



Name : Mr. RAHUL D ADHIKARI (28 /M)

Date : 24/12/2022



Address : AHMEDABAD, AHMADABAD, AHMADABAD, GUJARAT, INDIA

Examined by : Dr .BHAWANA DAGA

UHID : AHCC.0000126176

Package : MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHCCA3059



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Dyslipidemia,  
Thyroid disorder, Heart  
disease, Stroke, Asthma,  
COPD, Cancer, Impaired  
Glycemia

Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Moderate



## Family history

Diabetes - father  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



## General

General appearance - normal  
Height - 178  
Weight - 81.3  
BMI - 25.66  
Pallor - No  
Oedema - no



## Cardiovascular system

Heart rate (Per minute) - 74  
Rhythm - Regular  
Systolic(mm of Hg) - 118  
Diastolic(mm of Hg) - 88  
Heart sounds - S1S2+

## Respiratory system

Breath sounds - Normal vesicular breath  
sounds



## Abdomen

Organomegaly - No  
Tenderness - No

Printed By : BHAWANA DAGA



## DRUG ALLERGY

NO KNOWN ALLERGY :24/12/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



## Past medical history

Do you have any - No  
allergies?  
Covid 19 - Yes  
Hospitalization for - No  
Covid 19



## Surgical history

Surgical history - Nil

## Immunization history

- Covid Dose1, Covid Dose2



## Personal history

Marital status - Married  
Diet - Mixed Diet



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**URINE FOR ROUTINE EXAMINATION**

| Test Name        | Result      | Unit        | Level   | Range |
|------------------|-------------|-------------|---------|-------|
| Specific Gravity | 1.020       |             |         |       |
| Colour:          | Pale-Yellow |             |         |       |
| Transparency:    | Clear       |             |         |       |
| pH               | 8           |             |         |       |
| Protein :        | Nil         |             |         |       |
| Sugar:           | Nil         |             |         |       |
| Blood:           | Negative    |             |         |       |
| Ketone           | Absent      |             |         |       |
| Bile Pigments:   | Absent      |             |         |       |
| Urobilinogen     | Normal      | E.U./d<br>L |         |       |
| Nitrite          | Negative    |             |         |       |
| Pus Cells        | Occasional  |             | 0-5     |       |
| RBC              | Nil         | /hpf        | 0-5/hpf |       |
| Epithelial Cells | Occasional  |             |         |       |
| Casts:           | Absent      |             |         |       |
| Crystals:        | Absent      |             |         |       |
| Note             | 24/12/2022  |             |         |       |

|   |        |              |   |               |
|---|--------|--------------|---|---------------|
| Neutrophils   | 60     | %            | ● | 40-75         |
| Lymphocytes   | 31     | %            | ● | 20-40         |
| Monocytes   | 07     | %            | ● | 2-10          |
| Eosinophils   | 02     | %            | ● | 01-06         |
| Basophils   | 00     | %            | ● | 0-1           |
| Platelet Count<br>(Impedance)   | 338000 | /cu mm       | ● | 150000-450000 |
| MPV (Calculated)  | 7.4    | fl           | ● | 7-11          |
| ERYTHROCYTE<br>SEDIMENTATION<br>RATE (ESR)<br>(Automated/ optic-<br>electronic) | 35 *   | mm/1st<br>hr | ● | 0-15          |

**URINE GLUCOSE(POST PRANDIAL)**

| Test Name                     | Result | Unit | Level | Range |
|-------------------------------|--------|------|-------|-------|
| Urine Glucose (Post Prandial) | Nil    |      |       |       |

**BLOOD GROUPING AND TYPING (ABO and Rh)**

| Test Name    | Result     | Unit | Level | Range |
|--------------|------------|------|-------|-------|
| BLOOD GROUP: | A Positive |      |       |       |

**LFT (LIVER FUNCTION TEST)**

| Test Name                           | Result | Unit  | Level | Range                 |
|-------------------------------------|--------|-------|-------|-----------------------|
| ALT(SGPT) - SERUM / PLASMA          | 60 *   | U/L   | ●     | 0-50                  |
| ALKALINE PHOSPHATASE - SERUM/PLASMA | 102    | U/L   | ●     | Adult(Male): 40 - 129 |
| AST (SGOT) - SERUM                  | 30     | U/L   | ●     | > 1 year Male : <40   |
| Total Bilirubin                     | 0.605  | mg/dL | ●     | 0.300-1.200           |
| Direct Bilirubin                    | 0.226  | mg/dL | ●     | Upto 0.3 mg/dl        |

**COMPLETE BLOOD COUNT WITH ESR**

| Test Name                            | Result | Unit           | Level | Range      |
|--------------------------------------|--------|----------------|-------|------------|
| Hemoglobin (Photometric Measurement) | 14.9   | gm%            | ●     | 13.0-17.0  |
| Packed cell volume(Calculated)       | 45.2   | %              | ●     | 40-50      |
| RBC COUNT (Impedance)                | 5.25   | Million/<br>ul | ●     | 4.5-5.9    |
| MCV (From RBC Histogram)             | 86.2   | fl             | ●     | 80-100     |
| MCH(Calculated)                      | 28.4   | pg             | ●     | 27-32      |
| MCHC(Calculated)                     | 33     | %              | ●     | 31-36      |
| RDW(Calculated)                      | 14.5   | %              | ●     | 11.5-14.5  |
| WBC Count (Impedance)                | 7700   | /cu mm         | ●     | 4000-11000 |

● Within Normal Range    ● Borderline High/Low    ● Out of Range



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AHC No : AHCCA3059

| Test Name  | Result | Unit  | Level | Range   |
|--|--------|-------|-------|---|
| Indirect Bilirubin                                   | 0.38   | mg/dL | ●     | 1 Day ≤5.1 mg/dL<br>2 Days ≤7.2 mg/dL<br>3-5 Days ≤10.3 mg/dL<br>6-7 Days ≤8.4 mg/dL<br>8-9 Days ≤6.5 mg/dL<br>10-11 Days ≤4.6 mg/dL<br>12-13 Days ≤2.7 mg/dL<br>14 Days - 9 Years 0.2-0.8 mg/dL<br>10-19 Years 0.2-1.1 mg/dL<br>≥20 Years 0.2-1.2 mg/dL          |
| Glucose - Plasma (Post Prandial)                     | 143 *  | mg/dL | ●     | 70-140  |
| <b>GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD</b> |        |       |       |   |
| Test Name  | Result | Unit  | Level | Range   |
| Glycosylated Hemoglobin (HbA1c)                      | 5.99 * | %     | ●     | Normal < 5.7<br><br>%Increased risk for Diabetes 5.7 - 6.4%<br><br>Diabetes >= 6.5%<br><br>Monitoring criteria for Diabetes Mellitus<br><7.0 : Well Controlled Diabetes<br>7.1 – 8.0 : Unsatisfactory Control<br>> 8.0 : Poor Control & Needs Immediate Treatment |

**CREATININE - SERUM / PLASMA**

| Test Name                   | Result | Unit  | Level | Range                 |
|-----------------------------|--------|-------|-------|-----------------------|
| CREATININE - SERUM / PLASMA | 0.84   | mg/dL | ●     | Adult Male: 0.6 - 1.3 |

**LFT (LIVER FUNCTION TEST)**

| Test Name                                   | Result | Unit | Level | Range                             |
|---|--------|------|-------|-----------------------------------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 24     | U/L  | ●     | Male : 10 - 71<br>Female : 6 - 42 |

**GLUCOSE - SERUM / PLASMA (FASTING)**

| Test Name                  | Result | Unit  | Level | Range   |
|----------------------------|--------|-------|-------|---|
| Glucose - Plasma (Fasting) | 88     | mg/dL | ●     | 70 - 100 : Normal<br>100 - 125 : Impaired Glucose Tolerance<br>>= 126 : Diabetes Mellitus |

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS**

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Glycosylated Hemoglobin (HbA1c) 5.99 \* % ● Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus  
 <7.0 : Well Controlled  
 Diabetes 7.1 – 8.0 : Unsatisfactory Control  
 > 8.0 : Poor Control & Needs Immediate Treatment

TSH: THYROID STIMULATING HORMONE - SERUM 1.52 µIU/mL ● 14-120 years : 0.27 - 4.20

**URIC ACID - SERUM**

| Test Name         | Result | Unit  | Level | Range                              |
|-------------------|--------|-------|-------|------------------------------------|
| URIC ACID - SERUM | 7.0    | mg/dL | ●     | Male : 3.4-7.0<br>Female : 2.4-5.7 |

**BUN (BLOOD UREA NITROGEN)**

| Test Name                 | Result | Unit  | Level | Range   |
|---------------------------|--------|-------|-------|---------|
| BUN (BLOOD UREA NITROGEN) | 10     | mg/dL | ●     | 6-20    |
| UREA - SERUM / PLASMA     | 22     | mg/dL | ●     | 15 - 50 |

