

CONSULTATION SUMMARY

Patient MRN : 10200000266406
Patient Name : Mr Samuel Doss Alex
Gender/Age/Dob : Male , 32 Years , 13/06/90
Patient Phone No : 9944298339
Patient Address : H No- 33 , Kiruba Illam , 2nd St ,
Lutheran Center Pudhur ,
Vellore, Vellore, Tamil Nadu,
India, -635751

Consultation Date: 26/11/2022 04:01 PM
Consultant : Dr. Santosh K M (FAMILY
MEDICINE)
Consultation Type : OP , NEW VISIT



VITALS

Blood Pressure: 154/90 mmHg

SPO2 : 98 % , Room air

Height: 170 cm

Weight: 96 kg

BMI: 33.22 kg/m2

BSA: 2.13 m2

CLINICAL IMPRESSION

- Dyslipidemia
- T2DM
- Systemic HTN

MEDICATION ORDER

DRUG NAME

- 1) GLIMEPIRIDE+METFORMIN-TABLET-
1MG+500MG-GLIMADAY
- 2) ROSUVASTATIN-TABLET-10MG-
ROZULA
- 3) CILNIDIPINE-TABLET-10MG-CILACAR

PATIENT INSTRUCTION

- (1 - 0 - 0 - 0.5) Tablet Before Food continue till review ,
Qty: 1 , Start Date: Nov 26, 2022
- (0 - 0 - 0 - 1) Tablet After Food continue till review , Qty: 1
Start Date: Nov 26, 2022
- Once Daily (0 - 0 - 0 - 1) Tablet Continue till review , Qty: 1
Start Date: Nov 26, 2022

ADVICE

- Hydration atleast 4 litres per day
- Food in time .
- Food Quality (as discussed in outpatient department)
- Exercise- atleast 30 min brisk walk daily

FOLLOW UP DETAILS

- Physical Consultation after 3 Months with below investigation results
Follow-up Investigation

ADULT TRANS-THORACIC ECHO REPORT

Unit of Narayana Health

PATIENT NAME : Mr Samuel Doss Alex
GENDER/AGE : Male, 32 Years
LOCATION : ASPA (R-1)

PATIENT MRN : 10200000266406
PROCEDURE DATE : 26/11/2022 04:29 PM
REQUESTED BY : Dr. Santosh K M



INDICATIONS : ASYMPTOMATIC
CLINICAL DIAGNOSIS : HEALTH CHECK, DM
PREVIOUS ECHO REPORT : NO REPORTS AVAILABLE
VITAL PARAMETERS : HR (BPM) :78, SINUS RHYTHM, BP (MMHG) : 153/80, SO2 - 99%

IMPRESSION

- NORMAL CHAMBER DIMENSIONS
- NO RWMA
- MR - MILD
- TR - MILD
- NORMAL PA PRESSURE
- NORMAL RV AND LV FUNCTION
- LVEF - 60%

FINDINGS

CHAMBERS

LEFT ATRIUM : NORMAL SIZED
AP DIAMETER(MM): 27

RIGHT ATRIUM : NORMAL SIZED
MINOR AXIS A4CV(MM) : 34

LEFT VENTRICLE : NORMAL SIZED, NORMAL LV FILLING PRESSURE, NORMAL LV FUNCTION.
LVIDD(MM) : 40 IVSD(MM) : 10 EDV(ML) : 71
LVIDS(MM) : 25 LVPWD(MM) : 10 ESV(ML) : 33
E/A RATIO : 1.4 E/E'(AVERAGE) : 6 LVEF(%) : 60

RIGHT VENTRICLE : NORMAL SIZE AND THICKNESS WITH NORMAL FUNCTION
MINOR AXIS A4CV(MM): 25, TAPSE(MM): 24

LVOT/RVOT : NORMAL

RWMA : NO RWMA

VALVES

MITRAL : NORMAL, MR - MILD

AORTIC : NORMAL, PG - 6 MMHG

TRICUSPID : NORMAL, TR - MILD, TR PV - 2.4 M/S.

