

Patient Name- Mr. Manish Kumar Tiwari	Date-	25703/23
Age- 5-3	Sex-	ni
BP-Systolic 14 Diastolic Formhy.	R.B.S	
Pulse- 62 birnin	SPO2-	981.
Temp- 97.7 F	Height-	
Weight- 85. Kgs	ВМІ-	
Consultant-Dr. Sourabh Agarmal.	Fat-	

- Prediabelic

- Grade I jetty liner - Mild prostatomegaly

Advice: Avoid oily spring food Diet modification Excercise 30 min/day Avoid sugarry things

In: USG Abdomen after 3 months

Dr. Saurabh Agarwal MBBS, MD, FHDM (UK), FAGE Reg. No. 68395 Apollo Clinic Hazratganj

Valid for 7 Days

Licensee: TECHNO MEDICALS INDIA

GST:09ADNPA2038G1ZS

Address: TECHNO HERITAGE, Jehangirabad Palace, Next to DM Residence, 12, Rani Laxmi Bai Marg, Hazratganj, Lucknow 226001

Online appointments: www.apolloclinic.com Email: hazratganj.lko@apolloclinic.com





CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of mr. Manish Kymar tiwori on 25/03/23.

Medically Fit	
Fit with restrictions/recommendations	
Though following restrictions have been revealed not impediments to the job.	I, in my opinion, these are
1	
2	
3	
However, the employee should follow the advice/ been communicated to him/her.	medication that has
Review after	
Currently Unfit. Review after	

Medical Officer Apollo Clinic,

This certificate is not meant for medico-legal purposes

Dr. Saurabh Agarwa Dr. Saurabh Agarwa MBBS, MD, FIDM (UK), FAG Reg. No. 68395 Apollo Clinic Hazratgar

Licensee: TECHNO MEDICALS INDIA

GST:09ADNPA2038G1ZS

Address: TECHNO HERITAGE, Jehangirabad Palace, Next to DM Residence, 12, Rani Laxmi Bai Marg, Hazratganj, Lucknow 226001

7897 123 7



Report Doc No.: 4658 Patient No.: 3544-3534

Name: Mr. Manish Kumar Tiwari / 53 Year / Male Collected On: 25-03-2023

Refered By: ARCOFEMI MEDIWHEEL Report On: 25-03-2023 08:00 PM

CBC (Complete Blood Count)

CDC	(Complete Diood Count)	
Hemoglobin Method:(Cyanmethemoglobin)	14.5 gm%	Normal 13-17 gm%
Hematocrit (PCV) Method :(Calculated parameter)	41.0 %	Normal 40-54 %
RBC Count Method :(Electrical Impedence)	4.76 million/cmm	Normal 4.2-5.5 million/cmm
MCV Method :(Calculated parameter)	86.1 fl	Normal 83-101 fl
MCH Method:(Calculated parameter)	30.5 pg	Normal 27-32 pg
MCHC Method:(Calculated parameter)	35.4 g/dl	Normal 31-37 g/dl
RDW-CV Method :(Electrical Impedence)	12.9 %	Normal 11.6-14 %
TLC (Total Leucocyte Count) Method :(Electrical Impedence)	7100 cells/cu.mm	Normal 4000-10000 cells/cu.mm
DLC (Differential Leucocyte Count) Method :(Electrical Impedence)		
Neutrophil	59 %	40-80
Lymphocyte	35 %	20-40
Eosinophil	01 %	1-6
Monocyte	05 %	2-10
Basophil	00 %	0-1
ABSOLUTE LEUCOCYTE COUNT Method:(Electrical Impedence)		
NEUTROPHILS	4189 cells/cu.mm	2000-7000
LYMPHOCYTES	2485 cells/cu.mm	1000-3000
EOSINOPHILS	71 cells/cu.mm	20-500
MONOCYTES	355 cells/cu.mm	200-1000
Platelet Count Method :(Electrical Impedence)	156 thousand/mm3	Normal 150-450 thousand/mm3
CDD (D) I DI I		

GBP (Peripheral Blood smear)

RBC: Normocytic normochromic

WBC: Total leucocyte count is within normal limit with normal distribution of cells

Platelets: Platelets are adequate in number.

