

UHB.0001087745
1R. SHIV SHANKAR
Age: 33Year(s) Year(s)/Male
3 Jul 2022 8:48:28 AM



163.5 cm 79.4 kg

HR 138 bpm

BP 138/81

ECG

HR 138 bpm

ECG - 9.8 /

$\frac{138}{81}$
mmHg

Screening Echo Report

Normal LV Systemic
Function
IC (LVID)
LV EF: 60%

Dr. MENTALI

MBBS, DNB Family Medicine
Senior Consultant
Reg. No. ANPDC/2009/4444

Mr. SHIV SHANKAR

M/33



Age/sex	Fat Risk Assessment	79.9	163.5	77	135/81
NKDD	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

- Routine H/C

- mixed diet
- sedentary
- FH: NU sig (+)

- (1) Inc (DL C 12) w/ 1 db
- (2) Fatty liver

Adv:

- Low fat, high fiber diet
- Regular exercise
- weight reduction

Kindly get this document scanned at the counter for the record purpose

Real

signature and Date





MC 2847

DEPARTMENT OF BIOCHEMISTRY

Name : Mr. SHIV SHANKAR
 UHID : AHB.0001087745 / AHBHC106912
 SIN \ LRN : 7853410 \ 3438662
 Specimen : Plasma
 Ref Doctor : Dr. MHC

Age : 33Yr 4Mth 21Days Gender : Male
 W/BN/RefNo : AHC



Collected on : 23-JUL-2022 11:33:29 AM

Received on : 23-JUL-2022 12:28:51 PM

Reported on : 23-JUL-2022 01:21:45 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)	70	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL)			

Report Status: Final

* - Abnormal Value

* END OF REPORT *

CHECKED BY 138762
723076

Printed On : 23-JUL-2022 01:56:50 PM

Govindaraju N L
 GOVINDARAJU N L Dr. SABHARI PRIYA S
 Clinical Biochemist Registrar

YOUR CLINICAL TEST RESULTS

Mr. SHIV SHANKAR

MALE / 33 Yrs / AHB.0001087745 / AHBHC106912

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

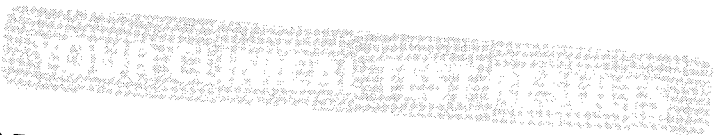
HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	15.4	g/dL	●	13-17
Oxyhemoglobin method(Photometric measurement)				
RBC Count (Impedance)	5.24	x(10) ¹² /l	●	4.5 - 5.5
Packed cell volume (Calculated)	47	%	●	40 - 50
MCV (Derived from RBC histogram)	89	fl	●	83 - 101
MCH (Calculated)	29	pg	●	27 - 32
RDW (Calculated)	14.9 *	%	●	11.60-14.00
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	191	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	6.1	x(10) ⁹ /l	●	4 - 11
Neutrophils	60	%	●	40 - 80
Lymphocytes	31	%	●	8.6 - 23.8
Monocytes	8	%	●	2 - 10
Monocytes	8	%	●	2 - 10
Eosinophils	1	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	8	mm/1st hr	●	Adult Male- 0 - 10

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		Clear
Appearance	Clear			

 Within Normal Range
  Boderline High/Low
  Outside Range



Mr. SHIV SHANKAR

MALE / 33 Yrs / AHB.0001087745 / AHBHC106912

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Test Name	Result	Unit	Level	Range
pH	6.0			
Specific Gravity	1.010 *			
Protein :	NEGATIVE		●	1.016 - 1.022
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL		NEGATIVE
Blood :	TRACE-INTACT		●	0.2 - 1.0
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	1-2 /h.p.f	Cells/hpf		NEGATIVE
Pus Cells	1-2 /h.p.f	/HPF		0 - 2
Epithelial Cells	Occasional			0 - 5
				Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	B			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	22	U/L	●	
GLOBULIN - SERUM - CALCULATED	2.9	g/dL	●	<= 50
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.6		●	Adult 2.0 - 4.0
ALBUMIN - SERUM	4.7	g/dL	●	0.8 - 2.0
ALKALINE PHOSPHATASE - SERUM	86	U/L	●	Adult- 3 5-5.2
AST (SGOT) - SERUM	23	U/L	●	Adult: 30 - 120
			●	<= 50

