



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

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CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Naveen Kumar** aged, **26yr**. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

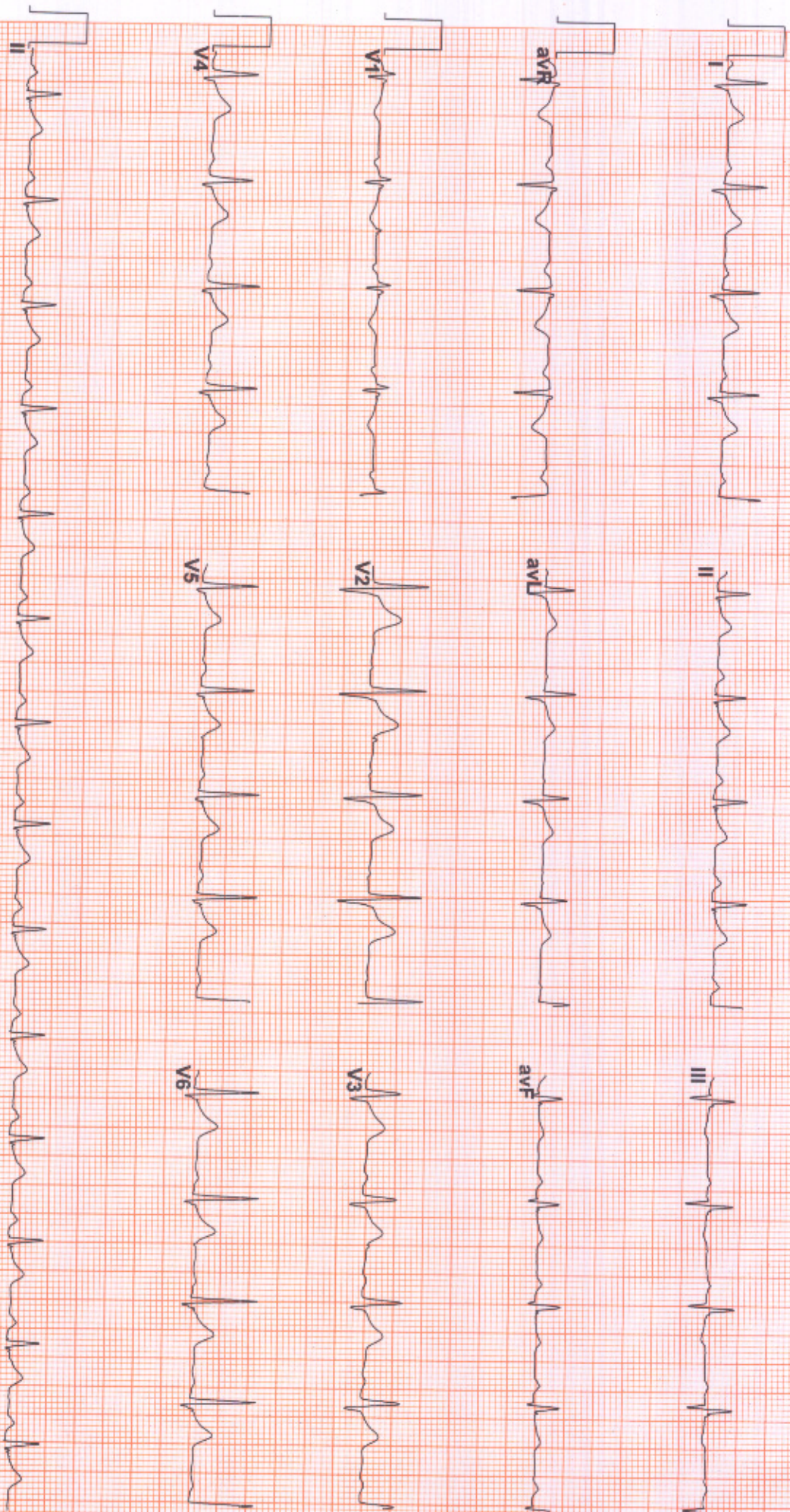
Place: **Panipat**

Date: **08/06/2024**

Dr. Nitesh Kumar
N. K.

MBBS
BCMR 47093
Name & Signature of

Medical officer



INDICATIONS: Normal Sinus Rhythm(Normal)

Vent Rate : 84 bpm PR Interval : 144 ms QRS Duration: 156 ms QT/QTc Int : 353/419

Comments :

Advice:

Normal
DR. RAMESH RAVI PRABHOO
MBBS, FRSH (London), MRCGP, ACMD, C.
PG (Diab), Sheps Hopkins
University School of Medicine - U.S.A

Cardio-Diabetologist & Obesity Consultant

Regd. No: 72238

919047715715
www.themedhub.in

THE MEDHUB

CORPORATE WELLNESS CLINIC



ACCREDITED
ISO 9001:2015 CERTIFIED COMPANY



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OCCUPATIONAL HEALTH | INSURANCE HEALTH | CORPORATE HEALTH
ALLIED PUBLIC HEALTH | INDUSTRIAL SAFETY & HEALTH

Patient Name:	Mr. NAVEENKUMAR	Registered on:	08/06/2024 03:16 PM
Age / Sex:	26 YRS / M	Collected on:	08/06/2024
Referred By:	Dr. RAMESH PRABHOO (MBBS, FRSH)	Received on:	08/06/2024
LAB.REGN NO: / UHID:	1631 /	Reported on:	08/06/2024 04:10 PM



