

Name : Mr. NAVIN KUMAR SINGH (55 /M)

Date : 06/10/2022

Address : PIYUSH HOUSE SAIPRASAD APTT 01 FC-02 VIMAN NAGAR NAGAR OJHAR MIG
NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000042681

Package : MediWheel Full Body Health Checkup Male Above 40

AHC No : NSKAH27862



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Hypertension, Heart disease, Stroke, Asthma, COPD, Cancer
Diabetes mellitus : Since - 3 yrs; Medication - regular; - Tab- Amryl -5600 mg
Thyroid disease : Since - 3 yrs; Medication - regular; - Tab- Thyarocare-75 mg



DRUG ALLERGY

NO KNOWN ALLERGY

:06/10/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Past medical history - nil significant

Covid 19 - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1,Covid Dose2



Personal history

Marital status - Married
No. of children - 03
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active



Family history

Father - has expired
Aged - 108 yrs
Mother - has expired
Aged - 80 yrs
Brothers - 2
Sisters - 2
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 170
Weight - 91.7

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BMI - 31.73
Pallor - No
Oedema - no
Temperature - 97.8
SpO2 - 98



Cardiovascular system

Heart rate (Per minute) - 81
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 140
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No

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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.020		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Negative			
Sugar:	Negative			
pH	5.5		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	0	/hpf	●	0-2
WBC/Pus Cells	0-2	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	5-7	/hpf		

Lymphocytes	43	%	●	20-45
Eosinophils	03	%	●	1-6
Monocytes	05	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	08	mm/1st hr	●	0-10

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	23 *	U/L	●	30-65
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.5	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.3		●	1.1-1.8

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	15.8	g/dl	●	13.0-18.0
Haematocrit	49.9	%	●	39.0-54.0
RBC COUNT	5.80	Million/ul	●	4.2-6.5
MCV	85.9	fl	●	75.0-95.0
MCH	27.2	pg	●	26.0-32.0
MCHC	31.7	g/dl	●	31.0-36.0
RDW	15.6	%	●	11-16
Platelet Count(Optical/Impedance)	244	10 ⁹ /m ³	●	140-440
TLC Count	6.8	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	49	%	●	45-75

ALKALINE PHOSPHATASE - SERUM/PLASMA	62	U/L	●	0-100
AST (SGOT) - SERUM	29	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	1.2 *	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	202 *	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.0	mg/dL	●	0.8-1.3

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	25	U/L	●	0-50

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	105 *	mg/dL	●	70-100
URINE GLUCOSE(FASTING): (Strip Method)	Nil			

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	96	mg/dL	●	70-140
URINE GLUCOSE(POST PRANDIAL):(Strip Method)	Nil			

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.7 *	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	161.2	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	51	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.0		●	0.0-4.5

LDL Cholesterol (Direct LDL) 129 mg/dL

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.1	g/dL	●	6.4-8.2

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	185	ng/dL	●	Healthy Adults: 69 - 215
TOTAL T4: THYROXINE - SERUM	8.2	µg/dL	●	Healthy Adults:5.2-12.7

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	98	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	6.1 *	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	19	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	9	mg/dL	●	7-18

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.3	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3	mg/dL	●	0.0-0.3

● Within Normal Range ● Borderline High/Low ● Out of Range

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BILIRUBIN 0.9 * mg/dL ● 0.0-0.7
UNCONJUGATED -
SERUM(Calculated)

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)	0.52	ng/mL	●	0.24-3

CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

Mild splenomegaly.

Mild prostatomegaly.

No other significant abnormality is detected.

Suggest : Clinical correlation.

X-RAY CHEST PA

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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

Haematology

STOOL ROUTINE

● Within Normal Range ● Borderline High/Low ● Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

8

ACCEPTABLE SCORE

8

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515