

M.P. Nursing Home

Research & Diabetic Care Centre

Opp. Tarun Talkies, Shankar Nagar Road,
Durg (C.G.) 491001, Reg. No. 92/2263 F.R.
Mob. : 98271 60949, 9303939305



Authorization -
SBI Life Insurance
New India Assurance Comp. Ltd.
Bajaj Allianz, Reliance,
I.C.I.C.I. Lombard, LIC
I.T.K. Health Service India,
Birla MD India, Max IDBI, MD India,
Bharti Canara, BPL (Smart Card)
National F.P. Work of Govt
Cash Less Treatment

Ramchandra Sahu

PHYSICAL EVALUATION

DATE:- 25/11/2023

[PKR 10000 236]

CLIENT NAME:- Ram chandra sahu

AGE:- 56 Y / M

HEIGHT:- 172 cm

WEIGHT:- 61 kg

BLOOD PRESSURE:- 120/80 mm. Hg

PULSE:- 72 / min Regular

CVS SYSTEM:- normal

ABDOMEN:- NAD

CNS SYSTEM:- normal

SPO2:- 97

Distant vision \Rightarrow -0.25 (both eyes) (no color blindness)

Near vision \Rightarrow +1.50 (both eyes)

Dentall \Rightarrow all teeth ok, Hygiene Maintained.

CLIENT SIGNATURE

M.P. Nursing Home
(Dr. Bhatia)
Durg (C.G.)
M.P. Nursing Home
(Dr. Bhatia)

DEPARTMENT OF RADIOLOGY

M.P.NURSING HOME ,DURG(C.G.)

NAME:- RAMCHANDRA SAHU AGE :-57YRS/M DATE:-25/01/2023

ULTRASONOGRAPHY OF WHOLE ABDOMEN

EXCESSIVE BOWEL GASES IS SEEN

LIVER:-IS MILDLY ENLARGED IN SIZE(12.2CM) WITH BRIGHT IN.

ECHOTEXTURE IHBRS AND CBD ARE NORMAL IN APPEARANCE

PORTAL VEIN:-IS NORMAL IN SIZE,HEPATOPETAL FLOW.

IVC AND AORTA:-SIZES NORMAL,RESPIRATORY VARIATIONS
NORMAL

GALL BLADDER:- LUMEN IS WELL DISTENDED.NO CALCULUS

SPLEEN:-IS NORMAL IN SIZE,SHAPE AND ECHOTEXTURE.NO FOCAL
LESION . SPLENIC VEIN NORMAL.

PANCREAS :- IS NORMAL IN SIZE AND ECHOTEXTURE.NO
RETROPERITONEAL/PARAAORTIC LYMPHADENOPATHY.NO FREE FLUID SEEN IN
PERITONEAL CAVITY.

KIDNEYS:- APPEAR NORMAL IN SIZE , SHAPE AND
ECHOTEXTURE.CORTICAL THICKNESS AND CORTICOMEDULARY DIFFERENTIALY
NORMAL. NO CALCULUS.NO HYDRONEPHROSIS
THE BOWEL LOOPS ARE LOADED WITH FAECAL MATTER AND SHOWS
SLUGGISH PERISTALSIS

PROSTATE:-IS MILDLY ENLARGED IN SIZE (VOL.- 25CC)

URINARY BLADDER:- SHOWS NORMAL UNIFORM WALL THICKNESS
AND ECHOFREE LUMEN.

IMPRESSION :-

1. GRADE I PROSTATOMEGALY
2. GRADE I FATTY INFILTRATION OF LIVER
3. THE BOWEL LOOPS LOADED WITH FAECAL
MATTER AND SHOWS SLUGGISH PERISTALSIS

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DEPARTMENT OF RADIOLOGY

M.P. NURSING HOME ,DURG(C.G.)

NAME :- RAMCHANDRA SAHU

AGE/SEX:- 57YRS / MALE

STUDY DATE:- 25/01/2023

X-RAY CHEST PA VIEW:-

- .BILATERAL LUNG FIELDS APPEARS CLEAR AND FREE OF ANY INFILTRATES
- .CARDIAC AND MEDIASTINUM APPEARS NORMAL
- .BOTH HILA APPEARS NORMAL
- .BOTH COSTOPHRENIC ANGLES ARE CLEAR
- .BILATERAL DOME OF DIAPHRAGM ARE NORMAL IN CONTOUR
- .BONY CAGE IS NORMAL

IMPRESSION:-NORMAL STUDY

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M.P. Nursing Home

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NEAR TARUN TALKIES, SHANKAR NAGAR ROAD, DURG (C.G.)

