

MER- MEDICAL EXAMINATION REPORT

Date of Examination	12/8/23		
NAME	AJAY Singh		
AGE	49	Gender	M
HEIGHT(cm)	160	WEIGHT (kg)	81 BMI-34.6
B.P.	130/80		
ECG	Normal		
X Ray	Normal		
Vision Checkup			
Present Ailments	Hypertension		
Details of Past ailments (If Any)	No		
Comments / Advice : She /He is Physically Fit	Medicines Rx		



Dr. Shikha Rastogi
 MBBS, DCP
 Reg. No. 37370

Shikha Rastogi

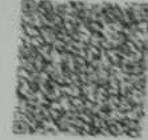
Signature with Stamp of Medical Examiner



भारत सरकार
GOVERNMENT OF INDIA



नाम / Name
AJAY SINGH
जन्म वर्ष / Year of Birth : 1981
पुरुष / Male



2420 3637 1282

आधार - आम आदमी का अधिकार



[Handwritten signature]



भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता: S/O अमर नाथ सिंह, 128/99-A,
-ग, एम-ब्लाक, थाना नाबस्ता, यशोदा
नगर, किरवाई नगर म.ओ. कानपुर नगर,
उत्तर प्रदेश, 208011

Address: S/O AMAR NATH
SINGH, 128/99 -A, S -BLOCK,
THANA NAUBASTA, YASHODA
NAGAR, Kidwai Nagar S.O,
Kanpur Nagar, Uttar Pradesh,
208011

1947
1800 180 1947

help@uidai.gov.in

www.uidai.gov.in

P.O. Box No. 1947,
Bengaluru-560 001

सीता में,

मॉडर्न पैथोलॉजी (गोपनीय)
लॉन्गनरु

में अजय सिंह आपकी पैथोलॉजी में कुछ बॉडी चेकअप
कराने का इच्छुक हूँ। जिसमें आपके यहाँ EMAT डाटाशीट
व Eye, 2D Echo की जांच नहीं है अतः शक है कि आप
EMT जांच कर ही लेंगे।

Signature
12/8/23





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

CLINIC :
1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



Date	: 12-Aug-2023		
Name	: Mr. AJAY SINGH	Age	: 42 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male
Haemoglobin	7.50	gm%	14 - 17
Total Leucocyte Count	7400	Cells/cumm.	4000-11000
Differential Leucocyte Count			
Polymorphs	61	%	45 - 70
Lymphocytes	27	%	20 - 45
Eosinophils	04	%	0 - 6
Monocytes	08	%	0 - 8
Basophils	00	%	0 - 1
Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	24	mm in 1st Hr.	0 - 9
PCV	27.0	cc%	40 - 52
Corrected ESR	08	mm in 1st Hr.	0 - 9
Platelet Count	2.58	lakh/cumm.	1.5 - 4.0
Red Cells Count	3.43	million/cmm	3.90 to 5.80
Absolute values			
MCV	78.6	fL	77 - 97
MCH	21.9	pg	27 - 31
MCHC	27.8	gm /dl	31 - 34
Urine Sugar (Fasting)	NIL		
Urine Sugar (PP)	Nil		

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Dr. Smita Rastogi
Contd. M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date	: 12-Aug-2023		
Name	: Mr. AJAY SINGH	Age	: 42 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

KFT			
UREA	18.60	mg %	15 - 50
CREATININE	0.74	mg %	0.5 - 1.5
URIC ACID	5.6	mg %	2 - 7
CALCIUM	9.2	mg %	8.8 - 10.0

Blood Group & Rh	"AB" Positive		
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Serum Gamma G.T.	28	IU/L	11 - 50
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Plasma Glucose - F GOD-POD Method	92	mg/dl	70 - 110
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Plasma Glucose - PP GOD POD Method	130	mg/dl	110 - 170
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Date	: 12-Aug-2023	Age	: 42 Yrs.
Name	: Mr. AJAY SINGH	Sex	: Male
Ref.By	: APOLLO HEALTH		

LFT T&D

Total Bilirubin	0.68	mg%	0.2 - 1.0
Direct Bilirubin	0.21	mg%	0.0 to 0.40
Indirect Bilirubin	0.47	mg%	0.10 to 0.90
S.G.P.T	31	IU/L	5 - 40
S.G.O.T	24	IU/L	5 - 50
ALP	85	IU/L	40 to 129

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Date	: 12-Aug-2023	Age	: 42 Yrs.
Name	: Mr. AJAY SINGH	Sex	: Male
Ref.By	: APOLLO HEALTH		

LIPID PROFILE

Triglycerids	96	mg%	70 - 190
S. Cholestrol S.	102	mg%	130 - 230
S. HDL Cholestrol	40.1	mg%	35 - 75
S. LDL Cholestrol	42.7	mg%	75 - 150
VLDL	19.2	mg%	0 - 34
Chol / HDL factor	2.54		
LDL / HDL Factor	1.06		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date	: 12-Aug-2023	Age	: 42 Yrs.
Name	: Mr. AJAY SINGH	Sex	: Male
Ref.By	: APOLLO HEALTH		

PSA

PSA 0.81 ng/ml
Electro CLIA

Expected values and Comments

NORMAL :	0.00 to 4.0
Less than 40 years	0.6 to 1.3
41 to 50 Years	0.6 to 2.0
51 to 60 Years	0.8 to 3.0
61 to 70 Years	1.0 to 4.0
Over 70 years	1.6 to 4.5

- * PSA is a reliable Tumor Marker for already diagnosed Prostatic Carcinomas .Though present in many tissues including breast, salivary glands etc.,
- * PSA production is the glandular epithelium of the prostate gland. PSA is,therefore,remarkably specific for the prostate.
- * Baseline levels measured prior to therapeutic intervention and followed later by serial, periodical measurements will predict the outcome of the therapy. It also helps in early discovery of recurrences, relapses and metastases.
- * In general, Tumour Marker levels are directly related to the tumour mass and the stage of the cancer.
- * However, it is the rate of change of the tumour marker level which is more important, rather than its absolute value. A 50 % change may be considered clinically significant.
- * It must be emphasized that PSA may also be elevated in Benign Prostatic Hyperplasia and Inflammatory conditions of the surrounding Genito-Urinary Tract.
- * PSA may be done along with Free PSA that provides additional information

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Date	: 12-Aug-2023		
Name	: Mr. AJAY SINGH	Age	: 42 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

THYROID TEST

Tri-iodothyronine (T3)	1.51	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.60	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	3.82	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date	: 12-Aug-2023		
Name	: Mr. AJAY SINGH	Age	: 42 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.8	%	4.5 TO 6.0
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INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %
GOOD CONTROL: 6.0 to 7.0
FAIR CONTROLLED 7.0 AND 8.0
UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level , which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Date	: 12-Aug-2023		
Name	: Mr. AJAY SINGH	Age	: 42 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

General Blood Picture

RBCs RBCs are Normocytic & Normochromic.
No Normoblasts are seen.

