

____ yrs ____ cm ____ Kg BP ____

Poonam Vadar
46/F

Poonam

WNL

Heart Rate : 74 bpm

INTERVAL (ms)
PR:195 QRS: 35
QT:442 QTc:496
ST:142

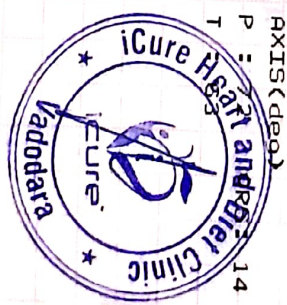
AXIS (deg)
P : 14
T : 14



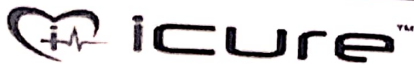
L1 10mm/mV Time :
Ver 1.9 25mm/sec Date :
1.9

13/03/22

Macstros



Dr. Krish P. Vaidya
MD, PGDCC
Associate Consultant-Cardiology
Reg. No. G-50510



Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

NAME Poonam Yadav DATE 13/03/22

SR. NO.
SEX.
AGE 46/F
HEIGHT 160 cm
WEIGHT 64 K.G

HISTORY

Present History : NO

Past Illness History : yes Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy Ballon therapy for frequent mens's

Past Occupational History : NO

Family History : mother is HCN & Diabetic Father passed away 2014

Personal History : NO away bleed attack

Addiction : NO Tobacco/Gutkha/Smoking/Alcohol

GENERAL EXAMINATION

T.P.R. : B.P. : 120/85 mm Hg :

Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : NAD

SYSTEMIC EXAMINATION

R.S. : Persistent cold due to humidity (sneezing.)

C.V.S : NAD

C.N.S : NAD

A.S. : NAD

Musculo-skelet System : Bilateral Knee Pain since 2 1/2 years

E.N.T. Ex. <u>NAD</u>	ACUITY OF VISION			
	Without Glass	DISTANT	RT EYE <u>6/6</u>	LT EYE <u>6/6</u>
Dental Ex. <u>RCT done</u> <u>NAD</u>	With Glass	DISTANT	<u>6/6</u>	<u>6/6</u>
		Near	<u>6/6</u>	<u>6/6</u>
Skin Ex. <u>NAD</u>		DISTANT	<u>6/6</u>	<u>6/6</u>
Psychic Ex. <u>NAD</u>		Near	<u>6/6</u>	<u>6/6</u>
COLOUR BLINDNESS <u>NAD</u>				

REMARK
ADVICE
The Worker is FIT/UNFIT for the assigned job.

 Dr. Krish P. Vaidya
Associate Consultant-Cardiology
Reg. No. G-50510
DR. KRISH VAIDYA
MD G-50510, CIH



ભારત સરકાર
Government of India



પૂનમ યાદવ
Poonam Yadav
જન્મનું વર્ષ / Year of Birth : 1975
સ્ત્રી / Female




6539 4943 6005

આધાર - સામાન્ય માણસનો અધિકાર


& Poonam





 **બેંક ઓફ બરોડા**
Bank of Baroda
India's International Bank

જાણકાર
Name **MANOJ KUMAR**

સંબંધિત વસ્તુ નં
E.C. No. **167654**


સંબંધિત વસ્તુ નં
Issuing Authority



સંબંધિત વસ્તુ નં
Signature Holder's

૧ Poonam





Heart & General Clinic

Icure Heart & Diet Clinic, 402 Epsilon Tower, opp. Pashabhai Park, Nr. Natubhai Circle, Race course, Vadodara, 390007

Name: POONAM YADAV

Date: 13/03/2022

Age / Sex : 46yrs/ Female

PAP SMEAR CYTOLOGY (CONVENTIONAL)

Specimen

Pap smear for cytology (conventional)

Gross Description

Received one unstained smear.
Smear-1 [PAP]

Microscopic Description

See below in diagnosis.

Diagnosis

Satisfactory for evaluation.

PAP Smears is negative for intra-epithelial lesion or malignancy.

Trichomonas or monilia are not seen.