**LIPID PROFILE - SERUM**

| Test Name  | Result | Unit  | Level | Range  |
|--|--------|-------|-------|--|
| Total Cholesterol  | 161    | mg/dl | ●     | 0 - 200 : Desirable<br>200 - 240 : Borderline High<br>240 - 280 : High<br>> 280 : Very High  |
| Triglycerides - Serum  | 58     | mg/dL | ●     | 0-150  |
| HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric) | 55 *   | mg/dL | ●     | < 40 : Major risk factor for heart disease<br>40 - 59 : The higher The better.<br>>=60 : Considered protective against heart disease |

Mean Blood Sugar 125

**LFT (LIVER FUNCTION TEST)**

| Test Name                      | Result | Unit | Level | Range                        |
|--------------------------------|--------|------|-------|------------------------------|
| PROTEIN TOTAL - SERUM / PLASMA | 7.90   | g/dL | ●     | 6.00-8.00                    |
| ALBUMIN - SERUM                | 4.77   | g/dL | ●     | Adult(18 - 60 Yr): 3.5 - 5.2 |
| ALBUMIN - SERUM                | 4.77   | g/dL | ●     | Adult(18 - 60 Yr): 3.5 - 5.2 |
| Globulin-Serum/Plasma          | 3.1    |      | ●     | 2.20-4.20                    |
| A/G ratio                      | 1.5    |      | ●     | 1.00-2.00                    |

**THYROID PROFILE (T3,T4 AND TSH)**

| Test Name                           | Result | Unit  | Level | Range      |
|-------------------------------------|--------|-------|-------|------------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.15   | ng/mL | ●     | 0.8 - 2.0  |
| TOTAL T4: THYROXINE - SERUM         | 7.16 * | ug/dL | ●     | 5.1 - 14.1 |

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|                              |     |         |  |
|------------------------------|-----|---------|--|
| LDL Cholesterol (Direct LDL) | 102 | mg/dL ● | 100 : Optimal<br>100-129 : Near Optimal<br>130-159 : Borderline High<br>160-189 : High<br>≥190 : Very High |
| VLDL CHOLESTEROL             | 12  | ●       | < 40 mg/dl   |
| C/H RATIO                    | 3   | ●       | 0-4.5  |

**USG WHOLE ABDOMEN**

Grade I fatty liver.

**X-RAY CHEST PA**

NORMAL STUDY.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

URINE GLUCOSE(FASTING)

STOOL ROUTINE

**CARDIOLOGY**

ECHO/TMT

ECG

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### Executive Summary

- ALL PHYSICAL FINDINGS ARE WNL.
- GRADE 1 FATTY LIVER.
- MILDLY DERANGED BLOOD GLUCOSE LEVELS.
- TMT NOT DONE.

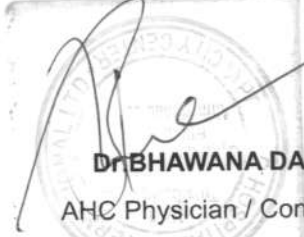
### Wellness Prescription

#### Advice On Diet :-

- LOW CARB, LOW FAT DIET.

#### Advice On Physical Activity :-

- REGULAR EXERCISE.



**Dr. BHAWANA DAGA**  
AHC Physician / Consultant Internal Medicine

Printed By : BHAWANA DAGA

**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.





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DEPARTMENT OF HAEMATOLOGY

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Name : Mr. RAHUL D ADHIKARI Age : 28Yr 11Mth 17Days Gender : Male  
 UHID : AHCC.0000126176 / AHCCAH3059 W/BNo/RefNo : AHC  
 SIN \LRN : 3626028 \ 1557827  
 Specimen : Whole Blood ( EDTA )  
 Ref Doctor : DR. BHAWANA DAGA



Collected on : 24-DEC-2022 11:19:54 AM Received on : 24-DEC-2022 11:30:38 AM Reported on : 24-DEC-2022 09:22:15 PM

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

| TEST NAME  | RESULT | BIOLOGICAL REFERENCE INTERVALS | UNITS      |
|--|--------|--------------------------------|------------|
| <b>COMPLETE BLOOD COUNT WITH ESR</b>                               |        |                                |            |
| Hemoglobin (Photometric Measurement)                               | 14.9   | 13.0 - 17.0                    | gm%        |
| Packed cell volume(Calculated)                                     | 45.2   | 40 - 50                        | %          |
| RBC COUNT (Impedance)  | 5.25   | 4.5 - 5.9                      | Million/ul |
| MCV (From RBC Histogram)   | 86.2   | 80 - 100                       | fl         |
| MCH(Calculated)  | 28.4   | 27 - 32                        | pg         |
| MCHC(Calculated)   | 33     | 31 - 36                        | %          |
| RDW(Calculated)  | 14.5   | 11.5 - 14.5                    | %          |
| WBC Count (Impedance)  | 7700   | 4000 - 11000                   | /cu mm     |
| <b>Differential Count (VCS Technology and Microscopy)</b>          |        |                                |            |
| Neutrophils  | 60     | 40 - 75                        | %          |
| Lymphocytes  | 31     | 20 - 40                        | %          |
| Monocytes  | 07     | 2 - 10                         | %          |
| Eosinophils  | 02     | 01 - 06                        | %          |
| Basophils  | 00     | 0 - 1                          | %          |
| Platelet Count (Impedance)   | 338000 | 150000 - 450000                | /cu mm     |
| MPV (Calculated)   | 7.4    | 7 - 11                         | fl         |
| <b>PERIPHERAL SMEAR(Microscopy)</b>                                |        |                                |            |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic) | 35 *   | 0 - 15                         | mm/1st hr  |

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DEPARTMENT OF HAEMATOLOGY

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 UHID : AHCC.0000126176 / AHCCAH3059 W/BNo/RefNo : AHC  
 SIN ILRN : 3626028 \ 1557827  
 Specimen : Whole Blood ( EDTA )  
 Ref Doctor : DR. BHAWANA DAGA



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24/12/2022

Report Status:Final

\* END OF REPORT \*

CHECKED BY : 1010782  
724146

*Ravish Shah*

Printed On : 25-DEC-2022 04:48:03 PM

Dr.RAVISH SHAH  
MD PATHOLOGY

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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

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 UHID : AHCC.0000126176 / AHCCAH3059      W/BNo/RefNo : AHC  
 SIN \ LRN : 3626030 \ 3626037 \ 3626029 \ 3626031 \      17Days  
 Specimen : Serum  
 Ref Doctor : DR. BHAWANA DAGA



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MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

| TEST NAME  | RESULT | BIOLOGICAL REFERENCE INTERVALS   | UNITS |
|--|--------|--|-------|
| GLYCOSYLATED HEMOGLOBIN (HBA1C) -<br>WHOLE BLOOD<br>(Immuno-turbidimetric) | 5.99 * | Normal < 5.7%<br><br>Increased risk for Diabetes 5.7 -<br>6.4%<br><br>Diabetes >= 6.5%<br><br>Monitoring criteria for Diabetes<br>Mellitus<br><7.0 : Well Controlled Diabetes<br>7.1 - 8.0 : Unsatisfactory Control<br>> 8.0 : Poor Control & Needs<br>Immediate Treatment | %     |
| Mean Blood Sugar   | 125    |  |       |
| GLUCOSE - SERUM / PLASMA (FASTING)<br>(Hexokinase)                         | 88     | 70 - 100 : Normal<br>100 - 125 : Impaired Glucose<br>Tolerance<br>>= 126 : Diabetes Mellitus   | mg/dL |
| ALT(SGPT) - SERUM / PLASMA<br>(UV without P5P)                             | 60 *   | Adult Male : < 45  | U/L   |
| ALKALINE PHOSPHATASE - SERUM/PLASMA<br>(PNP AMP BUFFER)                    | 102    | Adult(Male): 40 - 129  | U/L   |
| AST (SGOT) - SERUM   | 30     | > 1 year Male : <40  | U/L   |

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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

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 SIN \ LRN : 3626030 \ 3626037 \ 3626029 \ 3626031 \  
 Specimen : Serum  
 Ref Doctor : DR. BHAWANA DAGA



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(UV without P5P)

**BILIRUBIN (DIRECT/INDIRECT/TOTAL) - SERUM**

(Diazotization)

|   |              |  |       |
|---|--------------|--|-------|
| <b>Bilirubin Total</b>  | <b>0.605</b> | 0-1 days : 0 - 6mg/dl<br>1-2 days : 0 - 8mg/dl<br>2-5 days : 0 - 12mg/dl<br>5days - 4 months : 0.3 -1.2mg/dl<br>>4 months : 0.3-1.2 mg/dl  | mg/dL |
| <b>Direct Bilirubin</b>   | <b>0.226</b> | Upto 0.3 mg/dl   | mg/dL |
| <b>Indirect Bilirubin</b>   | <b>0.38</b>  | 1 Day ≤5.1 mg/dL<br>2 Days ≤7.2 mg/dL<br>3-5 Days ≤10.3 mg/dL<br>6-7 Days ≤8.4 mg/dL<br>8-9 Days ≤6.5 mg/dL<br>10-11 Days ≤4.6 mg/dL<br>12-13 Days ≤2.7 mg/dL<br>14 Days - 9 Years 0.2-0.8 mg/dL<br>10-19 Years 0.2-1.1 mg/dL<br>≥20 Years 0.2-1.2 mg/dL | mg/dL |
| <b>CREATININE - SERUM / PLASMA</b><br>(Alkaline picrate - kinetic rate blanked) | <b>0.84</b>  | Adult Male: 0.6 - 1.3  | mg/dL |
| <b>GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM</b><br>(IFCC)                    | <b>24</b>    | Male : 10 - 71<br>Female : 6 - 42  | U/L   |
| <b>PROTEIN TOTAL - SERUM / PLASMA</b><br>(Biuret)                               | <b>7.90</b>  | >2 Year: 6.0 - 8.0   | g/dL  |
| <b>ALBUMIN - SERUM</b>  | <b>4.77</b>  | Adult(18 - 60 Yr): 3.5 - 5.2   | g/dL  |