No hemoparasite or immature cells seen .

Checked By

Page 1 End

Licensee: TECHNO MEDICALS INDIA

GST:09ADNPA2038G1ZS

Address: TECHNO HERITAGE, Jehangirabad Palace, Next to DM Residence, 12, Rani Laxmi Bai Marg, Hazratganj, Lucknow 226001

7897

123



Name: Mr. Manish Kumar Tiwari / 53 Year / Male

Refered By: ARCOFEMI MEDIWHEEL

Patient No.: 3544-3534

Collected On: 25-03-2023

Report On: 25-03-2023 08:00 PM

ESR (Wintrobs)

12 mm/h

Normal 0-10 mm/h

Blood Grouping/ABO RH Typing

Blood Group

"A"

Rh Factor

POSITIVE

SUGAR

Blood Sugar (Fasting)

Method:(GOD-POD)

82 mg/dl

Normal 70-110 mg/dl

Blood Sugar (PP)

Method:(GOD-POD)

115 mg/dl

Normal 80-160 mg/dl

Checked By

Page 2 End



Name: Mr. Manish Kumar Tiwari / 53 Year / Male

Refered By: ARCOFEMI MEDIWHEEL

Patient No.: 3544-3534 Collected On: 25-03-2023 Report On: 25-03-2023 08:00 PM

Liver Function Test (LFT)

•		
Serum Bilirubin - Total Method :(Diazo sulfanilic)	0.6 mg/dl	Normal 0.2-1.2 mg/dl
Serum Bilirubin - Direct Method :(Diazo sulfanilic)	0.3 mg/dl	Normal 0-0.3 mg/dl
Serum Bilirubin-Indirect Method :(Calculated parameter)	0.3 mg/dl	Normal 0.3-1 mg/dl
•		
Serum SGOT/AST Method :(UV with P-5-P)	19 U/L	Normal 10-46 U/L
Serum SGPT/ALT Method :(UV with P-5-P)	21 U/L	Normal 10-49 U/L
ĸ		
Serum Alkaline Phosphatase (SALP) Method :(p-nitrophenyl phosphate)	81 U/L	Normal 40-129 U/L
•		
Serum Gamma-Glutamyltransferase (GGT) Method :(IFCC)	28 U/L	Normal 0-55 U/L

Page 3 End

Checked By



Name: Mr. Manish Kumar Tiwari / 53 Year / Male

Refered By: ARCOFEMI MEDIWHEEL

Patient No.: 3544-3534

Collected On: 25-03-2023 Report On: 25-03-2023 08:00 PM

Kidney Function Test (KFT)

26 mg/dl

Serum Urea

Normal 10-50 mg/dl

Method :(UREASE)

Serum Creatinine 0.9 mg/dl

Normal 0.6-1.4 mg/dl

Method: (Creatinine amidohydrolase)

Serum Sodium

Method :(Direct ISE)

Serum Potassium

Method: (Direct ISE)

142 mmol/L

Normal 135-146 mmol/L

3.8 mmol/L

Normal 3.5-5.1 mmol/L

Checked By

Page 4 End





Name: Mr. Manish Kumar Tiwari / 53 Year / Male

Refered By: ARCOFEMI MEDIWHEEL

Patient No.: 3544-3534 Collected On: 25-03-2023 Report On: 25-03-2023 08:00 PM

Lipid Profile

Serum Cholesterol -Total Method :(CHE/CHO/POD)	183 mg/dl	Normal < 200
Serum Triglyceride Method :(Enzymatic)	91 mg/dl	Normal < 150
Serum Cholesterol VLDL Method :(Calculated parameter)	18.2 mg/dl	Normal < 30
Serum Choleterol HDL Method :(Polymer-Detergent)	40 mg/dl	Normal > 40
Serum Cholesterol LDL Method :(Calculated parameter)	125 mg/dl	Normal < 100
*		
Total Cholesterol/HDL Ratio Method :(Calculated parameter)	4.58	Normal 0-4.5
LDL/HDL Ratio Method:(Calculated parameter)	4.03	Normal 0-3

