

Patient Name Mr Mahendra Borkar MRN: 160592 Age 30 Sex M Date/Time 22/1/24

Mob No.

Investigations : (Please Tick)

- CBC
- ESR
- CRP
- S-Vit D3
- S-Vit B12
- RBS
- B Sugar - F/PP
- HbA1C
- LT/KFT
- PT
- INR
- RA Factor
- Anti CCP
- HLA B27
- ANA
- HIV
- HBsAg
- Anti HCV

Vitals

- B.P.
- P.R.
- SpO2
- Temp

Medical Illness

- Hypertension
- Diabetes
- Thyroid
- Cardiac Disease
- Drug Allergies

Next Appointment/Follow up

*Physician
reference*

Dr. Bhawna Garg
MBBS, D.P.O., EDNA
Reg.No. - MP18035
Deputy Medical Superintendent
RJN Apollo Spectra Hospitals

Signature :

Patient NAME : Mr. MAHENDRA PRAKASH MEENA
Age/Gender : 30 Y 0 M 0 D /M
UHID/MR NO : ILK.00037485
Visit ID : ILK.110035
Ref Doctor : Dr.ARCOFEMI HEALTHCARE LIMITED

Collected : 27/Jan/2024 10:13AM
Received : 27/Jan/2024 10:49AM
Reported : 27/Jan/2024 11:40AM
Status : Final Report
Client Name : INSTA

DEPARTMENT OF HEMATOLOGY

COMPLETE BLOOD COUNT- CBC / HAEMOGRAM , WHOLE BLOOD EDTA

Haemoglobin (Hb%)	15.3	gm%	14.0-17.0	Cyanmeth
P.C.V (Hematocrit)	46.2	%	40-54	Cell Counter
RBC Count	5.5	Mill./cu mm	4.00-5.50	Cell Counter
Mean Corpuscular Volume(MCV)	84.1	fL	76-96	Calculated
Mean Corpuscular Hb. (MCH)	27.8	pg	27.0-32.0	Calculated
Mean Corp. Hb. Conc.(MCHC)	33.1	g/dl	30.0-35.0	Calculated
RDW	13.9	%	11-16	Calculated
Total WBC count (TLC)	8,800	/cu mm	4000-11000	Cell Counter

Differential Count by Flowcytometry/Microscopy

Neutrophils	51.2	%	50-70	Cell Counter
Lymphocytes	39.1	%	20-40	
Monocytes	5.1	%	01-10	Cell Counter
Eosinophils	4.1	%	01-06	Cell Counter
Basophils	0.5	%	00-01	Cell Counter

Absolute Leucocyte Count

Neutrophil (Abs.)	4,505	per cumm	2000 - 8000	Calculated
Lymphocyte (Abs.)	3441	per cumm	600-4000	Calculated
Monocyte (Abs.)	449	per cumm	0-600	Calculated
Eosinophil (Abs.)	361	per cumm	40-440	Calculated
Basophils (Abs.)	44	per cumm	0-110	Calculated
Platelet Count	2.70	Lac/cumm	1.50-4.00	Cell Counter

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Erythrocyte Sedimentation Rate (ESR)	44	mm 1st hr.	0-20	Wester Green
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SIN NO : 10451438

(Signature)

DR. ASHOK KUMAR
M.D. (PATH)

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DEPARTMENT OF HEMATOLOGY

BLOOD GROUPING(A,B,O) AND RH FACTOR , WHOLE BLOOD EDTA

Blood Grouping	B	Slide/Tube Agglutination
Rh (D) Type	POSITIVE	Slide/Tube Agglutination

BLOOD PICTURE - PERIPHERAL SMEAR EXAMINATION , WHOLE BLOOD EDTA

RBC'S : Normocytic Normochromic RBC's.
 No cytoplasmic inclusions or hemoparasite seen.

WBC'S : Normal in number , morphology and distribution. No toxic granules seen.
 No abnormal cell seen.

PLATELETS : Adequate on smear .

IMPRESSION : NORMOCYTIC-NORMOCHROMIC BLOOD PICTURE.

Page 2 of 9



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Age/Gender : 30 Y 0 M 0 D /M	Received : 27/Jan/2024 10:49AM
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Visit ID : ILK.110035	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

GLUCOSE - FASTING (FBS) , NAF PLASMA

Fasting Glucose	95.0	mg/dL	65-110	God - Pod
-----------------	------	-------	--------	-----------

Ref.for Biological Reference Intervals: American Diabetic Assiation.

GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) , FLUORIDE PLASMA

Post Prandial Glucose	136.0	mg/dL	90-140	2hrs. after...gm glucose/lunch
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Ref.for Biological Reference Intervals: American Diabetic Assiation.



SIN NO :10451438,

(Handwritten Signature)

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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

GLYCOSYLATED HAEMOGLOBIN (GHB/HBA1C) , WHOLE BLOOD EDTA

Glycosylated Haemoglobin HbA1c	6.4	%	Normal: <5.7 Pre-Diabetes: 5.7-6.4 Diabetes: 6.5	NEPHELOMETRY
Approximate mean plasma glucose	138.13			Calculated

Ref. for Biological Reference Intervats: American Diabetes Association.

INTERPRETATION:

The A1C test measures your average blood glucose for the past 2 to 3 months. Diabetes is diagnosed at an A1C of greater than or equal to 6.5%.

Therapeutic goals for glycemic control (ADA)

-Adults:

- Goal of therapy: <7.0% HbA1c
- Action suggested: >8.0% HbA1c

-Pediatric patients:

- Toddlers and preschoolers: <8.5% (but >7.5%)
- School age (6-12 years): <8%
- Adolescents and young adults (13-19 years): <7.5%

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(Signature)

DR. ASHOK KUMAR
M.D. (PATH)

RJN Apollo Spectra Hospitals

18, Vikas Nagar, Near Sai Baba Temple, Gwalior - 474009 (M.P.) Ph.: 0751-2454600, Mob. : 8269663137, Email: ipc.rjn@gmail.com

• Results may vary from lab to lab and from time to time for the same parameter for the same patient • Assays are performed in accordance with standard procedures.
• In case of disparity test may be repeated immediately. • This report is not valid for medico legal purpose.

