Name : Mr. BIPIN RAMESH CHOURIWAR (38 /M) Date : 25/03/2023

Address : SWAWALAMBI NAGAR ROAD, NEAR PADOLE HOSPITAL NALODE

LAY-OUT, GOPAL NAGAR, NAGPUR, NAGPUR, NAGPUR, MAHARASHTRA, INDIA

Examined by: UHID : MHN1.0000140454

Package: MediWheel Full Body Health Checkup Male Below 40 Package AHC No: NSKAH32755



For corporate health checkup No specific complaints

#### PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,

Hypertension, Thyroid disorder, Heart disease, Stroke, Asthma, COPD,

Cancer



NO KNOWN ALLERGY :25/03/2023



#### Cardiovascular system

- Nil Significant

### Past medical history

Do you have any - No

allergies?

Do you have any drug - No

allergies?

Past medical history - nil significant

Covid 19 - No

Surgical history

Surgical history - Nil

**Immunization history** 

- Covid Dose1, Covid Dose2



Marital status - Married

No. of children - 2

Diet - Mixed Diet

Alcohol

- consumes alcohol

occasionally

Smoking - No
Chews tobacco - No
Physical activity - Active

## Family history

Diabetes - father,mother
Hypertension - father,mother

Coronary artery - none

disease

Cancer - None

#### PHYSICAL EXAMINATION

## **A** General

General appearance - normal Build - normal Height - 192 Weight - 92.3 BMI - 25.04 Pallor - No Oedema - no - 96.7 Temperature SpO2 - 98

# (1)

### Cardiovascular system

Heart rate (Per minute) - 72
Rhythm - Regular
- B.P. Supine

Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 70

Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath

sounds



Organomegaly - No

/M)

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Tenderness - No

Printed By: Shweta Sharad Shardul

/M)

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	BLOOD GROUPING AND TYPING (ABO and Rh)					222 *	mg/dl		70-100
Test Name	Result	Unit	Level	Range	(Fasting)				
ABO Group:	0	0			URINE	3+	3+		
Rh (D) Type:	NEGATIVE				GLUCOSE(FASTING): (Strip Method)				
LIVER FUNCTION TE	ST (PAC		•		GLUCOSE - SERUM /	PLASM	A (POS	ST	
Test Name	Result	Unit	Level	Range	PRANDIAL)				
ALT(SGPT) - SERUM /	43	U/L		30-65	Test Name	Result		_	Range
PLASMA					Glucose - Plasma (POST PRANDIAL)	354 *	mg/dl	_	70-140
ALBUMIN - SERUM	4.5	g/dL		3.5-5	I IDID DDOEII E TEST	(DACKA	CE		
GLOBULIN - SERUM:	4.0 *	g/dL		1.8-3.6	LIPID PROFILE TEST  Test Name	Result	•	Level	Range
(Calculated)									
ALBUMIN:GLOBULIN - SERUM(RATIO)	1.1			1.1-1.8	HDL CHOLESTEROL - SERUM / PLASMA	52	mg/dl		40-60
(Calculated)					TOTAL	5.0 *			0.0-4.5
					CHOLESTEROL/HDL CHOLESTEROL				
ALKALINE PHOSPHATASE -	98	U/L		0-100	RATIO(Calculated)				
SERUM/PLASMA									
OLITOWN LAOWA					LDL Cholesterol (Direct	188.7	mg/dl	-	
AST (SGOT) - SERUM	49 *	U/L		15-37	LDL)				
,					LIVER FUNCTION TE	ST (PAC	KAGE	)	
BILIRUBIN, TOTAL -	1.3 *	mg/dL		0.0-1.0	Test Name	Result	Unit	Level	Range
SERUM					PROTEIN, TOTAL -	8.5 *	g/dL		6.4-8.2
LIPID PROFILE TEST	(PACKA	AGE)			SERUM / PLASMA				
Test Name	Result	Unit	Level	Range	PROTEIN, TOTAL -	8.5 *	g/dL		6.4-8.2
Total Cholesterol	258 *	mg/dl	•	0-200	SERUM / PLASMA				
					THYROID PROFILE -	I/T3 T <i>4 I</i>	AND TS	SH)	
CREATININE - SERUN					Test Name	Result		•	Range
Test Name	Result	Unit	Level	Range	TOTAL T3: TRI	123	ng/dL	_	Healthy Adults:
CREATININE - SERUM / PLASMA	0.8	mg/dl	_ •	0.8-1.3	IODOTHYRONINE - SERUM	123	rig/uL		69 - 215
LIVER FUNCTION TE	ST (PAC	KAGE	)						
Test Name	Result		•	Range	TOTAL T4:	7.9	μg/dL		Healthy
GGTP: GAMMA	99 *	U/L		0-50	THYROXINE - SERUM				Adults:5.2-12.7
GLUTAMYL					LIPID PROFILE TEST (PACKAGE)				
TRANSPEPTIDASE -					Test Name	Result	•	Level	Range
SERUM					Triglycerides - Serum	420 *	mg/dl		0-150
					11191,0011400 0014111	5			5 100
GLUCOSE - SERUM /	<b>PLASM</b>	A (FAS	STING						
GLUCOSE - SERUM / Test Name		•		Range	THYROID PROFILE -	I(T3,T4 A	AND TS	SH)	

Borderline High/Low

**Out of Range** 

Within Normal Range

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TSH: THYROID 4.4 uIU/mL ■ Euthyroid: 0.3 -

STIMULATING 4.5

HORMONE - SERUM Hypothyroid: 7.1 - >75

#### **URIC ACID - SERUM**

Test NameResultUnitLevelRangeURIC ACID - SERUM3.0 \*mg/dL■3.5-7.2

#### **LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3	mg/dL	•	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	1.0 *	mg/dL	•	0.0-0.7

#### **CARDIAC STRESS TEST - (TMT)**

**ECG** 

#### **ULTRASOUND - WHOLE ABDOMEN**

Bilaterally raised renal parenchymal echogenicity.

Grade I fatty infiltration of liver.

Suggest: RFT correlation.

#### X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

/M)

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Printed By: AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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#### AICVD RISK SCORE REPORT

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
Low Risk	3	4

#### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

#### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding follow up tests, consults and annual health assessment

#### **DISCLAIMER**

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515