

HEALTH CHECK UP

Name : Nilesh Kumar Sha

Date : 28/1/23

Age : 324

Sex : Male / Female

Marital status : Married / Single

PERSONAL HISTORY

Habits : Smoking / Tobacco & Snuff / Alcohol No

Drug allergy if any : Nil

Medical : Nil

Surgical : Nil

Height 169 cm Weight 85 Kg. BP 120/80 mmHg Pulse 70 mt

Vision : Rt 6/12 Lt 6/9 With Spectacles Rt Nil Lt Nil

Colour Vision : Normal / Abnormal Near Vision N/G - Both eyes

FAMILY HISTORY

Father Healthy Mother Healthy Siblings Healthy

CVS : Heart Sound Normal Murmurs Absent Thrills Absent

RS : Rate 14 /mt Breath sounds Normal Adventitious Absent

ABDOMEN : Tenderness Absent Rigidity Absent Bowel sound Normal

Liver NAD Kidney NAD Hernia Absent

CNS : Cranial Nerves NAD Sensory System NAD Motor System NAD

ENT NAD

Remarks

Dr. Bharti Jeswani
MBBS

Dr. Seema Kale
MBBS, MD

Dr. S. K. Suri
MBBS

Dr. Meenakshi
MBBS

HOME SAMPLE COLLECTION FACILITY AVAILABLE

Patient Name : Mr. Nilesh Kumar Jha
UHID/MR No. : FRAJ.0000223960
Visit Date : 28-01-2023 09:40
Sample Collected on : 28-01-2023 11:25
Ref Doctor : SELF
Emp/Auth/TPA ID : jioqh[po6978
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 32Y/Male
OP Visit No : FRAJOPV99428
Reported on : 28-01-2023 13:00
Specimen : EDTA Blood
Pres Doctor :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
BLOOD GROUP AND RH TYPE			
ABO Group	B		
RH	Positive		
HAEMOGRAM			
Hb(Haemoglobin)	14.8	13 - 17	gm/dl
Method: Non Cyanide			
PCV / Haematocrit	46.2	40 - 50	%
Method: Pulse Height Detection			
ESR.	08	0 - 20	mms at the end of 1 hr
Method: Westergren's Method.			
Total Leukocyte Count	7700	4000 - 10000	/Cumm
Method: DC Detection Method			
Platelet Count	2.13	1.5 - 4.1	lakhs/cumm
Method: DC Detection Method			
RBC Count	5.0	4.5 - 6.0	Million/Cumm
Method: DC Detection Method			
MCV	91.1	77 - 98	fl
Method: Calculated.			
MCH.	29.2	27 - 32	pg
Method: Calculated			
MCHC.	32.0	31.5 - 34.5	gm/dl
Method: Calculated.			
Neutrophil	62	40 - 70	%
Method: Slide Test			
Lymphocyte	35	20 - 40	%
Method: Slide Test			
Eosinophil	01	1 - 6	%
Method: Slide Test			
Monocyte	02	2 - 10	%
Method: Slide Test			

Note: PERIPHERAL SMEAR - RBC's are normocytic normochromic. Leucocyte counts are within normal limits. Platelets are normal in number & morphology.

No immature cells or haemoparasite detected.

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.

End of the report

Patient Name : Mr. Nilesh Kumar Jha

UHID/MR No. : FRAJ.0000223960

Visit Date : 28-01-2023 09:40

Sample Collected on : 28-01-2023 11:25

Ref Doctor : SELF

Emp/Auth/TPA ID : jjiogh[po6978

Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 32Y/Male

OP Visit No : FRAJOPV99428


Reported on : 28-01-2023 13:00

Specimen : EDTA Blood

Pres Doctor: :

