

**PAN HEALTH**  
SCO 56 SEC 47 D CHD

**Summary**

59 MEENA KUMARI  
35 Yrs / F 69 Kg / Ht-149 cms

Date: 24/07/2021 Ref By: BOB  
Time: 12:22 PM Protocol: Bruce

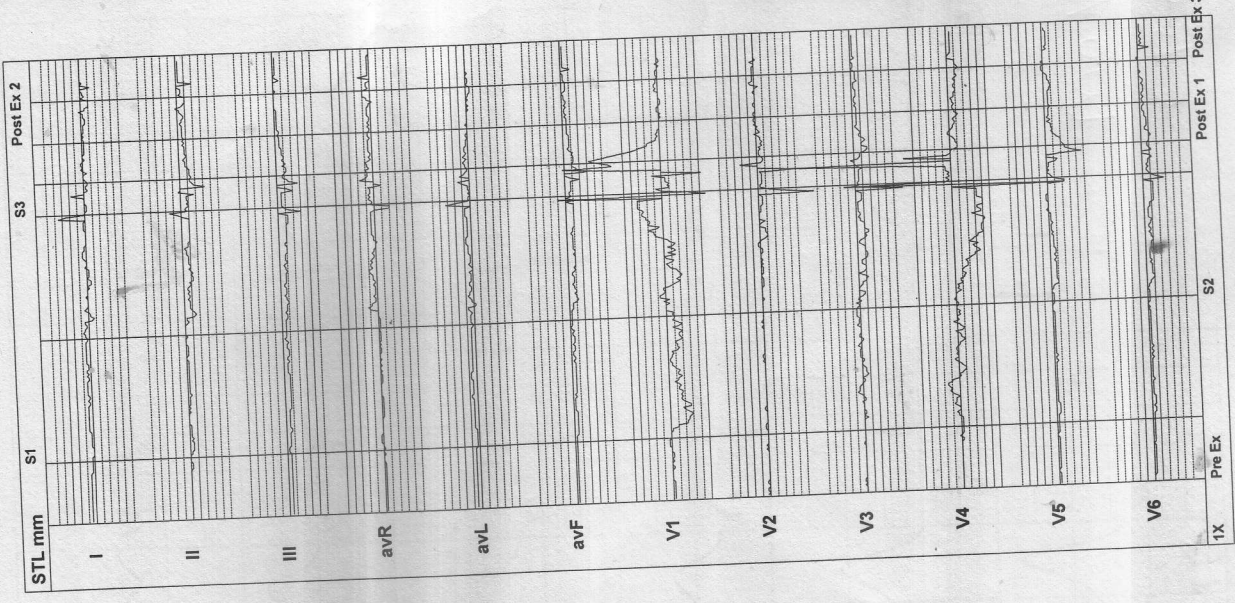
History:  
Medication:

Stage	Stg Time min:sec	Speed mph	Grade %	METs	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	85	120/80	102	
Supine				1	102	120/80	122	
Hyp Vent				1	88	120/80	106	
Standing				1	84	120/80	101	
S1	03:00	1.7	10.0	4.8	103	120/80	124	1
S2	03:00	2.5	12.0	6.9	139	139/110	193	65
Peak Ex	00:47	3.4	14.0	9.5	144	145/120	209	92
Post Ex 1	01:00			1	126	139/116	175	96
Post Ex 2	01:00			1	93	135/103	126	99
Post Ex 3	01:00			1	97	133/100	129	99
Finish				1	95	133/100	126	99

**Findings:** Exercise Time : 06:47 mins  
 Max HR attained : 144 bpm 77 % of Target 185 bpm  
 Max BP : 145/120mmHg  
 Max Workload attained : 9.5 METs ( Good Effort Tolerance )  
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.  
 No Angina / Arrhythmia / S3 / Murmur  
 Final Impression : Test is negative for inducible ischaemia.

**Dr. ATUL GUPTA**  
M.B.B.S. MD



1X Pre Ex S2 Post Ex 1 Post Ex 3

**PAN HEALTH**  
SCO 56 SEC 47 D CHD

Linked Medians  
Pre Ex

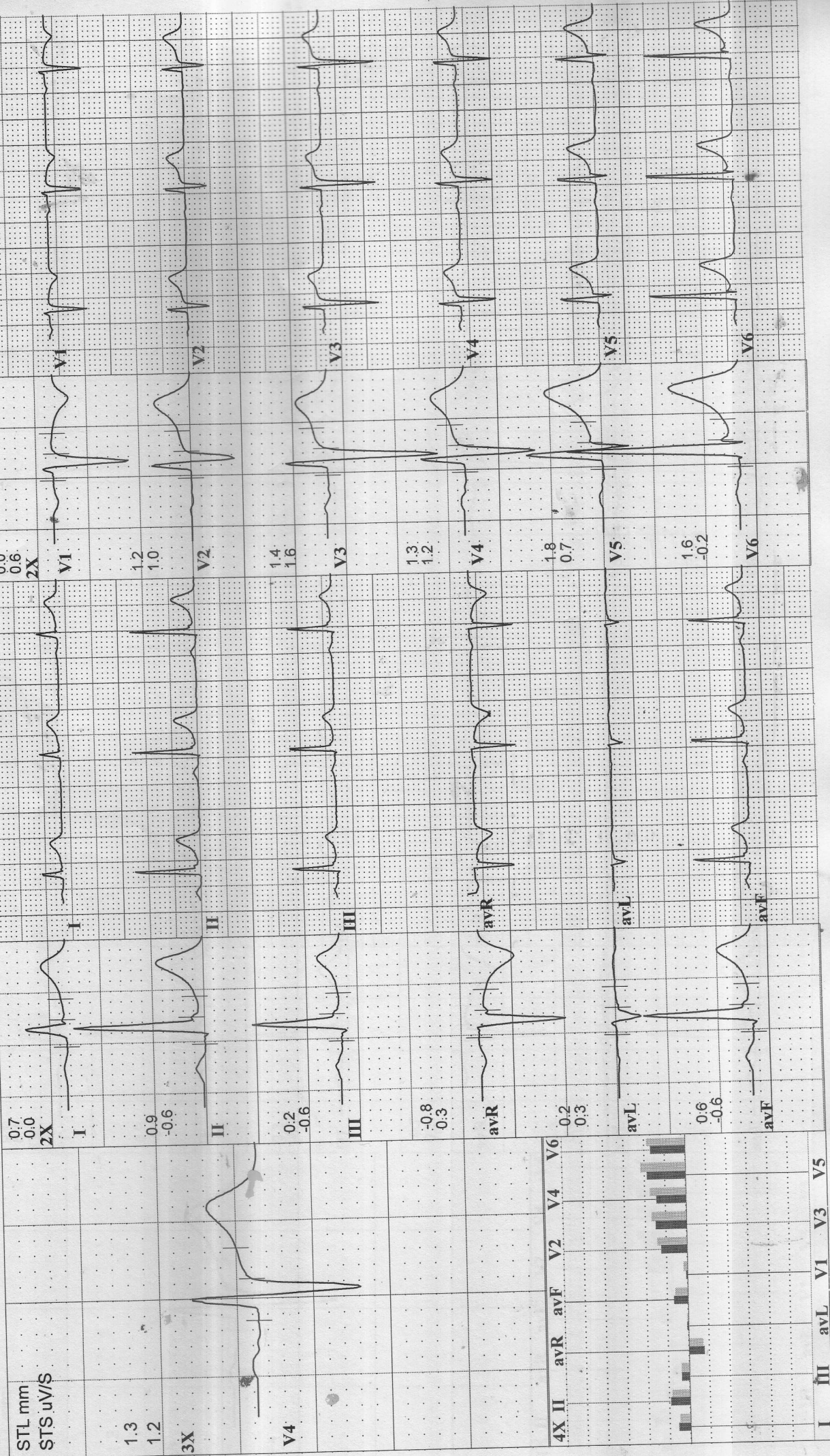
10 mm/mV  
25 mm/S  
Median Sweep 25 mm/S