Within Normal Range
 Boderline High/Low
 Outside Range



Mr. SHIV SHANKAR

MALE / 33 Yrs / AHB.0001087745 / AHBHC106912

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

BILIRUBIN, TOTAL - SERUM	2.33 *	mg/dL	●	0.30-1.20
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NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	102	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	188	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.02	mg/dL	●	Male : 0.9 - 1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	23	U/L	●	<= 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	90	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.4	%	●	"NON-DIABETICS <= 5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >= 6.5"

LIPID PROFILE TEST (PACKAGE)

● Within Normal Range ● Boderline High/Low ● Outside Range



Mr. SHIV SHANKAR

MALE / 33 Yrs / AHB.0001087745 / AHBHC106912

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	47	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	127 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.7	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	138	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	120.33	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	8.8	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	145	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"

● Within Normal Range ● Boderline High/Low ● Outside Range

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Mr. SHIV SHANKAR

MALE / 33 Yrs / AHB.0001087745 / AHBHC106912

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

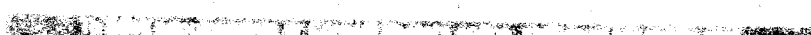


Within Normal Range

Boderline High/Low



Outside Range



DEPARTMENT OF RADIOLOGY

Patient's Details	: Mr. SHIV SHANKAR	M	033Y
UHID	: AHB.0001087745	Ward/Bed No.	: AHC /
I.P.No./Bill No.	: AHBHC106912	Scanned on	: 23-Jul-2022
Accession Number	: 10601.122074054	Reported On	: 10:31
Referring Doctor	: Dr. MHC		: 23-Jul-2022

X-RAY CHEST PA VIEW

Clinical Information : health check-up

Positional rotation present.

Lung fields appear clear bilaterally with normal bronchovascular markings.

Cardiac silhouette and cardiothoracic ratio appear normal.

Costophrenic angles appear normal on both sides.

Domes of the diaphragm appear normal.

Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.

Suggested clinical correlation.

Dr Salim Shaikh
Sr Resident

DEPARTMENT OF RADIOLOGY

Patient's Details	: Mr. SHIV SHANKAR	M 033Y
UHID	: AHB.0001087745	Ward/Bed No. : AHC /
I.P.No./Bill No.	: AHBHC106912	Scanned on : 23-Jul-2022 11:35
Accession Number	: 10601.222061440	Reported On :
Referring Doctor	: Dr. MHC	

ULTRASOUND WHOLE ABDOMEN
Clinical Information: General health checkup.

Liver appears enlarged in size (~ 165 mm), shows diffuse increase in parenchymal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gallbladder: Contracted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening noted.

Prostate appears normal in size. Normal echotexture within the gland.

IMPRESSION:

Hepatomegaly with fatty infiltration of liver.

- Suggested clinical correlation.

(Enclose reports) Mn

Dr. M MADHUKAR
RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APOLO HOSPITALS
BANNERGATTA ROAD
BANGALORE

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: SHIV SHANKAR,
Patient ID: AHB/1087745
Height: 163 cm
Weight: 79 kg

DOB: 02.03.1989
Age: 33yrs
Gender: Male
Race: Indian

Study Date: 23.07.2022
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: Grace

Medications:

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Medical History:

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Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:05	0.00	0.00	104	130/80	
	STANDING	00:03	0.00	0.00	104	130/80	
	HYPERV.	00:03	0.00	0.00	107	130/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	130	150/80	
	STAGE 2	03:00	2.50	12.00	142	150/80	
	STAGE 3	02:02	3.40	14.00	166	160/80	
RECOVERY		03:13	0.00	0.00	114	130/80	

The patient exercised according to the BRUCE for 8:01 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 105 bpm rose to a maximal heart rate of 169 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

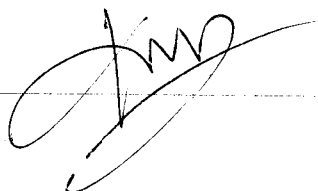
Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician



Technician



1087745
33 Years

SHIV SHANKAR
Male

23-Jul-22 9:13:56 AM

Rate 73

PR 152
QRSd 100
QT 346
QTc 382

--AXIS--

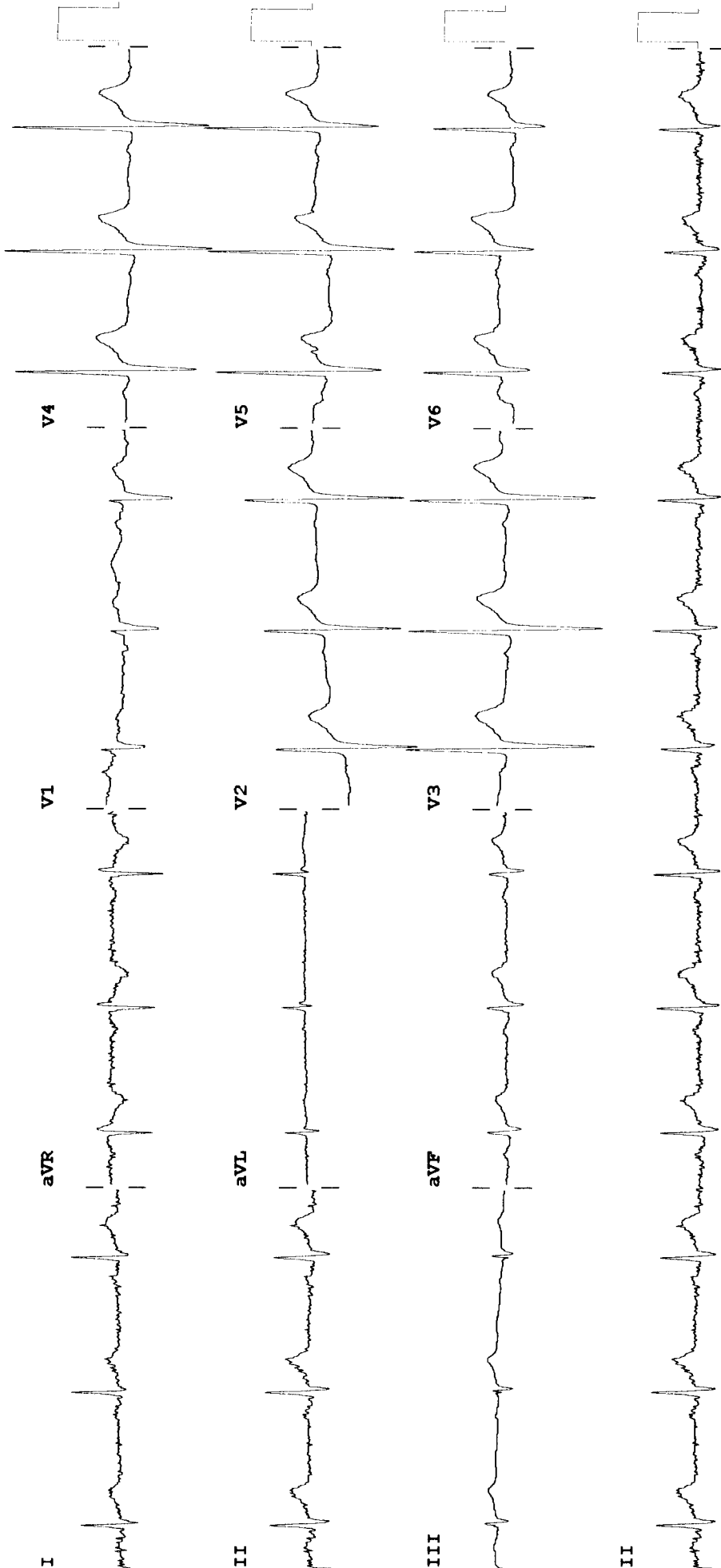
P 47
QRS 28
T 53

12 Lead; Standard Placement

HB 0001087745
MR. SHIV SHANKAR
Age: 33 Year(s) Male
3 Jul 2022 8:48:27 AM



>>> Acute MI <<<



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

100B

CL

P?