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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE KIDNEY PROFILE (RFT/KFT) , SERUM				
Urea	16.78	mg/dL	13.0-43.0	Urease
Creatinine	0.7	mg/dL	0.5-1.3	Enzymatic
Uric Acid	6.5	mg/dL	3.5-7.2	Urease
Sodium	138.0	Meq/L	135-155	Direct ISE
Potassium	4.2	Meq/L	3.5-5.5	Direct ISE
Chloride	102.0	mmol/L	96-106	Direct ISE
Calcium	10.0	mg/dL	8.6-10.0	OCPC
Phosphorous	3.2	mg/dL	2.5-5.6	PMA Phenol
BUN	7.84	mg/dL	6.0-20.0	Reflect Spectrothoto

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SIN NO : 10431438

A.K. Ashok Kumar

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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
Type OF Sample	SERUM			
Total Cholesterol	241.0	mg/dl	up to 200	End Point
Total Triglycerides	210.0	mg/dL	Borderline High Risk : 150-199 High Risk: 200-499 Very High Risk: >500	End Point
HDL Cholesterol	54.0	mg/dL	Optimal: >55 Border Line High Risk: 35-55 High Risk:- <35	Reflect Spectrothoto
Non - HDL Cholesterol	187	mg/dL	<130	
LDL Cholesterol	145	mg/dL	49-172	Reflect Spectrothoto
VLDL Cholesterol	42	mg/dL	5.0-40.0	Reflect Spectrothoto
Chol / HDL Ratio	4.46		Low Risk : 3.3-4.4 Average Risk : 4.5-7.1 Moderate Risk : 7.2-11.0 High Risk : >11.0	CALCULATED

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DEPARTMENT OF BIOCHEMISTRY-ROUTINE

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) WITH GGT , SERUM				
Total Bilirubin	0.6	mg/dL	0.2-1.2	Jendrassik-Grof
Direct Bilirubin	0.1	mg/dL	0.0-0.3	Jendrassik-Grof
Indirect Bilirubin	0.5	mg/dL	0.0-0.9	Calculated
SGOT / AST	53.0	U/L	1-30	UV Kinetic (IFCC)
SGPT / ALT	62.0	U/L	1-45	UV Kinetic (IFCC)
Alkaline Phosphatase	145.0	U/L	43-115	PNPP
Gamma Glutaryl Transferase (GGT)	30.0	U/L	0.0-55.0	Reflect Spectrophoto
Total Protein	7.1	g/dl	6.4-8.3	Biuret
Albumin	4.4	g/dL	3.5-5.2	BCG
Globulin	2.7	g.dl	2.0-3.5	Calculated
A/G Ratio	1.63	%	1.0-2.3	Calculated

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Collected : 27/Jan/2024 10:13AM
Received : 27/Jan/2024 12:30PM
Reported : 27/Jan/2024 01:43PM
Status : Final Report
Client Name : INSTA

DEPARTMENT OF BIOCHEMISTRY-SPECIAL

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

THYROID PROFILE-I , SERUM

Triiodothyronine Total (TT3)	1.64	ng/dL	0.6-1.8	Chemiluminiscence
Thyroxine (TT4)	7.43	µg/dL	4.5-10.9	Chemiluminiscence
Thyroid Stimulating Hormone (TSH)	1.180	µIU/ml	0.35-5.50	Chemiluminiscence

COMMENT -> Above mentioned reference ranges are standard reference ranges.

AGE RELATED GUIDELINES FOR REFERENCE RANGES FOR TSH

TSH	NEW BORN	INFANT	CHILD	ADULT
(u IU/ml)	0.52-38.9	1.7-9.1	0.7-6.4	0.3-5.6

PREGNANCY RELATED GUIDELINES FOR REFERENCE RANGES FOR TSH

TSH	1st Trimester	2nd & 3rd Trimester
(u IU/ml)	0.2 - 2.5	0.3 - 3.0

NOTE: TSH levels are subject to circadian variation, reaching peak levels between 2-4 AM and at a minimum between 6-10 PM. Dose and time of drug intake also influence the test result.

Ultrasensitive kits used.

Serum T3/ FT3 , T4/FT4 and TSH measurements form three components of thyroid screening panel.

- Primary hyperthyroidism is accompanied by elevated serum T3 & T4 values alongwith depressed TSH level.
- Primary hypothyroidism is accompanied by elevated serum T3 & T4 values & elevated serum TSH level.
- Normal T3 & T4 levels with high TSH indicate mild / subclinical HYPOTHYROIDISM.
- slightly elevated T3 levels may be found in pregnancy and in estrogen therapy while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol .
- Although elevated TSH levels are nearly always indicative of primary hypothyroidism. Rarely they can result from TSH secreting pituitary tumours (secondary hyperthyroidism).

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DEPARTMENT OF CLINICAL PATHOLOGY

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

CUE - COMPLETE URINE ANALYSIS , URINE

Physical Examination

Colour	STRAW			Visual
Appearance	Clear			Visual
pH	6.5		5.0-7.5	Dipstick
Specific Gravity	1.010		1.002-1.030	Dipstick

Chemical Examination

Albumin Urine/ Protein Urine	NIL		NIL	Dipstick/Heat Test
Glucose Urine	NIL		NIL	Dipstick/Benedict
Urobilinogen	NIL		NIL	Dipstick/Ehrlichs
Ketones	NIL		NIL	Dipstick/Rotheras
Bile Salts	ABSENT		ABSENT	Dipstick
Bile Pigments	ABSENT		ABSENT	Dipstick/Fouchets
Nitrite	ABSENT		ABSENT	Dipstick

Microscopic Examination.

Pus Cells	2-3	/Hpf	0-2	
Epithelial Cells	1-2	Hpf	<10	
RBC	ABSENT	/Hpf	ABSENT	
Casts	ABSENT		ABSENT	
Crystals	ABSENT		ABSENT	
Bacteria	NORMALLY PRESENT		NORMALLY PRESENT	
Budding Yeast Cells	Absent		Absent	

*** End Of Report ***

Page 9 of 9



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Prakash meena, Mr mahendra
 Patient ID 160592
 01/27/2024 Male
 3:31:45pm 30yrs Indian
 Meds:

BRUCE Total Exercise Time 06:02
 Max HR: 162 bpm 85% of max predicted 190 bpm HR at rest: 81
 Max BP: 130/80 mmHg Max RPP: 17680 mmHg*bpm
 Maximum Workload: 11.20 METS
 Max. ST: -1.40 mm, 0.00 mV/s in III; EXERCISE STAGE 3 05:30
 Arrhythmia: A:38, PVC:2
 ST/HR index: 1.23 μ V/bpm
 Location Number: * 0 *

Test Reason:
 Medical History:
 Ref. MD: Ordering MD:
 Technician: Test Type:
 Comment:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	Bp (mmHg)	RPP (mmHg*bpm)	VE (l/min)	ST Level (III mm)	Comment
PRETEST	SUPINE	00:20	0.00	0.00	1.0	81			0	0.40	
EXERCISE	STAGE 1	02:06	2.20	10.00	5.7	125	120/80	15000	0	-0.05	
	STAGE 2	02:07	3.00	12.00	8.2	136	130/80	17680	0	-0.25	
	STAGE 3	01:52	3.80	14.00	11.2	162			0	-0.60	
RECOVERY		03:03	0.00	0.00	1.0	90	130/40	11700	0	0.00	

Test is Negative for Exercise Induced Ischemia.

