

Your Apollo order has been confirmed - niyantadiabetes@gmail.com - Gmail

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 Collect MRF as per package details & that company's format (already shared).  
 By 12 noon of appointment date: share Work order number & visit status (Show/No show).  
 Lipid reports in Addendum podal as per specifications given earlier.

Corporate/TPA Name	Agency Name	Package Name	Package Description	Customer Name	Gender	Age	Referral Doctor	Referral Hospital	Emp ID	Emp Name	Mobile No	Doc Appx Date	Appx Time	Ref No/ UHD	HC Cont Location
ARCOFEMI HEALTHCARE LIMITED	ARCOFEMI MEDIWHEEL BODY COMPREHENSIVE PAN INDIA OP	ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE PAN INDIA - FY2324	Urine Routine (CUE), Consultation - Dental, GLUCOSE - SERUM / PLASMA (FASTING AND POST PRANDIAL, Alkaline Phosphatase - Serum/Plasma, CALCIUM - SERUM, Blood Grouping And Typing (Abo And Rh), Prostatic Specific Antigen (PSA Total), THYROID PROFILE - (T3, T4 AND TSH), Glycosylated Hemoglobin (HbA1C) - Whole Blood, Vitamin B12 - Serum, Vitamin D3, ECG, PULMONARY FUNCTION TEST, HEMOGRAM (CBC+ESR), Lipid Profile (all Parameters), LIVER FUNCTION TEST (PACKAGE), Renal Function Test, X-Ray Chest PA, Ultrasound - Whole Abdomen, Height, Weight, BP, BMI, Package Consultation - ENT, Fitness by General Physician, Optical by General Physician, URINE GLUCOSE (FASTING), URINE GLUCOSE (POST PRANDIAL), Dietician consultation, D ECHO, LIVER FUNCTION TEST (LFT) WITH GGT	Ashshrek Vipulkumar Barot	male	1990	N/A	Abshshrek Barot@jmitl.com	04-08-1990	Self	9638038244	2024-07-31	09:00	06:30-09:00	AHCHN - Niyanta Diabetes & Heart Clinic Pvt Ltd - Ahmedabad

Please login to AHCHN Portal for more details.  
 AHCHN Login Url : Click on Link

Diet. TMT

Self PPRAS  
 PFT  
 X-Ray  
 USA  
 BMJ  
 Vision

31/7/24.

Abhishek Barot

No Any Medical Past History.

Reports Received.

U. Acid - 8.1

Vit B12 - 145

Vit D3 - 18.6.

T.N.  
P. go 1/min

BP-122/80 mmHg

Rx  
cis / in AD  
and  
P/A Soft

Hf. 179 mm  
wt. 98 kg.

B.D  
19 Feb. upline D3

0 TRO  
CAD. / necessary

20 T. B-29

6 TRO  
CAD. - (100),

→ He is physically fit. to do daily Routine Job work.

PATIENT NAME: ABHISHEK BAROT

AGE/SEX: 33 Years/MALE

REF. DOCTOR: HEALTH CHECK UP

DATE: 31/07/2024

**EYE VISION CHECK UP**

EYE PARAMETERS	RIGHT EYE	LEFT EYE
DISTANCE VISION	6/6 WITHOUT GLASS	6/6 WITHOUT GLASS
NEAR VISION	N/6 WITHOUT GLASS	N/6 WITHOUT GLASS
COLOUR VISION	NO COLOUR BLINDNESS	NO COLOUR BLINDNESS

Shreyanta Healthcare & Diagnostics Pvt. Ltd,  
212 to 217, Swanik Arcade, Pragatinagar,  
Naranpura, Ahmedabad-380013.  
Regd. No. : 051902468

**Shreyanta Healthcare & Diagnostics Pvt. Ltd.**

212-217, Swanik Arcade, Nr Arjun Homes, B/h Vardan Tower, Pragatinagar - K. K. Nagar Road, Naranpura, Ahmedabad : 380 013.  
Appointment +91 99042 90525 / +91 92656 34065 ☎ 079 2749 98 35 / Emergency : 87340 72706 📧 shreyantclinic@gmail.com

31-07-2024 16:58:29

ID: 10350

Name: ABHISHEK, BAROT

Age: 33yrs

Sex:

Hospital:

Department:

0.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv

HR	63 bpm
PR	162 ms
QRS	106 ms
QT/QTc	362/370 ms
P/QRS/T	34/79/94 deg.
R/S/SVL	0.984/0.399 mv
R/S+SVL	1.383 mv

<< Analysis Result >>

\*\* borderline ECG \*\*

Sinus rhythm

Nonspecific T wave abnormality

**Dr. Manik K. Kinariwala**  
 (M.D. (Medicine), PCDDM (UK))  
 Regd. No.: G-14926  
 Shreyanta Healthcare & Diagnostics Pvt. Ltd.  
 Regd. No.: 051902468  
 Need to be confirmed by doctor. Doctor Name:

**Shreyanta Healthcare & Diagnostics Pvt. Ltd.**  
 212 to 217, Swatik Arcade, Pragatnagar,  
 Karanpur, Ambedkar-480013.  
 Regd. No.: 051902468

*Abhishek*



<b>NAME:</b> ABHISHEK BAROT	<b>DATE:</b> 31 / 07 / 2024
<b>AGE:</b> 33 YEARS	<b>SEX:</b> Male
	<b>REF. DR.</b> APOLLO

**INVESTIGATION : USG ABDOMEN & PELVIS**

**LIVER** appears normal in size and shows normal echopattern. No evidence of focal mass lesion. No evidence of dilated intrahepatic biliary radicals noted. Portal vein and hepatic veins are unremarkable. Common bile duct appears normal.

**GALL BLADDER** appears normal distended. No cholecystitis.

**PANCREAS** appears normal in size and echopattern.

**SPLEEN** appears normal in size and echopattern. No evidence of mass lesion seen.

**KIDNEYS:**

Both kidneys appear normal in size, shape and position. No evidence of mass lesion or hydronephrosis seen on either side. Both Kidneys show normal cortical echogenicity well preserved cortico-medullary differentiation.

**URINARY BLADDER** is partially distended. No evidence of vesical mass or calculus is seen.


Prostate appears normal size and normal echopattern.

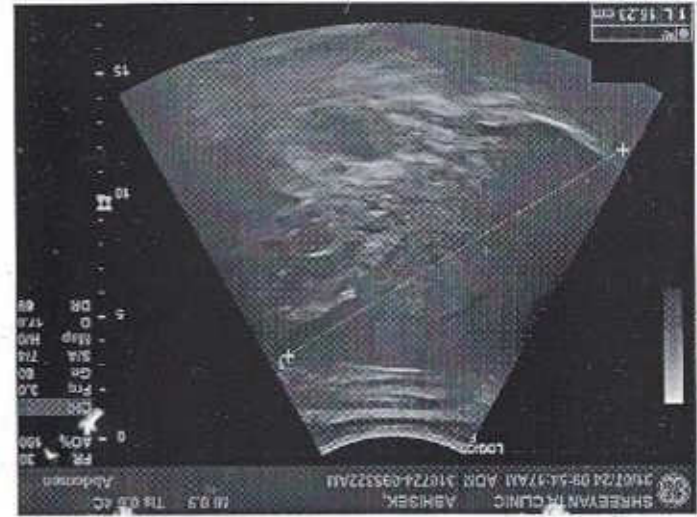
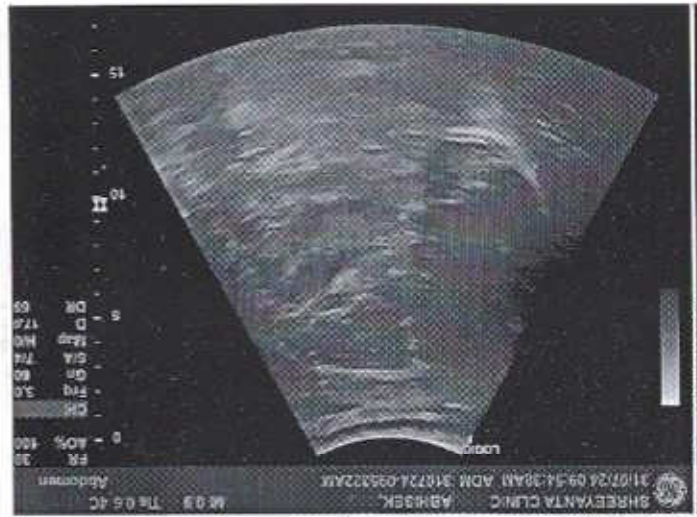
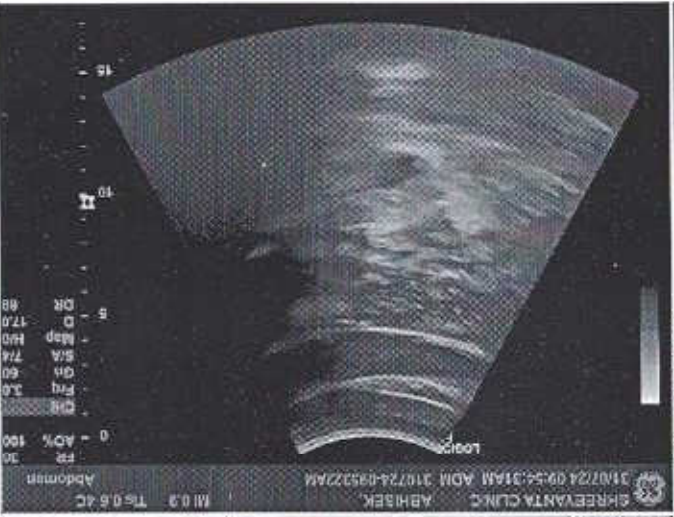
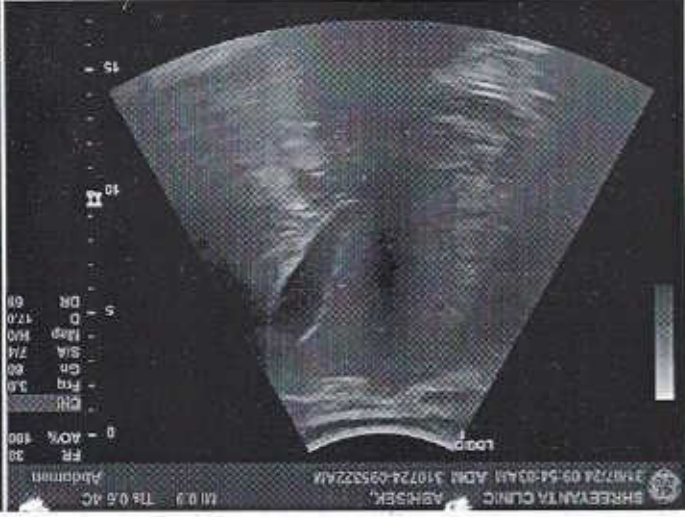
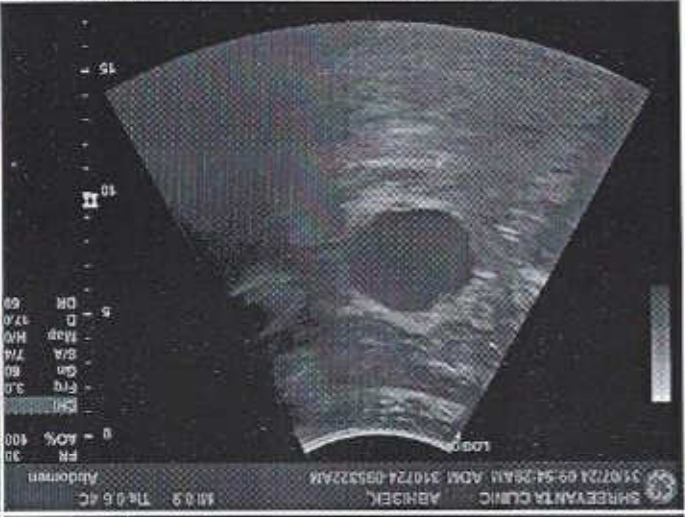
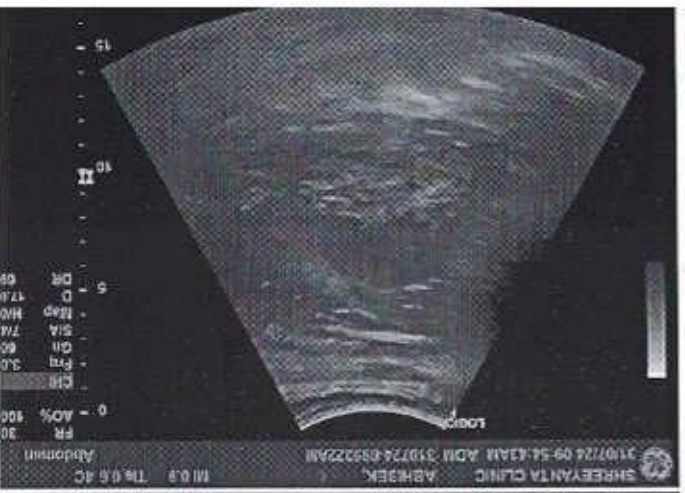
Small and large bowel loops are unremarkable.

