

Name : Mr. NRIPEN DALAL (45 /M)

Date : 13/01/2023

Address : 345, MAHESH COLONY, SREERAMPORE, HOOGHLY, HOOGHLY, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001927732

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH165048



CHIEF COMPLAINTS

For corporate health checkup
C/O Poor sleep and lack of energy for 1 yr (post COVID)

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus, Hypertension, Thyroid disorder, Heart disease, Asthma
Dyslipidaemia Since - 1 yr; Medication - stopped with medical advice



DRUG ALLERGY

NO KNOWN ALLERGY :14/01/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Symptoms - acidity, bloating; Bowel habits - regular; Piles - no; Hernia - no

Genitourinary system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - reading

ENT

- Normal hearing

Musculoskeletal system

Muscles and extremities
Muscle - pain; - in calfs

Skin

- Nil Significant

Weight

- has lost weight without effort; Number of kgs - 6 kgs in one year post COVID



Present medications

- Nil



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - Yes
- 2021

Hospitalization for - No

Covid 19
Dengue - in 2017



Surgical history

Surgical history - Nil



Personal history

Marital status - Married

No. of children - 2

Female - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

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Smoking - Ex.Smoker
Type - Cigarette
Stopped since - 1 yr
Chews tobacco - No
Physical activity - Moderate
- brisk walk
How long do you exercise - 5 km daily

Systolic(mm of Hg) - 100
Diastolic(mm of Hg) - 78
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Skin

- No significant finding

Family history

Father - has expired
Aged - 58
Cause - cancer
Mother - has expired
Aged - 89
Cause - natural cause
Brothers - 1
Sisters - 2
Diabetes - brother
Hypertension - brother
Coronary artery disease - none
Cancer - father
Type - Blood
Rheumatoid arthritis - mother

PHYSICAL EXAMINATION

General

Build - normal
Height - 172
Weight - 72
BMI - 24.34
Pallor - No
Oedema - no

Cardiovascular system

Heart rate (Per minute) - 68
Rhythm - Regular
- B.P. Sitting

Printed By : Suchismita Bhaumik

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	14.7	g/dl	●	13.0-17.0
RBC COUNT	5.05	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	44.2	%	●	41-53
MCV	87.7	fl	●	83-101
MCH	29.2	pg	●	27-32
MCHC	33.3	%	●	31.5-34.5
RDW	13.1	%	●	11.8-14.0
WBC Count	7200	/cu mm	●	4000-10000
Platelet Count	1.35 *	lacs/cu mm	●	1.5-4.0
Neutrophils	61	%	●	40-80
Lymphocytes	30	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	1-2 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	33	U/L	●	10-40
ALBUMIN - SERUM	4.1	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	45 *	U/L	●	53-128
AST (SGOT) - SERUM	24	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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CHOLESTEROL - SERUM 147 mg/dL ● 0-200

VLDL CHOLESTEROL - SERUM (Calculated) 20 mg/dL ● 0-35

CREATININE - SERUM

Test Name Result Unit Level Range
CREATININE - SERUM 1.2 mg/dL ● 0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 6.5 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.5 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 19 U/L ● 7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2
TOTAL T4: THYROXINE - SERUM 5.9 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 93 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 104 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 79 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.000 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.6 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.5 mg/dL ● 3.5-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 34 mg/dL ● 30-70

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LDL CHOLESTEROL -SERUM 93 mg/dL ● Optimal: <100

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name Result Unit Level Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.97	ng/mL	●	0.00-6.50
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BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.7	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.7:1.0			1.0-2.0

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Tiny gall bladder polyp.
- * Left renal parapelvic cyst.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.