

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
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- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MS DONGARGAONKAR P M
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 58 Years
Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LAA2867 *LAA2867*
Reg. Date : 27-Jan-2024 11:30 am
Report Date : 27-Jan-2024 6:30 pm
Print Date : 31-Jan-2024 1:17 pm

BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	10.00		5 - 20 mg/dl
CREATININE	0.56	mg/dl	0.5 - 1.3 mg/dl
Serum Uric Acid	5.10	mg%	Female : 2.6 - 6.0 mg%
Age of the Patient	58		
eGFR	118.18	ml/min	

eGFR calculation based on MDRD guideline 2012

More than 90 ml / min / 1.73 Sqm - Normal eGFR

60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .

Suggest reapt testing in 6 to 12 months.

Exclude kidney disease in those at high risk (Diabetes & Hypertension

30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .

Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.

15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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BLOOD GROUP

TEST	RESULT
Blood Group	'AB'
Rh Factor	Positive

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BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	93.6	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: \geq 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	87.9	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: \geq 200 (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:
 Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	14	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes (Total RBCs)	5.48	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	44.6	%	Female : 32 - 47 %
MCV	81.40	fl	80- 96 fl
MCH	25.60	pg	27 - 32 pg
MCHC	31.40	gm%	32 - 37 gm%
RDW	14.9	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	6920	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	60	%	40 - 75
Lymphocytes	35	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	257000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	10	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.8	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	119.76		
METHOD : NEPHELOMETRY			

DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%
 Impaired glucose tolerance: 5.8% to 6.4%
 Diabetes: 6.5% or more

CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less
 Fair control: 7.0% to 8.0%
 Poor control: More than 8.0%

Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	241	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	130.4	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	57.7	mg / dl	35.3 - 79.5 mg / dl
VLDL	26.08	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	157.22	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.18		< 5
LDL / HDL	2.72		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

----- End of Report -----

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LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.6	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.26	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.34	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	23.40	U / L	Up to 45 U / L
S.G.O.T.	11.90	U / L	Up to 46 U / L
Alkaline Phosphatase	98.00	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	7.15	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.23	gm / dl	3.5 - 5.2 gm / dl
Globulin	2.92	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.45		1.0- 2.3
GGT	24.8	IU/L	55 IU/L

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T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [Tri - iodothyronine]	145.240	ng/dl	91.14 - 237.61 ng/dl
T4 [Thyroxine]	8.184	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	5.987	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

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DR. BHAVINI KAMDAR
MD (PATH) MUM

BORIVALI CENTRE 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
KANDIVALI CENTRE MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
KANDIVALI CENTRE SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
DAHISAR CENTRE NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
GORAI CENTRE VICTORY HEIGHTS, GORAI MAIN ROAD, OPP: SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
GOREGAON CENTRE M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com

"Home Visit Facility Call On 76667 66307"

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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MS DONGARGAONKAR P M
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 58 Years
Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LAA2867 *LAA2867*
Reg. Date : 27-Jan-2024 11:30 am
Report Date : 27-Jan-2024 3:21 pm
Print Date : 31-Jan-2024 1:17 pm

URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

Printed By : RIYA

Checked By
JAY

DR. BHAVINI KAMDAR
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 "Home Visit Facility Call On 76667 66307"

**Health Check up Booking Confirmed Request(bobE4827),Package Code-
PKG10000477, Beneficiary Code-304106**

Mediwheel <wellness@mediwheel.in>
To: healthcare.medicals@gmail.com
Cc: customercare@mediwheel.in

Mon, Jan 22, 2024 at 12:40 PM



Mediwheel
...Your wellness partner

011-41195959

Hi **Healthcare Medical Centre And Diagnostic,**

We have received the confirmation for the following booking. Please provide your confirmation by clicking on the yes and no button.

