

PHYSICAL EXAMINATION REPORT

Patient Name	Mrs. KARNAL REWARKAR	Sex/Age	F/ 33yrs-
Date	21/03/2023	Location	KASARVADAVALI

History and Complaints

- Hypothyroidism = (2013) on Thyronorm (100)
- Mother = Hypothyroid + NIDDM
- No hosp /rvs

EXAMINATION FINDINGS:

Height	158	Temp (0c):	} NAD
Weight	65	Skin:	
Blood Pressure	100/70	Nails:	
Pulse	70/min	Lymph Node:	

Systems :

Cardiovascular:	} NAD
Respiratory:	
Genitourinary:	
GI System:	
CNS:	

Impression:

. USG Abdo = BIL Bulky ovaries + polycystic changes + Hepatomegaly

' Rest all reports are wnl

ADVICE :

o Regular exercise & weight of 75kg
o Avoid fried, fatty food & non veg diet
o Consult physician

CHIEF COMPLAINTS :

1)	Hypertension:	} No
2)	IHD	
3)	Arrhythmia	
4)	Diabetes Mellitus	
5)	Tuberculosis	
6)	Asthma	
7)	Pulmonary Disease	
8)	Thyroid/ Endocrine disorders	YES (Hypothyroidism)
9)	Nervous disorders	} No
10)	GI system	
11)	Genital urinary disorder	
12)	Rheumatic joint diseases or symptom	
13)	Blood disease or disorder	
14)	Cancer/lump growth/cyst	
15)	Congenital disease	
16)	Surgeries	

PERSONAL HISTORY:

1)	Alcohol	= } No
2)	Smoking	= } No
3)	Diet	= mixed.
4)	Medication	= Thyronorm (100)

Dr. Kavin H. Shah
M.B.B.S., D.CARD.
MMC Regd. No. 3488



Date : 21/03/2023

CID :