Target Hr: 36 % of 186  
Filter: 0.1 - 100 Hz  
Gain: 10 mm/mV  
Sweep: 25 mm/S  
BLC: On  
Notch On

Speed: --- mph  
Hr: 67  
Grade: --- %  
Mets: 1  
Protocol: Bruce  
BP: 120/80 mmHg  
Curr Time: 00:08

59  
35 Yrs/ F  
Date: 24/07/2021 Time: 12:17 PM  
MEENA KUMARI  
69 Kg / Ht-149 cms  
Ref.No.:

Post J: 80 mS



# PAN HEALTH

SCO 56 SEC 47 D CHD

Linked Medians  
Pre Ex  
Supine

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Hr: 65  
Mets: 1  
BP: 120/80 mmHg

Target Hr: 34 % of 186  
Ex Time: --- min:sec  
Curr Time: 00:19

Gain: 10 mm/mV

Sweep: 25 mm/s

Median Sweep: 25 mm/s

Filter: 0.1 - 100 Hz

BLC: On

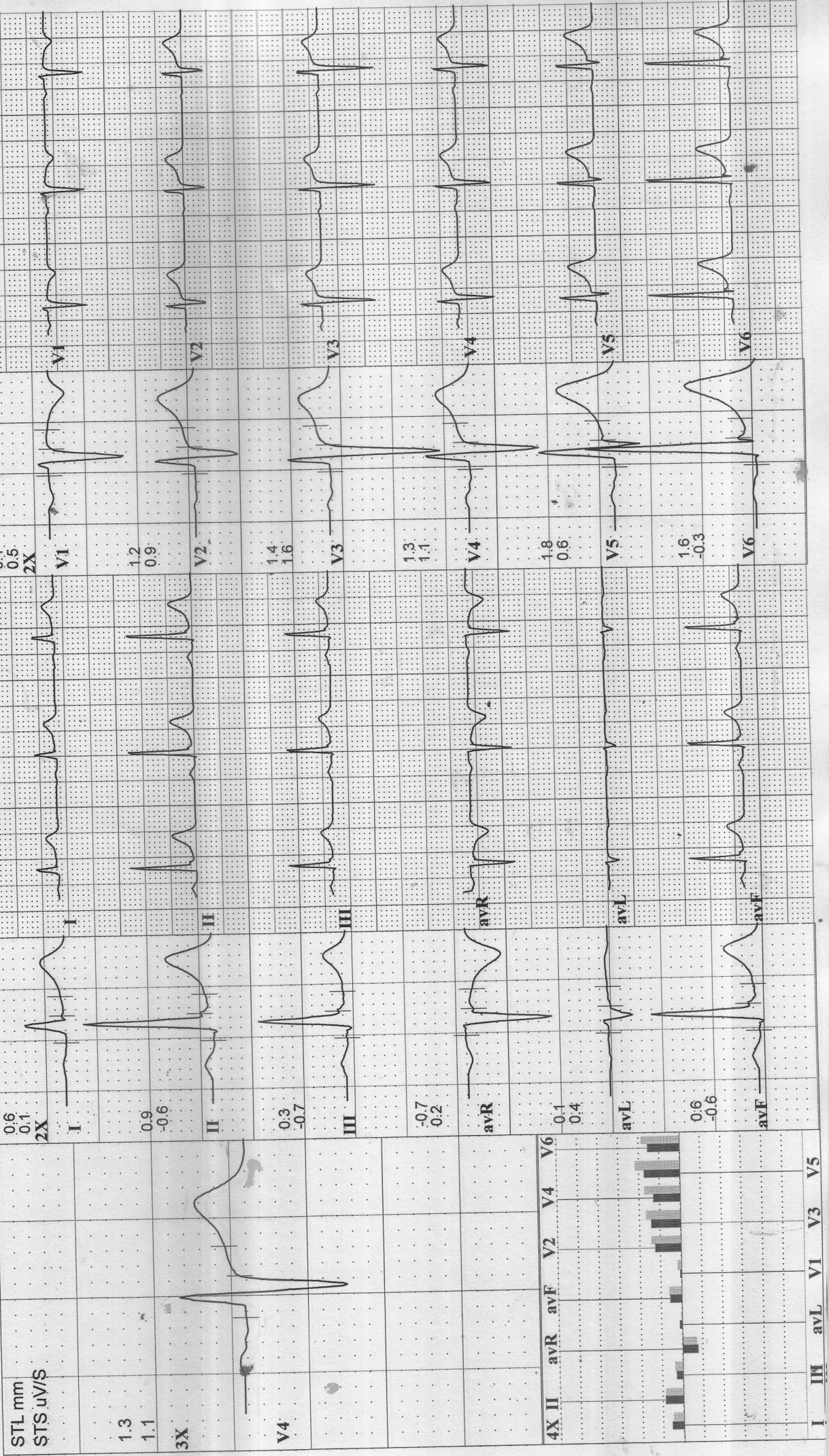
Notch: On

59 MEENA KUMARI  
35 Yrs/F 69 Kg / Ht-149 cms  
Date: 24/07/2021 Time: 12:17 PM

Ref.No.:



Post J: 77 mS



# PAN HEALTH

SCO 56 SEC 47 D CHD



Linked Medians  
Pre Ex  
Standing

10 mm/mV  
25 mm/S  
Median Sweep 25 mm/S

Filter: 0.1 - 100 Hz  
Gain:  
Sweep:  
Notch On

BLC: On

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

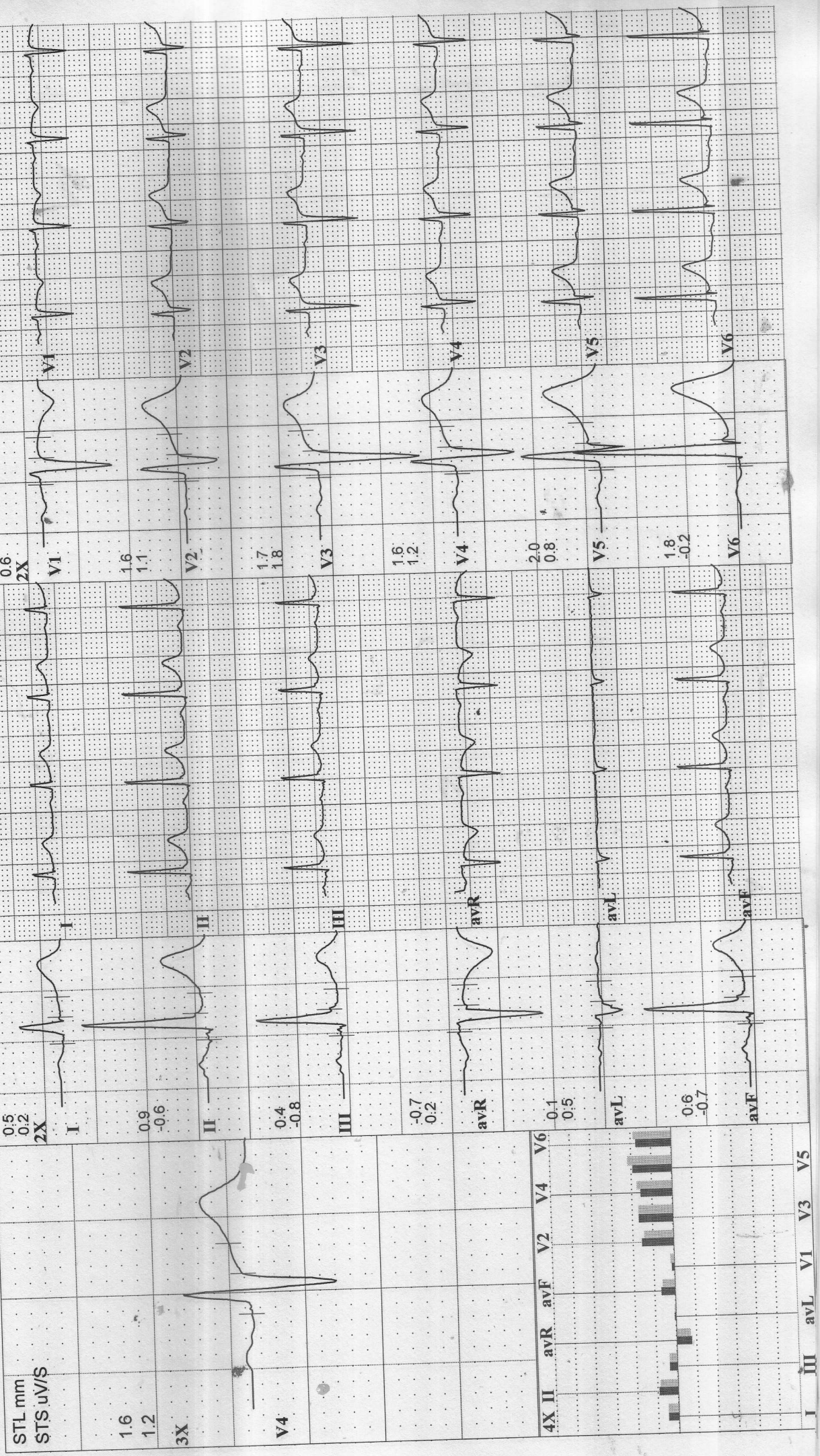
Hr: 79  
Mets: 1  
BP: 120/80 mmHg

Target Hr: 42 % of 186  
Ex Time: --- min:sec  
Curr Time: 00:49

59  
35 Yrs/ F  
Date: 24/07/2021 Time: 12:17 PM

MEENA KUMARI  
69 Kg / Ht-149 cms  
Ref.No.:

Post J: 80 mS



# PAN HEALTH

SCO 56 SEC 47 D CHD



Linked Medians

10 mm/mV

59  
35 Yrs/ F  
Date: 24/07/2021 Time: 12:17 PM

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Target Hr: 39 % of 186  
Ex Time: --- min:sec  
Curr Time: 01:20