No evidence of ascites or lymphadenopathy is seen.

**Impression:-**

**No significant abnormality detected.**

  
**Dr. MITUL MEVADA**  
Reg. No. (G-0152)  
Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
**CONSULTANT RADIOLOGIST**



Date : 31-Jul-2024

Sr. No. :  
 ID : 177  
 Name : ABHISHEK BAROT  
 Age & Sex : 33 yrs old MALE  
 Height : 179 cms  
 Weight : 98 kgs  
 BSA : 2.21 sqr mtr.  
 Ethnic Group : Indian  
 Predicted : Indian

Smoker : No

History :

Medication :

Analysis : Normal

Comment :

Operator : Administrator

Spirometry Test Parameters

Abbr.	Unit	Pred.	Pre-Medication Obs. %Pred.	Post-Medication Obs. %Pred.
Best FVC	l	4.26	5.46	128
Best FEV1	l	3.24	4.93	152
Best PEF	l/s	8.62	8.58	100

Abbr.	Unit	Pred.	Pre-Med. Obs. %Pred.	Pre-Med. imp
FVC	l	4.26	5.46	128.00
FEV_05	l	2.82	3.05	108.00
FEV_1	l	3.24	4.93	152.00
FEV_3	l	3.95	---	---
FEV_1/FVC	%	76.06	90.25	119.00
FEV_3/FVC	%	92.72	---	---
FEF_25_75	%	3.30	6.88	208.00
PEF	l/s	8.62	8.58	100.00
FEF_25	l/s	7.63	8.06	106.00
FEF_50	l/s	3.97	7.98	201.00
FEF_75	l/s	1.57	4.11	262.00
PEFT	l/s	---	1.43	---
FMFT	s	---	71.25	---
FIVC	l	---	4.22	---
FIV_1	l	---	3.55	---
FIV_1/FIVC	%	100.00	84.16	84.00
PIF	l/s	---	5.64	---

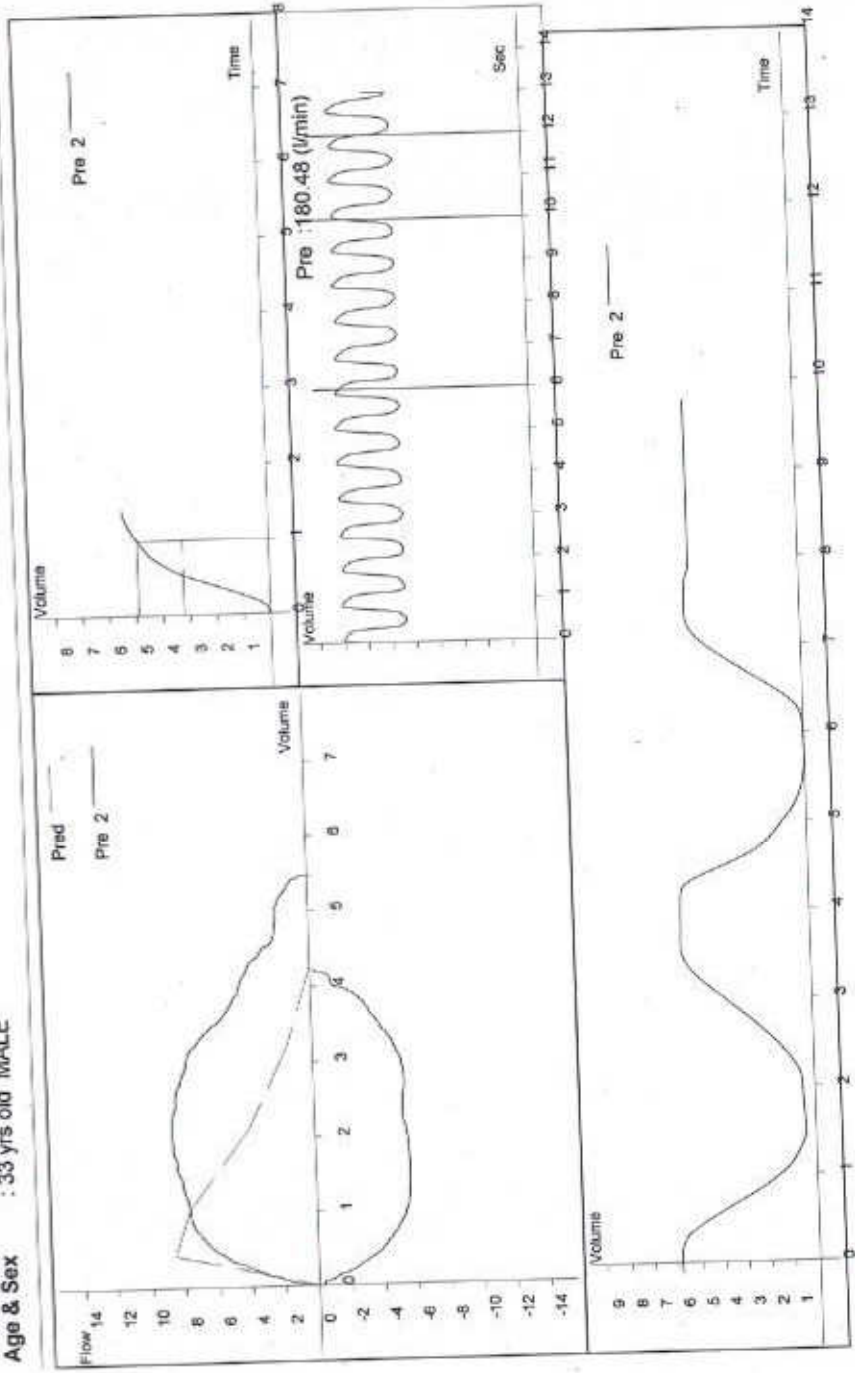
Abbr.	Unit	Pred.	Pre-Med. Obs. %Pred.	Pre-Med. imp
MVV	l	123.50	180.48	146.00
RR	/m	---	71.00	---

Abbr.	Unit	Pred.	Pre-Med. Obs. %Pred.	Post-Med. Obs. %Pred.	Post-Med. imp
SVC	l	4.14	5.54	134.00	---
ERV	l	---	0.50	---	---
IRV	l	---	5.04	---	---
TV	l	---	0.50	---	---

*ABHISHEK*

Date : 31-Jul-2024

Sr. No. :  
ID : 177  
Name : ABHISHEK BAROT  
Age & Sex : 33 yrs old MALE  
Height : 179 cms  
Weight : 98 Kgs  
BSA : 2.21 sqr mtr.  
Ethnic Group : Indian  
Predicted : Indian



Shreyanta Healthcare & Diagnostics Pvt. Ltd.  
212 to 217, Swanik Arcade, Pragatinagar,  
Naranpura, Ahmedabad-380013.  
Regd. No. : 051902468

**Dr. Manish R. Kinarivala**  
(M.D. (Medicine), PGDDM (UK))  
Regd. No. : G-14526  
Shreyanta Healthcare & Diagnostics Pvt. Ltd.

Referring Doctor :

( )



<b>NAME : ABHISHEK BAROT</b>	<b>AGE : 33 YRS/MALE</b>
<b>REF BY : HEALTH CHCKUP</b>	<b>DATE: 31/07/2024</b>

### **X ray chest PA**

Bilateral prominent Broncho vascular markings seen.  
No evidence of Koch's consolidation and pleural effusion seen either side.  
Cardiac shadow appears normal.  
Bony thorax and both dome of diaphragm appears normal.

