

Preventive Health Check-up | Pathology | Digital X-Ray | Sonography | Colour Doppler | Mammography | BMD (DXA Scan) | OPG | ECG | 2D Echo Stress Test/TMT | Spirometry | Eye Examination | Dental Examination | Diet Consultation | Audiometry | OT Sterility | Water Sterility | Clinical Research

CID SID : 2120214318 : 177803874238 Name Registered : MR.ARYAN KUMAR : 21-Jul-2021 / 09:41 Collected Age / Gender : 33 Years/Male : 21-Jul-2021 / 09:41 Ref. Dr Reported : 30-Jul-2021 / 11:54 Printed Reg.Location : Mulund West (Main Centre) : 30-Jul-2021 / 11:55

PHYSICAL EXAMINATION REPORT

History and Complaints:

NO SYMPTOMS EXCEPT ABNORMAL PAIN.

P/H/O- NONE

F/H/O- FATHER-T2DM, HYPERTENSION, CKD ON DIALYSIS

MOTHER-HYPERTENSION

EXAMINATION FINDINGS:

Height (cms):171 CMSWeight (kg):76 KGSTemp (0c):AFEBRILESkin:NADBlood Pressure (mm/hg):118/82 MMHGNails:NAD

Pulse: 76/ MIN Lymph Node: NOT PALPABLE

Systems

Cardiovascular: S1S2(+), NO MURMUR

Respiratory: AEBE, NO ADVENTITIOUS SOUNDS

Genitourinary: NAD

GI System: NO TENDERNESS, NO ORGANOMEGALY.

CNS: CONSCIOUS, ORIENTED, NO ABNORMALITIES DETECTED.

IMPRESSION:

NORMAL PHYSICAL EXAMINATION

IMPRESSION ON REPORTS:

- 1. EOSINOPHILIA
- 2. THROMBOCYTOPENIA WITH MEGAPLATELETS ON SMEAR
- 3. MARGINALLY HIGH ESR
- 4. MARGINALLY RAISED LDL AND NON-HDL CHOLESTEROL WITH LOW HDL CHOLESTEROL
- 5. HIGH TSH LEVELS
- 6. MUCUS IN STOOL
- 7. USG ABDOMEN- FATTY LIVER WITH SMALL ECHOGENIC MOBILE FOCUS IN GALL BLADDER

ADVICE:

- 1. SERUM IGE LEVELS SUGGESTED
- 2. REPEAT COMPLETE BLOOD COUNT IN 2 WEEKS
- 3. LOW FAT DIET RECOMMENDED, REPEAT LIPID PROFILE IN 3 MONTHS
- 4. NEEDS FREE T3 AND FREE T4 LEVELS- IF ABNORMAL, STARTING THYROXINE SUPPLEMENTATION NEEDS TO BE CONSIDERED
- 5. NEEDS STOOL FOR OVA AND CYST WITH STOOL CULTURE REPORTS
- 6. NEEDS CT ABDOMEN AND PELVIS WITH SOS CONTRAST TO VISUALIZE GALL BLADDER



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PATHOLOGY

7. REGULAR EXERCISE RECOMMENDED AND WEIGHT REDUCTION RECOMMENDED

CHIEF COMPLAINTS:

1)	Hypertension:	NO
2)	IHD	NO
3)	Arrhythmia	NO
4)	Diabetes Mellitus	NO
5)	Tuberculosis	NO
6)	Asthama	NO
7)	Pulmonary Disease	NO
8)	Thyroid/ Endocrine disorders	NO
9)	Nervous disorders	NO
10)	GI system	NO
11)	Genital urinary disorder	NO
12)	Rheumatic joint diseases or symptoms	NO
13)	Blood disease or disorder	NO
14)	Cancer/lump growth/cyst	NO
15)	Congenital disease	NO
16)	Surgeries	NO
17)	Musculoskeletal System	NO

PERSONAL HISTORY:

Alcohol
 Smoking
 Diet
 Medication

NIL
MIXED
NIL

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Solita paneyee

^{***} End Of Report ***