Dr. Abhishek Sharma

Prakash meena, Mr mahendra
Patient ID 160592
01/27/2024
3:34:08pm

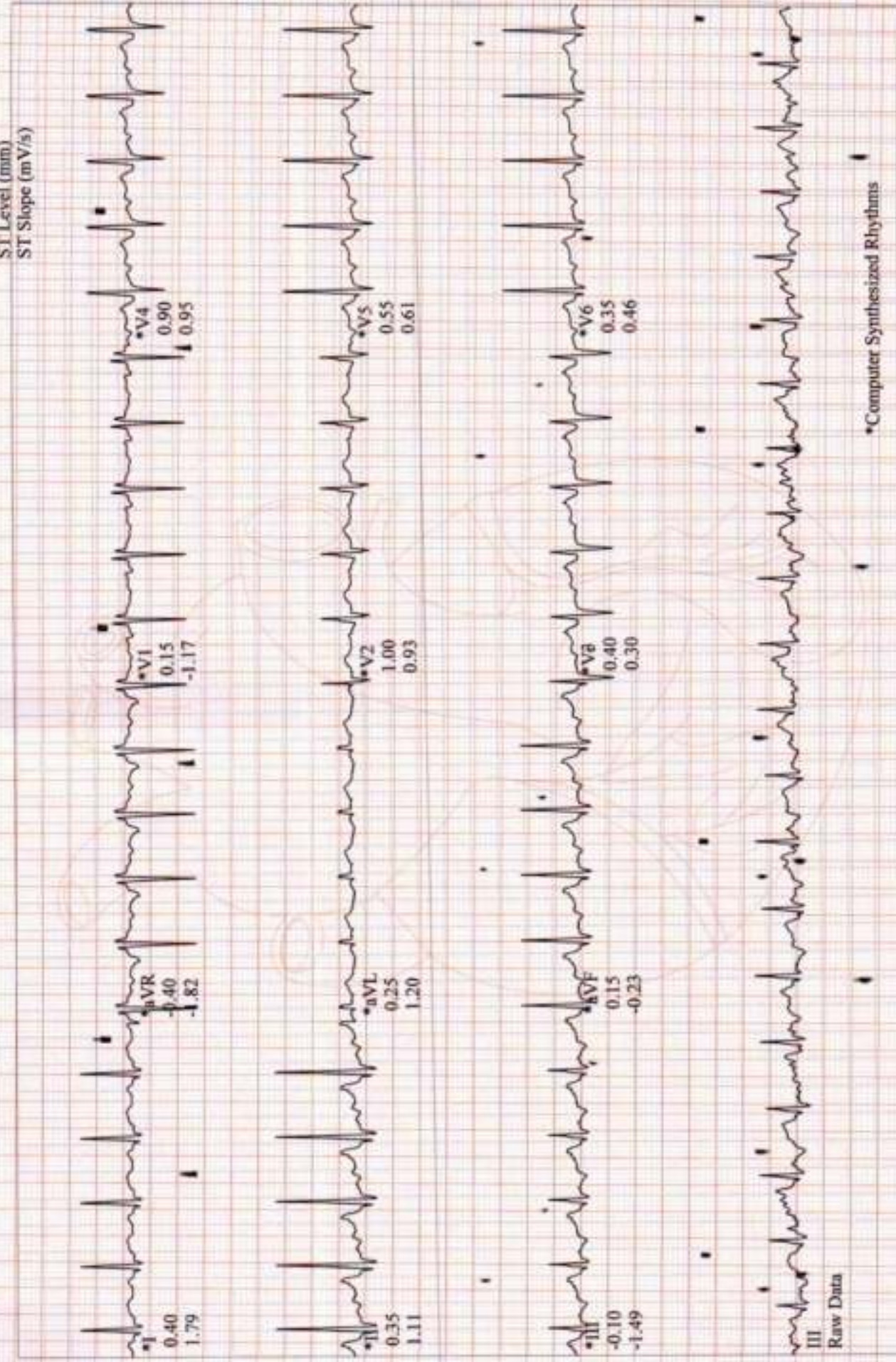
Linked Medians
EXERCISE
STAGE 1
02:03

125 bpm
120/80 mmHg

BRUCE
2.2 mph
10.0 %

RATAN JYOTI DALMIA HEART INSTITUTE

Lead
ST Level (mm)
ST Slope (mV/s)



III
Raw Data

*Computer Synthesized Rhythms

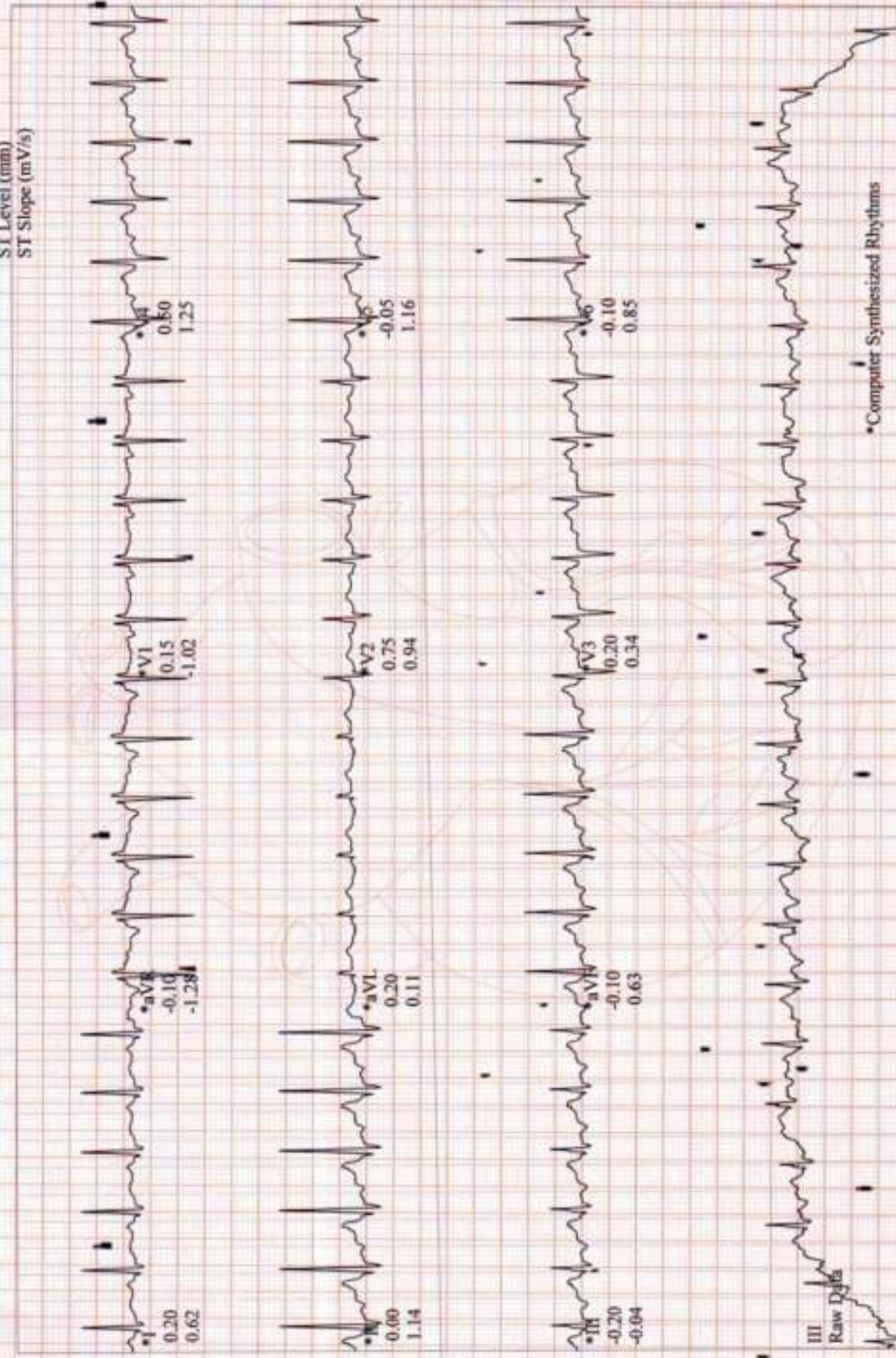
Prakash meena, Mr mahendra
Patient ID 160592
01/27/2024
3:36:16pm

