

CONCLUSION OF HEALTH CHECKUP

ECU Number	: 2828	MR Number	: 23204746	Patient Name	: SHEELA KALPESH PATEL
Age	: 49	Sex	: Female	Height	: 152
Weight	: 71	Ideal Weight	: 54	BMI	: 30.73
Date	: 12/04/2023				

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.



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ECU Number : 2828

Age : 49

Weight : 71

Date : 12/04/2023

MR Number : 23204746

Sex : Female

Ideal Weight : 54

Patient Name : SHEELA KALPESH PATEL

Height : 152

BMI : 30.73

Past H/O : P/H/O ALLERGIC RHINITIS ; K/C/O HYPERTENSION - ON MEDICATION SINCE 3 YRS ; K/C/O THYROID SINCE 10 YRS - ON MEDICATION.

Present H/O : NO MEDICAL COMPLAINTS AT PRESENT.

Family H/O : MOTHER : STROKE, HYPERTENSION, DIABETES, THYROID ; FATHER : IHD , HYPERTENSION , THYROID.

Habits : NO HABITS.

Gen.Exam. : G.C. GOOD

B.P : 140/90 mm Hg

Pulse : 96/MIN REG.

Others : SPO2 : 98 %

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :

ECU Number : 2828

Age : 49

Weight : 71

Date : 12/04/2023

MR Number : 23204746

Sex : Female

Ideal Weight : 54

Patient Name : SHEELA KALPESH PATEL

Height : 152

BMI : 30.73

Ophthalmic Check Up :

Right

Left

Ext Exam

Vision Without Glasses

Vision With Glasses

Final Correction

Fundus

Colour Vision

Advice

6/6 - 1.25 CYL I 90

N.6

+ 1.75 D SPH ADD

NORMAL

NORMAL

NIL

NORMAL

6/6 - 1.25 CYL I 90

N.6

+ 1.75 D SPH ADD

Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice

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Ideal Weight : 54

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Gynaec Check Up :

OBSTETRIC HISTORY -
MENSTRUAL HISTORY -
PRESENT MENSTRUAL CYCLE LMP : 20/03/2023
PAST MENSTRUAL CYCLE COMING EARLIER
CHIEF COMPLAINTS NIL
PA SOFT
PS Cx - (N) Vg - WHITE DISCHARGE +
PV UT NS Fx CLEAR
BREAST EXAMINATION RIGHT NORMAL
BREAST EXAMINATION LEFT NORMAL
PAPSMEAR TAKEN
BMD
MAMMOGRAPHY
ADVICE

Dietary Assessment

ECU Number : 2828
Age : 49
Weight : 71

MR Number : 23204746
Sex : Female
Ideal Weight : 54

Patient Name : SHEELA KALPESH PATEL
Height : 152
BMI : 30.73

Date : 12/04/2023

Body Type : Normal / Underweight / Overweight
Diet History : Vegetarian / Eggetarian / Mixed

Frequency of consuming fried food : / Day / Week or occasional
Frequency of consuming Sweets : / Day / or occasional
Frequency of consuming outside food : / Day / Week or occasional
Amount of water consumed / day : Glasses / liters

Life style assessment :
Physical activity : Active / moderate / Sedentary / Nil
Alcohol intake : Yes / No
Smoking : Yes / No
Allergic to any food : Yes / No
Are you stressed out ? : Yes / No
Do you travel a lot ? : Yes / No

General diet instructions :

Have small frequent meals.

Avoid fatty products like oil, ghee, butter, cheese.

Take salt restricted diet and avoid table salt.

Consume fibrous food regularly like whole grains, Daliya, Oats, Bajra, Flex seeds, Pulses, Fruits and Salads.

Keep changing your cooking oil every three months.

Avoid Maida, Starchy foods and Bakery products.

Consume 1-2 seervings of all fruits and vegetables, For Diabetic patients avoid Mango, Chikoo, Banana, Grapes and Custurd apple

Dring 3 to 4 liters (12 - 14 glass) of water daily.

