

EYE CHECK UP

DATE: 30/01/23 NAME: - 3 Lailq vo. Tadhao. AGE: 31/F.

HISTORY:-

EXAMINATIONS: Normal Vision

Vision:-

Near			Dist		Distance				
Right Eye	6/6	Nor	ma	6	6	1	oren	Sol	
Left Eye	616	with	Glasses	. 61	6	0	High	Glo	2529

Colour Vision (Tick Only)

NORMAL	
PARTIAL:RED/GREENDEFICIENCY	10 m
COMPLETE:RED/GREEN DEFICIENCY	

Doctor Signature DR RAJESH MAILAGIRE General Physician (MBBS) Reg No 2018/04/1055



HEALTH CHECK UP SUMMARY

	TIERE!!	CHECK OF JOHN				
Emp ID	Date	Refe	rred By	Location		
	31/01/23	Mediw	neel	kharaal.		
Employee Name		Gender	Age	SPO2		
Shqila	Jadhao	Female	3]	100		
Height (in CM)	Weight in Kg	BMI	Pulse (per min)	B P (mm of Hg)		
154	44		90	120/80		
	LFCH 1	s half	year back.			
Past History	Border	line G	. D. M			
A						
Present	weakn	e8S				
Complaints	overian eyst.					
	01:	-1-, ,-, \ \ \	profile ite	of 9 HhAIC		
	- Holv-	Truyrora	poortic ou	g. 5 Ponte		
ADVICE/SUGGES	TION: Tab	criamson	35%.			
	At e	o. bed tir	ne for 21	days from o		
		cycle				
	Ctree	dment fo	r overian	yst.		
		shelked 5		Gotal.		
	Afte	r lunch	3 month	200		
	Tab S	updian	Signatu	re of Medical Examiner		
	daily	after br	ruf fast	Dr. Shrideep Parab		
	3 mo			Obs & Gun 35. DG		
			ply reports	Reg. No. , MMC 2013/11/339		
	After 3	month	in opp.			



Age / Gender: 31 Yrs 4 M / Female

Mobile No.: 9096013822

Patient ID: 154

Source: MEDIWHEEL

Referral: SELF

Receiving Time: Jan 30, 2023

Sample ID:



Test Description	Value(s)	Reference Range	
THYROID FUNCTION TEST (TFT)			
T3-Total	1.45	0.6 - 1.80	ng/mL
T4-Total	10.0	4.5 to 10.9	microgm/dl
TSH-Ultrasensitive	1.25	0.35 to 5.55	microU/mL
Method : CLIA			

Interpretation

TSH levels may be affected by acute illness and drugs like doapamine and gluco corticoids .

Low or undetectable TSH is suggestive of Grave~s disease

TSH between 5.5 to 15.0 with normal T3 T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3 T4 with slightly low TSH suggests subclinical Hyperthyroidism.

TSH suppression does not reflect severity of hyperthyroidism therefore, measurement of FT3 & FT4 is important.

FreeT3 is first hormone to increase in early Hyperthyroidism.

Only TSH level can prove to be misleading in patients on treatment. Therefore FreeT3, FreeT4 along with TSH should be checked. During pregnancy, T3 T4 can be high and TSH can be slightly low

END OF REPORT

DR. SAGAR RAJENDRA SHETE REG. NO. 083463







Age / Gender: 31 Yrs 4 M / Female

Mobile No.: 9096013822

Patient ID: 154

Source: MEDIWHEEL

Referral: SELF

Receiving Time: Jan 30, 2023

Sample ID:

Test Description	Value(s)	Reference Range	
Blood Group Abo & Rh Typing, Blood			
Blood Group (ABO typing) Method : Manual-Hemagglutination	"O"		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		

END OF REPORT

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Sample ID :

Test Description	Value(s)	Reference Range	
LIPID PROFILE			
Cholesterol-Total Method : Spectrophotometry	156	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	83	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	45	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	94.40	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic (Calculated)	16.60	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	3.47	UP TO 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.10	UP TO3.5	
Note: 8-10 hours fasting sample is required.			

END OF REPORT

DR. SAGAR RAJENDRA SHETE REG. NO. 083463







Age / Gender: 31 Yrs 4 M / Female

Mobile No.: 9096013822

Patient ID: 154

At risk (Prediabetes)

Diagnosing Diabetes

Therapeutic goals for glycemic control

Source: MEDIWHEEL

Referral: SELF

Receiving Time: Jan 30, 2023

Sample ID:



Test Description	Value(s)	Reference Range	
GLYCOSYLATED HAEMOGLOBIN (GHB /	HBA1c)		
HbA1c (GLYCOSYLATED HEMOGLOBIN),	4.7		%
BLOOD			
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	88.19	-	mg/dL
Interpretation			
As per American Diabetes Association (ADA)			
Reference Group	HbA1c in %		
Non diabetic adults >=18 years	<5.7		

5.7 - 6.4

Age > 19 years Goal of therapy: < 7.0

Age < 19 years Goal of therapy: <7.5

>= 6.5

Note:

 Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.

