

Name : Ms. RAGINI SHARMA (35 /F)

Date : 13/08/2022

Address :

Examined by:

UHID : AMHL.0002000358

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH154630



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:16/08/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia - no; Piles - no

### Genitourinary system

Frequency - normal

### Gynaec history

Last menstrual period - 29.07.22; Periods - regular;  
No of Children - 2; Last child birth - 10 yrs back; No  
of deliveries - 2; Deliveries - LSCS

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes; Glasses  
for - refractive error

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Weight

- stable



### Present medications

- Nil



### Past medical history

Do you have any drug allergies? - No

Covid 19 - No



### Surgical history

Appendicectomy - at teenage

Caesarian section - 2010;2012



### Personal history

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Marital status - Married  
No. of children - 2  
Diet - Mixed Diet  
Alcohol - consumes alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild  
- home exercise

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal



#### Central nervous system

- No neurological deficit



#### Family history

Father - alive  
Mother - alive  
Brothers - 1  
Coronary artery disease - none  
Cancer - None



#### Skin

- No significant finding



#### Musculo Skeletal System

- No significant finding

## PHYSICAL EXAMINATION



#### General

Build - over weight  
Height - 159 Cm  
Weight - 68 Kg  
BMI - 26.9  
Pallor - No  
Oedema - no

#### Ophthalmology consultation



#### Cardiovascular system

Heart rate (Per minute) - 72  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 110  
Diastolic(mm of Hg) - 58  
Heart sounds - S1S2+

#### Respiratory system

Breath sounds - Normal vesicular breath sounds



#### Abdomen

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Ophthalmology findings - UCVA(BE):6/9

BCVA(BE):N6

COLOUR VISION:24/24 ALL READ

GENERAL HISTORY : NA

OCULAR MOVEMENTS : FULL

ANTERIOR SEGMENT :  
NORMAL

ACCEPTANCE  
RE: -1.50X175\*(6/6,N6)

LE: -1.25X10\*(6/6,N6)

ADVICE \*Glass use regularly \*Detail Dilated  
Funduscopy \* Review after 1 year/SOS

**Printed By** : Debjani Chowdhury

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	9.8 *	g/dl	●	12.0-15.0
RBC COUNT	3.95	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	30.7 *	%	●	36-46
MCV	77.8 *	fl	●	83-101
MCH	24.7 *	pg	●	27-32
MCHC	31.8	%	●	31.5-34.5
RDW	15.6 *	%	●	11.8-14.0
WBC Count	6900	/cu mm	●	4000-10000
Platelet Count	1.97	lacs/cu mm	●	1.5-4.0
Neutrophils	48	%	●	40-80
Lymphocytes	43 *	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	55 *	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	5-7
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	19	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	107 *	U/L	●	42-98
AST (SGOT) - SERUM	29	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	178	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 16 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 9.4 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 85 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 94 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 83 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 4.7 \* µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 4.7 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 2.8 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 39 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 116 \* mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 23 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 5.4 \* mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.3:1.0 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.8 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.4 g/dL ● 1.8-3.6

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2204674
SPECIMEN TYPE: Conventional cervical smear (Pap) x 1
SPECIMEN ADEQUACY: Satisfactory for evaluation without endocervical cells.
INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy,with no organism

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

ECG

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SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

#### **TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

#### **ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade-I fatty liver.

\* Bulky uterus.

#### **X-RAY CHEST PA**

Chest skiagram does not reveal any significant abnormality.

#### **INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

#### **Haematology**

STOOL ROUTINE

 Within Normal Range       Borderline High/Low       Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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