1631

HAEMATOLOGY

CBC WITH ESR

TEST	VALUE	UNIT	REFERENCE
Hemoglobin	13.9	g/dl	13 - 17
Total Leukocyte Count	8,500	cumm	4,000 - 10,000
Differential Leucocyte Count			
Neutrophils	63	%	40 - 75
Lymphocyte	33	%	20 - 45
Eosinophils	02	%	0 - 7
Monocytes	02	%	0 - 7
Basophils	00	%	< 2
Platelet Count	2.03	lakhs/cumm	1.5 - 4.1
Total RBC Count	5.08	million/cumm	4 - 5.5
Hematocrit Value, Hct	43.1	%	40 - 50
Mean Corpuscular Volume, MCV	84.8	fL	83 - 101
Mean Cell Haemoglobin, MCH	27.4	Pg	27 - 32
Mean Cell Haemoglobin CON, MCHC	32.3	%	31.5 - 34.5
Mean Platelet Volume, MPV	9.9	fL	7 - 13
Erythrocyte Sedimentation Rate (Wintrobe)	10	mm for 1st hour	0 - 15

VERIFIED BY LAW ENFORCE



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Dr. SRIDEVI
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TEST	VALUE	UNIT	REFERENCE
Blood Group & Rh.			
ABO	O		
Rh (ANTI -D)	NEGATIVE		

VERIFIED BY LAB IMAGE



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BIOCHEMISTRY

LIVER FUNCTION TEST(ALL BILLU, PT)

TEST	VALUE	UNIT	REFERENCE
Serum Bilirubin (Total)	0.7	mg/dl	0.2 - 1.2
SGPT (ALT)	26.2	U/l	0 - 40
Serum Bilirubin (Direct)	0.3	mg/dl	0 - 0.6
Serum Bilirubin (Indirect)	0.4	mg/dl	0 - 0.8

RENAL FUNCTION TEST (CRE,BUN)

TEST	VALUE	UNIT	REFERENCE
Serum Creatinine	1.00	mg/dl	0.5 - 1.4
Blood Urea Nitrogen	14.5	mg/dl	5 - 20

TEST	VALUE	UNIT	REFERENCE
Fasting Blood Sugar	87.7	mg/dl	70 - 110
PP 2HRS BLOOD SUGAR	90.3	mg/dl	90 - 160
BUN / Creatinine Ratio	14.5	mg/dL	7 - 20

VERIFIED BY LAB IMAGE



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ROUTINE URINE ANALYSIS

ROUTINE URINE ANALYSIS

TEST	VALUE	UNIT	REFERENCE
Urine Routine Examination			
Physical Examination			
Quantity	30	ml	
Colour	Straw Yellow		Pale Yellow
Transparency	Clear		Clear
Specific Gravity	1.018		1.005 - 1.03
pH	5.5		5 - 7
Blood	Absent		Absent
Chemical Examination			
Protein / Albumin	Absent		Absent
Sugar / Glucose	Absent		Absent
Bilirubin	Absent		Absent
Microscopic Examination			
R.B.C.	Absent	/HPF	Absent
Pus Cells	1-3	/HPF	Absent
Epithelial Cells	0-2	/HPF	Absent
Casts	Absent		Absent
Crystals	Absent		Absent
Bacteria	Absent		Absent
Others	Absent		Absent

VERIFIED BY LAB INCHARGE



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
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Name	MR.NAVEEN KUMAR	Date	08.06.2024
AGE/SEX	26/M		

CHEST X- RAY (PA VIEW)

- Both the lung fields are clear.
- Hilar shadows are normal.
- CP recesses are free bilaterally.
- Cardiac size and contour within normal limits.
- Diaphragmatic domes are regular bilaterally.

Impression: Normal X-Ray Chest.


Dr. RAMESH RAJA PRABHO
MBBS.,FRSH (London),CCGDM,ACMDC.,
PG (Diab), Johns Hopkins
University School of Medicine - USA
Cardio-Diabetologist & Obesity Consultant
Regd.No: 72228

GIRD - (A)

Optometry OP - Case Record

Name: Mr. Naveenkumar, Age/Gender: 26/M Date: 8/6/24
 Reg.No.: 484119 Occupation: 14066

Complaints of

PG months/years old

- Regular Check-up / Broken / Missed Spectacle
- Fall of Foreign body Redness / Watering / Irritation
- Pain LE/RE Duration
- Defective Vision DV/NV Duration
- Headache Duration

(John)

Systemic Diseases :

Diabetis	Hypertension	Cardiac Disease
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Others		

Present Spectacle Power

R - -4.50 - 1.00 x 180
 L - -4.50 - 1.00 x 175

Relevant Lab Report :

Parameters	OD	OS
Unaided Vision	<u>4/60</u>	<u>4/60</u>
Pin Hole Vision	<u>6/9</u>	<u>6/6</u>
Vision With PG	<u>6/9</u>	<u>6/6</u>
NCT		

Automated Refractometry

R - -5.50 - 1.2 x 10
 L - -5.50 - 1.50 x 170

+ +

Subjective Refraction :

	Sph	Cyl	Axis	V/A	Sph	Cyl	Axis	V/A
DV	<u>-5.00</u>	<u>-1.00</u>	<u>180</u>	<u>6/6</u>	<u>-4.50</u>	<u>-1.00</u>	<u>175</u>	<u>6/6</u>
NV ADD				<u>0.00</u>				<u>0.00</u>

Need Dilation / Cycloplegic Refraction
 Tropicamide Plus / Cyclopentolate

	Sph	Cyl	Axis	V/A	Sph	Cyl	Axis	V/A
DV								

Lens Prescription

Need PMT

W 136 Normal

[Signature]
Optometrist Signature