checkbox"/> NO Frequent Cold	<input checked="" type="checkbox"/> NO Frequent Sneezing	<input checked="" type="checkbox"/> NO Joint Pain
<input checked="" type="checkbox"/> NO Shortness of breath	<input checked="" type="checkbox"/> NO Frequent Headache	<input checked="" type="checkbox"/> NO Chronic Cough
<input checked="" type="checkbox"/> NO Backache	<input checked="" type="checkbox"/> NO Intestinal trouble	<input checked="" type="checkbox"/> NO Ear Discharge
<input checked="" type="checkbox"/> NO Impaired Hearing	<input checked="" type="checkbox"/> NO Chest Pain Or Pressure	<input checked="" type="checkbox"/> NO Diabetes
<input checked="" type="checkbox"/> NO Recent Loss Of Weight	<input checked="" type="checkbox"/> NO Allergy To Drugs / Chemical	<input checked="" type="checkbox"/> NO High BP



**PAST OPERATIVE HISTORY**

<input checked="" type="checkbox"/> NO Hydrocele	<input checked="" type="checkbox"/> NO Renal Calculus	<input checked="" type="checkbox"/> NO Duodenal Ulcer
<input checked="" type="checkbox"/> NO Hernia	<input checked="" type="checkbox"/> NO Tonsillitis	<input checked="" type="checkbox"/> NO Appendicitis
<input checked="" type="checkbox"/> NO Cataract	<input checked="" type="checkbox"/> NO DNS	<input checked="" type="checkbox"/> NO Piles



**OTHER PAST OPERATIVE HISTORY** : No

**OTHER COMPLAINTS** : No

**PAST HISTORY** : No

**FAMILY HISTORY** : No

**ADDICTIONS** : Smoke : No | Drinks : No | Diet : Veg | Pan : No | Tobacco : No | Gutka : No

**VISION**

WITHOUT GLASSES		WITH GLASSES		COLOUR BLINDNESS
NEAR	R <input type="text" value="N-6"/> L <input type="text" value="N-6"/>	NEAR	R <input type="text" value="X"/> L <input type="text" value="X"/>	<input type="text" value="NO"/>
FAR	R <input type="text" value="6/6"/> L <input type="text" value="6/6"/>	FAR	R <input type="text" value="X"/> L <input type="text" value="X"/>	



**VISION REMARK** : NORMAL WITHOUT GLASS

Medical Test Date : 26-03-2022  
Name : Sumit Bhosale

Test Code : AHC-44  
Emp Code :

**CLINICAL EXAMINATION**

**GENERAL & DERMATOLOGY EXAMINATION**

General Condition : Good  
Oedema Feet : Absent  
Temperature : Normal

Nails : NAD  
Skin : Normal  
Deformities : None

**CARDIOVASCULAR**

Heart Sound : Normal

**ABDOMEN**

Liver : Not Palpable

Spleen : Not Palpable  
Other Masses : NAD

**GENITO URINARY**

Ext. Genitalia : Normal

Discharge : No  
Hydrocele : Normal

**LYMPHATIC AND ENDOCRINE**

Lymph Nodes : Not Palpable

Thyroid : Not Palpable

**MUSCULO SKETAL**

Bones : NAD

Joints : NAD  
Posture Spine : Normal

**NERVOUS SYSTEM**

Sensory System : Normal

Reflexes : Normal  
Motor System : Normal

**EYE CHECKUP**

Conjunctiva : Normal  
Pupil : Normal

Cornea : Normal  
Fundus : NAD

**E.C.G** : Within Normal Limits

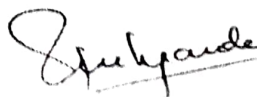
**PFT** : NA

**ADVICE** : Normal Health.

**RESULT** : This is to certify that the employee is free from contagious and obnoxious disease including skin & Tuberculosis. Hence found to be fit for the respective job.

\*NAD - No Abnormality Ditected  
NA - Not Applicable

**Dr. Rahul S Deshpande**  
M.B.B.S. D. Ortho A.F.I.H (Mumbai)  
Regd. No. 081019  
HARDEV. HEALTH. CARE



**Dr. Rahul Deshpande**  
M.B.B.S., ORTHO, A.F.I.H. (C.L.I)  
Industrial Health Consultant

Medical Test Date : 26-03-2022  
Name : Sumit Bhosale

Test Code : AHC-44  
Emp Code :

**BLOOD GROUP & RH FACTOR**

Blood Group : 'B'

Rh Typing : 'Positive'

**EXAMINATION OF HEMATOLOGY**

NAME	RESULT	UNITS	NORMAL RANGE
Haemoglobin	14.4	mg/dl	13 - 17
RBC	5.02	mill/cumm	4.5 - 5.5
PCV / HCT	43.0	%	40 - 50
MCV	85.7	fl	83 - 101
MCH	28.7	pj	27 - 32
MCHC	33.5	g/dl	31.5 - 34.5
RDW	<b>14.1*</b>	%	11.6 - 14
Total WBC Count	8200	mill/cumm	4000 - 10000
Neutrophils	52	%	40 - 80
Lymphocytes	<b>45*</b>	%	20 - 40
Monocytes	02	%	2 - 10
Eosinophils	01	%	1 - 6
Basophils	00	%	0 - 1
Platelet Count	250000	per cu. mm.	150000 - 410000
ESR	10	mm	0 - 20
<b>DIABETIC PROFILE</b>	<b>RESULT</b>	<b>UNITS</b>	<b>NORMAL RANGE</b>
HbA1c	5.24	mg/dl	4 - 6.5
Blood sugar fasting	85.2	mg/dl	70 - 120
Blood sugar post lunch	118.3	mg/dl	80 - 160
<b>KIDNEY FUNCTION TEST</b>			
S. creatinine	1.35	mg/dl	0.5 - 1.5
Uric acid	5.60	mg/dl	4.5 - 6.7
Urea	39.10	mg/dl	14 - 40
Blood urea nitrogen	18.26	mg/dl	6 - 21
Bun/Creatinine Ratio	28.9	-NA--	10 - 30

