

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

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<b>NAME</b>	<b>MR BISHT NAGENDRA SINGH</b>	<b>DATE</b>	<b>12.03.2022</b>
		<b>AGE</b>	<b>36YRS</b>
<b>REF. BY DR.</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>MALE</b>

## X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

### **IMPRESSION :**

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

**Correlate clinically .**

**DR ANIL SAXENA**  
(Consultant Radiologist)

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

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Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)

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NAME	MR NAGENDRA SINGH	DATE	12.03.2022
		AGE	36YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

**REAL TIME ABDOMINAL SONOGRAPHY SHOWS ,**

**LIVER :** Liver is normal in size showing **bright** paranchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

**Gall bladder :** The Gall bladder is partially distended .The gall bladder wall of normal thickness . No evidence of gall stones.

**PANCREAS :** Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture.No focal lesion seen.

**KIDNEYS :** Both kidneys are normal in size and shows homogenous cortical echotexture.Central calyceal echoes appears normal.There is no evidence of hydronephrosis or renal calculus.

(a) Right kidney measures: 10.1 x 4.1 cms

(b) Left kidney measures: 9.5 x 4.5 cms.

**SPLEEN :** The spleen is normal in size with homogenous paranchymal echotexture.No focal lesion are seen.

**AORTA :** The upper aorta and para aortic regions appear normal.

**URINARY BLADDER :** Urinary bladder is well distended.No evidence of calculus or intraluminal mass seen in the bladder.

**PROSTATE :**Prostate is normal in size & volume is 18 cc.

**IMPRESSION :**  
**Grade I fatty liver.**

**DR.SHRIKANT BODKE**  
**CONS.RADIOLOGIST.**

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- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



**HEALTHCARE**  
MEDICAL CENTRE & DIAGNOSTICS

M.N

# ELECTROCARDIOGRAM (ECG)

PATIENT MR. BISHT NAGENDRA SINGH AGE 36 SEX M  
 REF. BY DR. MEDIWHEEL DATE 12/03/22

INTERPRETATION : Normal

Dr. [Signature]  
**Dr. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2018115643

**Healthcare Soc.**  
 Mahavir Super Speciality Hospital, Shiv Nagar,  
 Saket Area, New Delhi - 110017.  
 Khandivoli (N), Mumbai - 400 081.  
 Tel. No.: 2993 7999



MIR BISHT NAGENDRA SINGH  
 FJCA7261 12-Mar-2022  
 ECG



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : ..... } *80 bpm*

Ventricular Rate : ..... }

Rhythm : ..... } *lf*

Mechanism : .....

Voltage : .....

Axis : .....

P Waves : .....

PR Interval : .....

Q Waves : ..... } *R*

QRS Interval : .....

ST Segment : .....

T Waves : .....

QT Interval : ..... } *4*

Extra Systoles : .....

REMARKS & CONCLUSIONS : ..... } *normal*

.....

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**Patient's Name : MR BISHT NAGENDRA SINGH**

**Lab No. : JCA7261 \*JCA7261\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 9:52 am**

**Sex : MALE Age : 36 Years**

**Report Date: 14-Mar-2022 12:58 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 7:33 pm**

**eGFR / CREATININE**

**TEST**

CREATININE

Age of the Patient

eGFR

**RESULT**

0.7

36

135.63

**NORMAL VALUES**

0.5 - 1.5 mg/dl

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

END OF REPORT

Checked By

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**DR. BHAVINI KAMDAR**

**BHARATI CENTRE**

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**HBA1C**

**TEST**

HBA1C  
ESTIMATED AVERAGE GLUCOSE

**RESULT**

10.5  
254.65

**NORMAL VALUES**

4 - 5.7 %

**METHOD : NEPHELOMETRY**

**DIAGNOSTIC CRITERIA FOR DIABETES:**

Normal: Less than 5.7%  
Impaired glucose tolerance: 5.8% to 6.4%  
Diabetes: 6.5% or more  
**CONTROL CRITERIA IN DIABETICS:**  
Optimal control: 7.0% or less  
Fair control: 7.0% to 8.0%  
Poor control: More than 8.0%

**Comment :**

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

END OF REPORT

Checked By

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**GORAI CENTRE**

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**DR. BHAVINI KAMDAR**

**MD (PATH) MUM**



Healthcare Diagnostics &lt;healthcare.medicals@gmail.com&gt;

## Health Check up Booking Request(bobE9617),Package Code(PKG10000240),Beneficiary Code(64393)

Mediwheel &lt;santosh@policywheel.com&gt;

Wed, Mar 9, 2022 at 11:03 AM

To: "healthcare.medicals@gmail.com" &lt;healthcare.medicals@gmail.com&gt;

Cc: Mediwheel CC &lt;customercare@mediwheel.in&gt;, Mediwheel CC &lt;mediwheelwellness@gmail.com&gt;



**Mediwheel**  
...Your wellness partner



011-41195959

Email:wellness@mediwheel.in

Dear Healthcare Medical Centre And Diagnostic,  
City : Mumbai . Location : .Kandivali West,

We have received the following request for Health Check up from

**Name** : MR. BISHT NAGENDRA SINGH  
**Age** : 36  
**Gender** : Male  
**Member Relations** : Employee  
**Package Name** : Metro Full Body Health Checkup Male Below 40  
**Package Code** : PKG10000240  
**User Location** : Maharashtra,MUMBAI,400051  
**Contact Details** : 9717308508  
**Booking Date** : 09-03-2022  
**Appointment Date** : 12-03-2022

