

Dr. Vinod Gaur  
MBBS, MD (Internal Medicine)  
Reg. No. 14887-2014-01-01-11

Preventive Health Check up  
KIMS Kingway Hospital  
Nagpur  
Phone No. 7499913052



Name: Mr. Ajay Chahande Date: 14/9/24  
Age: 46y Sex: M Weight: 88 kg Height: 178 cm BMI: 27.7  
DOB: 12/9/93 Height: 74 cm SpO2: 99%

Name : Mr. Ajay Chahande Date : 14/09/24  
Age : 26 yrs Sex : M/F Weight : \_\_\_\_\_ kg Height : \_\_\_\_\_ inc BMI : \_\_\_\_\_  
BP : \_\_\_\_\_ mmHg Pulse : \_\_\_\_\_ bpm RBS : \_\_\_\_\_ mg/dl

Routine Dental Checkup

PMH - NRH

PDH - ~~NRH~~ NRH

O/E -

- Calculus +
- Stains +
- Missing teeth  $\bar{c}$   $\frac{+}{6}$
- Abrasion  $\bar{c}$   $\frac{6}{+}$

Advice - CBR  $\bar{c}$   $\frac{+}{6}$  region  
Implant  $\bar{c}$   $\frac{+}{6}$   
Oral Prophylaxis  
Restoration  $\bar{c}$   $\frac{6}{+}$

Dr. Megha



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. AJAY CHAHANDE	<b>Age /Gender</b> : 46 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425047388/UMR2223139016	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 14-Sep-24 08:57 am	<b>Report Date</b> : 14-Sep-24 12:18 pm

**HAEMOGRAM**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	16.2	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		47.2	40.0 - 50.0 %	Calculated
RBC Count		4.56	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		<b>103</b>	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		<b>35.6</b>	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.4	31.5 - 35.0 g/l	Calculated
RDW		13.6	11.5 - 14.0 %	Calculated
Platelet count		308	150 - 450 10 <sup>3</sup> /cumm	Impedance
WBC Count		5800	4000 - 11000 cells/cumm	Impedance
<b><u>DIFFERENTIAL COUNT</u></b>				
Neutrophils		51.1	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		39.9	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		4.7	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		4.2	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.1	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		2963.8	2000 - 7000 /cumm	Flow Cytometry/Light microscopy
				Calculated



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DEPARTMENT OF PATHOLOGY**

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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
CP Absolute Lymphocyte Count		2314.2	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		272.6	20 - 500 /cumm	Calculated
Absolute Monocyte Count		243.6	200 - 1000 /cumm	Calculated
Absolute Basophil Count		5.8	0 - 100 /cumm	Calculated
<b>PERIPHERAL SMEAR</b>				
Comment		RBC- Normochromic Normocytic, Anisocytosis +(Few). WBC- Within normal limit. Platelets- Adequate.		
<b>ESR</b>		07	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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**Dr. PURVA JAISWAL, MBBS,MD,DNB  
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. AJAY CHAHANDE	<b>Age /Gender</b> : 46 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425047388/UMR2223139016	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 14-Sep-24 08:57 am	<b>Report Date</b> : 14-Sep-24 11:41 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	96	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		68	< 140 mg/dl	GOD/POD, Colorimetric
<b>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</b>				
<b>HbA1c</b>		4.5	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

\*\*\* End Of Report \*\*\*

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*Jaiswal*

**Dr. PURVA JAISWAL, MBBS,MD,DNB**

**CONSULTANT PATHOLOGIST**

SPANV Medisearch Lifesciences Private Limited  
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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. AJAY CHAHANDE	<b>Age / Gender</b> : 46 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425047388/UMR2223139016	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
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**LIPID PROFILE**

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	171	Enzymatic(CHE/CHO/PO D)
Triglycerides		360	
HDL Cholesterol Direct		30	
LDL Cholesterol Direct		86.41	
VLDL Cholesterol		72	
Tot Chol/HDL Ratio		6	

Intiate therapeutic	Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160
		>190, optional at 160-189
		<160

\*\*\* End Of Report \*\*\*

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**Dr. PURVA JAISWAL, MBBS,MD,DNB**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. AJAY CHAHANDE **Age / Gender** : 46 Y(s)/Male  
**Bill No/ UMR No** : BIL2425047388/UMR2223139016 **Referred By** : Dr. Vimmi Goel MBBS,MD  
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**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.70	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.30	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.40	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		66	38 - 126 U/L	
SGPT/ALT		42	10 - 40 U/L	
SGOT/AST		35	15 - 40 U/L	
Serum Total Protein		7.72	6.3 - 8.2 gm/dl	
Albumin Serum		4.28	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.44	2.0 - 4.0 gm/dl	
A/G Ratio		1.25		