Hospital Package Name : Mediwheel Full Body Health Checkup Female Above 40

Patient Package Name : Mediwheel Full Body Health Checkup Female Above 40

Package Code : PKG10000477

Contact Details : 9892026259

Email : dbmont@bankofbaroda.co.in

Booking Date : 09-01-2024

Appointment Date : 27-01-2024

Confirmation Status : Booking Confirmed

Preferred Time : 8:30am-9:00am

Member Information		
Booked Member Name	Age	Gender
MS. DONGARGAONKAR P M	58 year	Female

We request you to facilitate the employee on priority.

Thanks,
Mediwheel Team

You have received this mail because your e-mail ID is registered with This is a system-generated e-mail **Arcofemi Healthcare Limited**, please don't reply to this message.

Please visit to our [Terms & Conditions](#) for more informaion. This email is recieved because you are register with us [Click here to unsubscribe](#).

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NAME	MRS DONGARGAONKAR PM	DATE	27/01/2024
HT: 150CMS	WT: 68.7KGS.	AGE	58YRS
REFERRED BY	MEDIWHEEL	SEX	FEMALE
PRESENT COMPLAINTS: NIL			
CURRENT MEDICATION: NIL			
PAST HISTORY: NIL			
ALLERGY: NO	HABIT: NO	APPETITE: GOOD	
SLEEP: GOOD	BLADDER: NAD	BOWEL: NIL	
SKIN: NORMAL	BUILT AND SKELETAL FRAMEWORK : NORMAL		
FAMILY HISTORY: NIL	B.M.I - 30.4 kg/m ²		
GENERAL EXAMINATION:		ADVICE-	
P-89min	BP: 124/76MM OF HG	Repeat TSH after 3 months	
PALLOR: NIL	ICTERUS: NIL	Take Roseday 5mg o - o 1 x 3 months	
OEDEMA: NIL	OTHERS: NAD	sit for employment	
RS: AEBE clear		Dr. NUPUR RAI	
CVS: NAD		MBBS, DIPLOMA CARDIOLOGY (PGDCC)	
PA: SOFT, NON TENDER		Reg. No.: 2018/15643	
CNS: NAD			
BIRTH MARK : NIL			
INVESTIGATION:			

HEALTHCARE
 Medical centre And Diagnostics
 Yogi Avenue, Yogi Nagar,
 Borivali (West), Mumbai - 400 092
 Tel :- 28996565 / 28996535

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DENTAL CHECK UP

NAME MRS DONGARGAONKAR ^{P M} DATE 27/01/24

REFERRED BY MEDIWHEEL AGE - 58 SEX F

CHIEF COMPLAINT: NO

PAST DENTAL HISTORY : -

HABITS : NIL

ORAL EXAMINATION : Caries on Rt and Lt MOLAR.
FAIR HYGIENE

TREATMENT :

HEALTHCARE
Medical centre And Diagnostics
Yogi Avenue, Yogi Nagar,
Borivali (West) - Mumbai - 400 092
Tel :- 28996565 / 28996535

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GYNEAC / OBST CHECK UP

NAME MRS. DONGARGAONKAR ^{PM} DATE 27/01/24
 PATIENT ID _____ AGE 58
 REFERRED BY Mediwheel SEX F

PRESENT COMPLAINTS: - NIL

CURRENT MEDICATION : - NIL

PRESENT MENSTRUAL HISTORY: - Menopause

GYNAEC HISTORY: _____ LMP : _____

OBST HISTORY:

FTND :
FTCS :

BREAST EXAM: - (M)

ADVICE:

HEALTHCARE
 Medical centre And Diagnostics
 DR. Yogi A. Patil, Yogi Nagar,
 Borivali (West), Mumbai - 400 092
 (GYNAEC. & OBSTETRICS)
 Tel. - 28985653



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NAME	MS DONGARGAONKAR P M	DATE	27.012024
		AGE	58 YRS
REF. BY	MEDIWHEEL	SEX	FEMALE