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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

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Name : Mr. RAHUL D ADHIKARI Age : 28Yr 11Mth Gender : Male  
 UHID : AHCC.0000126176 / AHCCA3059 W/BNo/RefNo : AHC  
 SIN \ LRN : 3626030 \ 3626037 \ 3626029 \ 3626031 \  
 Specimen : Serum  
 Ref Doctor : DR. BHAWANA DAGA



Collected on : 24-DEC-2022 11:19:54 AM Received on : 24-DEC-2022 11:30:52 AM Reported on : 24-DEC-2022 08:20:12 PM

|   |        |   |        |
|---|--------|---|--------|
| Globulin-Serum/Plasma   | 3.1    | 2.2 - 4.2   |        |
| A/G ratio   | 1.5    | 1.00 - 2.00   |        |
| TOTAL T3: TRI IODOTHYRONINE - SERUM<br>(Electrochemiluminescence:ECLIA)         | 1.15   | 0.8 - 2.0   | ng/mL  |
| TOTAL T4: THYROXINE - SERUM<br>(Electrochemiluminescence:ECLIA)                 | 7.16 * | 5.1 - 14.1  | ug/dL  |
| TSH: THYROID STIMULATING HORMONE -<br>SERUM<br>(Electrochemiluminescence:ECLIA) | 1.52   | 14-120 years : 0.27 - 4.20  | µIU/mL |
| URIC ACID - SERUM<br>(Uricase, colorimetric)                                    | 7.0    | Male : 3.4-7.0<br>Female : 2.4-5.7  | mg/dL  |
| BUN (BLOOD UREA NITROGEN)<br>(Histology)  | 10     | Adult : 6 - 20  | mg/dL  |
| UREA - SERUM / PLASMA   | 22     | 15 - 50   | mg/dL  |
| LIPID PROFILE - SERUM   |        |   |        |
| TOTAL CHOLESTEROL (CHOD POD)  | 161    | 0 - 200 : Desirable<br>200 - 240 : Borderline High<br>240 - 280 : High<br>> 280 : Very High | mg/dl  |
| TRIGLYCERIDES - SERUM (Enzymatic Endpoint)                                      | 58     | Normal: <150<br>High: 150 - 199<br>Hypertriglyceridemic: 200 - 499<br>Very High: >=500      | mg/dL  |
| HDL CHOLESTEROL - SERUM / PLASMA (Direct<br>Enzymatic Colorimetric)             | 55 *   | < 40 : Major risk factor for heart<br>disease<br>40 - 59 : The higher<br>The better.        | mg/dL  |



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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

Name : Mr. RAHUL D ADHIKARI Age : 28Yr 11Mth Gender : Male  
 UHID : AHCC.0000126176 / AHCCAH3059 W/BNo/RefNo : AHC  
 SIN \ LRN : 3626030 \ 3626037 \ 3626029 \ 3626031 \ 17Days  
 Specimen : Serum  
 Ref Doctor : DR. BHAWANA DAGA



Collected on : 24-DEC-2022 11:19:54 AM Received on : 24-DEC-2022 11:30:52 AM Reported on : 24-DEC-2022 08:20:12 PM

|  |       |   |       |
|--|-------|---|-------|
| LDL CHOLESTEROL - SERUM / PLASMA (Direct LDL)                | 102   | >=60 : Considered protective against heart disease<br>< 100 : Optimal<br>100-129 : Near Optimal<br>130-159 : Borderline High<br>160-189 : High<br>>=190 : Very High | mg/dL |
| VLDL CHOLESTEROL (Calculated)                                | 12    | < 40 mg/dl  |       |
| C/H RATIO (Calculated)                                       | 3     | &lt; 4.5  |       |
| GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS (Hexokinase) |       |   |       |
| GLUCOSE - SERUM / PLASMA (POST PRANDIAL)                     | 143 * | 70 - 140  | mg/dL |

24/12/2022

Report Status:Final

\* END OF REPORT \*

CHECKED BY 1010782  
724146

Printed On : 25-DEC-2022 04:48:15 PM

Dr.RAVISH SHAH  
MD PATHOLOGY



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DEPARTMENT OF CLINICAL PATHOLOGY

--

Name : Mr. RAHUL D ADHIKARI Age : 28Yr 11Mth 17Days Gender : Male  
 UHID : AHCC.0000126176 / AHCCA3059 W/BNo/RefNo : AHC  
 SIN ILRN : 3626032 \ 3626034 \ 1557827  
 Specimen : Urine  
 Ref Doctor : DR. BHAWANA DAGA



Collected on : 24-DEC-2022 11:19:54 AM Received on : 24-DEC-2022 11:31:02 AM Reported on : 25-DEC-2022 02:22:04 AM

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

| TEST NAME  | RESULT      | BIOLOGICAL REFERENCE INTERVALS | UNITS   |
|--|-------------|--------------------------------|---------|
| <b>URINE GLUCOSE(POST PRANDIAL)</b>                        |             |                                |         |
| \$ URINE GLUCOSE(POST PRANDIAL)                            | Nil         |                                |         |
| <b>URINE FOR ROUTINE EXAMINATION : (Solubility Method)</b> |             |                                |         |
| <b>PHYSICAL EXAMINATION</b>                                |             |                                |         |
| Specific Gravity   | 1.020       |                                |         |
| Colour:  | Pale-Yellow |                                |         |
| Transparency:  | Clear       |                                |         |
| <b>CHEMICAL EXAMINATION</b>                                |             |                                |         |
| pH   | 8           |                                |         |
| Protein :  | Nil         |                                |         |
| Sugar:   | Nil         |                                |         |
| Blood:   | Negative    |                                |         |
| Ketone   | Absent      |                                |         |
| Bile Pigments:   | Absent      |                                |         |
| Urobilinogen   | Normal      |                                | E.U./dL |
| Nitrite  | Negative    |                                |         |
| <b>Cells:</b>  |             |                                |         |
| Pus Cells  | Occassional | 0-5/hpf                        |         |
| RBC  | Nil         | 0-5/hpf                        | /hpf    |
| Epithelial Cells   | Occassional |                                |         |
| Casts:   | Absent      |                                |         |
| Crystals:  | Absent      |                                |         |
| Note   | 24/12/2022  |                                |         |

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DEPARTMENT OF CLINICAL PATHOLOGY

--

Name : Mr. RAHUL D ADHIKARI      Age : 28Yr 11Mth 17Days      Gender : Male  
 UHID : AHCC.0000126176 / AHCCAH3059      W/BNo/RefNo : AHC  
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24/12/2022

Report Status:Final

\* END OF REPORT \*

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Dr. RAVISH SHAH  
MD PATHOLOGY

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### Radiology

**Patient Details :** Mr. RAHUL D ADHIKARI | Male | 28Yr 11Mth 17Days  
**UHID :** AHCC.0000126176      **Patient Location:** AHC  
**Patient Identifier:** AHCCA3059        
**DRN :** 122147944      **Completed on :** 24-DEC-2022 11:01  
**Ref Doctor :** DR. BHAWANA DAGA

### X-RAY CHEST PA

#### FINDINGS :

Both lung fields appear normal. Bilateral hilar shadows appear normal. Trachea and major bronchi appear normal. Cardiac size appears normal. Both costophrenic angles are clear. Domes of diaphragm are well delineated. Visualized bones appear normal.

#### IMPRESSION

NORMAL STUDY.

— END OF THE REPORT —

*A. A. PATEL*

Dr. ALPESH A PATEL

DNB Resident

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### Radiology

**Patient Details** : Mr. RAHUL D ADHIKARI | Male | 28Yr 11Mth 17Days  
**UHID** : AHCC.0000126176 **Patient Location:** AHC  
**Patient Identifier:** AHCCA3059   
**DRN** : 222066931 **Completed on :** 24-DEC-2022 12:28  
**Ref Doctor** : DR. BHAWANA DAGA

### USG WHOLE ABDOMEN

#### FINDINGS :

Liver appears normal in size and shows fatty changes. No evidence of focal pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 8.8 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate measures normal in size(volume 9 cc) and echopattern.

#### IMPRESSION

Grade I fatty liver.