**EXAMINATION OF URINE**

**PHYSICAL EXAMINATION**

Quantity : 20ml  
Color : Pale Yellow  
Appearance : Clear  
Deposit : Absent  
Urobilinogen : Absent

**CHEMICAL EXAMINATION**

Proteins : Absent  
Glucose : Absent  
Specific Gravity : 1.025  
Ketones : Absent  
Occult Blood : Negative  
Nitrite : Absent

**MICROSCOPIC EXAMINATION**

Erythrocytes : Absent  
Epithelial Cell : 0-1 hpf  
Pus Cell : 4-5 hpf  
Bacteria : Not seen  
Casts : Not seen  
Crystals : Not seen  
A. Material : Not seen

N.B. : Above investigation have their limitations and should be interpreted by refering physician accordingly. Solitary Radiological/Pathological and other investigations do not confirm the final diagnosis of disease.

*S. N. Tripathi*

Dr. Surya N. Tripathi  
Consulting Pathologist  
Reg No - 2000/04/1994

Medical Test Date : 26-03-2022  
 Name : Sumit Bhosale  
 Test Code : AHC-44  
 Emp No :

**BIOCHEMICAL EXAMINATION**

	RESULT	UNITS	NORMAL RANGE
<b>LIPID PROFILE</b>			
Total cholesterol	154.1	mg/dl	130 - 200
Hdl cholesterol	58	mg/dl	40 - 60
Ldl cholesterol	<b>70.64*</b>	mg/dl	95 - 145
VLDL	25.46	mg/dL	2 - 30
LDL/HDL RATIO	1.22	--NA--	0.5 - 3.5
Triglycerides	127.3	mg/dl	70 - 140
Cholesterol/HDL Ratio	2.66	mg/dl	0 - 4.5
<b>LIVER FUNCTION TEST</b>			
Total bilirubin	0.5	mg/dl	0.2 - 1.2
Direct bilirubin	0.3	mg/dl	0 - 0.5
Indirect bilirubin	0.2	mg/dl	0 - 0.3
SGOT	30.6	U/ml	0 - 40
SGPT	24.8	U/ml	0 - 40
Protein	7.3	g/dl	6 - 8
Albumin	4.1	g/dl	3.5 - 5.5
S. Globulin	3.2	g/dl	2.5 - 3.5
Alkaline phosphatase	110.9	U/l	50 - 150
GGT	29.89	U/l	10 - 50

*S. N. Tripathi*

Dr. Surya N. Tripathi  
 Consulting Pathologist  
 Reg No - 2000/04/1994

TEST DATE : 26-03-2022  
REF. BY : HARDEV HEALTH CARE  
EMP CODE :  
NAME : Sumit Bhosale  
TEST ASKED: TSH

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
T3	C.L.I.A.	118.3	ng/dl	60 - 200
T4	C.L.I.A.	5.60	µg/dl	4.5 - 12
Thyroid Stimulating Hormone (TSH)	C.L.I.A.	1.79	µIU/mL	0.3 - 5.5

Comments : \*\*\*

Please correlate with clinical conditions.

Method :

TSH - ULTRA SENSITIVE SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

---End Of Report---

Sample Collected on (SCT) : 26-03-2022

Sample Received on (SRT) : 27.03.2022

Report Released on (RRT) : 28 March 2022

Sample Type : SERUM

Labcode : 110741711/AND45

Test Code : AHC-44

Dr.Durgaprasad N Agrawal MD

Dr.Caesar Sengupta MD



Medical Test Date : 26-03-2022

Name : Sumit Bhosale

Test Code : AHC-44

Emp Code :

**X-RAY OF THE CHEST P.A. VIEW**

There is no mediastinal shift.

The heart and aorta appears to be normal.

No pleural abnormality is noted.

The bony thorax is normal.

**IMPRESSION** : Normal Study

**SUGGEST** : Clinico pathological correlation & sos f/u.

Please note that imaging conclusion need to be correlated with clinical findings & other investigations for final diagnosis.



Dr. N.P. CHHALLANI.  
MBBS., DMRE, AFIH  
TMC/MOH/PNDT/234

Medical Test Date : 26-03-2022

Name : Sumit Bhosale

Test Code : AHC-44

Emp Code :

3ch x 4 + (1ch)