2D-ECHOCARDIOGRAPHY & DOPPLER FINDINGS:

Normal sized LA, RA, RV and LV
 2DEF= 60%
 No hypertrophy seen.
 No evidence of hypokinesia.
 All valves morphologically normal.
 No stenosis or regurgitation seen.
 No PAH.
 No thrombus/vegetation seen.
 IAS and IVS intact. No shunt lesion seen.
 IVC non dilated with more than 50% inspiratory collapse seen.
 Normal RV function seen.
 TAPSE=1.82cms, MAPSE=1.21cm
 Pericardium normal. No pericardial effusion
 Grade I(mild) diastolic dysfunction seen.
 Normal LV systolic function.

M-MODE MEASUREMENT:

LEFT VENTRICULAR	
IVSd	08 mm
IVSs	11 mm
LVIDd	47 mm
LVIDs	29 mm
LVPWd	08 mm
LVPWs	13 mm
EF (Teich)	60 %
% FS	33 %

Cont on page 2....

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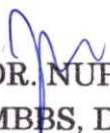
NAME	MS DONGARGAONKAR P M	DATE	27.012024
		AGE	58 YRS
REF. BY	MEDIWHEEL	SEX	FEMALE

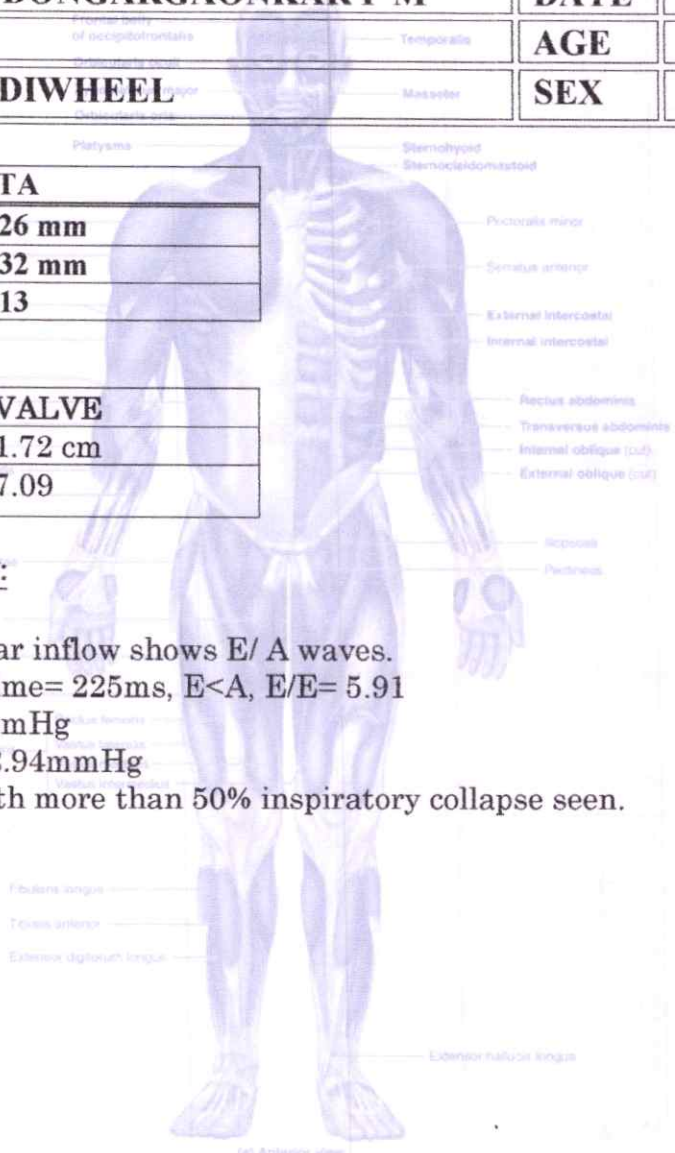
AORTA	
AO	26 mm
LA	32 mm
AVO	13

MITRAL	VALVE
DE	1.72 cm
EF SLOPE	7.09

DOPPLER STUDY:

PWD left ventricular inflow shows E/ A waves.
 Mitral valve: Dec time= 225ms, E<A, E/E= 5.91
 Aortic valve: 2.32mmHg
 Pulmonary valve: 2.94mmHg
 IVC non dilated with more than 50% inspiratory collapse seen.