PULMONARY : NORMAL, PG - 4 MMHG

SEPTAE

IAS : INTACT

IVS : INTACT

ARTERIES AND VEINS

Page 1 of 2

ECHO REPORT



NH Helpline
080-7122 2222

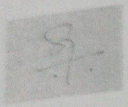
Narayana Hrudayalaya Limited

NH Health City, No. 258/A, Bommasandra Industrial Area Hosur Road, Bangalore 560 099
Tel: +91 80 7122 2222 Fax: +91 80 2783 2648

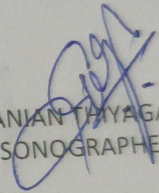
www.narayanahealth.org

MR SAMUEL DOSS ALEX (10200000266406)

AORTA : NORMAL, LEFT AORTIC ARCH. AORTIC ANNULUS - 20 MM, ASCENDING AORTA - 24 MM.
PA : NORMAL SIZED, PAT - 126 MS, PASP - 27 MMHG, NORMAL PA PRESSURE
IVC : IVC - 12 MM, NORMAL SIZED & COLLAPSIBILITY > 50 %. RAP - 3 MMHG, NORMAL.
SVC & CS : NORMAL
PULMONARY VEINS : NORMAL
PERICARDIUM : NORMAL PERICARDIAL THICKNESS. NO EFFUSION
INTRACARDIAC MASS : NO TUMOUR, THROMBUS OR VEGETATION SEEN
OTHERS : -



DR. SATISH C GOVIND
SENIOR CONSULTANT


SUBRAMANIAN THYAGARAJAN
CARDIAC SONOGRAPHER

26/11/2022 04:29 PM

PREPARED BY
GENERATED BY

: JITHENDRA M R(915674)
: JITHENDRA M R(915674)

PREPARED ON
GENERATED ON

: 26/11/2022 04:29 PM
: 26/11/2022 04:29 PM

Patient Name : Mr. Samuel Doss Alex
Age : 32 Years
Referring Doctor : EHC

MRN : 10200000266406
Sex : Male
Date : 26.11.2022

ULTRASOUND ABDOMEN AND PELVIS


CLINICAL DETAILS: Health check-up.

FINDINGS:

Liver is normal in size and echopattern. No intra or extra hepatic biliary duct dilatation. No focal lesions.
Portal vein is normal in course, caliber and shows hepatopetal flow. Hepatic veins and their confluence draining into the IVC appear normal. **CBD** is not dilated.
Gallbladder is contracted.
Pancreas to the extent visualized, appears normal in size, contour and echogenicity.
Spleen is normal in size, shape, contour and echopattern. No evidence of mass or focal lesions.
Right Kidney is normal in size, position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.
Left Kidney is normal in size, position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.
Retroperitoneum – Obscured by bowel gas.
Urinary Bladder is well distended. Wall thickening is normal. No evidence of calculi, mass or mural lesion.
Prostate is normal in size (Volume – 24 cc).
Fluid - There is no ascites.

IMPRESSION:

- No significant abnormality detected.


