

**Name** : Mrs. ARTI KUMARI (51 /F)

**Date** : 17/03/2022

**Address** : NAKCHHEDTOLA, INFRONT OF IDGAH, DHARAMSAMAJ ROAD, SUDARSHAN NAGAR, PS-CHHATAUNI, MOTIHARI (MOTIHARI), MOTIHARI, BIHAR, INDIA

**Examined by:**

**UHID** : AGHL.0001474100

**Package** : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

**AHC No** : AMHLAH144116



## CHIEF COMPLAINTS

For corporate health checkup

No specific complaints

PRESENT KNOWN ILLNESS:-

H/O Type 2 Diabetes Mellitus - 3 years, on medication.

H/O Hypertension - 3 years, on medication.

No H/O TB/Asthma/Heart Disease.



## DRUG ALLERGY

NO KNOWN ALLERGY

:17/03/2022



## SYSTEMIC REVIEW

### Cardiovascular system

HYPERTENSION – Yes, ANY MEDICATION – Yes.

### Respiratory system

Nil significant.

### Gastrointestinal system

APPETITE - Normal, BOWEL HABITS - Regular.

### Genitourinary system

FREQUENCY – Normal.

### Gynaec history

P2+0, LCB - 27 years, Surgical menopausal - July 2021.

### Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP – Insomnia.

### Eyes

VISION - Corrected with glasses.

### ENT

HEARING – Normal.

### Skin

Nil significant.

### Weight

Steady.



### Present medications

Tab. Gemer (1 mg) - once daily. Tab. Cilacar (10 mg) - once daily.



### Past medical history

Past medical history - nil significant



### Surgical history

Hysterectomy - July 2021.  
Lower segment caesarean section - 2



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No

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Physical activity - Sedentary

### Family history

Father - has expired  
Mother - has expired  
Brothers - 2  
Sisters - 2  
Diabetes - brother  
Coronary artery disease - father,mother  
Cancer - None

### Skin

No significant finding

### Musculo Skeletal System

Extremities - No significant finding  
Spine - No significant finding

## PHYSICAL EXAMINATION

### General

Build - over weight  
Height (in cms) - 153  
Weight (in Kgs) - 67  
BMI - 28.62  
Pallor - no  
Oedema - no

### Cardiovascular system

Heart rate(Per minute) - 100  
Rhythm - Normal  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 86  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.

### Central nervous system

No neurological deficit

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.4 *	g/dl	●	12.0-15.0
RBC COUNT	3.87	Million/ul	●	3.8-4.8
Hematocrit - Hct:	33.6 *	%	●	36-46
MCV	86.9	fl	●	83-101
MCH	29.5	pg	●	27-32
MCHC	33.9	%	●	31.5-34.5
RDW	15.2 *	%	●	11.8-14.0
WBC Count	3700 *	/cu mm	●	4000-10000
Platelet Count	1.06 *	lacs/cu mm	●	1.5-4.0
Neutrophils	48	%	●	40-80
Lymphocytes	45 *	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
WBC:	Leucopenia noted			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	39 *	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	0-2
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	24	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	127 *	U/L	●	42-98
AST (SGOT) - SERUM	26	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	243 *	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	21	U/L	●	7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM	0.9	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	5.5	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	106 *	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	366 *	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	210 *	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.4	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.4 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.3	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	47	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	130 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	66 *	mg/dL	●	0-35

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.0 *	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.2		●	1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.0	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.6	g/dL	●	1.8-3.6

**ECG**

SINUS RHYTHM.  
LOW "QRS" AMPLITUDES.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Fatty changes in liver.

**X-RAY CHEST PA**

Chest skiagram does not reveal any significant abnormality.

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**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

**Histopathology**

PAP SMEAR /CERVICAL SMEAR

**Ultrasound Radiology**

ULTRASOUND BREAST BILATERAL

**CARDIOLOGY**

TREADMILL TEST / STRESS TEST

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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