

Name : Mr. SUVAJIT PODDER (31 /M)

Date : 23/01/2024

Address : 15F RANI BRANCH ROAD, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002032858

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH192840



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma



DRUG ALLERGY

NO KNOWN ALLERGY

:23/01/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Eyes

Vision - defective; Glasses - no

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant



Present medications

- Nil



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - Yes
- 2022

Hospitalization for Covid 19 - No

Dengue - 2016



Surgical history

Surgical history - Nil



Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



Family history

Father - alive

Mother - alive

Hypertension - father

Coronary artery disease - father

Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight

Height - 169

Weight - 75

BMI - 26.26

Pallor - No

Oedema - no



Cardiovascular system

Heart rate (Per minute) - 76
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 142
Diastolic(mm of Hg) - 92
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

- No significant finding

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9 LE:6/24P
NVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ACCPT:SPECTACLE PWR
RE:-0.50X180*(6/6,N6)
LE:-2.25DS(6/6,N6)
ADVICE:*Glass Rx.*Review
after 1yr/SOS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.8 *	g/dl	●	13.0-17.0
RBC COUNT	5.33	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	41.0	%	●	41-53
MCV	76.9 *	fl	●	83-101
MCH	24.0 *	pg	●	27-32
MCHC	31.2 *	%	●	31.5-34.5
RDW	14.5 *	%	●	11.8-14.0
WBC Count	8500	/cu mm	●	4000-10000
Platelet Count	1.74	lacs/cu mm	●	1.5-4.0
Neutrophils	50	%	●	40-80
Lymphocytes	43 *	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	7	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	6-8	/hpf		
Pus Cells	1-3	/hpf		
Epithelial Cells	1-2	/h.p.f /hpf		

Casts: Not Found
Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	35	U/L	●	0-50
ALBUMIN - SERUM	4.7	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	66	U/L	●	43-115
AST (SGOT) - SERUM	30	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	1.2	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	197	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA
GLUTAMYL
TRANSPEPTIDASE -
SERUM 24 U/L ● 0-55

GLOBULIN:
(CALCULATED) -
SERUM 3.2 g/dL ● 1.8-3.6

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 85 mg/dL ● 70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 81 mg/dL ● 70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 4.8 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >/= 6.5%
ADA Therapeutic goal : <7%

Note Hemoglobin variant is present. HbA1c can not be measured accurately by HPLC method. Hemoglobin electrophoresis/Hb typing by HPLC method is suggested to rule out the presence of hemoglobinopathy.

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 46 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 133 * mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 18 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.9 g/dL ● 6.4-8.3

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.48 ng/ml ● 0.87-1.78

TOTAL T4: THYROXINE - SERUM 10.04 µg/dL ● 5.48-14.28

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 166 * mg/dL ● 0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 5.27 µIU/mL ● 0.38-5.33

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 6.7 mg/dL ● 2.6-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 13.4 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.5 ● 1.0-2.0

BUN/CREATININE RATIO

Test Name Result Unit Level Range
BUN/CREATININE RATIO 15

● Within Normal Range ● Borderline High/Low ● Out of Range

ECG

SINUS RHYTHM.
LEFT AXIS DEVIATION.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE
MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized
due to inadequate patient preparation / excess bowel gas
shadow. However suggested clinical correlation and
other investigations if clinically indicated.

Dr. PARTHA LODH
DNB RESIDENT
In consultation with

X-RAY CHEST PA

Chest skiagram does not reveal any significant
abnormality.

Dr. PARTHA LODH
DNB RESIDENT
In consultation with

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

Histopathology

PAP SMEAR /CERVICAL SMEAR



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

Dr.SUCHISMITA BHAUMIK
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

3

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515