Endo cervical cells are not seen.

PAP test is a screening test for cervical cancer with inherent false negative results.

----- End Of Report -----

All cytology tests reveal only cytological characteristics of individual cells and not architectural details which are very important in morphological diagnosis. All cytology methods have their own inherent limitations of false positive and false negative results due to variabilities related to sample collection methods, smear preparation, fixation and staining along with microscopic interpretation, hence whenever required tissue diagnosis and/or immunohistochemistry study after correlation with clinical and radiological findings should be done for further confirmation before any definitive medical or surgical treatment.

Dr. Krish P Vaidya
MD G-50510





JKV LABORATORY



Name : POONAM YADAV
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 46 Yrs./F
Date : 13/03/2022
Report ID. : 2

EXAMINATION OF URINE

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>
Sample	: FASTING	
<u>PHYSICAL EXAMINATION</u>		
Quantity	: 10	mL
Colour	: YELLOW	
Transparency	: CLEAR	
Specific Gravity	: 1.003	
Reaction	: ACIDIC	
Deposits	: ABSENT	
<u>CHEMICAL EXAMINATION</u>		
Albumin	: NIL	
Sugar	: NIL	
Acetone	: ABSENT	
Bile Salts	: ABSENT	
Bile Pigments	: ABSENT	
Urobilinogen	: NORMAL : ~ < 1.0 mg/dL	
Occult Blood	: ABSENT	
Nitrate	: ABSENT	
<u>MICROSCOPIC EXAMINATION</u>		
Pus Cells	: 0-1 / hpf	
RBC	: NIL	
Epithelial Cells	: NIL	
Crystals	: NIL	
Amorphous Phosphate	: NIL	
Cast	: NIL	

END OF REPORT


DR JIGAR SHAH (G23327)
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

F-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodra-390 022

☎ 8320343731 / 9601969303 ✉ jkvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required

Free Home Service



JKV LABORATORY



Name : POONAM YADAV
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 46 Yrs./F
Date : 13/03/2022
Report ID. : 2

HAEMOGRAM PROFILE

<u>TEST</u>	<u>RESULT</u>
Blood Group	: " B "
Rh Factor (Anti D.)	: " POSITIVE "

BIOCHEMISTRY

FASTING (FBS)

Blood Glucose : 108.0 mg/dL 70.00 - 110.00 mg/dL

POST-PRANDIAL

Blood Glucose : 115.0 mg/dL 80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

END OF REPORT


DR JIGAR SHAH (G23327)
M.D. Pathologist

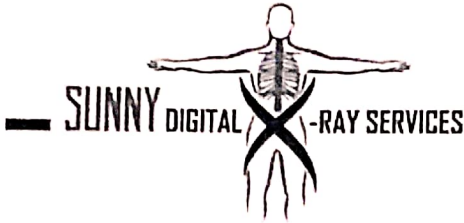
Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022
Ph: 9601949303 | jkvlaboratory2021@gmail.com

Free Home Service


Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara



Sunny K. Machhi
+91 87585 30074
+91 83205 61551
sunnydigitatxray@yahoo.com

NAME	POONAM YADAV	AGE/SEX	46/FEMALE
REF. BY	ICURE HEART & DIET CLINIC	DATE	13-03-2022

X-RAY OF CHEST PA VIEW:

FINDING

BOTH LUNG FIELDS APPEAR CLEAR.
NO CONSOLIDATION OR MASS LESION IS SEEN.
BOTH CP ANGLES ARE CLEAR.
CARDIAC SIZE APPEARS WITHIN NORMAL LIMITS.
TRACHEA IS CENTRAL IN POSITION.
MEDIASTINAL SHADOW IS NORMAL.
BOTH DOMES OF DIAPHRAGM ARE NORMAL.
BONY THORAX UNDER VISION APPEARS NORMAL.