\*\*\* End Of Report \*\*\*

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**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

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<b>Parameter</b>	<b>Specimen</b>	<b>Results</b>	<b>Biological Reference</b>	<b>Method</b>
<b>THYROID PROFILE</b>				
<b>T3</b>	Serum	1.44	0.55 - 1.70 ng/ml	
<b>Free T4</b>		1.03	0.80 - 1.70 ng/dl	
<b>TSH</b>		2.56	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence
<b>PSA (Total)</b>		0.371	< 4 ng/ml	Enhanced chemiluminescence

\*\*\* End Of Report \*\*\*

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**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. AJAY CHAHANDE **Age /Gender** : 46 Y(s)/Male  
**Bill No/ UMR No** : BIL2425047388/UMR2223139016 **Referred By** : Dr. Vimmi Goel MBBS,MD  
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**RFT**

<b>Parameter</b>	<b>Specimen</b>	<b>Result Values</b>	<b>Biological Reference</b>	<b>Method</b>
Blood Urea	Serum	20	19.0 - 43.0 mg/dl	
Creatinine		0.96	0.66 - 1.25 mg/dl	
GFR		98.7	>90 mL/min/1.73m square.	
Sodium		138	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.71	3.5 - 5.1 mmol/L	

\*\*\* End Of Report \*\*\*

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**Dr. PURVA JAISWAL, MBBS,MD,DNB**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF IMMUNO HAEMATOLOGY**

<b>Patient Name</b> : Mr. AJAY CHAHANDE	<b>Age /Gender</b> : 46 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425047388/UMR2223139016	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 14-Sep-24 08:57 am	<b>Report Date</b> : 14-Sep-24 12:32 pm

**BLOOD GROUPING AND RH**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" A "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If neccessary, Please discuss

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**Dr. PURVA JAISWAL, MBBS,MD,DNB**  
**CONSULTANT PATHOLOGIST**

**DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE**

NAME	AJAY CHAHANDE	STUDY DATE	14-09-2024 10:36:53
AGE/SEX	46Y9M9D / M	HOSPITAL NO.	UMR2223139016
ACCESSION NO.	BIL2425047388-17	MODALITY	DX
REPORTED ON	14-09-2024 11:27	REFERRED BY	Dr. Vimmi Goel

**X-RAY CHEST PA VIEW**

Both the lung fields are clear.

Heart and Aorta are normal.

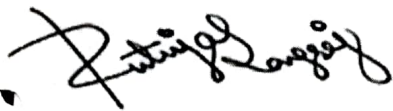
Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

**IMPRESSION:**

No pleuro-parenchymal abnormality seen.



DR. RUTUJA RANGREJ  
MBBS MD  
CONSULTANT RADIOLOGIST

PATIENT NAME:	AJAY CHAHANDE	AGE /SEX:	46 YRS/MALE
UMR NO:	UMR2223139016	BILL NO:	BIL2425047388
REF BY	DR. VIMMI GOEL	DATE:	14/09/2024

**USG WHOLE ABDOMEN**

**LIVER is enlarged (17 cm), shape and increased echotexture.**

No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.  
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. **Multiple calculi of average size 6 mm.** No sludge seen.

Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echoexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and shows normal parenchymal echogenicity.  
No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:**

- Grade I fatty liver.
- Cholelithiasis.

**Suggest clinical further evaluation.**



**DR. REEMA PERVEZ**  
MBBS, DMRD, DNB  
CONSULTANT RADIOLOGIST.

Kingsway Hospitals  
44 Kingsway, Mohan Nagar,  
Near Kasturchand Park, Nagpur

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: Mr. Ajay , Chahande  
Patient ID: 139016  
Height:  
Weight:  
Study Date: 14.09.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

DOB: 07.12.1977  
Age: 46yrs  
Gender: Male  
Race: Indian  
Referring Physician: Mediwheel HCU  
Attending Physician: Dr. Vimmi Goel  
Technician: --

### Medications:

--

### Medical History:

NIL

### Reason for Exercise Test:

Screening for CAD

### Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
TEST	SUPINE	00:44	0.00	0.00	85	120/80	
	WARM-UP	00:09	1.00	0.00	93		
EXERCISE	STAGE 1	03:00	1.70	10.00	130	120/80	
	STAGE 2	03:00	2.50	12.00	160	130/80	
	STAGE 3	01:27	3.40	14.00	176		
RECOVERY		01:00	0.00	0.00	151	160/90	
		02:00	0.00	0.00	118	150/90	
		00:14	0.00	0.00			

The patient exercised according to the BRUCE for 7:26 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 86 bpm rose to a maximal heart rate of 179 bpm. This value represents 102 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Test Pain: none.

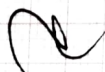
Arrhythmias: none.