DR. NUPUR RAI
 MBBS, D CARD



(a) Anterior view

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NAME	MRS DONGARGAONKAR PM	DATE	27.01.2024
REF. BY DR	MEDIWHEEL	AGE	58/Years
		SEX	FEMALE

REAL TIME ABDOMINAL SONOGRAPHY SHOWS,

LIVER :

Liver is normal in size showing bright parenchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

Gall bladder :

The Gall bladder is well distended .The gall bladder wall of normal thickness . No evidence of gall stones.

PANCREAS :

Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture. No focal lesion seen.

KIDNEYS :

Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis or renal calculus.

(a) Right kidney measures: 9.2 x 3.8 cms

(b) Left kidney measures: 8.3 x 3.9 cms.

SPLEEN :

The spleen is normal in size with homogenous parenchymal echotexture. No focal lesion are seen.

AORTA :

The upper aorta and para aortic regions appear normal.

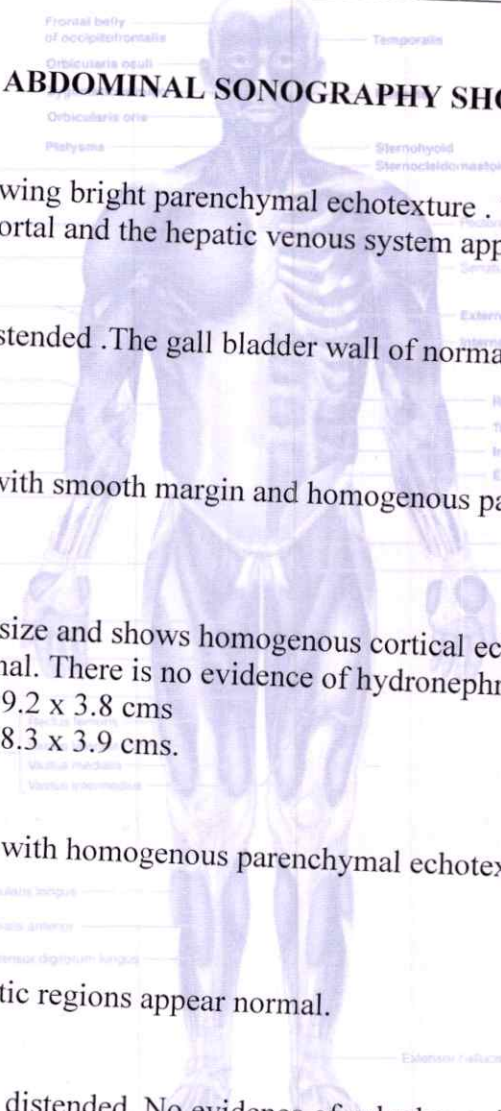
URINARY BLADDER :

Urinary bladder is minimally distended. No evidence of calculus or intraluminal mass seen in the bladder. Pelvis could not be well evaluated due to minimally distended bladder.

UTERUS (TAS):

Uterus is anteverted and normal. Endometrial lining (3.4 mm) appears normal. No evidence of focal lesion.

Uterus measures: 3.9 x 3.0 x 2.9 cms.



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NAME	MRS DONGARGAONKAR PM	DATE	27.01.2024
REF. BY DR	MEDIWHEEL	AGE	58/Years
		SEX	FEMALE

ADNEXA :

Both ovaries are not well visualized (post menopausal status)
No evidence of free fluid.