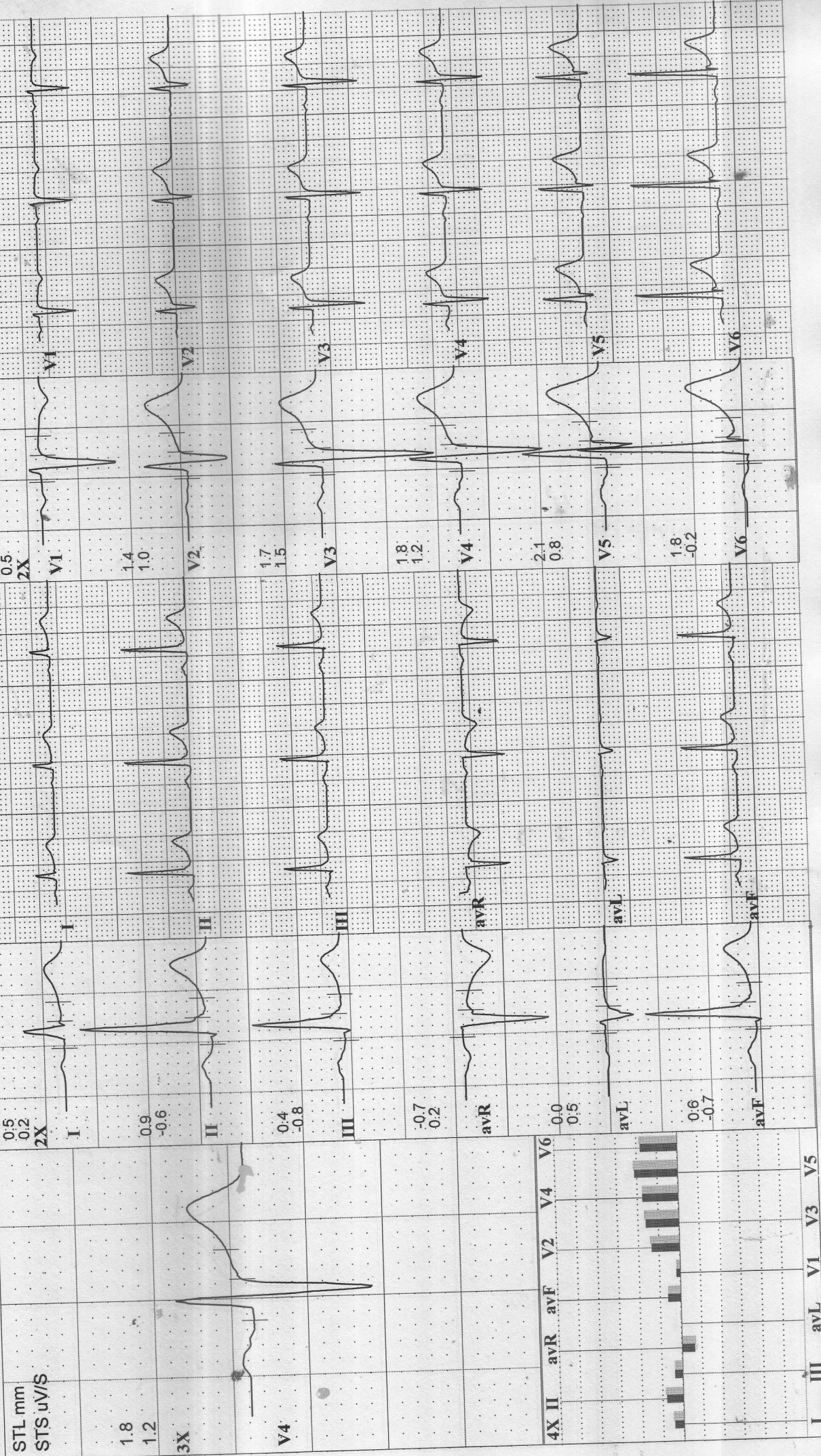
Filter: 0.1 - 100 Hz  
BLC: On  
Notch: On

Gain: 25 mm/s  
Median Sweep: 25 mm/s

Pre Ex  
Hyp Vent

MEENA KUMARI  
69 Kg / Ht-149 cms  
Ref.No.:

Post J: 75 mS



# PAN HEALTH

SCO 56 SEC 47 D CHD

Linked Medians

S1

10 mm/mV

25 mm/S

Median Sweep 25 mm/S

Gain:

Sweep:

Filter: 0.1 - 100 Hz

BLC: On

NotchOn

Target Hr: 54 % of 186

Ex Time: 03:00

Curr Time: 04:20

Speed: 1.7 mph

Hr: 101

Mets: 4.8

Grade: 10 %

Protocol: Bruce

BP: 120/80 mmHg



MEENA KUMARI

69 Kg / Ht-149 cms

Ref.No.:

