

Dr. Vimmi Goel

Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No: MMC- 2014/01/0113



Name: Mrs. Darshana Dhak Date: 23/9/24
Age: 35 Sex: MF Weight: 52.8 kg Height: 154.3 Inc BMI: 22.2
BP: 103/68 mmHg Pulse: 60/m bpm RBS: _____ mg/dl
SpO2: 98% LMP - 20/9/24

Dr. Rita Bang

MS, DNB, OBGY, FMAS,
DMAS, High Risk Obstetrician, Gynecologist
Endoscopic Surgeon and Infertility Specialist
Reg. No: MMC-2010/06/2306

23/9/24.

Mrs. Darshana Dhok / 35yrs.

35yrs / P₁L₄ / FT USG.

LMP. 20/9/24

B/L Breasts Soft

USG awaited.

P/S: Cx 7
Vg 10

Adv

USG noted

Multiple GB calculi (+)
? splenic infarct

Paps Clear

Surgeon's opinion.

Bang

Dr. Rahul Atara
BDS, MDS (Endodontics)
Reg. No: A-16347



Name: Ms Darshana Dhok Date: 23/9/24.

Age: 35yr Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

cto sensitivity c (L) lower region.

Tenderness (fve) c to

Sos Rct c to

Vishw



KIMS - Kingsway Hospitals
(A Unit of SPANV Medresearch Lifesciences Pvt. Ltd.)
44, Kingsway, Near Kasturchand Park, Nagpur,
Maharashtra, India - 440001.

Ph No.: 1800 266 8346 | Mobile No.: +91-7126789100

Email : assistance@kimshospitals.com | Website : www.kimshospitals.com

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

DARSHANA DHOK 35Y(S) 9M(S) 6D(S)F UMR2324017656 9131240601 MARRIED	CONSULT DATE : 23-09-2024 CONSULT ID : OPC2425070544 CONSULT TYPE : WALK IN VISIT TYPE : NORMAL TRANSACTION TYPE : CASH	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
-- °F -- /min -- %RA -- /10 -- cms
Weight : BMI :
-- kgs --

CHIEF COMPLAINTS

ROUTINE EYE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	I SOFT EYE DROP	Topical	1-1-1-1	Every Day	NA	2 months
Instructions : BOTH EYES						
Composition : SODIUM HYALURONATE 0.1% WV						

NOTES

**GLASS PRESCRIPTION :-
DISTANCE VISION**

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	-0.75	-0.50	80	6/6
LEFT EYE	-0.50	00	00	6/6

NEAR ADDITION

RIGHT EYE		00	N6
LEFT EYE		00	N6

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 23-09-2024 16:39:23

REMARK- BLUE CUT GLASSES



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. DARSHANA DHOK
Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425049837/UMR2324017656
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Sep-24 11:23 am
Report Date : 23-Sep-24 02:30 pm

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	8.4	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		26.4	36.0 - 46.0 %	Calculated
RBC Count		2.72	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		97	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		31.0	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		31.9	31.5 - 35.0 g/l	Calculated
RDW		18.2	11.5 - 14.0 %	Calculated
Platelet count		574	150 - 450 10 ³ /cumm	Impedance
WBC Count		6400	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		55.0	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		35.2	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		3.9	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		5.9	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3520	2000 - 7000 /cumm	Calculated



**CLINICAL DIAGNOSTIC LABORATORY
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Parameter	Specimen	Results	Biological Reference Method
Absolute Lymphocyte Count		2252.8	1000 - 4800 /cumm Calculated
Absolute Eosinophil Count		249.6	20 - 500 /cumm Calculated
Absolute Monocyte Count		377.6	200 - 1000 /cumm Calculated
Absolute Basophil Count		0	0 - 100 /cumm Calculated
PERIPHERAL SMEAR			
RBC		Normochromic Normocytic, Anisocytosis ++(11%-20%) As above	Light microscopy
WBC			
Platelets		Mildly Increased	
ESR		110	0 - 20 mm/hr Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Test results related only to the item tested.

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**Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. DARSHANA DHOK	Age /Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425049837/UMR2324017656	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Sep-24 11:22 am	Report Date : 23-Sep-24 01:29 pm

Parameter	Specimen	Results	Biological Reference	Method
Fasting Plasma Glucose	Plasma	88	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1c)		6.1	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

COMMENT

In view of S -window of 61% in HbA1c graph.Advised HPLC to rule out hemoglobinopathy.
*** End Of Report ***

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST
SPANV Medisearch Lifesciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. DARSHANA DHOK
Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425049837/UMR2324017656
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Sep-24 03:17 pm
Report Date : 23-Sep-24 04:42 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	112	< 140 mg/dl	GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021
Diabetes Mellites If,
Fasting \geq 126 mg/dl
Random/2Hrs. OGTT \geq 200 mg/dl
Impaired Fasting = 100-125 mg/dl
Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. DARSHANA DHOK	Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425049837/UMR2324017656	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Sep-24 11:23 am	Report Date : 23-Sep-24 01:29 pm