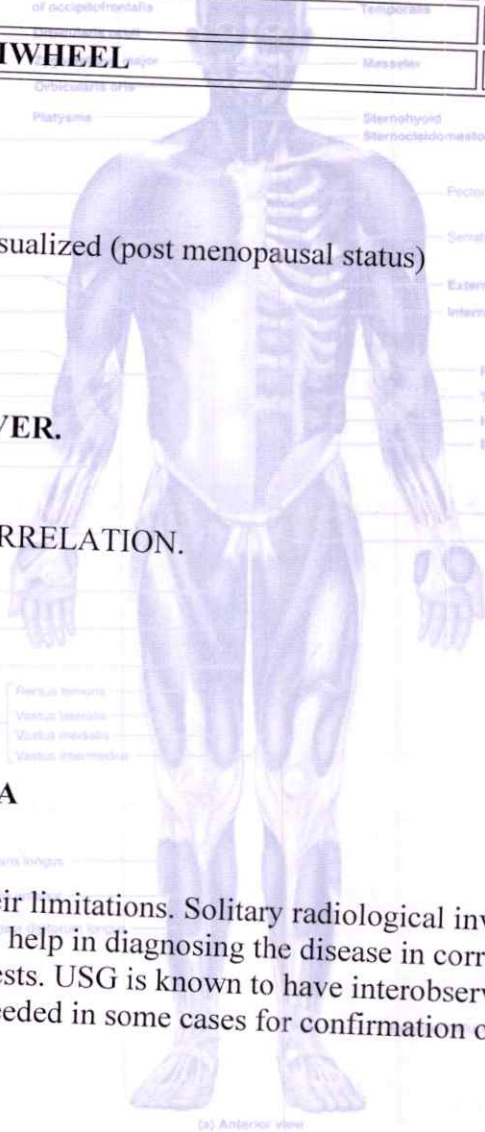
IMPRESSION :

- **GRADE I FATTY LIVER.**

SUGGEST: CLINICAL CORRELATION.

DR.SUDHANSHU SAXENA
CONS.RADIOLOGIST.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings.Please interpret accordingly.



(a) Anterior view

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REF. BY DR	MEDIWHEEL	AGE	58/Years
		SEX	FEMALE

BILATERAL SONOMAMMOGRAPHY

Both the breasts reveal normal parenchymal echotexture.

No focal solid or cystic lesion is seen.

No ductal dilatation is seen.

Retroareolar regions are normal.

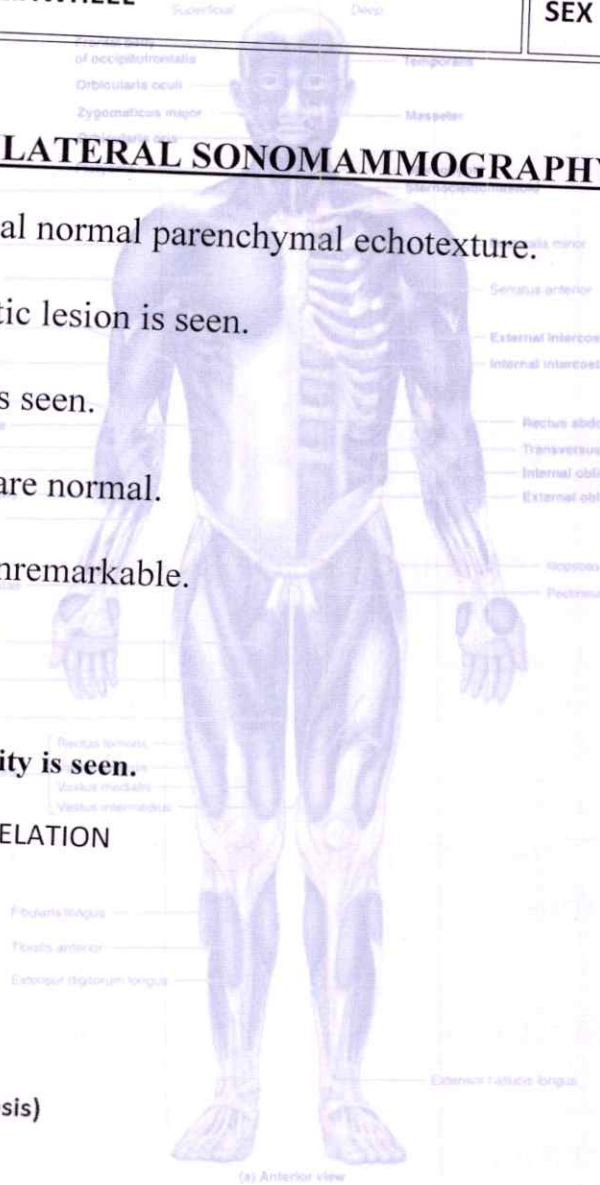
Bilateral axillae are unremarkable.