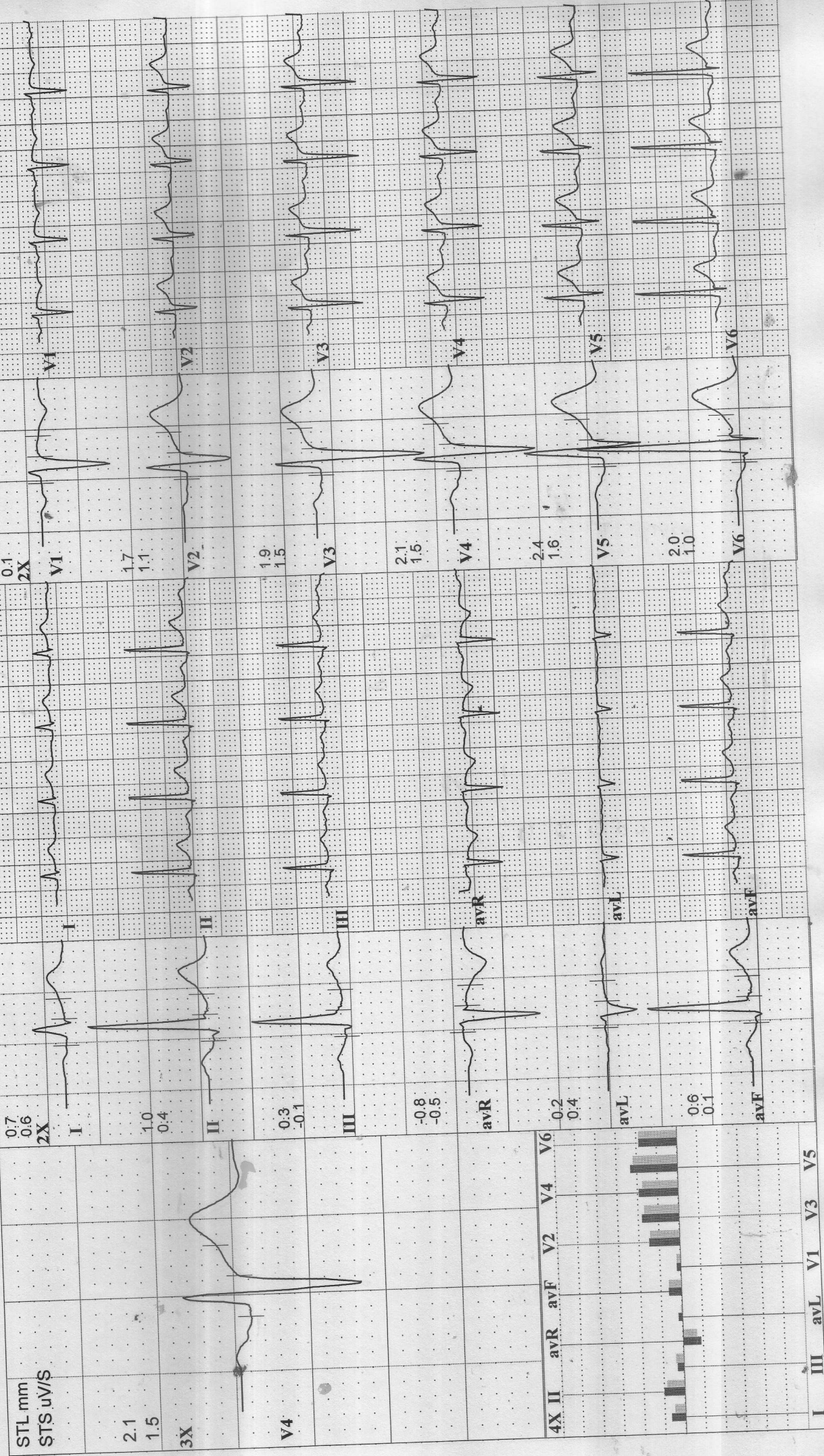
59

35 Yrs/ F

Date: 24/07/2021

Time: 12:17 PM

Post J:80 mS



# PAN HEALTH

SCO 56 SEC 47 D CHD

Linked Medians

S2

10 mm/mV

25 mm/S

Gain:

Sweep:

Median Sweep 25 mm/S

Filter: 0.1 - 100 Hz

BLC: On

Notch On

Target Hr: 59 % of 186

Ex Time: 06:00

Curr Time: 07:20

Speed: 2.5 mph

Grade: 12 %

Protocol: Bruce

Hr: 110

Mets: 6.9

BP: 139/100 mmHg

MEENA KUMARI

69 Kg / Ht-149 cms

Ref.No.:

59

35 Yrs/F

Date: 24/07/2021

Time: 12:17 PM



Post J: 71 mS

STL mm

STS uV/S

1.7

1.8

3X

V4

0.3

0.4

2X

I

0.5

0.3

II

0.2

-0.2

III

-0.4

-0.3

avR

0.0

0.3

avL

0.4

0.0

avF

4X

II

avR

avF

V2

V4

V6

V6

I

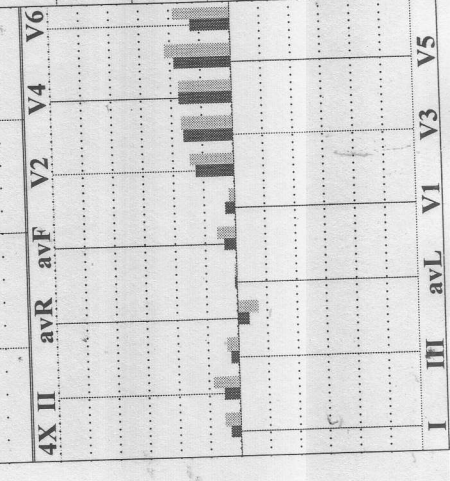
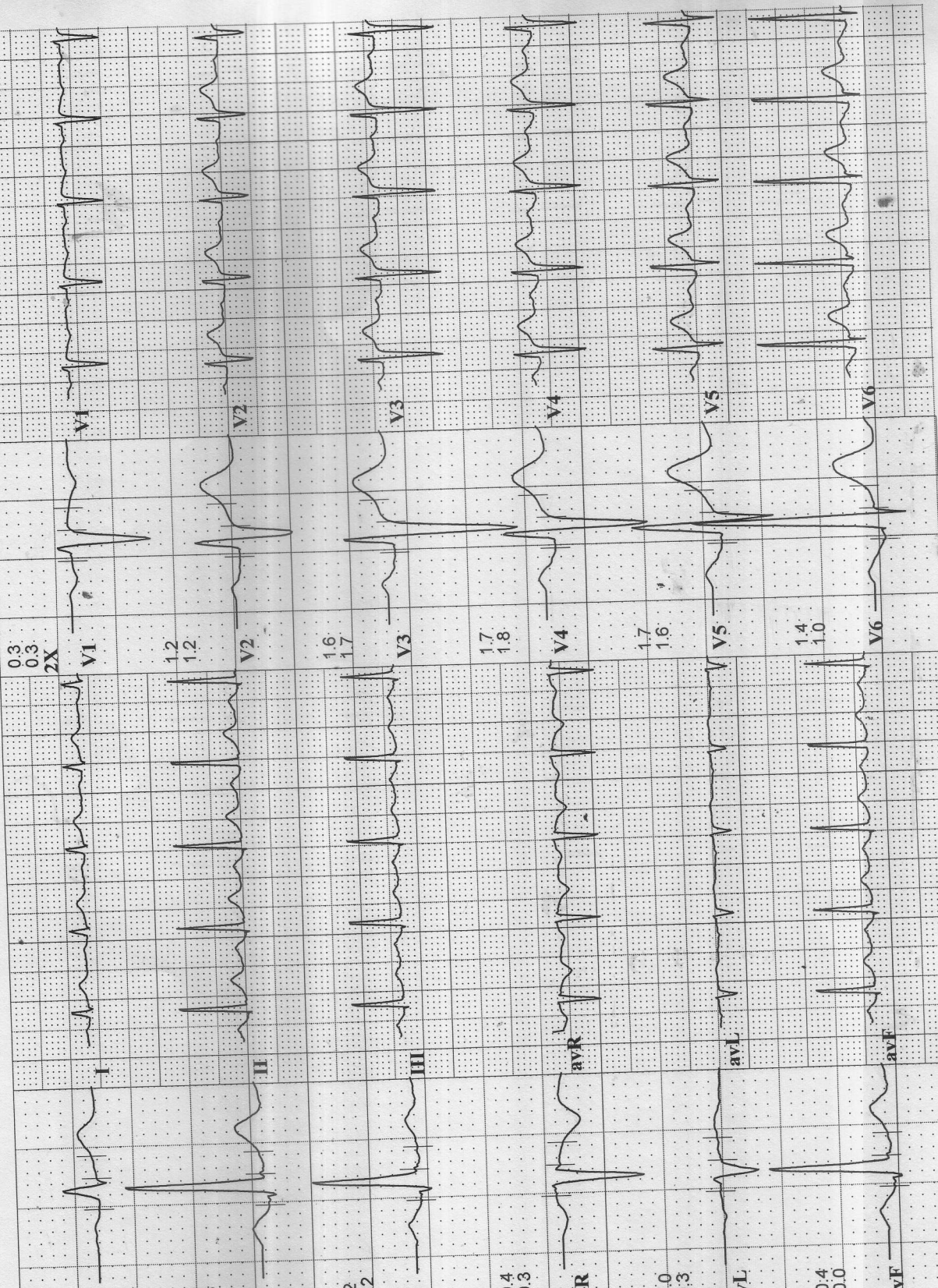
III