Name: AHC-44

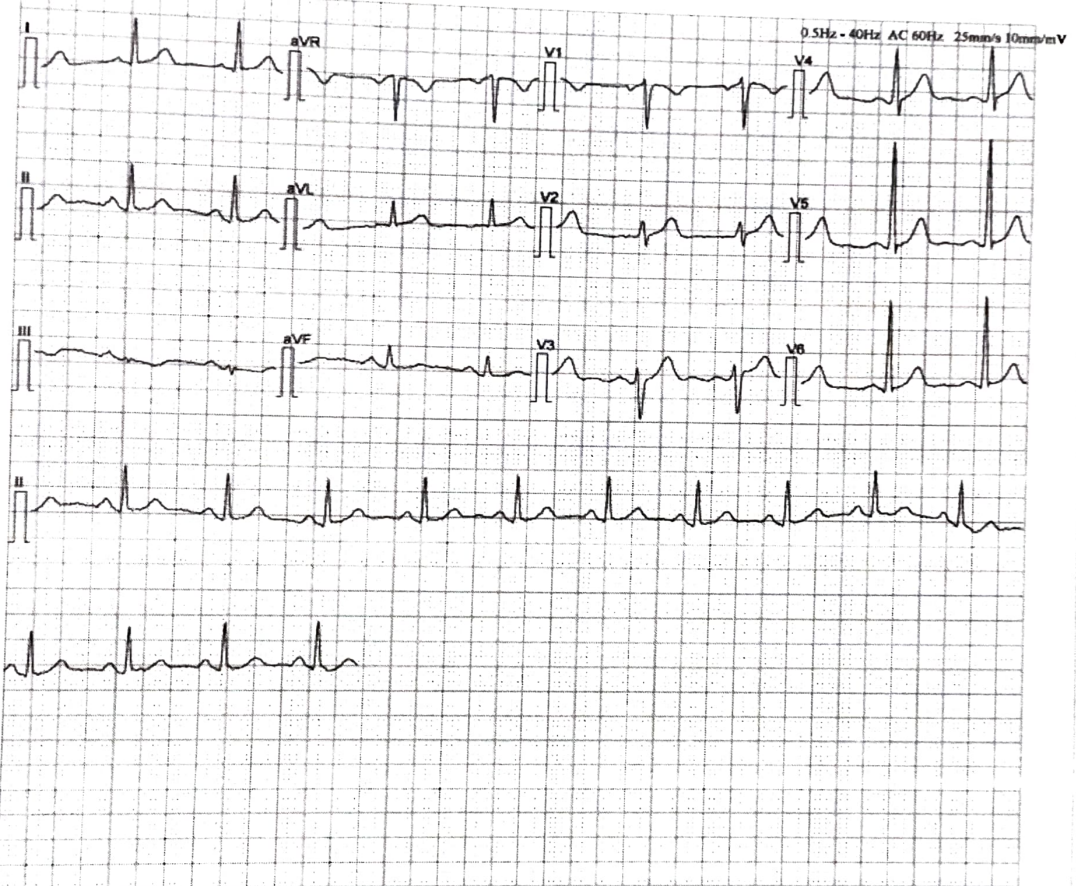
ID 20210223642855

Sex: Male

Date of Birth: 35

Hospital:

Department:



[Measurement]						
HR:	86 bpm	P	Width:	94 ms	RVS/SV1:	2.257/-0.937 mV
P Axis:	64 deg.	PR	Interval:	144 ms	RVS+SV1:	3.194 mV
QRS Axis:	28 deg.	QRS	Duration:	90 ms		
T Axis:	20 deg.	QT/QTc	Interval:	344/410 ms		
[Analysis Result]						
** normal ECG **						
Sinus rhythm						

Reporter:

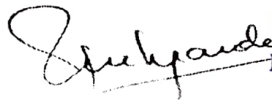
Notice: All the parameters and conclusions should be confirmed by doctor

Dr. Kallash Changani  
M.D.(Med)  
Reg No - 58574

Date : 26-03-2022

## FITNESS CERTIFICATE

This is to certify that **Mr. Sumit Bhosale** Emp. No. age 35 Yrs. has undergone the medical examination with us on **26-03-2022**. based on examination and investigation results he is free from infection / Contagious disease including skin & Tuberculosis for which diagnostic tests has been carried out and He is medically fit to continue his duties.

**Dr. Rahul S Deshpande**  
M.B.B.S. D. Ortho A.F.I.H (Mumbai)  
Regd. No. 081019  
HARDEV. HEALTH. CARE

Authorised Medical Practitioner



# DR. RAJAT BALIGA

MBBS, M. D. (Radiology), D. N. B.

CONSULTANT RADIOLOGIST & SONOLOGIST

RADIANCE SONOGRAPHY CENTRE



RADIANCE DIAGNOSTIC CENTRE

19, Shree Mangal Karyalay,  
Opp. Shree Nagar Vidya Mandir, Shree Nagar,  
Wagle Estate, Thane - 400 604 • Tel.: 7208542237

..... Experience the Difference

3, Durvankur, Near Panch Parmeshwar Mandir,  
Kishan Nagar I, Wagle Estate, Thane - 400 604.  
Tel.: 7208542237

NAME : SUMIT BHOSALE	AGE/SEX : 35Y/M
REF BY : HARDEV HEALTH CARE	DATE: 26/03/2022

## REAL TIME ABDOMINAL ULTRASOUND REPORT

### LIVER :

Normal size liver with mildly raised parenchymal echo pattern. No evidence of any solid or cystic intra-hepatic lesion is noted. The portal and hepatic veins appear normal. No evidence of any dilated intra or extra hepatic biliary radicals noted. CBD is not dilated.

### GALL-BLADDER:

The physiologically dilated gall bladder is visualized and appears normal. No evidence of any gall stones noted. No e/o wall thickening or peri-cholecystic free fluid.

### PANCREAS :

It is normal in size and reflectivity. No evidence of peripancreatic collection. MPD is not dilated.

### SPLEEN :

The spleen is normal in size and shows normal parenchymal echo pattern.

### KIDNEYS :

Both kidneys are normal in size. No evidence of any renal mass, hydronephrosis or renal calculi noted. Cortico-medullary differentiation is maintained on both sides. Bilateral renal parenchymal thickness appears normal. No e/o renal scarring

The right kidney measures 9.5 x 4.0 cms. The left kidney measures 9.4 x 4.2 cms.

No evidence of ascites or significant para aortic lymphadenopathy. Bowel loops are not dilated .

Anatomically normal urinary bladder. No e/o calculus or wall thickening or debris seen.

Prostate gland is normal in size, measures 15 gms.

### CONCLUSION :

- Fatty liver grade 2

DR. RAJAT BALIGA  
MBBS, MD (Radiology), DNB  
FMF (Fetal Medical Foundation) ID- 176269



6L Frontal

19911678/SUMIT BHOSALE: 96 bpm  
35 Yrs/Male METS: 1.0  
83 Kg/170 Cms BP: ---/---  
Date: 26-03-2022

Hardev Health Care LLP  
Mulund

MPHR: 51% of 185  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:16  
BLC :On  
Notch :On

PRE\_EX  
10.0 mm/mV  
25 mm/Sec.