IMPRESSION:

No significant abnormality is seen.

SUGGEST: CLINICAL CORRELATION

DR.SUDHANSHU SAXENA
Consultant Radiologist
M.B.B.S DMRE (RadioDiagnosis)
RegNo .MMC 2016061376.



Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings.Please interpret accordingly.

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- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY (BMD)
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



MS DONGARGAONKAR P.M
 ELAA2867
 27-Jan-2024



ECG

ELECTROCARDIOGRAM (ECG)

PATIENT MS. Dongargonkar P.M AGE: 58 SEX female
 REF. BY DR. medinbed DATE 27/01/2024



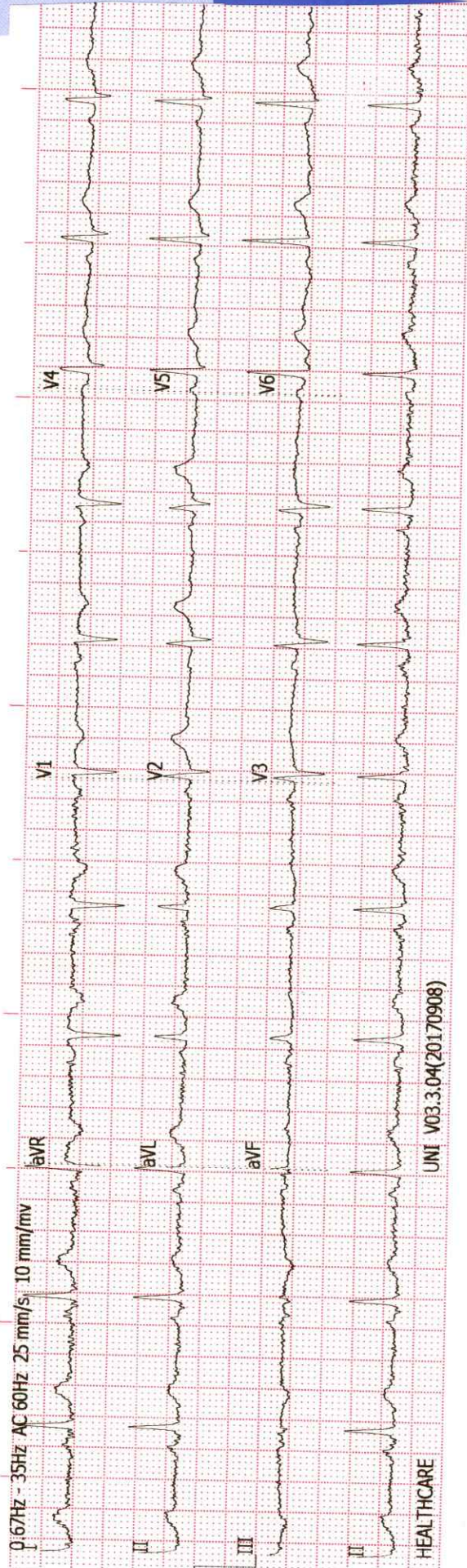
INTERPRETATION :

