

----- Forwarded Message -----

From: "Mediwheel" <wellness@mediwheel.in>

To: "hinagupta92@yahoo.com" <hinagupta92@yahoo.com>

Cc: "mediwheelwellness@gmail.com" <mediwheelwellness@gmail.com>

Sent: Thu, Jan 5, 2023 at 15:10

Subject: Health Check up Booking Confirmed Request(bobE24561),Package Code-PKG10000241, Beneficiary Code-16615

011-41195959

Email:wellness@mediwheel.in

Dear **MS. GUPTA HINA,**

Please find the confirmation for following request.

Booking Date : 05-01-2023

Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40

Name of Diagnostic/Hospital : Manipal Hospitals

Address of Diagnostic/Hospital : NH-24 Hapur Road,Oppo. Bahmeta Village, Near Lancroft Golf Links Apartment

Contact Details : 8979619531

City : Ghaziabad

State : Uttar Pradesh

Pincode : 201002

Appointment Date : 07-01-2023

Confirmation Status : Confirmed






Preferred Time : 9:00am-9:30am

Comment : APPOINTMENT TIME 8:30AM

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

Fw: Health Check up Booking Confirmed Request(bobE24561),Package Code-
PKG10000241, Beneficiary Code-16615

 DELETE  REPLY  REPLY ALL  FORWARD 



Hina Gupta <hinagupta92@yahoo.com>

Sat 1/7/2023 9:16 AM


Mark as unread

To: PHC [MH-Ghaziabad]; write2pratikshasingh@gmail.com;

To help protect your privacy, some content in this message has been blocked. To re-enable the blocked features, click here.


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 **Indian Union Driving Licence**
Issued by **Uttar Pradesh**

UP16 20210005591

Issue Date	Validity (NT)	Validity (TR)
15-02-2021	21-07-2031	

 **Holder's Signature**

Name: **HINA GUPTA**

Date of Birth: **22-07-1991** Blood Group: **B+ VE** Organ Donor: **N**

Son/Daughter/Wife of: **DEEPA KUMAR**

Address:
48 MELA MANDAN DWARKAPURI BHATNAGAR
COLONY Lakhimpur, Lakhimpur Kheri, UP
262701

Date of First Issue: **15-02-2021**

8765679850

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010697249	Lab No	: 32230102313
Patient Episode	: H18000000129	Collection Date	: 07 Jan 2023 13:01
Referred By	: HEALTH CHECK MGD	Reporting Date	: 07 Jan 2023 20:42
Receiving Date	: 07 Jan 2023 14:04		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	0.76	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	6.45	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	1.990	µIU/mL	[0.340-4.250]
1st Trimester:0.6 - 3.4	micIU/mL		
2nd Trimester:0.37 - 3.6	micIU/mL		
3rd Trimester:0.38 - 4.04	micIU/mL		

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

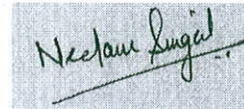
* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Page 1 of 9

-----END OF REPORT-----



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010697249	Lab No	: 202301000731
Patient Episode	: H18000000129	Collection Date	: 07 Jan 2023 09:33
Referred By	: HEALTH CHECK MGD	Reporting Date	: 07 Jan 2023 12:37
Receiving Date	: 07 Jan 2023 09:33		

HAEMATOTOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDENCE)	4.08	millions/cu mm	[3.80-4.80]
HEMOGLOBIN	10.3 #	g/dl	[12.0-15.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	33.5 #	%	[36.0-46.0]
MCV (DERIVED)	82.1 #	fL	[83.0-101.0]
MCH (CALCULATED)	25.2 #	pg	[27.0-32.0]
MCHC (CALCULATED)	30.7 #	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	15.0 #	%	[11.6-14.0]
Platelet count	275	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	10.8		
WBC COUNT (TC) (IMPEDENCE)	10.98 #	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	66.0	%	[40.0-80.0]
Lymphocytes	27.0	%	[17.0-45.0]
Monocytes	7.0	%	[2.0-10.0]
Eosinophils	0.0 #	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	33.0 #	/1sthour	[0.0-