avL

V1

V3

V5



# PAN HEALTH

SCO 56 SEC 47 D CHD

Linked Medians  
Peak Ex

10 mm/mV  
25 mm/S  
Median Sweep 25 mm/S

Filter: 0.1 - 100 Hz Gain:  
Sweep:  
BLC: On Median Sweep  
Notch On

Target Hr: 65 % of 186  
Ex Time: 07:45  
Curr Time: 09:05

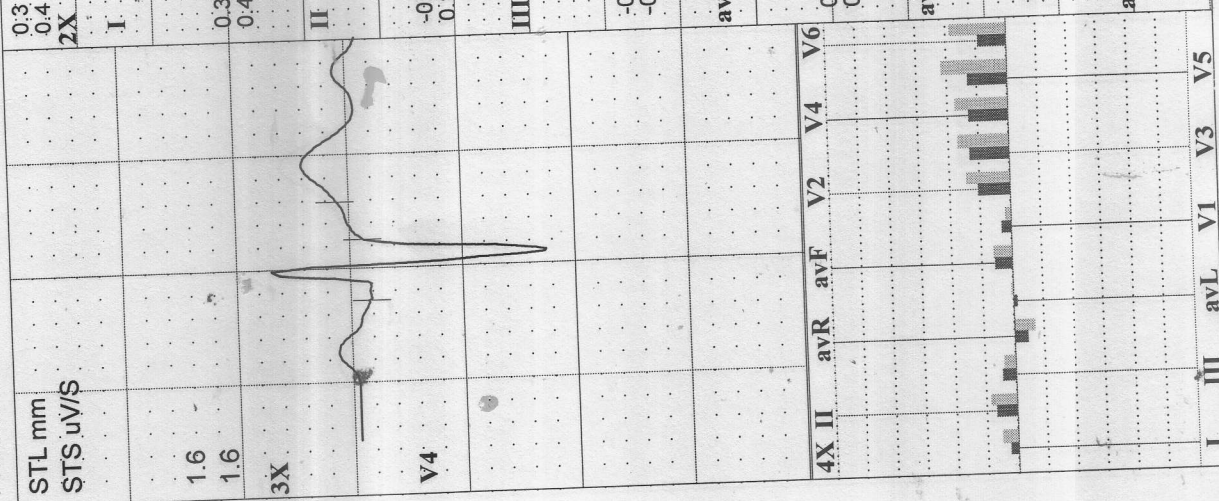
Speed: 3.4 mph Hr: 122  
Grade: 14 % Mets: 9.5  
Protocol: Bruce BP: 158/112 mmHg