6L PreCordial

Hardev Health Care LLP  
Mulund

19911678/SUMIT BHOSALE: 96 bpm  
35 Yrs/Male METS: 1.0  
83 Kg/170 Cms BP: ---/---  
Date: 26-03-2022

MHR: 51% of 185  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:16  
BLC :0n  
Notch :0n

PRE\_EX  
10.0 mm/mV  
25 mm/Sec.





Hardev Health Care

### Linked Medians Report

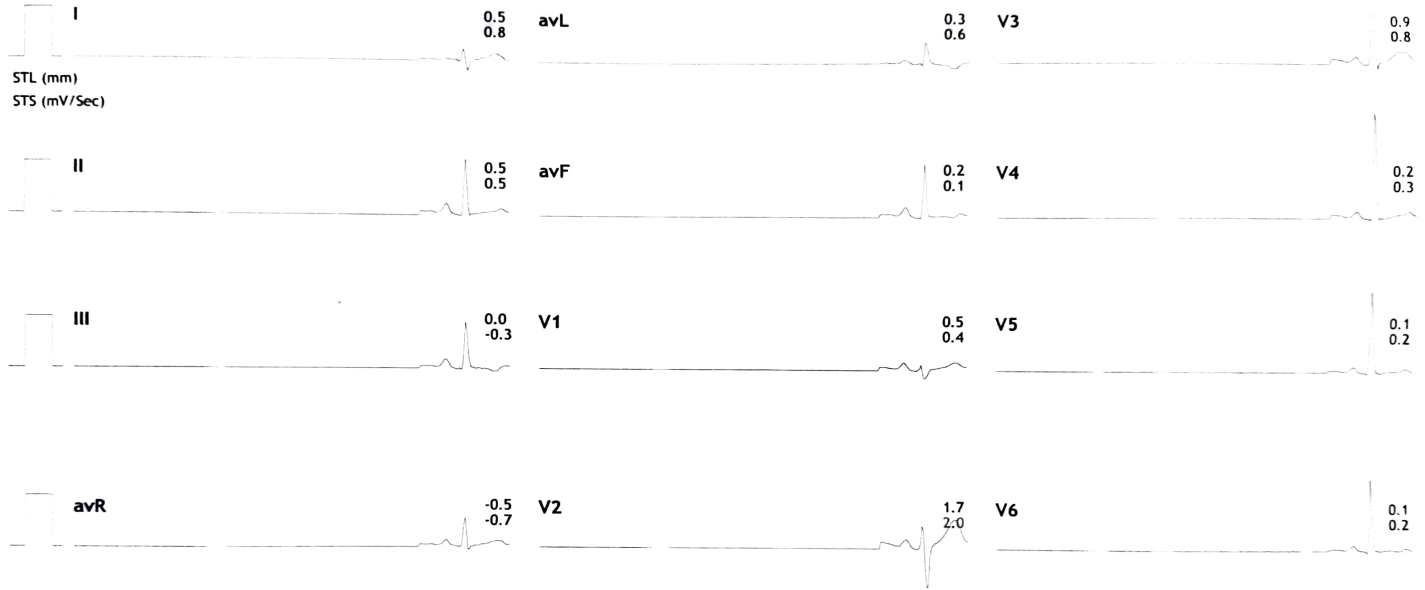
19911678/SUMIT BHOSALR: 95 bpm  
35 Yrs/Male METS: 1.0  
83 Kg/170 Cms BP: ---/---  
Date: 26-03-2022

### Hardev Health Care LLP Mulund

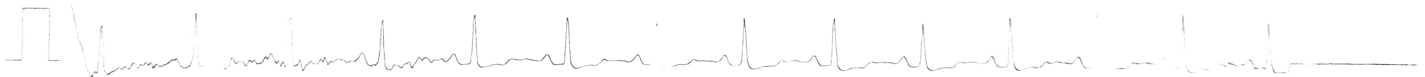
MHR: 51% of 185 BRUCE  
Speed: 0.0 mph (1.0-100)Hz  
Grade: 0.0%

Ex Time 00:14  
BLC : On  
Notch : On

PRE\_EX  
10.0 mm/mV  
25 mm/Sec.



III Raw Rhythm



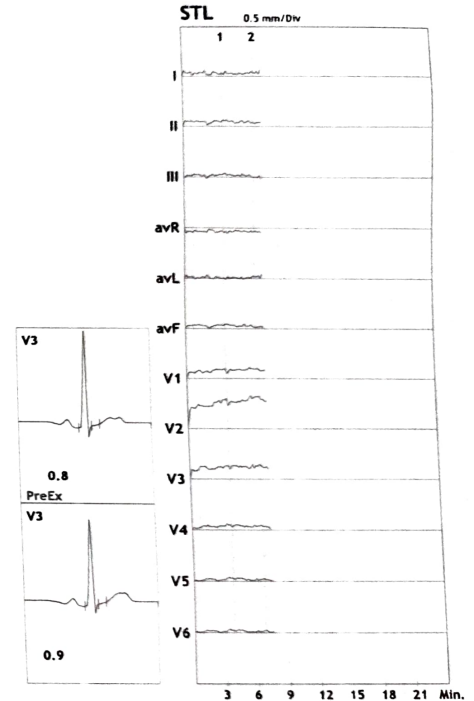
Ref. By : Dr. Ameya Chavan  
 Medication : NIL  
 Objective : NIL

Protocol : BRUCE  
 History : Nil

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	93	---/---	0	-	
Standing					1.0	94	---/---	0	-	
HV					1.0	94	---/---	0	-	
ExStart					1.0	93	---/---	0	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	105	---/---	0	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	121	---/---	0	-	

**Findings :**

Exercise Time :00:00  
 Max HR Attained :121 bpm 65% of Max Predictable HR 185  
 Max BP : 0/0(mmHg)  
 Max WorkLoad attained :7.1(Fair Effort Tolerance)



Advice/Comments:





