

Patient Name : Mr.TUTIKA BALAKRISHNA	Collected : 11/Nov/2023 08:05AM
Age/Gender : 33 Y 5 M 24 D/M	Received : 11/Nov/2023 12:16PM
UHID/MR No : CANN.0000229294	Reported : 11/Nov/2023 01:46PM
Visit ID : CANNOPV378288	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE49693	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

METHODOLOGY	: Microscopic.
RBC MORPHOLOGY	: Predominantly normocytic normochromic RBC's noted.
WBC MORPHOLOGY	: Normal in number, morphology and distribution. No abnormal cells seen.
PLATELETS	: Adequate in number.
PARASITES	: No haemoparasites seen.
IMPRESSION	: Normocytic normochromic blood picture.
NOTE/ COMMENT	: Please correlate clinically.



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Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD EDTA

HAEMOGLOBIN	14.4	g/dL	13-17	Spectrophotometer
PCV	42.30	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.99	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	84.8	fL	83-101	Calculated
MCH	29	pg	27-32	Calculated
MCHC	34.2	g/dL	31.5-34.5	Calculated
R.D.W	13.9	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,100	cells/cu.mm	4000-10000	Electrical Impedance

DIFFERENTIAL LEUCOCYTIC COUNT (DLC)

NEUTROPHILS	62.4	%	40-80	Electrical Impedance
LYMPHOCYTES	25.8	%	20-40	Electrical Impedance
EOSINOPHILS	1.9	%	1-6	Electrical Impedance
MONOCYTES	8.7	%	2-10	Electrical Impedance
BASOPHILS	1.2	%	<1-2	Electrical Impedance

ABSOLUTE LEUCOCYTE COUNT

NEUTROPHILS	5054.4	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2089.8	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	153.9	Cells/cu.mm	20-500	Calculated
MONOCYTES	704.7	Cells/cu.mm	200-1000	Calculated
BASOPHILS	97.2	Cells/cu.mm	0-100	Calculated

PLATELET COUNT

PLATELET COUNT	184000	cells/cu.mm	150000-410000	Electrical impedance
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ERYTHROCYTE SEDIMENTATION RATE (ESR)

ERYTHROCYTE SEDIMENTATION RATE (ESR)	4	mm at the end of 1 hour	0-15	Modified Westergren
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PERIPHERAL SMEAR

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IMPRESSION : Normocytic normochromic blood picture.

NOTE/ COMMENT : Please correlate clinically.



SIN No: BED230276893

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
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APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) Andhra Pradesh: Vizag (Seethamma Peta) Karnataka: Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) Mysore (VV Mohalla) Tamilnadu: Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) Maharashtra: Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) Uttar Pradesh: Ghaziabad (Indrapuram) Gujarat: Ahmedabad (Satellite) Punjab: Amritsar (Court Road) Haryana: Faridabad (Railway Station Road)

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UHID/MR No : CANN.0000229294	Reported : 11/Nov/2023 03:17PM
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA

BLOOD GROUP TYPE	O			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

PLEASE NOTE THIS SAMPLE HAS BEEN TESTED ONLY FOR ABO MAJOR GROUPING AND ANTI D ONLY.



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Patient Name : Mr.TUTIKA BALAKRISHNA	Collected : 11/Nov/2023 08:05AM
Age/Gender : 33 Y 5 M 24 D/M	Received : 11/Nov/2023 12:41PM
UHID/MR No : CANN.0000229294	Reported : 11/Nov/2023 01:04PM
Visit ID : CANNOPV378288	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	92	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of $> \text{ or } = 126 \text{ mg/dL}$ and/or a random / 2 hr post glucose value of $> \text{ or } = 200 \text{ mg/dL}$ on at least 2 occasions.
- Very high glucose levels ($>450 \text{ mg/dL}$ in adults) may result in Diabetic Ketoacidosis & is considered critical.