Name : Mrs. Kanchan Pawarkar Sex/Age : F/33yrs

EYE CHECK UP

Chief complaints : Nil

Systematic Diseases : Hypothyroidism

Past History : Nil

Unaided Vision :
} Rt Eye = 6/6
} Lt Eye = 6/6

Aided Vision :
Nil

Refraction : Nil

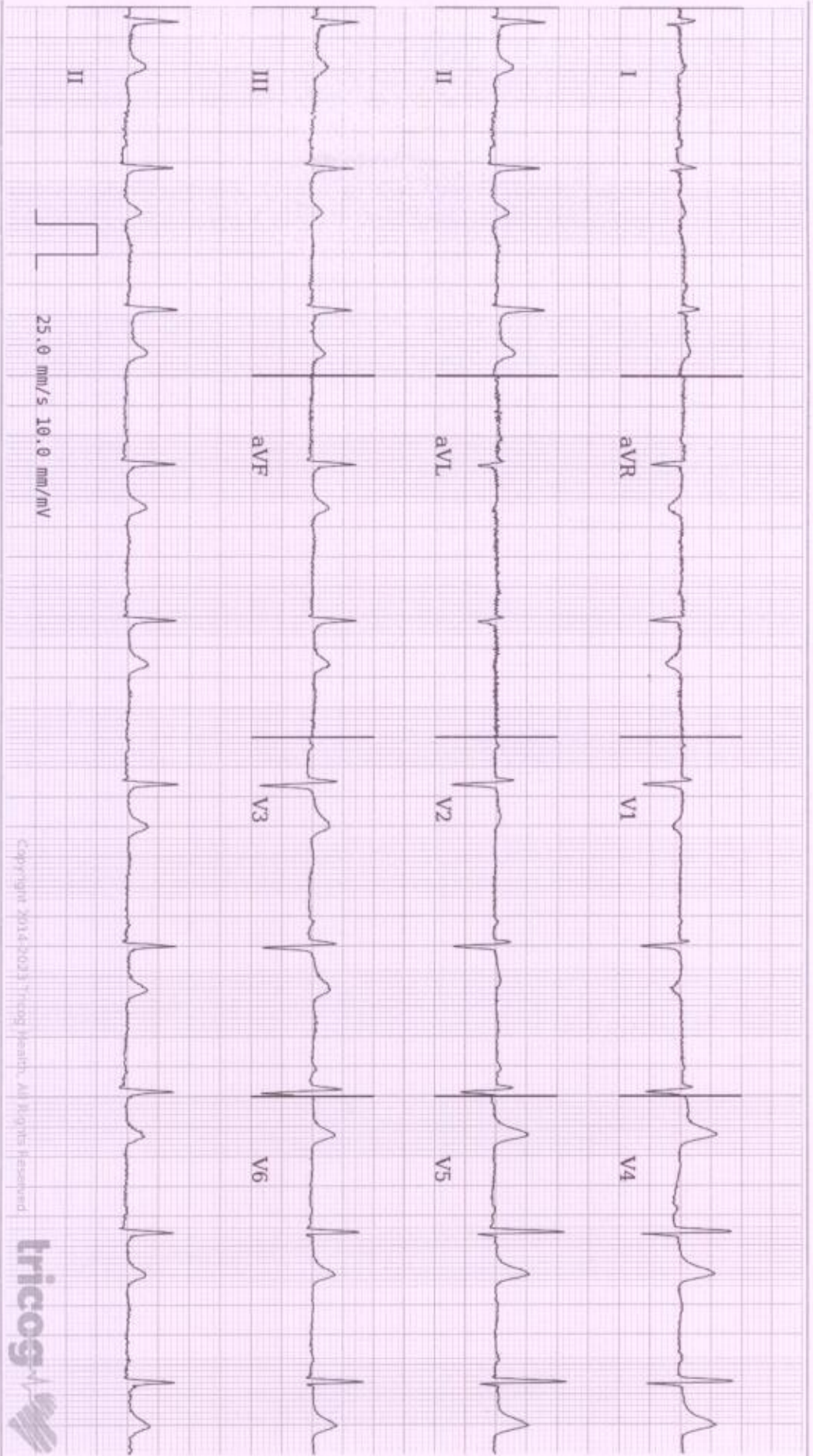
Colour Vision : Normal colour vision

Remarks : Normal vision



Patient Name: **KANCHAN REWATKAR**
Patient ID: **2308005358**

SUBURBAN DIAGNOSTICS - IHANE KASARAVADAVALLI
Date and Time: **21st Mar 23 11:06 AM**



25.0 mm/s 10.0 mm/mV

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Age **33** **5** **10**
years months days

Gender **Female**

Heart Rate **60bpm**

Patient Vitals

BP: **100/70 mmHg**

Weight: **65 kg**

Height: **158 cm**

Pulse: **NA**

Spo2: **NA**

Resp: **NA**

Others:

Measurements

QRSD: **78ms**

QT: **422ms**

QTc: **422ms**

PR: **142ms**

P-R-T: **-3° 78° 65°**

ECG Within Normal Limits: Sinus Rhythm. Normal axis. Please correlate clinically.

REPORTED BY

Dr. Kavita Shah
MBBS, D.CARD
2009/103488

Disclaimer: 1) Analysis in this report is based on ECG above and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as stated by the clinician and not derived from the ECG.

SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Patient Details

Name: MRS. KANCHAN REWATKAR ID: 2308005358

Age: 33 y

Sex: F

Clinical History: Hypothyroidism since 2013

Date: 21-Mar-23

Time: 11:16:35 AM

Height: 158 cms

Weight: 65 Kgs

Medications: Thyronorm 100mcg

Test Details

Protocol: Bruce

Pr.MHR: 187 bpm

THR: 158 (85 % of Pr.MHR) bpm

Total Exec. Time: 7 m 0 s

Max. HR: 160 (86% of Pr.MHR)bpm

Max. Mets: 10.20

Max. BP: 140 / 70 mmHg

Max. BP x HR: 22400 mmHg/min

Min. BP x HR: 4480 mmHg/min

Test Termination Criteria: THR achieved

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 17	1.0	0	0	83	100 / 70	-0.21 aVR	0.71 V3
Standing	0 : 9	1.0	0	0	74	100 / 70	-0.42 aVR	1.06 V4
Hyperventilation	0 : 14	1.0	0	0	64	100 / 70	-0.21 aVR	0.35 II
1	3 : 0	4.6	1.7	10	115	110 / 70	-0.42 aVR	2.12 V4
2	3 : 0	7.0	2.5	12	147	120 / 70	-1.70 V5	3.18 V4
Peak Ex	1 : 0	10.2	3.4	14	160	140 / 70	-1.70 V4	3.18 V3
Recovery(1)	1 : 0	1.8	1	0	119	140 / 70	-1.70 V5	3.18 V3
Recovery(2)	1 : 0	1.0	0	0	86	130 / 80	-0.21 aVR	2.83 V4
Recovery(3)	1 : 0	1.0	0	0	75	120 / 80	-0.42 V5	1.06 V3
Recovery(4)	1 : 0	1.0	0	0	76	110 / 80	-0.21 aVR	0.71 V3
Recovery(5)	0 : 47	1.0	0	0	67	110 / 80	-0.21 aVR	0.71 V3

Interpretation

The patient exercised according to the Bruce protocol for 7 m 0 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 83 bpm, rose to a max. heart rate of 160 (86% of Pr.MHR) bpm. Resting blood Pressure 100 / 70 mmHg, rose to a maximum blood pressure of 140 / 70 mmHg.