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	165	Enzymatic(CHE/CHO/PO D)
Triglycerides		< 200 mg/dl	
HDL Cholesterol Direct		132	
LDL Cholesterol Direct		36	
VLDL Cholesterol		> 50 mg/dl	
Tot Chol/HDL Ratio		103.34	
		26	< 100 mg/dl
		5	< 30 mg/dl
			3 - 5

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	10 yrs risk 10-20 % >130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	10 yrs risk <10% >160
No additional major risk or one additional major risk factor		>190, optional at 160-189
		<100
		<130
		<160

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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Jaiswal

**Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. DARSHANA DHOK	Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425049837/UMR2324017656	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Sep-24 11:23 am	Report Date : 23-Sep-24 01:29 pm

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	1.79	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.48	0.1 - 0.3 mg/dl	
Indirect Bilirubin		1.31	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		143	38 - 126 U/L	
SGPT/ALT		22	13 - 45 U/L	
SGOT/AST		30	13 - 35 U/L	
Serum Total Protein		7.47	6.3 - 8.2 gm/dl	
Albumin Serum		3.97	3.5 - 5.0 gm/dl	
Globulin		3.50	2.0 - 4.0 gm/dl	Bromocresol green Dye Binding
A/G Ratio		1.1		

*** End Of Report ***

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. DARSHANA DHOK
Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425049837/UMR2324017656
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Sep-24 11:23 am
Report Date : 23-Sep-24 01:29 pm

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	20	15.0 - 36.0 mg/dl	Direct ion selective electrode
Creatinine		0.3	0.52 - 1.04 mg/dl	
GFR		141.8	>90 mL/min/1.73m square.	
Sodium		140	136 - 145 mmol/L	
Potassium		4.23	3.5 - 5.1 mmol/L	

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Dr. PURVA JAISWAL, MBBS,MD,DNB
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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. DARSHANA DHOK	Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425049837/UMR2324017656	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Sep-24 11:23 am	Report Date : 23-Sep-24 01:29 pm

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.50	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.30	0.80 - 1.70 ng/dl	
TSH		1.08	0.50 - 4.80 uIU/ml	

*** End Of Report ***

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mrs. DARSHANA DHOK	Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : BIL2425049837/UMR2324017656	Referred By : Dr. Vimmi Goel MBBS,MD
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BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. PURVA JAISWAL, MBBS,MD,DNB

CONSULTANT PATHOLOGIST

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	DARSHANA DHOE	STUDY DATE	23-09-2024 12:40:34
AGE/ SEX	35Y 9M8D / F	HOSPITAL NO.	UMR2324017656
ACCESSION NO.	BH.2425049837-10	MODALITY	DX
REPORTED ON	23-09-2024 13:57	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



Dr Poonam Chiddarwar
MBBS, MD

PATIENT NAME:	DARSHANA DHOK	AGE /SEX:	35 YRS/F
REFERRED BY:	DR. VIMMI GOEL	REPORT DATE:	23/09/2024
UMR NO:	2324017656	BILL NO:	2425049837

SONOGRAPHY OF ABDOMEN AND PELVIS

Liver is normal in size (15.5 cm), shape and outline. **Its parenchymal echogenicity is increased.**
No focal or nodular lesion seen in it. No IHBRD. Portal vein & CBD are normal in calibre.

Gall bladder is partially distended. **Multiple mobile calculi of 5-6 mm noted in GB. No periGB fluid.**
Spleen is enlarged in size (12.2 cm). Heterogenous echotexture and very difficult to visualize.
Pancreas is normal in size, shape and outline. Its parenchymal echogenicity is normal. No focal lesion seen. Main pancreatic duct is not dilated. No e/o parenchymal or ductal calcification.

Right kidney measures – 10.7 x 5.0 cm.

Left kidney measures – 10.8 x 5.1 cm.

Both kidneys are normal in size and shape. Renal outline is smooth and regular.

Parenchymal echotexture is normal with maintained cortico-medullary differentiation.

No calculus or mass lesion or hydronephrotic changes seen on either side. Ureters are not dilated.

Urinary bladder is partially distended with smooth and regular outline. No evidence of calculus / diverticulum.

Uterus is anteverted and anteflexed, normal in size, shape and outline measures 5.4 x 3.4 x 3.2 cm.

No focal myometrial lesion seen.

Endometrial thickness measures 4 mm. **Minimal endometrial collection seen.**

Right ovary measures 2.4 x 1.6 cm.

Left ovary measures 2.1 x 4.0 cm.

Both the ovaries are normal in size and shape and echotexture.

Both adnexa clear.

No e/o bowel wall thickening or abdominal lymphadenopathy.

No free fluid seen in abdomen and pelvis.

OPINION:

- **Grade I fatty liver.**
- **Mild splenomegaly with heterogenous echotexture – likely suggestive of infarcts.**
- **Cholelithiasis.**

Suggest clinical correlation / further evaluation.