Page 5 End

Checked By



Patient No.: 3544-3534 Report Doc No.: 4658

Name: Mr. Manish Kumar Tiwari / 53 Year / Male Collected On: 25-03-2023 Refered By : ARCOFEMI MEDIWHEEL

Report On: 25-03-2023 08:00 PM

HbA1c

TEST NAME	RESULT	UNIT	BIO. REF. RANGE	METHOD
HBA1C, GLYCATE HEAMOGLOBIN,	6.3	%		TURBIDIMETRIC
WHOLE BLOOD EDTA				

Comment:

Reference range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS> 18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7-6.4
DIAGNOSING DIABETES	≥6.5
DIABETICS	
EXCELENT CONTROL	6-7
FAIR TO GOOD CONTROL	7-8
UNSATISFACTORY CONTROL	8-10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- 1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
- 2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
- 3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control.

Checked By

Page 6 End



Name: Mr. Manish Kumar Tiwari / 53 Year / Male

Refered By: ARCOFEMI MEDIWHEEL

Patient No.: 3544-3534 Collected On : 25-03-2023 Report On: 25-03-2023 08:00 PM

T3 T4 TSH

Serum T3

0.83 ng/ml

Normal 0.7-2 ng/ml

Serum T4

9.48 µg/dl

Normal 6.1-12.2 µg/dl

Serum Thyroid Stimulating Hormone (TSH)

Method: (Chemiluminescence Immunoassay)

Method: (Chemiluminescence Immunoassay)

Method: (Chemiluminescence Immunoassay)

3.76 uIU/ml

Normal 0.3-5.6 uIU/ml

~

Checked By

Page 7 End





Report Doc No.: 4658 Name: Mr. Manish Kumar Tiwari / 53 Year / Male

Refered By: ARCOFEMI MEDIWHEEL

Patient No.: 3544-3534

Collected On: 25-03-2023

Report On: 25-03-2023 08:00 PM

Urine R/M

Di	EPARTMENT OF CLINI	CAL PATHOLOGY	(
URINE EXAMINATION REPOR	T		
TEST NAME	VALUE	UNIT	NORMAL VALUE
PSYSICAL EXAMINATION:-			
Urine Color	Pale Yellow		Pale yellow
Reaction	Acidic		Acidic/Alkaline
Appearance	Clear		Clear
Specific Gravity	1.005		1.010-1.025
CHEMICAL EXAMINATION:-			
Albumin	Absent		Trace/Nil
Glucose	Absent		Absent
Ketone	Absent		Absent
Blood	Absent		Absent
Bilirubin	Absent		Absent
Urobilinogen	Absent		Absent
Nitrite	Absent		Absent
MICROSCOPIC EXMINATION:	-		
Pus Cells(WBC)	0-1	Cells/hpf	
Red Blood Cells (RBC)	Nil	Cells/hpf	
Epithelial Cell	1-2	Cells/hpf	
Casts	Nil	Nil	
Bacteria	Nil		
Crystals	Nil	Nil	

End of Report

Checked By

Dr. Divya Mehdiratta MBBS, MD (Pathologist)



Mr. Mornish kuması Tiwasıi Age-53YIM



Vm< 6/12

clo- none.

VnEPH < 616

Non (NIZ

CVm < 38/38 } WML

Subjective Improvement.

R++1.25DS - 616 L-> +1.25DS - 616P

Add +2:0DS BES (NIL

Bifocal/ Progressiu glass.

