

Name : Mr. PARIJAT BASU (33 /M)

Date : 24/06/2022

Address : 752, PO-LAKE TOWN, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST  
BENGAL, INDIA

Examined by:

UHID : AGHL.0001620547

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS  
WITH TMT/ECHO)

AHC No : AMHLAH150725



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Lethargy.

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Heart disease, Asthma  
Dyslipidaemia : Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:25/06/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Bowel habits - regular

### Genitourinary system

Frequency - normal

### Central nervous system

- Nil Significant

### Eyes

Vision - normal

### ENT

- Normal hearing

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Tab. Tonact-TG (10 mg) - once daily.



### Past medical history

Jaundice - At teenage.



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

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Physical activity - Sedentary

### Family history

Father - has expired  
- ? Peptic ulcer  
Mother - alive  
Sisters - 1  
Hypertension - mother  
Coronary artery disease - none  
Cancer - uncle

### Central nervous system

- No neurological deficit

### Skin

- No significant finding

### Musculo Skeletal System

- No significant finding

## PHYSICAL EXAMINATION

### General

Build - obese  
Height - 180 Cm  
Weight - 150 Kg  
BMI - 46.3  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 86  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 130  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.8	g/dl	●	13.0-17.0
RBC COUNT	5.01	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.5	%	●	41-53
MCV	84.8	fl	●	83-101
MCH	27.6	pg	●	27-32
MCHC	32.5	%	●	31.5-34.5
RDW	14.7 *	%	●	11.8-14.0
WBC Count	10000	/cu mm	●	4000-10000
Platelet Count	3.04	lacs/cu mm	●	1.5-4.0
Neutrophils	63	%	●	40-80
Lymphocytes	29	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	11	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.015			
pH:	7.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	0-2	/hpf		

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	55 *	U/L	●	10-40
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	58	U/L	●	53-128
AST (SGOT) - SERUM	35	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	169	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	35	U/L	●	7-64

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GLUCOSE - PLASMA (FASTING) 87 mg/dL ● 70-99

TSH: THYROID STIMULATING HORMONE - SERUM 3.9 µIU/mL ● 0.270-4.200

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.8 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.3	mg/dL	●	3.5-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	48	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	100	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	21	mg/dL	●	0-35

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	14.3	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3:1.0			1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.1	g/dL	●	1.8-3.6

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**X-RAY CHEST PA**

\* Chest skiagram does not reveal any significant abnormality.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	12.1	µg/dL	●	5.1-14.1

**Haematology**

STOOL ROUTINE  
URINE SUGAR - POST PRANDIAL (QUALITATIVE)

**Biochemistry**

GLUCOSE - PLASMA (POST PRANDIAL)

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	114	mg/dL	●	0-150

**CARDIOLOGY**

TREADMILL TEST / STRESS TEST

**Ultrasound Radiology**

ULTRASOUND SCREENING WHOLE ABDOMEN

**THYROID PROFILE - I(T3,T4 AND TSH)**

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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