

Name : Mrs. ASHWINI NILESH POKHARKAR (31 /F)

Date : 28/10/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000133283

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH35827



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints



DRUG ALLERGY

NO KNOWN ALLERGY

:28/10/2023



Past medical history

Do you have any allergies? - No



Surgical history

Spinal surgery - 1yrs

Immunization history

- Covid Dose2



Personal history

Marital status - Married
No. of children - 02
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active



Family history

Father - alive
Aged - 57
Mother - alive
Aged - 50
Brothers - 01
Sisters - 03
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Height - 161
Weight - 69
BMI - 26.62
Pallor - No
Oedema - no
Temperature - 94.8
SpO2 - 99



Cardiovascular system

Heart rate (Per minute) - 74
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No

Printed By : Leena Ganpat Wakare

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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Nil			
Sugar:	Nil			
pH	5.5		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	0-2/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	1-2/hpf	/hpf		

Monocytes	07	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	14	mm/1st hr	●	0-20

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	20 *	U/L	●	30-65
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.2	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.1		●	1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	60	U/L	●	0-100

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	12.6	g/dl	●	11.0-16.0
Haematocrit	37	%	●	34.0-48.0
RBC COUNT	4.75	Million/ul	●	3.7-5.6
MCV	77.9	fl	●	75.0-95.0
MCH	27.8	pg	●	26.0-32.0
MCHC	35.7	g/dl	●	31.0-36.0
RDW	14.5	%	●	11-16
Platelet Count(Optical/Impedance)	233	10 ⁹ /m ³	●	140-440
TLC Count	5.45	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	61	%	●	40-75
Lymphocytes	30	%	●	20-45
Eosinophils	02	%	●	1-6

AST (SGOT) - SERUM	19	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	154	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.8	mg/dL	●	0.6-1.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA
GLUTAMYL
TRANSPEPTIDASE -
SERUM 12 U/L ● 0-50

TOTAL T3: TRI
IODOTHYRONINE -
SERUM 153 ng/dL ● Healthy Adults:
69 - 215
Pregnant
Women:
1st
Trimester:121-
308
2nd & 3rd
Trimesters:152-
362

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	87	mg/dL	●	70-100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	90	mg/dL	●	70-140

TOTAL T4:
THYROXINE - SERUM 8.4 µg/dL ● Healthy Adults:
5.2 - 12.7

Pregnancy:1stT
rimester:7.8 -
16.2
2nd & 3rd
Trimesters: 9.1
- 18.3

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	4.8	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	93.58	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	105	mg/dL	●	0-150

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	45	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.4		●	0.0-4.5
LDL Cholesterol (Direct LDL)	113	mg/dL		

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	0.4	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2 -3.5

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.0	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	8.0	g/dL	●	6.4-8.2

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	19	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	9	mg/dL	●	7-18

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
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URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.2	mg/dL	●	2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.6	mg/dL	●	0.0-0.7

CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

CERVICAL/VAGINAL SMEAR II SLIDE

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

2

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515