


Metro Hospital & Heart Institute, Haridwar
Health Check-up Certificate

COMPANY... Mediowheel

EMPLOYEE NO. 175874 DEPTT. Credit DATE 10-2-24
 NAME. Pankaj Srivastav AGE/SEX 35 yrs DOB 16-11-1988
 DESIGNATION. Officer MOBILE NO 9818144766
 CHEST (INSP) 4 cm. CHEST (EXP) 4 cm. CHEST EXPANSION 4 cm
 HEIGHT 171 cm. WEIGHT 79 Kg. BMI.....
 P/R 96 per mt. BP 126/95 mmHg SIGN OF EMP 

EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
1	LAB INVESTIGATIONS	Path Lab	Hb <u>14.1 gm/l</u>
	BLOOD SUGAR F/PP/RANDOM	Path Lab	TLC <u>6700</u> /DLC <u>60/30/04/06</u> FBS <u>123</u> /PP <u>123</u> /RBS <u>ABAC 5.9%</u>
	BLOOD GROUP	Path Lab	<u>A+</u>
2	URINE	Path Lab	<u>ALB - NIL Sugar - NIL</u>
3	STOOL	Path Lab	<u>SNR</u>
4	X RAY CHEST PA	Radiology	<u>Normal chest</u>
5	ULTRASONOGRAPHY (Whole Abd)	Radiology	<u>BITI fatty liver</u>
6	ECG	Health check up	<u>WNL</u>
7	ECHO	Radiology	<u>Normal study</u>
8	TMT	Radiology	
9	PFT	Health check up	
10	AUDIOMETRY	25	
11	ENT EXAM	25	
12	DENTAL EXAMINATION	24	<u>Adv. oral prophylaxis four acid hygiene</u>
13	ACUITY OF VISION/COLOUR VISION	13	<u>DR < 6/6 NV < 6/6 CV (C)</u>
14	EXAMINATION BY PHYSICIAN	23	<u>Dyslipidemia</u>
15	PSA		<u>0.86 ng/l (WNL)</u>

Observations - Lipid Profile - Dyslipidemia
LFT / WNL
KFT / WNL
Thyroid Profile - WNL
Adv. - To Counsel physician for Dyslipidemia

DR. NISHU KUMAR
 MBBS MD
 Consultant General Medicine
 Reg. No. UKMC-5845
 Metro Hospital & Heart Institute
 SIDCOL, Haridwar-249403 (U.K.)

Subject: Health Check up Booking Confirmed Request(bobE7260),Package Code-PKG10000474, Beneficiary Code-305362

Mediwheel <wellness@mediwheel.in>

Sent: Fri, 2 Feb 2024 18:19:32 GMT+0530

To: You

Cc: customercare@mediwheel.in

MedSave

011-41195959

Hi **Metro Hospital & Heart Institute**,

We have received the confirmation for the following booking. Please provide your confirmation by clicking on the yes and no button.

Hospital Package Name : Mediwheel Full Body Health Checkup Male Below 40

Patient Package Name : Mediwheel Full Body Health Checkup Male Below 40

Package Code : PKG10000474

Contact Details : 9818144766

Email : pankaj_ei_engg@yahoo.com

Booking Date : 01-02-2024

Appointment Date : 10-02-2024

Confirmation Status: Booking Confirmed

Preferred Time : 8:30am

Member Information

Booked Member Name	Age	Gender
MR. SRIVASTAVA PANKAJ	35 year	Male

We request you to facilitate the employee on priority.

Thanks,
Mediwheel Team

You have received this mail because your e-mail ID is registered with This is a system-generated e-mail **Arcofemi Healthcare Limited**, please don't reply to this message.

Please visit to our [Terms & Conditions](#) for more informaion. This email is recieved because you are register with us [Click here to unsubscribe](#).