Eat Beetroots, Figs, Almond, Walnut, Dates, Leafy vegetables, roasted Channa and Jeggary (Gur) for Heamoglobin in case of diabetic patient avoid Rasins, Dates and Jeggary

Drink green Tea or black Coffee once in a day.

Do brisk walking daily.



Patient Name : Mrs. SHEELA KALPESH PATEL Type : OPD
 Gender / Age : Female / 49 Years 7 Months 7 Days Request No. : 122231
 MR No / Bill No. : 23204746 / 241003818 Request Date : 12/04/2023 08:33 AM
 Consultant : Dr. Manish Mittal Collection Date : 12/04/2023 08:34 AM
 Location : OPD Approval Date : 12/04/2023 02:55 PM

CBC + ESR

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	13.3	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	4.65	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	39.7	%	36 - 46
Mean Corpuscular Volume (MCV)	85.4	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	28.6	pg	27 - 32
MCH Concentration (MCHC)	33.5	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	13.5	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	43.0	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	6.80	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	54	%	40 - 80
Lymphocytes	36	%	20 - 40
Eosinophils	4	%	1 - 6
Monocytes	6	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	3.71	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.48	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.22	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.36	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.03	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.1	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	273	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	7	mm/1 hr	0 - 12

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Patient Name	: Mrs. SHEELA KALPESH PATEL	Type	: OPD
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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Westergrens method, comparable to Westergrens method and in accordance to ICSH reference method.

--- End of Report ---

Dr. Sejal Odedra
M.D.Pathology

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Haematology

Test	Result	Units	Biological Ref. Range
Blood Group			
ABO system	O		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontrol.
- This method check`s group both on Red blood cells and in Serum for "ABO" group.

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Fasting Plasma Glucose

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	97	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	103	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimesion

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HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Heamoglobin (HbA1c)	6.2	%	
estimated Average Glucose (e AG) *	131.24	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

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Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides	72	mg/dL	1 - 150
<i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension)</i>			
< 150 Normal			
150-199 Borderline High			
200-499 High			
> 499 Very High			
Total Cholesterol	202	mg/dL	1 - 200
<i>(By enzymatic colorimetric method on RXL Dade Dimension)</i>			
< 200 mg/dL - Desirable			
200-239 mg/dL - Borderline High			
> 239 mg/dL - High			
HDL Cholesterol	56	mg/dL	40 - 60
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
< 40 Low			
> 60 High			
Non HDL Cholesterol (calculated)	146	mg/dL	1 - 130
<i>(Non- HDL Cholesterol)</i>			
< 130 Desirable			
139-159 Borderline High			
160-189 High			
> 191 Very High			
LDL Cholesterol	124	mg/dL	1 - 100
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
< 100 Optimal			
100-129 Near / above optimal			
130-159 Borderline High			
160-189 High			
> 189 Very High			
VLDL Cholesterol (calculated)	14.4	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	2.21		2.1 - 3.5
T. Ch./HDL Ch. Ratio	3.61		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

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Liver Function Test (LFT)

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / repeat may be requested.

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.38	mg/dL	0 - 1
Bilirubin - Direct	0.10	mg/dL	0 - 0.3
Bilirubin - Indirect	0.28	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	26	U/L	13 - 35
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	30	U/L	14 - 59
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	89	U/L	42 - 98
<i>(BY PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	17	U/L	5 - 55
<i>(By IFCC method on RXL Dade Dimension.)</i>			
Total Protein			
Total Proteins	8.27	gm/dL	6.4 - 8.2
Albumin	4.09	gm/dL	3.4 - 5
Globulin	4.18	gm/dL	3 - 3.2
A : G Ratio	0.98		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

---- End of Report ----

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 Gender / Age : Female / 49 Years 7 Months 7 Days
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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (By Urease Kinetic method on RXL Dade Dimension)	22	mg/dL	10 - 45
Creatinine (By Modified Kinetic Jaffe Technique)	0.64	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (By Uricase / Catalase method on RXL Siemens)	5.9	mg/dL	2.2 - 5.8