PATHOLOGY DEPARTMENT

NAME :- RAMCHANDRA SAHU AGE:-57YRS SEX:-MALE DATE:-25/01/2023

(PAGE 1)

CBS & ESR	RESULT	NORMAL RANGE (IN ADULT)	SPECIAL TEST	
			RESULT	NORMAL RANGE
Hb	14.8	gm% Male 12-18, Female 11-16.5	MCV	88 80-96FL
TLC	6200	4000-11000/Cell/Cu.mm	RDW	41 39-46FL
NEUTROPHIL	59	40-75%	PCV	52 35-55%
LYMPHOCYTE	32	20-45%	MCH	30 27-33PG
EEOSIONOPHIL	04	1-6%	MCHC	34 32-36GM/DL
MONOCYTE	05	1-10%	MPV	7.09 6.5 -11.0
RBC	4.26	3.5-6.0 mill/Cu.mm.	PWD	15 10-18
Platelet Count	2.10	1.5 - 4.5 Lackhs/Cu.mm.	B.T.	2.21 01-06 MINT
Peripheral Smear	NORMAL	Normal/Macro /Microcyte/Hypochromia	C.T.	7.04 06-10 MINT
ESR	15	Male - 0-15, Female 0-20 mm/hr		

LIPID PROFILE	RESULT	NORMAL RANGE (IN ADULT)
SERUM CHOLESTEROL	186	130-250 MG/DL
SERUM TRIGYCIDES	109	60-150 MG/DL
HDL Cholesterol	48	MALE 45-65 MG/DL, FEMALE 35-55 MG/DL
LDL Cholesterol	105	60-150 MG/DL
VLDL	37	20-50 MG/DL
CHOLESTEROL/HDL	3.86	3-5
LDL/HDL	2.18	2-3.3

LIVER FUNCTION TEST	RESULT	NORMAL RANGE (IN ADULT)
BILIRUBIN(Direct/Conjugated)	0.14	UP TO 0.25 MG/DL
BILIRUBIN (Indirect/UNCONJUGATED)	0.32	UP TO 0.75 MG/DL
BILIRUBIN (Total)	0.46	UP TO 1.0 MG/DL
SGOT/AST	27	FEMALE 10-31IU/L, MALE 10-35 IU/L
SGPT/ALT	31	0-40 IU/L
ALP (Alkaline Phosphate)	192	ADULT 108-306 IU/L
G.G.T.P	34	MALE 8-61 IU/L,, FEMALE 5-36 IU/L
AST/ALT RATIO	0.87	LESS THAN 1

KFT/RFT	RESULT	NORMAL RANGE
SERUM CREATININE	1.10	0.6-1.4 MG/DL
UREA/BUN	21	10-50 MG/DL
ALBUMIN	4.03	3.2-5.5 GM/DL
GLOBULIN	2.94	2.3-3.6 GM/DL
TOTAL PROTEIN	6.97	6.0-8.0 GM/DL
Uric Acid	3.61	2.5-7.5 MG/L
A/G RATIO	1.38	1.0-2.5
BUN/CREATINE RATIO	19.09	BETWEEN 10 TO 1 AND 20 TO 1

URINE EXAMINATION (RUA)
Colour:-CLEAR,, Deposit:-NIL
Reaction :- ACIDIC ,, Albumin:-NIL
(F)Sugar:-NIL ,, (PP)Sugar:-NIL
MICROSCOPIC
Pus cell :- NIL ,, Casts :-NIL,, Crystals :- NIL
RBC :-NIL ,, Epithelial Cells :-NIL
URINE SPECIFIC GRAVITY:-1.021 (1.010 to 1.025)

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 PATHOLOGY DEPARTMENT

NAME :- RAMCHANDRA SAHU AGE:-57YRS SEX:-MALE DATE:-25/01/2023

(PAGE 2)

STOOL TEST

1. Physical EXAMINATION:-

Colour :-BROWNISH ,, PARASITES:-ABSENT

Consistency:-SOLID ,, Mucus:-ABSENT ,, Blood:-ABSENT,, PUS:-ABSENT

2. MICROSCOPIC EXAMINATION:-

Protozoa:-ABSENT ,, FAT DROPLETS:- ABSENT,,, YEAST CELLS:- ABSENT

Pus Cells:-ABSENT ,, RBC's:- ABSENT,,, CYSTS:- ABSENT

VEGETABLE CELLS:- ABSENT,, EPITHELIAL CELLS:- ABSENT,, MACROPHAGES:- ABSENT

3. CHEMICAL EXAMINATION:-

PH:-ALKALINE ,, OCCULT BLOOD :-ABSENT

STOOL TEST RESULT:- TEST IS NEGATIVE

OTHER TESTS

RESULT

NORMAL RANGE

OTHER TESTS	RESULT	NORMAL RANGE
PSA	3.92	1-5 Unit/100 ml
FBS	105	UP TO - 120 mg/dl
PPBS	141	UP TO - 180 mg/dl
HBA1C	6.02	4-7 %
HBs Ag	(-VE)	-VE/+VE (Elisa)
HIV 1 & 2	(-VE)	-VE/+VE (Elisa) (Tridot)

BLOOD GROUP:- "B" +VE

THYROID PROFILE

RESULT

NORMAL RANGE

THYROID PROFILE	RESULT	NORMAL RANGE
T3	105 NG/ML	60-181 NG/ML
T4	6.21 MG/DL	4.5-12 MG/DL
TSH	2.18 MIU/ML	0.49- 4.67 MIU/ML

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DURG(C.G.)

Ward
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: RAMCHANDRA SAHU
Patient ID: 2023MW03
Height:
Weight:

DOB: 30/06/1966
Age: 57YRS
Gender: MALE
Race:

Study Date: 25/1/2023
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. B. S. BHATIA
Technician: --

Medications:
--

Medical History:
--

Reason for Exercise Test:
--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:02	0.00	0.00	93	114/72	
EXERCISE	STANDING	00:05	0.00	0.00	90	114/72	
	STAGE 1	03:00	2.70	10.00	121	132/84	
	STAGE 2	03:00	4.00	12.00	141	144/100	
RECOVERY	STAGE 3	00:33	5.40	14.00	150	150/104	
		01:01	0.00	0.00	117	132/94	

The patient exercised according to the BRUCE for 6:33 min:s, achieving a work level of Max. METS: 7.80. The resting heart rate of 88 bpm rose to a maximal heart rate of 150 bpm. This value represents 84 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/104 mmHg. The exercise test was stopped due to Fatigue.