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH01069724	Lab No	: 202301000731
Patient Episode	: H13000003119	Collection Date	: 07 Jan 2023 09:33
Referred By	: HEALTH CHECK MCD	Reporting Date	: 07 Jan 2023 18:08
Receiving Date	: 07 Jan 2023 09:33		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.7 #	%	[0.0-5.6]
Method: HPLC			

As per American Diabetes Association (ADA)
HbA1c in %
Non diabetic adults >= 18years <5.7
Prediabetes (At Risk)5.7-6.4
Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG) 117 mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction [pH]	7.0	(4.6-8.0)
Specific Gravity	1.005	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NOT DETECTED)
Glucose	Normal	(NOT DETECTED)
Ketone Bodies	Negative	(NOT DETECTED)
Urobilinogen	Normal	(NORMAL)

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010697249	Lab No	: 202301000731
Patient Episode	: H18000003129	Collection Date	: 07 Jan 2023 10:42
Referred By	: HEALTH CHECK MGD	Reporting Date	: 07 Jan 2023 14:33
Receiving Date	: 07 Jan 2023 10:42		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	2-4 /hpf	(0-5/hpf)
RBC	0-1/hpf	(0-2/hpf)
Epithelial Cells	6-7 /hpf	
CASTS	nil	
Crystals	nil	
OTHERS	nil	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	156	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	62	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	52.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoinhibition			
VLDL- CHOLESTEROL (Calculated)	12	mg/dl	[0-35]
CHOLESTEROL, LDL, DIRECT	92.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
T.Chol/HDL.Chol ratio(Calculated)	3.0		
LDL.CHOL/HDL.CHOL Ratio(Calculated)	1.8		<3 Optimal 3-4 Borderline >6 High Risk

Note:

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010697249	Lab No	: 202301000731
Patient Episode	: H18000000129	Collection Date	: 07 Jan 2023 09:33
Referred By	: HEALTH CHECK MCD	Reporting Date	: 07 Jan 2023 18:10
Receiving Date	: 07 Jan 2023 09:33		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum			
UREA	29.6	mg/dl	[15.0-40.0]
<i>Method: GLDH, Kinatic assay</i>			
BUN, BLOOD UREA NITROGEN	13.8	mg/dl	[8.0-20.0]
<i>Method: Calculated</i>			
CREATININE, SERUM	0.58 #	mg/dl	[0.70-1.20]
<i>Method: Jaffe rate-IDMS Standardization</i>			
URIC ACID	3.7 #	mg/dl	[4.0-8.5]
<i>Method: uricase PAP</i>			

SODIUM, SERUM	138.7	mmol/L	[136.0-144.0]
POTASSIUM, SERUM	4.52	mmol/L	[3.60-5.10]
SERUM CHLORIDE	103.6	mmol/l	[101.0-111.0]
<i>Method: ISE Indirect</i>			

eGFR (calculated)	123.2	ml/min/1.73sq.m	[>60.0]
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Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LABORATORY REPORT

Name	: MRS HINA GUPTA	Age	: 31 Yr(s) Sex :Female
Registration No	: MH010697249	Lab No	: 202301000731
Patient Episode	: H18000003129	Collection Date	: 07 Jan 2023 09:33
Referred By	: HEALTH CHECK MGD	Reporting Date	: 07 Jan 2023 18:10
Receiving Date	: 07 Jan 2023 09:33		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.28 #	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.09	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.19	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	6.90	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.10	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	2.80	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.46		[1.00-2.50]
AST (SGOT) (SERUM) Method: IFCC W/C P5P	23.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) Method: IFCC W/O P5P	22.00	U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	43.0	IU/L	[40.0-98.0]
GGT	15.0		[7.0-50.0]

LABORATORY REPORT

Name : MRS HINA GUPTA Age : 31 Yr(s) Sex :Female
Registration No : MH010697249 Lab No : 202301000731
Patient Episode : H18000000129 Collection Date : 07 Jan 2023 09:33
Referred By : HEALTH CHECK MGD Reporting Date : 07 Jan 2023 18:08
Receiving Date : 07 Jan 2023 09:33