Results are to be correlated clinically

Lab Technician/Technologist
Surinder 


Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

Patient Name : Mr. Nilesh Kumar Jha
 UHID/MR No. : FRAJ.0000223960
 Visit Date : 28-01-2023 09:40
 Sample Collected on : 28-01-2023 11:25
 Ref Doctor : SELF
 Emp/Auth/TPA ID : jioqh[po6978
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 32Y/Male
 OP Visit No : FRAJOPV99428
 Reported on : 28-01-2023 14:00
 Specimen : Plasma(Fluoride)
 Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - (FASTING)			
GLUCOSE - (FASTING) Method: (GOD-POD).	108	70 - 110	mg/dL
GLUCOSE - (POST PRANDIAL)			
GLUCOSE - (POST PRANDIAL) Method: (GOD-POD)	126	70-140	mg/dl
GLYCOSYLATED HEMOGLOBIN (HBA1C)			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD Method: BORONATE AFFINITY	5.2	4.2 - 6.0	%
Thyroid Profile 2(Free T4, Free T3 And TSH)			
Serum FT3	4.4	3.2 - 5.9	pmol/l
Serum FT4	15.0	10.6 - 21.0	pmol/l
Serum TSH	1.7	0.38 - 5.0	uIU/ml
LIPID PROFILE TEST (PACKAGE)			
CHOLESTEROL Method: CHOD - PAP	190	Desirable < 200 Borderline High : 200-239 High : > 240	mg/dl
Triglyceride Method: GPO-PAP	133	50-200	mg/dl
HDL Method: DIRECT	45.0	30 - 50	mg/dl
LDL Method: DIRECT	118.4*	60 - 100	mg/dl
VLDL Method: Calculated	26.6	<40	mg/dl
CHOLESTEROL / HDL RATIO Method: Calculated.	4.2	0 - 4.5	

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Surinder


Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.
 • ALL THE CONGENITAL ANAMOLIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

Patient Name : Mr. Nilesh Kumar Jha
 UHID/MR No. : FRAJ.0000223960
 Visit Date : 28-01-2023 09:40
 Sample Collected on : 28-01-2023 09:54
 Ref Doctor : SELF
 Emp/Auth/TPA ID : jiogh[po6978
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 32Y/Male
 OP Visit No : FRAJOPV99428
 Reported on : 28-01-2023 14:01
 Specimen : Serum
 Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
LIVER FUNCTION TEST (PACKAGE)			
BILIRUBIN - TOTAL. Method: Jendrassik	0.93	0.1 - 1.3	mg/dl
Bilirubin (Direct)-Serum Method: Diazo.	0.27	0 - 0.3	mg/dl
A/G Method: Calculated	1.6	1.0 - 2.0	
BILIRUBIN - INDIRECT. Method: Calculated.	0.66	<1.1	mg/dl
SGOT /AST Method: IFCC (With P5P)	28.3	0 - 35	U/L
SGPT/ALT Method: IFCC (With P5P)	53.1*	0 - 45	U/L
ALKALINE PHOSPHATE Method: AMP BUFFER	137.4*	30 - 117	U/L
GGT. Method: SZAZ	29.7	10 - 50	U/L
TOTAL PROTEIN Method: Biuret	7.5	5.8-8.0	g/dl
ALBUMIN Method: BCG	4.7	3.7-5.2	g/dl
GLOBULIN Method: Calculated	2.8	2.5 - 3.5	mg/dL

End of the report

Results are to be correlated clinically

Lab Technician/Technologist
Surinder


 Dr. Prashant Purwar
 MBBS, DCP
 Consultant Pathologist

Patient Name : Mr. Nilesh Kumar Jha
 UHID/MR No. : FRAJ.0000223960
 Visit Date : 28-01-2023 09:40
 Sample Collected on : 28-01-2023 09:54
 Ref Doctor : SELF
 Emp/Auth/TPA ID : jiogh[po6978
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 32Y/Male
 OP Visit No : FRAJOPV99428
 Reported on : 28-01-2023 14:01
 Specimen : Serum
 Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
KFT - RENAL PROFILE-SERUM			
UREA Method: Urease	30.1	10-50	mg/dl
Creatinine Method: Jaffe	0.96	0.5 - 1.3	mg/dl
Uric Acid Method: Uricase	6.0	3.5 - 7.2	mg/dl
Sodium(Na) Method: ISE	139.7	136 - 142	mmol/L
Potassium(K) Method: ISE	3.8	3.8 - 5.0	mmol/L
Chloride(Cl) Method: ISE	98.5	95 - 103	mmol/L
Calcium. Method: OCPC	9.4	9.2 - 11.0	mg/dl
Phosphorus Method: Molybdate UV	2.8	2.3 - 4.7	mg/dl