Interpretation

Summary: Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.

Conclusions

negative for induced ischaemia ✓

Physician _____ Technician _____

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Durg (C.G.))

Tabular Summary

RAMCHANDRA SAHU
 Patient ID 2023MW03
 25/1/2023 57YRS
 10:32:36 MALE
 Meds:

BRUCE Total Exercise Time 06:33
 Max HR: 150 bpm 84% of max predicted 177 bpm
 Max BP: 150/104 Maximum Workload: 7.80 METS
 Max ST Level -1.90 mm in III; EXERCISE STAGE 3 6:33

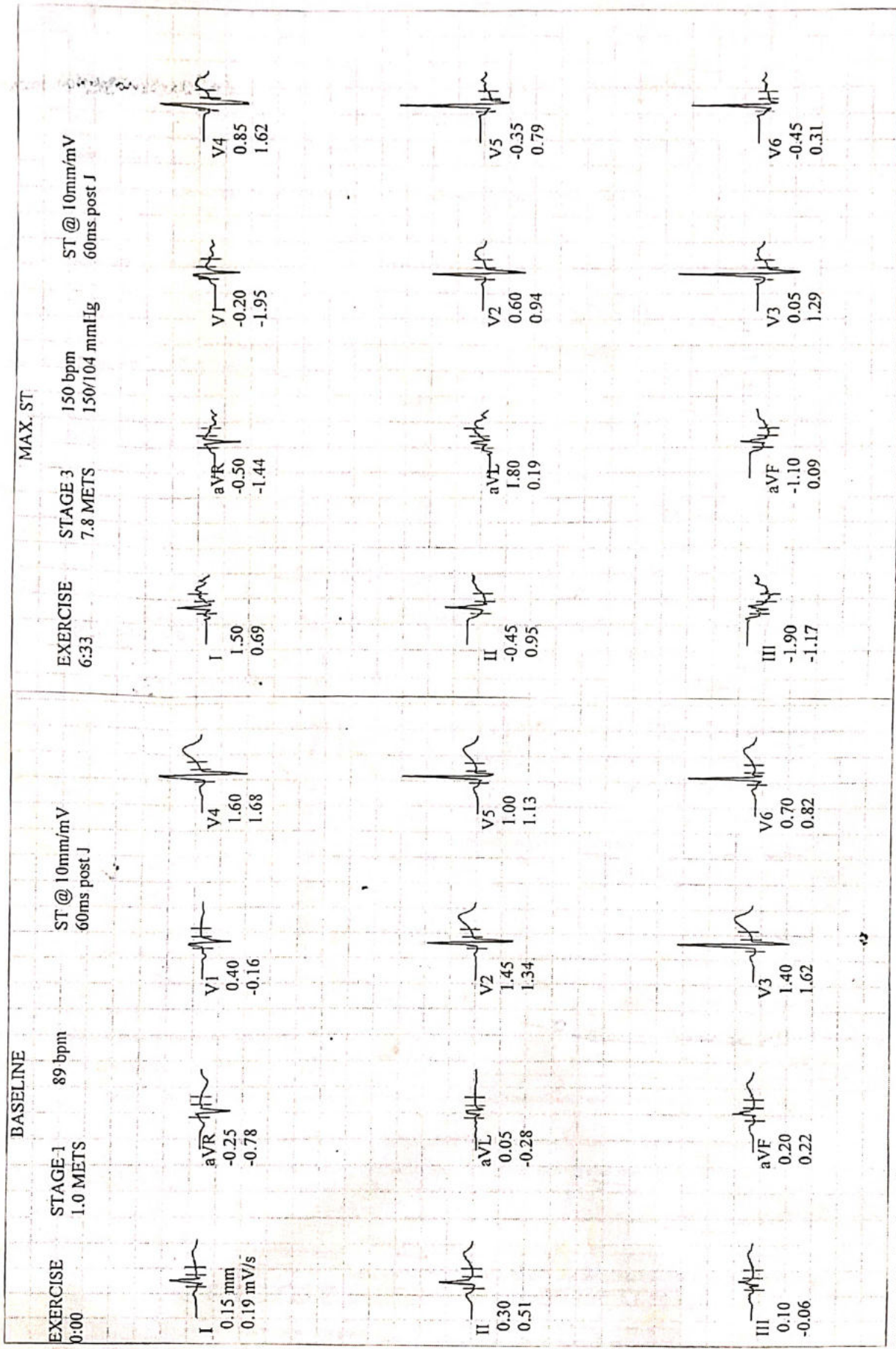
Reasons for Termination: Fatigue
 Summary: Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.
 Conclusion: negative for induced ischaemia
 Location Number: * 0 *

Test Reason:
 Medical History:
 Ref. MD: Ordering MD:
 Technician: Test Type:
 Comment:

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (*100)	VE (/min)	ST Level III(mm)	Comment
PRETEST	SUPINE	01:02	0.00	0.00	1.0	93	114/72	106	0	0.15	
EXERCISE	STANDING	00:05	0.00	0.00	1.0	90	114/72	102	0	0.10	
	STAGE 1	03:00	2.70	10.00	4.6	121	132/84	159	0	0.30	
	STAGE 2	03:00	4.00	12.00	7.0	141	144/100	203	0	-0.50	
RECOVERY	STAGE 3	00:33	5.40	14.00	7.8	150	150/104	225	0	-1.90	
		01:01	0.00	0.00	4.4	117	132/94	154	0	-0.15	

Graded Exercise Summary Report

RAMCHANDRA SAHU
 Patient ID 2023M1W03
 25/1/2023
 10:32:36



GE CardioSoft V6.51 (2)
 25mm/s 10mm/mV 60Hz 0.01-40Hz FRF-

Unconfirmed

Attending MD: DR. B. S. BHATIA

RAMCHANDRA SAHU
Patient ID 2023MW03
25/1/2023
10:33:37

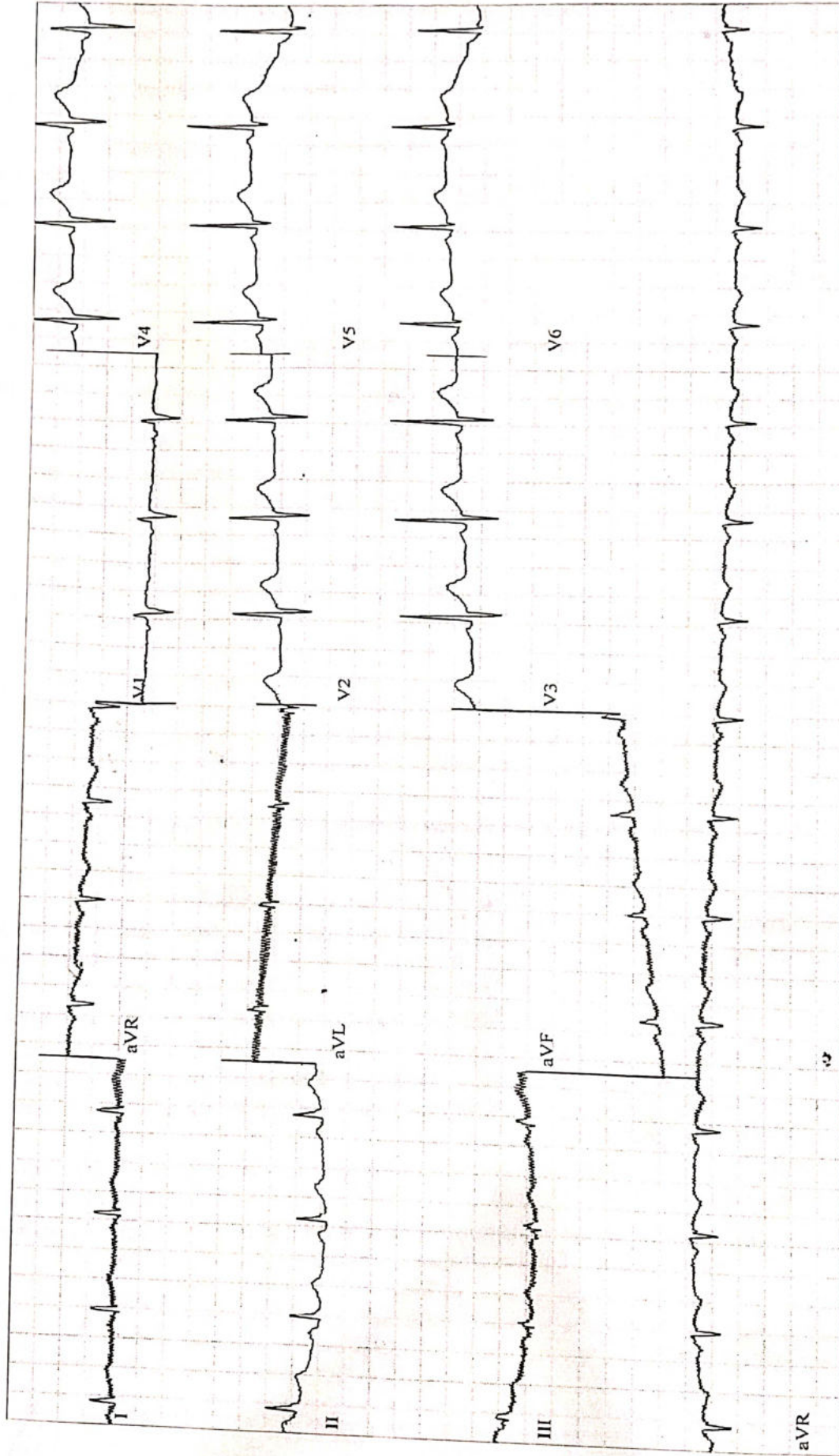
EXERCISE TEST / ECG Strips

94 bpm
114/72 mmHg

PRETEST
SUPINE
1:00

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BRUCE
0.0 km/h
0.0 %



GE CardioSoft V6.51 (2)
25mm/s 10mm/mV 60Hz 0.01-40Hz FRF- HR(V3, V5)