Baseline ECG s/o Normal Sinus Rhythm.

No significant ST - T changes during exercise and recovery.

No evidence of arrhythmias.

Normal haemodynamic response.

Good effort tolerance.

IMPRESSION: Stress test is NEGATIVE for inducible ischemia at moderate workload. DISCLAIMER: Negative stress test does not rule out coronary artery disease and positive stress test is suggestive but not confirmatory of coronary artery disease. Hence clinical co-relation is mandatory.

Ref. Doctor: CORPORATE

(Summary Report edited by user)



Dr. Kavın H. Shah
M.B.B.S., D.CARD.
MMC Regd. No.3488

Doctor: Dr. Kavın Shah

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MRS KANCHAN REWATKAR (33 F)

ID: 230800358

Date: 21-Mar-23

Exec Time: 0 m 0 s

Stage Time: 0 m 11 s HR: 75 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 100 / 70

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

0.0 0.0

0.0 0.0

0.0 0.4

0.0 0.0

0.0 0.4

0.8 0.0

0.0 0.4

0.8 0.0

-0.2 -0.4

0.8 0.7

0.0 0.0

0.4 0.4

0.0 0.4

0.6 0.4

0.0 0.0

0.4 0.4

0.0 0.4

0.4 0.4

Chart Speed: 25 mm/sec
Schluter Standard V4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report



MRS. KANCHAN REWATKAR (33 F)

ID: 2308005358

Date: 21-Mar-23

Exec Time : 0 m 0 s

Stage Time : 0 m 3 s

HR: 71 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P. 100 / 70

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)



Chart Speed: 25 mm/sec
Schiller Spandon V47

Filter: 35 Hz

Mains Filtr. ON

Amp: 10 mm

iso = R - 50 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



MRS. KANCHAN REWATKAR (33 F)

ID: 2308005358

Date: 21-Mar-23

Exec Time: 0 m 0 s

Stage Time: 0 m 8 s

HR: 71 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P.: 100 / 70

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)



Chart Speed: 25 mm/sec
Schaller Standard V 4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

MRS. KANCHAN REWATKAR (33 F) ID: 2308005358

Date: 21-Mar-23 Exec Time: 2 m 54 s Stage Time: 2 m 54 s HR: 116 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10%

(THR: 158 bpm)

B.P: 110/70

ST Level (mm) ST Slope (mV/s)

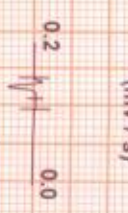
ST Level (mm) ST Slope (mV/s)



I



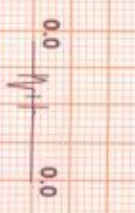
V1



II



V2



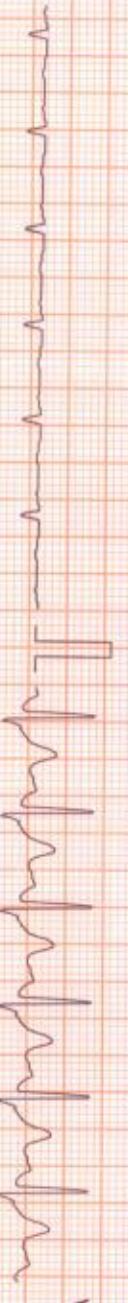
III



V3



aVR



V4



aVL



V5



aVF



V6

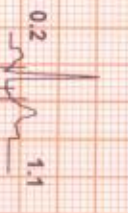


Chart Speed: 25 mm/sec
Schluter Spandean V4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

MRS. KANCHAN REWATKAR (33 F)

ID: 2308005358

Date: 21-Mar-23

Exec Time : 5 m 54 s Stage Time : 2 m 54 s HR- 146 bpm

B.P: 120 / 70

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 158 bpm)

