





Patient Name	: Mrs.SRI BHARANIYA S	Collected	: 28/Oct/2023 09:43AM
Age/Gender	: 33 Y 11 M 16 D/F	Received	: 28/Oct/2023 01:23PM
UHID/MR No	: CVEL.0000139093	Reported	: 28/Oct/2023 04:47PM
Visit ID	: CVELOPV192702	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 172478		AMALE AND

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR, W	HOLE BLOOD EDTA
METHODOLOGY	: Microscopic.
RBC MORPHOLOGY	: Predominantly normocytic normochromic RBC's noted.
WBC MORPHOLOGY	: Normal in number, morphology and distribution. No abnormal cells seen.
PLATELETS	: Adequate in number.
PARASITES	: No haemoparasites seen.
IMPRESSION	: Normocytic normochromic blood picture.
NOTE/ COMMENT	: Please correlate clinically.

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Test Name	Result	Unit	Bio. Ref. Range	Method

HAEMOGLOBIN	12.8	g/dL	12-15	Spectrophotometer
PCV	37.90	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.32	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	87.6	fL	83-101	Calculated
MCH	29.7	pg	27-32	Calculated
MCHC	33.9	g/dL	31.5-34.5	Calculated
R.D.W	13.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,100	cells/cu.mm	4000-10000	Electrical Impedanc
DIFFERENTIAL LEUCOCYTIC COUNT (D	LC)			
NEUTROPHILS	44.3	%	40-80	Electrical Impedanc
LYMPHOCYTES	41.6	%	20-40	Electrical Impedanc
EOSINOPHILS	7.0	%	1-6	Electrical Impedanc
MONOCYTES	6.4	%	2-10	Electrical Impedanc
BASOPHILS	0.7	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	2702.3	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2537.6	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	427	Cells/cu.mm	20-500	Calculated
MONOCYTES	390.4	Cells/cu.mm	200-1000	Calculated
BASOPHILS	42.7	Cells/cu.mm	0-100	Calculated
PLATELET COUNT	341000	cells/cu.mm	150000-410000	Electrical impedenc
ERYTHROCYTE SEDIMENTATION RATE (ESR)	25	mm at the end of 1 hour	0-20	Modified Westergre
ERIPHERAL SMEAR				
AETHODOLOGY : Microscopi	с.			
BC MORPHOLOGY : Predominantl	y normocytic norr	nochromic RBC's no	ted.	
VBC MORPHOLOGY : Normal in nu	umber, morpholog	y and distribution. N	o abnormal cells seer	1.
PLATELETS : Adequate in	number.			

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IMPRESSION

Result

: Normocytic normochromic blood picture.

NOTE/ COMMENT

: Please correlate clinically.

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Test Name	Result	Unit	Bio. Ref. Range	Method	

BLOOD GROUP ABO AND RH FACTOR, WHOLE BLOOD EDTA

BLOOD GROUP TYPE	0	Microplate Hemagglutination
Rh TYPE	Positive	Microplate Hemagglutination

PLEASE NOTE THIS SAMPLE HAS BEEN TESTED ONLY FOR ABO MAJOR GROUPING AND ANTI D ONLY.

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UHID/MR No	: CVEL.0000139093	Reported	: 28/Oct/2023 02:34PM		
Age/Gender	: 33 Y 11 M 16 D/F	Received	: 28/Oct/2023 01:56PM		
Patient Name	: Mrs.SRI BHARANIYA S	Collected	: 28/Oct/2023 09:43AM		

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Test Name	Result	Unit	Bio. Ref. Range	Method	
GLUCOSE, FASTING , NAF PLASMA	93	mg/dL	70-100	HEXOKINASE	

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation	
70-100 mg/dL	Normal	
100-125 mg/dL	Prediabetes	
≥126 mg/dL	Diabetes	
<70 mg/dL	Hypoglycemia	

Note:

1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.