DR. ASHWINI GANJEWAR
DMRD, DNB [MMC-2005/03/1863]
CONSULTANT RADIOLOGIST

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Darshana Dhok
 Age : 35 years / Female
 UMR : UMR2324017656
 Date : 23/09/2024
 Done by : Dr. Vimmi Goel
 ECG : NSR, WNL
 Blood pressure: 103/68 mm Hg (Right arm, Supine position)
 BSA : 1.50 m²

Impression: Normal 2D Echocardiography Study

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 66%
Normal LV diastolic function
E/A is 1.7
E/E' is 8.7 (Normal filling pressure)
Valves are normal
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 66%. Normal LV diastolic function. E Velocity is 118 cm/s, A Velocity is 69 cm/s. E/A is 1.7. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen. E' at medial mitral annulus is 11.3 cm/sec & at lateral mitral annulus is 16.4 cm/sec. E/E' is 8.7 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	26
Aortic root	20-37	7-28	25
LVIDd	35-55	8-47	40
LVIDs	23-39	6-28	25
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	66%
Fractional Shortening			36%


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology
Fellow Indian Academy of Echocardiography (FIAE)

35 Years

MRS DARSHANA DHOK
Female

23-Sep-24 12:00:49 PM
KIMS-KINGSWAY HOSPITALS

PHC DEPT.

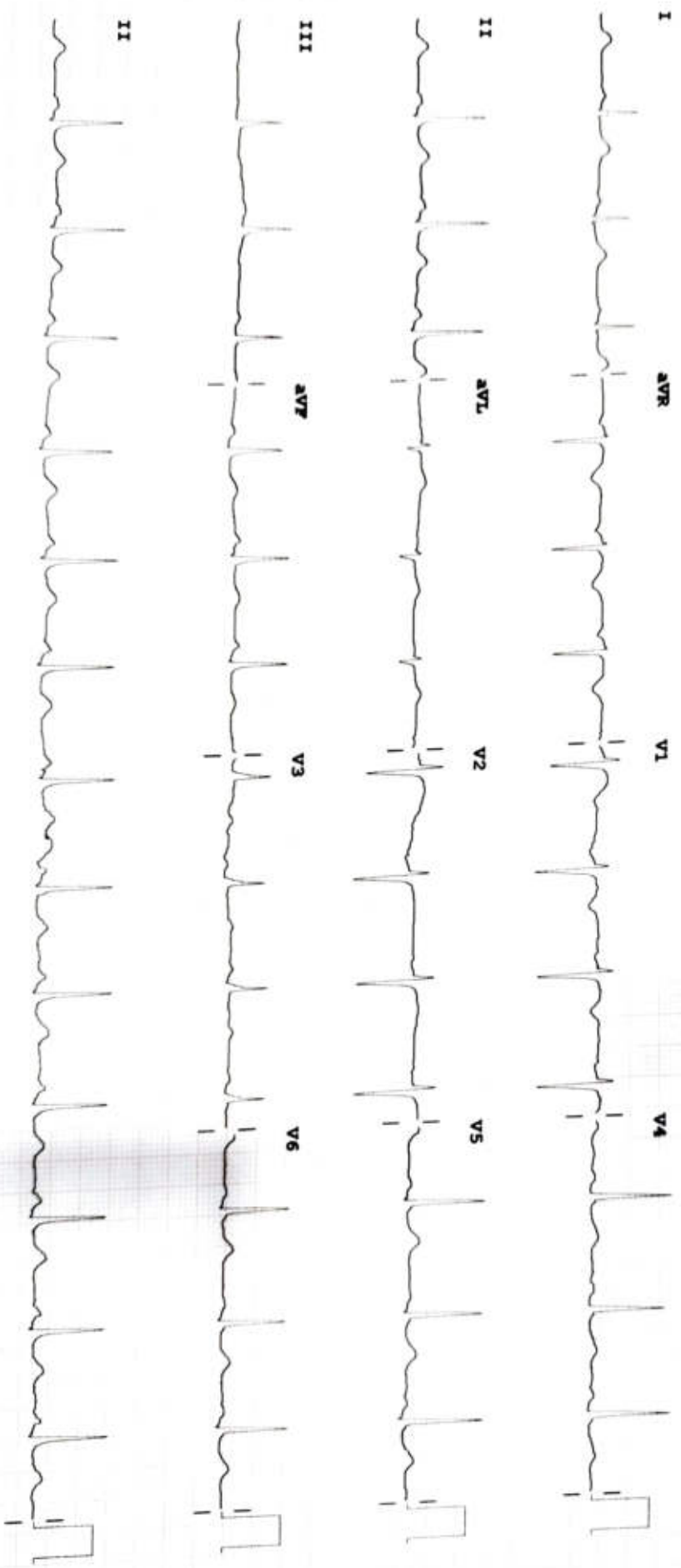
Rate 83 Sinus rhythm.....normal P axis, V-rate 50-99

PR 139
QRSD 92
QT 373
QTc 439

--AXIS--
P 72
QRS 70
T 30
12 Lead: Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

PHILIPS

F 50-0.50-150 Hz W

100B CL

P?