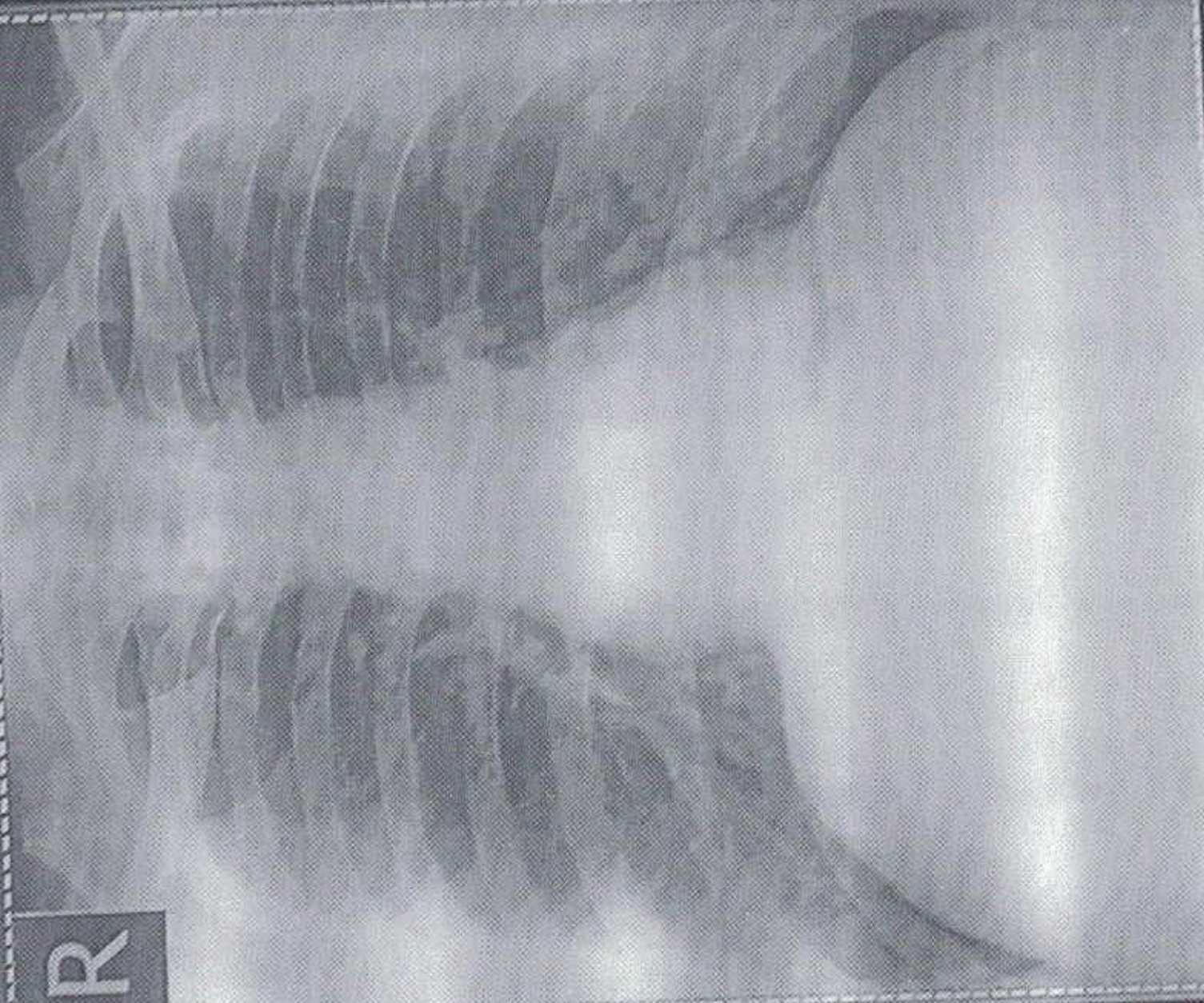
### **IMPRESSION: -**

**NORMAL X RAY CHEST PA VIEW.**

**DR. MITUL MEVADA**  
**CONSULTANT RADIOLOGIST**  
REG. NO. (G-8) 1001  
Shreyanta Healthcare & Diagnostics Pvt. Ltd.

Shreyanta Healthcare & Diagnostics Pvt. Ltd,  
212 to 217, Swanik Arcade, Pragatinagar,  
Naranpura, Ahmedabad-380013.  
Regd. No.: 051902468

R



ABHISHEK BAROT AGE-33 M316      Pkt. ID.      CR281RA  
REF DR.      SHREYANTA HEALTHCARE & DIAGNOSTICS PVT. LTD.      31-07-2024 9:00:17 AM

Save as New

आयकर विभाग

INCOME TAX DEPARTMENT

ABHISHEK VIPULKUMAR BAROT

VIPULKUMAR RAMCHANDRA BAROT

04/08/1990

Permanent Account Number

CFGPB9265M

*A. V. Barot*

Signature



भारत सरकार

GOVT. OF INDIA



*Dr. Maulik K. Kinariwala*  
Dr. Maulik K. Kinariwala  
(M.D. (Medicine), PGDMM (UK)  
Regd. No. : G-14526  
Shreejanta Healthcare & Diagnostics Pvt. Ltd.

*Shreejanta Healthcare & Diagnostics Pvt. Ltd.*  
212 to 217, Swanik Arcade, Pragatinagar,  
Mumbai, Maharashtra 400013,  
India. Tel. : 022-2600400

*A. V. Barot*

# SHREEYANTA HEALTH CARE AND DIAGNOSTICS PVT. LTD

**Patient Details**      Date: 31-Jul-24      Time: 11:18:47 AM

Name: ABHISHEK BAROT ID: 1412

Age: 33 y      Sex: M

Clinical History: NO

Height: 179 cms

Weight: 98 Kgs

Medications: NO

## Test Details

Protocol: Bruce

THR: 168 (90 % of Pr.MHR) bpm

Total Exec. Time: 7 m 2 s

Pr.MHR: 187 bpm  
Max. HR: 176 (94% of Pr.MHR) bpm

Max. Mets: 10.20

Max. BP: 160 / 80 mmHg

Max. BP x HR: 28160 mmHg/min

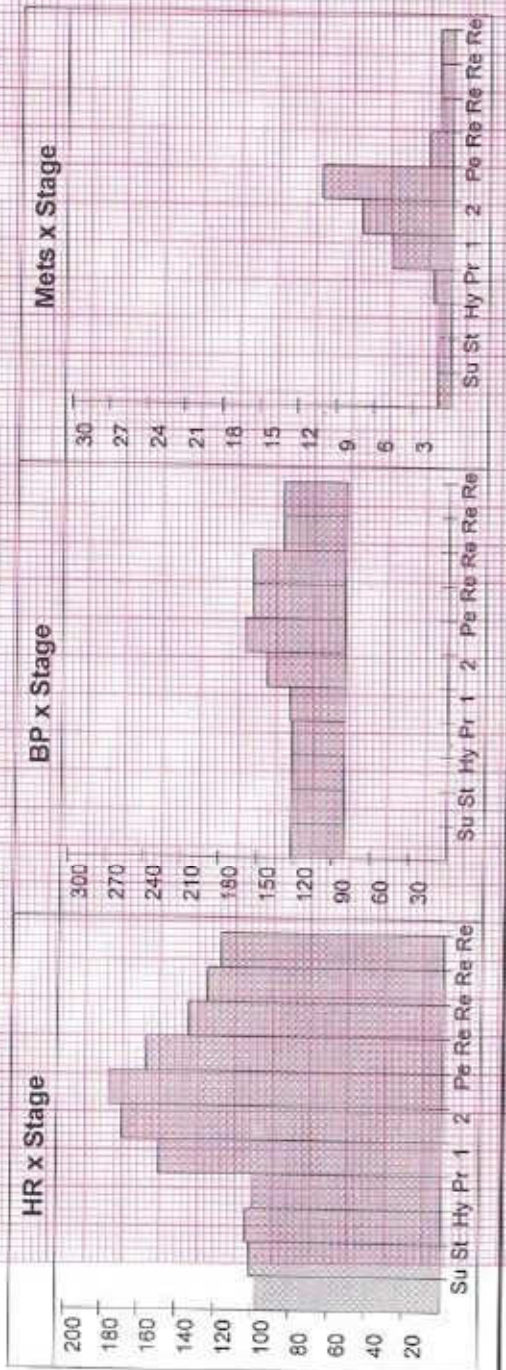
Min. BP x HR: 7760 mmHg/min

Test Termination Criteria: ACHIEVEMENT OF THR

## Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	1:2	1.0	0	0	97	122 / 80	-0.42 aVR	1.06 V2
Standing	0:8	1.0	0	0	101	122 / 80	-0.42 aVR	0.71 II
Hyperventilation	0:5	1.0	0	0	103	122 / 80	-0.42 aVR	0.71 III
1	3:0	4.6	1.7	10	149	124 / 80	-0.85 aVR	1.77 II
2	3:0	7.0	2.5	12	169	142 / 80	-1.27 III	2.83 V2
Peak Ex	1:2	10.2	3.4	14	176	160 / 80	-1.70 III	3.18 V3
Recovery(1)	1:0	1.8	1	0	155	154 / 80	-1.91 III	4.95 V3
Recovery(2)	1:0	1.0	0	0	134	154 / 80	-1.27 aVR	5.31 V3
Recovery(3)	1:0	1.0	0	0	124	130 / 80	-1.06 aVR	4.25 V3
Recovery(4)	0:25	1.0	0	0	117	130 / 80	-0.64 aVR	2.48 V3

Amit



# SHREEYANTA HEALTH CARE AND DIAGNOSTICS PVT. LTD

Patient Details      Date: 31-Jul-24      Time: 11:18:47 AM  
Name: ABHISHEK BAROT ID: 1412  
Age: 33 y      Sex: M      Height: 179 cms      Weight: 98 Kgs

## Interpretation

GOOD EXERCISE TOLERANCE  
NORMAL HAEMODYNAMIC AND CHRONOTROPIC RESPONSE  
NO SIGNIFICANT ST-T CHANGES ARE SEEN DURING EXERCISE AND RECOVERY  
RECOVERY UNEVENTFUL  
NO ANGINA, GALLOP, ARRHYTHMIA  
TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHEMIA DURING EXERCISE AND RECOVERY AT MODERATE WORKLOAD

Shreeyanta Healthcare & Diagnostics Pvt. Ltd,  
212 to 217, Swanik Arcade, Pragatnagar,  
Maranpur, Ahmedabad-380013,  
Regd. No. : 051902468

Ref. Doctor: APOLLO

( Summary Report edited by user )

Dr. Maulik Kinariwala  
(M.D. Medicine), PDDM (UK)  
Regd. No. : C-14926  
Shreeyanta Healthcare & Diagnostics Pvt. Ltd.