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

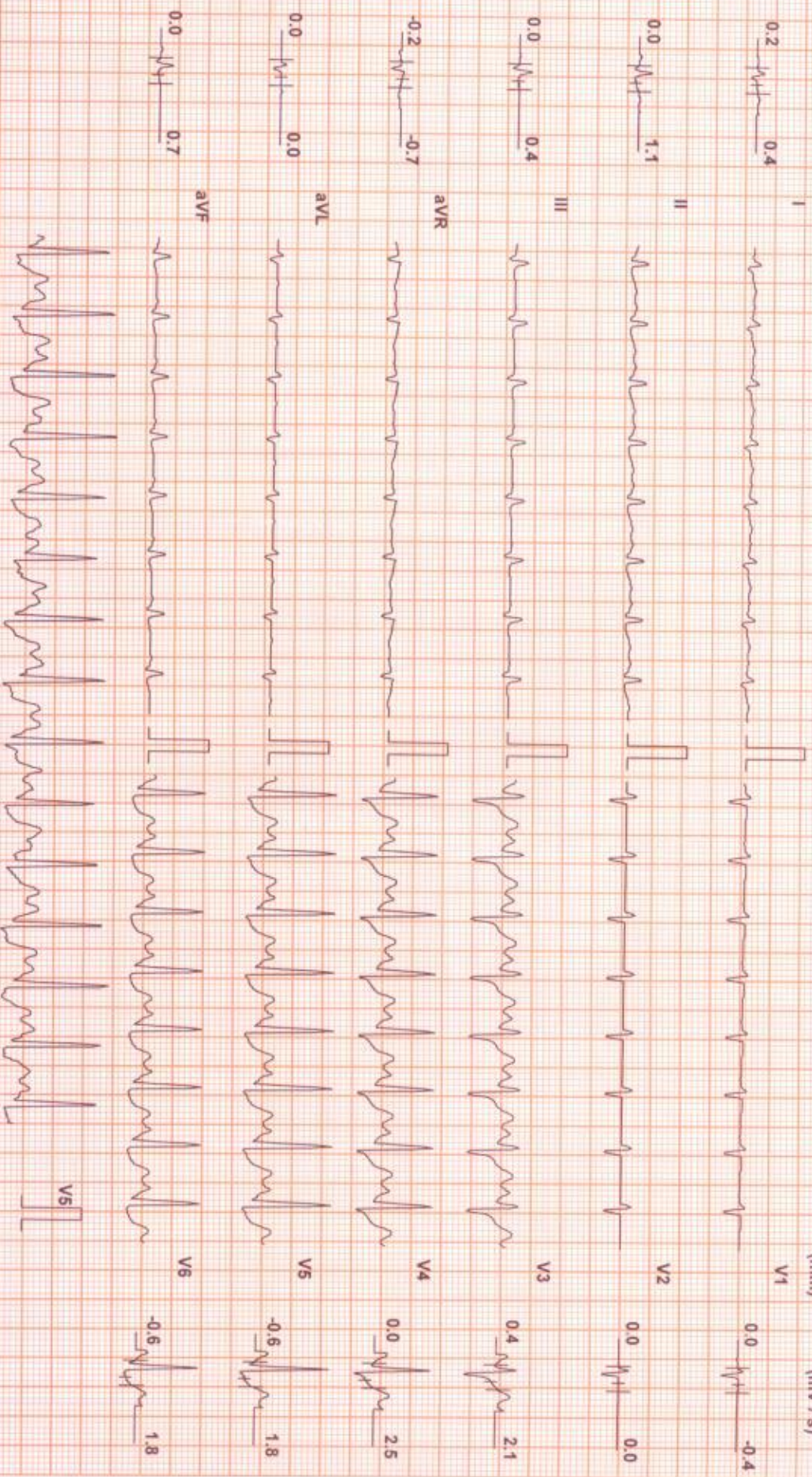


Chart Speed: 25 mm/sec
Schiller Spardian V47

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

50 = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



MRS. KANCHAN REWATKAR (33 F)

ID: 2308005358

Date: 21-Mar-23

Exec Time: 6 m 54 s Stage Time: 0 m 54 s HR: 163 bpm

SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 158 bpm)

B.P: 140 / 70

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

0.0 0.4



0.0 0.0

0.0 0.7



0.0 0.0

-0.2 -0.4



0.4 1.1

0.0 -0.7



-0.8 1.8

0.0 0.0



-0.8 2.1

-0.2 0.4



-0.8 1.8

0.0 0.0



0.0 0.0

0.0 0.0



0.0 0.0

0.0 0.0



0.4 1.1

0.0 0.0



-0.8 1.8

0.0 0.0



-0.8 2.1

0.0 0.0



-0.8 1.8

Chart Speed: 25 mm/sec
Schlier Spandan V 4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

150 = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

MRS. KANCHAN REWATKAR (33 F)

ID: 2308005358

Date: 21-Mar-23

Exec Time: 7 m 0 s

Stage Time: 0 m 54 s HR: 112 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 1 mph

Grade: 0%

(THR: 158 bpm)