WBCs TLC is within normal range.
DLC shows normal counts.
No immature cells of WBC seen.

PLATELETS Platelets are adequate in number and morphology.

OTHERS No haemoparasites are seen.

IMPRESSION MILD HYPOCHROMIA



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Dr. Smriti Rastogi
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Date	: 12-Aug-2023		
Name	: Mr. AJAY SINGH	Age	: 42 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Urine Examination

PHYSICAL		
Colour	Straw	
Turbidity	Nil	
Deposit	Nil	
Reaction	Acidic	
*Specific Gravity	1.010	
CHEMICAL		
Protein	Nil	
Sugar	Nil	
*Bile Salts	Nil	
*Bile Pigments	Nil	
Phosphate	Nil	
MICROSCOPIC		
Pus Cells	Nil	/hpf
Epithelial Cells	Occasional	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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TEST REQUEST ID :012308120034	SAMPLE DATE	:12/Aug/2023 09:31AM
NAME :Mr. AJAY SINGH	SAMPLE REC. DATE	:12/Aug/2023 09:31AM
AGE/SEX :42 YRS/MALE	REPORTED DATE	:13/Aug/2023 11:16AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01120034

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

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Print Date/Time: 14/08/2023 14:47:24 • Please ask for your computerized bill • Pay only the printed collection charges



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TEST REQUEST ID :012308120034	SAMPLE DATE	:12/Aug/2023 09:31AM
NAME :Mr. AJAY SINGH	SAMPLE REC. DATE	:12/Aug/2023 09:31AM
AGE/SEX :42 YRS/MALE	REPORTED DATE	:12/Aug/2023 12:20PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01120034

USG WHOLE ABDOMEN-MALE

Liver: is enlarged in size (165 mm). Parenchymal echogenicity is increased. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (129 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK-108 x 40 mm & LK -117 x 52 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Prostate: is normal in size (34 x 34 x 29 mms, wt = 18.6 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION: HEPATOMEGALY WITH GRADE-II FATTY LIVER

*** End Of Report ***

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Consultant Radiologist

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Patient name: Mr Ajay Singh
Ref By. : Apollo Health

Age/Sex 42/M
12/08/2023

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	86/mt
3. Ventricular Rate	:	86/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.

Signature of Doctor

DR. SMITA MOHAN
MD
Reg No. 44559

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Name Dr. Ajaay Singh

Age

Yrs

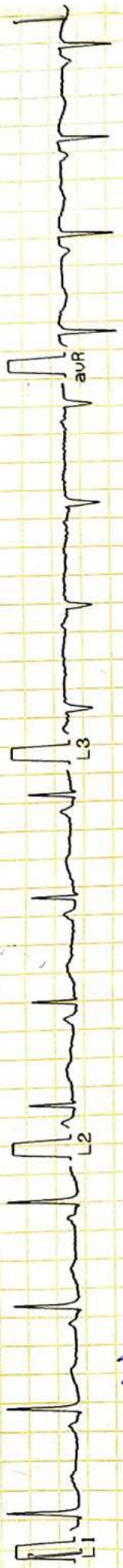
M/F

10mm/mV

25mm/s

0.1-35 Hz

BLC



Dr. Ajaay Singh

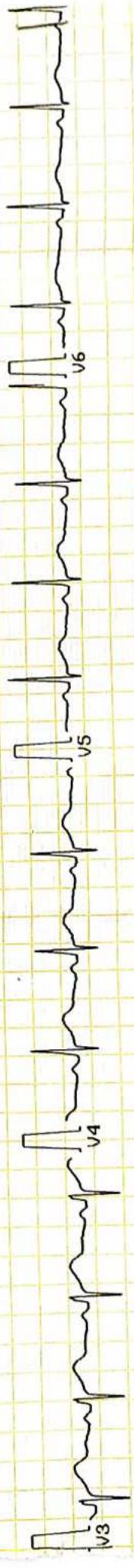
P.Lar.LivMed_FC650-1CH

Dr.:

ECG CARDIOPRINT



ECG CARDIOPRINT



Dr. ANIT MOHAN
Reg. No. 44559

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

Report



AJAY SINGH / 42 Yrs / M / 160 Cms / 81 Kg
Date: 12 - 08 - 2023 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:05	0:05	00.0	00.0	01.0	083	47 %	134/80	111	00	
Standing	00:08	0:03	00.0	00.0	01.0	082	46 %	134/80	109	00	
HV	00:13	0:05	00.0	00.0	01.0	082	46 %	134/80	109	00	
ExStart	01:20	1:07	00.0	00.0	01.0	093	52 %	134/80	124	00	
BRUCE Stage 1	04:20	3:00	02.7	10.0	04.7	145	81 %	134/80	194	00	
PeakEx	05:53	1:33	04.0	12.0	06.0	151	85 %	146/92	220	00	
Recovery	06:53	1:00	00.0	00.0	01.0	132	74 %	144/90	190	00	
Recovery	07:53	2:00	00.0	00.0	01.0	111	62 %	140/86	155	00	
Recovery	08:53	3:00	00.0	00.0	01.0	103	58 %	134/82	138	00	
Recovery	09:32	3:40	00.0	00.0	01.0	096	54 %	134/82	128	00	

FINDINGS :

Exercise Time : 04:33
 Max HR Attained : 151 bpm 85% of Target 178
 Max BP Attained : 146/92 (mm/Hg)
 Max WorkLoad Attained : 6 Fair response to induced stress
 Test End Reasons : Fatigue , Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