136 bpm
130/80 mmHg
Linked Medians
EXERCISE
STAGE 2
04:10

RATAN JYOTI DALMIA HEART INSTITUTE

BRUCE
3.0 mph
12.0 %

Lead
ST Level (mm)
ST Slope (mV/s)



*Computer Synthesized Rhythms

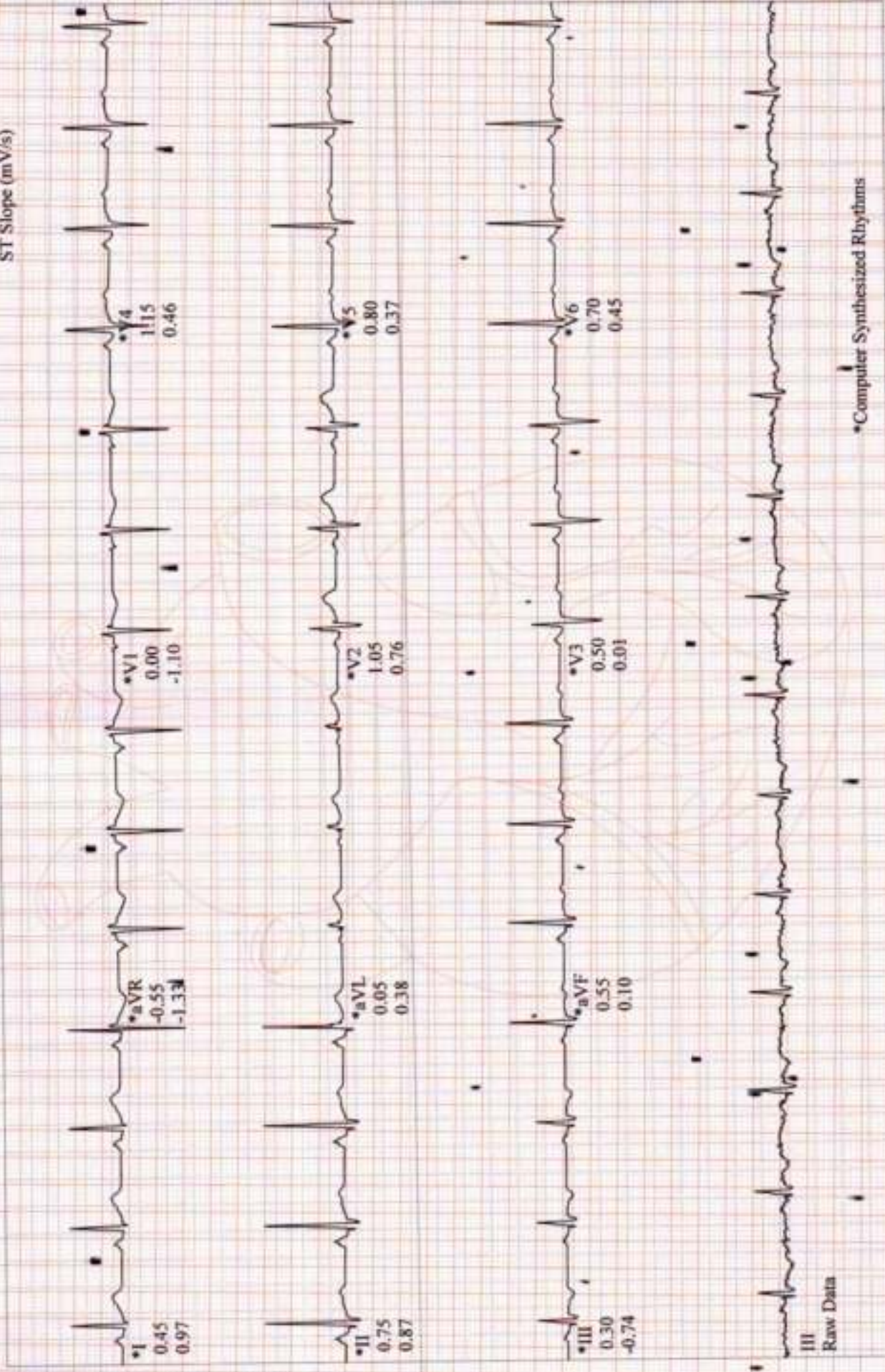
Patient ID 160592
01/27/2024
3:32:03pm

81 bpm

PRETEST
SUPINE
00:16

BRUCE
0.0 mph
0.0 %

Lead
ST Level (mm)
ST Slope (mV/s)



