

Name : Mrs. SANGITA DEY (46 /F)

Date : 18/06/2022

Address : BAGUIATI, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001972002

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH150244



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Weakness.

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:18/06/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Bowel habits - regular; Piles - yes

### Genitourinary system

Frequency - normal

### Gynaec history

Last menstrual period - 4/6/22; Periods - regular;  
Last child birth - 20 years; No of deliveries - P1+1

### Central nervous system

Head ache - yes; Concentration - good; Sleep - normal

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
Back (lower) - pain

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Nil



### Past medical history

Malaria - 20 years back  
Jaundice - At childhood.  
Typhoid - At childhood.



### Surgical history

Lower segment caesarean section - 20 years back.

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### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Sedentary

### Family history

Father - alive  
Mother - alive  
Diabetes - father  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION

### General

Build - Healthy  
Height - 150 Cm  
Weight - 53 Kg  
BMI - 23.56  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 62  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 90  
Diastolic(mm of Hg) - 68  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - yes

### Central nervous system

- No neurological deficit

### Skin

- No significant finding

### Musculo Skeletal System

- No significant finding

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.2	g/dl	●	12.0-15.0
RBC COUNT	4.68	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	39.8	%	●	36-46
MCV	85.1	fl	●	83-101
MCH	28.2	pg	●	27-32
MCHC	33.2	%	●	31.5-34.5
RDW	14.6 *	%	●	11.8-14.0
WBC Count	7000	/cu mm	●	4000-10000
Platelet Count	3.61	lacs/cu mm	●	1.5-4.0
Neutrophils	46	%	●	40-80
Lymphocytes	46 *	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	17	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	10	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			
Pus Cells	1-2	/hpf		

Epithelial Cells	10-15
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	15	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	70	U/L	●	42-98
AST (SGOT) - SERUM	24	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	166	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	35	U/L	●	7-64
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TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.6	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	84	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	162 *	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	119	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.2	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHO LE BLOOD	5.4	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Theraputic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.4	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	45	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	92	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	29	mg/dL	●	0-35

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.5 *	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.2:1.0			1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.9	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.6	g/dL	●	1.8-3.6

**PAP SMEAR /CERVICAL SMEAR**

Ref No:  
AG01.C2203334  
SPECIMEN TYPE:  
Conventional cervical smear (Pap) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation without endocervical cells.  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy,with no  
organism

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
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**ECG**

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SINUS RHYTHM.  
LOW "QRS" AMPLITUDES.  
SHORT PR INTERVAL.

#### **TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE  
MYOCARDIAL ISCHAEMIA.

#### **ULTRASOUND BREAST BILATERAL**

\* Both breasts sonographic study within normal limits.

BI-RADS category - 1 (normal).

Dr. TANDRA SARKAR  
MBBS, DMRE, DNB (RADIODIAGNOSIS), MNAMS  
CONSULTANT RADIOLOGIST  
Reg. No. 49319 (WBMC)

#### **ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade-I fatty liver.

\* Bulky uterus.

#### **X-RAY CHEST PA**

\* Chest skiagram does not reveal any significant  
abnormality.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

#### **Haematology**

STOOL ROUTINE

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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