2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

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UHID/MR No	: CVEL.0000139093	Reported	: 28/Oct/2023 05:15PM	
Age/Gender	: 33 Y 11 M 16 D/F	Received	: 28/Oct/2023 04:37PM	
Patient Name	: Mrs.SRI BHARANIYA S	Collected	: 28/Oct/2023 09:43AM	

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Test Name	Result	Unit	Bio. Ref. Range	Method		
GLUCOSE, POST PRANDIAL (PP), 2	78	mg/dL	70-140	HEXOKINASE		
HOURS, SODIUM FLUORIDE PLASMA (2						
HR)						

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



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Test Name	Result	Unit	Bio. Ref. Range	Method		

HBA1C, GLYCATED HEMOGLOBIN ,	5.6	%	HPLC
WHOLE BLOOD EDTA			
ESTIMATED AVERAGE GLUCOSE (eAG),	114	mg/dL	Calculated
WHOLE BLOOD EDTA			

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 - 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic

Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.

3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.

4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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Test Name	Result	Unit	Bio. Ref. Range	Method		

LIPID PROFILE . SERUM

,,,				
TOTAL CHOLESTEROL	190	mg/dL	<200	CHO-POD
TRIGLYCERIDES	105	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	47	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	143	mg/dL	<130	Calculated
LDL CHOLESTEROL	122	mg/dL	<100	Calculated
VLDL CHOLESTEROL	21	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.04		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	\geq 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

1. Measurements in the same patient on different days can show physiological and analytical variations.

2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.

4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.

5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.

6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324						
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LIVER FUNCTION TEST (LFT), SERUM

BILIRUBIN, TOTAL	0.51	mg/dL	0.3–1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.11	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.40	mg/dL	0.0-1.1	CALCULATED
ALANINE AMINOTRANSFERASE (ALT/SGPT)	14	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	16.0	U/L	<35	IFCC
ALKALINE PHOSPHATASE	82.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.50	g/dL	6.6-8.3	Biuret
ALBUMIN	4.30	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.20	g/dL	2.0-3.5	Calculated
A/G RATIO	1.34		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

• AST - Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.

• ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.

• Disproportionate increase in AST, ALT compared with ALP.

· Bilirubin may be elevated.

• AST: ALT (ratio) - In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen

to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment:
- · Albumin- Liver disease reduces albumin levels.
- · Correlation with PT (Prothrombin Time) helps.

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Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 172478		Manage and a second

ARCOFEMI - MEDIWHEEL - FULL BOD	HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - F	PAN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT), SERUM

CREATININE	0.56	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	11.00	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	5.1	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.40	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	9.80	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	4.10	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	139	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.4	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	107	mmol/L	101–109	ISE (Indirect)

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SIN No:SE04523904 This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819) Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

APOLLO CLINICS NETWORK





Т	est Name	Result	Unit	Bio. Ref. Range	Method
ARCOFEMI - M	EDIWHEEL - FULL BOD	Y HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - F	AN INDIA - FY2324
		DEPARTMENT OF	BIOCHEMISTR	Y	
Emp/Auth/TPA ID	: 172478				
Ref Doctor	: Dr.SELF		Sponsor Name	: ARCOFEMI HEALTHCA	RE LIMITED
Visit ID	: CVELOPV192702		Status	: Final Report	
UHID/MR No	: CVEL.0000139093		Reported	: 28/Oct/2023 03:00PM	
Age/Gender	: 33 Y 11 M 16 D/F		Received	: 28/Oct/2023 01:40PM	
Patient Name	: Mrs.SRI BHARANIYA S		Collected	: 28/Oct/2023 09:43AM	

GAMMA GLUTAMYL TRANSPEPTIDASE	10.00	U/L	<38	IFCC
(GGT), SERUM				

Page 12 of 16



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SIN No:SE04523904 This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory. Apollo Health and Lifestyle Limited (CIN-U85110TG2000PLC115819) Address: D No.30, F - Block 2nd Avenue, Anna Nagar East, Chennai.600 102, Phone - 044-26224504 / 05

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APOLLO CLINICS NETWORK







Patient Name	: Mrs.SRI BHARANIYA S	Collected	: 28/Oct/2023 09:43AM
Age/Gender	: 33 Y 11 M 16 D/F	Received	: 28/Oct/2023 01:35PM
UHID/MR No	: CVEL.0000139093	Reported	: 28/Oct/2023 04:11PM
Visit ID	: CVELOPV192702	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 172478		

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY	HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - F	PAN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

THYROID PROFILE TOTAL (T3. T4. TSH), SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	1.31	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	15.79	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	1.670	µIU/mL	0.34-5.60	CLIA

Result is rechecked. Kindly correlate clinically

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American
r or pregnant temates	Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.