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Surinder


Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

Patient Name : Mr. Nilesh Kumar Jha
 UHID/MR No. : FRAJ.0000223960
 Visit Date : 28-01-2023 09:40
 Sample Collected on : 28-01-2023 11:25
 Ref Doctor : SELF
 Emp/Auth/TPA ID : jiogh[po6978
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 32Y/Male
 OP Visit No : FRAJOPV99428
 Reported on : 28-01-2023 13:53
 Specimen : Urine
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION

URINE EXAMINATION TEST REPORT

Test Name	Observed Value	Unit	Reference Range
Urine R/M Examination			
Quantity	35	ml.	
Colour	Pale Yellow		Pale Yellow
Tranparency	Clear		Clear
Urine Specific Gravity	1.020		1.005 - 1.030
Dipstick			
pH	6.5		5.5 - 7.5
Dipstick / pH paper			
Chemical Examination			
Protein	Nil		Nil
Dipstick/Heat & acetic acid			
Sugar	Nil		Nil
Dipstick/Benedicts reagent			
Microscopic Examination			
Pus Cells	2-3	/HPF	1-2
RBC'S	Nil	/HPF	Nil
Casts	Nil	/HPF	Nil
Crystals	Nil		Nil
Epithelial Cells	Occasional	/HPF	1-2
Bacteria	Nil	/HPF	Nil

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Yogita

Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

Patient Name : Mr. Nilesh Kumar Jha	MR No	: FRAJ0000
Age/Sex : 32Y/M	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 28.01.2023
Ref.by :	Report Date	: 28.01.2023

ULTRASOUND WHOLE ABDOMEN

LIVER: Liver is normal in size with increased parenchymal echogenicity s/o grade I fatty liver. No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

GALL BLADDER: Gall bladder is well visualised. Its wall thickness is normal. No calculus or mass lesion is seen in gall bladder. Common bile duct is normal (not dilated).

PANCREAS: Pancreas appears normal in size and echopattern.

SPLEEN: Spleen appears normal in size and echopattern.

KIDNEYS: Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No calculus / hydronephrosis seen.

Visualised parts of retroperitoneum do not show any lymphadenopathy.


URINARY BLADDER: Urinary bladder is well distended and shows clear contents.

PROSTATE: Prostate is normal in shape, size and echotexture.

No free fluid detected.

IMPRESSION:- GRADE I FATTY LIVER

To be correlated clinically.


Dr. Anisha Gupta
Consultant Radiologist.

Patient Name : Mr. Nilesh Kumar Jha	MR No	: FRAJ0000
Age/Sex : 32Y/M	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 28.01.2023
Ref.by :	Report Date	: 28.01.2023

X-RAY CHEST P A VIEW

- Both lung fields do not show any active parenchymal lesion.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

IMPRESSION:- NORMAL STUDY.

To be correlated clinically.



Dr. Anisha Gupta
Consultant Radiologist.

Name : MR NILESH KUMAR JHA
Ref

Age/sex:32 YRS/ M
Date 28/01/2023

TMT (Tread Mill / Stress Test)

Result : The pre exercise ECG was normal with no significant ST-T segment changes. During peak exercise & recovery there were no significant ST-T change seen. Person could exercise for 06 min. 01 sec on the Bruce protocol & achieved a workload of 15.91 mets.

He/She attained a peak heart rate of 173 beats/minute which is 92 % of the predicted maximum heart rate. The exercise was terminated owing to THR. There was no classical angina and no arrhythmia. Clinically the blood pressure response was normal [150/70] and there was no S3 S4 gallop in the recovery period.

IMPRESSION: - NORMAL EXERCISE TOLERANCE.
NORMAL HEMODYNAMIC RESPONSE.
TMT IS NEGATIVE FOR PROVOCABLE
ISCHAEMIA


Dr. SEEMA KALE MD
SEN. PHYSICIAN

APOLLO CLINIC

C-70, RAJOURI GARDEN, NEW DELHI

TREADMILL TEST SUMMARY REPORT

ID : 89

Protocol: BRUCE

Recorded : 28-1-2023 10:33

Mr. NILESH KUMAR JHA

Age/Sex : 32/M

Ref. by :

Indication1 :

Indication2 :

Indication3 :

History:

Medication1 :

Medication2 :

Medication3 :

PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL (mm) V2	V5	METS
SUPINE	0:08	0:08			90	120/70	108	0.9	1.9	0.9	
HYPERVENT					83	120/70	99	0.9	2.2	0.9	
STAGE 1	0:47	0:47	2.70	10.00	104	120/70	124	1.2	2.5	1.1	1.26
STAGE 2	2:07	1:14	4.00	12.00	110	130/70	143	1.3	2.7	1.3	5.75
STAGE 3	3:36	1:29	5.40	14.00	120	140/70	168	1.3	2.7	1.0	8.54
STAGE 4	5:01	1:25	6.70	16.00	140	150/70	210	1.2	2.7	1.2	11.90
STAGE 5	5:48	0:44	8.00	18.00	165	150/70	247	1.3	2.3	1.5	15.47
PEAK EXER	6:01	0:57			173	150/70	259	1.7	2.9	1.7	15.91

RESULTS

Exercise Duration : 6:01 Minutes
 Max Heart Rate : 173 bpm 92 % of target heart rate 188 bpm
 Max Blood Pressure : 150/70 mmHg
 Max Work Load : 15.91 METS
 Reason of Termination :

IMPRESSIONS

GOOD EFFORT TOLERANCE, NORMAL IONOTROPIC AND CHRONOTROPIC RESPONSE.
 NO ANGINA/ARRHYTHMIA/S/LV DYSFUNCTION. NO SIGNIFICANT ST CHANGES AT PEAK OF TEST.
 TEST IS NEGATIVE FOR EXERCISE INDUCED REVERSABLE ISCHEMIA.

THE APOLLO CLINIC
 Rajouri Garden
 Dr. Seema Kale



Dr. SEEMA KALE (MD)
 THE APOLLO CLINIC
 Rajouri Garden
 Dr. Seema Kale
 MBBS, MD
 DMC Reg. No-14927

APOLLO CLINIC

ST @ 10mm/mV
80ms PostJ

Mr. NILESH KUMAR JHA

I.D. : 89

AGE/SEX : 32/M

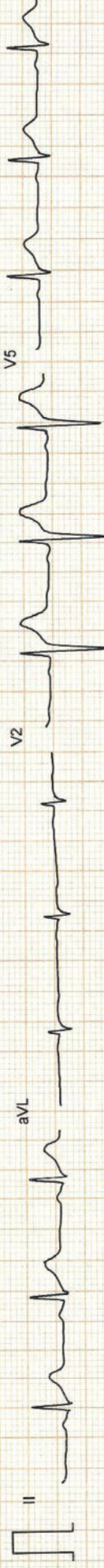
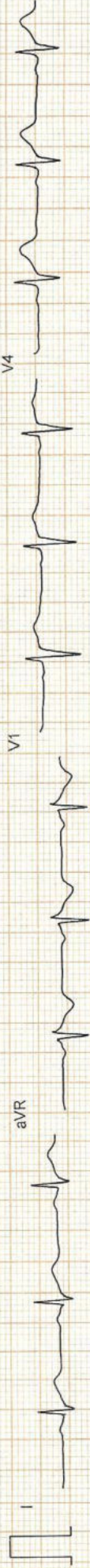
RECORDED : 28-1-2023 10:33

RATE : 89 BPM

B.P. : 120/70 mmHg

SUPINE
PRETEST

RAW E.C.G.



APOLLO CLINIC

SUPINE
PRETEST

ST @ 10mm/mV
80ms PostJ

Mr. NILESH KUMAR JHA

I.D. : 89

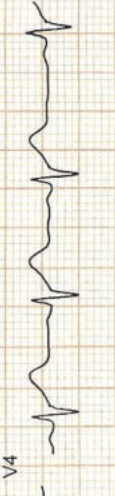
AGE/SEX : 32/M

RECORDED : 28-1-2023 10:33

RATE : 90 BPM

B.P. : 120/70 mmHg

RAW E.C.G.



APOLLO CLINIC

HYPERVENTILATION
PRETEST

ST @ 10mm/mV
80ms PostJ

Mr. NILESH KUMAR JHA
I.D. : 89
AGE/SEX : 32/M
RECORDED : 28-1-2023 10:33

RATE : 83 BPM
B.P. : 120/70 mmHg

STAGE TIME : 0:02

LINKED MEDIAN