III
Raw Data

*Computer Synthesized Rhythms

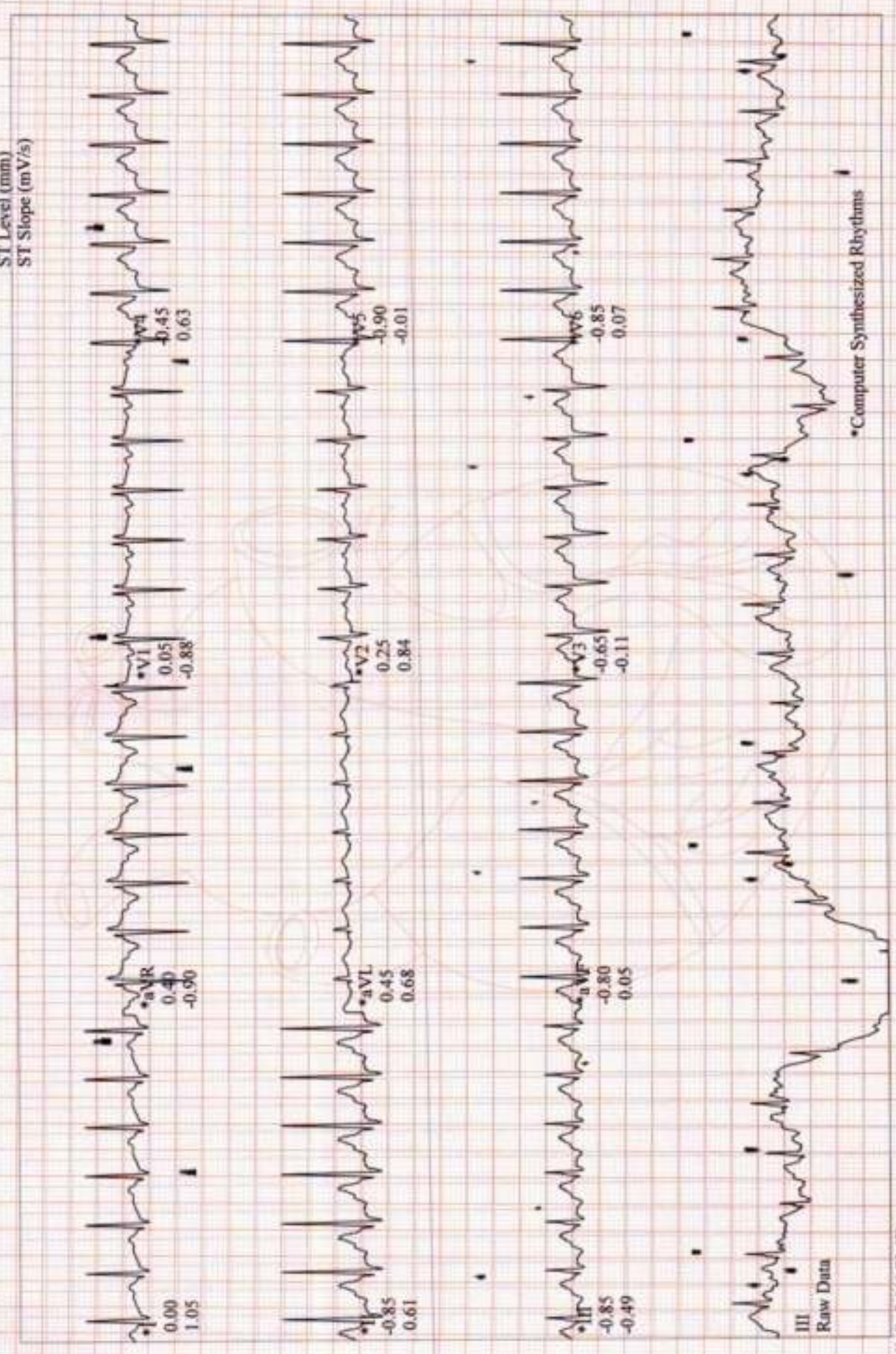
BRUCE
3.8 mph
14.0 %

Linked Medians
EXERCISE
STAGE 3
06:00

162 bpm

Prakash meena , Mr mahendra
Patient ID 160592
01/27/2024
3:38:05pm

Lead
ST Level (mm)
ST Slope (mV/s)



*Computer Synthesized Rhythms

Prakash meena, Mr mahendra
Patient ID 160592
01/27/2024
3:38:08pm

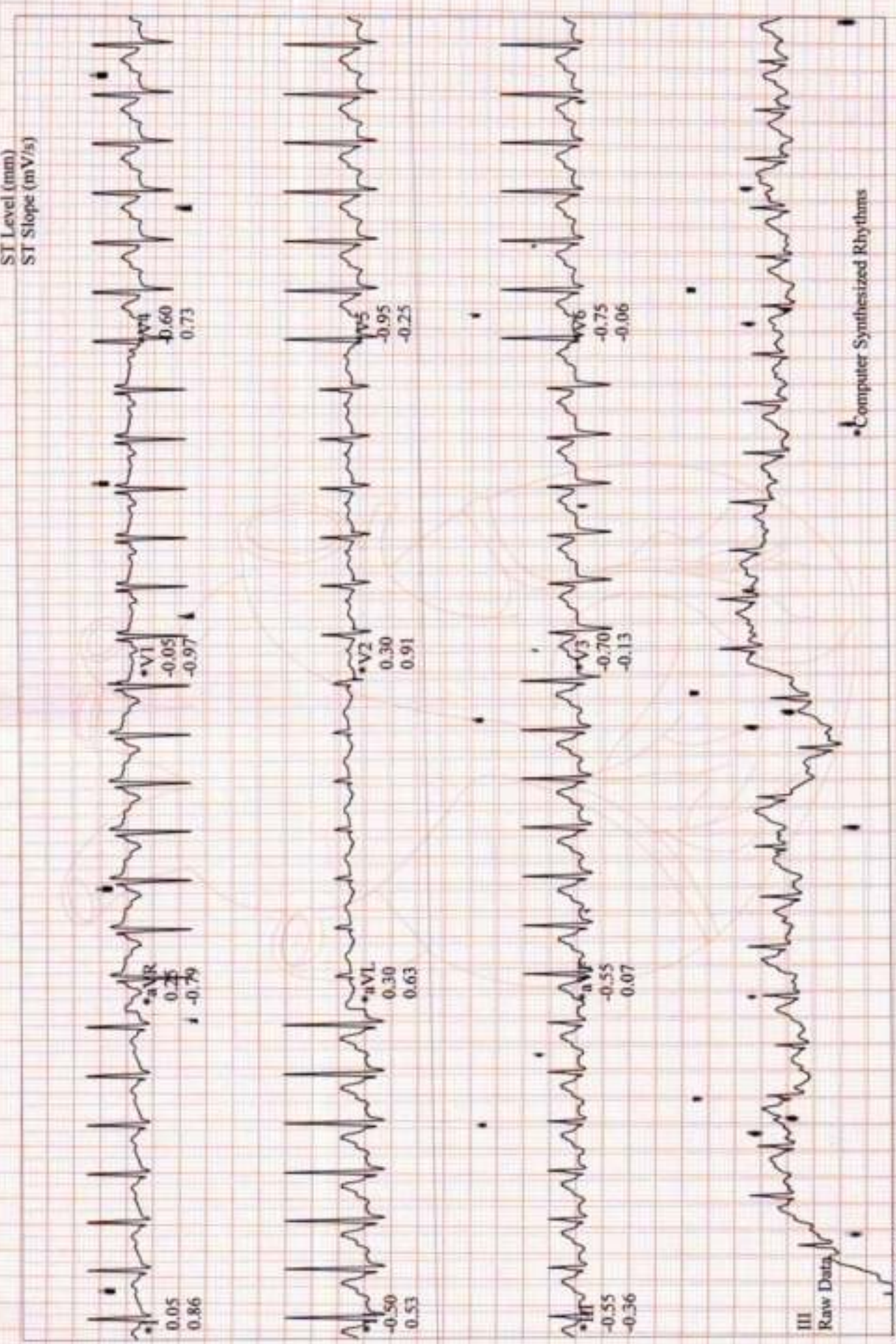
Linked Medians (PEAK EXERCISE)
EXERCISE
STAGE 3
06:03

RATAN JYOTI DALMIA HEART INSTITUTE

BRUCE
3.8 mph
14.0%

162 bpm

Lead
ST Level (mm)
ST Slope (mV/s)



