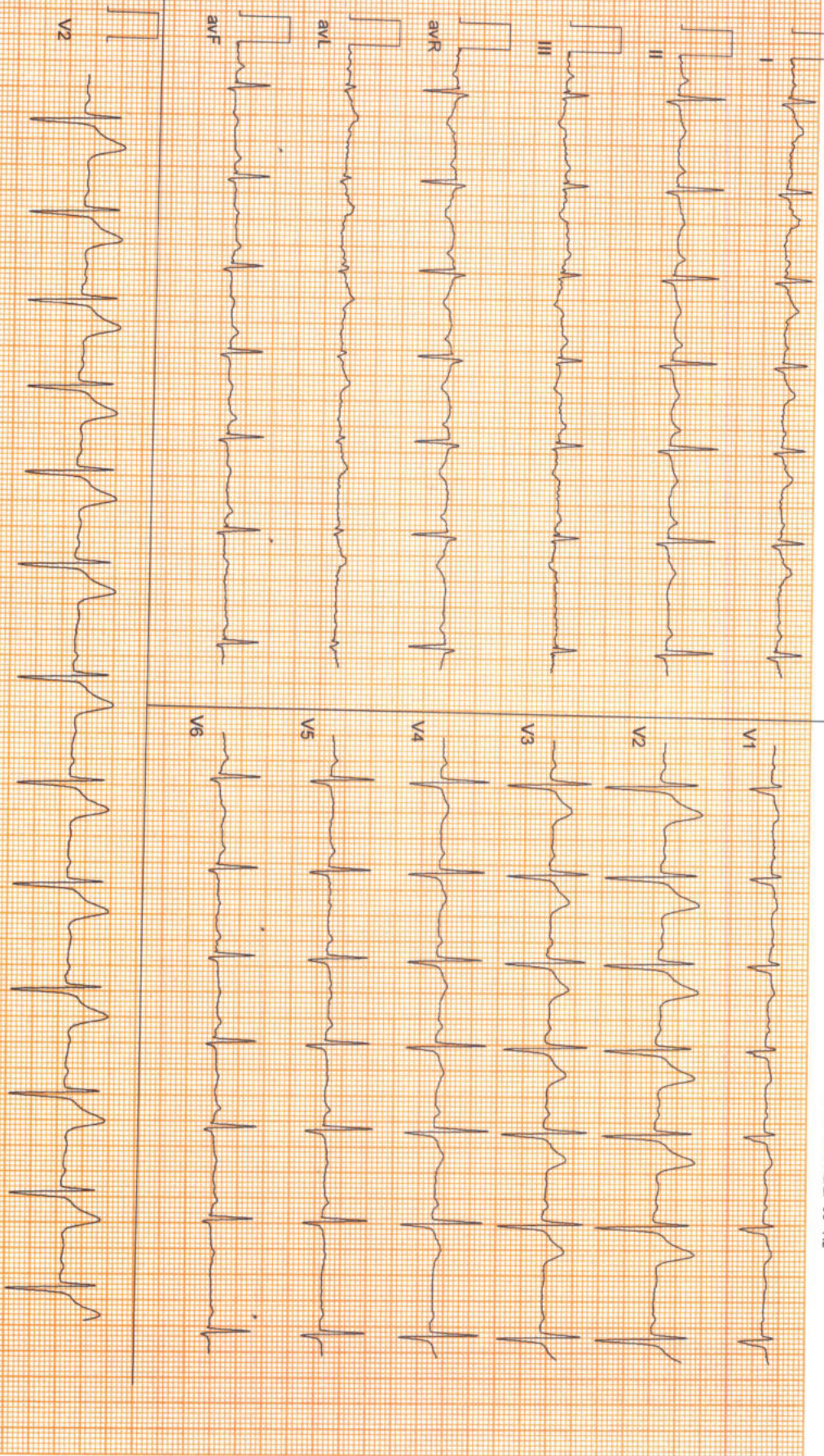




Date: 11 - 03 - 2023 10:52:29 AM METs : 1.0 HR : 72 Target HR : 40% of 182 BP : 130/82

Ex Time : 00:00 0.0 mph/0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

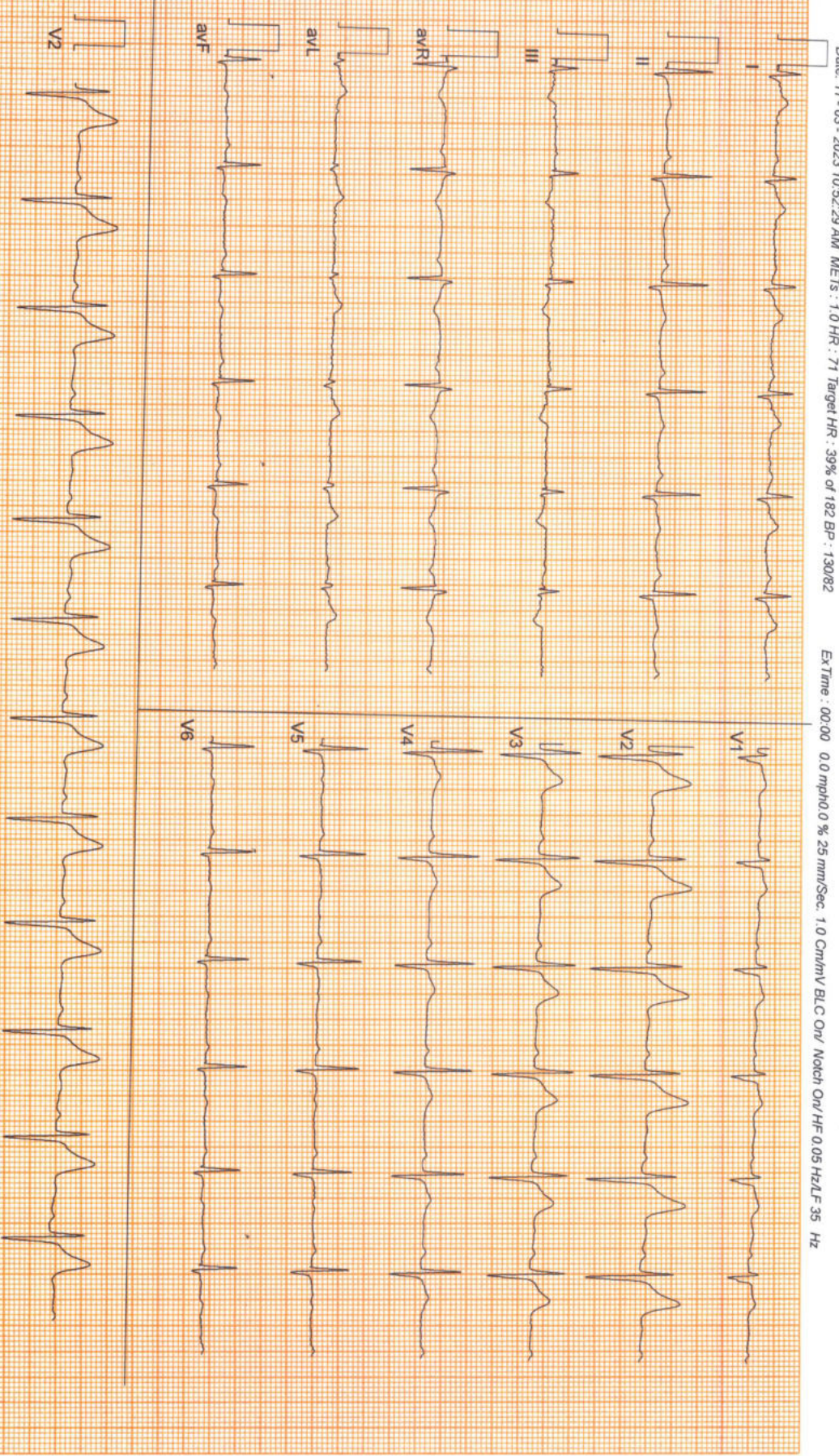
453 / SUMAN BOSE. / 38 Yrs / Male / 173 Cm / 91 Kg

Date: 11 - 03 - 2023 10:52:29 AM METs : 1.0 HR : 71 Target HR : 39% of 182 BP : 130/82

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

6 x 2 + Rhythm

BRUCE: Standing(0.19)



(ADDX_GENM216201125)(R)/Allergers

ZENA HEALTHCARE

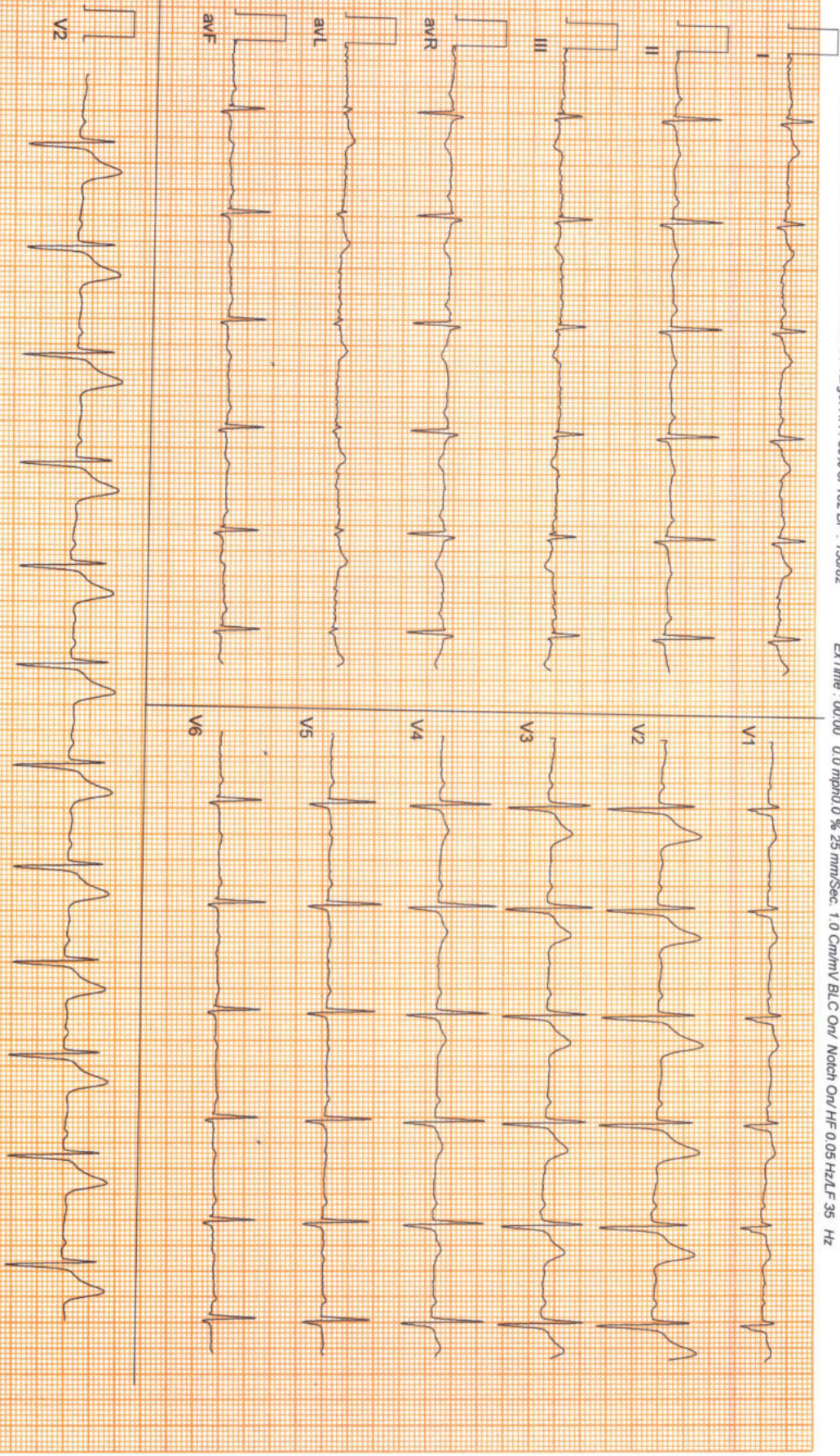
SAHDNAGAR, BHUBANESWAR
453 / SUMAN BOSE. / 38 Yrs / Male / 173 Cm / 91 Kg

6 x 2 + Rhythm
BRUCE:HV(0:18)



Date: 11 - 03 - 2023 10:52:29 AM METS : 1.0 HR : 71 Target HR : 39% of 182 BP : 130/82

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



IAD_X_GEM216201125(R)/Allen/qers

ZENA HEALTHCARE

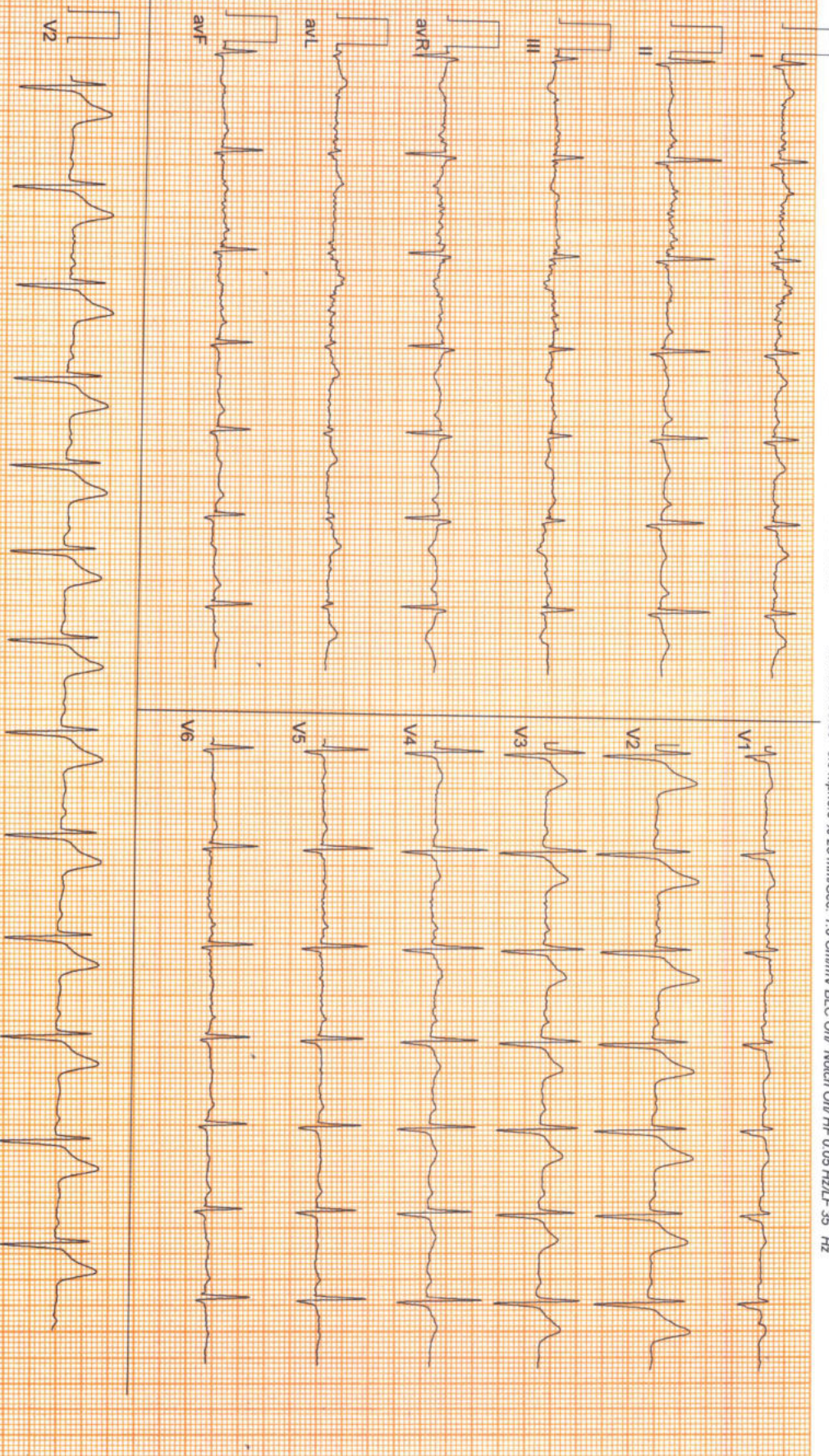
SAHIDNAGAR, BHUBANESWAR

453 / SUMAN BOSE. / 38 Yrs / Male / 173 Cm / 91 Kg

Date: 11 - 03 - 2023 10:52:29 AM METS : 1.0 HR : 83 Target HR : 46% of 182 BP : 130/82

ExTime : 00:00 0.0 mph 0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LFP 35 Hz

6 x 2 + Rhythm
ExStart



(ADX_GEM216201125)(RJA)Allergis

ZENA HEALTHCARE

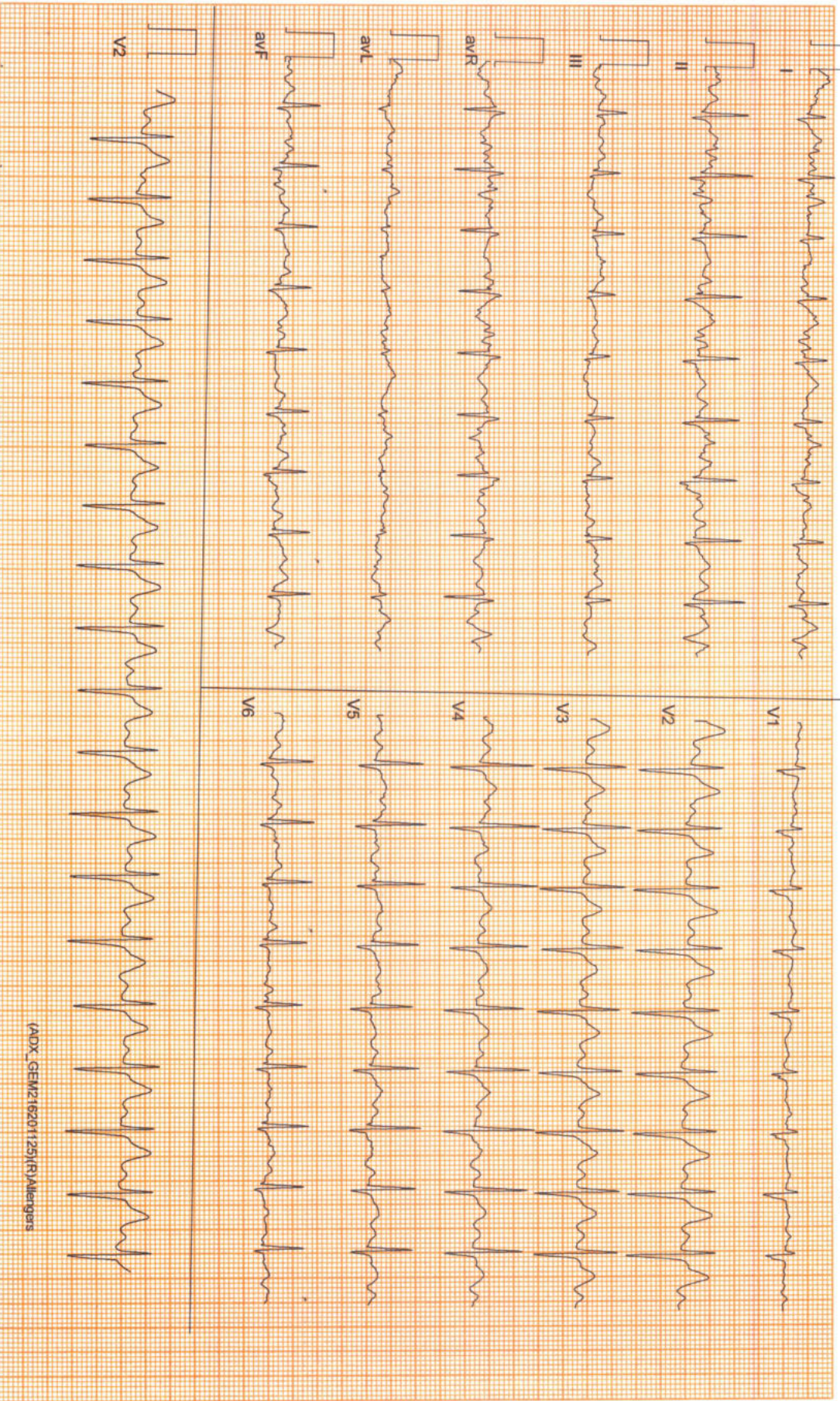
SAHDNAGAR, BHUBANESWAR
453 / SUMAN BOSE. / 38 Yrs / Male / 173 Cm / 91 Kg

6 x 2 + Rhythm
BRUCE: Stage 1(3:00)



Date: 11 - 03 - 2023 10:52:29 AM METs : 4.7 HR : 116 Target HR : 64% of 182 BP : 132/83

ExTime : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Nach On/ HF 0.05 Hz LF 35 Hz



(ADX_GEM216201125)(R)Allergers

ZENA HEALTHCARE

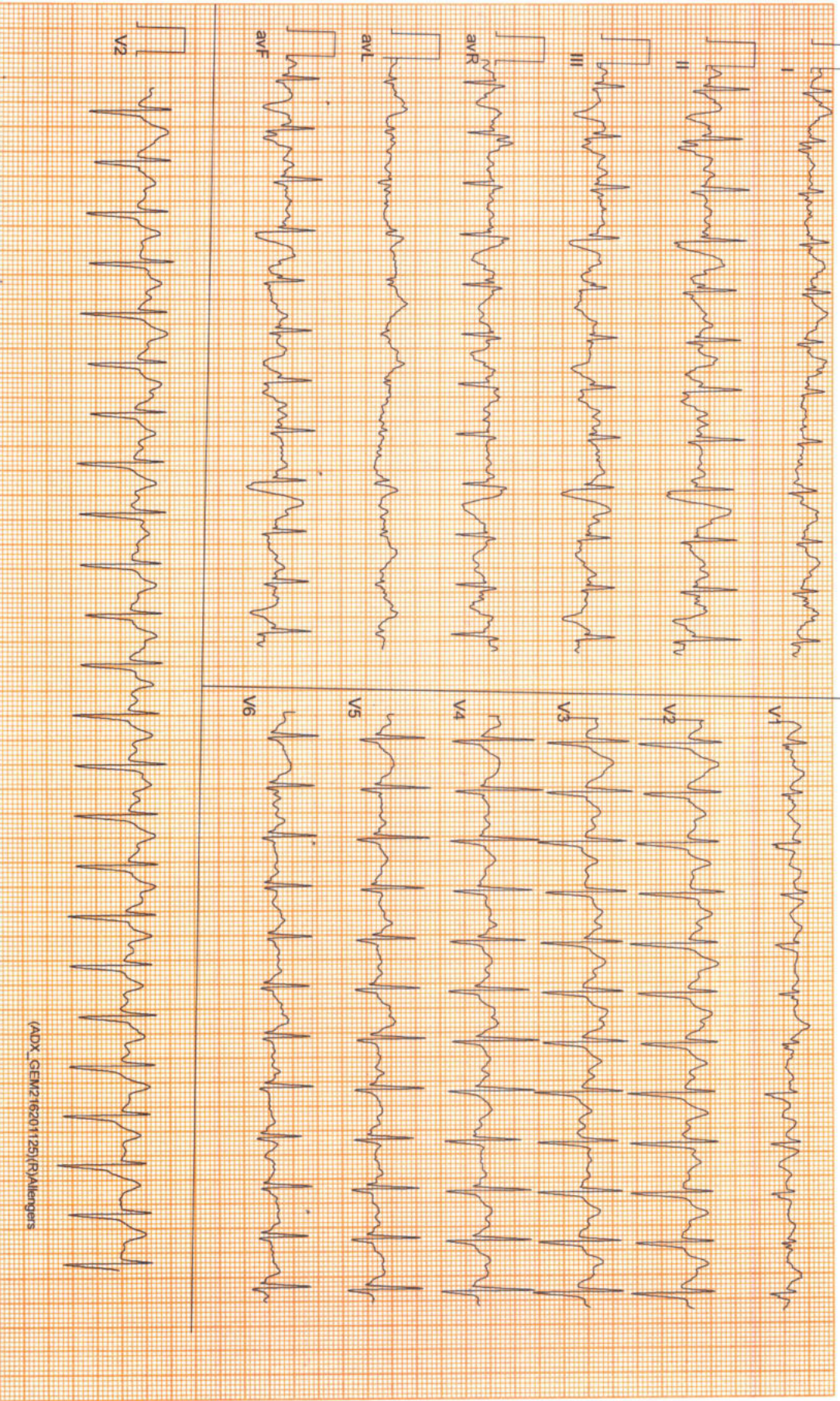
SAHIDNAGAR, BHUBANESWAR
453 / SUMAN BOSE... / 38 Yrs / Male / 173 Cm / 91 Kg

6 x 2 + Rhythm
BRUCE: Stage 2(3:00)



Date: 11 - 03 - 2023 10:52:29 AM METs : 7.1 HR : 142 Target HR : 78% of 182 BP : 134/85

Ex Time : 06:00 2.5 mph/2.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(RVA)lengers

ZENA HEALTHCARE

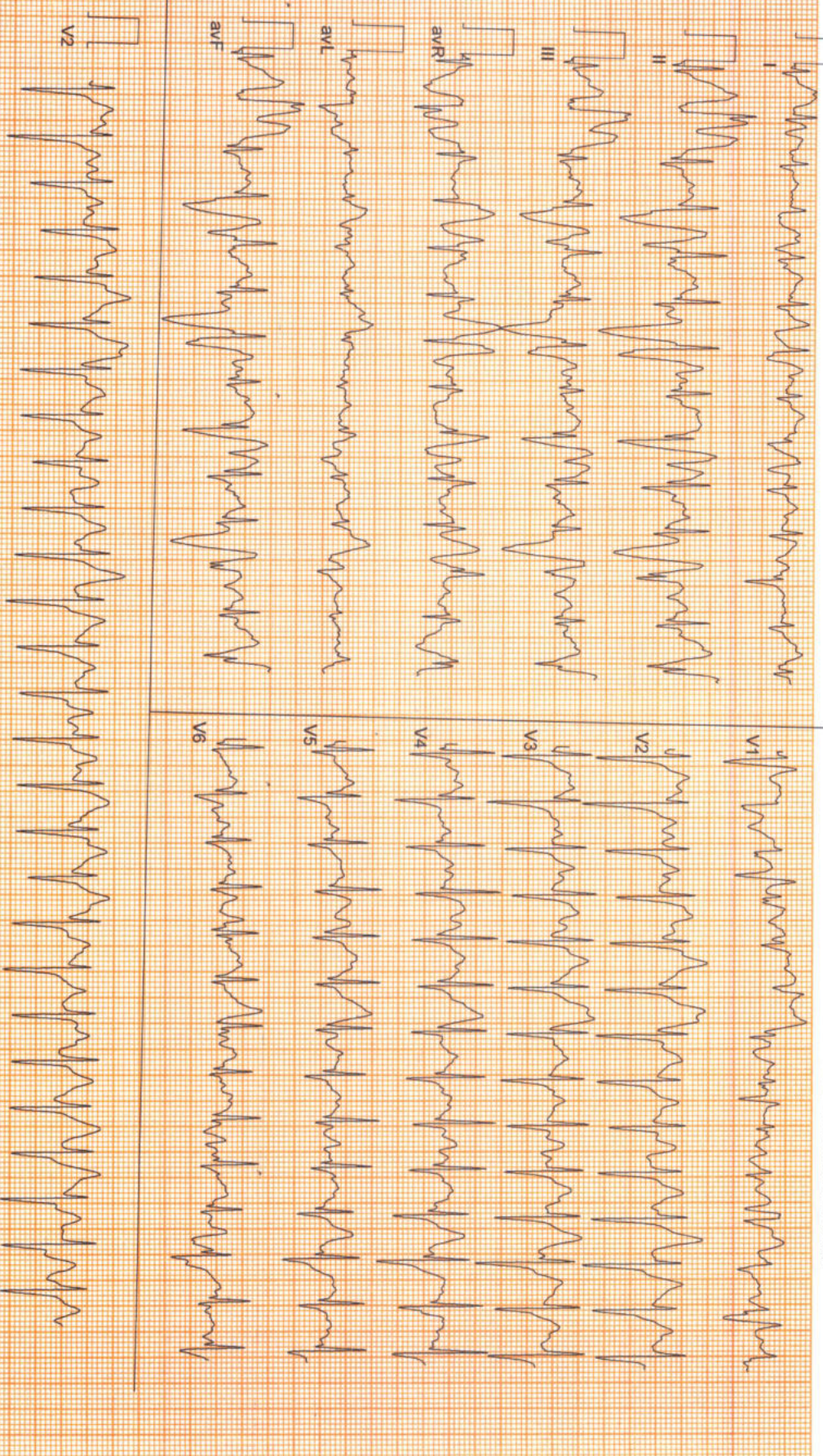
SAHDNAGAR, BHUBANESWAR
453 / SUMAN BOSE., /38 Yrs / Male / 173 Cm / 91 Kg

6 x 2 + Rhythm
PeakX



Date: 11 - 03 - 2023 10:52:29 AM METs : 9.7 HR : 161 Target HR : 89% of 182 BP : 136/86

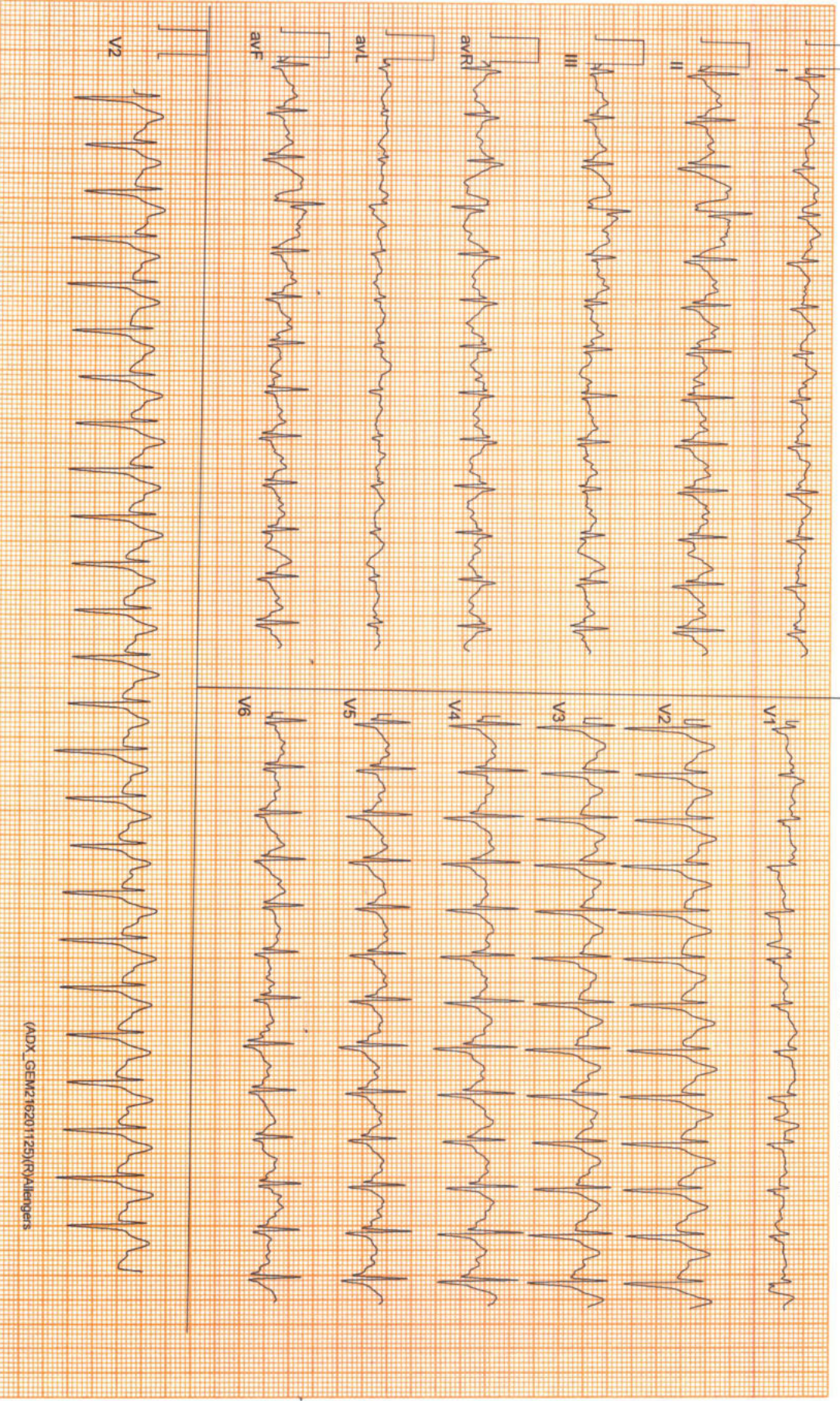
ExTime : 08:31 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Nach On/HF 0.05 Hz/LF 35 Hz





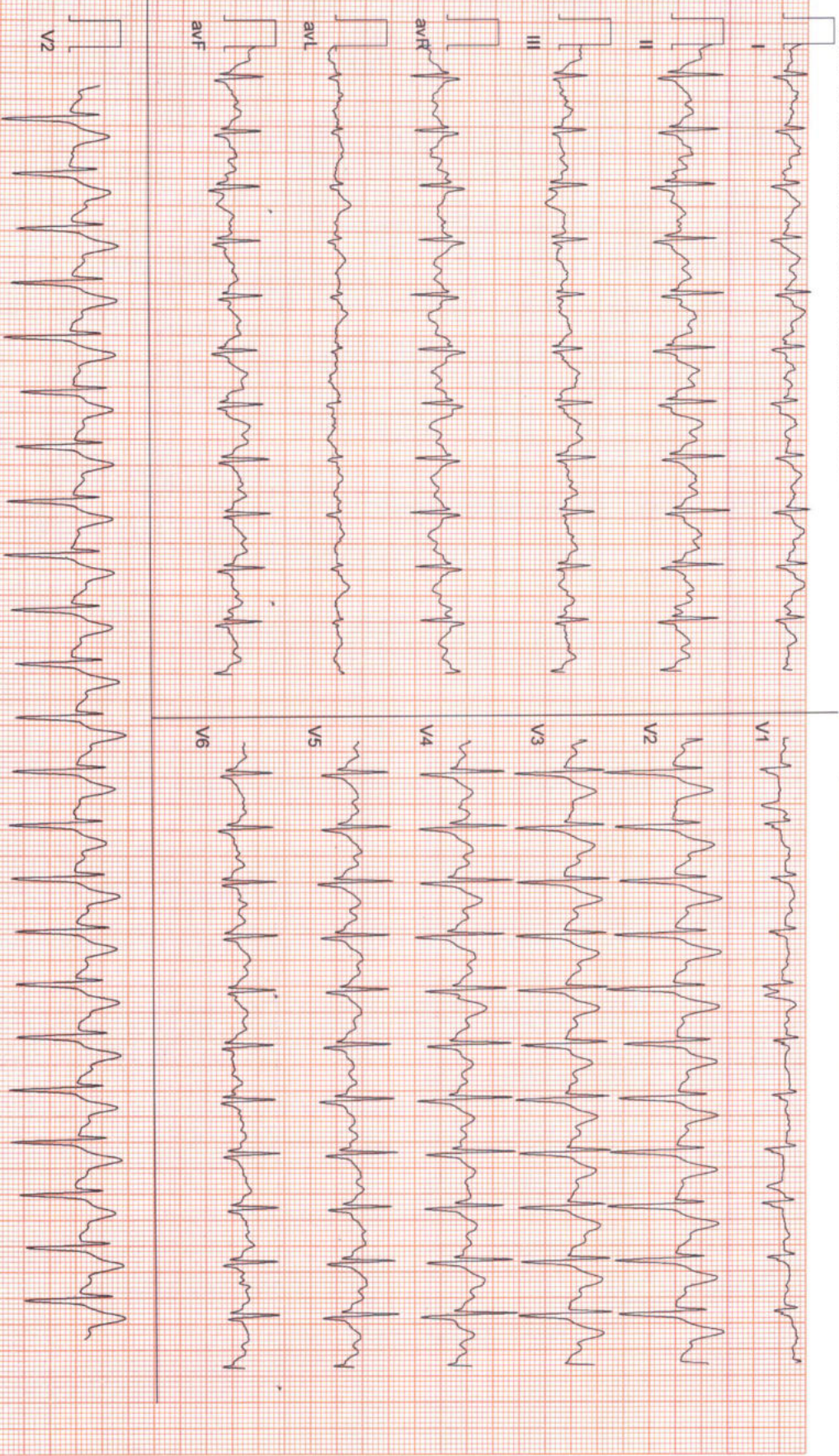
Date: 11 - 03 - 2023 10:52:29 AM METS: 4.2 HR: 152 Target HR: 84% of 182 BP: 136/86

ExTime : 08:31 1.1 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz





Date: 11 - 03 - 2023 10:52:29 AM METs : 1.2 HR : 139 Target HR : 76% of 182 BP : 135/85
ExTime : 08:31 1.1 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz

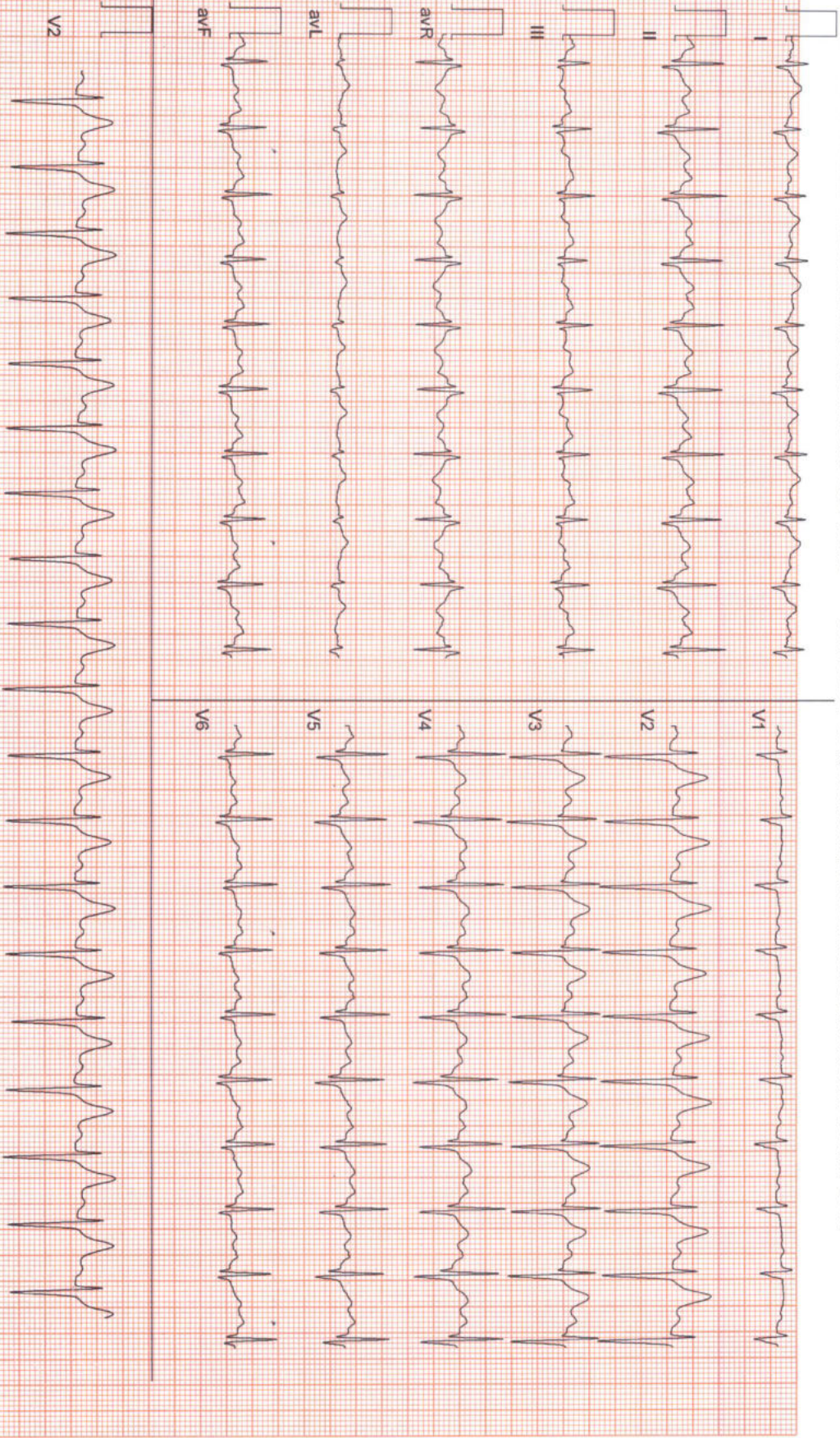


(ADX_GEM216201125)(R)Allengers



Date: 11 - 03 - 2023 10:52:29 AM METS : 1.0 HR : 115 Target HR : 63% of 182 BP : 134/83

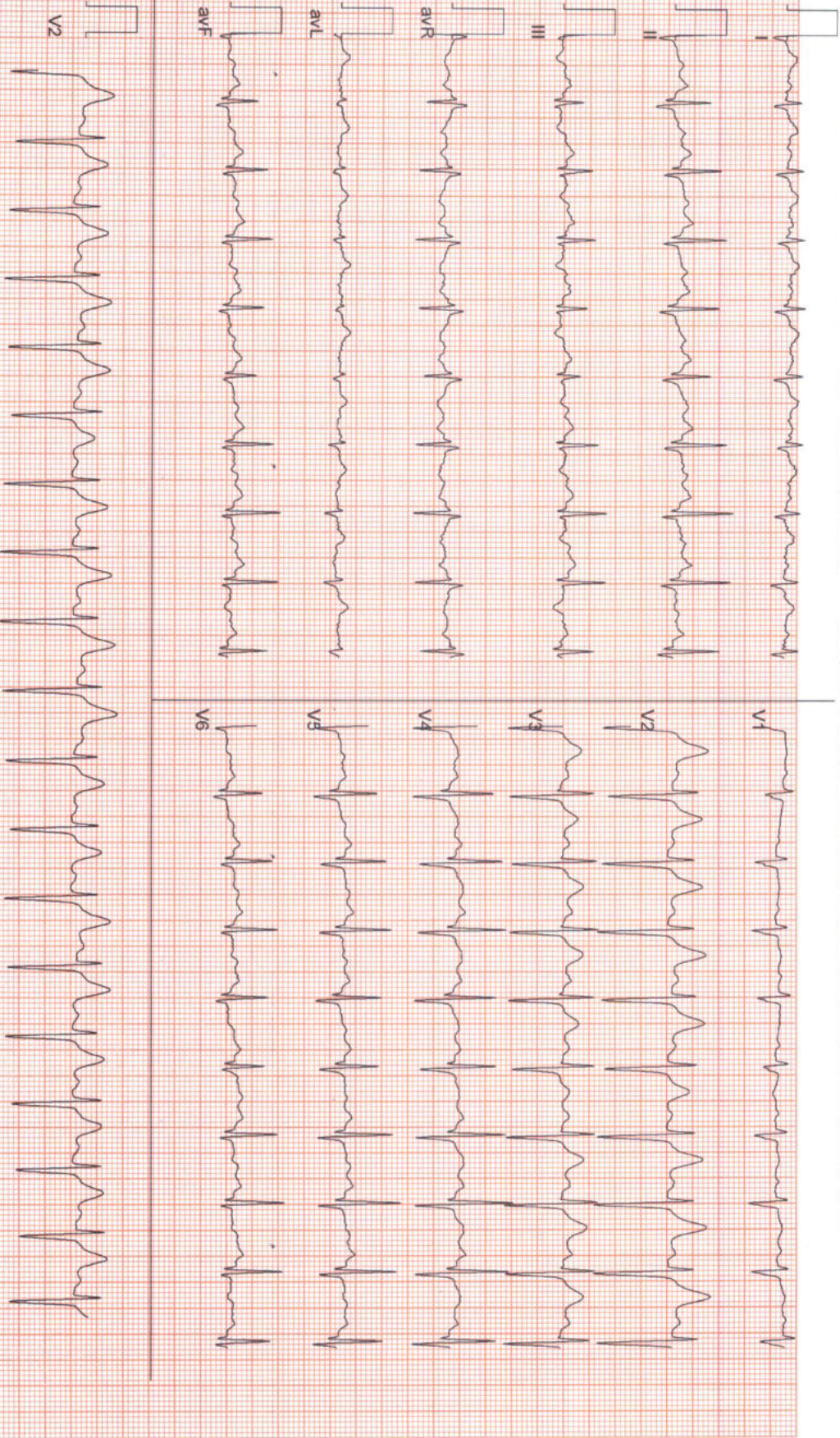
ExTime : 08:31 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allergens



Date: 11 - 03 - 2023 10:52:29 AM METS : 1.0 HR : 107 Target HR : 59% of 182 BP : 132/82
EXTime : 08:31 0.0 mph/0.0 % 25 mm/Sec: 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125(R))Allergens

ID: 147

CASE:

SUMAN BOSE

11/03/2023 12:13:26

AGE: 38Y

M D

MALE

ZENA HEALTHCARE

PLOT-119, SAHIDNAGAR, BHUBANESWAR

Cms

Kg

RATE: 66 bpm SINUS RHYTHM

R-R: 899 ms

P-R: 188 ms

QRS: 96 ms

QT: 386 ms

QTc: 397 ms

---AXIS---

P: 53°

QRS: 13°

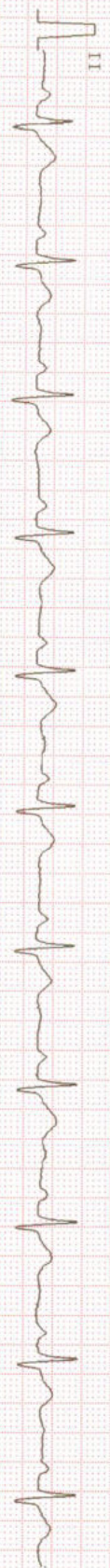
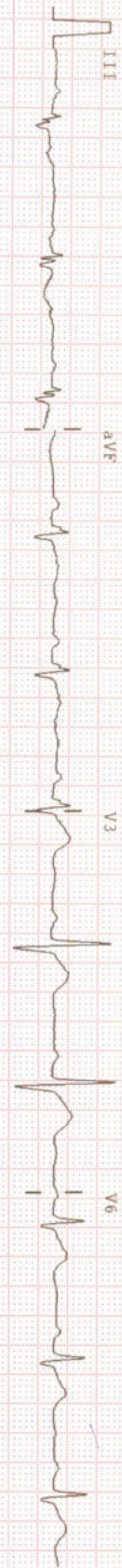
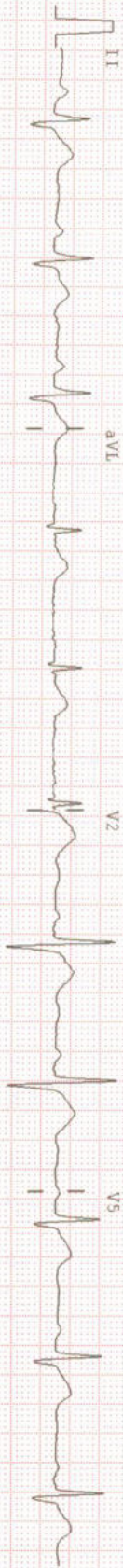
T: 13°

NORMAL ECG

12 SL: REPORT FORMAT: 3x4+II, SQ

REF:

Dr.





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Healthcare Services
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME: SUMAN BOSE
AGE: -38YRS
Patient ID: -4

REFERRAL: MEDIWHEEL
DATE: -11.03.2023
SEX: -MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION: -NORMAL STUDY.

B. Pradhan

Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist

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Website : www.zenacare.in

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MEDICAL CERTIFICATE

Date :- 11.03.2023

NAME

Mr.SUMAN BOSE

MEDICAL INFORMATION

Height:- 173cm	Age:-38yrs
Weight:- 91kg	Sex:- MALE
Blood Pressure:-137/79mmhg	Pulse:-68/min

Body Mass Index(BMI)

30.4

Physical Fitness certificate

This is to certify that Mr.SUMAN BOSE, aged 38yrs, reports is Normal and I have found him FIT.

Signature 

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ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

Patient Name : MR. SUMAN BOSE

Age / Gender : 38 years / Male

Patient ID : 15486

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 02:14 PM

Reporting Time : 11/03/2023, 08:26 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate	5	0 - 15	mm/hr
---	---	--------	-------

Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)	"A"
Method : Manual-Hemagglutination	
RhD Factor (Rh Typing)	Positive
Method : Manual hemagglutination	

END OF REPORT

Lab technician

Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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ZENA HEALTHCARE SERVICES
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Patient Name : MR. SUMAN BOSE

Age / Gender : 38 years / Male

Patient ID : 15486

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 02:14 PM

Reporting Time : 11/03/2023, 08:25 PM

Sample ID :



17819

Test Description	Value(s)	Reference Range	Unit
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Thyroid Profile (T3, T4, TSH)

T3-Total Method : CLIA	0.95	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	6.84	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.48	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy. Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in 13 level can be upto 25%.

END OF REPORT

Lab technician

Kund
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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ZENA HEALTHCARE SERVICES
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Patient Name : MR. SUMAN BOSE

Age / Gender : 38 years / Male

Patient ID : 15486

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 02:14 PM

Reporting Time : 11/03/2023, 08:26 PM

Sample ID :



17819

Test Description	Value(s)	Reference Range	Unit
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Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.015	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	1 - 2 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Amorphous deposits	Absent	Absent	
Bacteria	Absent	Absent	
Trichomonas Vaginalis	Absent	Absent	
Yeast cells	Absent	Absent	

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
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MICROBIOLOGIST

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Page 1 of 1



Patient Name : MR. SUMAN BOSE

Age / Gender : 38 years / Male

Patient ID : 15486

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 02:14 PM

Reporting Time : 11/03/2023, 08:27 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

HbA1C, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.32		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	105.98	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Patient Name : MR. SUMAN BOSE
Age / Gender : 38 years / Male
Patient ID : 15486

Referral : MEDI WHEEL
Collection Time : 11/03/2023, 02:14 PM
Reporting Time : 11/03/2023, 08:27 PM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Lab technician

Woh
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Patient Name : MR. SUMAN BOSE

Age / Gender : 38 years / Male

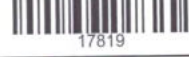
Patient ID : 15486

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 02:14 PM

Reporting Time : 11/03/2023, 08:27 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.84	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.19	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.65	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	22.2	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	27.1	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	9.2	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	114.3	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.74	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.54	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.20	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.11	1.2 - 2.2	

END OF REPORT

Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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ZENA HEALTHCARE SERVICES
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Patient Name : MR. SUMAN BOSE

Age / Gender : 38 years / Male

Patient ID : 15486

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 02:14 PM

Reporting Time : 11/03/2023, 08:28 PM

Sample ID :



17819

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	14.2	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	5.84	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	42.5	42 - 52	%
Mean Cell Volume (MCV)	72.77	78 - 100	fL
Mean Cell Haemoglobin (MCH)	24.32	27 - 31	pg
Mean Corpuscular Hb Concn. (MCHC)	33.41	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.5	11.5 - 14.0	%
Total Leucocytes (WBC) Count	9100	4000-10000	cell/cu.mm
Neutrophils	65	40 - 80	%
Lymphocytes	30	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	03	1 - 6	%
Basophils	00	1-2	%
Platelet Count	298	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	9.1	7.2 - 11.7	fL
PCT	0.27	0.2 - 0.5	%
PDW	17.0	9.0 - 17.0	%

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
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Page 1 of 1



Patient Name : MR. SUMAN BOSE
Age / Gender : 38 years / Male
Patient ID : 15486

Referral : MEDI WHEEL
Collection Time : 11/03/2023, 02:14 PM
Reporting Time : 11/03/2023, 08:28 PM
Sample ID : 
17819

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	188	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	96	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	43	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	125.80	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	19.20	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.37	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.93	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab technician 


Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Patient Name : MR. SUMAN BOSE

Age / Gender : 38 years / Male

Patient ID : 15486

Referral : MEDI WHEEL

Collection Time : 11/03/2023, 02:14 PM

Reporting Time : 11/03/2023, 08:26 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
<u>Glucose, Fasting (FBS)</u>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	89.2	75 - 115	mg/dL
<u>Glucose, Post Prandial (PP)</u>			
Blood Glucose-Post Prandial Method : Hexokinase	102.5	70 - 140	mg/dL
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.64	0.60 - 1.30	mg/dL
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	17.4	10 - 50	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	3.54	3.4 - 7.0	mg/dL

END OF REPORT


Lab technician


Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services
Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com
Website : www.zenacare.in

Wishing Good Health

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453 / SUMAN BOSE... / 38 Yrs / M / 173 Cms / 91 Kg Date: 11-Mar-2023 Refd By : MEDI WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:17	0:17	00.0	00.0	01.0	072	40%	130/82	093	00	
Standing	00:36	0:19	00.0	00.0	01.0	071	39%	130/82	092	00	
HV	00:54	0:18	00.0	00.0	01.0	071	39%	130/82	092	00	
ExStart	01:11	0:17	00.0	00.0	01.0	083	46%	130/82	107	00	
BRUCE Stage 1	04:11	3:00	01.7	10.0	04.7	116	64%	132/83	153	00	
BRUCE Stage 2	07:11	3:00	02.5	12.0	07.1	142	78%	134/85	190	00	
PeakEx	09:42	2:31	03.4	14.0	09.7	161	88%	136/86	218	00	
Recovery	10:12	0:30	01.1	00.0	04.2	152	84%	136/86	206	00	
Recovery	10:42	1:00	01.1	00.0	01.2	139	76%	135/85	187	00	
Recovery	12:42	3:00	00.0	00.0	01.0	115	63%	134/83	154	00	
Recovery	14:50	5:08	00.0	00.0	01.0	107	59%	132/82	141	00	

FINDINGS :

Exercise Time : 08:31
 Max HR Attained : 161 bpm 88% of Target 182
 Max BP Attained : 136/86
 Max Workload Attained : 9.7 Good response to induced stress
 Test End Reasons : Test Complete

REPORT :