Doctor: Dr Maulik Kinariwala

# SHREEYANTA HEALTH CARE AND DIAGNOSTICS PVT. LTD

## Test Report

ABHISHEK BAROT (33 M)

ID: 1412

Date: 31-Jul-24

Exec Time : 0 m 0 s

Stage Time : 0 m 56 s

HR: 99 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 168 bpm)

B.P: 122 / 80

ST Level (mm) ST Slope (mV / s)

0.0 0.0

0.8 0.4

0.6 0.4

-0.4 -0.4

-0.2 0.0

0.6 0.4

ST Level (mm) ST Slope (mV / s)

0.0 0.0

0.2 0.4

0.2 0.0

0.4 0.4

0.4 0.0

0.4 0.0

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filter ON

Amp: 10 mm

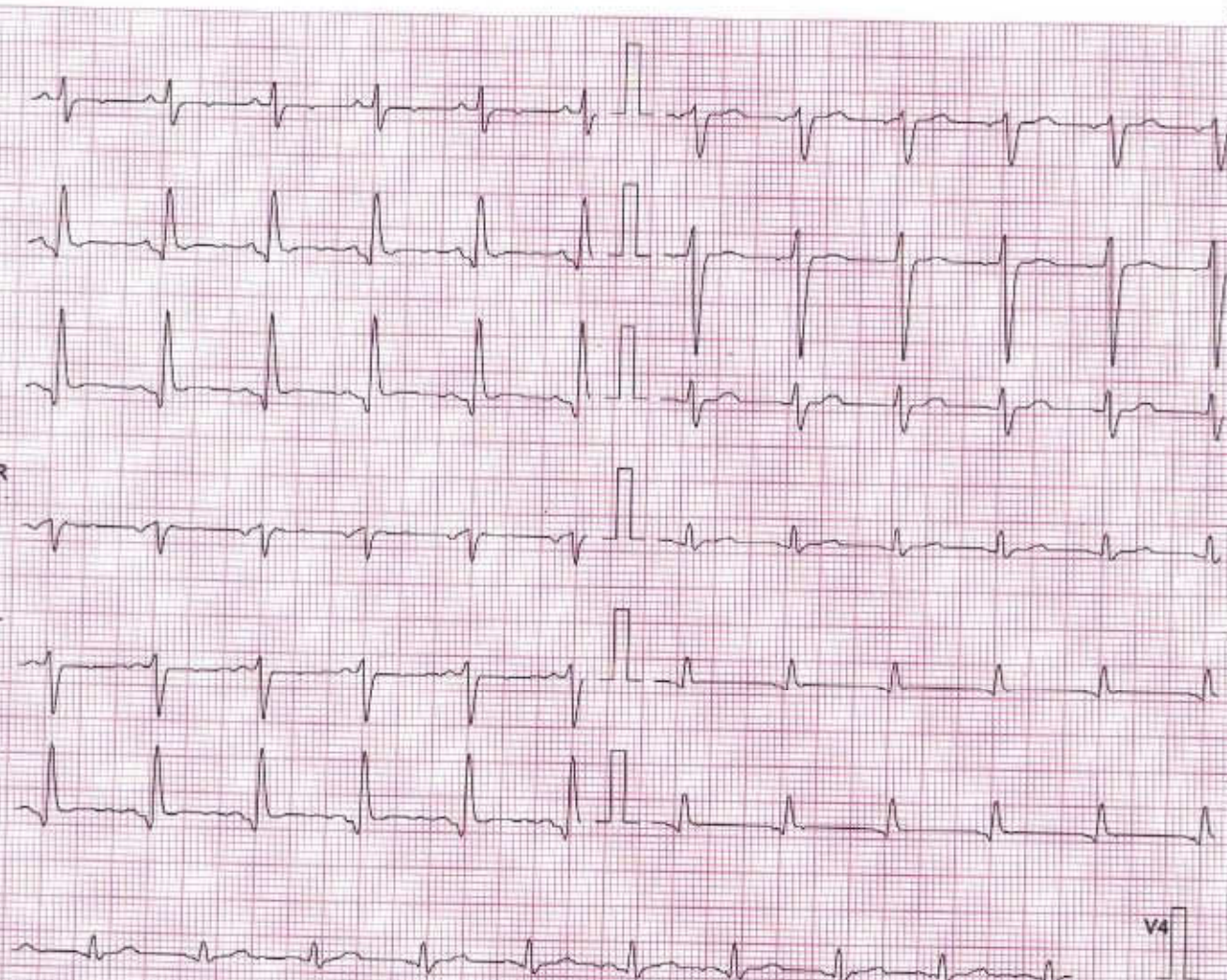
ISO = R : 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

Linked Median



# SHREEYANTA HEALTH CARE AND DIAGNOSTICS PVT. LTD

ABHISHEK BAROT (33 M)

ID: 1412

Date: 31-Jul-24

Exec Time : 0 m 0 s

Stage Time : 0 m 0 s

Test Report

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 168 bpm)

HR: 103 bpm

B.P: 122 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

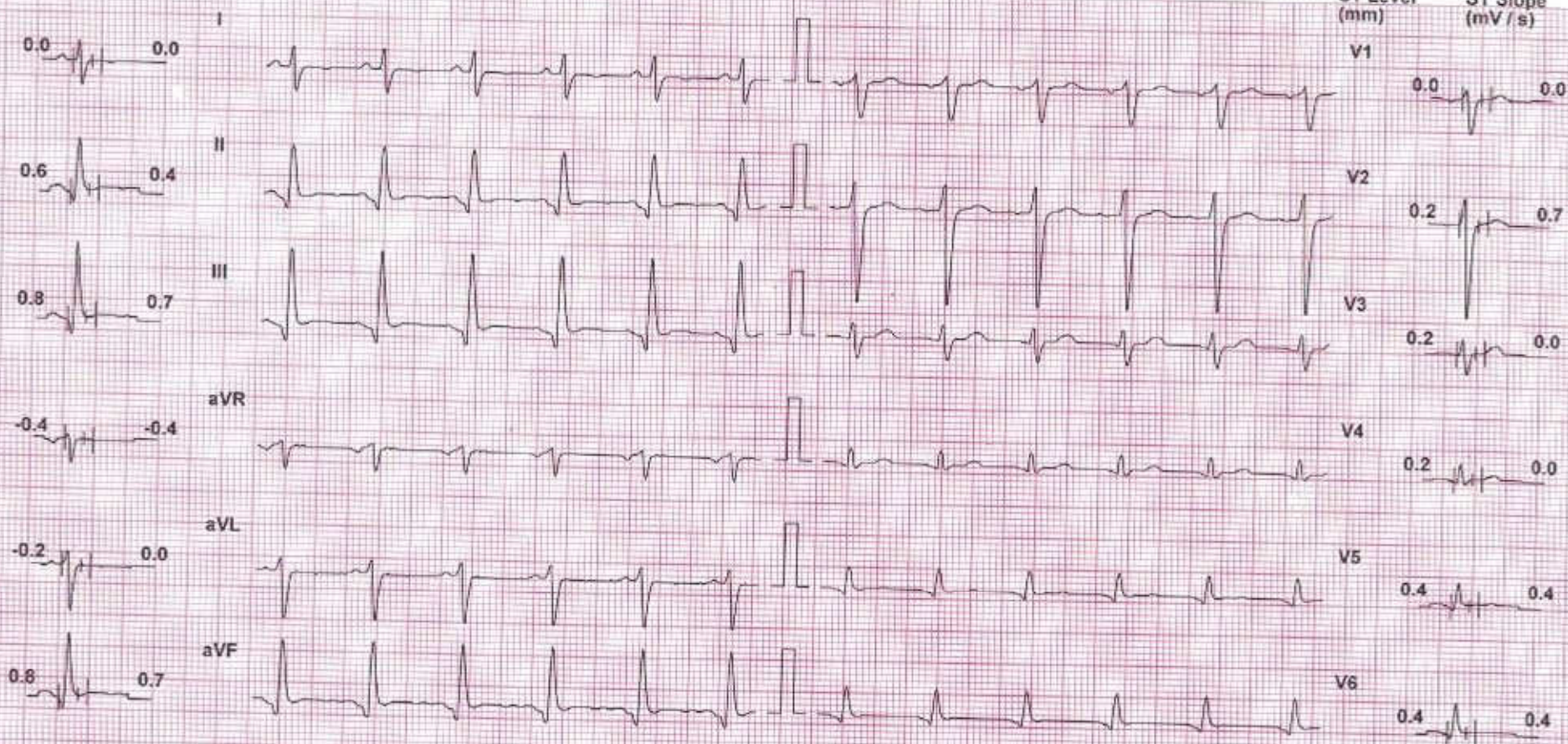


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

# SHREEYANTA HEALTH CARE AND DIAGNOSTICS PVT. LTD

ABHISHEK BAROT (33 M)

ID: 1412

Date: 31-Jul-24

Exec Time : 0 m 0 s

Stage Time : 0 m 5 s

Test Report

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 168 bpm)

HR: 103 bpm

B.P: 122 / 80

ST Level (mm)    ST Slope (mV/s)

ST Level (mm)    ST Slope (mV/s)



Chart Speed: 25 mm/sec  
Schiller Spanden V4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



ABHISHEK BAROT (33 M)

ID: 1412

Date: 31-Jul-24

Exec Time : 2 m 54 s

Stage Time : 2 m 54 s

HR: 149 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 168 bpm)