ECG Changes: none.

Overall impression: Normal stress test.

### Conclusions:

ECG is negative for inducible ischemia.



**Dr. VIMMI GOEL**  
MBBS, MD  
Sr. Consultant-Non Invasive Cardiology  
Reg.No.: 2014/01/0113

46 Years

MR AJAY CHAHANDE  
Male

14-Sep-24 8:49:34 AM

KIMS-KINGSWAY HOSPITALS

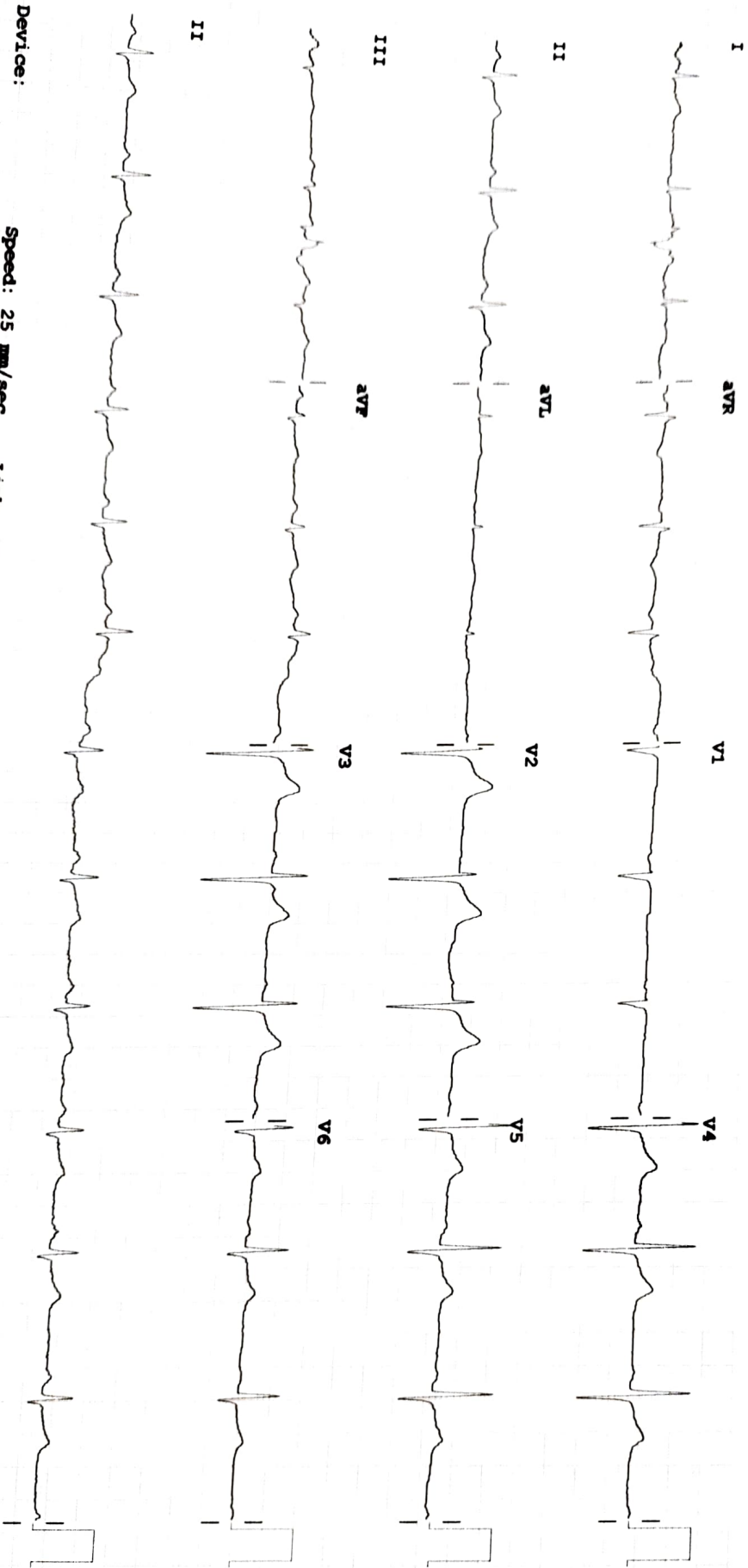
PBC DEPT.

Rate 73 Sinus rhythm.....normal P axis, V-rate 50- 99  
 PR 157 Baseline wander in lead(s) I, III  
 QRSD 80  
 QT 384  
 QTc 424

--AXIS--  
 P 69  
 QRS 31  
 T 48  
 12 Lead: Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limbs: 10 mm/mV

Chest: 10.0 mm/mV

PHILIPS

F 50~ 0.50-150 Hz W

100B CL

P?