2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.

3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

тѕн	Т3	Т4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	Ν	Ν	Ν	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	Ν	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	Ν	Ν	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

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500 7788

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APOLLO CLINICS NETWORK









Patient Name	: Mrs.SRI BHARANIYA S	Collected	: 28/Oct/2023 09:43AM
Age/Gender	: 33 Y 11 M 16 D/F	Received	: 28/Oct/2023 02:44PM
UHID/MR No	: CVEL.0000139093	Reported	: 28/Oct/2023 03:27PM
Visit ID	: CVELOPV192702	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 172478		

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324				
Test Name	Result	Unit	Bio. Ref. Range	Method

COMPLETE URINE EXAMINATION (CUE), URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
рН	5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.025		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MOU	NT AND MICROSCOPY			
PUS CELLS	1-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2-4	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY





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APOLLO CLINICS NETWORK





Test Name Result		Result	Unit	Bio. Ref. Range	Method
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324					
DEPARTMENT OF CLINICAL PATHOLOGY					
Emp/Auth/TPA ID	: 172478				
Ref Doctor	: Dr.SELF		Sponsor Name	: ARCOFEMI HEALTHCA	RE LIMITED
Visit ID	: CVELOPV192702		Status	: Final Report	
UHID/MR No	: CVEL.0000139093		Reported	: 28/Oct/2023 02:45PM	
Age/Gender	: 33 Y 11 M 16 D/F		Received	: 28/Oct/2023 01:54PM	
Patient Name	: Mrs.SRI BHARANIYA S		Collected	: 28/Oct/2023 09:43AM	

URINE GLUCOSE(POST PRANDIAL)	NEGATIVE	NEGATIVE	Dipstick	
URINE GLUCOSE(FASTING)	NEGATIVE	NEGATIVE	Dipstick	

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APOLLO CLINICS NETWORK









Patient Name	: Mrs.SRI BHARANIYA S	Collected	: 28/Oct/2023 09:43AM
Age/Gender	: 33 Y 11 M 16 D/F	Received	: 29/Oct/2023 11:37AM
UHID/MR No	: CVEL.0000139093	Reported	: 30/Oct/2023 06:40PM
Visit ID	: CVELOPV192702	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 172478		

DEPARTMENT OF CYTOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

LBC PAP TEST (PAPSURE), CERVICAL BRUSH SAMPLE

	CYTOLOGY NO.	18244/23
Ι	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	ABSENT
d	COMMENTS	SATISFACTORY FOR EVALUATION
П	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology. Negative for intraepithelial lesion/ malignancy.
III	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
	ORGANISM	NIL
b		

DR.R.SRIVATSAN

M.D.(Biochemistry)

Dr THILAGA M.B.B.S, M.D (Pathology) **Consultant Pathologist**

*** End Of Report ***

Dr. Reshma Stanly M.B.B.S, DNB(Pathology) **Consultant Pathologist**

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SIN No:CS069559 This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR. This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory,Hyderabad

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Address: D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102, Phone - 044-26224504 / 05



CERTIFICATE OF MEDICAL FITNESS

Height: 146 Cm Weight: 63.2, kg	BMI: 29.6.	BP: 110 / 70, mmHg
OPTHAL CHECK : Right Eye : 6/6	Left Eye: 6/6	Colour vision : 🔗

This is to certify that I have conducted the clinical examination

Of Mrs. Sn Bhusaniya S- on 28:10:23.