B.P: 124 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

0.2 0.7

-0.2 -0.7

0.4 1.8

1.1 1.8

0.0 0.4

0.8 1.4

-0.4 -1.4

0.6 1.4

0.2 0.4

0.6 1.1

0.2 1.1

0.2 0.7

Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filtr: ON

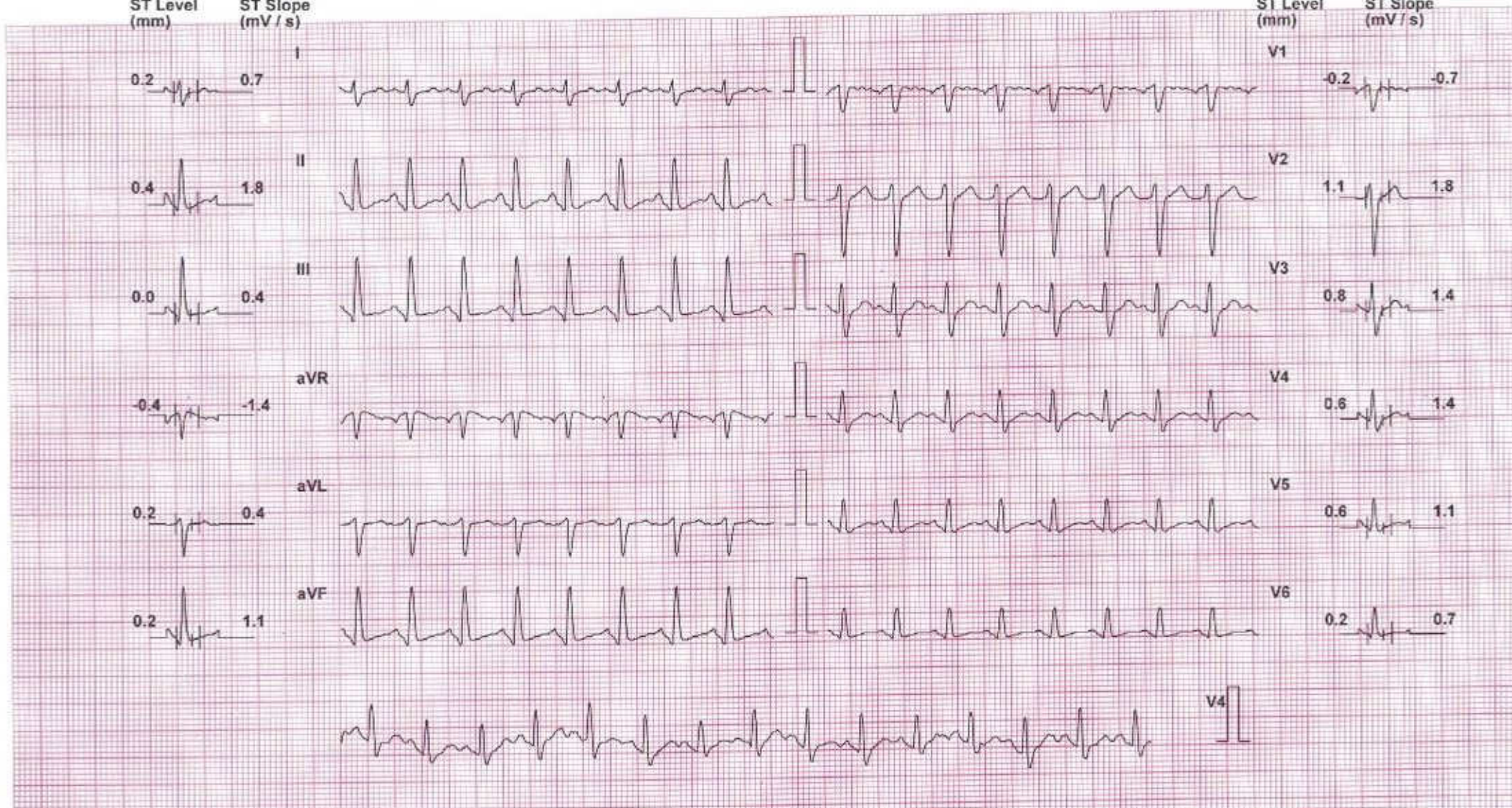
Amp: 10 mm

1sp + R - 60 ms

J - R + 60 ms

Post J - J + 60 ms

Linked Median



ABHISHEK BAROT (33 M)

ID: 1412

Date: 31-Jul-24

Exec Time : 5 m 54 s

Stage Time : 2 m 54 s

HR: 169 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 168 bpm)

B.P: 142 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

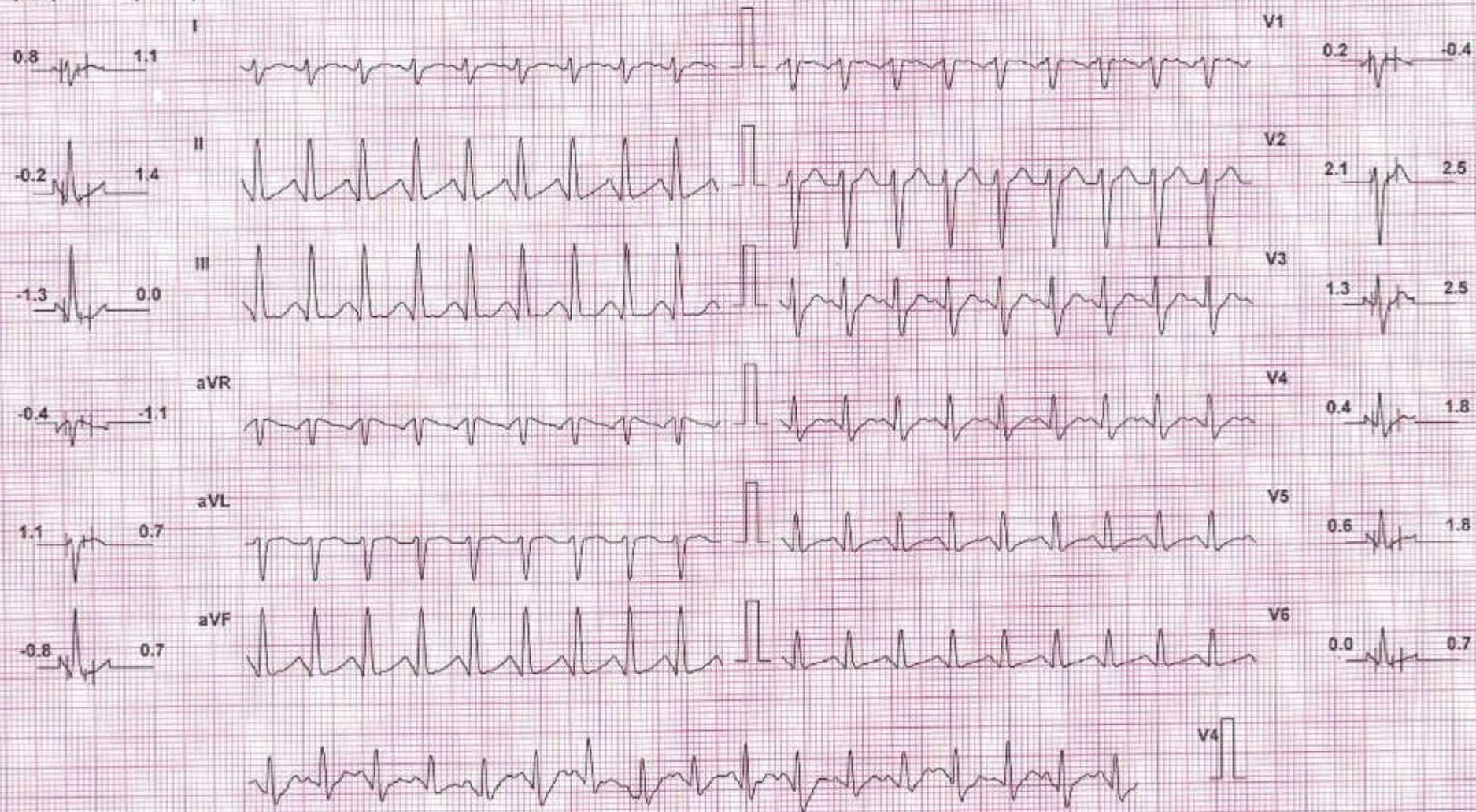


Chart Speed: 25 mm/sec  
Schiller Spanda V 4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R - 60 ms

Post J = J + 60 ms

Linked Median

**SHREEYANTA HEALTH CARE AND DIAGNOSTICS PVT. LTD**

**ABHISHEK BAROT (33 M)**

Protocol: Bruce

Exec Time : 6 m.57 s

ID: 1412

Date: 31-Jul-24

B.P: 160 / 80

Stage: 3

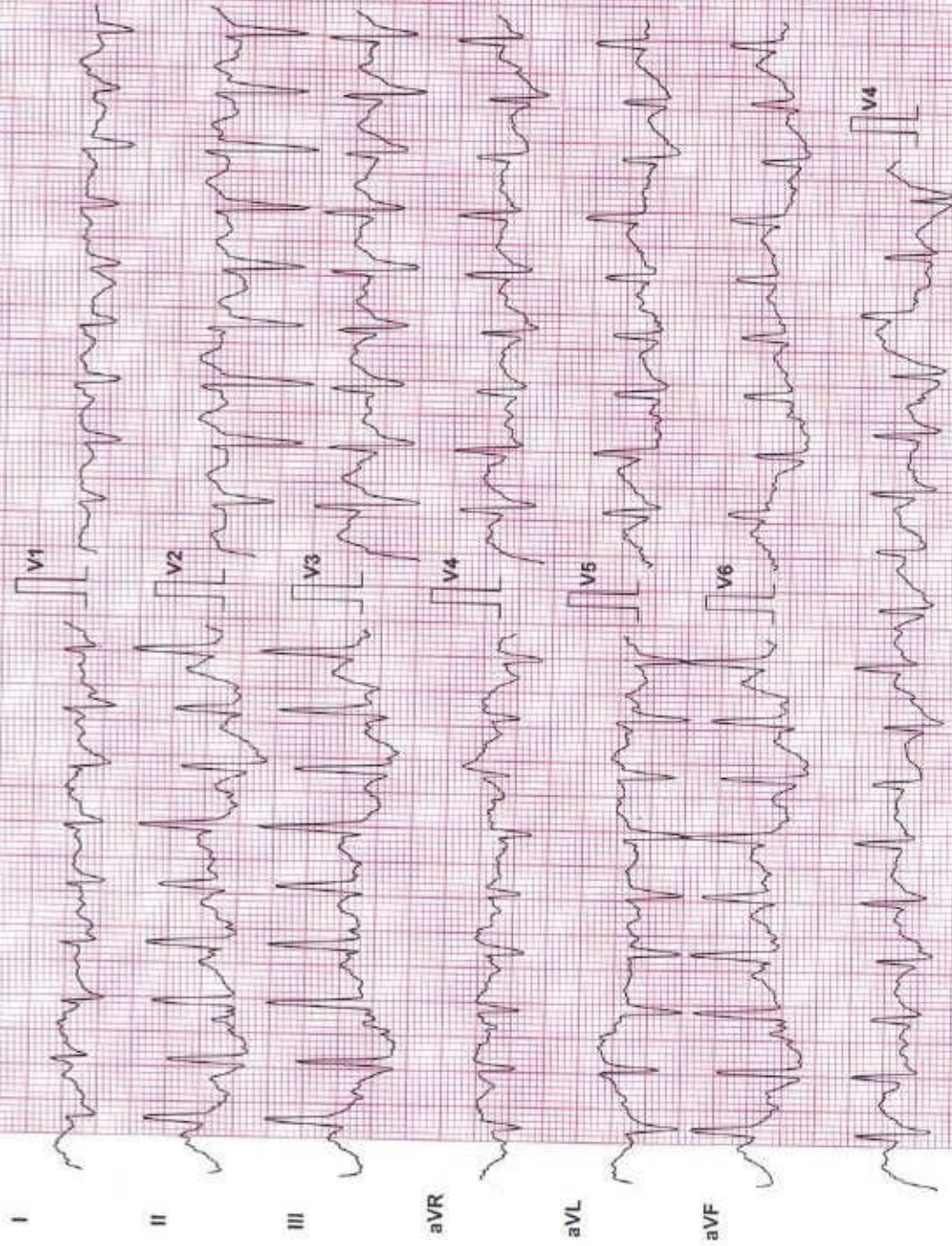
Speed: 3.4 mph

Grade: 14 %

Stage Time : 0 m.57 s

HR: 176 bpm

(THR: 168 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.4	0.6
II	1.1	2.1
III	-1.7	-0.4
aVR	-1.4	0.7
aVL	1.1	2.1
aVF	-1.5	-0.4
V1	0.2	0.6
V2	1.1	2.3
V3	1.1	2.8
V4	0.6	0.4
V5	2.3	2.8
V6	1.3	3.2