Dr. Prateek Agarwal
Resident

Typed by: Mr. Krishnamoorthy VM

ID: 10200000266406
Name: MR SAMUEL DOSS ALEX
Age: 37 Years
Gender: Male

26-11-2022 11:09:35

Heart Rate
PR Interval
QRS Duration
QT/QTc Interval
P/QRS/T Axis
OT Technologies

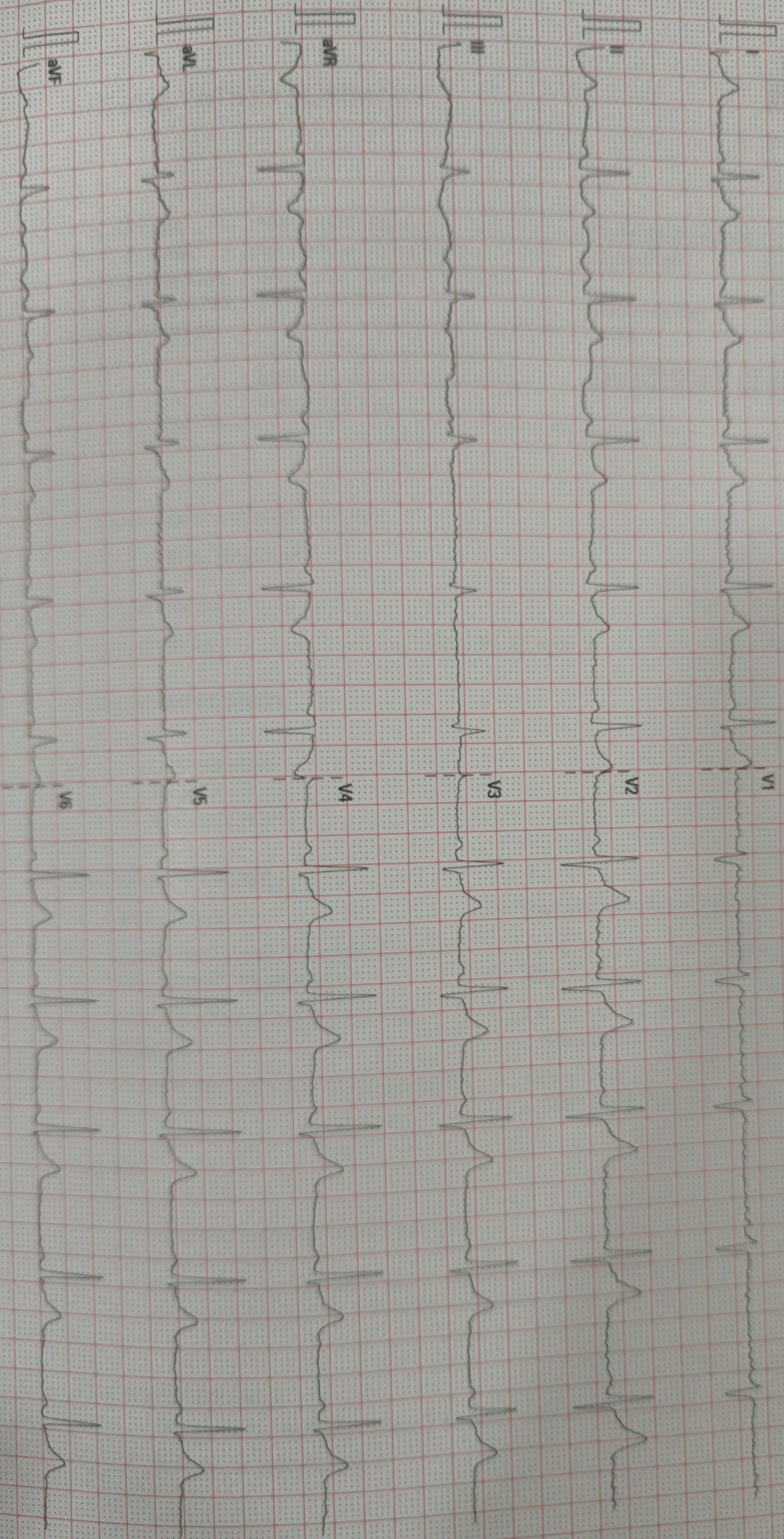
64 bpm
148 ms
100 ms
408/413 ms
42/41/24 deg