After reviewing the medical history and on clinical examination it has been found that he/she is

 Medically Fit fit for front

Fit with restrictions/recommendations

Though following restrictions have been revealed, in my opinion, these are not impediments to the job.

2.....

1.....

3.....

However the employee should follow the advice/medication that has been communicated to him/her.

Review after

Currently Unfit.
 Review after______

• Unfit NIL.

recommended

Dr. Medical officer Apollo clinic(Location)

This certificate is not meant for medico-legal purposes3



Patient Name	: Mrs. SRI BHARANIYA S	Age/Gender	: 33 Y/F
UHID/MR No.	: CVEL.0000139093	OP Visit No	: CVELOPV192702
Sample Collected on	:	Reported on	: 28-10-2023 19:34
LRN#	: RAD2136095	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 172478		

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen

Dr. PASUPULETI SANTOSH KUMAR M.B.B.S., DNB (RADIODIAGNOSIS) Radiology



Patient Name	: Mrs. SRI BHARANIYA S	Age/Gender	: 33 Y/F
UHID/MR No.	: CVEL.0000139093	OP Visit No	: CVELOPV192702
Sample Collected on		Reported on	: 28-10-2023 14:57
LRN#	: RAD2136095	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 172478		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

<u>Liver</u> appears normal in size (12.7 cms) with increased echogenecity. No focal lesion is seen. No dilatation of the intrahepatic biliary radicals.

<u>Gall bladder</u> is well distended. No evidence of calculus. Wall thickness appears normal. No evidence of periGB collection. No evidence of focal lesion is seen. PV and CBD normal.

Spleen appears normal (9.7 cm). No focal lesion seen. Splenic vein appears normal.

<u>**Pancreas**</u> appears normal in echopattern. No focal/mass lesion/calcification. No evidence of peripancreatic free fluid or collection. Pancreatic duct appears normal.

Both the kidneys appear normal in size, shape and echopattern. Cortical thickness and CM differentiation are maintained. No calculus / hydronephrosis seen on either side. **Right kidney -** 9.6 x 4.2 cms. **Left kidney -**11.3 x 4.4 cms.

<u>Urinary Bladder</u> is well distended and appears normal. No evidence of any wall thickening or abnormality. No evidence of any intrinsic or extrinsic bladder abnormality detected.

<u>Uterus</u> : Retroverted post LSCS enlongated uterus and measuring 9.2 x 3.7 x 4.0 cms. Endometrium appears thickened and measuring 11 mm.

Both ovaries are polycystic. Right ovary -3.4 x 1.9 x 3.9 cms. (Vol 10.9 ml) Left ovary - 2.9 x 2.2 x 3.2 cms. (Vol 11.4 ml) No evidence of any adnexal pathology noted.

Divarication recti observed.

Minimal free fluid in pod? pid.

IMPRESSION:-* GRADE I FATTY LIVER. * THICKENED ENDOMETRIUM. * BILATERAL POLYCYSTIC OVARIES.



: 33 Y/F

Age/Gender

Patient Name : Mrs. SRI BHARANIYA S * MINIMAL FREE FLUID POD? PID.

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose.

Dr. PASUPULETI SANTOSH KUMAR M.B.B.S., DNB (RADIODIAGNOSIS) Radiology

Name:	Mrs. SRI BHARANIYA S		
Age/Gender:	33 Y/F		
Address:	CHENNAI		
Location:	CHENNAI, TAMIL NADU		
Doctor:			
Department:	GENERAL		
Rate Plan:	VELACHERY_03122022		
Sponsor:	ARCOFEMI HEALTHCARE LIMITED		
Consulting Doctor: Dr. BENITA JAYACHANDRAN			

MR No: Visit ID: Visit Date: Discharge Date: Referred By:

CVEL.0000139093 CVELOPV192702 28-10-2023 09:34

SELF

Name:	Mrs. SRI BHARANIYA S		
Age/Gender:	33 Y/F		
Address:	CHENNAI		
Location:	CHENNAI, TAMIL NADU		
Doctor:			
Department:	GENERAL		
Rate Plan:	VELACHERY_03122022		
Sponsor:	ARCOFEMI HEALTHCARE LIMITED		
Consulting Doctor: Dr. V J NIRANJANA BHARATHI			