Patient Name : Mr.TUTIKA BALAKRISHNA	Collected : 11/Nov/2023 01:05PM
Age/Gender : 33 Y 5 M 24 D/M	Received : 11/Nov/2023 03:39PM
UHID/MR No : CANN.0000229294	Reported : 11/Nov/2023 04:25PM
Visit ID : CANNOPV378288	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	88	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



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UHID/MR No : CANN.0000229294	Reported : 11/Nov/2023 01:09PM
Visit ID : CANNOPV378288	Status : Final Report
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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C, GLYCATED HEMOGLOBIN , <i>WHOLE BLOOD EDTA</i>	5.2	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , <i>WHOLE BLOOD EDTA</i>	103	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



SIN No:EDT230102132

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM

TOTAL CHOLESTEROL	240	mg/dL	<200	CHO-POD
TRIGLYCERIDES	92	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	55	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	185	mg/dL	<130	Calculated
LDL CHOLESTEROL	166.6	mg/dL	<100	Calculated
VLDL CHOLESTEROL	18.4	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.36		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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LIVER FUNCTION TEST (LFT) , SERUM

BILIRUBIN, TOTAL	0.99	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.15	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.84	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	48	U/L	<50	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	34.0	U/L	<50	IFCC
ALKALINE PHOSPHATASE	77.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.50	g/dL	6.6-8.3	Biuret
ALBUMIN	4.70	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.80	g/dL	2.0-3.5	Calculated
A/G RATIO	1.68		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM

CREATININE	0.95	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	28.00	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	13.1	mg/dL	8.0 - 23.0	Calculated
URIC ACID	6.00	mg/dL	3.5–7.2	Uricase PAP
CALCIUM	10.00	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	4.20	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	140	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.0	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	104	mmol/L	101–109	ISE (Indirect)



SIN No:SE04537090

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	78.00	U/L	<55	IFCC



SIN No:SE04537090

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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

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THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM

TRI-iodothyronine (T3, TOTAL)	1.12	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	10.74	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	4.580	µIU/mL	0.34-5.60	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



Patient Name : Mr.TUTIKA BALAKRISHNA	Collected : 11/Nov/2023 08:05AM
Age/Gender : 33 Y 5 M 24 D/M	Received : 11/Nov/2023 01:14PM
UHID/MR No : CANN.0000229294	Reported : 11/Nov/2023 01:54PM
Visit ID : CANNOPV378288	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE49693	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

COMPLETE URINE EXAMINATION (CUE) , URINE

PHYSICAL EXAMINATION

COLOUR	PALE STRAW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.025		1.002-1.030	Bromothymol Blue

BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE

CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	1-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



SIN No:UR2217947
This test has been performed at Apollo Health and Lifestyle Ltd - RRI ASHOK NAGAR
This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)
Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address:
D No.30, F - Block 2nd Avenue, Anna Nagar East, Chennai.600 102,
Phone - 044.26224504 / 05

1860 500 7788
www.apolloclinic.com

APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) Andhra Pradesh: Vizag (Seethamma Peta) Karnataka: Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) Mysore (VV Mohalla) Tamilnadu: Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) Maharashtra: Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) Uttar Pradesh: Ghaziabad (Indrapuram) Gujarat: Ahmedabad (Satellite) Punjab: Amritsar (Court Road) Haryana: Faridabad (Railway Station Road)

Patient Name : Mr.TUTIKA BALAKRISHNA	Collected : 11/Nov/2023 08:05AM
Age/Gender : 33 Y 5 M 24 D/M	Received : 11/Nov/2023 01:14PM
UHID/MR No : CANN.0000229294	Reported : 11/Nov/2023 02:31PM
Visit ID : CANNOPV378288	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE49693	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
-------------------------------------	----------	--	----------	----------

URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick
-------------------------------	----------	--	----------	----------

***** End Of Report *****



Dr.MARQUESS RAJ
M.D,DipRCPATH,D.N.B(PATH)
Consultant Pathologist



DR.R.SRIVATSAN
M.D.(Biochemistry)



Dr THILAGA
M.B.B.S,M.D(Pathology)
Consultant Pathologist



SIN No:UPP015767.UF009751

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address:
D No.30, F - Block, 2nd Avenue, Anna Nagar East, Chennai.600 102,
Phone - 044.26224504 / 05



APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) **Andhra Pradesh:** Vizag (Seethamma Peta) **Karnataka:** Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) **Mysore** (VV Mohalla) **Tamilnadu:** Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) **Maharashtra:** Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) **Uttar Pradesh:** Ghaziabad (Indrapuram) **Gujarat:** Ahmedabad (Satellite) **Punjab:** Amritsar (Court Road) **Haryana:** Faridabad (Railway Station Road)

Patient Name	: Mr. TUTIKA BALAKRISHNA	Age/Gender	: 33 Y/M
UHID/MR No.	: CANN.0000229294	OP Visit No	: CANNOPV378288
Sample Collected on	:	Reported on	: 12-11-2023 08:00
LRN#	: RAD2148041	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: bobE49693		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver shows uniform echopattern with no evidence of focal or diffuse pathology.
Intra and extra hepatic biliary passages are not dilated.