@ 2024 - 25, Arcofemi Healthcare Pvt Limited. (Mediwheel)



भारत सरकार
Government of India



Issue Date: 12/12/2014



पंकज श्रीवास्तव
Pankaj Srivastava
जन्म तिथि/DOB: 16/11/1988
पुरुष/ MALE

5766 6310 4894
VID : 9184 3905 6761 2219

मेरा आभार, मेरी पहचान

Handwritten signature and date: 19/07/2024



भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India



पता:
पुंजा: सुरेन्द्र कुमार श्रीवास्तव, एन. नं. 443, गली नं. 05,
हटवेल पार्क के पास, हरमन्त पुरान गंगा नगर, ऋषिकेश
उत्तरांचल - 249201

Address:
C/O: Surendra Kumar Srivastava, H. No. 443,
Gali No. 05, Near Hatvel Park, Harumant
Purana Ganga Nagar, Rishikesh, Dehradun,
Uttarakhand - 249201



5766 6310 4894

VID : 9184 3905 6761 2219

1800 121234 | 1800 121234 | 1800 121234 | 1800 121234

LETTER OF APPROVAL / RECOMMENDATION

To:

The Coordinator,
Mediwheel (Arcofem HealthCare Limited)
Helpline number: 011-41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. SRIVASTAVA PANKAJ
EC NO.	175874
DESIGNATION	CREDIT
PLACE OF WORK	RISHIKESH
BIRTHDATE	16-11-1988
PROPOSED DATE OF HEALTH CHECKUP	10-02-2024
BOOKING REFERENCE NO.	23M175874100086688E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **30-01-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofem HealthCare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



METRO
HOSPITAL & HEART INSTITUTE
(A unit of Sunhill Hospitals Private Limited)
(NABH & ISO 9001: 2008 Certified)

Radiology Investigation Report

Name : Mr. Pankaj Srivastava
Ref. By : Dr. NITIN KUMAR
IP/OP : OP/202314942
Date : 10/02/2024

Age/Sex : 35 Y/M
UHID NO : 2024001529
Request No : 70247989

USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & **raised echotexture**. No focal area of abnormal echogenicity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.


Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

IMPRESSION : Grade I fatty liver.


DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

Note:

- (1) Not Valid for medical-legal purposes.
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- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403
Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043
E-mail : metroharidwar@metrohospitals.com. Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01

Mr Pankaj Srivastava

35Y/M

10-2-24

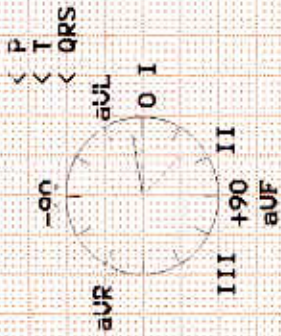


Measurement Results:

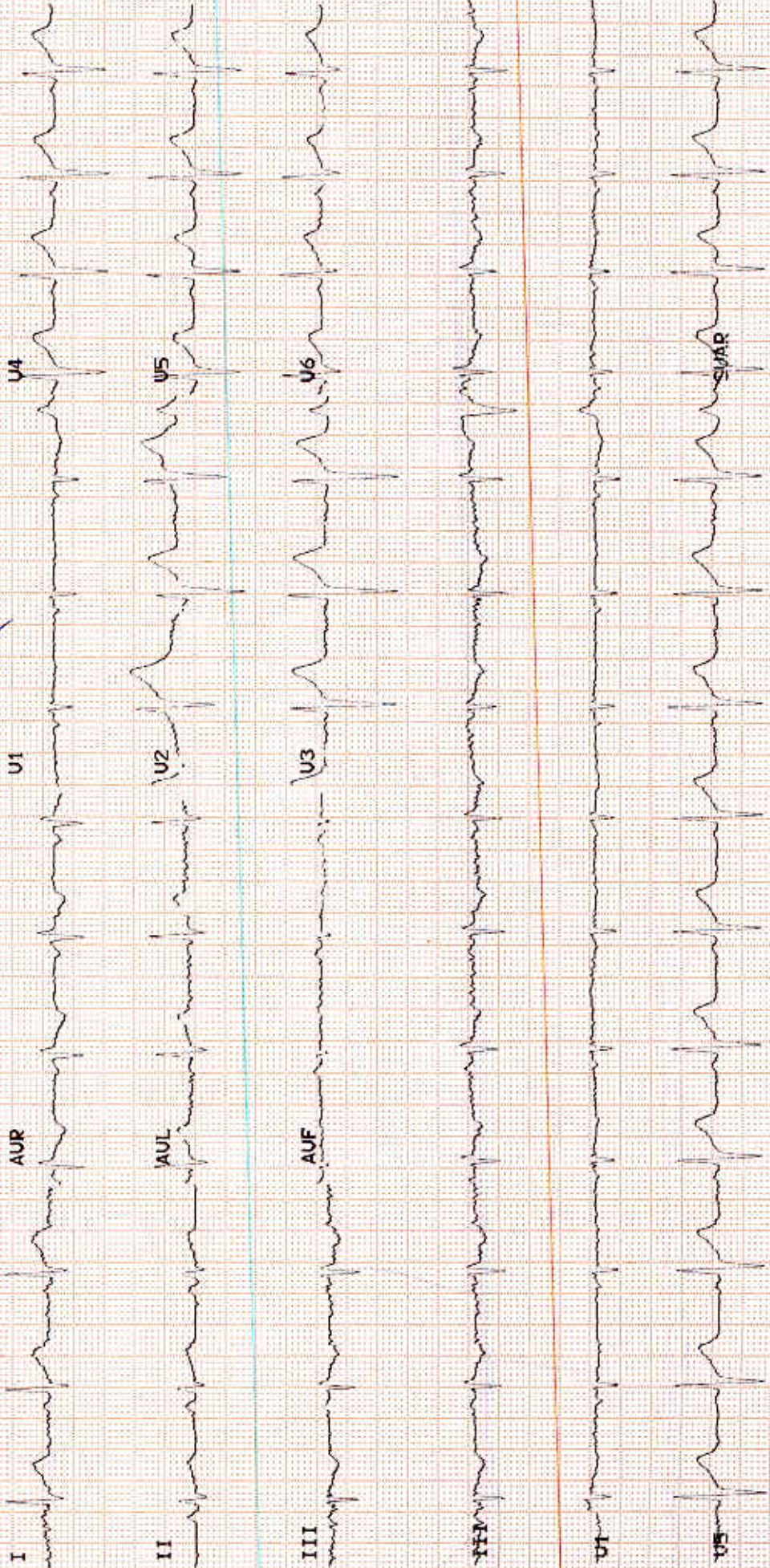
QRS : 92 ms
 QT/QTcB : 350 / 415 ms
 PR : 116 ms
 P : 88 ms
 RR/PP : 712 / 710 ms
 P/QRS/T : 45 / -10 / 0 degrees
 QTd/QTcBd : 54 / 64 ms
 Sokolow : 1.0 mV
 NK : 8

Interpretation:

short PR interval
 minor left axis deviation
 R/S inversion area between U5 and U6
 borderline ECG



Unconfirmed report.





METRO HOSPITAL & HEART INSTITUTE

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(NABH & ISO 9001: 2008 Certified)

Patient Name... Mr. Pankaj Sharma Age/Sex... 35yr/M Reg. No... MMH/202400-1529
Doctor... Dr. Naman Aggarwal
Date... 10/2/24 Time... 10:15

DENTAL EXAMINATION

No. visiting occasionally

➤ TEETH STATUS

= findings present

• MISSING -

76

• DECAYED -

Restored

77

76

➤ ORAL HYGIENE STATUS =

fair oral prophylaxis

• STAINS -

77

• CALCULUS -

77

Adv. oral prophylaxis
restored 76

NAMAN AGGARWAL
P.D.S.
SENIOR DENTAL CONSULTANT
Metro Hospital & Heart Institute
Sector 14, Gurgaon, Haryana. Pin No.- 249403



METRO
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we treat... HE CURES

**Metro Hospital
& Heart Institute**

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Patient Name Mr. Pankaj Age/Sex 35/M Reg. No. _____