Computer Synthesized Rhythms

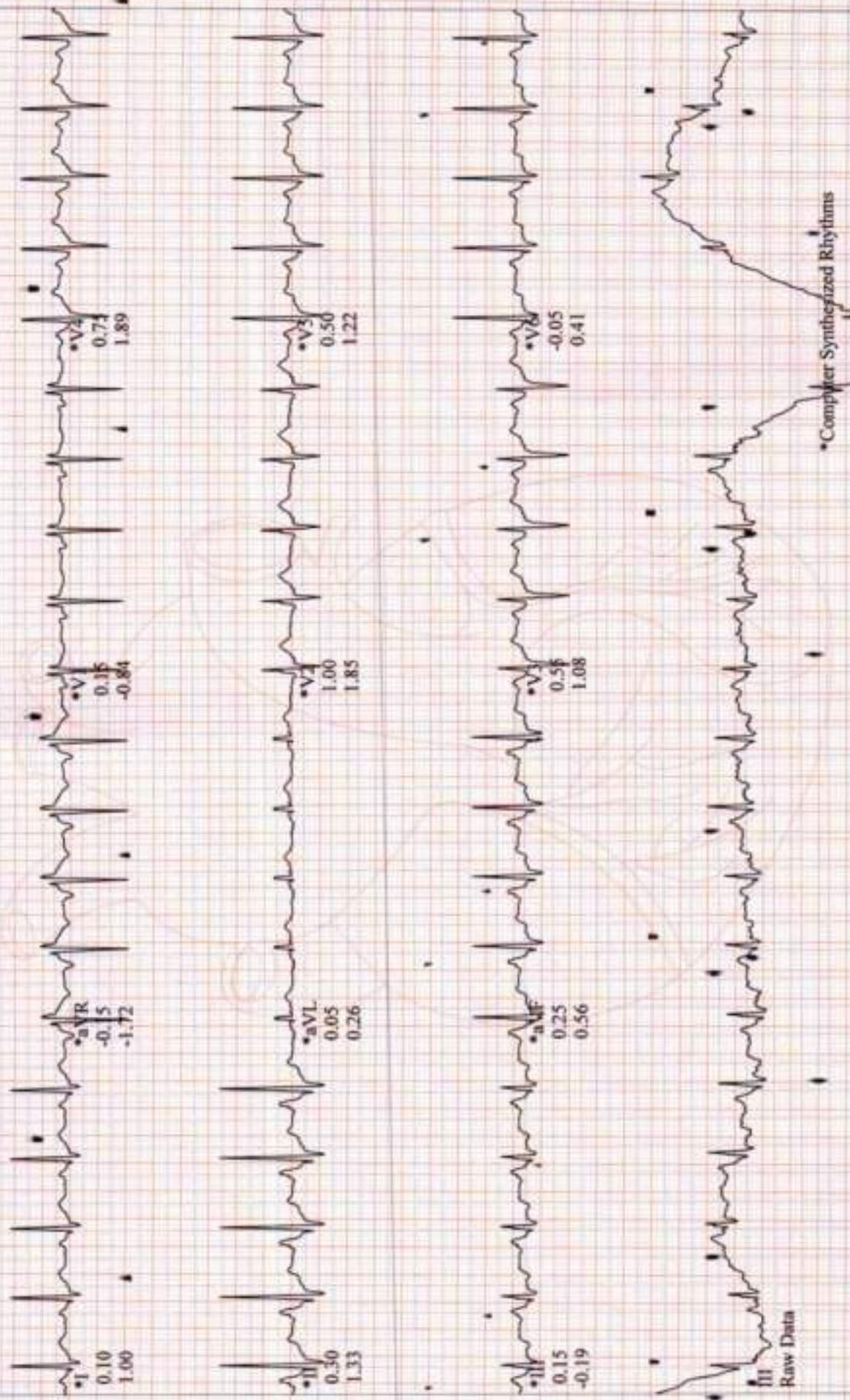
Prakash meena, Mr mahendra
Patient ID 160592
01/27/2024
3:39:00pm

Linked Medians
RECOVERY
#1
00:53

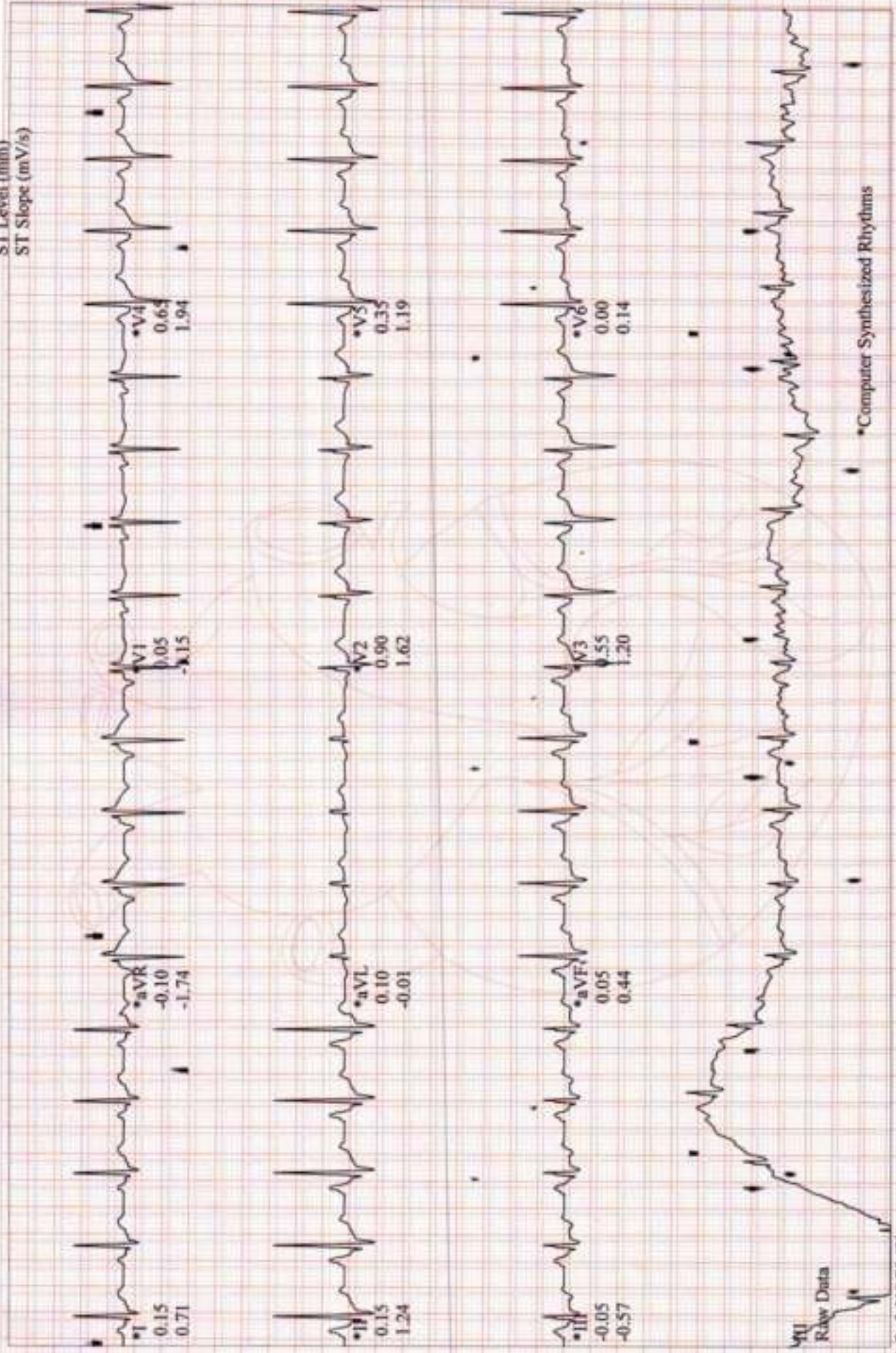
BRUCE
0.0 mph
0.0 %

RATAN JYOTI DALMIA HEART INSTITUTE

Lead
ST Level (mm)
ST Slope (mV/s)



111 bpm
Lead
ST Level (mm)
ST Slope (mV/s)