B.P: 140 / 70

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

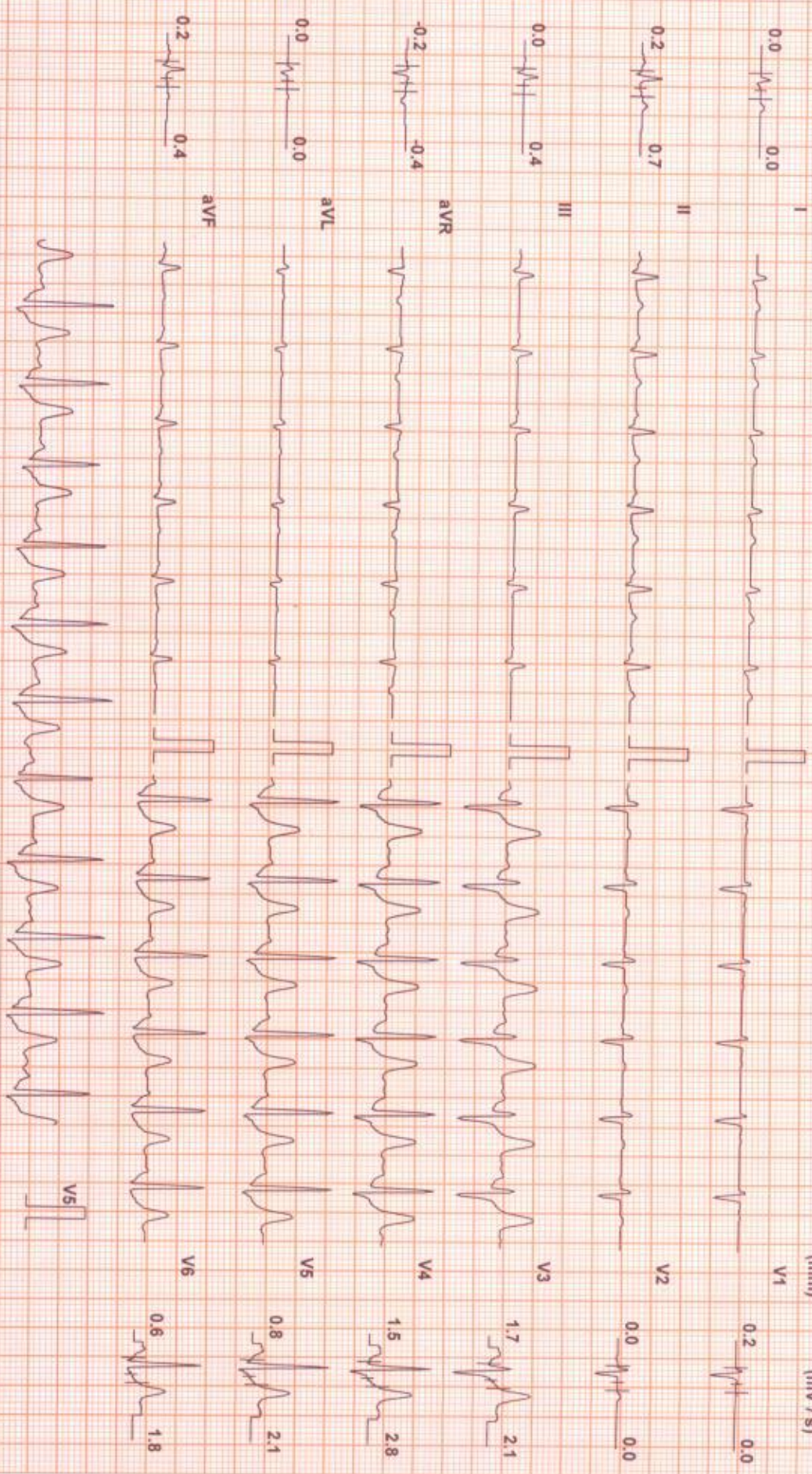


Chart Speed: 25 mm/sec
Schuler Spanian V4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

SUBURBAN DIAGNOSTICS THANE KASARVADAVALLI

Test Report

MRS. KANCHAN REWATKAR (33 F)

ID: 2308005358

Date: 21-Mar-23

Exec Time: 7 m 0 s

Stage Time: 0 m 54 s HR: 90 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 130 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