Gall bladder appears normal with no evidence of calculus.
Wall thickness appear normal.

Pancreas and spleen appear normal.
Spleen measures 8.4cms.

Portal and splenic veins appear normal.
No evidence of ascites or lymphadenopathy.

Diaphragmatic movements are satisfactory.
There is no evidence of sub diaphragmatic pathology or pleural effusion.

Right kidney measures 9.2 x 3.6cms.
Left kidney measures 10.0 x 4.5cms.
Both kidneys show normal echopattern with no evidence of calculi or calyceal dilatation.

Prostate measures 3.8 x 3.0 x 2.5cms volume 15cc and shows normal echopattern.
Seminal vesicles appear normal.
Bladder is normal in contour.

IMPRESSION:



Patient Name : Mr. TUTIKA BALAKRISHNA

Age/Gender : 33 Y/M

***NO SIGNIFICANT ABNORMALITY DETECTED.**

DISCLAIMER: THIS ULTRASOUND SCREENING STUDY IS BASED ON SOUND WAVES AND REFLECTION. NOT A DIRECT VISUALISATION OF ORGANS. BASED ON PATIENT HABITUS, BOWEL GAS OBSCURATION AND OTHER FACTORS, MANY CONDITIONS MAY NOT BE PICKED UP BY US STUDY AND SHOULD BE TREATED WITH CLINICAL CORRELATION. NOT AN MLC DOCUMENT. MANY INCIDENTAL FINDINGS OF LOW PRIORITY MIGHT NOT BE MENTIONED AS IT IS NOT A FOCUSED STUDY.

Dr. ASHIQ MOHAMMED JEFFREY

MD

Radiology

Patient Name	: Mr. TUTIKA BALAKRISHNA	Age/Gender	: 33 Y/M
UHID/MR No.	: CANN.0000229294	OP Visit No	: CANNOPV378288
Sample Collected on	:	Reported on	: 11-11-2023 11:38
LRN#	: RAD2148041	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: bobE49693		

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Lung fields are clear.

Cardio thoracic ratio is normal.

Apices, costo and cardiophrenic angles are free.

Cardio vascular shadow and hila show no abnormal feature.

Bony thorax shows no significant abnormality.

Domes of diaphragm are well delineated.

IMPRESSION:

***NO SIGNIFICANT ABNORMALITY DETECTED.**

Dr. PRAVEENA SHEKAR T
MBBS, DMRD, FAGE
Radiology

Name: Mr. TUTIKA BALAKRISHNA
Age/Gender: 33 Y/M
Address: D NO 10-15 OFFICRS COLONY SARAGAPANI ST
Location: CHENNAI, TAMIL NADU
Doctor:
Department: GENERAL
Rate Plan: ANNANAGAR_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. SUMA RAGHURAM

MR No: CANN.0000229294
Visit ID: CANNOPV378288
Visit Date: 11-11-2023 07:59
Discharge Date:
Referred By: SELF

DRUG ALLERGY

DRUG ALLERGY: Nil,

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

Chief Complaints

COMPLAINTS:::: For Corporate Health Checkup,

Present Known Illness

No history of: No History of diabetes / Hypertension / Heart Disease,

SYSTEMIC REVIEW

Cardiovascular System

CHEST PAIN: No,

GastroIntestinal System

APPETITE : Normal,

GenitoUrinary System

-: Nil ,

Central Nervous System

SLEEP- : Normal,

**Weight

--->: Stable,

HT-HISTORY

Past Medical History

**Cancer: No,

Personal History

Marital Status	Married,
-->	
No. of Children	2,
-->	

Diet	Mixed Diet,
-->	
Physical Activity	Mild,

Family History

Family history	Nil Significant,
----------------	------------------

PHYSICAL EXAMINATION

General Examination

Height (in cms): **160,**

Weight (in Kgs): **61,**

Waist: **80,**

Hip: **81,**

SYSTEMIC EXAMINATION

CardioVascularSystem

Heart Rate(Per Minute):: **76,**

Systolic: **130,**

Diastolic: **90,**

IMPRESSION

Apollo Health check

- Findings: **1. Elevated Cholesterol Level**
2. Elevated GGT Level
3. Small Resting ECG
4. TMT - Negative ,

RECOMMENDATION

Advice on Diet

Dietician diet advice: **Dietary changes , Daily walks for Cholesterol ,**

Review/Follow Up

Refer to specialty : **To consult ENT opinion ,**

Other Recommendations

Test/Investigation: **Follow up on GGT IN 4 Weeks ,**

DISCLAIMER

Disclaimer: **The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,**

Doctor's Signature

EAT check up

Tulika Balakrishna

33/M

11/11/23

Height:	Weight:	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination / Allergies
History

No complaints.