Sinus rhythm
Normal ECG

CERROPORTO MADE IN ITALY

71.924

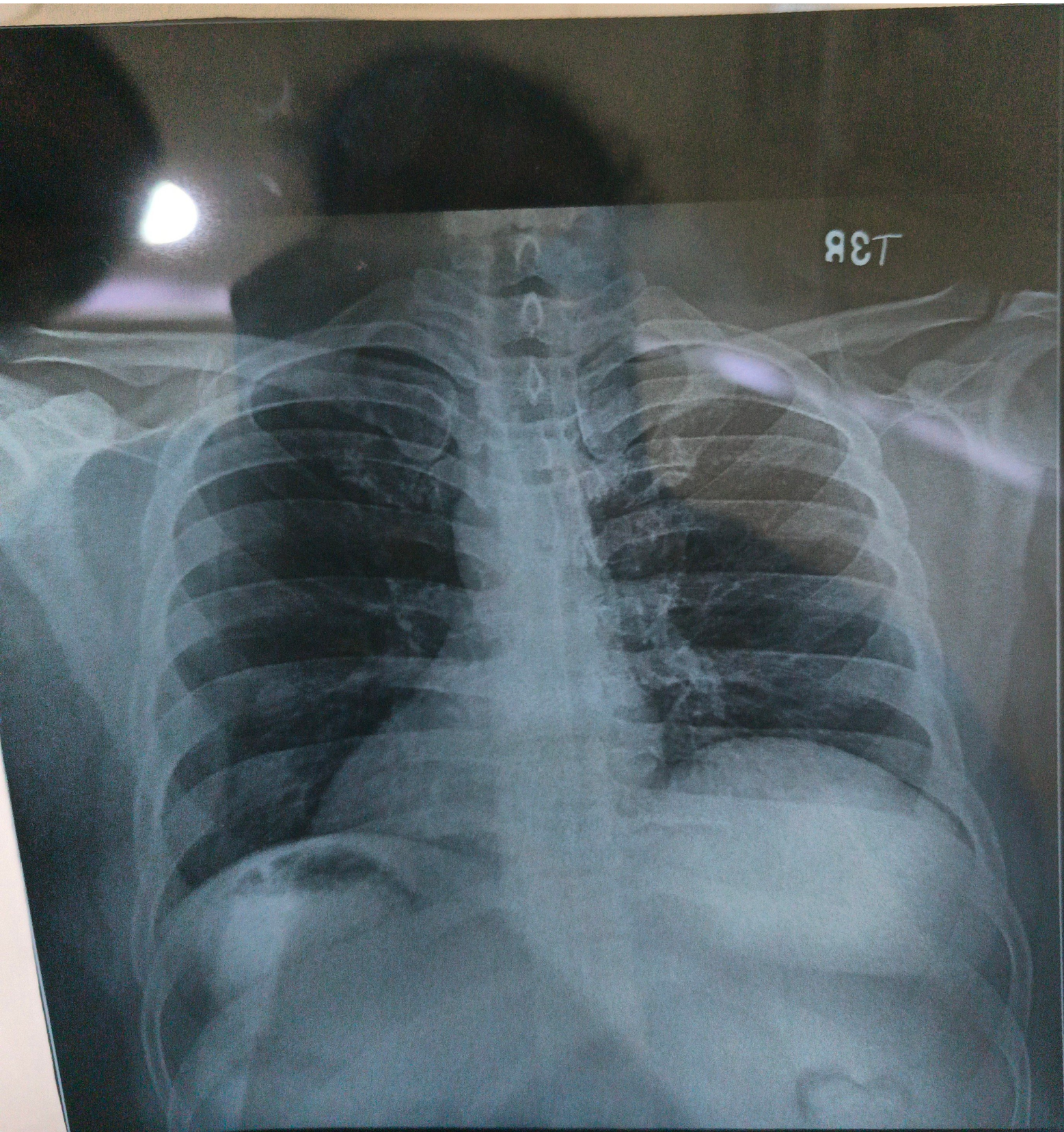
Unconfirmed Diagnosis



25 mm/s
10 mm/mV
50 Hz
BDR 20 Hz

02 10 00 V28-4-1

SN FN-22032908



T3R

NH HEALTHCITY BANGALORE
Doss Alex Samuel Mr 1050000566406 1050-5511042165 M Table 1115615055 11:55 AM

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Samuel Doss Alex MRN : 10200000266406 Gender/Age : MALE , 32y (13/06/1990)

Collected On : 26/11/2022 01:55 PM Received On : 26/11/2022 02:22 PM Reported On : 26/11/2022 02:42 PM

Barcode : 032211260292 Specimen : Urine Consultant : Dr. Santosh K M(FAMILY MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9944298339

CLINICAL PATHOLOGY

Test

Urine For Sugar (Post Prandial) (Enzyme
Method (GOD POD))