(Signature)
 Dr. FAZL WADHAN MD
 Reg. No. 44559

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

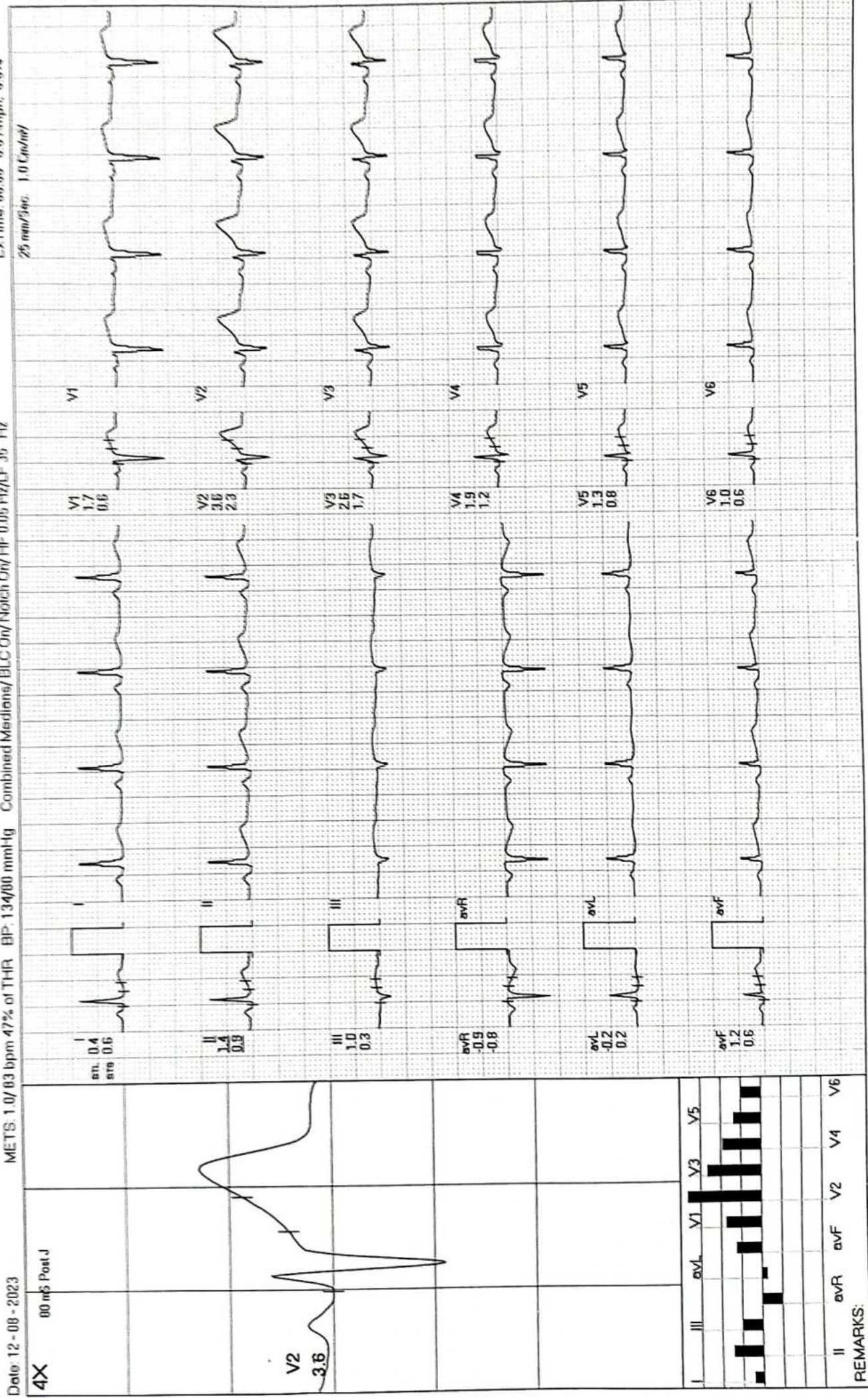
AJAY SINGH / 42 Yrs / M / 160 Cms / 81 Kg / HR : 83

BRUCE:Supine(0:06)



ExTime: 00:00 0.0 Yrmp, 0.0%

METS: 1.0/83 bpm 47% of THR BP: 134/80 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 36 Hz



REMARKS:

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AJAY SINGH / 42 Yrs / M / 160 Cms / 81 Kg / HR : 82

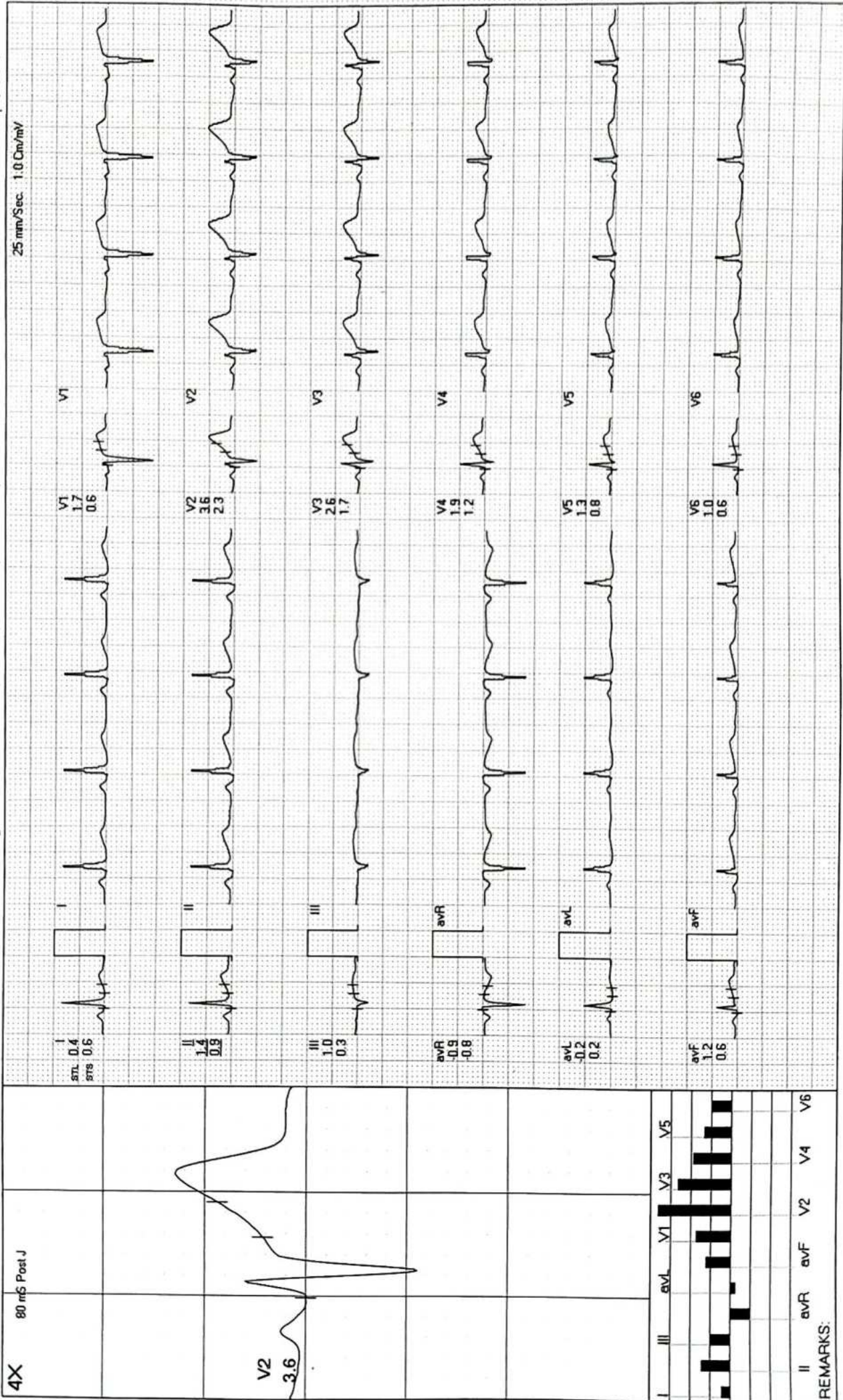
BRUCE:HV(0:07)