GST:09ADNPA2038G1ZS

Address: TECHNO HERITAGE, Jehangirabad Palace, Next to DM Residence, 12, Rani Laxmi Bai Marg, Hazratganj, Lucknow 226001

Patient Name- My . A	nanish kumar tiwar	Date-	25703/23
Age- 53		Sex-	m
B P - Systolic	Diastolic	R.B.S	
Pulse-		SPO2-	
Temp-		Height-	
Weight-		BMI-	
Consultant- Dr. Lo	inhita Sinha.	Fat-	

Routine : ENT Check up.

do + @ ear hearing : 18 yrs (professional exposure to lond sounds)

ole. Ear. EAC.

Tog

non len der non lender. Mastoid.

TFT.

AC>BC. ACYBC. Rine

Weber. central.

ABC. SAE.

Nose - DNS to (1) mild

PNS - non lender.

oral carity - WNL.

owly. WNL.

Neck. No palpable modes.

Valid for 7 Days

Licensee: TECHNO MEDICALS INDIA

GST:09ADNPA2038G1ZS

Address: TECHNO HERITAGE, Jehangirabad Palace, Next to DM Residence, 12, Rani Laxmi Bai Marg, Hazratganj, Lucknow 226001

Online appointments: www.apolloclinic.com Email: hazratganj.lko@apolloclinic.com







Manish Luman Tiwari 53/N

c/c - regular dental checkups 0/c- stains +



25.3.23

calculus +

altrition 321 123

Adu - oral praphylaxis

- vertar citizen

Sat

Dr. ROHIT MADAN

MDS (Periodonlist & Oral Implantologist)

Consultant Dentist

DCI Reg. No. 002259

Apollo Clinic, Hazratgani

GST:09ADNPA2038G1ZS Address:TECHNO HERITAGE, Jehangirabad Palace, Next to DM Residence, 12, Rani Laxmi Bai Marg, Hazratganj, Lucknow 226001





Patient Name

: MR. MANISH KUMAR TIWARI

Age/ Gender

: 53Y/M

UHID/ MR No

: FHAZ.0000004019

Ref Doctor

: ARCHOFEMI-NEDIWHEEL

Reported

25.mar.2023

Status

Client Name

Patient Location

: LUCKNOW

X-RAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically

Dr. PRIYANK CHAUDHARY (RADIOLOGIST)

Discrepancies due to technical or typing error should be reported for correction seven days. No compensation ability stands

Licensee: TECHNO MEDICALS INDIA

GST:09ADNPA2038G1ZS

Address : TECHNO HERITAGE, Jehangirabad Palace, Next to DM Residence, 12, Rani Laxmi Bai Marg,

Hazratganj, Lucknow 226001

TO BOOK AN APPOINTMENT







PATIENT NAME :MR MANISH KUMAR TIWARI

AGE / SEX: 53 YRS /N

UHID : 4019

DATE: 25, MAR, 2023

2-D ECHO & M-MODE EXAMINATION **VALVES**

MITRAL VALVES STUDY:

a) Motion: Normal

b) Thickness: Normal c)Calcium-none

2. AORTIC VALVE STUDY

a) Aortic root 3.2 cm.

b)Aortic Opening 1.7 cm. c)Closure: Central

d)Calcium-none

e)Eccentricity Index 1

f) Vegetation-none

g) Valve Structure : Trileaflet

3.PULMONARY VALVE STUDY Normal

a)EF Slope

Normal

b)A Wave +

c)Thickness

Normal

d)Others -

4.TRICUSPID VALVE

Normal.

6. AORTIC MITRAL CONTINUITY: maintained

Left Atrium

4.0x2.8 cm.

Clot : none Others:

Right Atrium

Normal

Clot none I.A.S.: intact

(Cont2)

Licensee: TECHNO MEDICALS INDIA

GST:09ADNPA2038G1ZS Address: TECHNO HERITAGE, Jehangirabad Palace, Next to DM Residence, 12, Rani Laxmi Bai Marg, Hazratganj, Lucknow 226001

Online appointments: www.apolloclinic.com Email: hazratganj.lko@apolloclinic.com









(...2)

VENTRICLES

RIGHT VENTRICLE:

Normal

Ejection fraction: 59%

LEFT VENTRICLE:

Fractional Shortening 31%

IVS (D) 0.7cm.(S)

1.1 cm.