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Mr. RAHUL D ADHIKARI

AHCC.0000126176

AHCCA3059

**USG WHOLE ABDOMEN**

--- END OF THE REPORT ---

A. A PATEL

Dr. ALPESH A PATEL

DNB Resident

Printed on : 24-Dec-2022 15:02

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EYE CHECK UP

NAME *Ms Rahul Adhikari*

Date *24/12/20*

VA *6/6*  
*6/6*

flo

BCVA(Distance & Near)

RE *-5.01-2.5 x 10 6/6*

LE *-4.57-2.5 x 10 6/6*

Colour Vision *100*

Advice:

Checked By

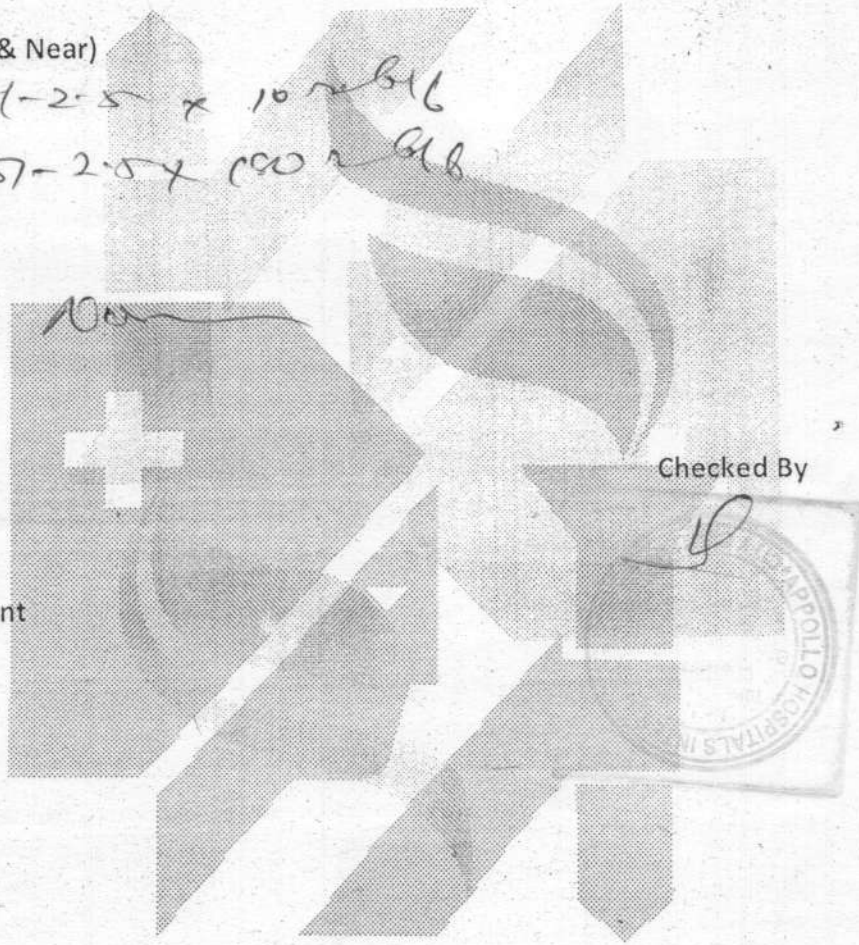
Anterior Segment

Fundus

Advice:

Diagnosis

Checked By





# ELECTROCARDIOGRAM REPORT

AHCC:0000126176  
MR. RAHUL D ADHIKARI  
Age: 28 Year(s) Year(s)/Male  
24 Dec 2022 9:22:22 AM



Name: \_\_\_\_\_ Age/Sex: \_\_\_\_\_ Date: \_\_\_\_\_  
Ref. By: \_\_\_\_\_ ECG No. \_\_\_\_\_ UHID/IP: \_\_\_\_\_

Referral Diagnosis:

Atria - Rate:

Rhythm:

Axis:

PR Interval:

P Wave:

Voltage:

Q Wave:

S-T Changes:

Final Impression:

Reported By:

Ventricular Rate:

QRS:

QTc:

|     |                 |                |                |                |                |
|-----|-----------------|----------------|----------------|----------------|----------------|
|     | V <sub>4R</sub> | V <sub>1</sub> | V <sub>2</sub> | V <sub>5</sub> | V <sub>6</sub> |
| R/S |                 |                |                |                |                |



**\*Caution:** Please get the ECG photocopied for future reference.

AHCC.0000126176  
MR. RAHUL D ADHIKARI  
Age: 28Year(s) Year(s)/Male  
24 Dec 2022 9:22:22 AM



Copy ID: Name: Birth date: / mmHg  
Sex: cm kg  
Medication:  
Symptoms: 1100 Sinus rhythm  
9110 \*\* normal ECG \*\*  
History:  
Vent. rate  
PR int  
QRS dur  
QT/QTc(E) int  
P/QRS/T axis  
RV5/SV1 amp  
RV5+SV1 amp

78 bpm  
158 ms  
88 ms  
362/ 395 ms  
57/ 85/ 43  
0.92/ 0.52 mV  
1.44 mV

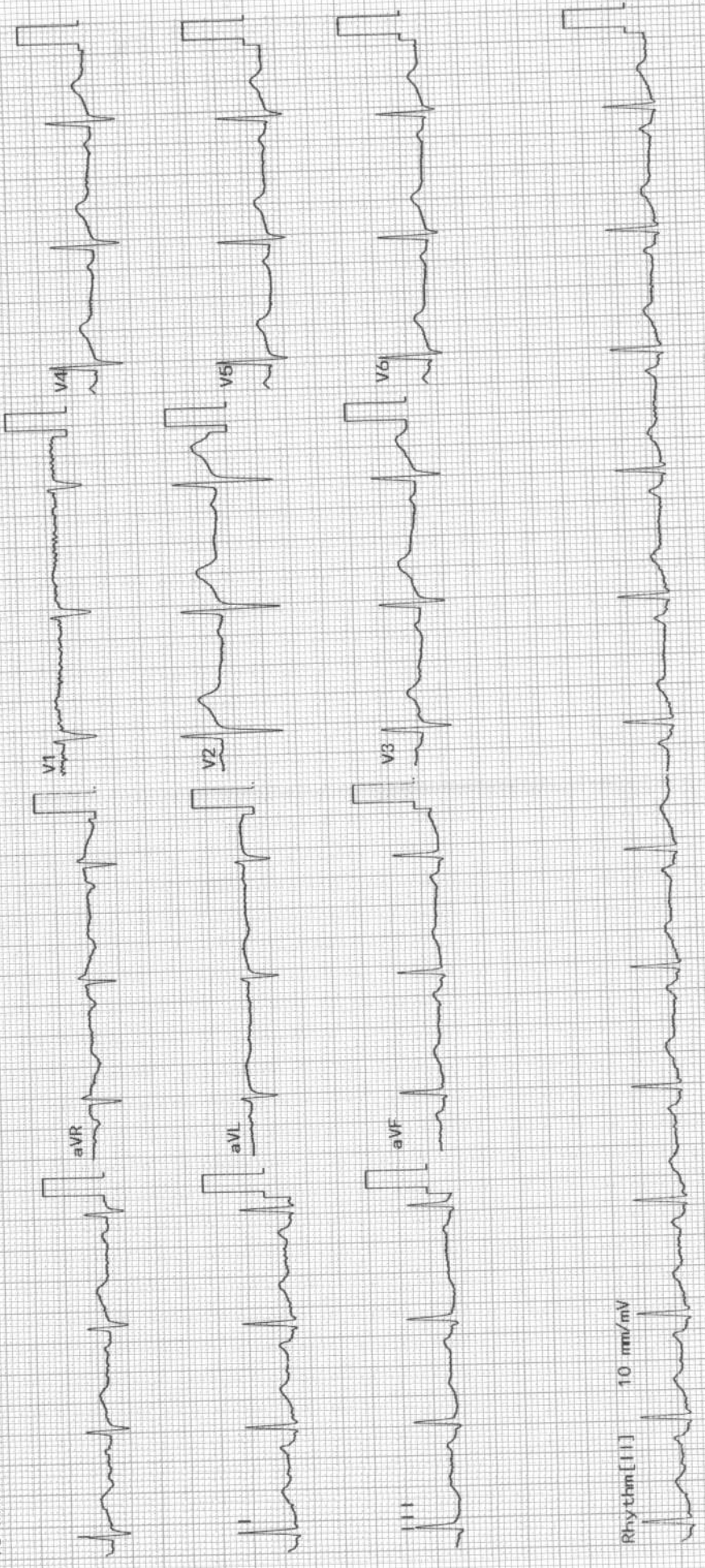
Unconfirmed Report  
Reviewed by:

10 mm/mV

10 mm/mV

Filter: H50 D 35 Hz 10 mm/mV

10 mm/mV 25 mm/s





Name : Mr. RAHUL D ADHIKARI (28 /M)

Date : 24/12/2022



Address : AHMEDABAD, AHMADABAD, AHMADABAD, GUJARAT, INDIA

Examined by : Dr .BHAWANA DAGA

UHID : AHCC.0000126176

Package : MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHCCA3059



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Dyslipidemia,  
Thyroid disorder, Heart  
disease, Stroke, Asthma,  
COPD, Cancer, Impaired  
Glycemia

Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Moderate



## Family history

Diabetes - father  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



## General

General appearance - normal  
Height - 178  
Weight - 81.3  
BMI - 25.66  
Pallor - No  
Oedema - no