Result Unit

Present ++++ -

--End of Report--

Hema S

Dr. Hema S
MD, DNB, Pathology
Associate Consultant

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Samuel Doss Alex MRN : 10200000266406 Gender/Age : MALE , 32y (13/06/1990)

Collected On : 26/11/2022 10:38 AM Received On : 26/11/2022 11:05 AM Reported On : 26/11/2022 11:20 AM

Barcode : 032211260195 Specimen : Urine Consultant : Dr. Santosh K M(FAMILY MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9944298339

CLINICAL PATHOLOGY

Test	Result	Unit
Urine For Sugar (Fasting) (Enzyme Method (GOD POD))	Present +++++	-

--End of Report--

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Samuel Doss Alex MRN : 10200000266406 Gender/Age : MALE , 32y (13/06/1990)

Collected On : 26/11/2022 10:38 AM Received On : 26/11/2022 11:05 AM Reported On : 26/11/2022 11:24 AM

Barcode : 032211260195 Specimen : Urine Consultant : Dr. Santosh K M(FAMILY MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9944298339

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
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URINE ROUTINE & MICROSCOPY**PHYSICAL EXAMINATION**

Colour	Yellow	-	-
Appearance	Clear	-	-

CHEMICAL EXAMINATION

pH(Reaction) (pH Indicator Method)	5.0	-	4.5-7.5
Sp. Gravity (Refractive Index)	1.036	-	1.002 - 1.030
Protein (Automated Protein Error Or Ph Indicator)	Not Present	-	Not Present
Urine Glucose (Enzyme Method (GOD POD))	Present ++++	-	Not Present
Ketone Bodies (Nitroprusside Method)	Not Present	-	Not Present
Bile Salts (Azo Coupling Method)	Not Present	-	Not Present
Bile Pigment (Bilirubin) (Azo Coupling Method)	Not Present	-	Not Present
Urobilinogen (Azo Coupling Method)	Normal	-	Normal
Urine Leucocyte Esterase (Measurement Of Leukocyte Esterase Activity)	Not Present	-	Not Present
Blood Urine (Peroxidase Reaction)	Not Present	-	Not Present
Nitrite (Gries Method)	Not Present	-	Not Present

MICROSCOPIC EXAMINATION

Pus Cells	0.5	/hpf	0-5
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Patient Name : Mr Samuel Doss Alex MRN : 10200000266406 Gender/Age : MALE , 32y (13/06/1990)

RBC	0.1	/hpf	0-4
Epithelial Cells	0.0	/hpf	0-6
Crystals	0.0	/hpf	0-2
Casts	0.00	/hpf	0-1
Bacteria	1.4	/hpf	0-200
Yeast Cells	0.0	/hpf	0-1
Mucus	Not Present	-	Not Present

--End of Report--

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MD, DNB, Pathology
Associate Consultant

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Samuel Doss Alex MRN : 10200000266406 Gender/Age : MALE , 32y (13/06/1990)

Collected On : 26/11/2022 10:38 AM Received On : 26/11/2022 11:02 AM Reported On : 26/11/2022 12:14 PM

Barcode : 012211261165 Specimen : Serum Consultant : Dr. Santosh K M(FAMILY MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9944298339

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine (Two Point Rate - Creatinine Aminohydrolase)	0.97	mg/dL	0.66-1.25
eGFR (Calculated)	89.7	mL/min/1.73m ²	Indicative of renal impairment < 60 Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18 years of age.
Blood Urea Nitrogen (BUN) (Endpoint /Colorimetric – Urease)	12.7	mg/dL	9.0-20.0
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	6.6	mg/dL	3.5-8.5
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Colorimetric - Cholesterol Oxidase)	211 H	mg/dL	Desirable: < 200 Borderline High: 200-239 High: > 240
Triglycerides (Colorimetric - Lip/Glycerol Kinase)	408 H	mg/dL	Normal: < 150 Borderline: 150-199 High: 200-499 Very High: > 500
HDL Cholesterol (HDLC) (Colorimetric: Non HDL Precipitation Phosphotungstic Acid Method)	33 L	mg/dL	40.0-60.0
Non-HDL Cholesterol (Calculated)	178.0 H	mg/dL	Desirable: < 130 Above Desirable: 130-159 Borderline High: 160-189 High: 190-219 Very High: => 220
LDL Cholesterol (Colorimetric)	134	mg/dL	Optimal: < 100 Near to above optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: > 190
Cholesterol /HDL Ratio (Calculated)	6.4 H	-	0.0-5.0