*Computer Synthesized Rhythms

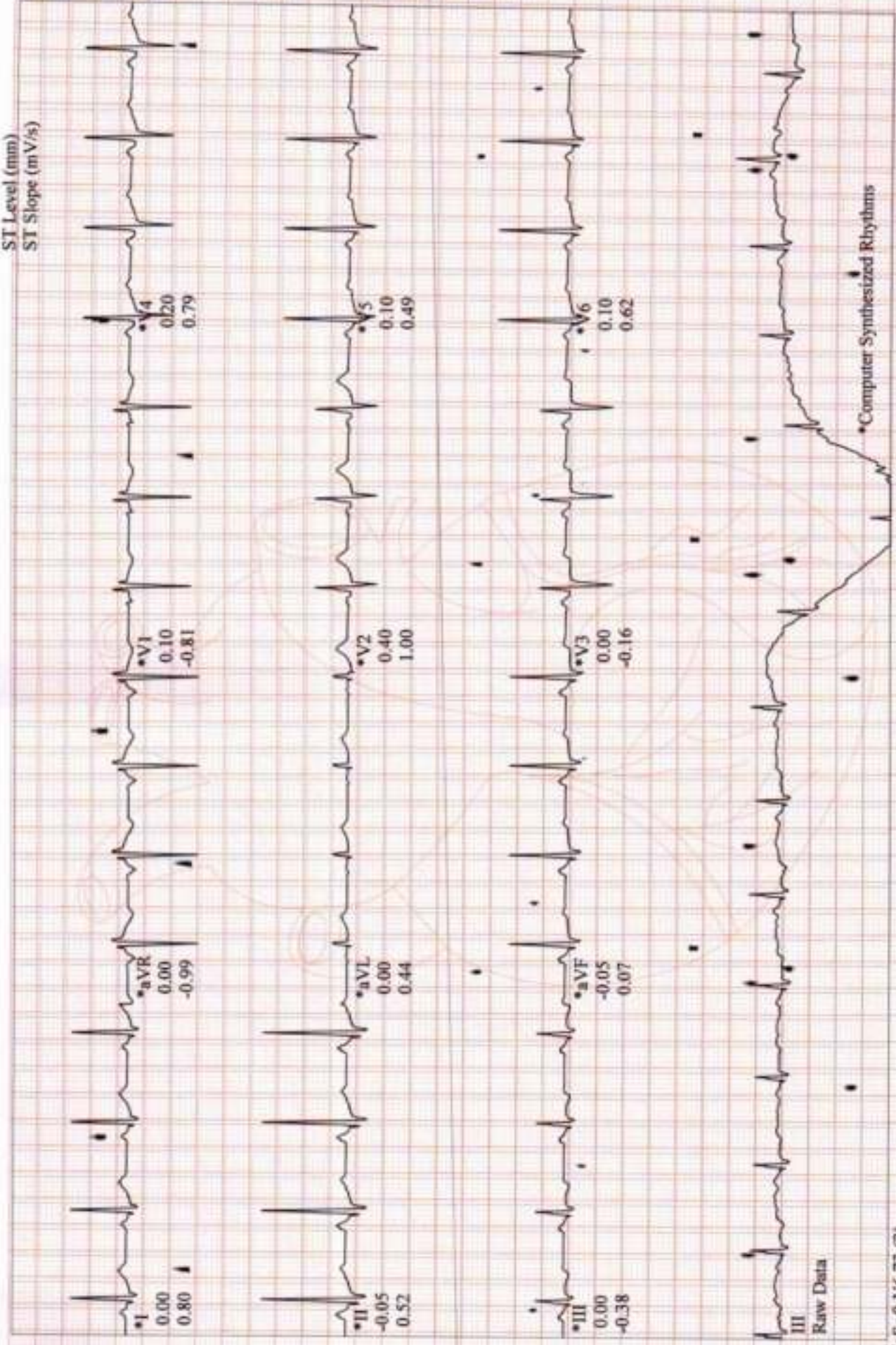
Patient ID 160592
01/27/2024
2:41:08pm

89 bpm
130/40 mmHg

RECOVERY
#1
03:00

BRUCE
0.0 mph
0.0 %

Lead
ST Level (mm)
ST Slope (mV/s)



Raw Data

Computer Synthesized Rhythms

Patient Name Mahendru MRN : Age 30 Sex M Date/Time 27/1/24

Mob No.

Investigations : (Please Tick)

- CBC
- ESR
- CRP
- S-Vit D3
- S-Vit B12
- RBS
- B Sugar - F/PP
- HbA1C
- LFT/KFT
- INR
- RA Factor
- Anti CCP
- HLA B27
- ANA
- HIV
- HBsAg
- Anti HCV

O/E -

yeath chest up

Calculus in

Stom in

Gen. gingivitis.

T/A -

oral prophyl

Vitals

- B.P.
- P.R.
- SPO2
- mp

R

clear abs 7/10

Medical Illness

- Hypertension
- Diabetes
- Thyroid
- Cardiac Disease
- Drug Allergies

- | | - X 15'dg
M M

Next Appointment/Follow up

Signature :



Certificate No.: PCH-2022-1802
April 01, 2022 - April 06, 2024

Patient Name Maharacha MRN : Age 30y Sex M Date/Time 27/1/24

Mob No.

Investigations : (Please Tick)

- CBC
- ESR
- CRP
- S-Vit D3
- S-Vit B12
- RBS
- B Sugar - F/PP
- HbA1C
- LOKFT
- PT
- INR
- RA Factor
- Anti CCP
- HLA B27
- ANA
- HIV
- HBsAg
- Anti HCV

Health checkup
of ear [] EAC - clear
TM intact

None] NAD
TM]

No Adu E NT intact

[Signature]

Dr. Sunil Gupta
MS (ENT)
Reg. No. MP17178
RJN Apollo Spectra Hospitals

Vitals

- B.P.
- P.R.
- SpO2
- Temp

Medical Illness

- Hypertension
- Diabetes
- Thyroid
- Cardiac Disease
- Drug Allergies

Next Appointment/Follow up

Signature :

18, Vikas Nagar, Near Sai Baba Mandir, Gwalior-2 (M.P.) INDIA Tel. : 2423350/51, Web : www.ratanjyoti.org, Email : rjneye@gmail.com
Opp. Medical College, Gate No. 3 Jhansi-284128 (U.P.) Ph. 0510-2322311 (M) 9109973225

SR.NO. : 1904700
NAME : MR MAHENDRA PRAKASH MEENA
AGE/SEX : 30 YRS / MALE

DATE : 27-January-2024
MRD NO. : R-114421
CITY : SHIVPUR

PAST SURGERIES :

NIL IN

VISION	DISTANCE		NEAR	
	OD	OS	OD	OS
UNAIDED	6/60	6/60		
WITH GLASSES	6/6 P	6/6 P	N6	N6
WITH PIN HOLE	6/6	6/6		
WITH COLOR				
VISION				

IOP READING				
TIME	OD	OD METHOD	OS	OS METHOD
12:15PM	17		15	

INVESTIGATION :

PENTACAM (BE) (NW)

Rx.	EYE	From	To	Instructions
1 XLHA EYE DROP (SODIUM HYALURONATE OPTHALMIC SOLUTION) ONE DROP 4 TIMES A DAY FOR 60 DAYS	BOTH EYE	27-Jan-2024	26-Mar-2024	

TREATMENT PLAN : -GP GIVEN
REFERRED TO :
DR. REMARK : REV YRLYISOS
NEXT REVIEW : AS PER DR. ADVISED



DR. SAVITRI DEVAL

NOTE : Kindly continue medications as advised for the period advised.
In case of redness or allergy please discontinue and inform the doctor.
Nutritional Advice : As per treating physician
Instructions : Patient and Attendant(s) Counseled
Advised medicine may be replaced with a good quality generic medicine.