--- End of Report ---

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 Request No. : 122231
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Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3)	1.30	ng/ml	
<i>(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)</i>			
<i>Reference interval (ng/ml)</i>			
1-3 days	: 0.1 - 7.4		
1-11 months	: 0.1 - 2.45		
1-5 years	: 0.1 - 2.7		
6-10 years	: 0.9 - 2.4		
11-15 years	: 0.8 - 2.1		
16-20 years	: 0.8 - 2.1		
Adults (20 - 50 years)	: 0.7 - 2.0		
Adults (> 50 years)	: 0.4 - 1.8		
Pregnancy (in last 5 months)	: 1.2 - 2.5		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Thyroxine (T4)	11.80	mcg/dL	
<i>(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)</i>			
<i>Reference interval (mcg/dL)</i>			
1-3 days	: 11.8 - 22.6		
1-2 weeks	: 9.8 - 16.6		
1-4 months	: 7.2 - 14.4		
4-12 months	: 7.8 - 16.5		
1-5 years	: 7.3 - 15.0		
5-10 years	: 6.4 - 13.3		
10-20 years	: 5.6 - 11.7		
Adults / male	: 4.6 - 10.5		
Adults / female	: 5.5 - 11.0		
Adults (> 60 years)	: 5.0 - 10.7		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Thyroid Stimulating Hormone (US-TSH)	0.423	microIU/ml	
<i>(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)</i>			
<i>Reference interval (microIU/ml)</i>			
Infants (1-4 days)	: 1.0 - 39		
2-20 weeks	: 1.7 - 9.1		
5 months - 20 years	: 0.7 - 6.4		
Adults (21 - 54 years)	: 0.4 - 4.2		
Adults (> 55 years)	: 0.5 - 8.9		
<i>Pregnancy :</i>			
1st trimester	: 0.3 - 4.5		
2nd trimester	: 0.5 - 4.6		
3rd trimester	: 0.8 - 5.2		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			

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Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	5.5		
Specific Gravity	1.010		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Trace		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	1 - 5	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

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Multi-Detector CT Scan

Mammography

Interventional Radiology

Digital Subtraction Angiography

Foetal Echocardiography

Echocardiography

Patient No. : 23204746 Report Date : 12/04/2023

Request No. : 190060762 12/04/2023 8.33 AM

Patient Name : Mrs. SHEELA KALPESH PATEL

Gender / Age : Female / 49 Years 7 Months 7 Days

X-Ray Chest AP

Both lung fields are clear.
Both costophrenic sinuses appear clear.
Heart size is normal.
Hilar shadows show no obvious abnormality.
Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Dr. Priyanka Patel, MD
Consultant Radiologist



H-2015-0297

MC-3004

E-2015-0037

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- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

Patient No. : 23204746 Report Date : 12/04/2023
Request No. : 190060741 12/04/2023 8.33 AM
Patient Name : Mrs. SHEELA KALPESH PATEL
Gender / Age : Female / 49 Years 7 Months 7 Days

USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen

Liver is normal in size and echopattern. No mass lesion identified. The hepaticveins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured.
Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

Uterus is anteverted, normal in size and heterogeneous in echo pattern. Endometrium thickness is about 5 mm. No obvious mass lesion seen.

Uterine length : 62 mm.
A.P. : 35 mm.

No adnexal mass seen.

Urinary bladder is partially distended and appears normal.

No ascites.

COMMENT:

Heterogeneous echopattern of uterus—adenomayotic changes.

Kindly correlate clinically

Prerna C Hasani

Dr.Prerna C Hasani, MD
Consultant Radiologist



H-2015-0297

MC-3004

E-2020-037

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED



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ADVANCED DIGITAL SOLUTIONS

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

Patient No. : 23204746 Report Date : 12/04/2023
 Request No. : 190060765 12/04/2023 8.33 AM
 Patient Name : Mrs. SHEELA KALPESH PATEL
 Gender / Age : Female / 49 Years 7 Months 7 Days

Mammography (Both Breast)

Both side mammogram has been obtained in medio lateral oblique (MLO) as well as cranio caudal (CC) projections.