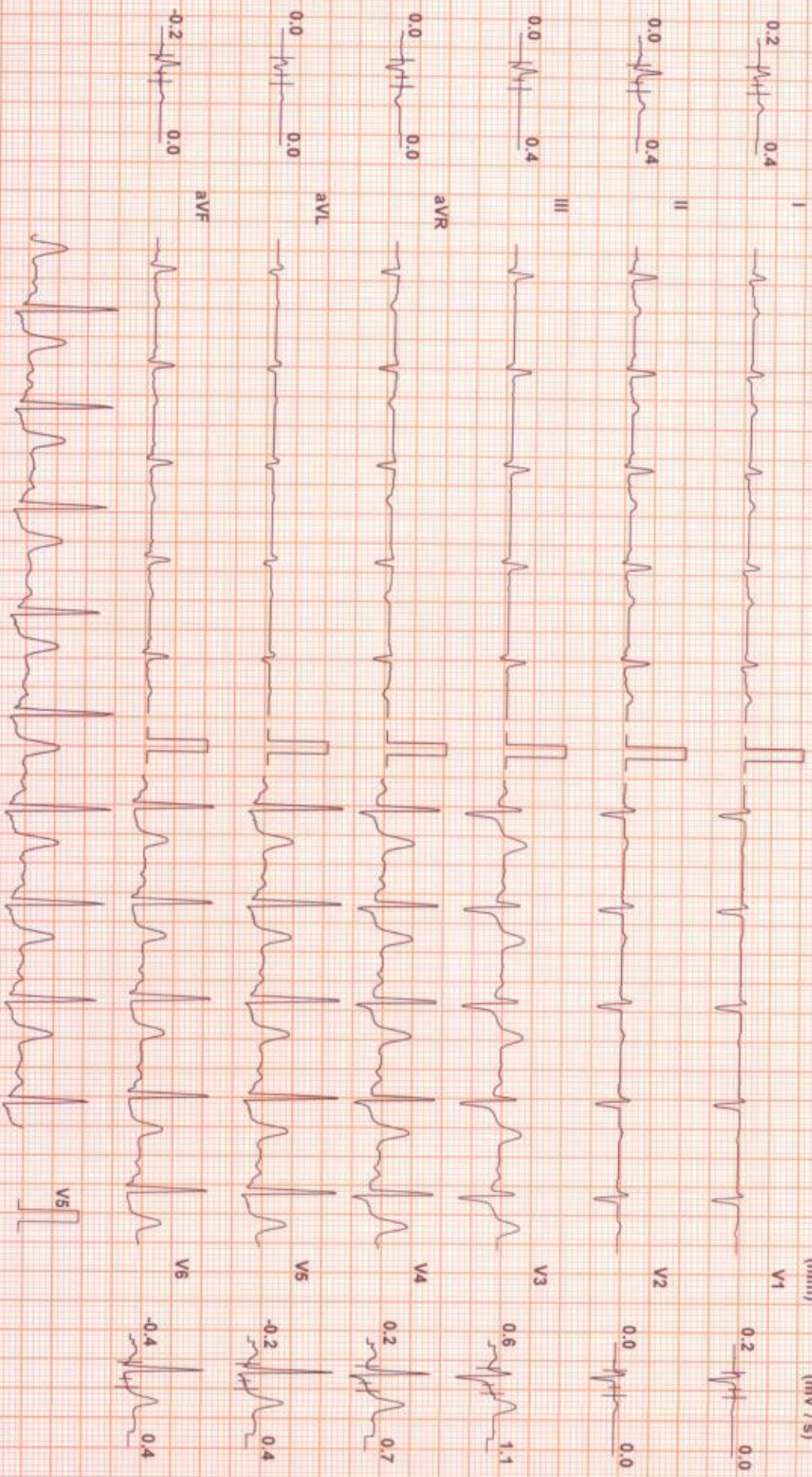


Chart Speed: 25 mm/sec
Schiller Spandax V 47

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

100 = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



MRS. KANCHAN REWATKAR (33 F)

ID: 2308005358

Date: 21-Mar-23

Exec Time : 7 m 0 s

Stage Time : 0 m 54 s HR: 77 bpm

SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

0.0 0.0



0.0 -0.4

0.0 0.4



0.0 0.0

0.0 0.4



0.0 0.0

0.0 0.0



0.4 0.7

0.0 0.0



0.0 0.4

0.0 0.0



0.4 0.4

0.0 0.0



0.0 -0.4

0.0 0.4



0.0 0.0

0.0 0.4



0.4 0.7

0.0 0.4



0.0 0.4

0.0 0.4



-0.2 0.4

0.0 0.4



-0.2 0.4

Chart Speed: 25 mm/sec
Schlier Spander V 4.7

Filter: 35 Hz

Mains Filtr ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



MRS. KANCHAN REWATKAR (33 F)

ID: 2308005358

Date: 21-Mar-23

Exec. Time : 7 m 0 s

Stage Time : 0 m 54 s HR: 75 bpm

SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

Protocol: Bruce

Stage: Recovery(4)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 110 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