Patient Name : Mr Samuel Doss Alex MRN : 10200000266406 Gender/Age : MALE , 32y (13/06/1990)

LIVER FUNCTION TEST(LFT)

Bilirubin Total (Colorimetric -Diazo Method)	0.69	mg/dL	0.2-1.3
Conjugated Bilirubin (Direct) (Dual Wavelength - Reflectance Spectrophotometry)	0.10	mg/dL	0.0-0.4
Unconjugated Bilirubin (Indirect) (Calculated)	0.59	mg/dL	0.0-1.1
Total Protein (Colorimetric - Biuret Method)	7.90	gm/dL	6.3-8.2
Serum Albumin (Colorimetric - Bromo-Cresol Green)	4.70	gm/dL	3.5-5.0
Serum Globulin (Calculated)	3.2	gm/dL	2.0-3.5
Albumin To Globulin (A/G)Ratio (Calculated)	1.47	-	1.0-2.1
SGOT (AST) (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	24	U/L	17.0-59.0
SGPT (ALT) (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	28	U/L	<50.0
Alkaline Phosphatase (ALP) (Multipoint-Rate - P-nitro Phenyl Phosphate, AMP Buffer)	98	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (Multipoint Rate - L-glutamyl-p-nitroanilide (Szasz Method))	26	U/L	15.0-73.0

Interpretation Notes

- Indirect Bilirubin result is a calculated parameter (Indirect Bilirubin = Total Bilirubin - Direct Bilirubin). Indirect bilirubin result includes the delta bilirubin fraction also. Delta Bilirubin is the bilirubin which is covalently bound to albumin. Delta Bilirubin is not expected to be present in healthy adults or neonates.

THYROID PROFILE (T3, T4, TSH)

Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence)	1.21	ng/mL	0.97-1.69
Thyroxine (T4) (Enhanced Chemiluminescence)	10.4	µg/dl	5.53-11.0
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	1.667	µIU/mL	0.4-4.049

--End of Report--



Mrs. Latha B S
MSc, Mphil, Biochemistry
Incharge, Consultant Biochemistry



Dr. Anushre Prasad
MBBS,MD, Biochemistry
Consultant Biochemistry

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.
(CR, -> autoAuthorised)
(LFT, -> autoAuthorised)
(, -> autoAuthorised)
(Uric Acid, -> autoAuthorised)
(Blood Urea Nitrogen (Bun) -> autoAuthorised)



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Samuel Doss Alex MRN : 10200000266406 Gender/Age : MALE , 32y (13/06/1990)

Collected On : 26/11/2022 10:38 AM Received On : 26/11/2022 11:02 AM Reported On : 26/11/2022 11:38 AM

Barcode : 012211261163 Specimen : Plasma Consultant : Dr. Santosh K M(FAMILY MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9944298339

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric - Glucose Oxidase Peroxidase)	179 H	mg/dL	70 to 99 : Normal 100 to 125 : Pre-diabetes =>126 : Diabetes ADA standards 2020

--End of Report--



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MBBS,MD, Biochemistry
Consultant Biochemistry



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Incharge, Consultant Biochemistry

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(Fasting Blood Sugar (FBS) -> autoAuthorised)



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Samuel Doss Alex MRN : 10200000266406 Gender/Age : MALE , 32y (13/06/1990)

Collected On : 26/11/2022 02:07 PM Received On : 26/11/2022 02:16 PM Reported On : 26/11/2022 03:57 PM

Barcode : 012211261745 Specimen : Whole Blood Consultant : Dr. Santosh K M(FAMILY MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9944298339