## Cardiovascular system

Heart rate (Per minute) - 74  
Rhythm - Regular  
Systolic(mm of Hg) - 118  
Diastolic(mm of Hg) - 88  
Heart sounds - S1S2+

## Respiratory system

Breath sounds - Normal vesicular breath  
sounds



## Abdomen

Organomegaly - No  
Tenderness - No

Printed By : BHAWANA DAGA



## DRUG ALLERGY

NO KNOWN ALLERGY :24/12/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



## Past medical history

Do you have any - No  
allergies?  
Covid 19 - Yes  
Hospitalization for - No  
Covid 19



## Surgical history

Surgical history - Nil

## Immunization history

- Covid Dose1, Covid Dose2



## Personal history

Marital status - Married  
Diet - Mixed Diet



Name : Mr. RAHUL D ADHIKARI (28 /M)

UHID : AHCC.0000126176

Date : 24/12/2022



Organization is Accredited  
 Package : MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHCCA3059

**URINE FOR ROUTINE EXAMINATION**

| Test Name        | Result      | Unit        | Level | Range   |
|------------------|-------------|-------------|-------|---------|
| Specific Gravity | 1.020       |             |       |         |
| Colour:          | Pale-Yellow |             |       |         |
| Transparency:    | Clear       |             |       |         |
| pH               | 8           |             |       |         |
| Protein :        | Nil         |             |       |         |
| Sugar:           | Nil         |             |       |         |
| Blood:           | Negative    |             |       |         |
| Ketone           | Absent      |             |       |         |
| Bile Pigments:   | Absent      |             |       |         |
| Urobilinogen     | Normal      | E.U./d<br>L |       |         |
| Nitrite          | Negative    |             |       |         |
| Pus Cells        | Occasional  |             |       | 0-5     |
| RBC              | Nil         | /hpf        |       | 0-5/hpf |
| Epithelial Cells | Occasional  |             |       |         |
| Casts:           | Absent      |             |       |         |
| Crystals:        | Absent      |             |       |         |
| Note             | 24/12/2022  |             |       |         |

|  |        |              |   |               |
|--|--------|--------------|---|---------------|
| Neutrophils  | 60     | %            | ● | 40-75         |
| Lymphocytes  | 31     | %            | ● | 20-40         |
| Monocytes  | 07     | %            | ● | 2-10          |
| Eosinophils  | 02     | %            | ● | 01-06         |
| Basophils  | 00     | %            | ● | 0-1           |
| Platelet Count (Impedance)   | 338000 | /cu mm       | ● | 150000-450000 |
| MPV (Calculated)   | 7.4    | fl           | ● | 7-11          |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic) | 35 *   | mm/1st<br>hr | ● | 0-15          |

**URINE GLUCOSE(POST PRANDIAL)**

| Test Name                     | Result | Unit | Level | Range |
|-------------------------------|--------|------|-------|-------|
| Urine Glucose (Post Prandial) | Nil    |      |       |       |

**BLOOD GROUPING AND TYPING (ABO and Rh)**

| Test Name    | Result     | Unit | Level | Range |
|--------------|------------|------|-------|-------|
| BLOOD GROUP: | A Positive |      |       |       |

**LFT (LIVER FUNCTION TEST)**

| Test Name                           | Result | Unit  | Level | Range                 |
|-------------------------------------|--------|-------|-------|-----------------------|
| ALT(SGPT) - SERUM / PLASMA          | 60 *   | U/L   | ●     | 0-50                  |
| ALKALINE PHOSPHATASE - SERUM/PLASMA | 102    | U/L   | ●     | Adult(Male): 40 - 129 |
| AST (SGOT) - SERUM                  | 30     | U/L   | ●     | > 1 year Male : <40   |
| Total Bilirubin                     | 0.605  | mg/dL | ●     | 0.300-1.200           |
| Direct Bilirubin                    | 0.226  | mg/dL | ●     | Upto 0.3 mg/dl        |

**COMPLETE BLOOD COUNT WITH ESR**

| Test Name                            | Result | Unit           | Level | Range      |
|--------------------------------------|--------|----------------|-------|------------|
| Hemoglobin (Photometric Measurement) | 14.9   | gm%            | ●     | 13.0-17.0  |
| Packed cell volume(Calculated)       | 45.2   | %              | ●     | 40-50      |
| RBC COUNT (Impedance)                | 5.25   | Million/<br>ul | ●     | 4.5-5.9    |
| MCV (From RBC Histogram)             | 86.2   | fl             | ●     | 80-100     |
| MCH(Calculated)                      | 28.4   | pg             | ●     | 27-32      |
| MCHC(Calculated)                     | 33     | %              | ●     | 31-36      |
| RDW(Calculated)                      | 14.5   | %              | ●     | 11.5-14.5  |
| WBC Count (Impedance)                | 7700   | /cu mm         | ●     | 4000-11000 |

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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Name : Mr. RAHUL D ADHIKARI (28 /M)

UHID : AHCC.0000126176

Date : 24/12/2022

Package : MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHCCA3059

| Test Name  | Result | Unit  | Level | Range   |
|--|--------|-------|-------|---|
| Indirect Bilirubin                                   | 0.38   | mg/dL | ●     | 1 Day ≤5.1 mg/dL<br>2 Days ≤7.2 mg/dL<br>3-5 Days ≤10.3 mg/dL<br>6-7 Days ≤8.4 mg/dL<br>8-9 Days ≤6.5 mg/dL<br>10-11 Days ≤4.6 mg/dL<br>12-13 Days ≤2.7 mg/dL<br>14 Days - 9 Years 0.2-0.8 mg/dL<br>10-19 Years 0.2-1.1 mg/dL<br>≥20 Years 0.2-1.2 mg/dL          |
| Glucose - Plasma (Post Prandial)                     | 143 *  | mg/dL | ●     | 70-140  |
| <b>GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD</b> |        |       |       |   |
| Test Name  | Result | Unit  | Level | Range   |
| Glycosylated Hemoglobin (HbA1c)                      | 5.99 * | %     | ●     | Normal < 5.7<br><br>%Increased risk for Diabetes 5.7 - 6.4%<br><br>Diabetes >= 6.5%<br><br>Monitoring criteria for Diabetes Mellitus<br><7.0 : Well Controlled Diabetes<br>7.1 – 8.0 : Unsatisfactory Control<br>> 8.0 : Poor Control & Needs Immediate Treatment |

**CREATININE - SERUM / PLASMA**

| Test Name                   | Result | Unit  | Level | Range                 |
|-----------------------------|--------|-------|-------|-----------------------|
| CREATININE - SERUM / PLASMA | 0.84   | mg/dL | ●     | Adult Male: 0.6 - 1.3 |

**LFT (LIVER FUNCTION TEST)**

| Test Name                                   | Result | Unit | Level | Range                             |
|---|--------|------|-------|-----------------------------------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 24     | U/L  | ●     | Male : 10 - 71<br>Female : 6 - 42 |

**GLUCOSE - SERUM / PLASMA (FASTING)**

| Test Name                  | Result | Unit  | Level | Range   |
|----------------------------|--------|-------|-------|---|
| Glucose - Plasma (Fasting) | 88     | mg/dL | ●     | 70 - 100 : Normal<br>100 - 125 : Impaired Glucose Tolerance<br>>= 126 : Diabetes Mellitus |

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS**

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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Name : Mr. RAHUL D ADHIKARI (28 /M)

UHID : AHCC.0000126176

Date : 24/12/2022

Package : MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHCCA3059

Glycosylated Hemoglobin (HbA1c) 5.99 \* % ● Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus

<7.0 : Well Controlled Diabetes

7.1 – 8.0 : Unsatisfactory Control

> 8.0 : Poor Control & Needs Immediate Treatment

Mean Blood Sugar 125

TSH: THYROID STIMULATING HORMONE - SERUM 1.52 µIU/mL ● 14-120 years : 0.27 - 4.20

**URIC ACID - SERUM**

| Test Name         | Result | Unit  | Level | Range                              |
|-------------------|--------|-------|-------|------------------------------------|
| URIC ACID - SERUM | 7.0    | mg/dL | ●     | Male : 3.4-7.0<br>Female : 2.4-5.7 |

**BUN (BLOOD UREA NITROGEN)**

| Test Name                 | Result | Unit  | Level | Range   |
|---------------------------|--------|-------|-------|---------|
| BUN (BLOOD UREA NITROGEN) | 10     | mg/dL | ●     | 6-20    |
| UREA - SERUM / PLASMA     | 22     | mg/dL | ●     | 15 - 50 |

**LIPID PROFILE - SERUM**

| Test Name  | Result | Unit  | Level | Range  |
|--|--------|-------|-------|--|
| Total Cholesterol  | 161    | mg/dl | ●     | 0 - 200 : Desirable<br>200 - 240 : Borderline High<br>240 - 280 : High<br>> 280 : Very High  |
| Triglycerides - Serum  | 58     | mg/dL | ●     | 0-150  |
| HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric) | 55 *   | mg/dL | ●     | < 40 : Major risk factor for heart disease<br>40 - 59 : The higher The better.<br>>=60 : Considered protective against heart disease |