Unconfirmed

Attending MD: DR. B. S. BHATTIA

RAMCHANDRA SAHU
Patient ID 2023MW03
25/1/2023
10:36:33

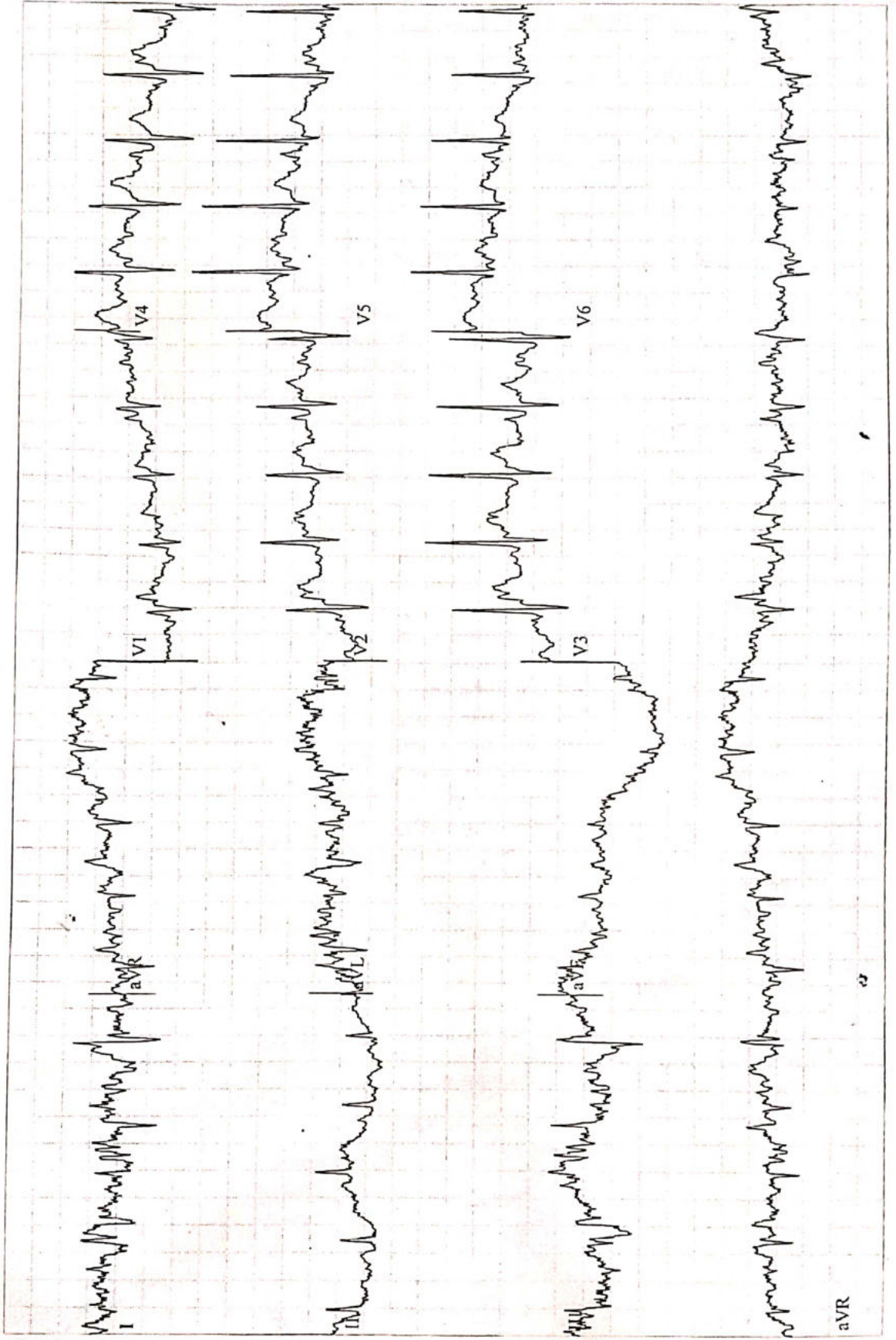
EXERCISE TEST / ECG Strips

134 bpm
132/84 mmHg

EXERCISE
STAGE 1
2:50

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BRUCE
2.7 km/h
10.0 %



RAMCHANDRA SAHU