Both breasts show scattered fibro glandular parenchyma.

No obvious focal mass seen on either side.

No obvious micro/cluster calcification seen. Bilateral benign specks of calcifications are seen.

No obvious skin thickening or nipple retraction seen.

Bilateral benign axillary lymph nodes seen.

IMPRESSION:

No obvious focal mass in breasts.

BI-RADS category 2.

Kindly correlate clinically /Follow up

BIRADS: 0- needs additional imaging, 1- negative, 2- benign, 3- probably benign (require short term follow up), 4- suspicious (require further evaluation with biopsy), 5- highly suspicious for malignancy, 6- biopsy proven malignancy.

INFORMATION REGARDING MAMMOGRAMS:

- A REPORT THAT IS NEGATIVE FOR MALIGNANCY SHOULD NOT DELAY BIOPSY IF THERE IS A DOMINANT OR CLINICALLY SUSPICIOUS MASS.
- IN DENSE BREASTS, AN UNDERLYING MASS LESION MAY BE OBSCURED.
- FALSE POSITIVE DIAGNOSIS OF CANCER MAY OCCURE IN SMALL PERCENTAGE OF CASES.

Dr. Priyanka Patel, MD
Consultant Radiologist



• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Patient No. : 23204746 Report Date : 12/04/2023

Request No. : 190060761 12/04/2023 8.33 AM

Patient Name : Mrs. SHEELA KALPESH PATEL


Gender / Age : Female / 49 Years 7 Months 7 Days

Echo Color Doppler

MITRAL VALVE : NORMAL
AORTIC VALVE : TRILEAFLET, NORMAL
TRICUSPID VALVE : NORMAL, TRACE TR, PASP BY TR JET=12 MMHG
PULMONARY VALVE : NORMAL
LEFT ATRIUM : NORMAL
AORTA : NORMAL
LEFT VENTRICLE : NORMAL, NO REGIONAL WALL MOTION ABNORMALITY,
LVEF=60%
RIGHT ATRIUM : NORMAL
RIGHT VENTRICLE : NORMAL
I.V.S. : INTACT
I.A.S. : INTACT
PULMONARY ARTERY : NORMAL
PERICARDIUM : NORMAL
COLOUR/DOPPLER FLOW MAPPING : Grade I diastolic dysfunction, E/e'=9
Trace MR

FINAL CONCLUSION:

1. ALL CARDIAC CHAMBERS ARE NORMAL IN DIMENSIONS
2. NO REGIONAL WALL MOTION ABNORMALITY AT REST
3. NORMAL LV SYSTOLIC FUNCTION, LVEF=60%
4. NORMAL VALVES
5. GRADE I DIASTOLIC DYSFUNCTION
6. TRACE MR, TR, NO PULMONARY HYPERTENSION , (IVC COLLAPSING)
7. NO PERICARDIAL EFFUSION, CLOT VEGETATION.

 Dr. KILLOL KANERIA MD, DM
Consultant Cardiologist

Name: Sheela kalpesh patel
Patient ID: 23204746

12.04.2023 09:25:01
Standard 12-lead

Date of birth: 12/04/2023
Gender: Female
Height: [blank]
Weight: [blank]
Ethnicity: Undefined
Pacemaker: Unknown

Visit ID: [blank]
Room: [blank]
Medication: [blank]
Order ID: [blank]
Ord. prov: [blank]
Ord. prot: [blank]

HR: 80 bpm
RR: 750 ms
P: 90 ms
PR: 115 ms
P axis: 64°
QRS: 99 ms
QRS axis: 50°
QT: 333 ms
T axis: 21°
QTcB: 385 ms