0.0 0.0

I



V1

0.0 -0.4

0.0 0.0

II



V2

0.0 0.0

0.0 0.0

III



V3

0.4 0.4

0.0 0.0

avR



V4

0.2 0.4

0.0 -0.4

avL



V5

0.0 0.4

0.0 0.0

avF



V6

-0.2 0.0

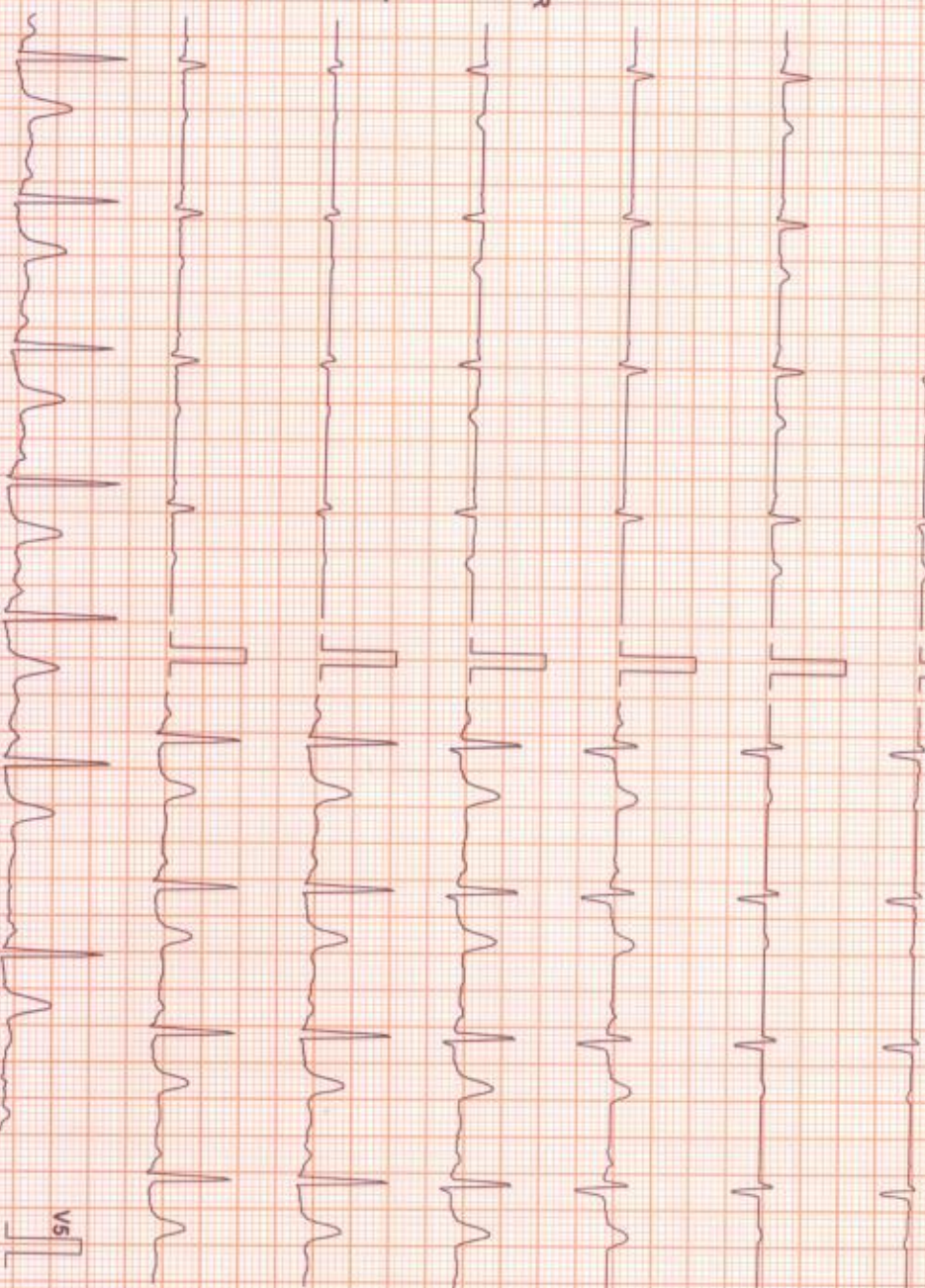


Chart Speed: 25 mm/sec
Schlier-Spenden V4-7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

150 = R - 80 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



MRS. KANCHAN REWATKAR (33 F)

ID: 2308005358

Date: 21-Mar-23

Exec Time : 7 m 0 s

Stage Time : 0 m 54 s HR: 75 bpm

SUBURBAN DIAGNOSTICS THANE KASARVADAVALI

Test Report

Protocol: Bruce

Stage: Recovery(5)

Speed: 0 mph

Grade: 0%

(THR: 158 bpm)