Patient ID 2023MW03
25/1/2023
10:39:33

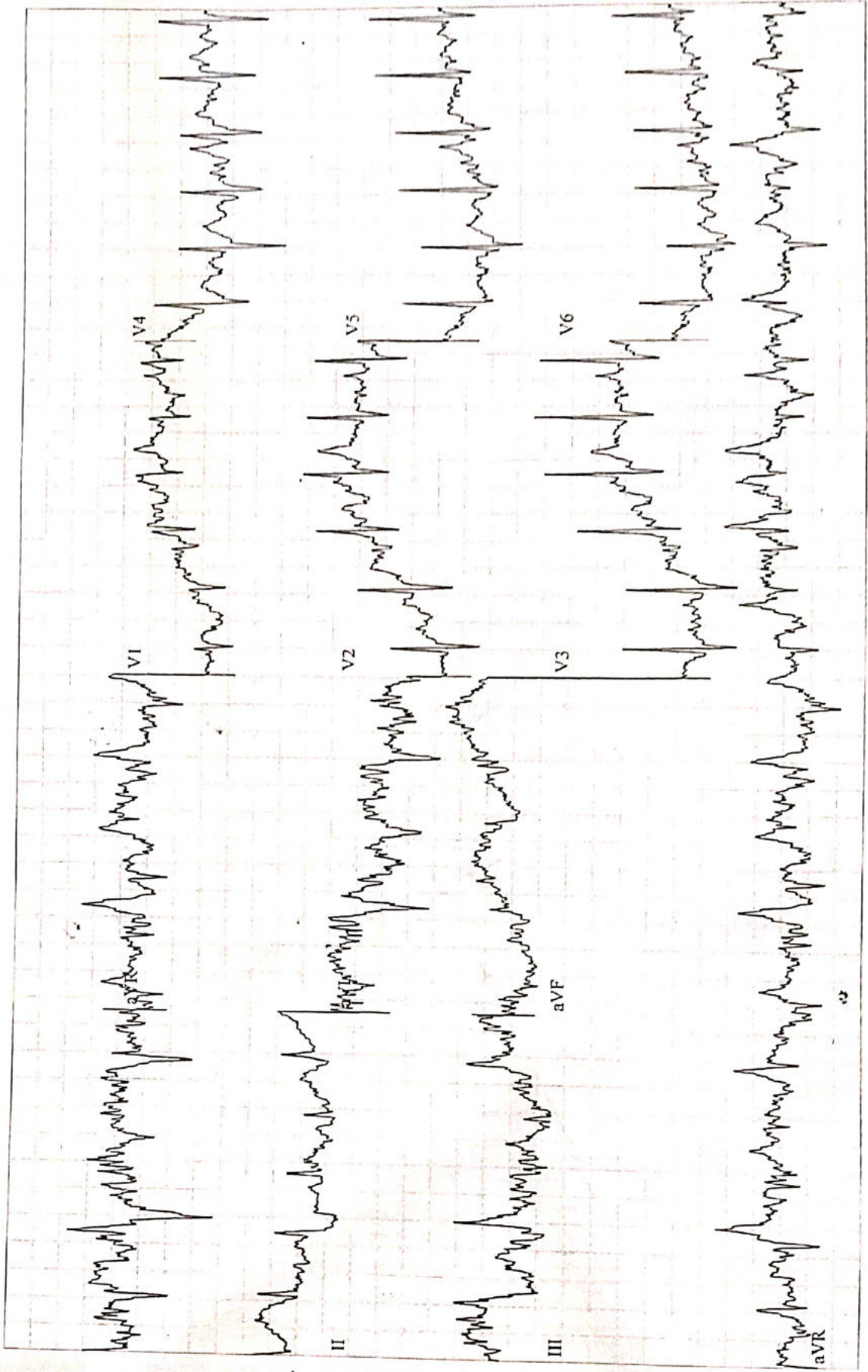
EXERCISE TEST / ECG Strips

173 bpm
144/100 mmHg

EXERCISE
STAGE 2
5:50

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BRUCE
4.0 km/h
12.0%



GE CardioSoft V6.51 (2)
25mm/s 10mm/mV 60Hz 0.01-40Hz FRF-HR(V3,V2)