Date: 12-08-2023

METS: 1.0/ 82 bpm 46% of THR. BP: 134/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Kmph 0.0%



REMARKS:

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AJAY SINGH / 42 Yrs / M / 160 Cms / 81 Kg / HR : 93

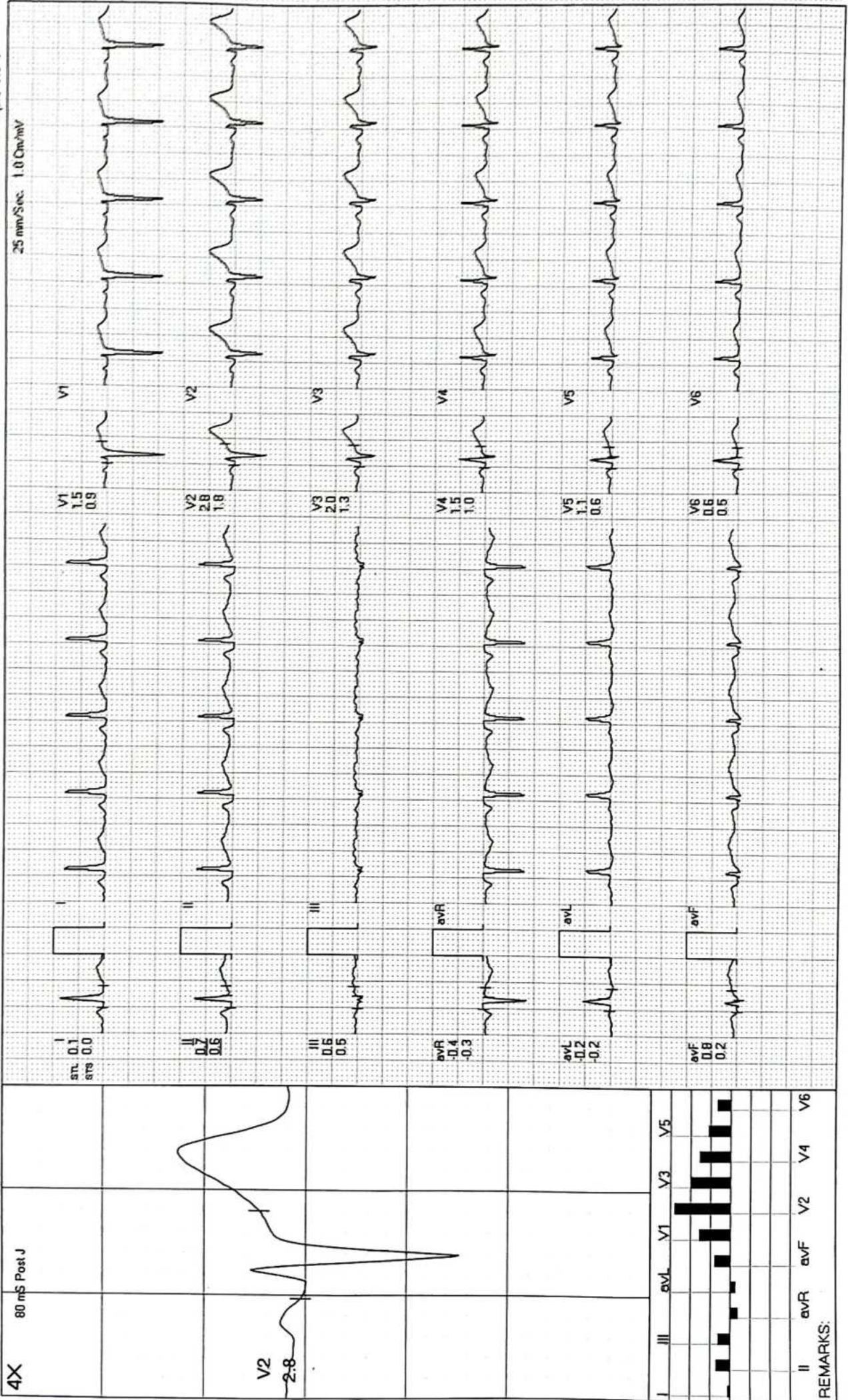
ExStart



Date: 12 - 06 - 2023

METS: 1.0/93 bpm 52% of THR BP: 134/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 KmPh. 0.0%