Chart Speed: 25 mm/sec

Schiller Spandten V4.7

Filter: 35 Hz

Imp = R - 60 ms

J = R + 60 ms

Mains Filt: ON

Post J = J + 60 ms

Amp: 10 mm

ABHISHEK BAROT (33 M)

ID: 1412

Date: 31-Jul-24

Exec Time : 6 m 56 s Stage Time : 0 m 56 s

HR: 177 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 168 bpm)

B.P: 160 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

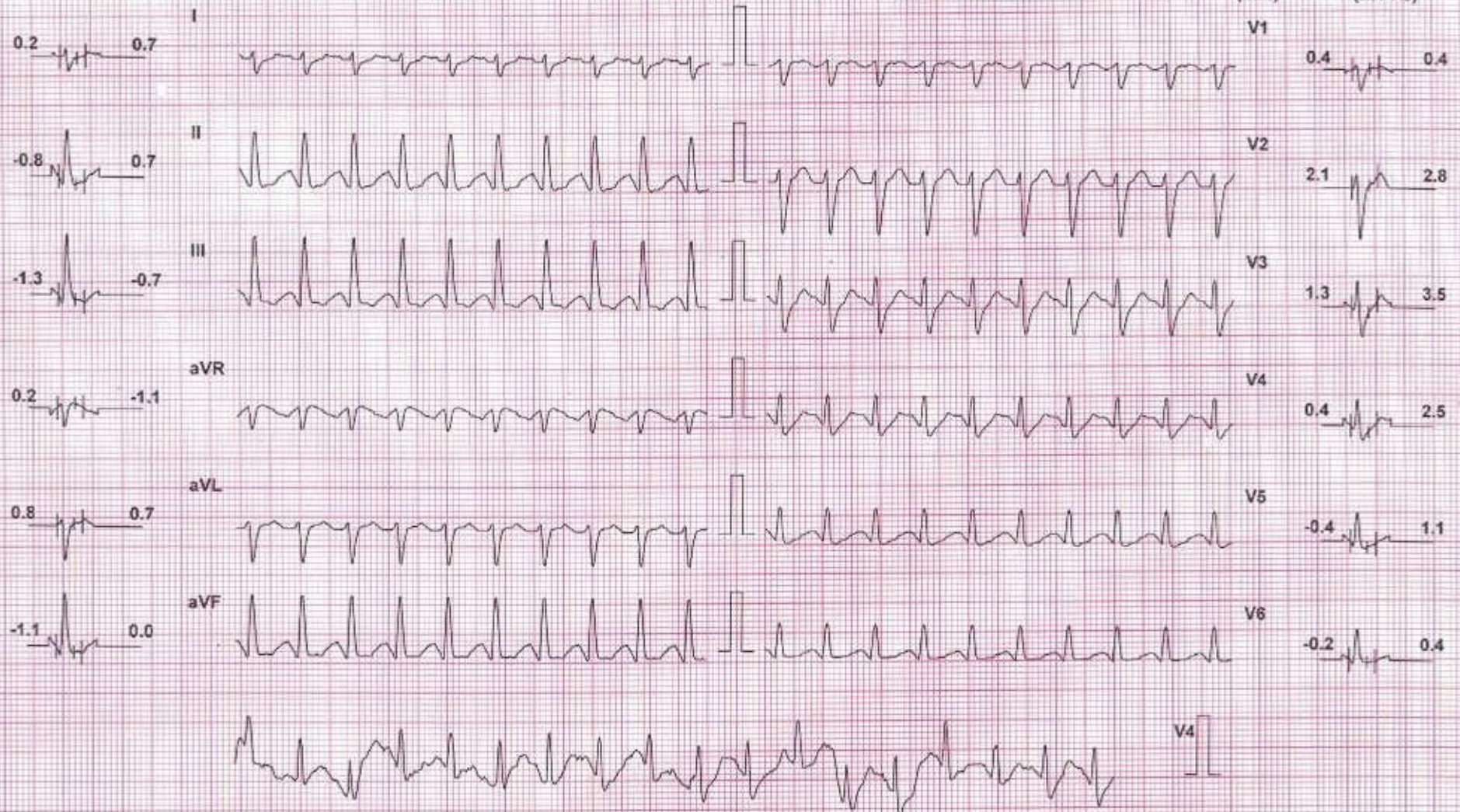


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

# SHREEYANTA HEALTH CARE AND DIAGNOSTICS PVT. LTD

## Test Report

ABHISHEK BAROT (33 M)

ID: 1412

Date: 31-Jul-24

Exec Time : 7 m 2 s

Stage Time : 0 m 54 s

HR: 158 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 1 mph

Grade: 0 %

(THR: 168 bpm)

B.P: 154 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

I  
1.1 1.4

V1  
0.0 0.0

II  
1.5 2.5

V2  
2.8 3.5

III  
0.0 0.4

V3  
3.6 5.0

aVR  
-1.3 -1.8

V4  
2.3 3.2

aVL  
0.8 0.7

V5  
1.1 1.8

aVF  
0.6 1.4

V6  
0.6 1.1

V4

Chart Speed: 25 mm/sec  
Schiller Spandax V4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

ABHISHEK BAROT (33 M)

ID: 1412

Date: 31-Jul-24

Exec Time : 7 m 2 s

Stage Time : 0 m 54 s

HR: 134 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 168 bpm)

B.P: 154 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

I 0.4 0.7

V1 0.2 0.0

II 1.5 2.5

V2 1.3 1.8

III 0.8 1.4

V3 3.0 4.2

aVR -0.8 -1.8

V4 2.1 3.2

aVL 0.0 0.0

V5 1.5 2.1

aVF 1.3 1.8

V6 0.8 1.4

V4

Chart Speed: 25 mm/sec  
Schiller Spandan V.4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

# SHREEYANTA HEALTH CARE AND DIAGNOSTICS PVT. LTD

## Test Report

ABHISHEK BAROT (33 M)

ID: 1412

Date: 31-Jul-24

Exec Time : 7 m 2 s

Stage Time : 0 m 54 s

HR: 128 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 168 bpm)

B.P: 130 / 80

ST Level (mm)    ST Slope (mV/s)

ST Level (mm)    ST Slope (mV/s)

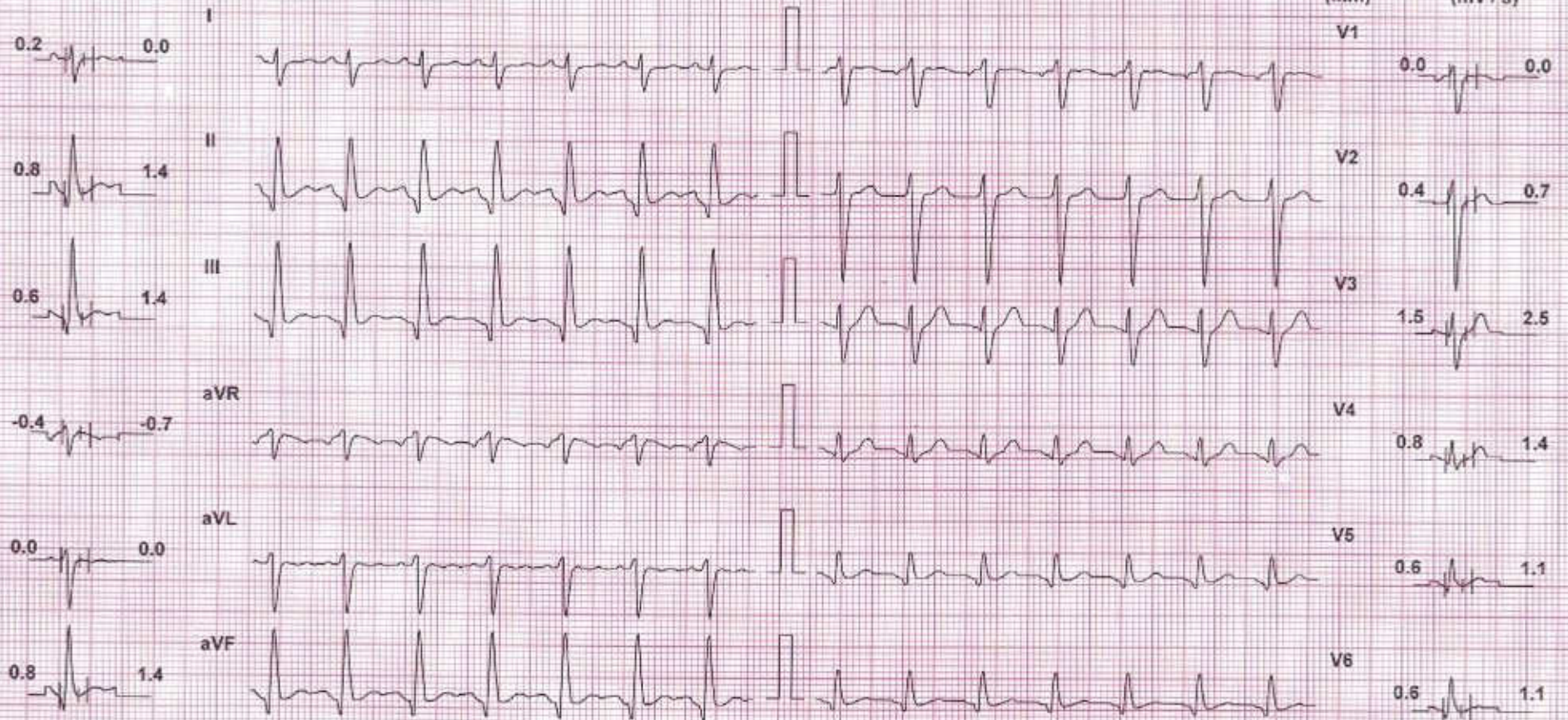


Chart Speed: 25 mm/sec  
Schiller Spandon V47

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Isd = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median

# SHREEYANTA HEALTH CARE AND DIAGNOSTICS PVT. LTD

Test Report

ABHISHEK BAROT (33 M)

ID: 1412

Date: 31-Jul-24

Exec Time : 7 m 2 s

Stage Time : 0 m 19 s

HR: 114 bpm

Protocol: Bruce

Stage: Recovery(4)

Speed: 0 mph

Grade: 0 %

(THR: 168 bpm)

B.P: 130 / 80

ST Level (mm)    ST Slope (mV/s)

ST Level (mm)    ST Slope (mV/s)