MR No: Visit ID: Visit Date: Discharge Date: Referred By: CVEL.0000139093 CVELOPV192702 28-10-2023 09:34

SELF

Name:Mrs. SRI BHARANIYA SAge/Gender:33 Y/FAddress:CHENNAILocation:CHENNAI, TAMIL NADUDoctor:Department:GENERALRate Plan:VELACHERY_03122022Sponsor:ARCOFEMI HEALTHCARE LIMITEDConsulting Doctor: Dr. PAVITHRA RAMAKRISHNAN

MR No: Visit ID: Visit Date: Discharge Date: Referred By: CVEL.0000139093 CVELOPV192702 28-10-2023 09:34

SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Name:Mrs. SRI BHARANIYA SAge/Gender:33 Y/FAddress:CHENNAILocation:CHENNAI, TAMIL NADUDoctor:Department:GENERALRate Plan:VELACHERY_03122022Sponsor:ARCOFEMI HEALTHCARE LIMITEDConsulting Doctor: Dr. YASODHA KUMARA REDDY MOKKALA

MR No: Visit ID: Visit Date: Discharge Date: Referred By: CVEL.0000139093 CVELOPV192702 28-10-2023 09:34

SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Name:Mrs. SRI BHARANIYA SAge/Gender:33 Y/FAddress:CHENNAILocation:CHENNAI, TAMIL NADUDoctor:Department:GENERALRate Plan:VELACHERY_03122022Sponsor:ARCOFEMI HEALTHCARE LIMITEDConsulting Doctor: Dr. SHILFA NIGAR N

MR No: Visit ID: Visit Date: Discharge Date: Referred By: CVEL.0000139093 CVELOPV192702 28-10-2023 09:34

SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

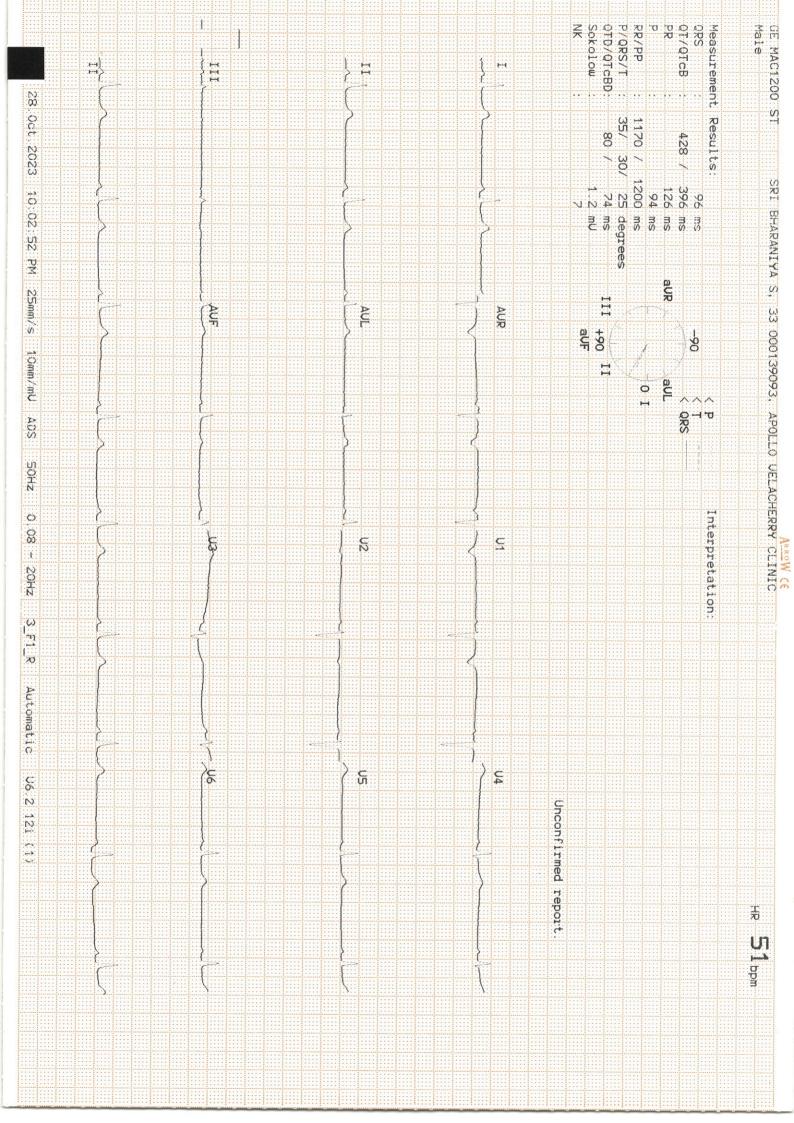
Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kas)	Percentage	Fat Level	Body Age (Years)	BMI	Circum	Hip (cms)	Waist	Waist & Hip Ratio	User
28-10-202 14:51	3 78 Beats/min		18 Rate/min	98 F	-	63.2 Kgs	%	%	Years	29.65	93 cms	102 cms	cms		AHLL05400