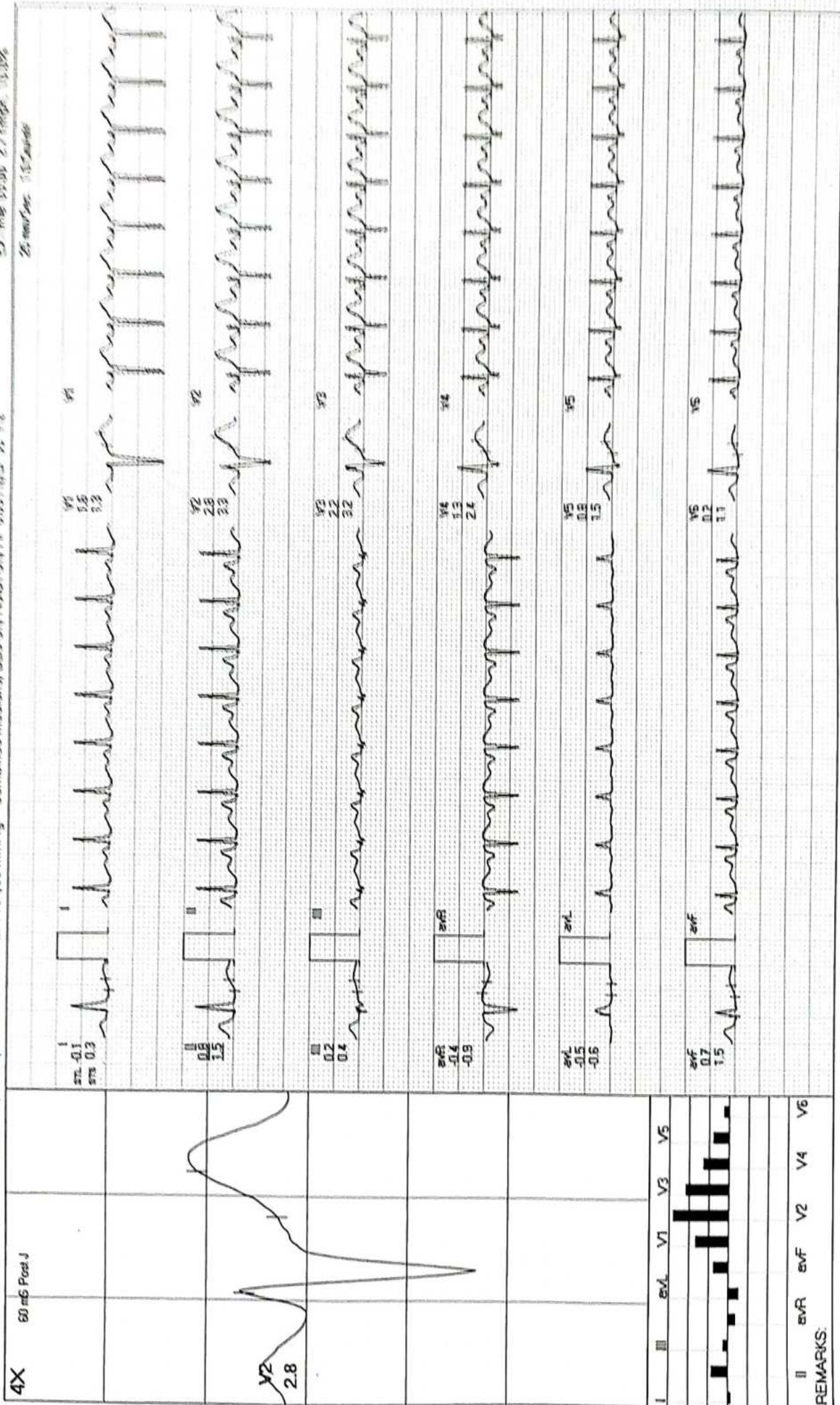
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BRUCE: Stage 1 (2006)

Handwritten signature

AJAY SINGH / 42 Yrs / M / 160 Cms / 81 Kg / HR : 145

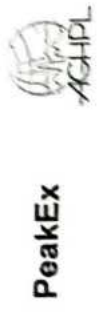
Date: 12-08-2023 METS: 4.7 / 145 bpm 81% of THR BP: 134/80 mmHg Combined Modifiers/ELC Cal/Watch Cal/HR 0.05 Imp.F % 44
 ECG rate 134/80 27 leads 13.30%
 To monitor 13.30/2023



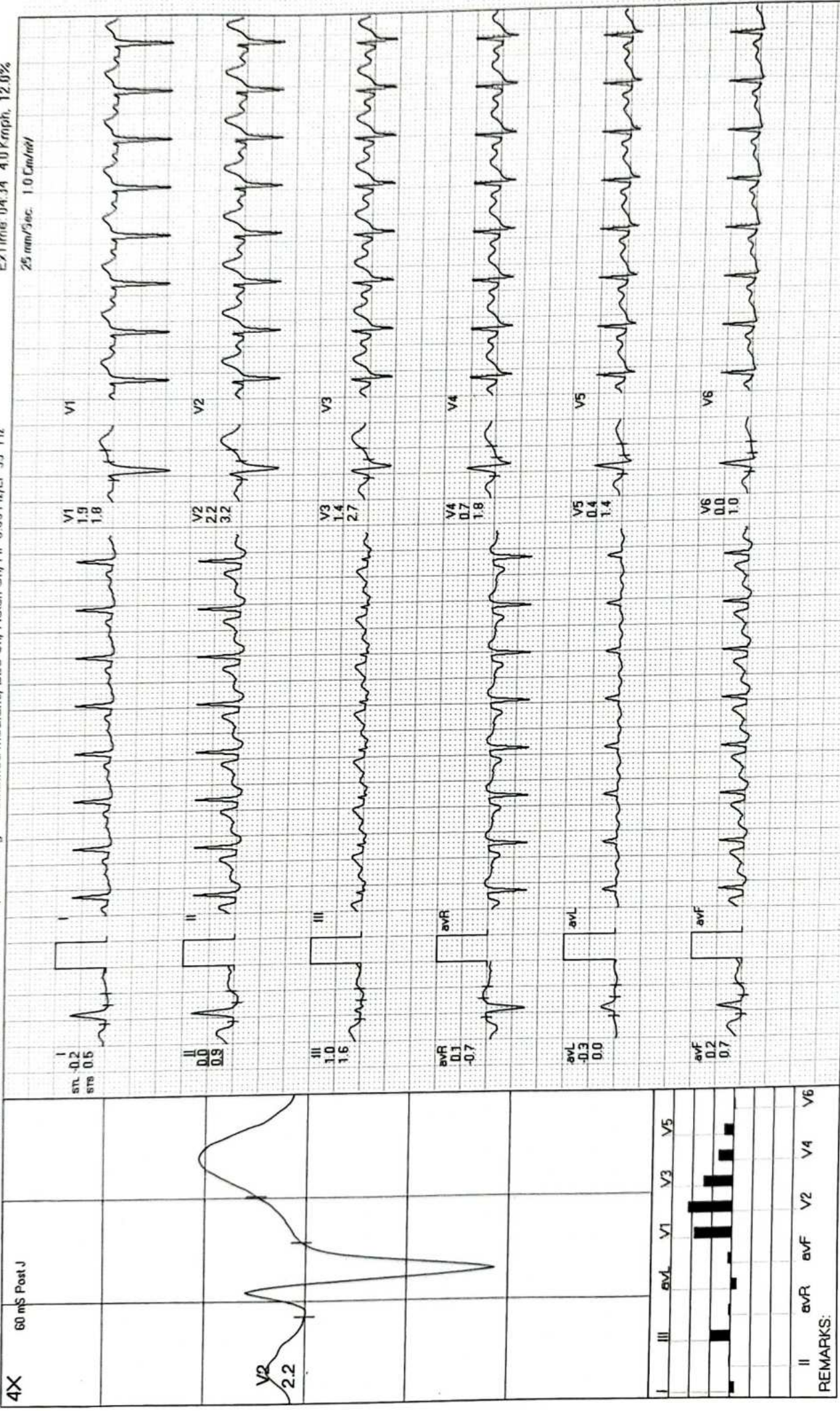
REMARKS:

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AJAY SINGH / 42 Yrs / M / 160 Cms / 81 Kg / HR : 151



Date: 12-08-2023 METS: 6.0/151 bpm 85% of THR BP: 146/92 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz
 ExTime: 04:34 4.0 Km/ph, 12.0%
 25 mm/Sec. 1.0 Cm/Div



REMARKS:

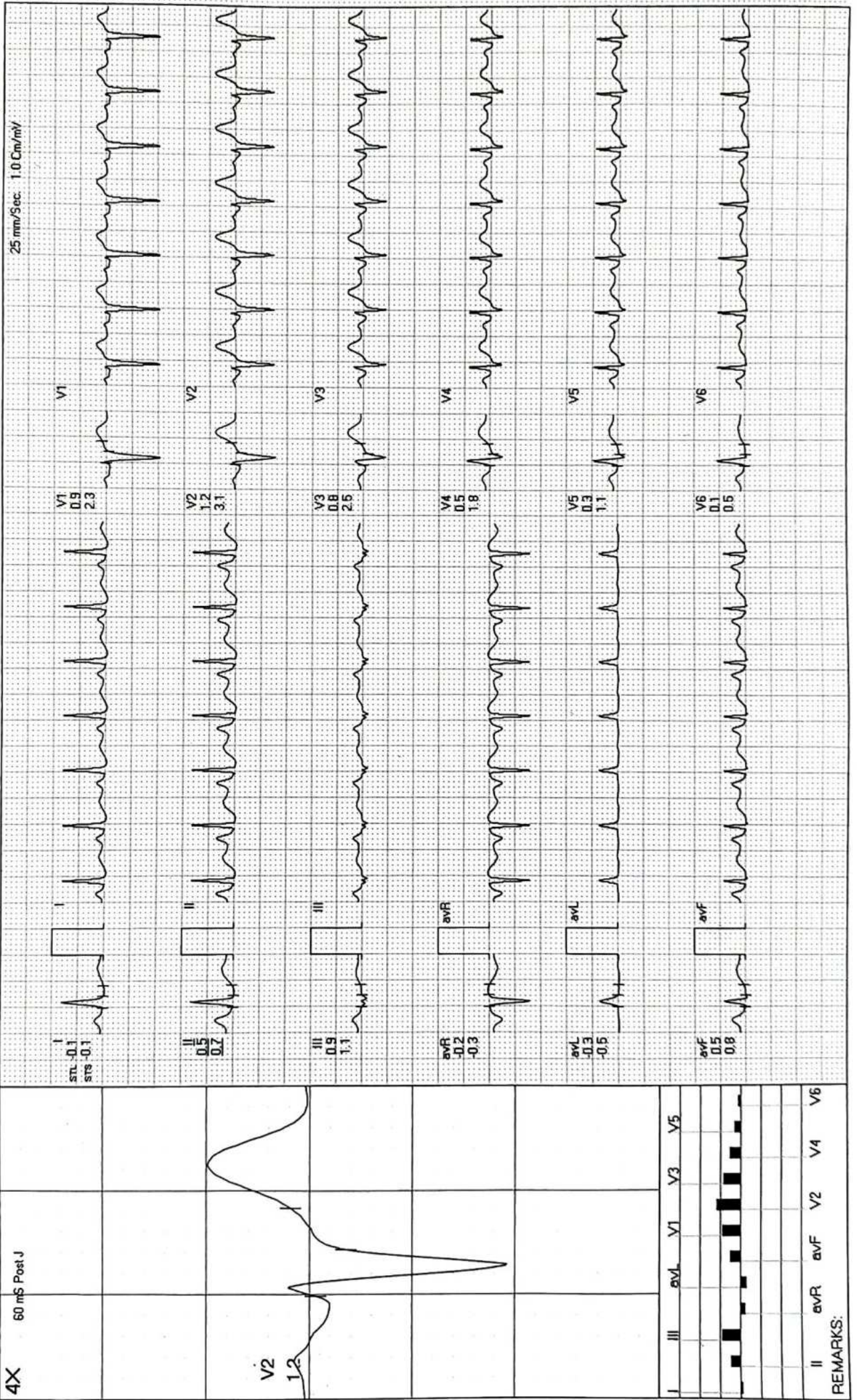
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AJAY SINGH / 42 Yrs / M / 160 Cms / 81 Kg / HR : 132

Recovery(1:00)