Low

Dr. Nupur Rai

DR. NUPUR RAI
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)
 Reg. No. ZU18115643

HEALTHCARE
 Medical Investigations And Diagnostic
 Laboratory - 200902
 Borivli - 400025 / 28951111



History :

B.P. :

Drugs :

Standard :

Auricular Rate : *72 bpm*

Ventricular Rate : *72*

Rhythm : *NS*

Mechanism :

Voltage :

Axis :

P. Waves :

PR Interval :

Q. Waves : *(no)*

QRS Interval :

ST Segment :

T. Waves :

QT Interval :

Extra Systoles :

REMARKS & CONCLUSIONS : *None*

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DATE : 27/01/2024

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TO,

Mediwheel

This is regarding your client Miss/Mrs/MR Dongargankar PM

Visited to our centre on 27/01/2024 for her/his

proposed tests. All tests are done as scheduled except

Pending/skipped tests: X-Ray

Reason: will do later

We are ~~canceling~~ / will reschedule it as per her/his convenience.

Thank you.

Client's sign

Dr. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PGDCC)
Reg. No : 2018115643
Medical Examiner

HEALTHCARE
Medical centre And Diagnostics
Yogi Avenue, Yogi Nagar,
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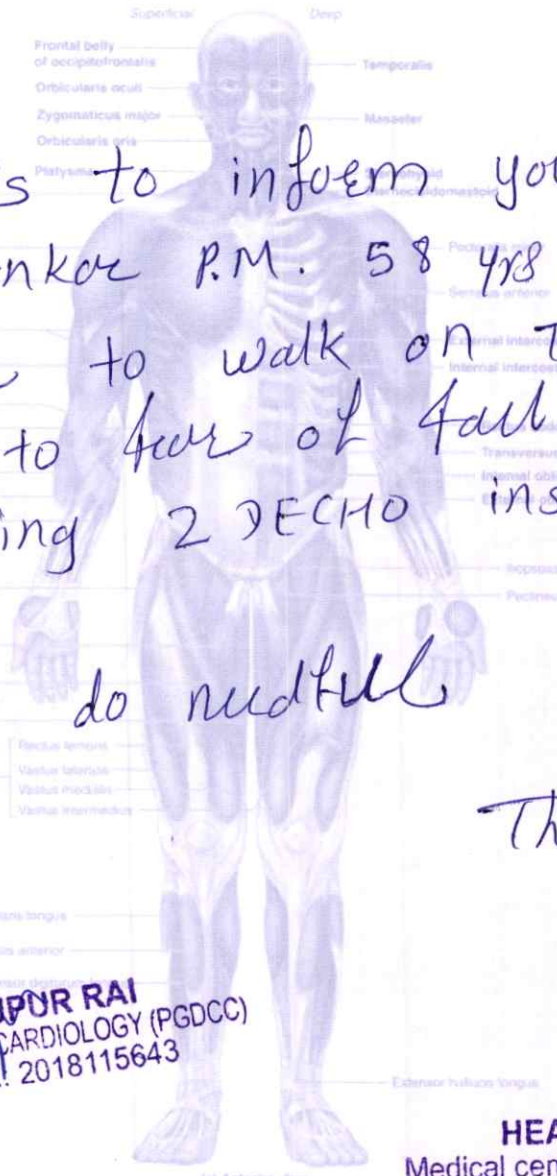
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27/11/24

To,
Mediwheel

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This is to inform you that
 MS Dongaegonkar P.M. 58 yrs 1F
 Unable to walk on Tread mill
 Proper due to fear of fall so
 we are doing 2 DECHO instead of
 TMT.

Kindly do needfull

Thank you.

DR. NUPUR RAI
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)
 Reg. No.: 2018115643

(Handwritten signature)

HEALTHCARE
 Medical centre And Diagnostics
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