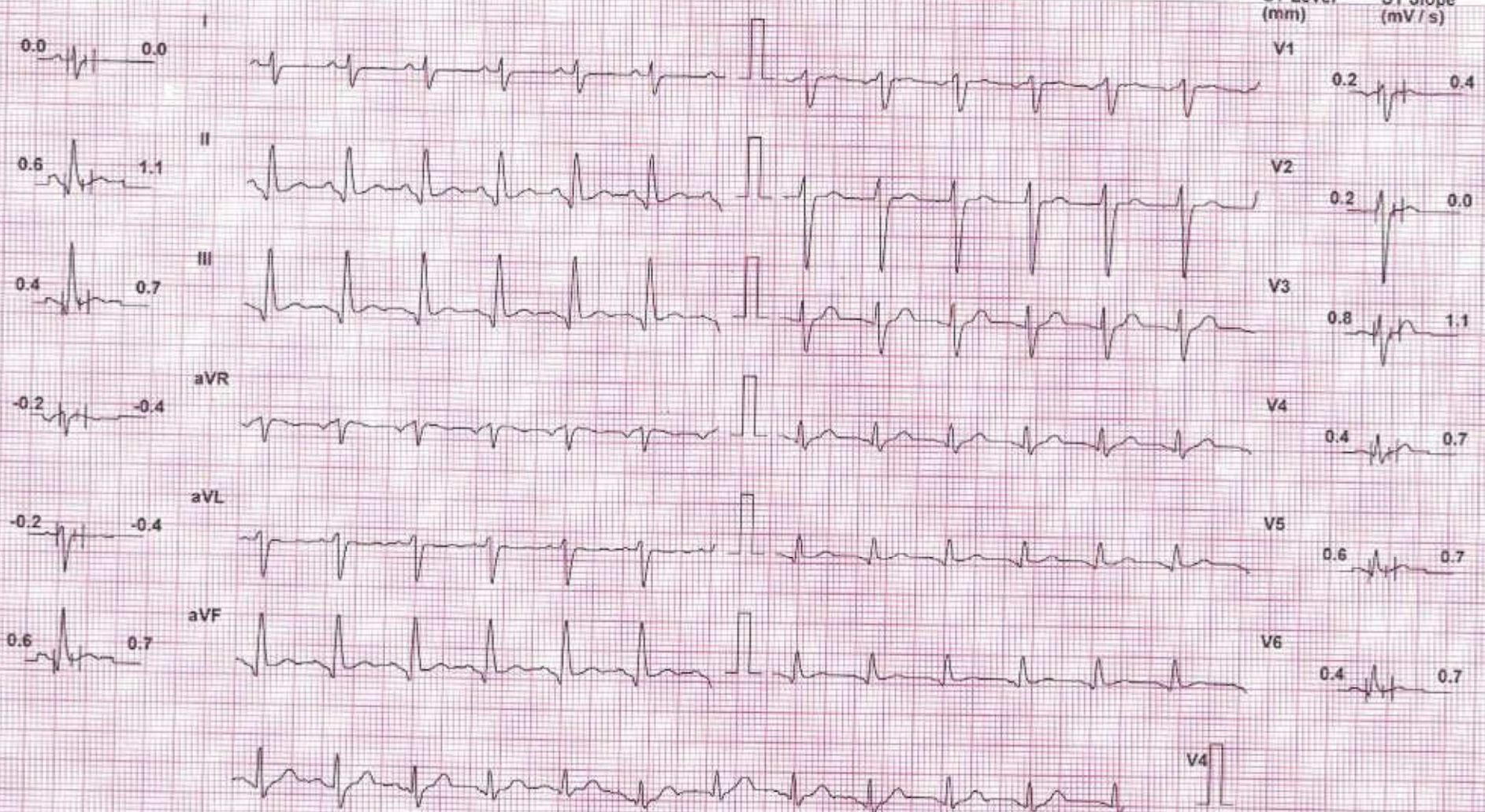


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R + 60 ms    J = R + 60 ms    Post J = J + 60 ms

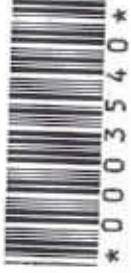
Scholer Spandan V4.7

Linked Median



Dr. Jitendra N. Nayak  
M.D. (Path)

Dr. Janak M. Thakkar  
M.B.D.C.P. (Path)



PATIENT'S NAME : ABHISHEK BAROT  
AGE/SEX : 33 Years/Male  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-1678-24  
SAMPLE NO : 3540  
DATE/TIME : 31/07/2024/08:37  
PT ID :

**COMPLETE BLOOD COUNT**

**PERFORM BY FULLY AUTOMATED SYSMAX-XP 100 CELL COUNTER**

Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval
<b>Blood Counts</b>			
Haemoglobin :	13.40	Gms%	13.5 - 18.0
Total R.B.C. :	4.77	mill/c.mm	4.7 - 6.0
Total W. B. C. :	5500	/cu mm	4000 - 11000
Platelet Count :	338000	/cu.mm	1,50,000 - 4,50,000
<b>Differential Count</b>		<b>(Absolute Count/uL)</b>	
Neutrophils :	47	2585	1600 - 7000
Lymphocytes :	43	2365	1000-4000
Eosinophils :	04	220	40 - 400
Monocytes :	06	330	200 - 1000
Basophils :	00	00	0 - 100
<b>Blood Indices</b>			
P. C. V :	39.10	%	42 - 52
M. C. V. :	82.00	fl	78 - 100
M.C.H :	28.10	pg	27 - 32
M. C. H. C. :	34.30	%	32 - 36
R.D.W :	12.60	%	11.5 - 14.0

**Peripheral smear study**

RBC's

WBC's

Platelets

**PS FOR MP**

R.B.C -Normocytic Normochromic.

W.B.C -Normal in Number & DC As Given Above.

Platelets are Adequate and Normal in Morphology.

No Any Blood Parasites seen.

..... End Of Report .....

**Dr. Maulik K. Kinariwala**

{M.D. (Medicine), PGDDM (UK)

Regd. No. : G-14926

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.

**DR. JITENDRA NAYAK**

M.D.(PATH)

**DR. JANAK THAKKAR**

M.B.DCP (PATH)

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
212 to 217, Swanik Arcade, Pragatinagar,  
Naranpura, Ahmedabad-380013.  
Regd. No. : 051902468



\* 0 0 0 3 5 4 0 \*

PATIENT'S NAME : ABHISHEK BAROT  
AGE/SEX : 33 Years/Male  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-1678-24  
SAMPLE NO : 3540  
DATE/TIME : 31/07/2024/08:37  
PT ID :

**BIOCHEMISTRY**

(DONE ON EM 200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample: Serum/Plasma

Test Name	Result	Units	Biological Reference Interval
<b>Urea</b> METHOD: Urease-GLDH	:13.0	mg/dL	12.6 - 42.6
<b>Creatinine</b> METHOD: Jaffe's Bufferless Kinetic	:0.76	mg/dL	0.7 - 1.4
<b>BUN</b> METHOD: UREASE ENZ	:6.07	mg/dL	7.94 - 20.1
<b>S.G.P.T</b> IFCC WITH PYRIDOXAL PHOSPHATE ACTIVATION	:37.3	U/L	0 - 40
<b>S.G.O.T</b> IFCC WITH PYRIDOXAL PHOSPHATE ACTIVATION	:24.3	U/L	0-45
<b>Alkaline Phosphatase</b> METHOD: PNPP-AMP (IFCC), KINETIC ASSAY	:45.1	U/L	30-120
<b>Bilirubin - Total</b> METHOD: DIAZO	:0.43	mg/dL	0.2 - 1.3
<b>Bilirubin - Direct</b> METHOD: DIAZO	:0.19	mg/dL	0 - 0.6
<b>Bilirubin - Indirect</b> METHOD: CALCULATED	:0.24	mg/dL	0.1 - 0.4
<b>Total Protein</b> METHOD: BIURET	:6.84	gm/dL	6.3 - 8.2
<b>Albumin</b> METHOD: BCG	:4.19	gm/dL	3.5 - 5.0
<b>Globulin</b> METHOD: CALCULATED	:2.65	gm/dL	1.9 - 3.5
<b>Albumin/Globulin Ratio</b> METHOD: CALCULATED	:1.58		0.9 - 2.9
<b>ELECTROLYTE</b> METHOD: ISE DIRECT			
<b>Sodium</b>	:136	mmol/L	137 - 145
<b>Pottasium</b>	:4.4	mmol/L	3.5-5.5
<b>Chloride</b>	:101	mmol/L	98 - 107
<b>URIC ACID</b> METHOD: URICASE	:8.1	mg/dL	3.4-7.0

**Calcium**  
METHOD: OCPC/ARSENATE  
Dr. Jayantilik K. Kinariwala  
(M.D. (Medicine), PGDDM (UK)  
Regd. No. : G-14926

mg/dL **8.8-10.2**  
Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
212 to 217, Swanik Arcade, Pragatinagar,  
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Regd. No. : 051902468

Pathologist

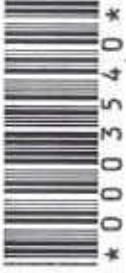
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Dr. Jitendra N. Nayak  
M.D. (Path)

Dr. Janak M. Thakkar  
M.B.D.C.P. (Path)



PATIENT'S NAME : ABHISHEK BAROT  
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LAB. NO : SY-1678-24  
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PT ID :

DR. JITENDRA NAYAK  
M.D.(PATH)

DR. JANAK THAKKAR  
M.B.DCP (PATH)

Dr. Maulik K. Kinariwala  
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PATIENT'S NAME : ABHISHEK BAROT  
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LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-1678-24  
SAMPLE NO : 3540  
DATE/TIME : 31/07/2024\08:37  
PT ID :

**FASTING BLOOD GLUCOSE(FBS)**

Sample Type: FLORIDE PLASMA/SERUM (DONE ON EM200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Test Name	Result	Units	Biological Reference Interval
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**Fasting Blood Glucose :** 96.9 mg/dl 70 - 110  
(GOD -POD METHOD)

Sample Type: Serum

**LIVER FUNCTION TEST**

Test Name	Result	Units	Biological Reference Interval
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**G.G.T.:** 45.2 U/L F :5-32  
M :10-45

..... End Of Report .....