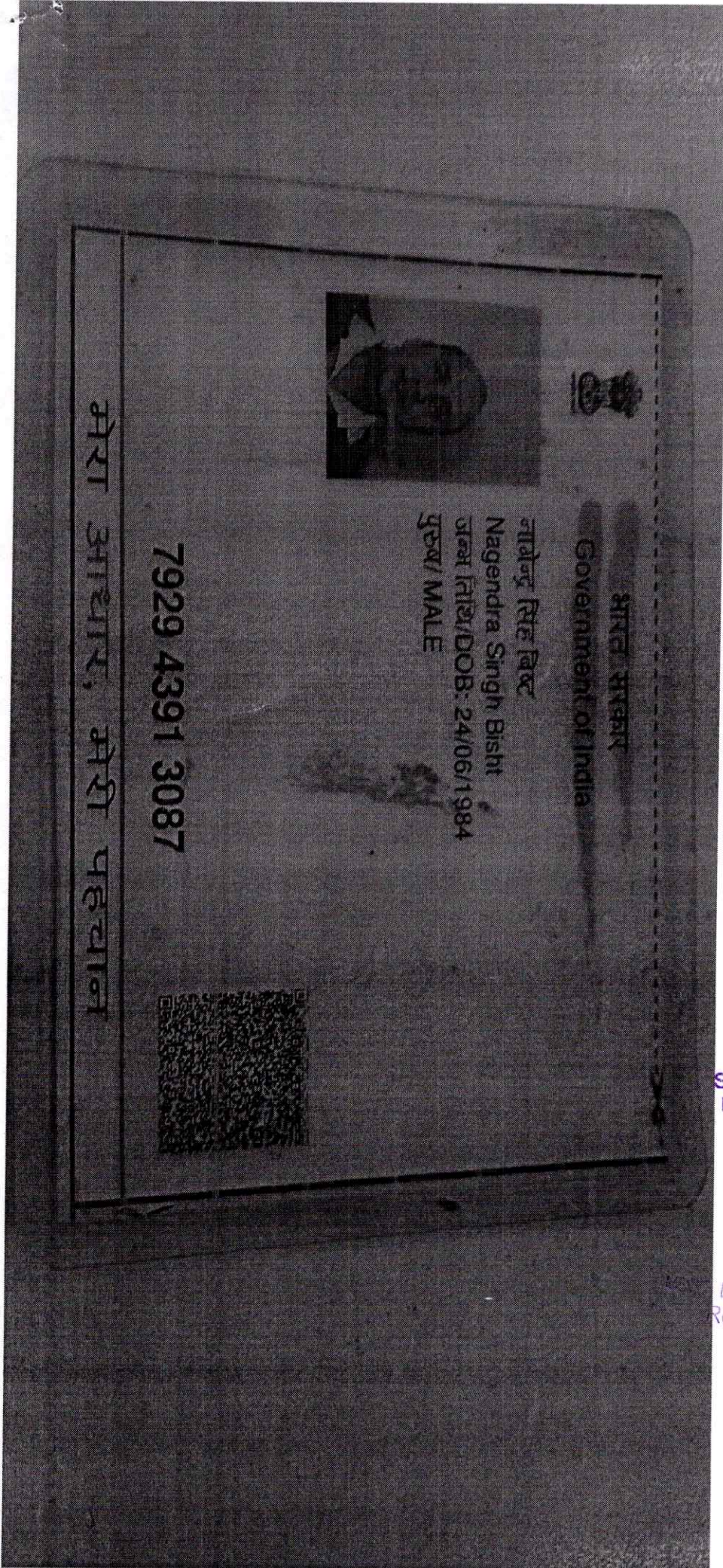
Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
MR. BISHT NAGENDRA SINGH	36	Male	Cashless
<b>Total amount to be paid</b>			<b>Cashless</b>

Please login to your account to confirm the same. Also you mail us for confirmation

**Package Name** : Metro Full Body Health Checkup Male Below 40 - Includes (37 )Tests

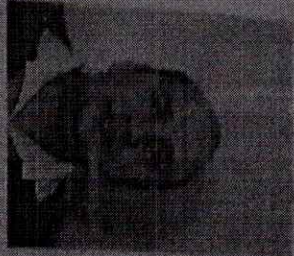
**Tests included in this Package** : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin





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7929 4391 3087



भारत सरकार  
Government of India

नागेन्द्र सिंह बिष्ट  
Nagendra Singh Bisht  
जन्म तिथि/DOB: 24/06/1984  
पुंस्व/ MALE

*Handwritten signature*

**Healthcare**

Mahavir Suraksha Sam Soc.,  
Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067.  
Tel. No.: 2060 7808

*Handwritten signature*

**Dr. NUPUR RAI**  
DIPLOMA CARDS (PGDCC)  
Reg. No.: 2016115643

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME:</b>	MR NAGENDRA SINGH BISHT	<b>DATE:</b>	12/03/2022
<b>HEIGHT:</b> 167 CMS	<b>WEIGHT:</b> 67.8KGS	<b>AGE:</b>	36 YRS
<b>REFERRED BY:</b>	MEDIWHEEL	<b>SEX:</b>	M

**PRESENT COMPLAIN:** K/C/O- D.M. SINCE 3-4 YRS

**CURRENT MEDICATION:** T. CYPLEX (40) ...1 / T. GEMER (1MG) ...1

**PAST HISTORY:** NIL

**FAMILY HISTORY:** FATHER- H.T.

**ALLERGY:** NIL

**HABITS:** NIL

**APPETITE:** GOOD

**SLEEP:** GOOD

**BLADDER:** NAD

**BOWEL:** NAD

**GENERAL EXAMINATION:**

P: 80/min BP 130/90 mm of hg

**ADVICE-**

**ICTERUS:** NIL      **OEDEMA:** NIL

--TO DRINK LOTS OF LIQUIDS= APPX 5 LIT PER DAY.

**OTHERS:** NAD

--TO AVOID SALT, SPICY, OILY, FATTY FOOD, NON VEG FOOD SWEETS., GHEE.

**RS:** NAD

--TO CONTINUE TAB FOR D.M.

**CVS:** NAD

**PA:** NAD

**CNS:** NAD

**DR. YOGESH J. MEHTA M.D**

Physician & Cardiologist

**DR. Y. J. MEHTA** Reg. No. - 71131

[M.D.]

**INVESTIGATION:**

Usg - grade - I fatty liver  
CBC @ FBG - 29.5 PPBS - 484.8 Lipid @ LFT @

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

DATE: 12/3/22

TO,

Medi wheel

This is regarding your client Miss/Mrs/Mr. Nagendra Anish

Visited to our centre on 12/3/22 for

her/his proposed tests. All tests are done as scheduled except

Pending/skipped tests: stool routine

Reason: not willing

We are canceling / will reschedule it as per her/his convenience.

Thank you.

*(Handwritten signature)*

**Healthcare**  
Mahavir Surajasthan Soc.,  
Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067.  
Tel. No.: 2869 7808

*(Handwritten signature)*  
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

## EYE CHECK UP & COLOUR VISION

NAME: MR NAGENDRASINGH BISHT		DATE: 12/03/22
REF. BY: MEDIWHEEL	AGE: YRS	SEX: M

	RIGHT EYE	LEFT EYE
CORNEA	NORMAL	NORMAL
PUPIL	NORMAL	NORMAL
SCLERA	NORMAL	NORMAL
EYE MOVEMENTS	NORMAL	NORMAL
REFRACTIVE ERROR	USES GLASSES FOR FAR VISION=-4.5	USES GLASSES FOR FAR VISION=-4.5
COLOUR VISION	NORMAL	NORMAL

NO H/O SQUINT, CATARACT, GLAUCOMA, INFLAMMATION, REDNESS, CONJUNCTIVITIS, STYE, CHALAZION

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Satyanagar Rd., Mahavir Nagar,  
Kandivali (W), Mumbai - 67.  
Tel: 2868 0090 / 8522 6565 / 2869 7866  
Tel: 90220 54458

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DR. SIGNATURE

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**Patient's Name : MR BISHT NAGENDRA SINGH**

**Lab No. : JCA7261\*JCA7261\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 9:52 am**

**Sex : MALE Age : 36 Years**

**Report Date: 12-Mar-2022 6:13 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 12:14 pm**

**COMPLETE BLOOD COUNT**

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	15.3	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	5.14	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	44.7	%	Male : 37 - 51 %
MCV	87.00	fl	80 - 96 fl
MCH	29.80	pg	27 - 32 pg
MCHC	34.20	gm%	32 - 37 gm%
RDW	12.9	%	12 - 14.5

**TOTAL WBC COUNT**

TOTAL WBC COUNT	6500	/ cumm	4,000 - 11,000
-----------------	------	--------	----------------

**DIFFERENTIAL COUNT**

Neutrophils	65	%	40 - 75
Lymphocytes	27	%	20 - 40
Eosinophils	04	%	0 - 6
Monocytes	04	%	2 - 8
Platelet count	160000	Lacs/cmm	150000-450000

**PERIPHERAL SMEAR**

RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	5	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

END OF REPORT

- Checked By: DR. BHAVINI KAMDAR MD (PATH) MUM
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR BISHT NAGENDRA SINGH**

**Lab No. : JCA7261 \*JCA7261\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 9:52 am**

**Sex : MALE Age : 36 Years**

**Report Date: 12-Mar-2022 6:43 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 12:14 pm**

**BLOOD GROUP**

**TEST**

Blood Group

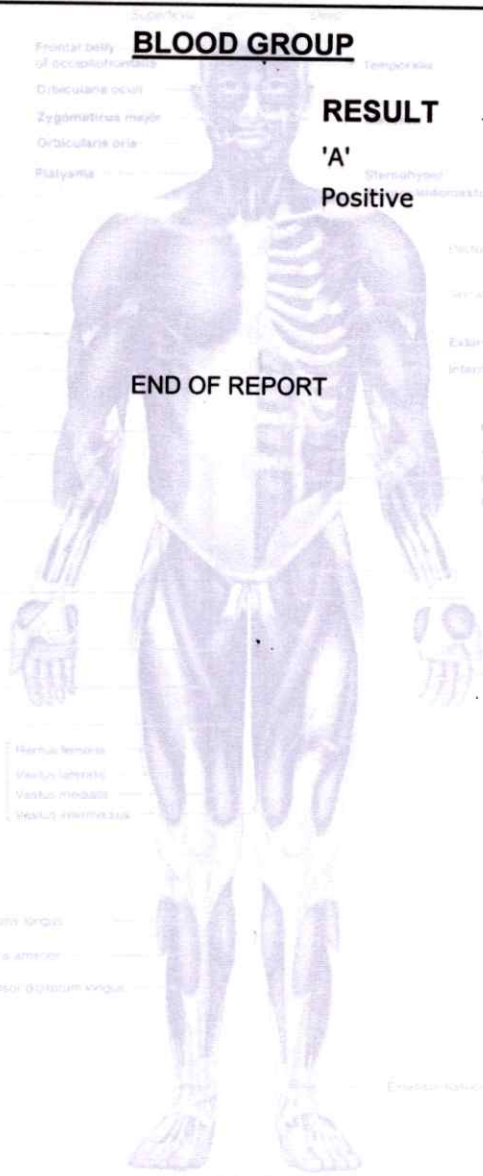
Rh Factor

**RESULT**

'A'

Positive

END OF REPORT



*Bl*

Checked By

**DR. BHAVINI KAMDAR**

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**Patient's Name : MR BISHT NAGENDRA SINGH**

**Lab No. : JCA7261 \*JCA7261\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 9:52 am**

**Sex : MALE Age : 36 Years**

**Report Date: 13-Mar-2022 2:53 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 12:14 pm**

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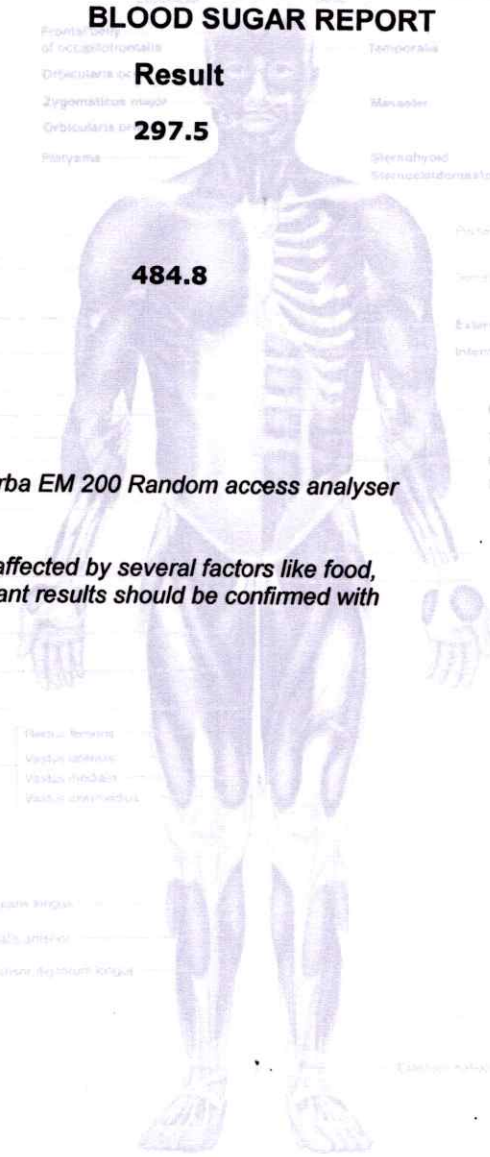
**BLOOD SUGAR REPORT**

Test	Result	Normal Range
BLOOD SUGAR FASTING	<b>297.5</b>	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: $\geq 126$ (on more than one occasion)
BLOOD SUGAR (Post prandial)	<b>484.8</b>	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: $\geq 200$ (on more than one occasion)

**Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser**

**Comment:**  
Blood sugar values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

**\*Result rechecked.**



*Bl*

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**Patient's Name :** MR BISHT NAGENDRA SINGH  
**Referred By Dr :** MEDIWHEEL  
**Sex :** MALE **Age :** 36 Years  
**Collected At :** MAHAVIR NAGAR MAIN BRANCH

**Lab No. :** JCA7261 \*JCA7261\*  
**Reg. Date :** 12-Mar-2022 9:52 am  
**Report Date :** 13-Mar-2022 2:55 pm  
**Print Date :** 14-Mar-2022 12:14 pm

**LIPID PROFILE**

**TEST**

**RESULT**

**NORMAL VALUES**

SR. CHOLESTEROL	131	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	151	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	46	40 - 60 mg / dl
VLDL	30.20	6 - 38 mg / dl
LDL CHOLESTEROL	54.80	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	2.85	< 5
LDL / HDL	1.19	< 3.5

**NOTE:** Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report. Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

END OF REPORT

*Bl*

Checked By

**BORIVALI CENTRE**

**VAIBHAV CENTRE**

**KANDIVALI CENTRE**

**DAHISAR CENTRE**

**GORAI CENTRE**

**GOREGAON CENTRE**

**GOREGAON (EAST)**

**MIRA ROOD**

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**Patient's Name : MR BISHT NAGENDRA SINGH**

**Lab No. : JCA7261 \*JCA7261\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 9:52 am**

**Sex : MALE Age : 36 Years**

**Report Date: 13-Mar-2022 2:54 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 12:14 pm**

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**LIVER FUNCTION TESTS**

TEST	RESULT	NORMAL VALUES
Bilirubin Total	0.63	0.5 - 1.0 mg / dl
Bilirubin Direct	0.21	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.42	UPTO 0.8 mg / dl
S.G.P.T.	12	Up to 49 U / L
S.G.O.T.	15	Up to 46 U / L
Alkaline Phosphatase	110	1 - 12 Years: 54 - 369 U/I 20 - 59 Years: 53 - 128 U/I > 60 Years: 56 - 119 U/I
Total Proteins	7.1	6 - 8 gm / dl
Albumin	3.8	3.2 - 5.5 gm / dl
Globulin	3.30	2 - 3.5 mg / dl
A / G Ratio	1.15	1.0- 2.3
GGT	24	5 - 50 IU/L

END OF REPORT

- Checked By **DR. BHAVINI KAMDAR**
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**Patient's Name : MR BISHT NAGENDRA SINGH**

**Lab No. : JCA7261 \*JCA7261\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 9:52 am**

**Sex : MALE Age : 36 Years**

**Report Date: 13-Mar-2022 2:13 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 12:14 pm**

**THYROID FUNCTION TEST**

**TEST**

**RESULT**

**NORMAL VALUES**

**T3 [ Tri - iodothyronine ]**

**117**

**55 - 180 ng/dl**

**Method**

**ELFA**

Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens, Estrogens. O C Pills, Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

**T4 [ Thyroxine ]**

**8.4**

**4.66 - 10.50 ug/dl**

**Method**

**ELFA**

Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens, Estrogens. O C Pills, Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

**TSH [Thyroid Stimulating Hormone]**

**1.75**

**0.25 - 5.0 uIU/mL**

**Method**

**ELFA**

**Interpretation :**

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure, severe burns, trauma and surgery etc.
3. Drugs that decrease TSH values e.g: L dopa, Glucocorticoid Drugs that increase TSH values e.g Iodine, Lithium, Amiodarone.

**END OF REPORT**

**Checked By**

**DR. BHAVINI KAMDAR**

**BORIVALI CENTRE**

1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 3930

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**DAHISAR CENTRE**

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**GORAI CENTRE**

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**GOREGAON CENTRE**

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**GOREGAON (EAST)**

M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

**MIRA ROOD**

SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922

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- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
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- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



**Patient's Name : MR BISHT NAGENDRA SINGH**

**Lab No. : JCA7261 \*JCA7261\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 9:52 am**

**Sex : MALE Age : 36 Years**

**Report Date: 13-Mar-2022 2:53 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 12:15 pm**

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**BIOCHEMISTRY REPORT**

**Test**

**Result**

**Normal Range**

Blood Urea Nitrogen (BUN)

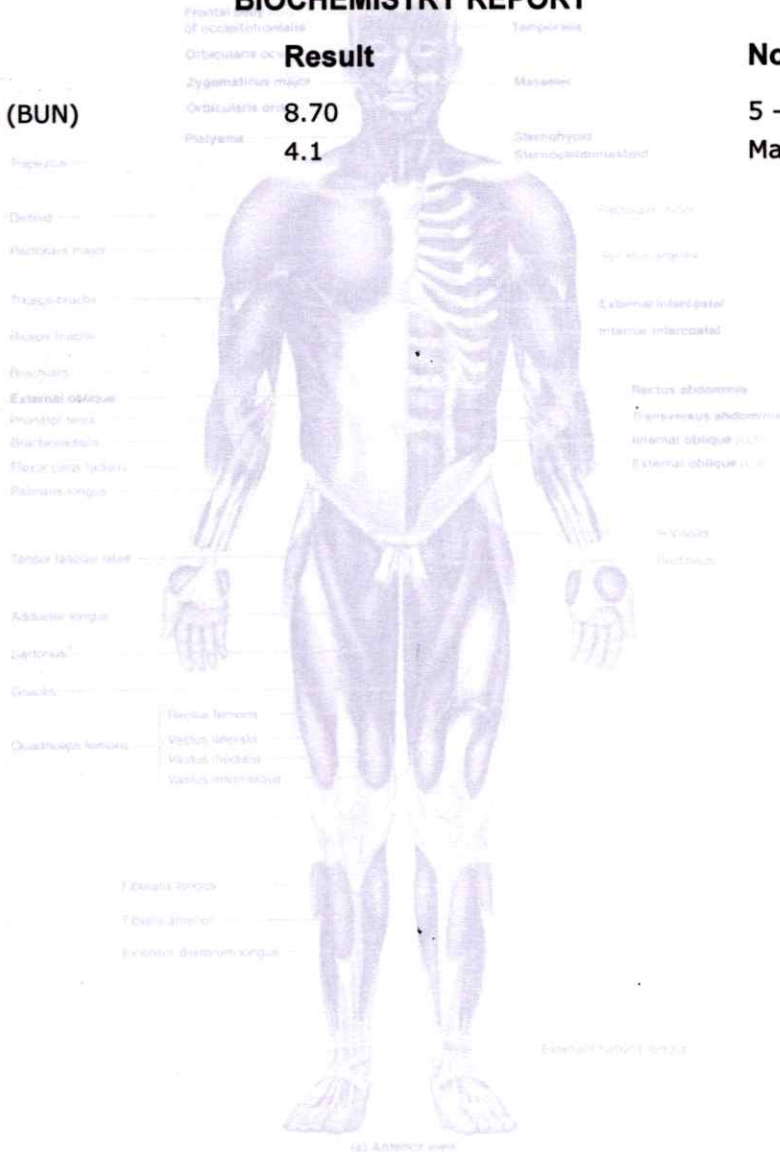
8.70

5 - 20 mg/dl

Serum Uric Acid

4.1

Male : 3.4 - 7.0 mg%



*Bl*

- Checked By **DR. BHAVINI KAMDAR**
- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR BISHT NAGENDRA SINGH**

**Lab No. : JCA7261 \*JCA7261\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 9:52 am**

**Sex : MALE Age : 36 Years**

**Report Date: 12-Mar-2022 5:57 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 12:15 pm**

**ROUTINE URINE EXAMINATION**

**PHYSICAL EXAMINATION**

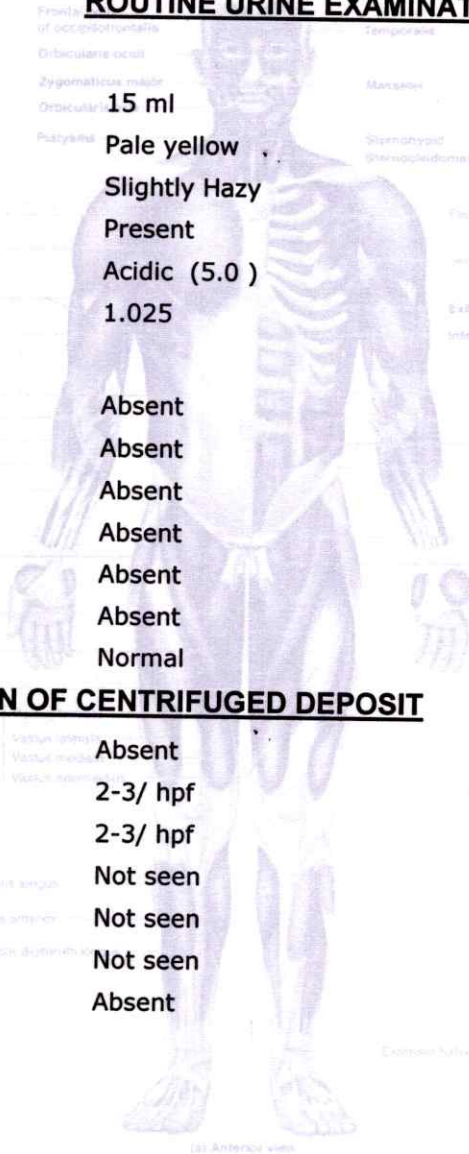
Quantity **15 ml**  
 Colour **Pale yellow**  
 Appearance **Slightly Hazy**  
 Deposit **Present**  
 pH **Acidic (5.0)**  
 Specific Gravity **1.025**

**CHEMICAL EXAMINATION**

Proteins **Absent**  
 Sugar **Absent**  
 Ketone **Absent**  
 Occult Blood **Absent**  
 Bile Pigment **Absent**  
 Bile Salts **Absent**  
 Urobilinogen **Normal**

**MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT**

Red Blood Cells **Absent**  
 Pus Cells **2-3/ hpf**  
 Epithelial Cells **2-3/ hpf**  
 Casts **Not seen**  
 Crystals **Not seen**  
 Yeast **Not seen**  
 Bacteria **Absent**



*Bl*

Checked By

**DR. BHAVINI KAMDAR**

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Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)

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# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD  
 MAHAVIR NAGAR KANDIVALI WEST 400068

## TREADMILL TEST REPORT

MR BISHT SINGH  
 ID : 234  
 DATE : 12/03/2022  
 AGE/SEX : 36 /M  
 HT/WT : 167 / 68  
 REF. BY : MEDIWHEEL

PROTOCOL : Bruce  
 HISTORY :  
 INDICATION : K/C/O DM  
 MEDICATION : T. CYBLEX M 40 OD, T. GEMER 1MG OD

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
STANDING					91	130 / 90	118	2.4	-1.2	3.5	
SUPINE					96	130 / 90	124	2.2	-1.2	3.3	
HYPERVENT					93	130 / 90	120	1.4	-0.9	2.1	
Stage 1	2:55	2:55	2.7	10	123	140 / 90	172	1.4	-0.9	3	4.67
Stage 2	5:55	2:55	4	12	135	150 / 100	202	0.5	-0.5	2	7.04
Stage 3	8:55	2:55	5.4	14	157	160 / 100	251	0.1	-0.2	1.2	9.92
PK-EXERCISE	9:15	0:15	6.7	16	165	170 / 100	280	0.4	-0.2	0.8	10.33
RECOVERY	10:37	1:12			123	160 / 100	196	1	-0.5	2.1	
RECOVERY	11:18	1:53			112	150 / 90	168	0.4	-0.3	1.3	
RECOVERY	12:20	2:55			104	140 / 90	145	0	-0.1	0.5	
RECOVERY	13:10	3:45			107	130 / 90	139	0	-0.1	0.4	

### RESULTS

EXERCISE DURATION : 9:15  
 MAX HEART RATE : 165 bpm  
 MAX BLOOD PRESSURE : 170 / 100 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,  
 IMPRESSIONS :  
 GOOD EFFORT TOLERANCE  
 NO ANGINA, NO ARRYTHMIA  
 NORMAL HR AND BP RESPONSE  
 NO SIGNIFICANT ST CHANGE DURING THE STRESS TEST  
 STRESS TEST NEGATIVE FOR INDUCIBLE ISCHAEMIA

MAX WORK LOAD : 10.33 METS

### Healthcare

Mahavir Suryadarsan Soc.,  
 Satya Nagar, Kandivali West, Mahavir Nagar,  
 Kandivali West, Mumbai - 400 067.  
 Tel. No.: 2869 7908

Technician : 1

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR BISHT SINGH  
I.D. 234  
Age 36/M  
Date 12/03/2022

RATE 91bpm  
B.P. 130/90

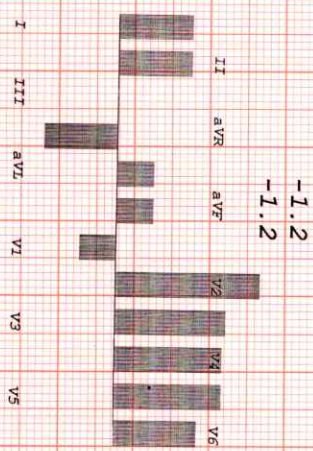
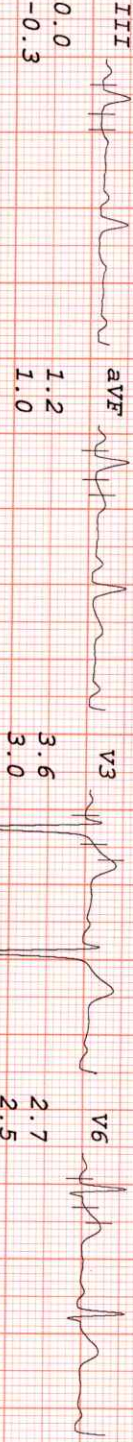
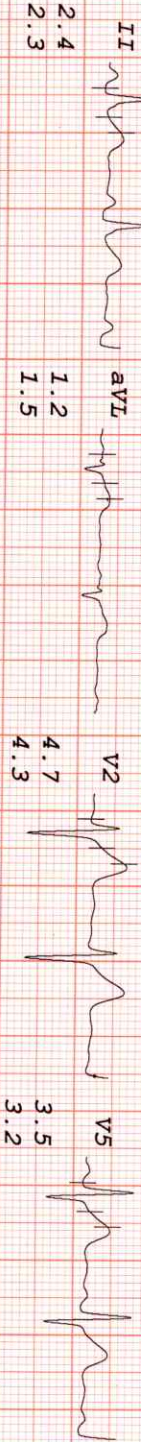
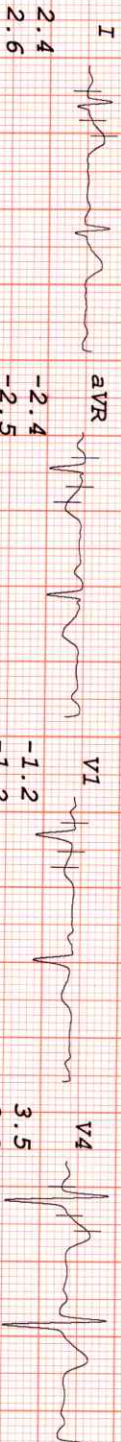
PRETEST  
STANDING

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



*Shinde Sir*

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR BISHU SINGH  
I.D. 234  
Age 36/M  
Date 12/03/2022

PATE 96bpm  
B.P. 130/90

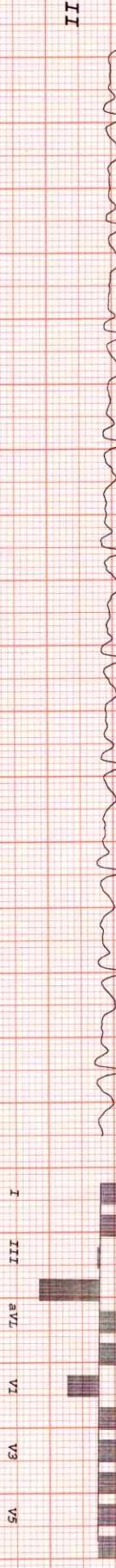
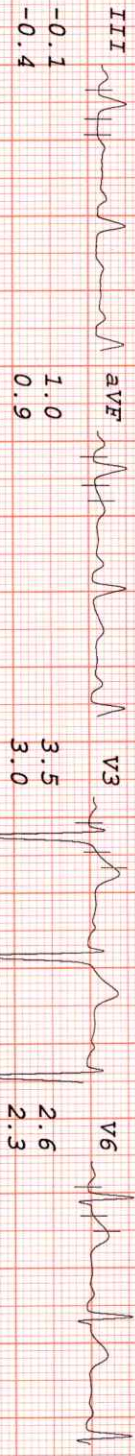
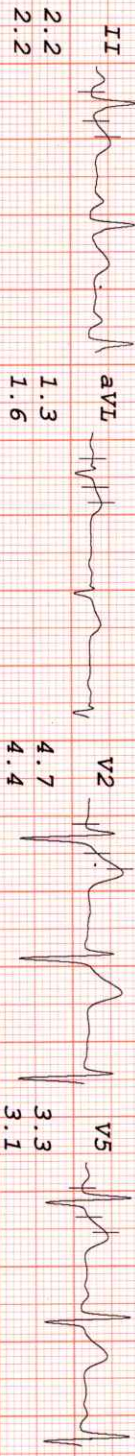
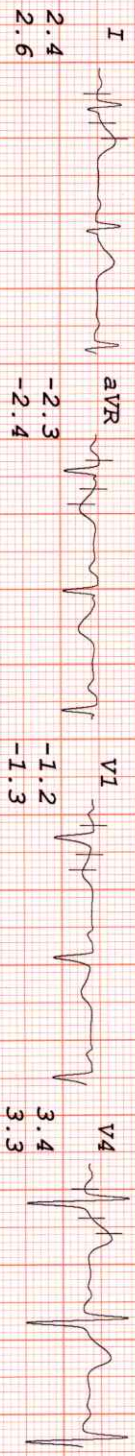
PRETEST  
SUPINE

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



*Dr. Bishu Singh*

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR BISHT SINGH  
I.D. 234  
Age 36/M  
Date 12/03/2022

RATE 93bpm  
B.P. 130/90

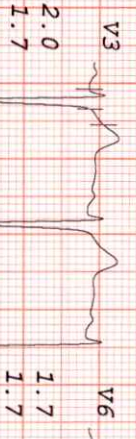
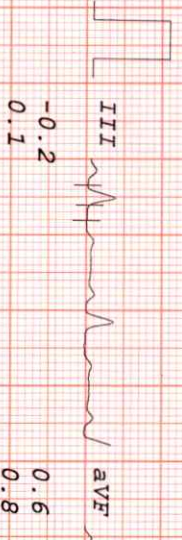
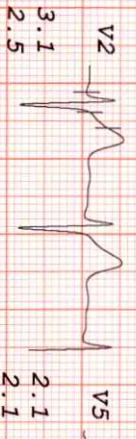
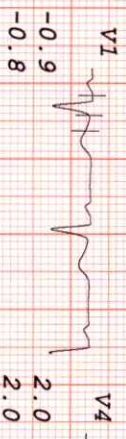
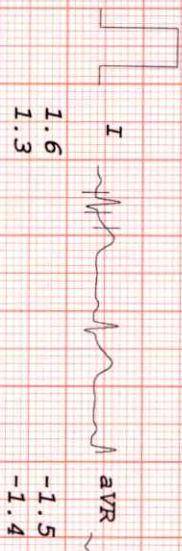
PRETEST  
HYPERVENT

ST @ 10mm/mV  
80ms PostJ

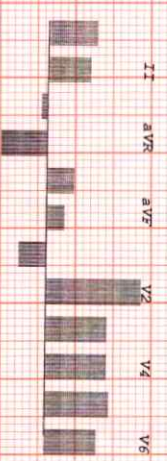
LINKED MEDIAN

Mag. X 2

V1



-0.9  
-0.8



*Shunda Singh*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR BISHT SINGH  
I.D. 234  
Age 36/M  
Date 12/03/2022

RATE 123bpm  
B.P. 140/90

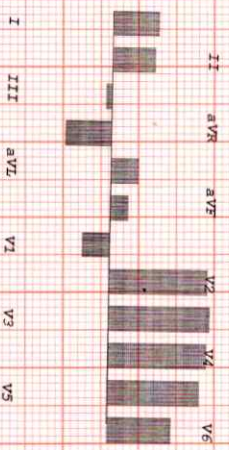
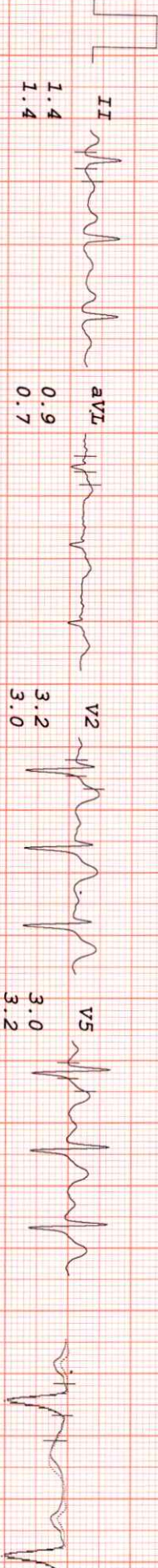
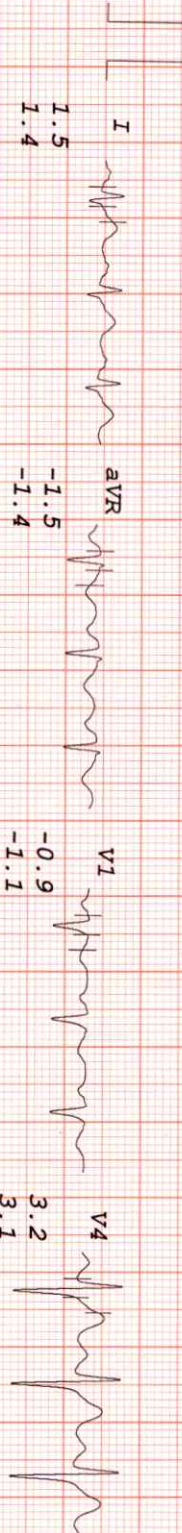
Bruce  
Stage 1  
TOTAL TIME 2:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 2.7 km/hr  
SLOPE 10 %

LINKED MEDIAN

Mag. X 2

V1



*Shudra Singh*

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR BISHT SINGH  
I.D. 234  
Age 36/M  
Date 12/03/2022

RATE 135bpm  
B.P. 150/100

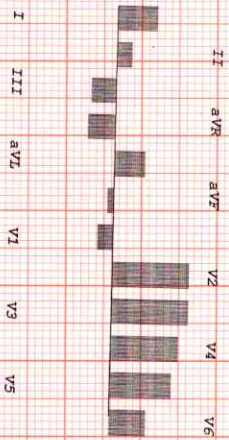
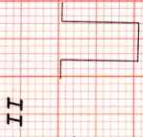
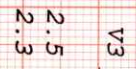
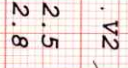
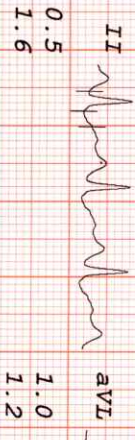
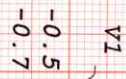
Bruce  
Stage 2  
TOTAL TIME 5:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 4 km/hr  
SLOPE 12 %

LINKED MEDIAN

Mag. X 2

III



*Dr. Bisht Singh*

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR BISHT SINGH  
I.D. 234  
Age 36/M  
Date 12/03/2022

RATE 157bpm  
B.P. 160/100

Bruce  
Stage 3  
TOTAL TIME 8:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 5.4 km/hr  
SLOPE 14 %

LINKED MEDIAN

Mag. X 2

III

I  
1.3  
1.3  
-0.7  
-1.6

aVR  
-0.2  
-0.8

V1  
1.6  
2.8

II  
0.1  
2.0  
1.2  
0.3

aVL  
2.4  
3.2

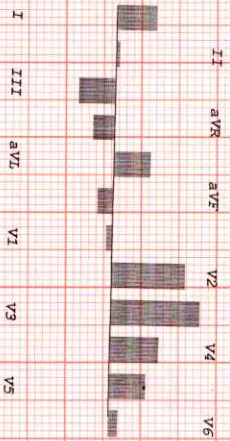
V2  
1.2  
2.9

III  
-1.2  
0.7  
-0.5  
1.3

aVF  
2.9  
3.0

V3  
0.3  
2.0

V4  
-1.2  
0.7



*Dr. P. H. Singh*

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR BISHT SINGH  
I.D. 234  
Age 36/M  
Date 12/03/2022

RATE 165bpm  
E.P. 170/100

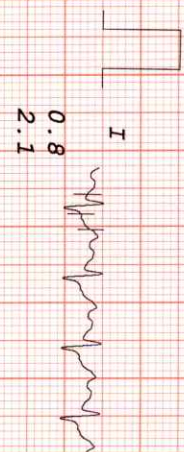
Bruce  
PK-EXERCISE  
TOTAL TIME 9:15  
PHASE TIME 0:15

ST @ 10mm/mV  
80ms PostJ  
Speed 6.7 km/hr  
SLOPE 16 %

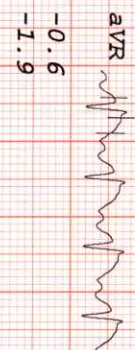
LINKED MEDIAN

Mag. X 2

III



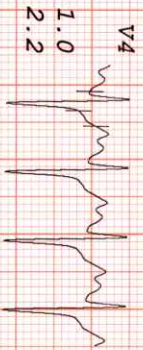
I  
0.8  
2.1



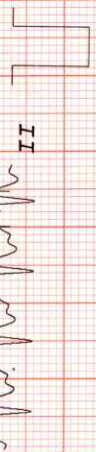
aVR  
-0.6  
-1.9



V1  
-0.2  
-0.7



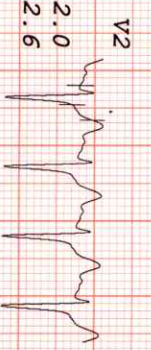
V4  
1.0  
2.2



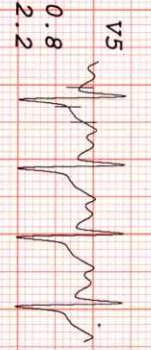
II  
0.4  
1.8



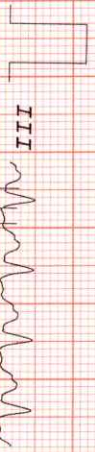
aVL  
0.6  
1.2



V2  
2.0  
2.6



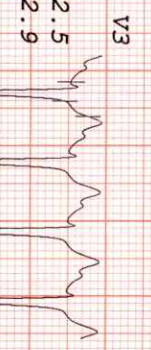
V5  
0.8  
2.2



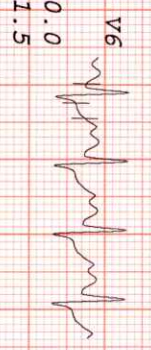
III  
-0.4  
-0.3



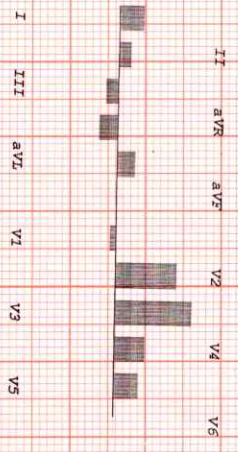
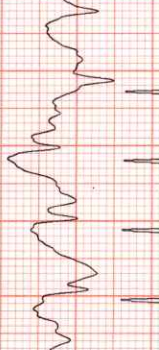
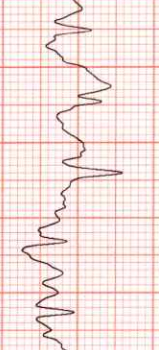
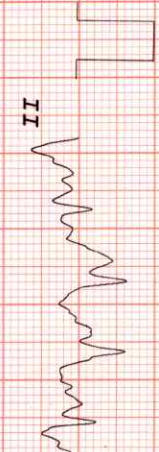
aVF  
0.0  
0.8



V3  
2.5  
2.9



V6  
0.0  
1.5



Rhythm: Filtered (20 Cycle) Base Corrected, Avg. Complex: Filtered (UNI-RM, Indorse. Tel: +91-731-4030035, Fax: +91-731-403160, E-Mail: emed@healthcaremedicals.net, Web: www.uni-em.com, ICM Ver. 16.0.6

*Handwritten signature*

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR BISHT SINGH  
I.D. 234  
Age 36/M  
Date 12/03/2022

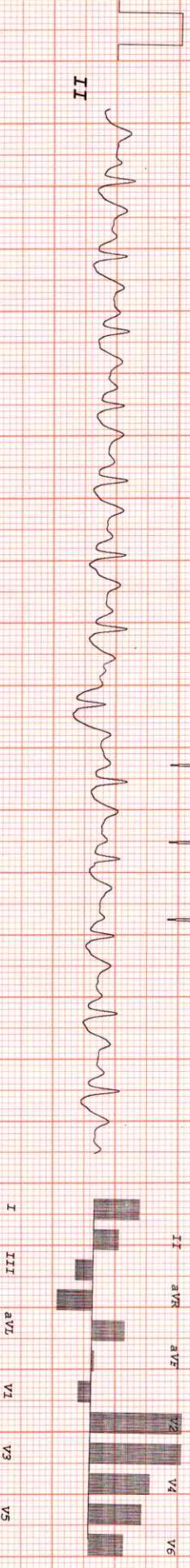
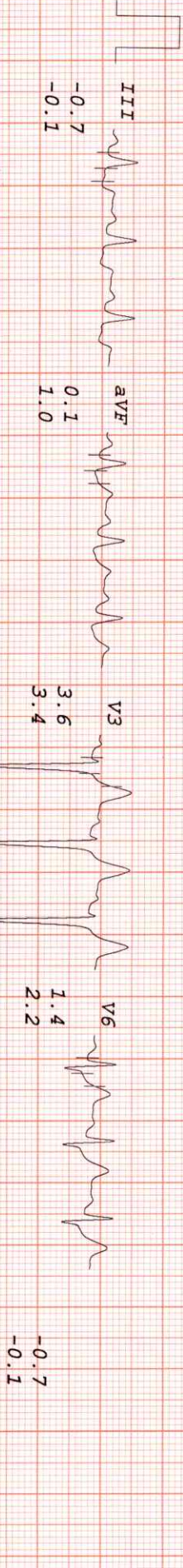
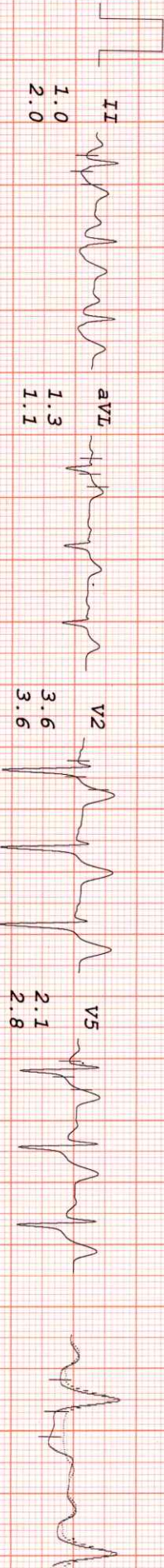
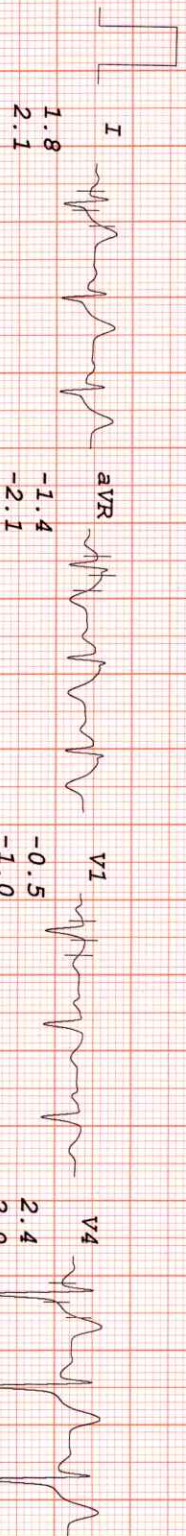
Rate 123bpm  
B.P. 160/100  
Bruce  
RECOVERY  
TOTAL TIME 10:37  
PHASE TIME 1:12

ST @ 10mm/mV  
80ms Post J

LINKED MEDIAN

Mag. X 2

III



*Arundha Singh*

# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR BISHT SINGH  
I.D. 234  
Age 36/M  
Date 12/03/2022

RATE 112bpm  
B.P. 150/90

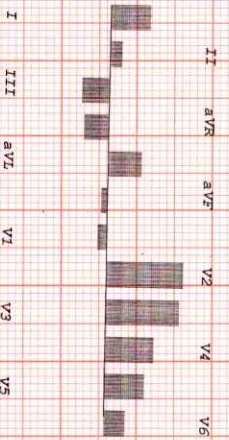
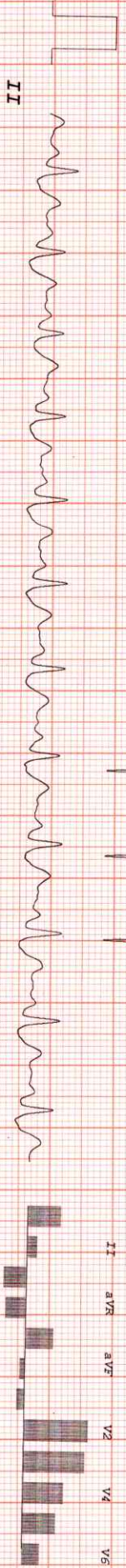
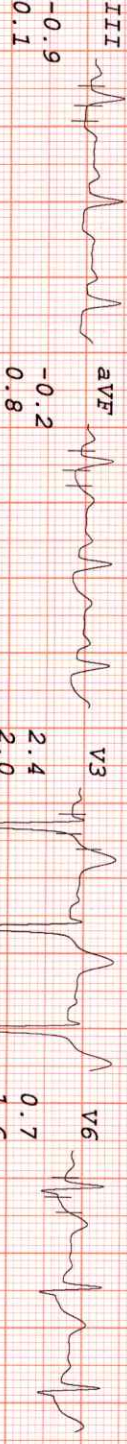
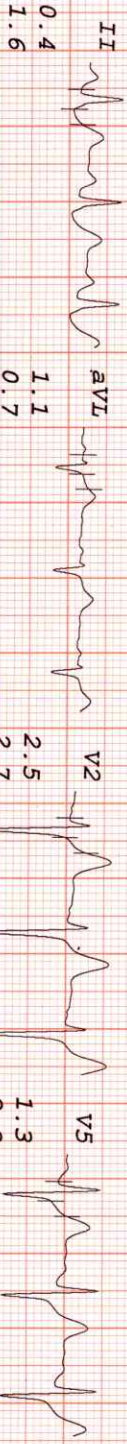
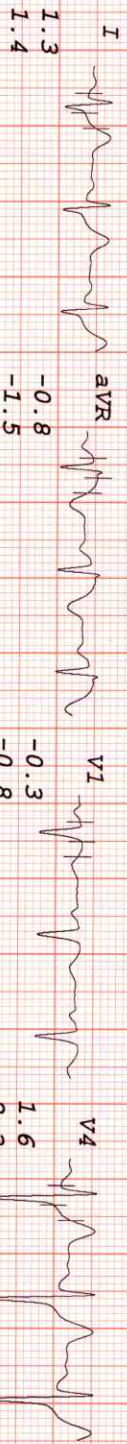
Bruce  
RECOVERY  
TOTAL TIME 11:18  
PHASE TIME 1:53

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR BISHT SINGH  
I.D. 234  
Age 36/M  
Date 12/03/2022

RATE 107bpm  
B.P. 130/90

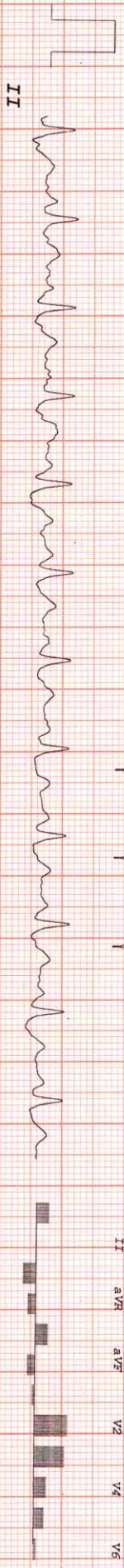
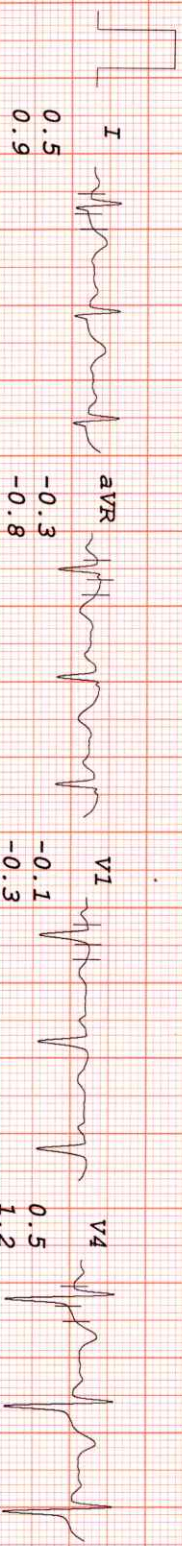
Bruce  
RECOVERY  
TOTAL TIME 13:10  
PHASE TIME 3:45

ST @ 10mm/mV  
80ms Post J

LINKED MEDIAN

Mag. X 2

III



I III aVL V1 V3 V5

II aVR aVF V2 V4 V6

*Dr. P. H. S. S. S.*