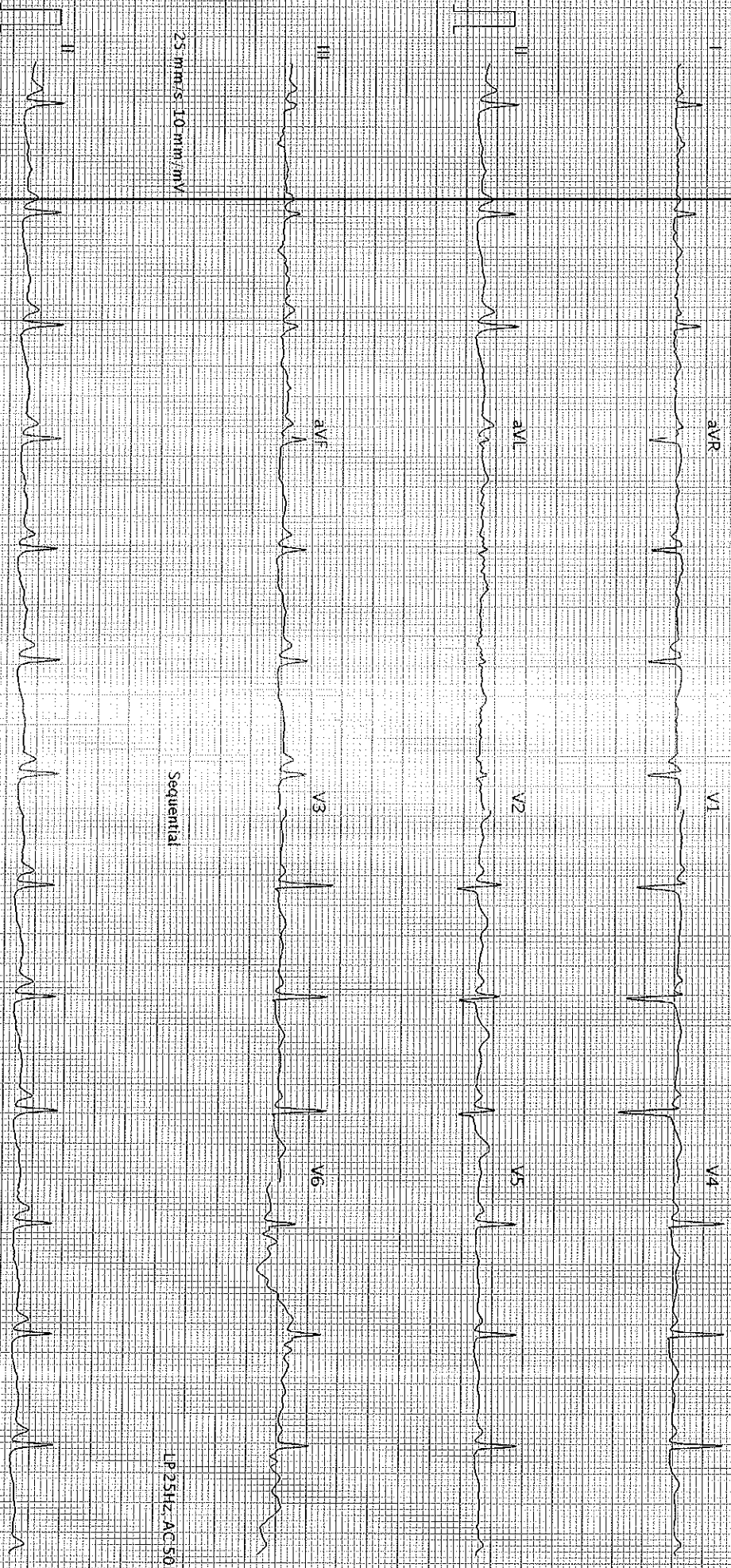
Sinus bradycardia
Abnormal left axis deviation
Low voltage
Nonspecific intraventricular delay
Nonspecific T abnormality
Nonspecific ST abnormality (depression)
Abnormal ECG

Indication:
Remark:

Abnormal

Unconfirmed report

ppw



25 mm/s, 10 mm/mV

Sequential

LP 25Hz, AC 50Hz

25 mm/s, 10 mm/mV

LP 25Hz, AC 50Hz

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Printed on 12.04.2023 09:25:16

SCHILLER

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