Date: 12-08-2023 METS: 1.0/132 bpm 74% of THR BP: 144/90 mmHg Combined Medians/BLC On/Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 04:33 0.0 Kmph, 0.0%



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AJAY SINGH / 42 Yrs / M / 160 Cms / 81 Kg / HR : 111

Recovery(2:00)

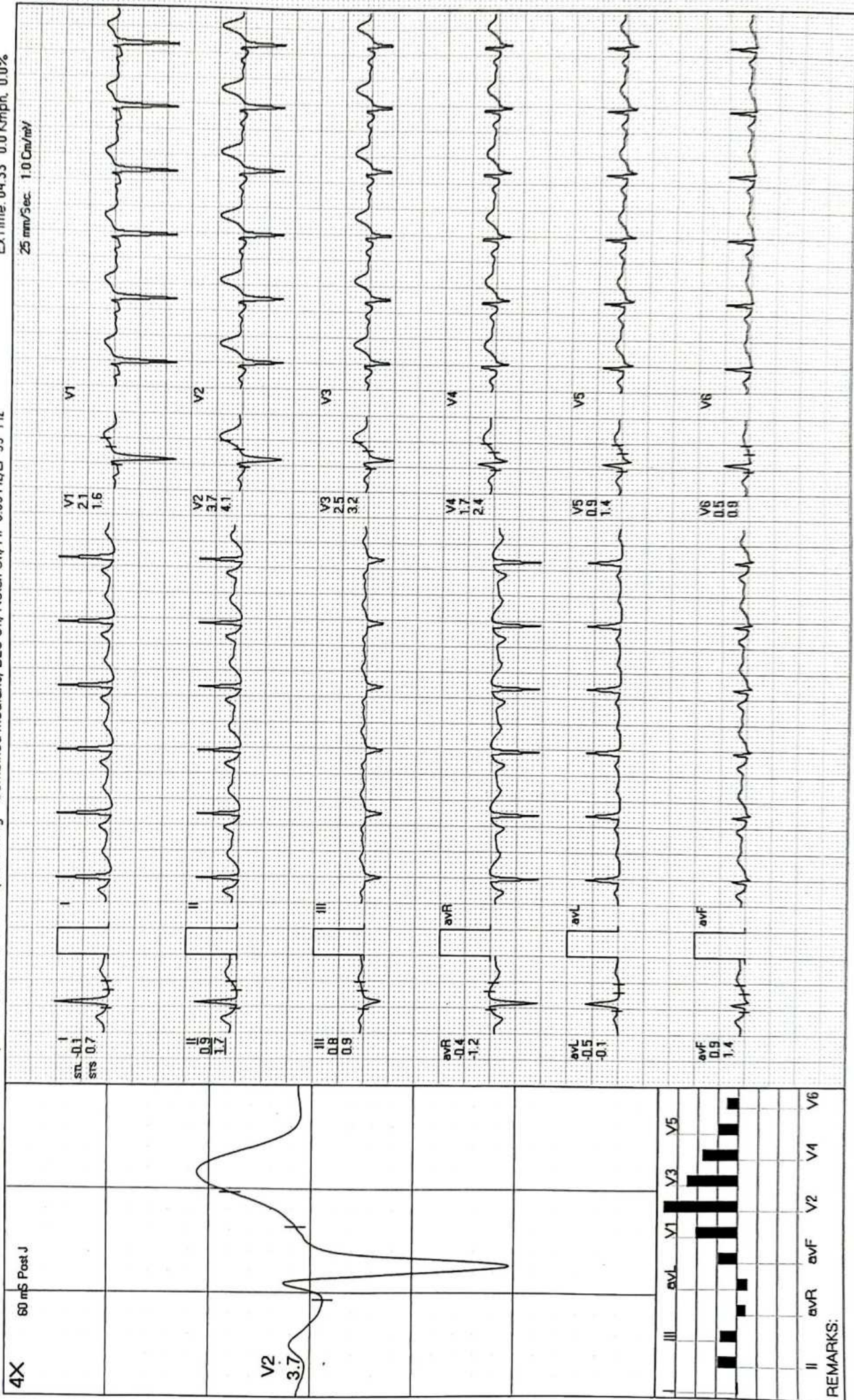


Date: 12-08-2023

METS: 1.0/111 bpm 62% of TH-R BP: 140/86 mmHg Combined Medians/BLC Or/ HF 0.05 Hz/LF 35 Hz

ExTime: 04:33 0.0 Kmph, 0.0%

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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AJAY SINGH / 42 Yrs / M / 160 Cms / 81 Kg / HR : 103