Doctor's Name Dr. Sushil Kumar

Date 10/02/2024 Time _____

OPHTHALMIC EXAMINATION

VISION

DISTANCE VISION-

Rt 6/6

Lt 6/6

NEAR VISION-

Rt nb

Lt nb

COLOUR VISION

normal BF

EYE EXAMINATION

Cornea

Ant Chamber

Pupil

Fundus Examination

ADVICE-

Dr. Sushil Kumar MBBS, MS (Ophtho)
Consultant Ophthalmologist
Metro Hospital
Sidcul, Haridwar Reg. No.-2672 (UK)

Sushil Kumar
Signature

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01

**METRO**

HOSPITAL & HEART INSTITUTE

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Radiology Investigation Report

Name	: Mr. Pankaj Srivastava	Age/Sex	: 35 Y/M
Ref. By	: Dr. NITIN KUMAR	UHID NO	: 2024001529
IP/OP	: OP/202314942	Request No	: 70247989
Date	: 10/02/2024		

X-RAY CHEST PA View

Cardiac contour & size are normal.

Trachea is central.

Lung fields are clear.

Hilar shadows are normal.

Costophrenic angles are clear.

Bony rib cage is normal.

IMPRESSION: NORMAL CHEST.


DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

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Name : Mr. Pankaj Srivastava
 Ref. By : Dr. NITIN KUMAR
 IP/OP : OP/202314942
 Sample Date : 10/02/2024
 Reporting Date: 10/02/2024

Request No. : 10390905
 Sample Time : 10:16
 Reporting Time : 21:45

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Hematology				
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)				
HB	14.1	gm/dl	M - 13-18	
TLC	6700	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	60	%	45-75	
LYMPHOCYTES	30	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
BASOPHILS	00	%	--<2	
RBC	4.56	million	3.5-5.5	
PCV	45.3	%	36-52	
MCV	99.3	fL	80-100	
MCH	30.9	PG	27-32	
MCHC	31.1	gm/dl	31-37	
PLATELET COUNT	2.52	lakh/cumm	1.5-4.5	
RDW	12.4	%	11.5-15	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)



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4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

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UHID : 2024001529

Request No. : 10390905

Sample Time : 10:16

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Name : Mr. Pankaj Srivastava
 Ref. By : Dr. NITIN KUMAR
 IP/OP : OP/202314942
 Sample Date : 10/02/2024
 Reporting Date: 10/02/2024

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Biochemistry				
LIPID PROFILE				
TOTAL CHOLESTEROL	252.0	mg/dl	00-250.0	
HDL-CHOLESTEROL	46.0	mg/dl	00-50.0	
LDL	168.0	mg/dl	00-150.0	
TRIGLYCERIDES	190.0	md/dl	30-150	
VLDL	38.0	mg/dl	0-50	
CHOL/HDL Ratio	3.5		<4.5	
LFT (LIVER FUNCTION TEST)				
BILIRUBIN INDIRECT	0.30	mg/dl	0.2-0.8	
SGOT	25.0	U/L	10-42	
SGPT	29.0	U/L	10-42	
BIILIRUBIN TOTAL	0.60	mg/dl	0.2-1.0	
ALKALINE PHOSPHATASE	77.0	IU/L	28-111	
BILIRUBIN DIRECT	0.30	mg/dl	0.1-0.4	
TOTAL PROTEIN	7.5	gm/dl	6.4-8.2	
ALBUMIN	4.0	g/dl	3.5-5.0	
GLOBULIN	3.5	gm/dl	2.0-4.0	
AG RATIO	1.1		-	
KFT (KIDNEY FUNCTION TEST)				
UREA	18.6	mg/dl	15-45	
SODIUM	148.0	mmol/L	135-155	
CREATININE	0.62	mg/dl	0.6-1.3	
URIC ACID	6.0	mg/dl	3.0-7.6	
BUN	8.8	mg/dl	05-20	
POTTASSIUM	4.5	mmol/L	3.5-5.5	
CALCIUM	9.1	mg/dl	8.5-10.5	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)



Checked By

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Pathology Report



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Age/Sex : 2024001529 (NABH & ISO 9001:2008 Certified)