IMPRESSIONS : NO SIGNIFICANT ABNORMALITY DETECTED

DR. HIMANI VIRAPARA
Regn. No: G.28771
M.D. [Radiodiagnosis]
(CONSULTANT RADIOLOGIST)




Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : Mrs Poonam Yadav	AGE: 46 Y/F	DATE : 13/03/2022
--------------------------------	--------------------	--------------------------

ULTRASOUND WHOLE ABDOMEN
(Screening Only)

Liver is normal in size and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. **Common Bile Duct** is of normal diameter.

Gallbladder is distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 95x44mm. Left kidney measures 92x48mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Prostate gland is normal in size. It has smooth outlines and normal reflectivity.

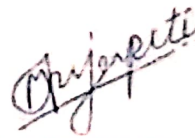
There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

Appendix cannot be imaged. No mass or collection in right iliac fossa.

CONCLUSION: No sonographic abnormality is seen.



DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST



2D Echocardiography & Color Doppler Report

iCure Hear care, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Patient Name: Mr Poonam Gupta

Date: 13 / 03 / 2022

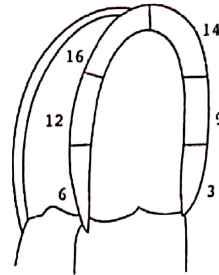
Age, Gender: male - 46 Years

M. Mode Study:

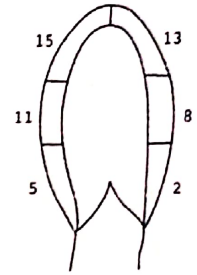
LA	31	IVS	11	PWD	10
AO	25	LVDs	26	LVDd	49

Doppler Study:

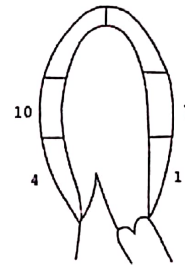
Mitral Valve	E: 1.52 A: 0.93
Aortic Valve	Normal
Tricuspid Valve	Normal
Pulmonary Valve	Normal



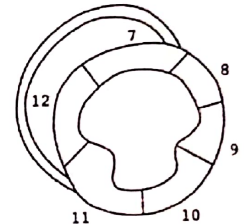
Apical
4 chamber view



Apical
2 chamber view



Apical
3 chamber view



Parasternal short
axis view

Conclusion:

- Normal LV Systolic function
- LVEF: 60 % ,No RWMA
- Cardiac Chambers: Normal
- Diastolic function: No lvdd
- TR: No PAH: No , RVSP: 17 mmhg
- No MR/MS
- No AR/AS
- ASD/VSD/PDA/Co-A : No
- No Clots or vegetations found
- IVC: Normal



Note:

Normal 2D echo report does not rule out cardiac diseases
this report shall not be used for Medico legal purposes,
Clinical Correlation advisable.

Dr. Krish P Vaidy
Consultant Cardiologist, Diabetologist
& General Physician



JKV LABORATORY



Name : POONAM YADAV
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 46 Yrs./F
Date : 13/03/2022
Report ID. : 2

BIOCHEMISTRY

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE INTERVAL</u>
<u>FASTING (FBS)</u>			
Blood Glucose	: 108.0	mg/dL	70.00 - 110.00 mg/dL
<u>POST-PRANDIAL</u>			
Blood Glucose	: 176.0	mg/dL	80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

END OF REPORT



DR JIGAR SHAH (G23327)
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

Urgent Service



JKV LABORATORY

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : POONAM YADAV Ref. No. : 10671
Referred by : I Cure Heart & Diet Clinic Age : 46 Years
Date : 13/03/2022 15:15 Sex : Female

HBA1C [Glycosylated Haemoglobin]

Test Name	Result	Units	Biological Reference Interval
Glycosylated Haemoglobin : (HBA1C)	5.1	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3
Estimated Average glucose :	99.67	mg/dl	

Comment : *As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

NOTE: This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average blood glucose concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.


DR K K PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST



J K V LABORATORY

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
☎ 8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : POONAM YADAV
Referred by : I Cure Heart & Diet Clinic
Date : 13/03/2022 15:15

Ref. No. : 10671
Age : 46 Years
Sex : Female

THYROID FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Serum T3 :	0.89	ng/ml	[0.60 - 1.81]
Serum T4 :	5.77	µg/dl	[4.50 - 10.90]
Serum TSH : (CHEMILUMINESCENCE)	2.975	µIU/ml	[0.55 - 4.78]

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders,2012:2170

DR K K PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST





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8320343731 / 9601969303 | jkvlaboratory2021@gmail.com



Patient's Name : POONAM YADAV
Referred by : I Cure Heart & Diet Clinic
Date : 13/03/2022 15:15

Ref. No. : 10671
Age : 46 Years
Sex : Female

BIOCHEMICAL TESTS

Test Name	Result	Units	Biological Reference Interval
Blood Urea :	29.8	mg/dl	10 - 50
Creatinine :	0.91	mg/dl	0.4 - 1.5
Blood Urea Nitrogen :	13.9	mg/dl	0 - 18
Uric Acid :	5.17	mg/dl	3.4 - 7.0


DR. K. K. PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST



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8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : POONAM YADAV
Referred by : I Cure Heart & Diet Clinic
Date : 13/03/2022 15:15

Ref. No. : 10671
Age : 46 Years
Sex : Female

LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	31.6	U/L	30- 65
S.G.O.T. (AST) :	30.8	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	102	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	1.04	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.34	mg/dl	[0.0 to 0.3]
S. Bilirubin (Indirect) :	0.7	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	6.97	gm/dl	[6.6 to 8.8]
S. Albumin :	3.88	gm/dl	[3.5 to 5.2]
S. Globulin :	3.09	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.3		
G.G.T. : (Gamma-Glutamyl Transferase)	29.8	IU/L	[8 to 78]


DR K K PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST



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8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : POONAM YADAV
Referred by : I Cure Heart & Diet Clinic
Date : 13/03/2022 15:15

Ref. No. : 10671
Age : 46 Years
Sex : Female

LIPID PROFILE

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	157.6	mg/dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250
Triglyceride :	134.7	mg/dl	Normal : <150 Borderline high : 150-200 High : > 200
HDL Cholesterol :	51.9	mg/dl	Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35
LDL Cholesterol :	78.76	mg/dl	Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159
VLDL :	26.94	mg/dl	Upto 34
Chol./HDL Ratio :	3		
LDL/HDL Ratio :	1.5		Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-6.0 Elevated level/ high risk : >6.0
Total Lipids :	649.9	mg/dl	400 - 1000


DR. K. K. PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST



JKV LABORATORY



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8320343731 / 9601969303M | jkvlaboratory2021@gmail.com

Patient's Name : POONAM YADAV
Referred by : I Cure Heart & Diet Clinic
Date : 13/03/2022 15:15

Ref. No. : 10671
Age : 46 Years
Sex : Female

HEMOGRAM

Test Name	Result	Units	Biological Reference Interval
Hemoglobin :	12.6	g/dl	[12.0-16.0]
Total RBC Count :	4.38	mill/cmm	[4.2-5.4]
<u>Blood Indices</u>			
P.C.V :	39.2	%	[37-47]
M.C.V. :	89.5	femtolitre	[78-100]
M.C.H. :	28.77	pg	[27-31]
M.C.H.C. :	32.1	g/dl	[32-36]
R.D.W. :	13.5	%	[11.5-14.0]
Total WBC Count :	8700	/cmm	[4000-10000]
Platelet Count :	156000	/cmm	150000-450000
<u>Differential WBC Count</u>			
Polymorphs :	50	%	[60 - 70]
Lymphocytes :	45	%	[20 - 40]
Eosinophils :	02	%	[1 - 4]
Monocytes :	03	%	[2 - 6]
Basophils :	00	%	[0 - 1]
MPV :	13.6		
PDW-CV :	25.6		
PDW-SD :	18.4		
PCT :	0.13		
P-LCR :	54.7		
<u>Erythrocyte Sedimentation Rate</u> [Modified Westergren]			
After 1 hour :	11	mm	[M: 1 - 7 / F: 3 - 12]


DR K.K. PATEL
MD (G-20476) Pathologist

CONSULTANT PATHOLOGIST