B.P: 110 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

0.0 0.0

I



V1

0.0 -0.4

0.0 0.0

II



V2

0.0 0.0

0.0 0.0

III



V3

0.4 0.4

0.0 0.0

avR



V4

0.2 0.4

0.0 0.0

avL



V5

0.0 0.4

0.0 0.0

avF



V6

-0.2 0.0

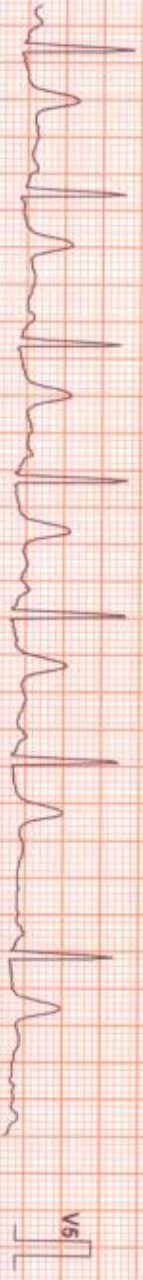


Chart Speed: 25 mm/sec
Schlier Spannen V 4.7

Filter: 35 Hz

Mains Filt. ON

Amp: 10 mm

150 - R - 40 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

Authenticity Check



Use a QR Code Scanner
Application To Scan the Code

CID : 2308005358
Name : Mrs KANCHAN REWATKAR
Age / Sex : 33 Years/Female
Ref. Dr :
Reg. Location : Thane Kasarvadavali Main Centre

Reg. Date : 21-Mar-2023
Reported : 21-Mar-2023 / 10:49

USG WHOLE ABDOMEN

LIVER: Liver is enlarged in size (16.8 cm) and shows normal echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus.

PORTAL VEIN: Portal vein is normal. **CBD:** CBD is normal.

PANCREAS: Visualised pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

KIDNEYS: Right kidney measures 10.7 x 3.1 cm. Left kidney measures 10.9 x 4.9 cm. Both kidneys are normal in size, shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

UTERUS: Uterus is retroverted and measures 6.6 x 3.9 x 4.3 cm. Uterine myometrium shows homogenous echotexture. Endometrial echo is in midline and measures 7.6 mm. Cervix appears normal.

OVARIES:

Both ovaries are bulky in size and show central echogenic stroma with multiple peripherally arranged small follicles s/o PCOS.

The right ovary measures 3.8 x 2.1 x 3.5 cm and volume is 15.6 cc.
The left ovary measures 4.5 x 2.4 x 3.3 cm and volume is 19.5 cc.

No free fluid or significant lymphadenopathy is seen.

Click here to view images [http://3.111.232.119/iRISViewer/NeoradViewer?](http://3.111.232.119/iRISViewer/NeoradViewer?Access)
Access

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Page no 1 of 2

Authenticity Check



Use a QR Code Scanner
Application To Scan the Code

CID : 2308005358
Name : Mrs KANCHAN REWATKAR
Age / Sex : 33 Years/Female
Ref. Dr :
Reg. Location : Thane Kasarvadavali Main Centre

Reg. Date : 21-Mar-2023
Reported : 21-Mar-2023 / 10:49

IMPRESSION:

**BILATERAL BULKY OVARIES WITH POLYCYSTIC CHANGES. SUGGEST SR.FSH,SR LH,SR
PROLACTIN CORRELATION.
HEPATOMEGALY.**

Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have inter-observer variations. Further/follow-up imaging may be needed in some cases for confirmation / exclusion of diagnosis.

-----End of Report-----

G. R. Fartade
Dr.GAURAV FARTADE
MBBS, DMRE
Reg No -2014/04/1786
Consultant Radiologist

Click here to view images [http://3.111.232.119/iRISViewer/NeoradViewer?
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Page no 2 of 2

Authenticity Check



Use a QR Code Scanner
Application To Scan the Code

CID : 2308005358
Name : Mrs KANCHAN REWATKAR
Age / Sex : 33 Years/Female
Ref. Dr :
Reg. Location : Thane Kasarvadavali Main Centre

Reg. Date : 21-Mar-2023
Reported : 21-Mar-2023 / 10:57

X-RAY CHEST PA VIEW

Both lung fields are clear.
Both costo-phrenic angles are clear.
The cardiac size and shape are within normal limits.
The domes of diaphragm are normal in position and outlines.
The skeleton under review appears normal.

IMPRESSION:
NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

G. R. Fartade

Dr. GAURAV FARTADE
MBBS, DMRE
Reg No -2014/04/1786
Consultant Radiologist

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भारत निवडणूक आयोग

ELECTION COMMISSION OF INDIA

मतदार फोटो ओळख पत्र ELECTOR PHOTO IDENTITY CARD



YDE8426082



मतदाराचे नांव

कांचन रेवतकर

Elector's Name: Kanchan Rewatkar

पतीचे नांव

अजिंक्य रेवतकर

Husband's Name: Ajinkya Rewatkar