LV mass:102g

LVID(D) 4.32cm.(S)

2.98 cm.

PW (D) 0.7cm (S)

1.2 cm

RWMA: None

TOMOGRAPHIC VIEWS

PARASTERNAL LONG AXIS VIEW:

Normal

Good LV contractility

SHORT AXIS VIEWS:

Aortic Valve Level

AOV- Normal

MV-Normal PV-Normal TV-Normal

Mitral Valve Level

Papillary Muscle Level: Normal

APICAL 4 CHAMBER VIEW OTHER SPECIAL VIEWS:

No clot / vegetation

(Cont.....3)

Licensee: TECHNO MEDICALS INDIA

GST: 09ADNPA2038G1ZS Address: TECHNO HERITAGE, Jehangirabad Palace, Next to DM Residence, 12, Rani Laxmi Bai Marg, Hazratganj, Lucknow 226001











(....3)

PERICARDIUM Normal DOPPLER STUDIES

	Velocity (m/ sec)	Flow Pattern	Regurgitation
MITRAL	E=0.58;A=0.77 E/A=0.7	Normal	Nil
AORTIC	1.3	Normal	Nil
TRICUSPID	2.2	Trace	Trace TR
PULMONARY	1.2	Normal	Nil

CONCLUSIONS:

- No RWMA
- LVEF = 56%
- Trace TR
- IAS/IVS intact
- No significant MR/AR
- No clot / vegetation.
- No pericardial effusion.
- Grade I diastolic dysfunction.

DR. S.KUMAR MD,DM (Cardiology)

GST: 09ADNPA2038G1ZS Address: TECHNO HERITAGE, Jehangirabad Palace, Next to DM Residence, 12, Rani Laxmi Bai Marg, Hazratganj, Lucknow 226001









SEX

53 Y

: MR. MANISH KUMAR TIWARI AGE

NAME : 25.MAR.2023 DATE

: PAN INDIA REFERRED BY

ULTRASOUND WHOLE ABDOMEN

- LIVER: Liver is normal in size (14.7 cms) with normal shape & increased echogenicity. Biliary radicals are not dilated. No obvious focal lesion. Portal & hepatic veins are normal in caliber. Periportal region appears normal.
- GALL BLADDER: is partially distended. Wall thickness is normal. No pericholecystic fluid collection noted. CBD is not dilated.
- PANCREAS: is normal in size and contour. Parenchyma shows normal echotexture. No pancreatic duct dilatation is seen. No peri-pancreatic fluid collection seen.
- SPLEEN: is normal in size (9.6 cms), shape & position. Parenchyma shows normal echotexture. Splenic veins are not dilated.
- B/L KIDNEYS:
- Both kidneys are normal in size, site, shape, position. Cortical echoes are normal. Corticomedullary differentiation is maintained. Pelvicalyceal system are not dilated. No obvious calculus / mass / cyst seen.
- URINARY BLADDER: is well distended with normal contour. Wall appears regular. No evidence of any calculus /mass lesion is seen.
- PROSTATE: appears enlarged in size measuring 40x33x31 mm and weighing 22.5 gms. Parenchyma shows normal echotexture. No focal lesion / prostatic calcification seen.
- No evidence of free fluid.
- IMPRESSION:
 - GRADE I FATTY LIVER.
 - > MILD PROSTATOMEGALY.

ADV: Please correlate clinically

Note:- discrepancies due to technical or typing errors should be reported for correction for seven days. No compensation liability stands.

Typed by

Dr. Priyank K.S. Chaudhary

MBBS, DMRD, DNB(Radiodiagnosis)

onam Tiwari Licensee: TECHNO MEDICALS INDIA

GST:09ADNPA2038G1ZS

Address: TECHNO HERITAGE, Jehangirabad Palace, Next to DM Residence, 12, Rani Laxmi Bai Marg, Hazratganj, Lucknow 226001

Online appointments: www.apolloclinic.com Email: hazratganj.lko@apolloclinic.com