O/E (R) CSOM



Follow up date:

Doctor Signature & Stamp

Convenient & reliable. Complete diagnostic services for the entire family. All under one roof.

Name: Tutika Balakrishna Date: 11/10/23 Reg. No.: 229294
 Occupation:
 Age: 33 Sex: Male Female
 Address:
 Ph:

REPORT ON OPHTHALMIC EXAMINATION

History: Nil

Present Complaint: Nil

ON EXAMINATION:

	RE	LE
Ocular Movements :	Full	Full
Anterior Segment :	Full	Full
Intra-Ocular-Pressure :		N
Visual Acuity: D.V. :	N	N
Without Glass :		6/6
With Glass :	6/6	6/6
N.V. :		N
Visual Fields :	N	N
Fundus :	Full	Full
Impression :		
Advice :	N	N
Colour Vision :		

OPHTHALMOLOGY / OPTOMETRIST

Samru

M/11/23

Mr. Tutika Balakrishna

33/07

Height:	Weight:	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination / Allergies
History

Rx

Patient advised scaling & restoration.



Follow up date:

Doctor Signature & Stamp

Convenient & reliable. Complete diagnostic services for the entire family. All under one roof.

In case of emergency, Please call 1066 or come directly to emergency room of the hospital

Apollo Health and Lifestyle Limited

To book an appointment

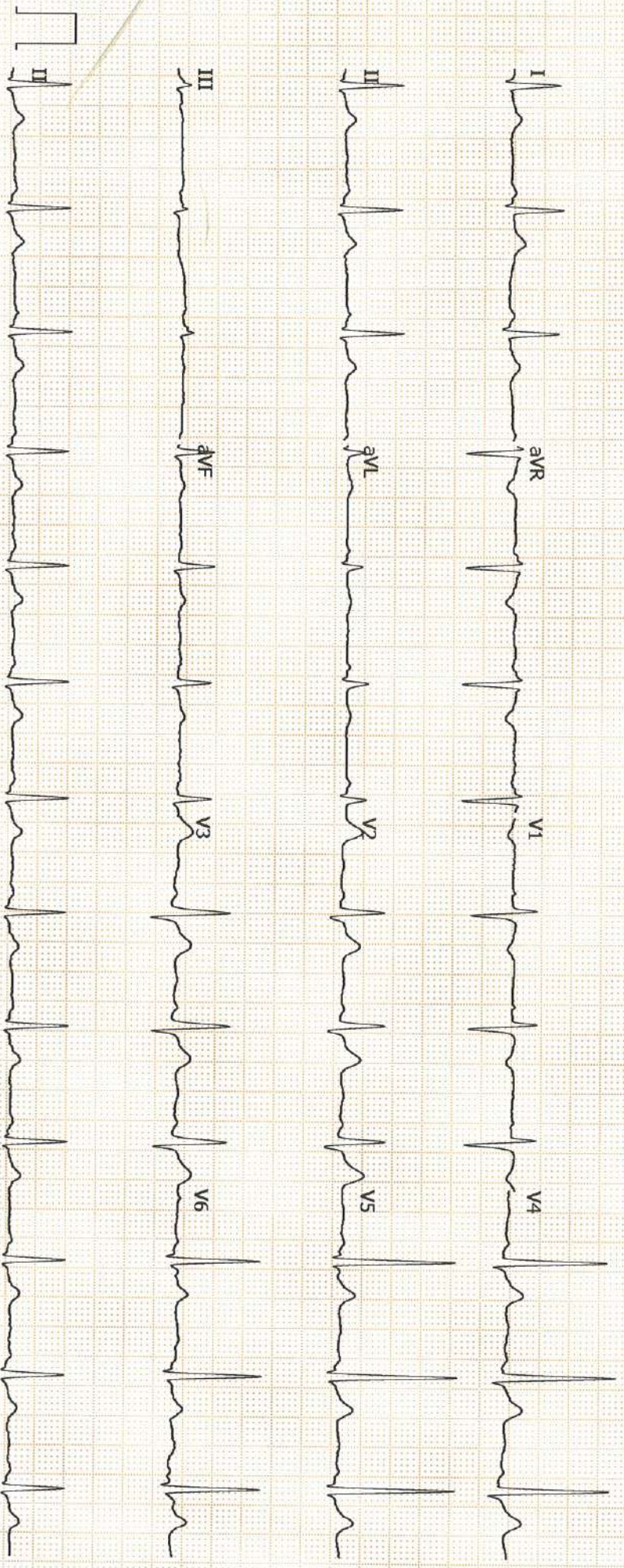
 **1860 500 7788**

Technician:
Ordering Ph:
Referring Ph:
Attending Ph:

Location:
Order Number:
Visit:
Indication:
Medication 1:
Medication 2:
Medication 3:

Room:

QRS : 92 ms
QT / QTcBaz : 364 / 409 ms
PR : 132 ms
P : 94 ms
RR / PP : 784 / 789 ms
P / QRS / T : 25 / 40 / 29 degrees



GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADG 0.5G 20 Hz 50 Hz