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kas)	Percentage	Fat Level	Body Age (Years)	BMI	Circum	Hip (cms)	Waist	Waist & Hip Ratio	User
28-10-202 14:51	3 78 Beats/min		18 Rate/min	98 F	-	63.2 Kgs	%	%	Years	29.65	93 cms	102 cms	cms		AHLL05400

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kas)	Percentage	Fat Level	Body Age (Years)	BMI	Circum	Hip (cms)	Waist	Waist & Hip Ratio	User
28-10-202 14:51	3 78 Beats/min		18 Rate/min	98 F	-	63.2 Kgs	%	%	Years	29.65	93 cms	102 cms	cms		AHLL05400

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kas)	Percentage	Fat Level	Body Age (Years)	BMI	Circum	Hip (cms)	Waist	Waist & Hip Ratio	User
28-10-202 14:51	3 78 Beats/min		18 Rate/min	98 F	-	63.2 Kgs	%	%	Years	29.65	93 cms	102 cms	cms		AHLL05400

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kas)	Percentage	Fat Level	Body Age (Years)	BMI	Circum	Hip (cms)	Waist	Waist & Hip Ratio	User
28-10-202 14:51	3 78 Beats/min		18 Rate/min	98 F	-	63.2 Kgs	%	%	Years	29.65	93 cms	102 cms	cms		AHLL05400



DEPT. OF APOLLO HEALTH CHECK



GYNAECOLOGY CONSULT

Name:	M48.	Sri	Bharany	UHID: 199093	Date: 28/10/23
Age :	334	Fem	ale,	Consultant Gynaecologist	: Dr. pavio hro

DRUG ALLERGIES

Signature with Date & Time :

Complaints (related to Gynaec) - NIL SPECIFIC / YES

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others Past Medical / Surgical History : 12Ce OTHER SYSTEMS: Family History : **GYNAEC HISTORY:** Marital Status - S/M/Others Children Kela. **Deliveries** Jul - 14/10/23. L.C.B. Abortion **Present Medication :** Contraception kmp Periods L.M.P. **GENERAL EXAMINATION:** Height: Menopause Weight : **GYNAEC EXAMINATION:** BMI: P/A **General Condition :** hugena healthy S/E **Blood Pressure:** P/V Thyroid : Others : P/R Soft **BREASTS**: PAP SMEAR : Taken / Not Taken (Reason) **REVIEW DETAILS** : (with date) With Patient / With reports only **OPINION & ADVICE :**

P.T.O. for more space

OPTHALMOLOGY



Name MRS. SRI BRAGANING.S.	Date Stip 2023
	UHID No. 139093
Sex: All Male Female	-

OPHTHAL FITNESS CERTIFICATE

	1°.,	RE	LE
DV-UCVA	:	·EL	Eli
DV-BCVA	:	$(\sim$	(\mathcal{R})
NEAR VISION	:	NI.	No
ANTERIOR SEGMENT	:	de la	(~ ,
IOP	:		\sim
FIELDS OF VISION	:	(\mathcal{R})	
EOM	:		
COLOUR VISION	:	Normal	Normal.
FUNDUS	:		x
IMPRESSION	:		
ADVICE	:	fit for work	RA- 6 months.