UHID : 2024001529

Request No. : 10390905

Sample Time : 10:16

Reporting Time : 21:45

Name : Mr. Pankaj Srivastava
 Ref. By : Dr. NITIN KUMAR
 IP/OP : OP/202314942
 Sample Date : 10/02/2024
 Reporting Date: 10/02/2024

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Biochemistry				
HB1AC	5.9	%	4.5-6.3	
BLOOD SUGAR -FASTING	86.0	mg/dl	70.0-110.0	
BLOOD SUGAR -PP	123.0	mg/dl	70.0-140.0	
Hematology				
BLOOD GROUP				
ABO	A	-	-	
Rh	POSITIVE	-	-	
ESR	13	mm/hr	20	
Serology & Immunology				
THYROID PROFILE				
T3	2.53	nmol/L	1.70-3.10	
T4	11.5	µg/dl	5.95-15.4	
TSH	3.46	µIU/L	0.46-4.68	
PSA TOTAL	0.86	ng/mL	0.0-4.0	

*** End of Reports ***

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 (Consultant Pathologist)

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Test	Result	Unit	Bio. Ref. Inter.	Test Method
Urine Examination				
URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW	-	-	-
TRANSPARENCY	CLEAR	-	-	-
S. GRAVITY	1.010	-	-	-
CHEMICAL EXAMINATION				
ALBUMIN	NIL	-	-	-
SUGAR	NIL	-	-	-
pH	6.5	-	-	-
BLOOD	NIL	-	-	-
KETONE	NIL	-	-	-
MICROSCOPIC EXAMINATION				
PUS CELLS	2-3	-	-	-
EPITHELIAL CELLS	1-2	-	-	-
RBC	NIL	-	-	-
CRYSTALS	NIL	-	-	-
CAST	NIL	-	-	-
BACTERIA	NIL	-	-	-
AMORPHOUS PHOSPHATE	NIL	-	-	-
AMORPHOUS URATES	NIL	-	-	-

*** End of Reports ***

Dr. Vishal Arora
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(NABL # 150 9001: 2008 Certified)

Name : Mr. Pankaj Srivastava
 Ref. By. : Dr. NITIN KUMAR
 IP/OP : OP/202314942
 Sample Date : 10/02/2024
 Reporting Date: 10/02/2024

Age/Sex : 55 F
 UHID : 2024001529
 Request No. : 10390905
 Sample Time : 10:16
 Reporting Time : 21:45

Test	Result	Unit	Bio. Ref. Inter.	Test Method
------	--------	------	------------------	-------------

Serology & Immunology

PSA TOTAL	0.86	ng/mL	0.0-4.0	✓
-----------	------	-------	---------	---

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)


Note:

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
3. These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
4. All card based tests are screening test therefore need confirmation by other alternative test like(PCR,ELISA).

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MHHI/CL/0115/Rev. No. 01



2D ECHOCARDIOGRAPHY

Name:	Mr. Pankaj Srivastava	UHID No:	2024001529
Age/Sex:	35Y/M	Ward:	OPD
Referred by:	Dr. Nitin Kumar	Date:	10.02.2024

ACOUSTIC WINDOW: Normal

MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.1	(0.6 – 1.1 cm)
LVPW (ED)	1.1	(0.6 – 1.1 cm)
LVID (ED)	4.4	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.8	(2.0 – 3.7 cm)
LA dimension	2.8	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	55%	(55 – 75%)

MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 80, A – 60, E/A>1	
Aortic	Nil	Vel – 126	
Tricuspid	Trace	Vel – 212	PASP – 23
Pulmonary	Nil	Vel – 114	

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FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~55%
- No LVDD
- Trace mR, Trace TR, PASP 23 mmHg
- No pericardial effusion
- No Intracardiac clot

Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)
Consultant Interventional Cardiology
UKMC Reg. No: 12883



Dr. Ajit Kumar

MBBS, PGDCC
Associate Consultant, Cardiology
UKMC Reg. No: 7569

(Note: This document is not for medico-legal purpose)

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