Action suggested: > 8.0

2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183







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Sample ID:

Test De	scription	Value(s)	Reference Range	
9	212			
10	240			
11	269			
12	298			

END OF REPORT

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Sample ID:



Test Description	Value(s)	Reference Range	
LIVER FUNCTION TEST (LFT)			
Total Protein	7.11	6.6 - 8.3	g/dL
Method : Serum, Biuret, reagent blank end point			
Albumin	4.07	3.2 - 4.6	g/dL
Method : Serum, Bromocresol green			
Globulin	3.04	1.8 - 3.6	g/dL
Method : Serum, EIA			
A/G Ratio	1.34	1.2 - 2.2	
Method : Serum, EIA			
Bilirubin - Total	0.89	0.3 - 1.2	mg/dL
Method : Serum, Jendrassik Grof			
Bilirubin - Direct	0.20	< 0.2	mg/dL
Method : Serum, Diazotization			
Bilirubin - Indirect	0.69	0.1 - 1.0	mg/dL
Method : Serum, Calculated			
SGOT	13.5	Upto 40	U/L
Method : Serum, UV with P5P, IFCC 37 degree			
SGPT	10.4	Upto 42	U/L
Method : Serum, UV with P5P, IFCC 37 degree			
Alkaline Phosphatase	67	30 - 120	U/L
Method : PNPP-AMP Buffer/Kinetic			
GGT-Gamma Glutamyl Transpeptidae	35	< 38	U/L
Method : Serum, G-glutamyl-carboxy-nitoanilide			

END OF REPORT









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Sample ID:

Test Description	Value(s)	Reference Range	
Esr, Erythrocyte Sedimentation Rate			
ESR - Erythrocyte Sedimentation Rate	11	0-15	mm/hr
Method : EDTA Whole Blood, Manual Westergren			

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- · It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

END OF REPORT

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Sample ID:

Test Description	Value(s)	Reference Range	
RENAL FUNCTION TEST			
Uric Acid	4.04	3.2 - 7.2	mg/dL
Method : Serum, Uricase			
Creatinine	1.2	0.4 - 1.4	mg/dL
Method : Serum, Jaffe			
Urea	22	10 - 50	mg/dL
Method : Uricase			
Blood Urea Nitrogen-BUN	10.28	8 - 23	mg/dL
Method : Serum, Urease			

Remark:

In blood, Urea is usually reported as BUN and expressed in mg/dl. BUN mass units can be converted to urea mass units by multiplying by 2.14.

END OF REPORT

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Sample ID :

Test Description	Value(s)	Reference Range		
Complete Blood Count				
WBC	9300	4000-10000	cell/cu.mm	
Neu%	70	50 - 70	%	
_ym%	25	20.0 - 40.0	%	
Mon%	03	3.0 - 12.0	%	
Eos%	02	0.5 - 5.0	%	
Bas%	00	0.0 - 1.0	%	
RBC	4.46	4.0 - 5.50	10^6/uL	
HGB	13.3	12.0 - 16.0	g/dL	
HCT	36.8	40.0 - 54.0	%	
MCV	81.2	83 - 101	fL	
MCH	29.5	27 - 32	pg	
MCHC	36.1	31.5 - 34.5	g/dL	
RDW-CV	12.9	11.0 - 16.0	%	
RBC	Normocytic normochromic			
WBC	Within normal limits			
Platelet	Adequate	Adequate		

END OF REPORT









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Sample ID:

Test Description	Value(s)	Reference Range			
FASTING BLOOD SUGAR					
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	75	Normal: 70 - 99 mg/dL Impaired Tolerance: 100-125 Diabetes mellitus: >= 126 (on more than one occassion) (American diabetes association guidelines 2018)			
Urine Fasting	Absent				

END OF REPORT

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Sample ID:

Test Description	Value(s)	Reference Range	
PPBS			
Blood Glucose-Post Prandial	103	70 - 140	mg/dL
Method : Hexokinase			
Urine Post Prandial	Absent		

END OF REPORT

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Sample ID :

Test Description	Value(s)	Reference Range	
URINE ROUTINE EXAMINATION			
Volume*	20	-	ml
Colour*	Pale Yellow		
Transparency (Appearance)*	Clear		
Deposit*	Absent		
Reaction (pH)*	6.5	4.5 - 8	
Specific Gravity*	1.025	1.010 - 1.030	
Chemical Examination (Automated Di	pstick Method) Urine		
Urine Glucose (sugar)*	Absent		
Urine Protein (Albumin)*	Absent		
Microscopic Examination Urine			
Pus Cells (WBCs)*	0-1	0 - 5	/hpf
Epithelial Cells*	1-2	0 - 4	/hpf
Red blood Cells*	Absent		/hpf
Crystals*	Absent		
Cast*	Absent		
Bacteria*	Absent		
Mucus Thread	Absent		

END OF REPORT

DR. SAGAR RAJENDRA SHETE REG. NO. 083463







Patient Name : MRS. SHAILA JADHAO Date : 30 Jan 2023

Referred By : MADYOASIS MEDICAL SERVICES Age : 31 YEARS Sex : F

USG ABDOMEN AND PELVIS

Liver:

The liver is normal in size, shape and echotexture. No focal lesion is seen. The intrahepatic biliary radicles are normal. The common bile duct and the portal vein appears normal.