# 12 Lead + Comparison

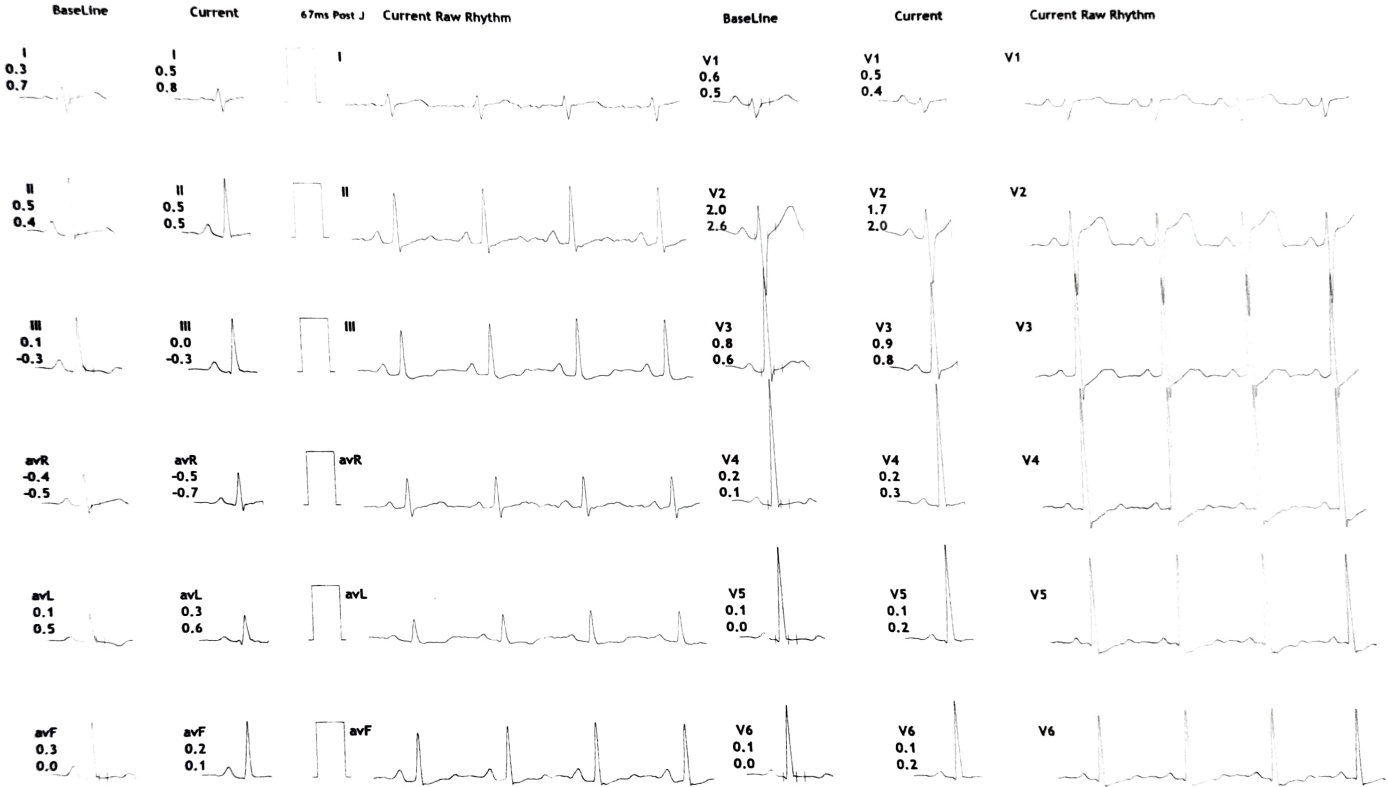
19911678/SUMIT BHOSALE: 95 bpm  
 35 Yrs/Male METS: 1.0  
 83 Kg/170 Cms BP: ---/---  
 Date: 26-03-2022

# Hardev Health Care LLP Mulund

MPHR: 51% of 185  
 Speed: 0.0 mph  
 Grade: 0.0%

Raw ECG  
 BRUCE  
 (1.0-100)Hz

PRE\_EX  
 10.0 mm/mV  
 25 mm/Sec.