MEENA KUMARI  
69 Kg / Ht-149 cms  
Ref.No.:  
Date: 24/07/2021 Time: 12:17 PM



Post J:69 mS

STL mm  
STS uV/S





# PAN HEALTH

SCO 56 SEC 47 D CHD

Linked Medians  
Post Ex 1

10 mm/mV  
25 mm/S  
Median Sweep 25 mm/S

Filter: 0.1 - 100 Hz  
Gain: 10 mm/mV  
Sweep: 25 mm/S  
BLC: On  
Notch: On

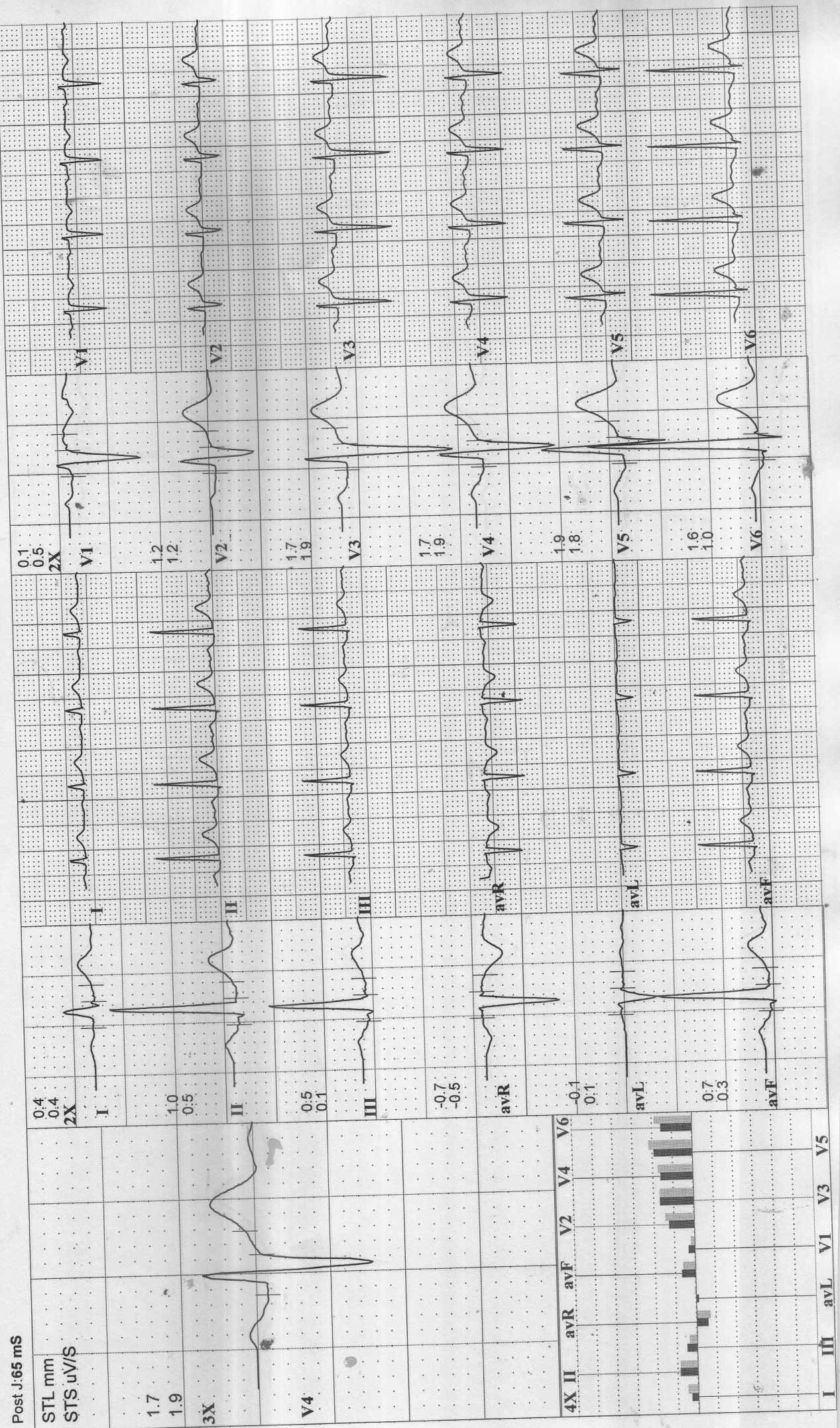
Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Target Hr: 50 % of 186  
Ex Time: 07:45  
Curr Time: 10:05

Hr: 93  
Mets: 1  
BP: 153/107 mmHg

59  
35 Yrs/F  
Date: 24/07/2021 Time: 12:17 PM

MEENA KUMARI  
69 Kg / Ht-149 cms  
Ref.No.:



Post J:65 mS

STL mm  
STS uV/S

1.7  
1.9  
3X

V4

4X II avR avF V2 V4 V6

I III avL V1 V3 V5

# PAN HEALTH

SCO 56 SEC 47 D CHD

Linked Medians  
Post Ex 2

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Target Hr: 38 % of 186  
Ex Time: 07:45  
Curr Time: 11:05

Hr: 72  
Mets: 1  
BP: 141/98 mmHg

10 mm/mV  
25 mm/S  
Median Sweep 25 mm/S

MEENA KUMARI  
59 Yrs/F  
69 Kg / Ht-149 cms  
Date: 24/07/2021 Time: 12:17 PM  
Ref.No.:



Post J:73 mS

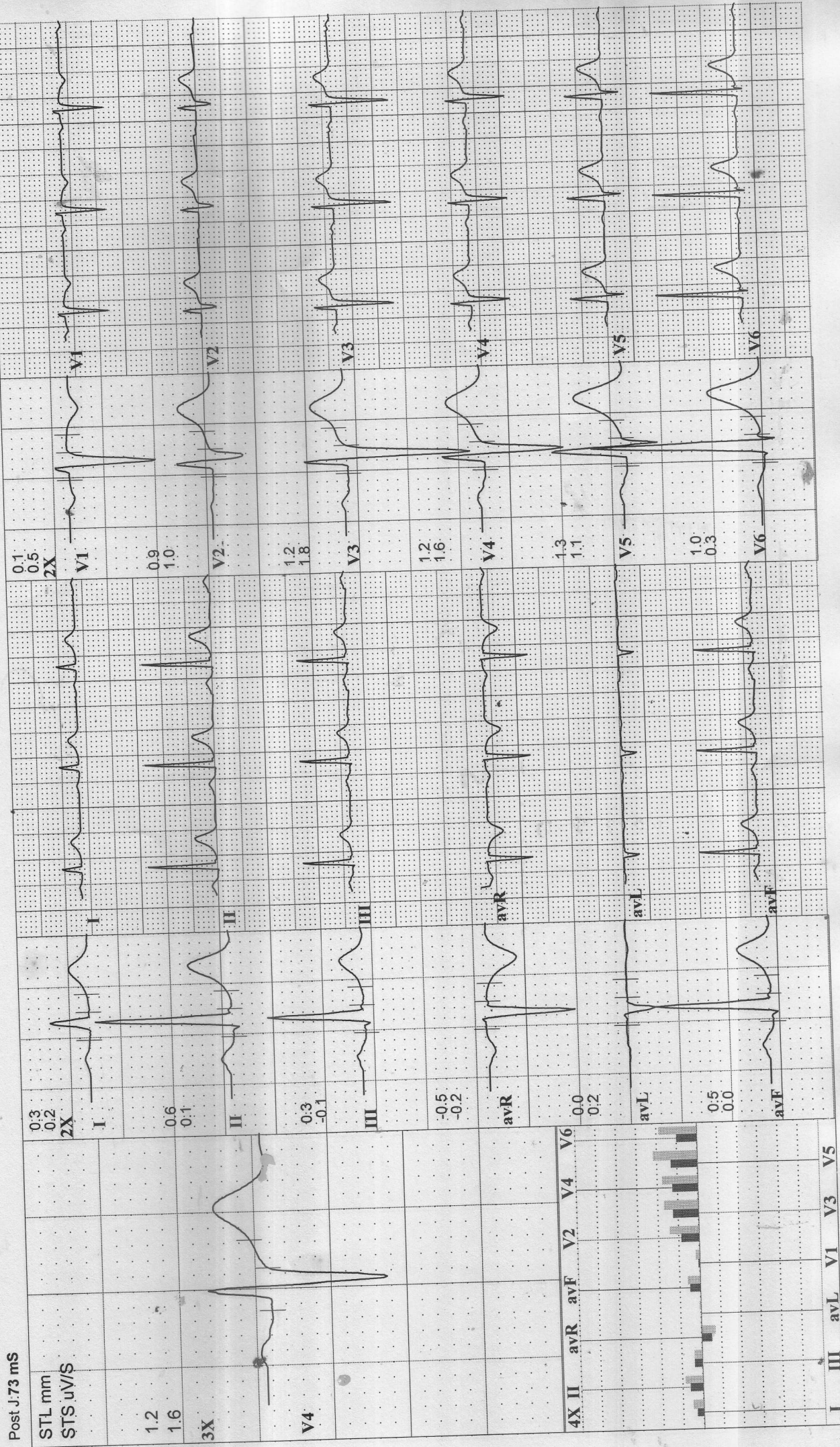
STL mm  
STS uV/S

1.2  
1.6  
3X

V4

4X II avR avF V2 V4 V6

I III avL V1 V3 V5





# PAN HEALTH

SCO 56 SEC 47 D CHD

Linked Medians  
Post Ex 3

10 mm/mV  
25 mm/S  
Median Sweep 25 mm/S

Filter: 0.1 - 100 Hz  
Gain: 10 mm/mV  
Sweep: 25 mm/S  
BLC: On  
Notch: On

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

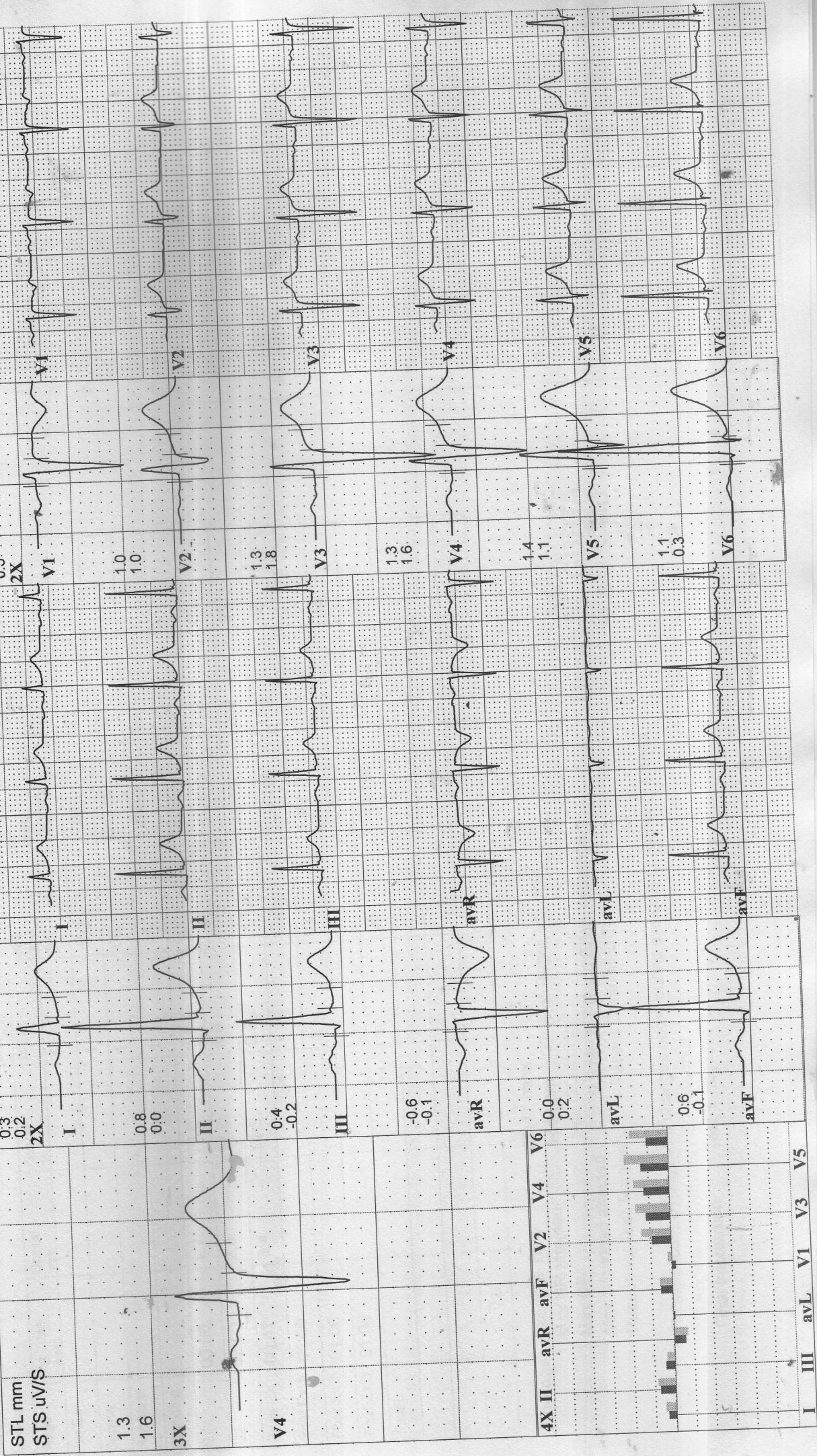
Target Hr: 41 % of 186  
Ex Time: 07:45  
Curr Time: 11:35

Hr: 78  
Mets: 1  
BP: 132/88 mmHg

59  
35 Yrs/ F  
Date: 24/07/2021 Time: 12:17 PM

MEENA KUMARI  
69 Kg / Ht-149 cms  
Ref. No.:

Post J: 79 ms



STL mm  
STS uV/S

1.3  
1.6  
3X

V4

4X II avR avF V2 V4 V6

I III avL V1 V3 V5