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HBA1C			
HbA1c (HPLC NGSP Certified)	10.9 H	%	Normal: 4.0-5.6 Prediabetes: 5.7-6.4 Diabetes: => 6.5 ADA standards 2020
Estimated Average Glucose (Calculated)	266.13	-	-

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--

Mrs. Latha B S
MSc, Mphil, Biochemistry
Incharge, Consultant Biochemistry

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MC-2688



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Samuel Doss Alex MRN : 10200000266406 Gender/Age : MALE , 32y (13/06/1990)

Collected On : 26/11/2022 10:38 AM Received On : 26/11/2022 11:02 AM Reported On : 26/11/2022 11:44 AM

Barcode : 022211260586 Specimen : Whole Blood - ESR Consultant : Dr. Santosh K M(FAMILY MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9944298339

HEMATOLOGY

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	02	mm/1hr	0.0-10.0

--End of Report--

Hema S

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MD, DNB, Pathology
Associate Consultant

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Samuel Doss Alex MRN : 10200000266406 Gender/Age : MALE , 32y (13/06/1990)

Collected On : 26/11/2022 01:55 PM Received On : 26/11/2022 02:18 PM Reported On : 26/11/2022 02:54 PM

Barcode : 012211261727 Specimen : Plasma Consultant : Dr. Santosh K M(FAMILY MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9944298339

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Post Prandial Blood Sugar (PPBS) (Colorimetric - Glucose Oxidase Peroxidase)	286 H	mg/dL	70 to 139 : Normal 140 to 199 : Pre-diabetes =>200 : Diabetes ADA standards 2020

--End of Report--



Dr. Anushre Prasad
MBBS,MD, Biochemistry
Consultant Biochemistry



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MSc, Mphil, Biochemistry
Incharge, Consultant Biochemistry

Note

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(Post Prandial Blood Sugar (PPBS) -> autoAuthorised)



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Samuel Doss Alex MRN : 1020000266406 Gender/Age : MALE , 32y (13/06/1990)

Collected On : 26/11/2022 10:38 AM Received On : 26/11/2022 11:04 AM Reported On : 26/11/2022 11:24 AM

Barcode : 022211260585 Specimen : Whole Blood Consultant : Dr. Santosh K M(FAMILY MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9944298339

HEMATOLOGY

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	14.7	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	5.60 H	million/ μ l	4.5-5.5
PCV (Packed Cell Volume) / Hematocrit (Calculated)	45.0	%	40.0-50.0
MCV (Mean Corpuscular Volume) (Derived)	80.4 L	fL	83.0-101.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	26.2 L	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	32.7	%	31.5-34.5
Red Cell Distribution Width (RDW) (Derived)	14.1 H	%	11.6-14.0
Platelet Count (Electrical Impedance Plus Microscopy)	354	$10^3/\mu$ L	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	11.7 H	$10^3/\mu$ L	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (VCS Technology Plus Microscopy)	69.8	%	40.0-75.0
Lymphocytes (VCS Technology Plus Microscopy)	20.2	%	20.0-40.0
Monocytes (VCS Technology Plus Microscopy)	6.0	%	2.0-10.0
Eosinophils (VCS Technology Plus Microscopy)	3.4	%	1.0-6.0
Basophils (VCS Technology Plus Microscopy)	0.6	%	0.0-2.0

Patient Name : Mr Samuel Doss Alex MRN : 10200000266406 Gender/Age : MALE , 32y (13/06/1990)

Absolute Neutrophil Count (Calculated)	8.2 H	x10 ³ cells/ μ l	2.0-7.0
Absolute Lymphocyte Count (Calculated)	2.4	x10 ³ cells/ μ l	1.0-3.0
Absolute Monocyte Count (Calculated)	0.8	x10 ³ cells/ μ l	0.2-1.0
Absolute Eosinophil Count (Calculated)	0.4	x10 ³ cells/ μ l	0.02-0.5
Absolute Basophil Count (Calculated)	0.1	-	-

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--

Hema S

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Associate Consultant

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