Unconfirmed

Attending MD: DR. B. S. BHATIA

Page 1

RAMCHANDRA SAHU
Patient ID 2023MW03
25/1/2023
10:40:16

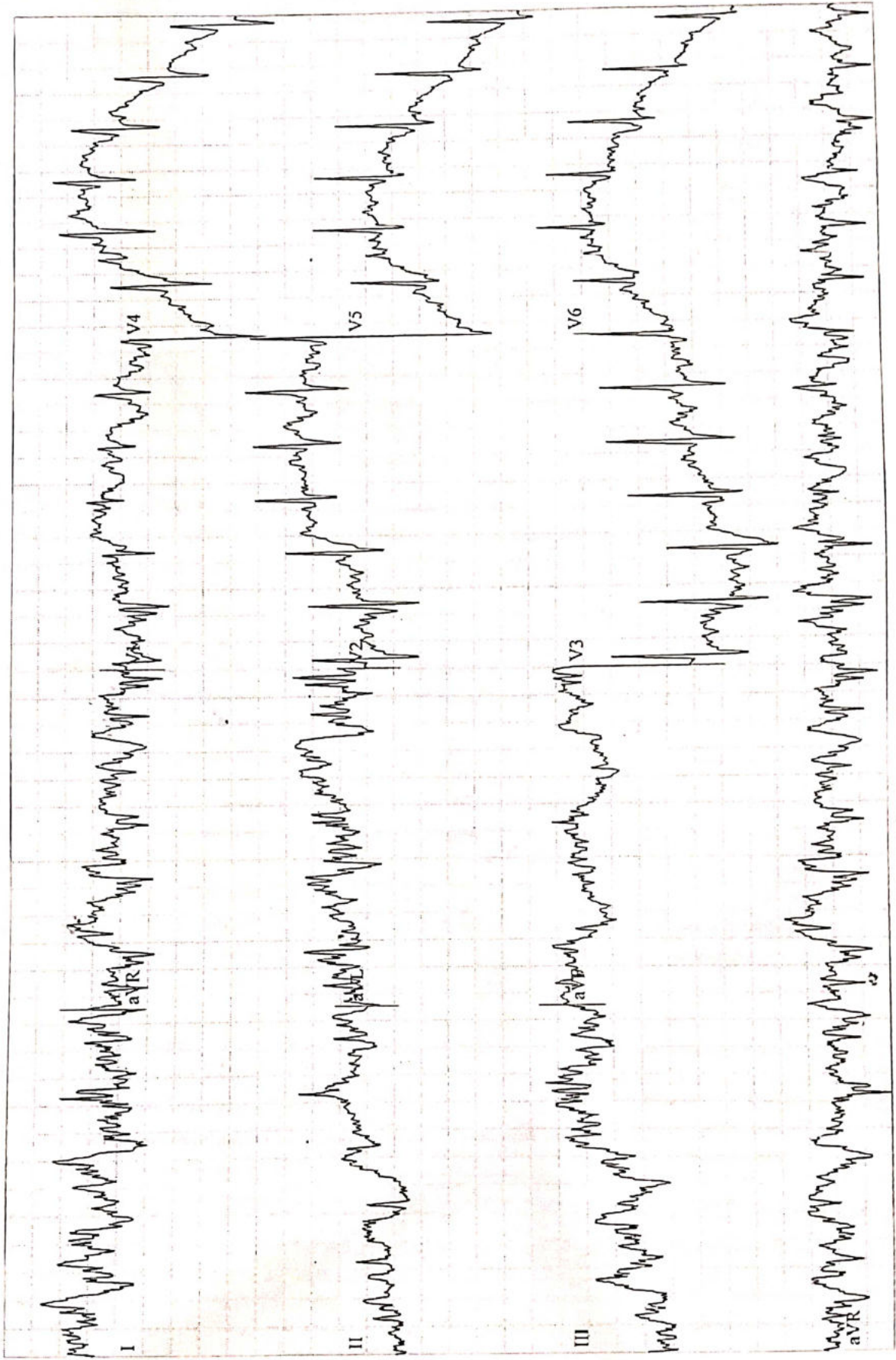
EXERCISE TEST / ECG Strips

150 bpm
150/104 mmHg

EXERCISE
STAGE 3
6:33

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BRUCE
5.4 km/h
14.0 %



RAMCHANDRA SAHU
Patient ID 2023MW03
25/1/2023
10:41:06

EXERCISE TEST / ECG Strips

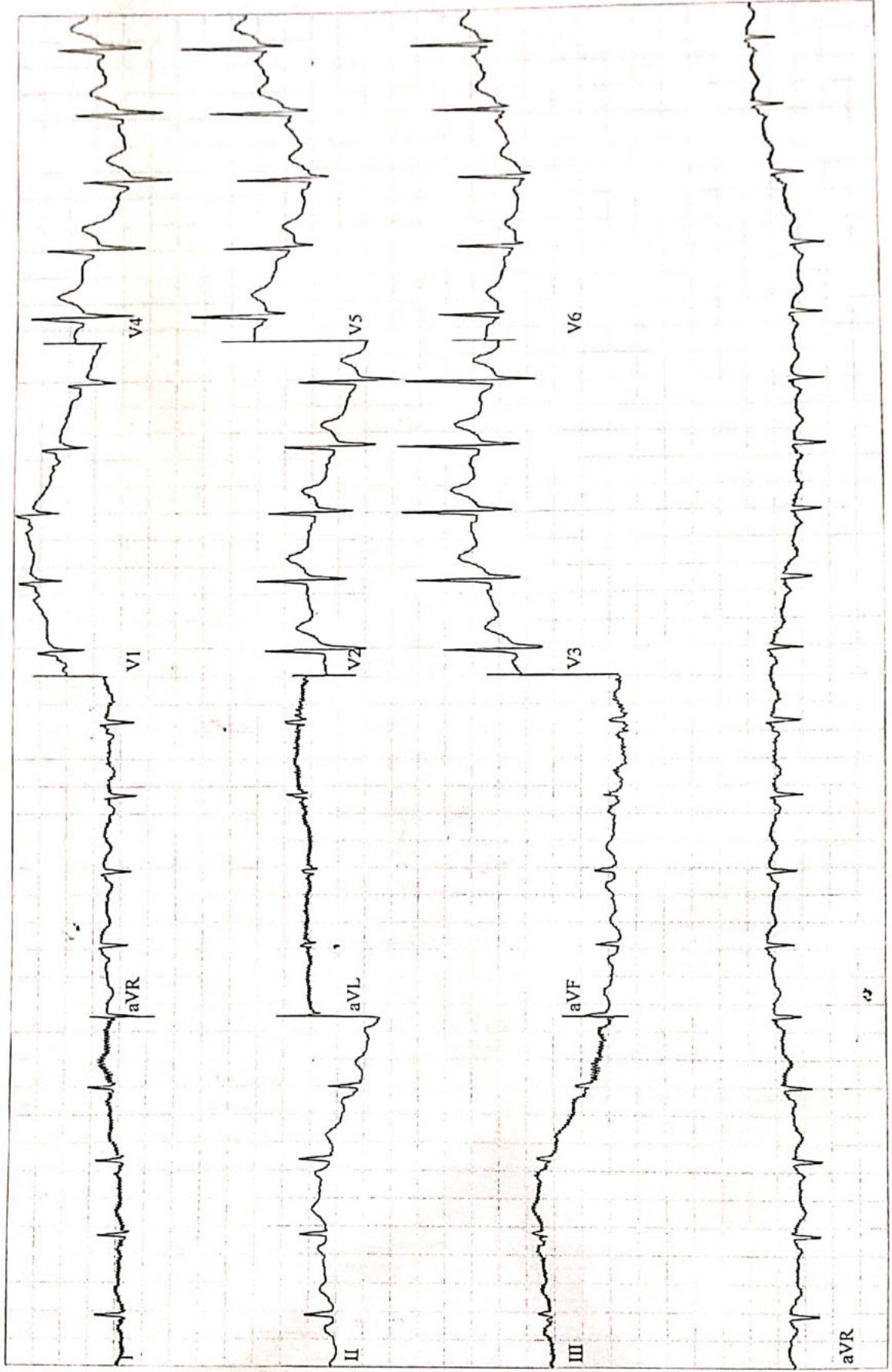
117 bpm
132/94 mmHg

RECOVERY

0:50

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BRUCE
0.0 km/h
0.0 %





Government of India



रामचंद्र साहू
Ramchandra Sahu

जन्म तिथि / DOB: 30/06/1968
पुरुष / Male



3559 0962 5438

आधार - आम आदमी का अधिकार

(Handwritten signature)

M.P. Nursing Home
(Dr. Sahu)

M.P. Nursing Home



आधार

भारतीय विशिष्ट पहचान अधिकरण

Unique Identification Authority of India

पता: आत्मज: सुदर्शन साहू, 54
वार्ड-00, जगदा, राउकला (एम)
राउकला - 14, सुन्दरगढ़, ओडिशा
769014