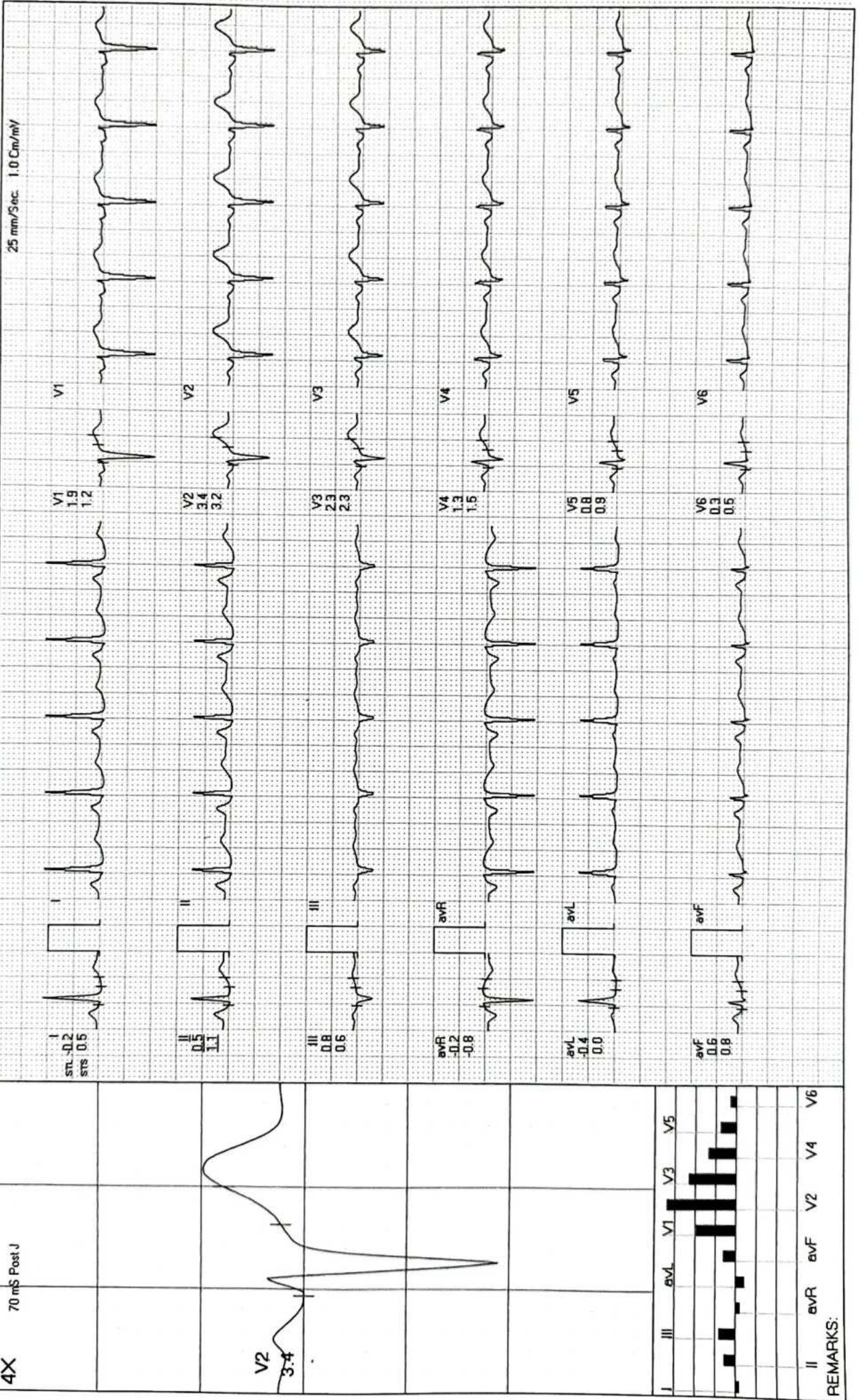
Recovery(3:00)

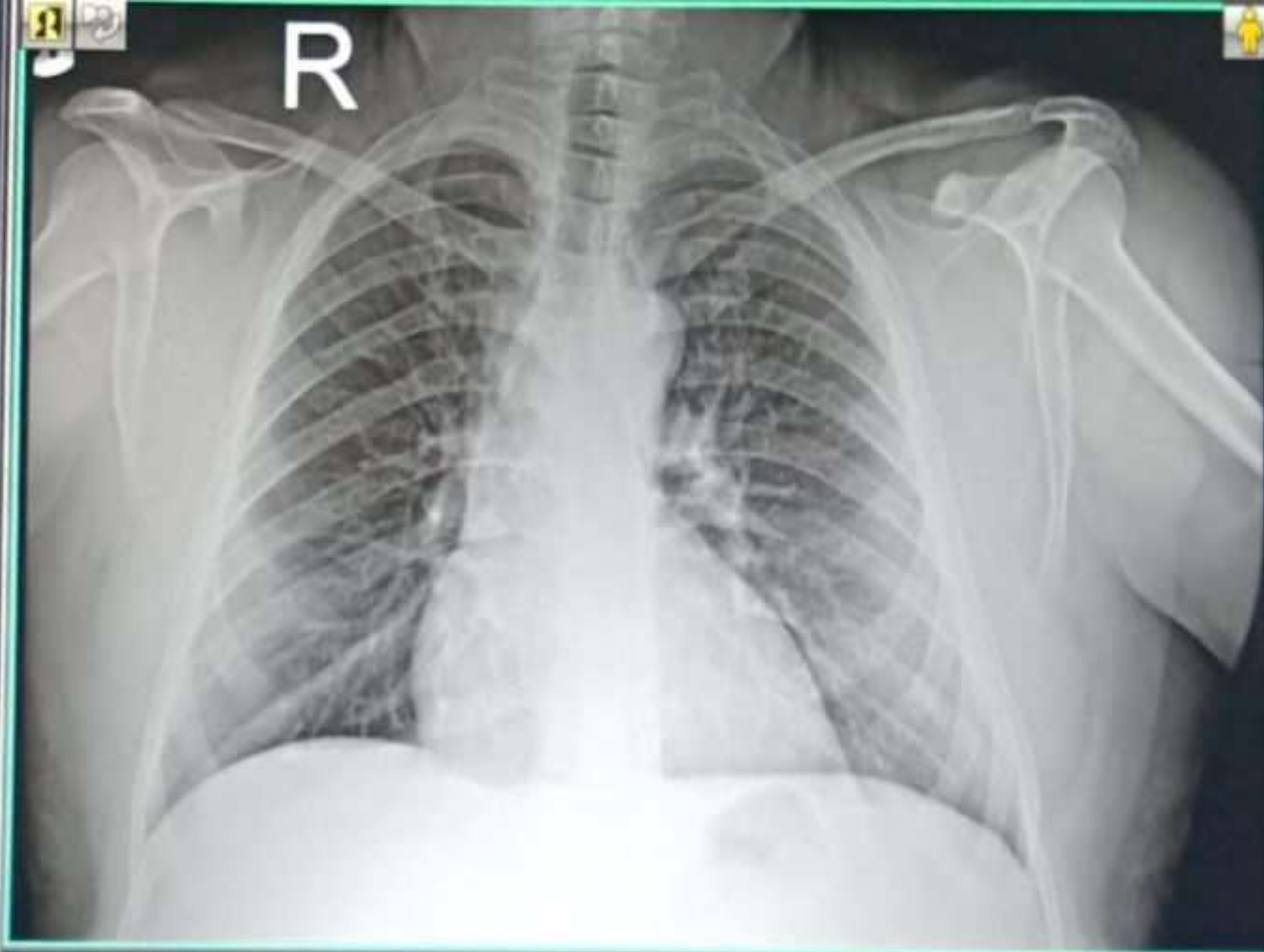


Date: 12-08-2023

METS: 1.0/ 103 bpm 58% of THR BP: 134/82 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 04:33 0.0 Kmph 0.0%





23081201416 MR AJAY SINGH 42 YRS M SELF CHEST PA
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