Gall Bladder:

The gall bladder is well distended. No calculus is seen. The wall thickness is normal.

Pancreas:

The pancreas is normal in size and shape. No focal lesion or calcifications are seen within it. The pancreatic duct is normal.

Spleen:

The spleen is normal in size and measures 10 cm. No focal lesion is seen.

Kidneys:

The right kidney measures 9.8 x 4.6cm. The left kidney measures 9.6 x 5.3cm. Both kidneys show normal parenchymal echotexture. The corticomedullary differentiation is maintained bilaterally. The pelvicalyceal system is normal in both the kidneys.

Aorta/IVC:

The aorta and IVC appear grossly normal. No ascites or lymphadenopathy is seen.

Urinary bladder:

The bladder is well distended. The wall thickness is normal. No vesical calculus is seen.

Uterus and ovaries:

The uterus is anteverted and measures $7 \times 4.3 \times 3.4$ cm in size. The endometrial thickness measures 6 mm. No focal lesion is seen within the myometrium. No adnexal mass is seen on either side. Right ovary appears normal. Left ovarian simple cyst seen measuring 51×41 mm and 28×20 mm.

Impression:

Left ovarian simple cyst seen measuring $51 \times 41 \text{ mm}$ and $28 \times 20 \text{ mm}$. No other significant abnormality seen at present scan.

Dr. GANESH SANAP (MBBS,DMRD, DNB) Consulting Radiologist



Patient Name : MRS. SHAILA JADHAO Date : 30 Jan 2023

Referred By : MADYOASIS MEDICAL SERVICES Age : 31 YEARS Sex : F

X RAY CHEST PA VIEW

Both the lung fields are clear.

Both diaphragmatic domes have normal contours and positions.

Cardio-aortic silhouette has a normal appearance.

There is no evidence of any pleural effusion.

Bony thorax appears normal

CONCLUSION:

No obvious abnormality seen at present study.

Dr. GANESH SANAP (MBBS,DMRD, DNB) Consulting Radiologist



Patient Name : MRS. SHAILA JADHAO Date : 30 Jan 2023

Referred By : MADYOASIS MEDICAL SERVICES Age : 31 YEARS Sex : F

2D ECHOCARDIOGRAPHY & COLOUR DOPPLER STUDY

Monday, January 30, 2023

Left Ventricle:

The left ventricle is normal in size. No e/o RWMA.

The left ventricular ejection fraction is normal .

Left Atrium:

The left atrium is normal size. No clot.

Right Ventricle:

The right ventricular is normal size. There is normal right Ventricular wall thickness.

Aorta:

The aortic root is normal.

Pulmonary Artery:

The Pulmonary artery is normal.

Pericardium:

There is no pericardial effusion. No calcification.

Aortic Valve:

The aortic valve is tri-leaflet with thin, pliable leaflets that move normally. There is no aortic Stenosis. No aortic regurgitation is present.

Mitral Valve:

The mitral valve leaflets are thin. Normal mitral gradients. There is no evidence of stenosis, prolapse. Diastolic flows are altered . No mitral regurgitation noted.

Tricuspid Valve:

The tricuspid valve leaflets are thin and pliable and the valve motion is normal. No tricuspid Regurgitation is noted.

Pulmonary Valve:

The pulmonary valve leaflets are thin and pliable and the valve motion is normal. No pulmonary Valvular regurgitation is noted.

Proximal Coronaries:

Not visualized.

IAS and IVS are intact.

M-MODE/2D PARAMETERS

AO	24	(23-37mm)
LA	24	(19-40mm)
RVD		(7-23mm)
LVD	39	(35-55mm)
LVS	28	(24-42mm)
IVS	8	(6-11mm)
LVPW	8.7	(6-11mm)
EF	55-60%	(50-70%)

Parameters in brackets indicate normal adult Values.

IMPRESSION:

- No e/o RWMA
- Normal EF.
- RA / RV not dilated.
- No e/o pulmonary hypertension
- Normal valves and velocities.
- No clot, vegetations or effusions.

Dr. GANESH SANAP (MBBS, DMRD, DNB) **Consulting Radiologist FELLOW 2D ECHO (IAE)**



Name : MRS.SHAILA JADHAO Age/Sex :31 Y/F

Ref By : MEDIOASIS MEDICAL SERVICE Date : 30/01/2023

ECG

Observations:

ECG done with in resting position with 10 leads.

Normal Sinus rhytm noted . NO E/O T wave inversion.

No obvious other abnormality.

ADv: CLINICAL CORRELATION.



Dr. MILIND SHINDE MBBS, DNB.