1

Your Apollo order has been confirmed

noreply@apolloclinics.info <noreply@apolloclinics.info>

Thu 10/19/2023 3:39 PM

To:wellness@mediwheel.in <wellness@mediwheel.in>

Cc:Velachery Apolloclinic <velachery@apolloclinic.com>;Martin Amalraj I H <martin.amalraj@apolloclinic.com>; Syamsunder M <syamsunder.m@apollohl.com>

Dear MS. S SRI BHARANIYA,

Namaste Team,

Greetings from Apollo Clinics,

With regards to the below request the below appointment is scheduled at **VELACHERY** clinic on 2023-10-28 at 08:15-08:20.

Payment Mode	Credit
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement	ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP
Name	AGREEMENT
Package	[ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS
Name	CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324]

"As stated in the agreement terms, kindly carry all relevant documents such as HR Authorization Letter, Appointment Confirmation Mail, valid government ID proof, company ID card etc. along with you."

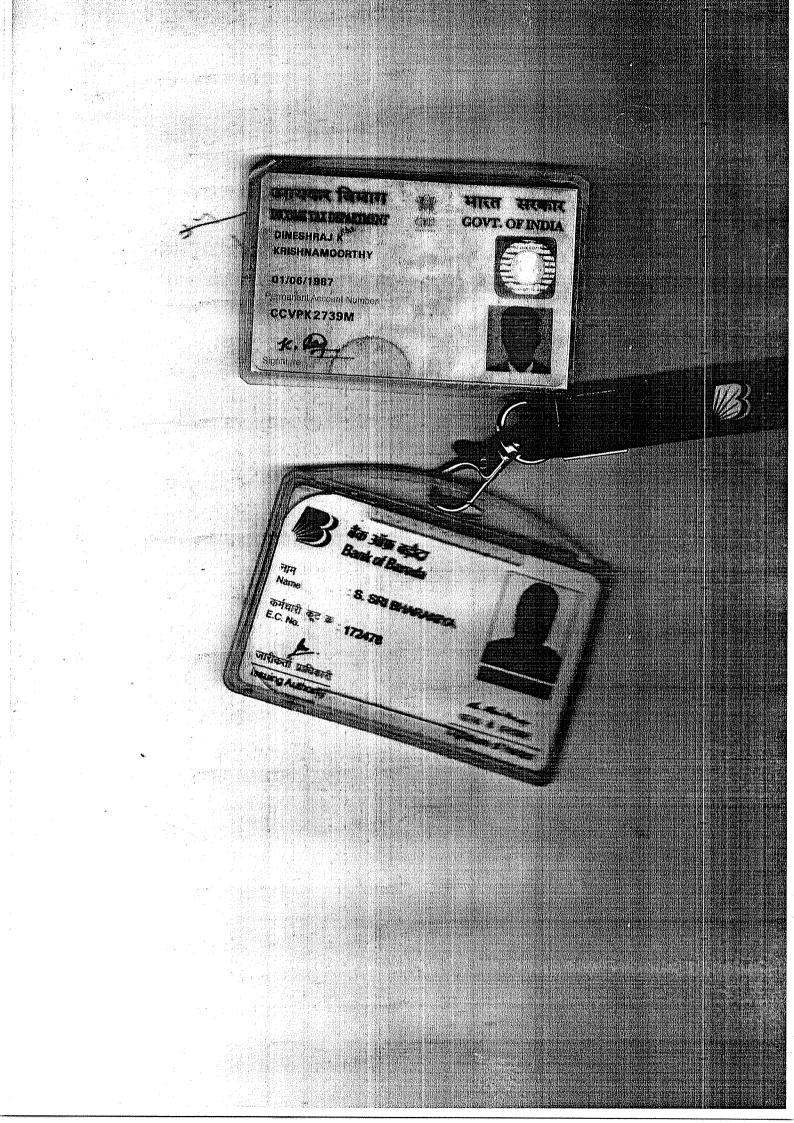
Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to undergo Health Check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- 2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- 3. Bring urine sample in a container if possible (containers are available at the Health Check Centre).
- 4. Please bring all your medical prescriptions and previous health medical records with you.
- 5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:



Your Apollo order has been confirmed

noreply@apolloclinics.info <noreply@apolloclinics.info>

Thu 10/19/2023 3:37 PM

To:wellness@mediwheel.in <wellness@mediwheel.in>

(Koj :81 902) Cc:Velachery Apolloclinic <velachery@apolloclinic.com>;Martin Amalraj I H <martin.amalraj@apolloclinic.com>; Syamsunder M <syamsunder.m@apollohl.com>

Dear DineshRaj K,

Namaste Team.

Greetings from Apollo Clinics,

With regards to the below request the below appointment is scheduled at VELACHERY clinic on 2023-10-28 at 08:15-08:20.

Payment Mode	Credit
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement	ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP
Name	AGREEMENT
Package	[ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL CHECKUP MALE
Name	- 2D ECHO - PAN INDIA - FY2324]

"As stated in the agreement terms, kindly carry all relevant documents such as HR Authorization Letter, Appointment Confirmation Mail, valid government ID proof, company ID card etc. along with you."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

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- 5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

Patient Name	: Mrs. SRI BHARANIYA S
UHID	: CVEL.0000139093
Conducted By:	: Dr. SHANMUGA SUNDARAM D
Referred By	: SELF

Age OP Visit No Conducted Date : 33 Y/F : CVELOPV192702 : 28-10-2023 15:56

2D-ECHO WITH COLOUR DOPPLER

Dimensions:	
Ao (ed)	2.3 CM
LA (es)	3.5 CM
LVID (ed)	3.4 CM
LVID (es)	2.1 CM
IVS (Ed)	1.2 CM
LVPW (Ed)	1.2 CM
EF	70.00%
%FD	34.00%
MITRAL VALVE :	NORMAL
AML	NORMAL
PML	NORMAL
AORTIC VALVE	NORMAL
TRICUSPID VALVE	NORMAL
RIGHT VENTRICLE	NORMAL
INTER ATRIAL SEPTUM	INTACT
INTER VENTRICULAR SEPTUM	INTACT
AORTA	NORMAL
RIGHT ATRIUM	NORMAL
LEFT ATRIUM	NORMAL
Pulmonary Valve	NORMAL
PERICARDIUM	NORMAL
LEFT VENTRICLE:	

Patient Name	: Mrs. SRI BHARANIYA S	Age	: 33 Y/F
UHID	: CVEL.0000139093	OP Visit No	: CVELOPV192702
Conducted By:	: Dr. SHANMUGA SUNDARAM D	Conducted Date	: 28-10-2023 15:56
Referred By	: SELF		

NO REGIONAL WALL MOTION ABNORMALITY

COLOUR AND DOPPLER STUDIES

AV max 1.2 m/s; PG 5.9 mmHg;

PV max 1.0 m/s; PG 3.3 mmHg;

MV E 0.9 m/s ; MV A 0.4 m/s;

TV E 0.4 m/s; TV A 0.5 m\s.

Impression

*NO REGIONAL WALL MOTION ABNORMALITY;

*NORMAL LEFT VENTRICULAR IN SIZE & SYSTOLIC FUNCTION;

*NO PERICARDIAL EFFUSION/ PULMONARY ARTERY

HYPERTENSION.



Patient Name	: Mrs. SRI BHARANIYA S	Age	: 33 Y/F	
UHID	: CVEL.0000139093	OP Visit No	: CVELOPV192702	
Conducted By:	: Dr. SHANMUGA SUNDARAM D	Conducted Date	: 28-10-2023 15:56	
Referred By	: SELF			

DR.SHANMUGA SUNDRAM

CONSULTANT CARDIOLOGIST