Speciality Clinics : • Comprehensive Ophthalmology Clinic • Cataract & IOL Clinic • Vitreo Retina & Uvea Clinic • Spectacle Removal Clinic (Lasik/Femto Lasik/Phakic Lens) • Cornea Clinic • Glaucoma Clinic • Orbit & Oculoplasty Clinic • Trauma Clinic • Squint Clinic • Paediatric Ophthalmology Clinic • Low Vision Aid Clinic • Contact Lens Clinic

CONSULTATION TIMINGS : MORNING 9:00 A.M. TO 6:00 P.M. (SUNDAY OFF)

• केन्द्रीय कर्मचारियों के लिए मान्यता प्राप्त • कैंश्लैस इन्श्योरेंस एवं टी.पी.ए. सुविधा उपलब्ध
• For Appointment Please Contact : 9111004046

स्वामी विद्यानंद भारती आई बँक
नेत्रदान
कॉर्पोरेट और कार्यालयों के अपने परिवार को सम्मानित करने के लिए नेत्रदान के लिए सम्पर्क करें : 9111004046

Patient name	MR. MAHENDRA PRAKASH MEENA	Age/sex	30Y /M
Ref. By	HCP	Date	27.01.24

USG WHOLE ABDOMEN

The **Liver** is normal in size and outline. It shows a diffuse hyper echopattern. No obvious focal pathology is seen. The intra and extra hepatic biliary passages are not dilated.

The **Gall Bladder** is normal in size, has normal wall thickness with no evidence of calculi.

The **Pancreas** is normal in size and echogenicity. Its outlines are distinct. No obvious focal lesion, calcification or ductal dilatation is seen.

Spleen is normal in size and echogenicity.

Both **Kidneys** are normal in position, outline and echogenicity. No evidence of calculi or calyceal dilatation is seen.

There is no evidence of ascites.

The **Urinary Bladder** is normal in size and outline. There is no evidence of any obvious intraluminal or perivesical pathology

The **Prostate** is normal in size.. It shows a uniform parenchymal echogenicity and smooth outlines with no evidence of focal or diffuse lesion seen.

Impression:-

- **Fatty liver.**

Please correlate clinically.

DR. ANOOP ARYA (SINGHAL)
DMRD, DNB (RADIO DIAGNOSIS)



Prakash meena, Mr mahendra

Patient ID 160592

01/27/2024

3:32:02pm

PRETEST

SUPINE

00:14

BRUCB

0.0 amph

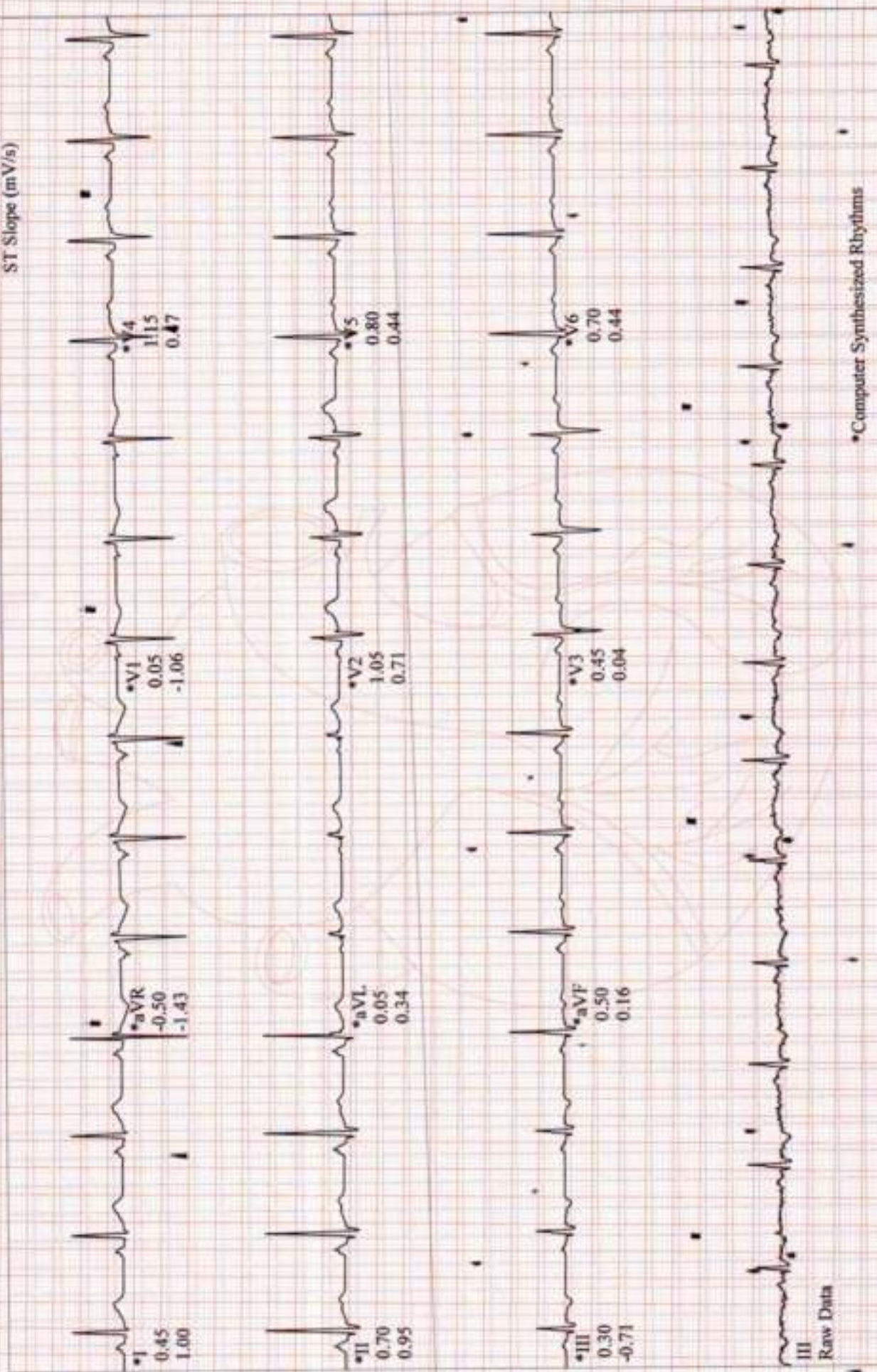
0.0 %

81 bpm

Lead

ST Level (mm)

ST Slope (mV/s)



Raw Data

Computer Synthesized Rhythms

Patient name	MR. ARUN KUMAR	Age/sex	36Y/M
Ref. By	160586	Date	27.01.24

XRAY CHEST

- Bilateral hila are prominent.
- Rest of the lung fields appear clear.
- Bilateral C.P. angles appear clear.
- Cardiac size within normal limits.
- Soft tissue shadow and bony thoracic cage appears normal.

Please correlate clinically.


DR. AKANKSHA MALVIYA
MBBS, MD (RADIOLOGY)