# 12L Rhythm

Hardev Health Care LLP  
Mulund

19911678/SUMIT BHOSALE: 96 bpm  
35 Yrs/Male  
83 Kg/170 Cms  
Date: 26-03-2022

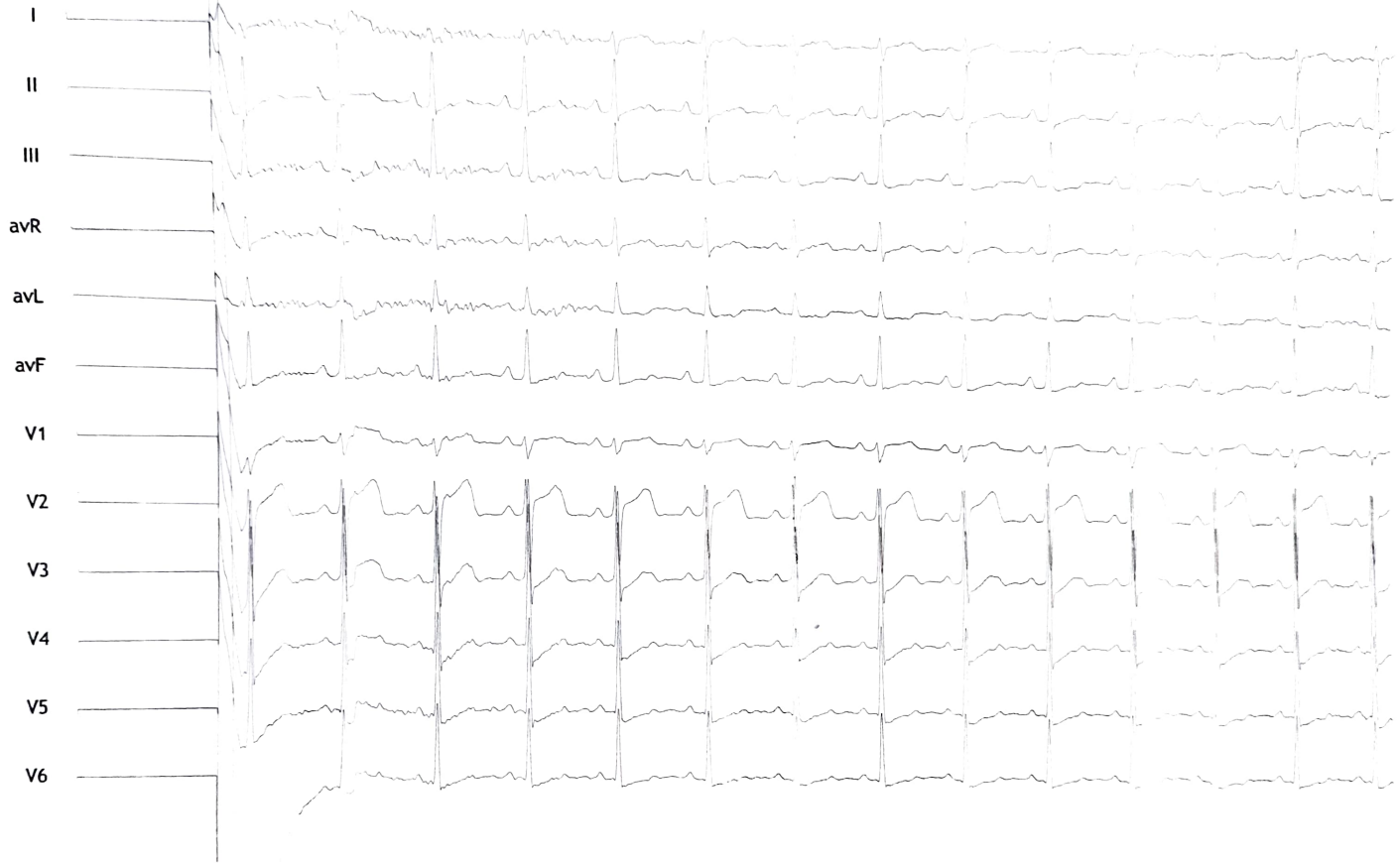
METS: 1.0  
BP: ---/---

MPHR: 51% of 185  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:16  
BLC : On  
Notch : On

PRE\_EX  
10.0 mm/mV  
25 mm/Sec.