DR. JITENDRA NAYAK  
M.D.(PATH)

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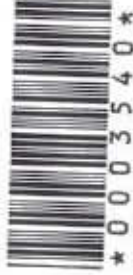
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PATIENT'S NAME : ABHISHEK BAROT  
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LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-1678-24  
SAMPLE NO : 3540  
DATE/TIME : 31/07/2024/08:37  
PT ID :

**LIPID PROFILE**

(DONE ON EM 200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
S. Cholesterol (CHOD-POD ENZYMETIC METHOD)	:175.9	mg / dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-239 Elevated level/ high risk : > 240
S. Triglyceride (GPO/PAP METHOD)	: <u>157.7</u>	mg / dl	Normal : <150 Borderline high :150-199 High : 200-499 Very High: >=500
S. HDL Cholesterol (IMMUNOINHIBITION)	:35.9	mg / dl	Low (High Risk) : <40 High (Low Risk) : >60
S. LDL Cholesterol (CALCULATED)	:108.46	mg / dl	Optimal : <100 Near Optimal : 100-129 Borderline High : 130-159 High :160-189 Very High:> 190
S. VLDL Cholesterol (CALCULATED)	: <u>31.54</u>	mg / dl	Upto 34
Total Lipids (CALCULATED)	:709.5	mg / dl	400 - 1000
Chol./HDL Ratio (CALCULATED)	:4.9	0-5	
LDL/HDL Ratio (CALCULATED)	:3.02	1-3.5	

..... End Of Report .....



DR. JITENDRA NAYAK  
M.D.(PATH)



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Pathologist

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M.D. (Path)

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M.B.D.C.P. (Path)



\* 0 0 0 3 5 4 0 \*

PATIENT'S NAME : ABHISHEK BAROT  
AGE/SEX : 33 Years/Male  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-1678-24  
SAMPLE NO : 3540  
DATE/TIME : 31/07/2024 10:37  
PT ID :

**BLOOD GROUP**

Sample Type: EDTA

Test Name	Result
-----------	--------

ABO SYSTEM :	" A "
RH Typing :	NEGATIVE

**Prostate specific antigen - PSA**  
(Chemiluminescence Immunoassay)

Sample Type: serum

Test Name	Result	Units	Biological Reference Interval
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PSA :	0.81	ng/ml	0.0-4.0
-------	------	-------	---------

..... End Of Report .....

  
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\* 0 0 0 3 5 4 0 \*

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SAMPLE NO : 3540  
DATE/TIME : 31/07/2024/08:37  
PT ID :

**THYROID FUNCTION**

**(CLIA METHOD)**

Sample Type:SERUM

Test Name	Result	Units	Biological Reference Interval
SERUM T3 :	1.65	ng/ml	0.6-1.81
SERUM T4 :	6.2	ug/dl	3.2-12.6
SERUM TSH :	2.67	µIU/mL	[ 2 to 12 Years 0.64 - 6.27 ] [ 12 to 18 Years 0.51 - 4.94 ] [ > 18 Years 0.35 - 5.5 ]

**HbA1C REPORT**  
**(BY HPLC)**

TYPE OF SAMPLE:EDTA

Test Name	Result	Units	Biological Reference Interval
HbA1C :	5.9	%	Non Diabetic Level : < 5.7 % Pre Diabetic : 5.7-6.4 % Diabetes : > (=) 6.5 %
Estimated Average Glucose: (eAG)	122.63	mg/dl	ADA Target for Diabetic Patient : 7.0 %

..... End Of Report .....

DR. JITENDRA NAYAK  
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DR. JANAK THAKKAR  
M.B.DCP (PATH)

Pathologist



PATIENT'S NAME : ABHISHEK BAROT  
AGE/SEX : 33 Years/Male  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-1678-24  
SAMPLE NO : 3540  
DATE/TIME : 31/07/2024 10:37  
PT ID :

**VITAMIN B12 LEVEL**

(By Chemiluminescence Immunoassay -CLIA)

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
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Vitamin B 12 : 145 pg/ml 211 - 911

**NOTES:**

\* Vitamin B12 estimation is used to detect Vitamin B12 levels in serum. B12 deficiency causes hematological and neurological abnormalities like Macrocytic Anemia, Glossitis, Peripheral Neuropathy, general weakness, CNS disorders, etc.

\* Blood collected after Vitamin B12 injection or taking Oral Supplements containing Vitamin B12 may interfere with test result. Preservatives such as fluorides & ascorbic acid interfere with this assay.

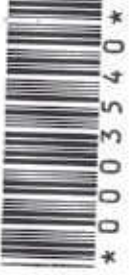
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DR. JITENDRA NAYAK  
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PATIENT'S NAME : ABHISHEK BAROT  
AGE/SEX : 33 Years/Male  
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PT ID

**VITAMIN D LEVEL**

(By Chemiluminiscence Immunoassay -CLIA)

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
-----------	--------	-------	-------------------------------


VITAMIN D :

18.60  
ng/ml  
Deficiency : <20  
Insufficiency : 20 - 30  
Sufficiency : 30 - 100  
Toxicity : > 100

**NOTES:**

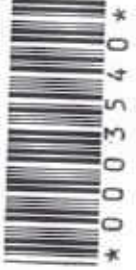
Vitamin D is a fat soluble hormone involved in the intestinal absorption and deregulation of calcium. It is synthesized by skin when sunlight strikes bare skin. It can also be ingested from animal sources. Vitamin D is bound to the binding protein (albumin and vitamin D binding protein) and carried to the liver. In the liver it is transformed in to 25 hydroxy-vitamin D (calcidiol), which is the primary circulating and the most commonly measured form in serum. Then in the kidney it is transformed in to 1,25 dihydroxy-vitamin D (calcitriol), which is the biologically active form. Vitamin D plays a vital role in the formation and maintenance of strong and healthy bones. Vitamin D deficiency has long been associated with rickets in children and osteomalacia in adults. Long term insufficiency of calcium and vitamin D leads to osteoporosis. There have been multiple publications linking vitamin D deficiency to several disease states, such as cancer, cardiovascular disease, diabetes, and autoimmune diseases.

..... End Of Report .....

  
DR. JITENDRA NAYAK  
M.D.(PATH)

  
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M.B.DCP (PATH)

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PATIENT'S NAME : ABHISHEK BAROT  
 AGE/SEX : 33 Years/Male  
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LAB. NO : SY-1678-24  
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**URINE ANALYSIS**

Sample Type: Urine

Test Name	Result	Units	Biological Reference Interval
<b>Physical Examination</b>			
Colour :	Pale Yellow		
Transparency :	Clear		
<b>Chemical Examination (BY MISSION(ACON) UI20 SMART AUTOMATED URINALYSIS)</b>			
Specific Gravity :	1.005		
PH :	6		
Protein :	NIL		
Sugar :	NIL		
Ketone :	ABSENT		
Bile Salts :	Absent		
Bile Pigments :	Absent		
Urobilogen :	ABSENT		
Nitrites :	ABSENT		
<b>Microscopic Examination (AFTER CENTRIFUGING AT 2000 RPM FOR 10 MINS)</b>			
Red blood Cells :	NIL	/HPF	
Pus Cells :	Occasional	/HPF	
Epithelial Cells :	2-3	/HPF	
Amorphous :	ABSENT		
Bacteria :	ABSENT		
Crystals :	ABSENT		
Casts :	ABSENT	/LPF	
Fungus :	Absent		

..... End Of Report .....

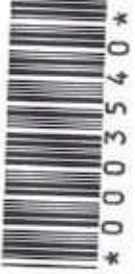
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LAB. NO : SY-1678-24  
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PT ID :

**POST PRANDIAL BLOOD GLUCOSE (PP2BS)**


Sample Type: FLORIDE PLASMA/SERUM  
(DONE ON EM200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Test Name	Result	Units	Biological Reference Interval
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Post Prandial Blood  
Glucose After 2hr. :  
(GOD-POD METHOD)

116.1 mg/dl 80-140

..... End Of Report .....

  
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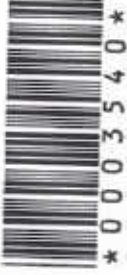
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LAB. NO : SY-1678-24  
SAMPLE NO : 3540  
DATE/TIME : 31/07/2024/08:37  
PT ID


**E.S.R.( Westergren Method )**

Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval
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After one hour : 9 mm [M: 1 - 7 / F: 3 - 12 ]

..... End Of Report .....

  
DR. JITENDRA NAYAK  
M.D.(PATH)

  
DR. JANAK THAKKAR  
M.B.DCP (PATH)

Pathologist

## Diet Plan - 21.1

Date: 31/7/26  
Age: 33  
B.M.I.: 30.5

Name: Abhishek Burel  
Height: 179  
Weight: 97.7  
Activity Level: 1 Low  
Recommended Calories: 1650

7:10 સવારે (Morning)  
મેથીનું પાણી 1 ગ્લાસ, ચા/દુધ/કોફી 10-15 કપ (ખાંસ વગર)  
10-15 કપ (ખાંસ વગર)  
લેટેઈવેલ  
ગરમ 130ml

8:10 નાસ્તો (Break Fast)  
મેથી પચાણ 1 નંગ, દહી 1 વાટકી, ફુટ (નારંગી / મોસંબી) 1 નંગ

10:30 મોડી સવારે (Mid Morning)  
ફણગાવેલા ક્રોળ 1 વાટકી, બદામ / અખરોટ 2 નંગ  
→ મહો 1 ખાંસ 1

1:10 અપોરે જમવાનું (Lunch)  
સલાસ 1 બાહિલ, શાકભાજી 1 વાટકી, દાળ કે ક્રોળ 1 વાટકી,  
રોટલી 3 નંગ, ભાત 1 વાટકી, ઘાસ 1 ગ્લાસ (200ml.)  
↳ મોરચાં / Bunnon Rire

4:10 અપોરે (Tea Time)  
ચા / દુધ / કોફી 1 કપ, વેજિટેબલ સલાસ 1 બાહિલ  
Green tea / water

6:10 રાત્રે (Dinner)  
ઈંડલી 3 નંગ, ચટણી 1 વાટકી, સાંભાર 1 વાટકી  
→ Dahiya Jowara Rista  
200

10:30 રાત્રે (Bed Time)  
દૂધ 1 ગ્લાસ (200ml., ખાંસ વગર), શેકેલા ચણા / દાળીયા 1 વાટકી

M.N. Parvies

Special Recommendations : DI: 15-16 ml/day  
Water: > 3 liter

Shreevanta Healthcare & Diagnostic Pvt. Ltd.  
22-23-217, Swastik Arcade, Pragatinagar,  
Naranpura, Ahmedabad-380013.  
Regd. No.: 051902468

# NIYANTA DIABETES & HEART CLINIC

# Report form

Name: Abhishek Barut

Date: 31/7/24

Gender:  M  F

Age: 33

Weight: 97.7 kg

Height: 179 cm

Fat mass: 28.2 %

Total Body Water (TBW): — %

Muscle Mass (👤): 30.6 %

Bone Weight (🦴): — %

Calorie (Kcal): 2022 %

Body Mass Index (BMI): 30.5 kg/m<sup>2</sup>

V. Fat: 16

Body Age

(54)

N.M. Parit

Regd. No. : 051902468

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
Swarik Arcade, Pragatigarh,  
Bhopal-462013.