Address: S/O: Sudrshan
Sahu, 54, ward-00, jagda,
Raurkela (M), Rourkela - 14,
Sundergarh, Raurkela (m),
Odisha, 769014

3559 0962 5438

1947
1800 300 1947

help@uidai.gov.in

www.uidai.gov.in

25 mm/Sec 0.15 - 32Hz

BPL GenX3

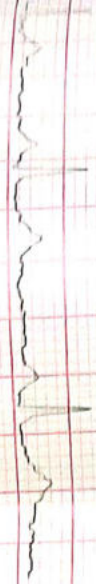
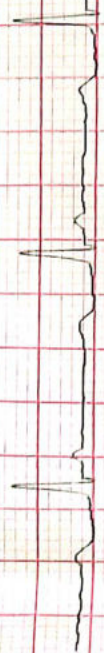
10 mm/mV 25 mm/Sec 0.15 - 32Hz



aVR



V1



aVL



V2



aVF



V3

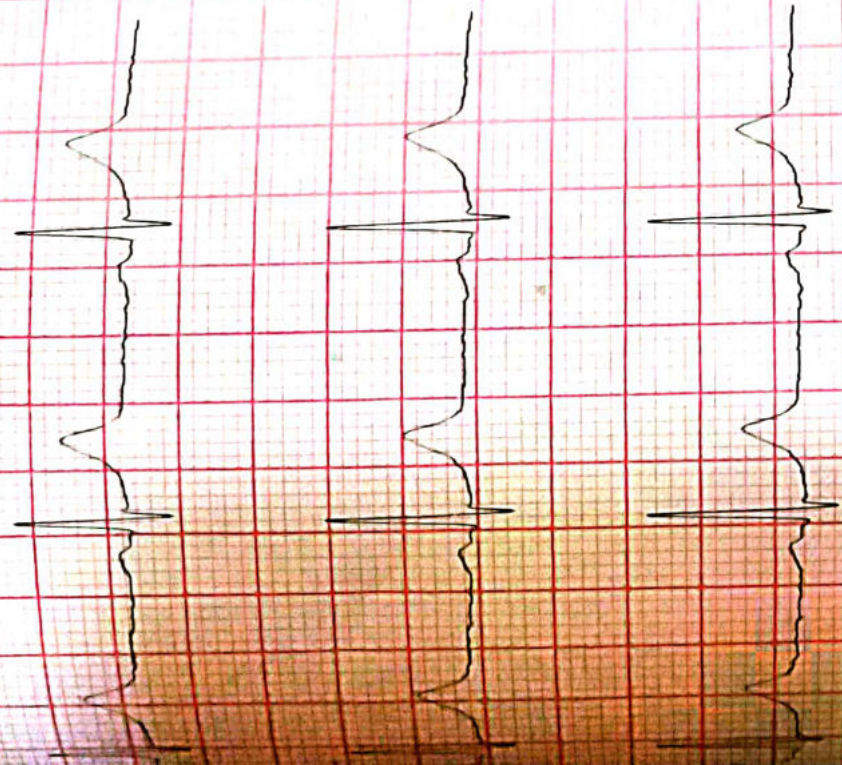


Pat. ID: 0001504

Hospital: M P N H

Pat. ID: 0001504

Heart Rate 68 bpm HRV 187 Sinus rhythm



Normal ECG

ST Frontal Axis -157 deg. TF Frontal Axis 45 deg.

ST Duration 124 ms PR Interval 132 ms

Q-T Interval 382 ms QTC Hodges 396 ms

QT Dispersion 66 ms

P Terminal Force 0 ms.uv

Signature: Pooja Chandra

Average beat fiducial point sample number

	Onset	Termination	Duration (ms)
P	298	392	94
QRS	430	502	
T	626	812	

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(Dr. Bhatia) 186

(C.G.)

Date: 25/1/23

Wink