**LFT (LIVER FUNCTION TEST)**

| Test Name                      | Result | Unit | Level | Range                        |
|--------------------------------|--------|------|-------|------------------------------|
| PROTEIN TOTAL - SERUM / PLASMA | 7.90   | g/dL | ●     | 6.00-8.00                    |
| ALBUMIN - SERUM                | 4.77   | g/dL | ●     | Adult(18 - 60 Yr): 3.5 - 5.2 |
| ALBUMIN - SERUM                | 4.77   | g/dL | ●     | Adult(18 - 60 Yr): 3.5 - 5.2 |
| Globulin-Serum/Plasma          | 3.1    |      | ●     | 2.20-4.20                    |
| A/G ratio                      | 1.5    |      | ●     | 1.00-2.00                    |

**THYROID PROFILE (T3,T4 AND TSH)**

| Test Name                           | Result | Unit  | Level | Range      |
|-------------------------------------|--------|-------|-------|------------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.15   | ng/mL | ●     | 0.8 - 2.0  |
| TOTAL T4: THYROXINE - SERUM         | 7.16 * | ug/dL | ●     | 5.1 - 14.1 |

● Within Normal Range    ● Borderline High/Low    ● Out of Range





Name : Mr. RAHUL D ADHIKARI (28 /M)

UHID : AHCC.0000126176

Date : 24/12/2022



AHC No : AHCCA3059

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Package : MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

|                              |     |         |  |
|------------------------------|-----|---------|--|
| LDL Cholesterol (Direct LDL) | 102 | mg/dL ● | 100 : Optimal<br>100-129 : Near Optimal<br>130-159 : Borderline High<br>160-189 : High<br>≥190 : Very High |
| VLDL CHOLESTEROL             | 12  | ●       | < 40 mg/dl   |
| C/H RATIO                    | 3   | ●       | 0-4.5  |

**USG WHOLE ABDOMEN**

Grade I fatty liver.

**X-RAY CHEST PA**

NORMAL STUDY.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

URINE GLUCOSE(FASTING)

STOOL ROUTINE

**CARDIOLOGY**

ECHO/TMT

ECG

● Within Normal Range    ● Borderline High/Low    ● Out of Range



Name : Mr. RAHUL D ADHIKARI (28 /M)

UHID : AHCC.0000126176

Date : 24/12/2022



AHC No : AHCCA3059

Package : MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

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### Executive Summary

- ALL PHYSICAL FINDINGS ARE WNL.
- GRADE 1 FATTY LIVER.
- MILDLY DERANGED BLOOD GLUCOSE LEVELS.
- TMT NOT DONE.

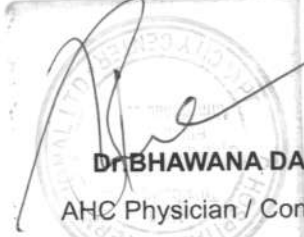
### Wellness Prescription

#### Advice On Diet :-

- LOW CARB, LOW FAT DIET.

#### Advice On Physical Activity :-

- REGULAR EXERCISE.



**Dr. BHAWANA DAGA**  
AHC Physician / Consultant Internal Medicine

Printed By : BHAWANA DAGA

**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.





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DEPARTMENT OF HAEMATOLOGY

--

Name : Mr. RAHUL D ADHIKARI Age : 28Yr 11Mth 17Days Gender : Male  
 UHID : AHCC.0000126176 / AHCCAH3059 W/BNo/RefNo : AHC  
 SIN \LRN : 3626028 \ 1557827  
 Specimen : Whole Blood ( EDTA )  
 Ref Doctor : DR. BHAWANA DAGA



Collected on : 24-DEC-2022 11:19:54 AM Received on : 24-DEC-2022 11:30:38 AM Reported on : 24-DEC-2022 09:22:15 PM

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

| TEST NAME  | RESULT | BIOLOGICAL REFERENCE INTERVALS | UNITS      |
|--|--------|--------------------------------|------------|
| <b>COMPLETE BLOOD COUNT WITH ESR</b>                               |        |                                |            |
| Hemoglobin (Photometric Measurement)                               | 14.9   | 13.0 - 17.0                    | gm%        |
| Packed cell volume(Calculated)                                     | 45.2   | 40 - 50                        | %          |
| RBC COUNT (Impedance)  | 5.25   | 4.5 - 5.9                      | Million/ul |
| MCV (From RBC Histogram)   | 86.2   | 80 - 100                       | fl         |
| MCH(Calculated)  | 28.4   | 27 - 32                        | pg         |
| MCHC(Calculated)   | 33     | 31 - 36                        | %          |
| RDW(Calculated)  | 14.5   | 11.5 - 14.5                    | %          |
| WBC Count (Impedance)  | 7700   | 4000 - 11000                   | /cu mm     |
| <b>Differential Count (VCS Technology and Microscopy)</b>          |        |                                |            |
| Neutrophils  | 60     | 40 - 75                        | %          |
| Lymphocytes  | 31     | 20 - 40                        | %          |
| Monocytes  | 07     | 2 - 10                         | %          |
| Eosinophils  | 02     | 01 - 06                        | %          |
| Basophils  | 00     | 0 - 1                          | %          |
| Platelet Count (Impedance)   | 338000 | 150000 - 450000                | /cu mm     |
| MPV (Calculated)   | 7.4    | 7 - 11                         | fl         |
| <b>PERIPHERAL SMEAR(Microscopy)</b>                                |        |                                |            |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic) | 35 *   | 0 - 15                         | mm/1st hr  |

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DEPARTMENT OF HAEMATOLOGY

Name : Mr. RAHUL D ADHIKARI Age : 28Yr 11Mth 17Days Gender : Male  
 UHID : AHCC.0000126176 / AHCCAH3059 W/BNo/RefNo : AHC  
 SIN ILRN : 3626028 \ 1557827  
 Specimen : Whole Blood ( EDTA )  
 Ref Doctor : DR. BHAWANA DAGA



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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

--

Name : Mr. RAHUL D ADHIKARI      Age : 28Yr 11Mth      Gender : Male  
 UHID : AHCC.0000126176 / AHCCAH3059      W/BNo/RefNo : AHC  
 SIN \ LRN : 3626030 \ 3626037 \ 3626029 \ 3626031 \      17Days  
 Specimen : Serum  
 Ref Doctor : DR. BHAWANA DAGA



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MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

| TEST NAME  | RESULT    | BIOLOGICAL REFERENCE INTERVALS   | UNITS |
|--|-----------|--|-------|
| GLYCOSYLATED HEMOGLOBIN (HBA1C) -<br>WHOLE BLOOD<br>(Immuno-turbidimetric) | 5.99 *    | Normal < 5.7%<br><br>Increased risk for Diabetes 5.7 -<br>6.4%<br><br>Diabetes >= 6.5%<br><br>Monitoring criteria for Diabetes<br>Mellitus<br><7.0 : Well Controlled Diabetes<br>7.1 - 8.0 : Unsatisfactory Control<br>> 8.0 : Poor Control & Needs<br>Immediate Treatment | %     |
| Mean Blood Sugar<br>GLUCOSE - SERUM / PLASMA (FASTING)<br>(Hexokinase)     | 125<br>88 | 70 - 100 : Normal<br>100 - 125 : Impaired Glucose<br>Tolerance<br>>= 126 : Diabetes Mellitus   | mg/dL |
| ALT(SGPT) - SERUM / PLASMA<br>(UV without P5P)                             | 60 *      | Adult Male : < 45  | U/L   |
| ALKALINE PHOSPHATASE - SERUM/PLASMA<br>(PNP AMP BUFFER)                    | 102       | Adult(Male): 40 - 129  | U/L   |
| AST (SGOT) - SERUM   | 30        | > 1 year Male : <40  | U/L   |

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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

--

Name : Mr. RAHUL D ADHIKARI Age : 28Yr 11Mth Gender : Male  
 UHID : AHCC.0000126176 / AHCCA3059 W/BNo/RefNo : AHCC  
 SIN \ LRN : 3626030 \ 3626037 \ 3626029 \ 3626031 \  
 Specimen : Serum  
 Ref Doctor : DR. BHAWANA DAGA



Collected on : 24-DEC-2022 11:19:54 AM Received on : 24-DEC-2022 11:30:52 AM Reported on : 24-DEC-2022 08:20:12 PM

(UV without P5P)