Hardev Health Care  
19911678

Average

Hardev Health Care LLP

Mulund

19911678/SUMIT BHOSALE

35 Yrs/Male

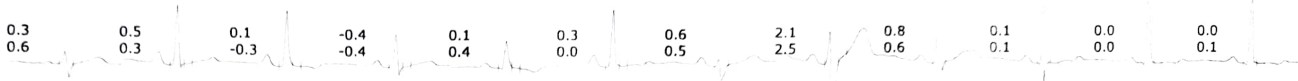
83 Kg/170 Cms

Date: 26-03-2022

I II III avR avL avF V1 V2 V3 V4 V5 V6

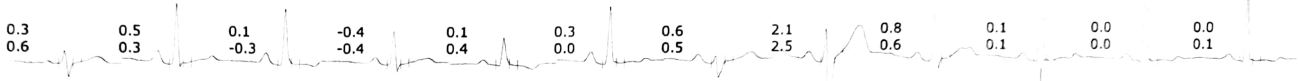
Supine

(1) 0:00 0.0 mph  
(2) 0:00 0.0 %  
93 bpm ---/---



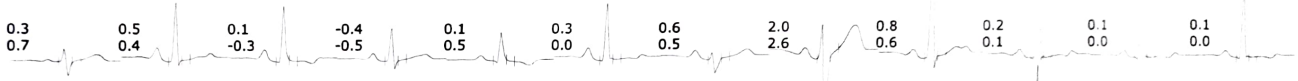
Standing

(1) 0:00 0.0 mph  
(2) 0:00 0.0 %  
94 bpm ---/---



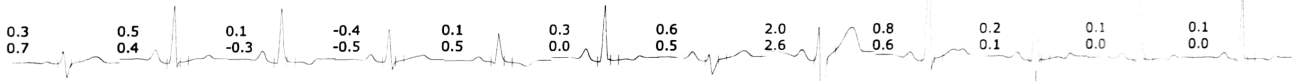
HV

(1) 0:00 0.0 mph  
(2) 0:00 0.0 %  
94 bpm ---/---



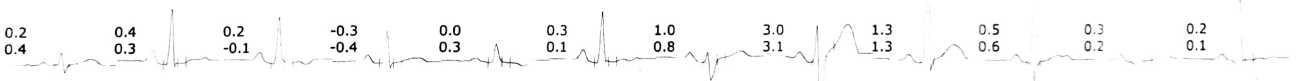
ExStart

(1) 0:00 0.0 mph  
(2) 0:00 0.0 %  
93 bpm ---/---



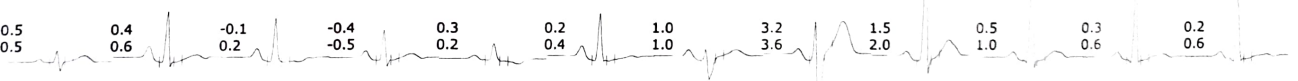
Stage 1

(1) 3:01 1.7 mph  
(2) 3:01 10.0 %  
105 bpm ---/---



Stage 2

(1) 6:01 2.5 mph  
(2) 3:01 12.0 %  
121 bpm ---/---

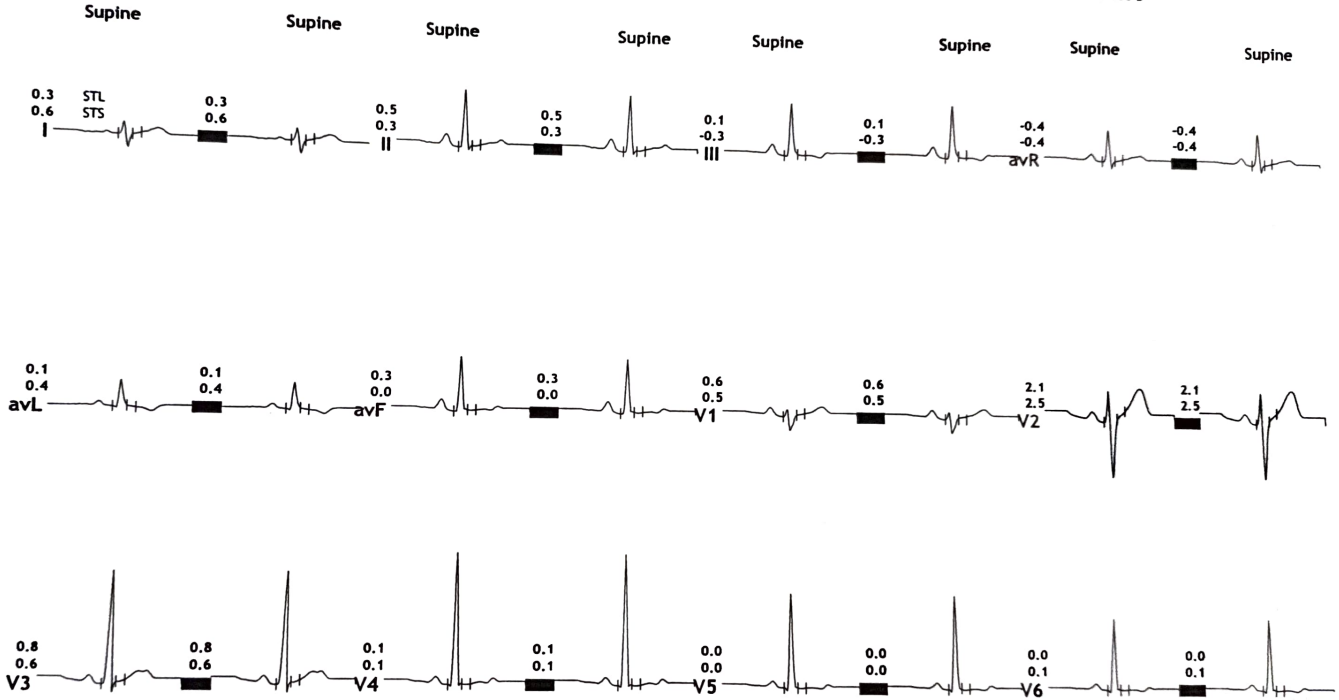


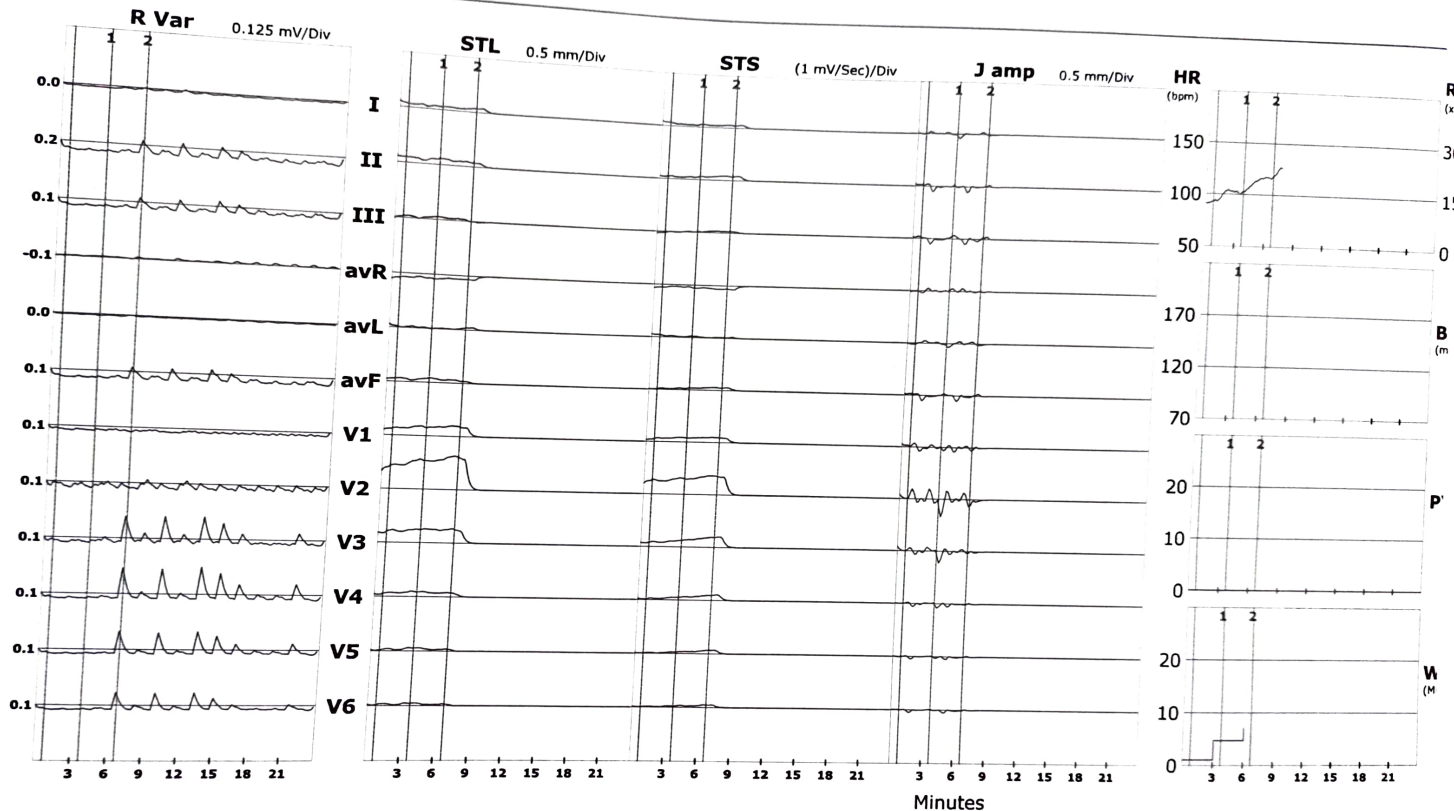


# Comparison Report ( Supine Vs Supine )

Hardev Health Care LLP  
 Mulund  
 19911678/SUMIT BHOSALE  
 Date: 20/04/2022 35 Yrs/Male 83 Kg/170 Cms

Supine : PhTime 0:33 StageTime 0:01 0.0 mph 0.0% 1.0 METs 93 bpm ---/---  
 Supine : PhTime: 0:33 StageTime: 0:01 0.0 mph 0.0% 7.1 METs 93 bpm ---/--- @67ms Post J









ST Summary

Hardev Health Care LLP

Mulund

19911678/SUMIT BHOSALE

35 Yrs/Male

83 Kg/170 Cms

Date: 26-03-2022

Protocol : BRUCE

		I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6
STL (mm) 66 mSecs Post J	Supine	0.3	0.5	0.1	-0.4	0.1	0.3	0.6	2.1	0.8	0.1	0.0	0.0
	Standing	0.3	0.5	0.1	-0.4	0.1	0.3	0.6	2.1	0.8	0.1	0.0	0.0
	HV	0.3	0.5	0.1	-0.4	0.1	0.3	0.6	2.1	0.8	0.1	0.0	0.0
	ExStart	0.3	0.5	0.1	-0.4	0.1	0.3	0.6	2.0	0.8	0.2	0.1	0.1
	Stage 1	0.2	0.4	0.2	-0.3	0.0	0.3	1.0	3.0	1.3	0.5	0.3	0.2
	Stage 2	0.5	0.4	-0.1	-0.4	0.3	0.2	1.0	3.2	1.5	0.5	0.3	0.2
STS mV/Sec.	Supine	0.6	0.3	-0.3	-0.4	0.4	0.0	0.5	2.5	0.6	0.1	0.0	0.1
	Standing	0.6	0.3	-0.3	-0.4	0.4	0.0	0.5	2.5	0.6	0.1	0.0	0.1
	HV	0.6	0.3	-0.3	-0.4	0.4	0.0	0.5	2.5	0.6	0.1	0.0	0.1
	ExStart	0.7	0.4	-0.3	-0.5	0.5	0.0	0.5	2.6	0.6	0.1	0.0	0.0
	Stage 1	0.4	0.3	-0.1	-0.4	0.3	0.1	0.8	3.1	1.3	0.6	0.2	0.1
	Stage 2	0.5	0.6	0.2	-0.5	0.2	0.4	1.0	3.6	2.0	1.0	0.6	0.6
STI $\mu$ Vs	Supine	1.0	1.7	0.8	-1.4	0.1	1.3	2.9	8.2	3.0	0.2	-0.3	-0.1
	Standing	1.0	1.7	0.8	-1.4	0.1	1.3	2.9	8.2	3.0	0.2	-0.3	-0.1
	HV	1.0	1.7	0.8	-1.4	0.1	1.3	2.9	8.2	3.0	0.2	-0.3	-0.1
	ExStart	1.1	1.9	0.8	-1.4	0.2	1.3	2.6	7.6	3.4	0.6	0.0	0.1
	Stage 1	0.4	1.2	0.7	-0.7	-0.2	1.0	4.8	12.9	5.2	2.0	1.3	1.2
	Stage 2	1.6	0.8	-0.9	-1.2	1.2	0.0	4.4	12.5	4.2	0.6	0.1	0.0



avL





Linked Median Report

Hardev Health Care LLP

Mulund

19911678/SUMIT BHOSALE

35 Yrs/Male

83 Kg/170 Cms

Date: : 26-03-2022

Time (Min.)	HR (Bpm)	PR Int (mS)	QRS Wid (mS)	QRS Axis (Deg.)	QTC (mS)	P(μV) (Max)	R(μV) (Max)	S(μV) (Min)	T(μV) (Max)	Min. J (μV)	Leads for (J & PJ)	Min. Post (μV)	JRR Var (%)	PVC (Counts)	Missed Beats (Counts)
00 : 30	93	150	90	90	328	128	1157	-531	305	-12	avL	10	9.75	-	-
01 : 00	93	280	93	90	321	128	1257	-679	326	-12	avL	-8	9.55	-	-
01 : 30	104	153	90	84	319	140	1194	-514	266	2	avL	10	5.03	-	-
02 : 00	107	163	90	90	509	137	1195	-488	241	-31	avL	-14	4.79	-	-
02 : 30	103	247	90	84	309	150	1160	-592	289	-12	avL	-10	4.19	-	-
03 : 00	101	160	90	85	461	135	1170	-558	318	4	avL	-2	8.82	-	-
03 : 30	104	247	87	90	312	135	1224	-519	326	-12	avL	-4	4.00	-	-
04 : 00	108	163	90	90	478	148	1189	-525	275	-16	avL	-6	2.87	-	-
04 : 30	113	153	93	90	493	143	1153	-525	268	4	avL	0	2.99	-	-
05 : 00	114	150	90	90	476	146	1195	-605	297	0	avL	-4	3.97	-	-
05 : 30	115	143	90	90	479	149	1173	-599	302	-10	avL	-10	1.94	-	-
06 : 00	117	143	90	90	487	150	1158	-586	334	-6	avL	-4	2.03	-	-
06 : 30	118	150	90	90	465	148	1167	-595	329	-6	III	6	2.56	-	-
07 : 00	127	137	90	85	457	155	1176	-631	309	-14	III	0	2.03	-	-