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Blood Group & Rh Typing (Agglutination by gel/tube technique)			Specimen-Blood
Blood Group & Rh typing	B Rh(D) Positive		

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

Page 7 of 9

-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT

Name : MRS HINA GUPTA **Age** : 31 Yr(s) Sex :Female
Registration No : MH010697249 **Lab No** : 202301000732
Patient Episode : H18000000129 **Collection Date** : 07 Jan 2023 09:33
Referred By : HEALTH CHECK MCD **Reporting Date** : 07 Jan 2023 12:50
Receiving Date : 07 Jan 2023 09:33

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	97.0	mg/dl	[70.0-110.0]

Page 8 of 9


-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

RADIOLOGY REPORT

Name	Hina GUPTA	Modality	DX
Patient ID	MH010697249	Accession No	R5008850
Gender/Age	F / 31Y 5M 17D	Scan Date	07-01-2023 10:19:23
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	07-01-2023 11:33:19



Dr. Prabhat Prakash Gupta,
 MBBS,DNB,MNAMS,FRCR(I)
 Consultant Radiologist, Reg no DMC/R/14242

RADIOLOGY REPORT

Name	Hina GUPTA	Modality	US
Patient ID	MH010697249	Accession No	R5008481
Gender/Age	F / 31Y 5M 17D	Scan Date	07-01-2023 10:17:55
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	07-01-2023 11:03:25

USG ABDOMEN & PELVIS

FINDINGS

LIVER: Liver is normal in size (measures 141 mm), shape and echotexture. Rest normal.

SPLEEN: Spleen is normal in size (measures 100 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10.4 mm.

COMMON BILE DUCT: Proximal common bile duct appears normal in size and measures 4.5 mm. However distal common bile duct is not well seen due to bowel gases.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Well distended with normal walls (~ 2.1 mm). Its lumen demonstrates multiple mobile calculi within with the largest one measuring ~ 9.4 mm. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 98 x 37 mm.

Left Kidney: measures 98 x 43 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is partially distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is anteverted, normal in size (measures 88 x 62 x 41 mm), shape and echotexture.

Endometrial thickness measures 12.4 mm. Cervix appears normal.

OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.

Right ovary measures 37 x 28 x 19 mm with volume 10.3 cc.

Left ovary measures 32 x 24 x 22 mm with volume 8.7 cc.

BOWEL: Visualized bowel loops appear normal.

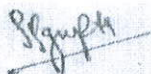
IMPRESSION

-Cholelithiasis.

Recommend clinical correlation.

RADIOLOGY REPORT

Name	Hina GUPTA	Modality	US
Patient ID	MH010697249	Accession No	R5008481
Gender/Age	F / 31Y 5M 17D	Scan Date	07-01-2023 10:17:55
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	07-01-2023 11:03:25



Dr. Prabhat Prakash Gupta,
 MBBS,DNB,MNAMS,FRCR(I)
 Consultant Radiologist, Reg no DMC/R/14242



TMT INVESTIGATION REPORT

Patient Name : Mrs.Hina GUPTA	Location	: Ghaziabad
Age/Sex : 31Year(s)/Female	Visit No	: V0000000001-GHZB
MRN No : MH010697249	Order Date	: 07/01/2023
Ref. Doctor : HCP	Report Date	: 07/01/2023

Protocol	: Bruce	MPHR	: 189BPM
Duration of exercise	: 6min 18sec	85% of MPHR	: 160BPM
Reason for termination	: THR achieved	Peak HR Achieved	: 166BPM
Blood Pressure (mmHg)	: Baseline BP : 130/80mmHg	% Target HR	: 87%
	Peak BP : 144/80mmHg	METS	: 7.4METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	96	130/80	Nil	No ST changes seen	Nil
STAGE 1	3:00	121	136/80	Nil	No ST changes seen	Nil
STAGE 2	3:00	157	144/80	Nil	No ST changes seen	Nil
STAGE 3	0:18	166	144/80	Nil	No ST changes seen	Nil
RECOVERY	3:14	71	134/80	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
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Cardiology Registrar

Manipal Hospital, Ghaziabad

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Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

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