**BILIRUBIN (DIRECT/INDIRECT/TOTAL) - SERUM**

(Diazotization)

|  |              |  |       |
|--|--------------|--|-------|
| <b>Bilirubin Total</b>                             | <b>0.605</b> | 0-1 days : 0 - 6mg/dl<br>1-2 days : 0 - 8mg/dl<br>2-5 days : 0 - 12mg/dl<br>5days - 4 months : 0.3 -1.2mg/dl<br>>4 months : 0.3-1.2 mg/dl  | mg/dL |
| <b>Direct Bilirubin</b>                            | <b>0.226</b> | Upto 0.3 mg/dl   | mg/dL |
| <b>Indirect Bilirubin</b>                          | <b>0.38</b>  | 1 Day ≤5.1 mg/dL<br>2 Days ≤7.2 mg/dL<br>3-5 Days ≤10.3 mg/dL<br>6-7 Days ≤8.4 mg/dL<br>8-9 Days ≤6.5 mg/dL<br>10-11 Days ≤4.6 mg/dL<br>12-13 Days ≤2.7 mg/dL<br>14 Days - 9 Years 0.2-0.8 mg/dL<br>10-19 Years 0.2-1.1 mg/dL<br>≥20 Years 0.2-1.2 mg/dL | mg/dL |
| <b>CREATININE - SERUM / PLASMA</b>                 | <b>0.84</b>  | Adult Male: 0.6 - 1.3  | mg/dL |
| (Alkaline picrate - kinetic rate blanked)          |              |  |       |
| <b>GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM</b> | <b>24</b>    | Male : 10 - 71<br>Female : 6 - 42  | U/L   |
| (IFCC)   |              |  |       |
| <b>PROTEIN TOTAL - SERUM / PLASMA</b>              | <b>7.90</b>  | >2 Year: 6.0 - 8.0   | g/dL  |
| (Biuret)   |              |  |       |
| <b>ALBUMIN - SERUM</b>                             | <b>4.77</b>  | Adult(18 - 60 Yr): 3.5 - 5.2   | g/dL  |

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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

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Name : Mr. RAHUL D ADHIKARI Age : 28Yr 11Mth Gender : Male  
 UHID : AHCC.0000126176 / AHCCA3059 W/BNo/RefNo : AHCC  
 SIN \ LRN : 3626030 \ 3626037 \ 3626029 \ 3626031 \  
 Specimen : Serum  
 Ref Doctor : DR. BHAWANA DAGA



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|   |        |   |        |
|---|--------|---|--------|
| Globulin-Serum/Plasma   | 3.1    | 2.2 - 4.2   |        |
| A/G ratio   | 1.5    | 1.00 - 2.00   |        |
| TOTAL T3: TRI IODOTHYRONINE - SERUM<br>(Electrochemiluminescence:ECLIA)         | 1.15   | 0.8 - 2.0   | ng/mL  |
| TOTAL T4: THYROXINE - SERUM<br>(Electrochemiluminescence:ECLIA)                 | 7.16 * | 5.1 - 14.1  | ug/dL  |
| TSH: THYROID STIMULATING HORMONE -<br>SERUM<br>(Electrochemiluminescence:ECLIA) | 1.52   | 14-120 years : 0.27 - 4.20  | µIU/mL |
| URIC ACID - SERUM<br>(Uricase, colorimetric)                                    | 7.0    | Male : 3.4-7.0<br>Female : 2.4-5.7  | mg/dL  |
| BUN (BLOOD UREA NITROGEN)<br>(Histology)  | 10     | Adult : 6 - 20  | mg/dL  |
| UREA - SERUM / PLASMA   | 22     | 15 - 50   | mg/dL  |
| LIPID PROFILE - SERUM   |        |   |        |
| TOTAL CHOLESTEROL (CHOD POD)  | 161    | 0 - 200 : Desirable<br>200 - 240 : Borderline High<br>240 - 280 : High<br>> 280 : Very High | mg/dl  |
| TRIGLYCERIDES - SERUM (Enzymatic Endpoint)                                      | 58     | Normal: <150<br>High: 150 - 199<br>Hypertriglyceridemic: 200 - 499<br>Very High: >=500      | mg/dL  |
| HDL CHOLESTEROL - SERUM / PLASMA (Direct<br>Enzymatic Colorimetric)             | 55 *   | < 40 : Major risk factor for heart<br>disease<br>40 - 59 : The higher<br>The better.        | mg/dL  |



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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

Name : Mr. RAHUL D ADHIKARI Age : 28Yr 11Mth Gender : Male  
 UHID : AHCC.0000126176 / AHCCAH3059 W/BNo/RefNo : AHC  
 SIN \ LRN : 3626030 \ 3626037 \ 3626029 \ 3626031 \  
 Specimen : Serum  
 Ref Doctor : DR. BHAWANA DAGA



Collected on : 24-DEC-2022 11:19:54 AM Received on : 24-DEC-2022 11:30:52 AM Reported on : 24-DEC-2022 08:20:12 PM

|  |       |   |       |
|--|-------|---|-------|
| LDL CHOLESTEROL - SERUM / PLASMA (Direct LDL)                | 102   | >=60 : Considered protective against heart disease<br>< 100 : Optimal<br>100-129 : Near Optimal<br>130-159 : Borderline High<br>160-189 : High<br>>=190 : Very High | mg/dL |
| VLDL CHOLESTEROL (Calculated)                                | 12    | < 40 mg/dl  |       |
| C/H RATIO (Calculated)                                       | 3     | &lt; 4.5  |       |
| GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS (Hexokinase) |       |   |       |
| GLUCOSE - SERUM / PLASMA (POST PRANDIAL)                     | 143 * | 70 - 140  | mg/dL |

24/12/2022

Report Status:Final

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Dr.RAVISH SHAH  
MD PATHOLOGY





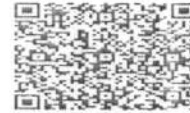
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DEPARTMENT OF CLINICAL PATHOLOGY

--

Name : Mr. RAHUL D ADHIKARI Age : 28Yr 11Mth 17Days Gender : Male  
 UHID : AHCC.0000126176 / AHCCAH3059 W/BNo/RefNo : AHC  
 SIN ILRN : 3626032 \ 3626034 \ 1557827  
 Specimen : Urine  
 Ref Doctor : DR. BHAWANA DAGA



Collected on : 24-DEC-2022 11:19:54 AM Received on : 24-DEC-2022 11:31:02 AM Reported on : 25-DEC-2022 02:22:04 AM

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

| TEST NAME  | RESULT      | BIOLOGICAL REFERENCE INTERVALS | UNITS   |
|--|-------------|--------------------------------|---------|
| <b>URINE GLUCOSE(POST PRANDIAL)</b>                        |             |                                |         |
| \$ URINE GLUCOSE(POST PRANDIAL)                            | Nil         |                                |         |
| <b>URINE FOR ROUTINE EXAMINATION : (Solubility Method)</b> |             |                                |         |
| <b>PHYSICAL EXAMINATION</b>                                |             |                                |         |
| Specific Gravity   | 1.020       |                                |         |
| Colour:  | Pale-Yellow |                                |         |
| Transparency:  | Clear       |                                |         |
| <b>CHEMICAL EXAMINATION</b>                                |             |                                |         |
| pH   | 8           |                                |         |
| Protein :  | Nil         |                                |         |
| Sugar:   | Nil         |                                |         |
| Blood:   | Negative    |                                |         |
| Ketone   | Absent      |                                |         |
| Bile Pigments:   | Absent      |                                |         |
| Urobilinogen   | Normal      |                                | E.U./dL |
| Nitrite  | Negative    |                                |         |
| <b>Cells:</b>  |             |                                |         |
| Pus Cells  | Occassional | 0-5/hpf                        |         |
| RBC  | Nil         | 0-5/hpf                        | /hpf    |
| Epithelial Cells   | Occassional |                                |         |
| Casts:   | Absent      |                                |         |
| Crystals:  | Absent      |                                |         |
| Note   | 24/12/2022  |                                |         |

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DEPARTMENT OF CLINICAL PATHOLOGY

--

Name : Mr. RAHUL D ADHIKARI Age : 28Yr 11Mth 17Days Gender : Male  
 UHID : AHCC.0000126176 / AHCCAH3059 W/BNo/RefNo : AHC  
 SIN \LRN : 3626032 \ 3626034 \ 1557827  
 Specimen : Urine  
 Ref Doctor : DR. BHAWANA DAGA



Collected on : 24-DEC-2022 11:19:54 AM Received on : 24-DEC-2022 11:31:02 AM Reported on : 25-DEC-2022 02:22:04 AM

24/12/2022

Report Status:Final

\* END OF REPORT \*

CHECKED BY : 1060162  
724146

*Ravish Shah*

Printed On : 25-DEC-2022 04:48:31 PM

Dr. RAVISH SHAH  
MD PATHOLOGY

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### Radiology

**Patient Details :** Mr. RAHUL D ADHIKARI | Male | 28Yr 11Mth 17Days  
**UHID :** AHCC.0000126176      **Patient Location:** AHC  
**Patient Identifier:** AHCCA3059        
**DRN :** 122147944      **Completed on :** 24-DEC-2022 11:01  
**Ref Doctor :** DR. BHAWANA DAGA

### X-RAY CHEST PA

#### FINDINGS :

Both lung fields appear normal. Bilateral hilar shadows appear normal. Trachea and major bronchi appear normal. Cardiac size appears normal. Both costophrenic angles are clear. Domes of diaphragm are well delineated. Visualized bones appear normal.

#### IMPRESSION

NORMAL STUDY.

— END OF THE REPORT —

*A. A. PATEL*

Dr. ALPESH A PATEL

DNB Resident

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### Radiology

**Patient Details** : Mr. RAHUL D ADHIKARI | Male | 28Yr 11Mth 17Days  
**UHID** : AHCC.0000126176 **Patient Location:** AHC  
**Patient Identifier:** AHCCA3059   
**DRN** : 222066931 **Completed on :** 24-DEC-2022 12:28  
**Ref Doctor** : DR. BHAWANA DAGA

### USG WHOLE ABDOMEN

#### FINDINGS :

Liver appears normal in size and shows fatty changes. No evidence of focal pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 8.8 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate measures normal in size(volume 9 cc) and echopattern.