Tutika

Unconfirmed
4.2.5.3_25_R1 1/1

CANN-229294
Oca 97002

B Bank of Baroda
TUTIKA BALAKRISHNA
E.C. No. 101688
Name
Signature
Issuing Authority



T. S. Balakrishna
Signature of Holder

T. S. Balakrishna

Tabular Summary

MR TUTHIKA BALAKRISHNA,
 Patient ID 229294 RMC
 11.11.2023
 10:04:51am

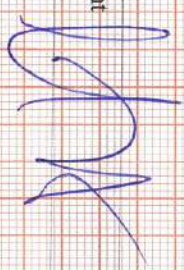
Male
 33yrs Asian
 Meds:

Test Reason:
 Medical History:

Ref. MD: Ordering MD:
 Technician: Test Type:
 Comment:

BRUCE: Total Exercise Time 11:23
 Max HR: 190 bpm 101% of max predicted 187 bpm HR at rest: 90
 Max BP: 160/90 mmHg BP at rest: 120/80 Max RPP: 29440 mmHg*bpm
 Maximum Workload: 11.70 METS
 Max ST: 1.75 mm, 0.00 mV/s in V5; RECOVERY 00:07
 Arrhythmia: PVC:10, PSVC:6
 ST/HR index: 1.51 μ V/bpm
Reasons for Termination: Target heart rate achieved
Conclusion: FINAL IMPRESSION: TMT IS POSITIVE / NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHEMIA

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METs)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (l/min)	ST Level (V5 mm)	Comment
PRETEST	SUPINE	00:01	0.00	0.00	1.0				0	--	
	STANDING	00:01	0.00	0.00	1.0				0	--	
	WARM-UP	02:26	0.00	0.00	1.0	80	120/80	9600	0	0.50	
EXERCISE	STAGE1	03:00	1.70	7.00	3.9	121	120/80	14520	0	0.00	
	STAGE2	03:00	2.50	9.00	6.0	142	120/80	17040	0	-0.65	
	STAGE3	03:00	3.40	11.00	8.7	151	140/80	21140	0	-0.65	
	STAGE4	02:23	4.20	13.00	11.7	187	160/90	29920	2	-1.50	
RECOVERY		04:21	0.00	0.00	1.0	108	140/90	15120	0	0.15	



GE CardioSoft V6.73 (2)

Uncircumcised



Attending MD:

BASELINE EXERCISE	MAX. ST RECOVERY	PEAK EXERCISE EXERCISE	TEST END RECOVERY	BASELINE EXERCISE	MAX. ST RECOVERY	PEAK EXERCISE EXERCISE	TEST END RECOVERY
0:01 81 bpm	0:07 190 bpm 160/90 mmHg	1:23 187 bpm 160/90 mmHg	4:07 105 bpm 140/90 mmHg	0:01 81 bpm	0:07 190 bpm 160/90 mmHg	1:23 187 bpm 160/90 mmHg	4:07 105 bpm 140/90 mmHg
I 0.05 mm -0.41 mV/s	I -0.25 -0.21	I -0.10 -0.36	I 0.00 0.42	V1 0.15 -0.29	V1 0.00 -1.26	V1 0.00 -0.40	V1 0.40 -0.49
II 0.35 0.28	II -0.25 1.79	II -0.35 1.10	II 0.25 1.04	V2 0.70 0.82	V2 -0.55 0.14	V2 -0.40 0.17	V2 0.55 0.70
III 0.25 0.43	III -0.05 2.15	III -0.15 1.95	III 0.25 0.48	V3 0.95 0.94	V3 -1.00 0.52	V3 -0.95 1.18	V3 1.00 1.50
aVR -0.20 -0.49	aVR 0.15 -1.11	aVR 0.10 -0.38	aVR -0.15 -1.07	V4 0.75 0.96	V4 -1.40 0.42	V4 -1.35 1.11	V4 0.60 1.24
aVL -0.15 -0.68	aVL -0.20 -0.99	aVL -0.25 -1.22	aVL -0.10 -0.20	V5 0.45 0.64	V5 -1.75 0.23	V5 -1.50 0.95	V5 0.15 0.88
aVF 0.30 0.41	aVF -0.15 2.08	aVF -0.25 1.52	aVF 0.20 0.81	V6 0.30 0.53	V6 -1.60 0.20	V6 -1.65 0.51	V6 -0.05 0.55

GE CardioSoft V6.73 (2)
 10mm/mV 50Hz 0.01-20Hz S+ HEART V5.4

Uncalibrated

Tutika

Attending MD:



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. TUTIKA BALAKRISHNA
EC NO.	101668
DESIGNATION	JOINT MANAGER
PLACE OF WORK	CHENNAI,ROYAPURAM
BIRTHDATE	18-05-1990
PROPOSED DATE OF HEALTH CHECKUP	11-11-2023
BOOKING REFERENCE NO.	23D101668100073856E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **01-11-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

Patient Name : Mr. TUTIKA BALAKRISHNA Age : 33 Y/M
UHID : CANN.0000229294 OP Visit No : CANNOPV378288
Conducted By: : Dr. ARULNITHI AYYANATHAN Conducted Date : 11-11-2023 16:27
Referred By : SELF

CARDIOLOGY

CARDIAC STRESS TEST – (TMT)

Angina Pectoria:
NO

Previous MI:
NO

PTCA:
NO

CABG:
NO

HTN:
NO

DM:
NO

Smoking:
NO

Obesity:
NO

Lipidemia:
NO

Resting ECG Supine:
-

Standing:
-

Protocol Used:
BRUCE

Monitoring Leads:

Patient Name : Mr. TUTIKA BALAKRISHNA Age : 33 Y/M
UHID : CANN.0000229294 OP Visit No : CANNOPV378288
Conducted By: : Dr. ARULNITHI AYYANATHAN Conducted Date : 11-11-2023 16:27
Referred By : SELF

12 LEADS

Grade Achieved:

13 %

% HR / METS:

11.70

Reason for Terminating Test:

MAXIMUM HEART RATE ATTAINED

Total Exercise Time:

11.23

Symptoms and ECG Changes during Exercise:

NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

0 mts:

NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

3 mts:

NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

6 mts:

NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

INTERPRETATION:

Rhythm:

NORMAL

S.T. Segment :

NORMAL

III Blood Pressure Response :

NORMAL

Patient Name	: Mr. TUTIKA BALAKRISHNA	Age	: 33 Y/M
UHID	: CANN.0000229294	OP Visit No	: CANNOPV378288
Conducted By:	: Dr. ARULNITHI AYYANATHAN	Conducted Date	: 11-11-2023 16:27
Referred By	: SELF		

IV Fitness Response :
GOOD

Impression:

Cardiac stress analysis is **NEGATIVE** for inducible myocardial ischaemia.

---- END OF THE REPORT ----

Dr. ARULNITHI
AYYANATHAN

Patient Name	: Mr. TUTIKA BALAKRISHNA	Age	: 33 Y/M
UHID	: CANN.0000229294	OP Visit No	: CANNOPV378288
Reported By:	: Dr. ARULNITHI AYYANATHAN	Conducted Date	: 11-11-2023 17:43
Referred By	: SELF		

ECG REPORT

Observation :-

1. Normal Sinus Rhythm.
2. Heart rate is 76beats per minutes.

Impression:

NORMAL RESTING ECG.

----- END OF THE REPORT -----

Dr. ARULNITHI AYYANATHAN