#### IMPRESSION

Grade I fatty liver.

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Mr. RAHUL D ADHIKARI

AHCC.0000126176

AHCCA3059

**USG WHOLE ABDOMEN**

--- END OF THE REPORT ---

A. A PATEL

Dr. ALPESH A PATEL

DNB Resident

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EYE CHECK UP

NAME *Ms Rahul Adhikari*

Date *24/12/20*

VA *6/6*  
*6/6*

flo

BCVA(Distance & Near)

RE *-5.07-2.5 x 10 6/6*

LE *-4.57-2.5 x 10 6/6*

Colour Vision *100*

Advice:

Checked By

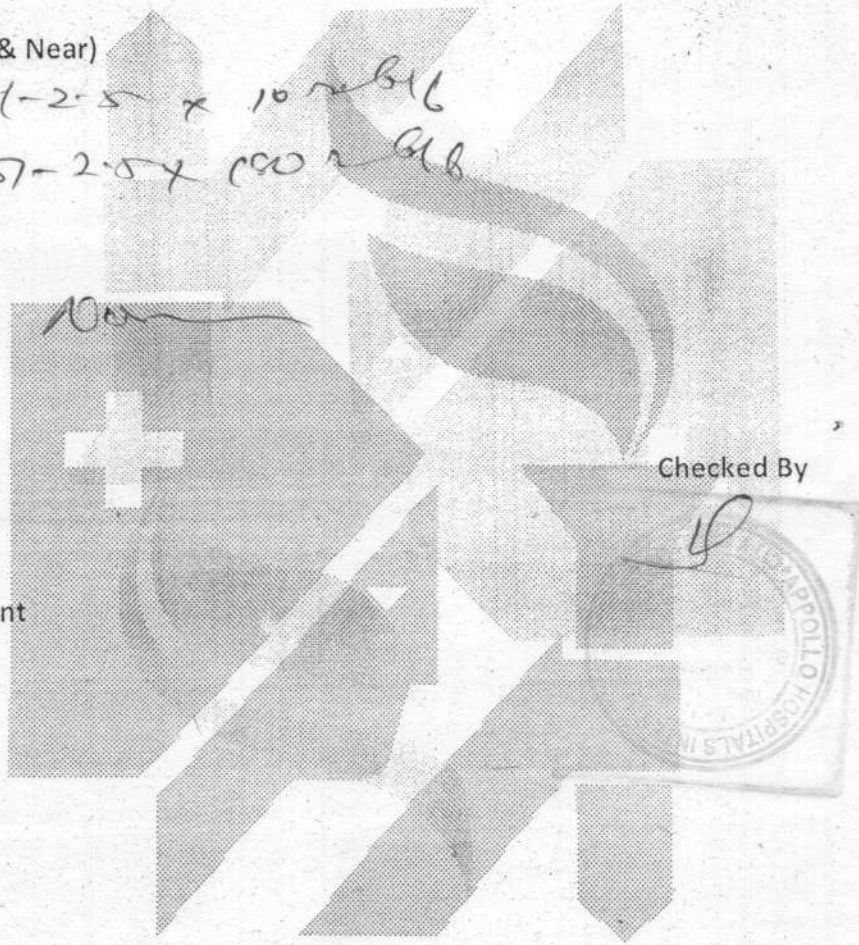
Anterior Segment

Fundus

Advice:

Diagnosis

Checked By





# ELECTROCARDIOGRAM REPORT

AHCC:0000126176  
MR. RAHUL D ADHIKARI  
Age: 28 Year(s) Year(s)/Male  
24 Dec 2022 9:22:22 AM



Name: \_\_\_\_\_ Age/Sex: \_\_\_\_\_ Date: \_\_\_\_\_  
Ref. By: \_\_\_\_\_ ECG No. \_\_\_\_\_ UHID/IP: \_\_\_\_\_

Referral Diagnosis:

Atria - Rate:

Rhythm:

Axis:

PR Interval:

P Wave:

Voltage:

Q Wave:

S-T Changes:

Final Impression:

Reported By:

Ventricular Rate:

QRS:

QTc:

|     | V <sub>4R</sub> | V <sub>1</sub> | V <sub>2</sub> | V <sub>5</sub> | V <sub>6</sub> |
|-----|-----------------|----------------|----------------|----------------|----------------|
| R/S |                 |                |                |                |                |



**\*Caution:** Please get the ECG photocopied for future reference.

AHCC.0000126176  
MR. RAHUL D ADHIKARI  
Age: 28Year(s) Year(s)/Male  
24 Dec 2022 9:22:22 AM



Copy ID: Name: Birth date: / mmHg  
Sex: cm kg  
Medication: 78 bpm  
Symptoms: 158 ms  
History: 88 ms  
Vent. rate 362/ 395 ms  
PR int 57/ 85/ 43 ms  
QRS dur 0.92/ 0.52 mV  
QT/QTc(E) int 1.44 mV  
P/QRS/T axis  
RV5/SV1 amp  
RV5+SV1 amp

1100 Sinus rhythm  
9110 \*\* normal ECG \*\*

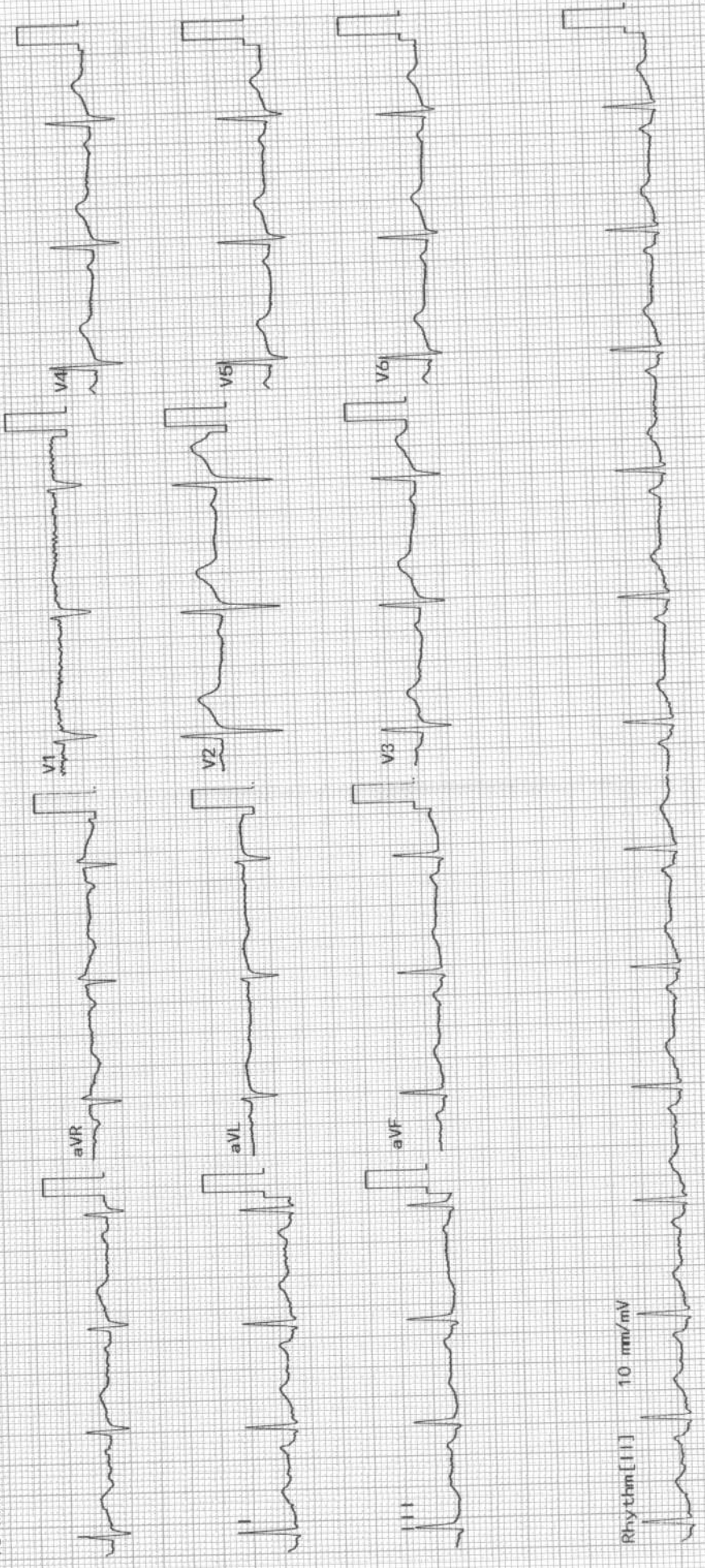
Unconfirmed Report  
Reviewed by:

10 mm/mV

10 mm/mV

Filter: H50 D 35 Hz 10 mm/mV

10 mm/mV 25 mm/s



Exam: