

Health Check up Booking Confirmed Request(bobS3720),Package Code-PKG10000474,
Beneficiary Code-303512

Mediwheel <wellness@mediwheel.in>

Thu 12/28/2023 1:16 PM

To:PHC [MH-Ghaziabad] <phc.ghaziabad@manipalhospitals.com>
Cc:customercare@mediwheel.in <customercare@mediwheel.in>



Mediwheel
...Your wellness partner

011-41195959

Hi Manipal Hospital,

We have received the confirmation for the following booking.

Hospital Package Name : Mediwheel Full Body Health Checkup Male Below 40

Patient Package Name : Mediwheel Full Body Health Checkup Male Below 40

Package Code : PKG10000474

Contact Details : 9667824889

Email : verma.shikha41@yahoo.com

Booking Date : 28-12-2023

Appointment Date : 30-12-2023

Confirmation Status : Booking Confirmed

Preferred Time : 8:00am-9:00am

Member Information		
Booked Member Name	Age	Gender
Vivek singh	31 year	Male

We request you to facilitate the employee on priority.

Thanks,
Mediwheel Team

You have received this mail because your e-mail ID is registered with This is a system-generated e-mail **Arcofemi Healthcare Limited**, please don't reply to this message.

Please visit to our Terms & Conditions for more informaion. This email is recieved because you are register with us [Click here to unsubscribe](#).

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To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	VIVEK SINGH
DATE OF BIRTH	07-02-1992
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	30-12-2023
BOOKING REFERENCE NO.	23D181648100081190S
SPOUSE DETAILS	
EMPLOYEE NAME	MS. VERMA SHIKHA
EMPLOYEE EC NO.	181648
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	DELHI,VISHWASH NAGAR
EMPLOYEE BIRTHDATE	03-01-1994

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **28-12-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



भारत सरकार



Issue Date: 11/06/2014

विवेक सिंह
Vivek Singh
जन्म तिथि / DOB : 07/02/1992
पुरुष / MALE



2106 3102 1928



2106 3102 1928

मेरा आधार, मेरी पहचान

Vivek Singh



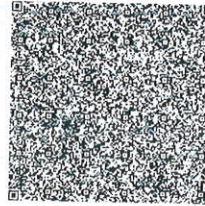
भारतीय विशिष्ट पहचान प्राधिकरण

Unique Identification Authority of India

पता: C/O राम शंकर, 779 , टवर - 19, रिवर हाइट्स, राज नगर विस्तार, गाजियाबाद, उत्तर प्रदेश, 201017

Address: C/O Ram Shankar, 779 , Tower - 19, River Heights, Raj Nagar Extension, Ghaziabad, Uttar Pradesh, 201017

Print Date: 24/03/2021



2106 3102 1928

1947

help@uidai.gov.in

www.uidai.gov.in

vivek singh

31years
Male
Caucasian

Vent. rate 79 bpm
PR interval 160 ms
QRS duration 78 ms
QT/QTc 356/408 ms
P-R-T axes 54 12 11

ID: 011593731

30-Dec-2023

11:12:19

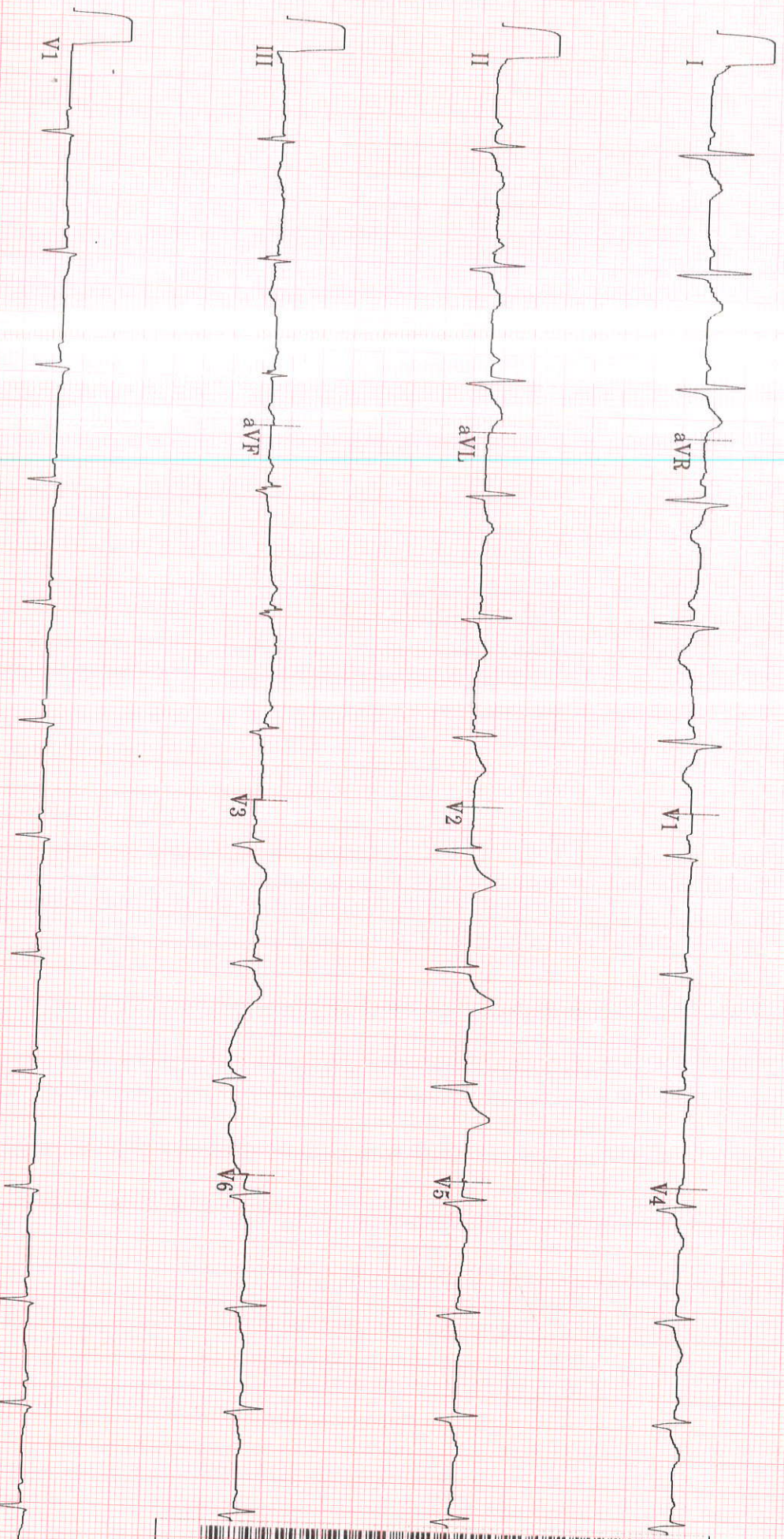
Manipal Hospitals, Ghaziabad

Normal sinus rhythm
Normal ECG

Technician:
Test ind:

Referred by:

Unconfirmed



20 Hz
25.0 mm/s
10.0 mm/mV



TMT INVESTIGATION REPORT

Patient Name	Vivek SINGH	Location	: Ghaziabad
Age/Sex	: 31Year(s)/male	Visit No	: V0000000001-GHZB
MRN No	MH011593731	Order Date	: 30/12/2023
Ref. Doctor	: HCP	Report Date	: 30/12/2023

Protocol	: Bruce	MPHR	: 189BPM
Duration of exercise	: 6min 04sec	85% of MPHR	: 160BPM
Reason for termination	: THR achieved	Peak HR Achieved	: 182BPM
Blood Pressure (mmHg)	: Baseline BP : 140/80mmHg	% Target HR	: 96%
	Peak BP : 154/80mmHg	METS	: 7.0METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	103	140/80	Nil	No ST changes seen	Nil
STAGE 1	3:00	140	148/80	Nil	No ST changes seen	Nil
STAGE 2	3:00	180	154/80	Nil	No ST changes seen	Nil
STAGE 3	0:04	179	154/80	Nil	No ST changes seen	Nil
RECOVERY	3:14	120	144/80	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes at peak stage.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY),FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY),MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-3535353

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

P +91 80 4936 0300 E info@manihospitals.com www.manipalhospitals.com



LABORATORY REPORT

Name : MR VIVEK SINGH Age : 31 Yr(s) Sex : Male
Registration No : MH011593731 Lab No : 202312004289
Patient Episode : H18000001619 Collection Date : 30 Dec 2023 08:55
Referred By : HEALTH CHECK MGD Reporting Date : 30 Dec 2023 13:31
Receiving Date : 30 Dec 2023 08:55

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Blood Group & Rh Typing (Agglutination by gel/tube technique)			Specimen-Blood
Blood Group & Rh typing	A Rh(D) Positive		

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

Page 2 of 2

NOTE:

- Abnormal Values

-----END OF REPORT-----

Dr. Alka Dixit Vats
Consultant Pathologist



LABORATORY REPORT

Name	: MR VIVEK SINGH	Age	: 31 Yr(s) Sex :Male
Registration No	: MH011593731	Lab No	: 202312004289
Patient Episode	: H18000001619	Collection Date	: 30 Dec 2023 08:55
Referred By	: HEALTH CHECK MGD	Reporting Date	: 30 Dec 2023 11:39
Receiving Date	: 30 Dec 2023 08:55		

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDENCE)	5.24	millions/cumm	[4.50-5.50]
HEMOGLOBIN	16.1	g/dl	[13.0-17.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	48.0	%	[40.0-50.0]
MCV (DERIVED)	91.6	fL	[83.0-101.0]
MCH (CALCULATED)	30.7	pg	[25.0-32.0]
MCHC (CALCULATED)	33.5	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	12.9	%	[11.6-14.0]
Platelet count	173	x 10 ³ cells/cumm	[150-410]
Method: Electrical Impedance			
MPV (DERIVED)	11.8		
WBC COUNT (TC) (IMPEDENCE)	5.89	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	48.0	%	[40.0-80.0]
Lymphocytes	43.0 #	%	[20.0-40.0]
Monocytes	6.0	%	[2.0-10.0]
Eosinophils	3.0	%	[1.0-6.0]
Basophils	0.0	%	[0.0-2.0]
ESR	6.0	mm/1sthour	[0.0-

LABORATORY REPORT

Name	: MR VIVEK SINGH	Age	: 31 Yr(s) Sex :Male
Registration No	: MH011593731	Lab No	: 202312004289
Patient Episode	: H18000001619	Collection Date	: 30 Dec 2023 08:55
Referred By	: HEALTH CHECK MGD	Reporting Date	: 30 Dec 2023 13:20
Receiving Date	: 30 Dec 2023 08:55		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Glycosylated Hemoglobin

Specimen: EDTA

HbA1c (Glycosylated Hemoglobin)	5.4	%	[0.0-5.6]
Method: HPLC			

As per American Diabetes Association (ADA)
 HbA1c in %
 Non diabetic adults ≥ 18 years < 5.7
 Prediabetes (At Risk) 5.7-6.4
 Diagnosing Diabetes ≥ 6.5

Estimated Average Glucose (eAG)	108	mg/dl
---------------------------------	-----	-------

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	Light-Yellow	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction [pH]	5.0	(4.6-8.0)
Specific Gravity	1.005	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	Negative	(NEGATIVE)
Urobilinogen	NORMAL	(NORMAL)



LABORATORY REPORT

Name	: MR VIVEK SINGH	Age	: 31 Yr(s) Sex :Male
Registration No	: MH011593731	Lab No	: 202312004289
Patient Episode	: H18000001619	Collection Date	: 30 Dec 2023 09:31
Referred By	: HEALTH CHECK MGD	Reporting Date	: 30 Dec 2023 14:04
Receiving Date	: 30 Dec 2023 09:31		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	2-3/hpf	(0-5/hpf)
RBC	NIL	(0-2/hpf)
Epithelial Cells	1-2 /hpf	
CASTS	NIL	
Crystals	NIL	
Bacteria	NIL	
OTHERS	NIL	

STOOL COMPLETE ANALYSIS

Specimen-Stool

Macroscopic Description

Colour	BROWN
Consistency	Semi Solid
Blood	Absent
Mucus	Absent
Occult Blood	NEGATIVE

Microscopic Description

Ova	Absent
Cyst	Absent
Fat Globules	Absent
Pus Cells	0-1 /hpf
RBC	NIL
Others	NIL



LABORATORY REPORT

Name	: MR VIVEK SINGH	Age	: 31 Yr(s) Sex :Male
Registration No	: MH011593731	Lab No	: 202312004289
Patient Episode	: H18000001619	Collection Date	: 30 Dec 2023 08:55
Referred By	: HEALTH CHECK MGD	Reporting Date	: 30 Dec 2023 11:58
Receiving Date	: 30 Dec 2023 08:55		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Serum LIPID PROFILE			
Serum TOTAL CHOLESTEROL Method:Oxidase,esterase, peroxide	194	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	172 #	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL Method : Enzymatic Immunoimhibition	44.0	mg/dl	[35.0-65.0]
VLDL- CHOLESTEROL (Calculated)	34	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	116.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
T.Chol/HDL.Chol ratio(Calculated)	4.4		<3 Optimal 3-4 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio(Calculated)	2.6		

Note:

Reference ranges based on ATP III Classifications.

Lipid profile is a panel of blood tests that serves as initial broad medical screening tool for abnormalities in lipids, the results of this tests can identify certain genetic diseases and determine approximate risks for cardiovascular disease, certain forms of pancreatitis and other diseases



LABORATORY REPORT

Name	: MR VIVEK SINGH	Age	: 31 Yr(s) Sex :Male
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Patient Episode	: H18000001619	Collection Date	: 30 Dec 2023 08:55
Referred By	: HEALTH CHECK MGD	Reporting Date	: 30 Dec 2023 11:58
Receiving Date	: 30 Dec 2023 08:55		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
KIDNEY PROFILE			
Specimen: Serum			
UREA	14.4 #	mg/dl	[15.0-40.0]
<i>Method: GLDH, Kinatic assay</i>			
BUN, BLOOD UREA NITROGEN	6.7 #	mg/dl	[8.0-20.0]
<i>Method: Calculated</i>			
CREATININE, SERUM	0.87	mg/dl	[0.70-1.20]
<i>Method: Jaffe rate-IDMS Standardization</i>			
URIC ACID	5.2	mg/dl	[4.0-8.5]
<i>Method:uricase PAP</i>			
SODIUM, SERUM	135.10 #	mmol/L	[136.00-144.00]
POTASSIUM, SERUM	4.35	mmol/L	[3.60-5.10]
SERUM CHLORIDE	101.9	mmol/L	[101.0-111.0]
<i>Method: ISE Indirect</i>			
eGFR (calculated)	115.0	ml/min/1.73sq.m	[>60.0]
Technical Note			
eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.			



LABORATORY REPORT

Name	: MR VIVEK SINGH	Age	: 31 Yr(s) Sex :Male
Registration No	: MH011593731	Lab No	: 202312004290
Patient Episode	: H18000001619	Collection Date	: 30 Dec 2023 08:55
Referred By	: HEALTH CHECK MGD	Reporting Date	: 30 Dec 2023 11:58
Receiving Date	: 30 Dec 2023 08:55		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma			
GLUCOSE, FASTING (F) Method: Hexokinase	108.0	mg/dl	[70.0-110.0]

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in the urine.

Increased in Diabetes mellitus, Cushing's syndrome (10-15%), chronic pancreatitis (30%).
 Drugs corticosteroids, phenytoin, estrogen, thiazides

Decreased in Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy(adrenocortical, stomach, fibro sarcoma), infant of a diabetic mother enzyme deficiency diseases(e.g.galactosemia),
 Drugs-
 insulin, ethanol, propranolol, sulfonylureas, tobutamide, and other oral hypoglycemic agents.

-----END OF REPORT-----

Dr. Alka Dixit Vats
 Consultant Pathologist

RADIOLOGY REPORT

NAME	MR Vivek SINGH	STUDY DATE	30/12/2023 9:18AM
AGE / SEX	31 y / M	HOSPITAL NO.	MH011593731
ACCESSION NO.	R6640402	MODALITY	US
REPORTED ON	30/12/2023 10:18AM	REFERRED BY	HEALTH CHECK MGD

USG ABDOMEN & PELVIS**FINDINGS**

LIVER: appears normal in size (measures 140 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 75 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 8.8 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.2 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 100 x 45 mm.

Left Kidney: measures 102 x 49 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 36 x 31 x 28 mm with volume 17 cc. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Diffuse grade I fatty infiltration in liver.

Recommend clinical correlation.



Dr. Prabhat Prakash Gupta MBBS, DNB, MNAMS

CONSULTANT RADIOLOGIST

*****End Of Report*****

RADIOLOGY REPORT

NAME	MR Vivek SINGH	STUDY DATE	30/12/2023 9:09AM
AGE / SEX	31 y / M	HOSPITAL NO.	MH011593731
ACCESSION NO.	R6640401	MODALITY	CR
REPORTED ON	30/12/2023 9:15AM	REFERRED BY	HEALTH CHECK MGD

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
TRACHEA: Normal.
CARINA: Normal.
RIGHT AND LEFT MAIN BRONCHI: Normal.
PLEURA: Normal.
HEART: Normal.
RIGHT HEART BORDER: Normal.
LEFT HEART BORDER: Normal.
PULMONARY BAY: Normal.
PULMONARY HILA: Normal.
AORTA: Normal.
THORACIC SPINE: Normal.
OTHER VISUALIZED BONES: Normal.
VISUALIZED SOFT TISSUES: Normal.
DIAPHRAGM: Normal.
VISUALIZED ABDOMEN: Normal.
VISUALIZED NECK: Normal.

IMPRESSION:

-No significant abnormality seen.

Please correlate clinically



Dr. Prabhat Prakash Gupta MBBS, DNB, MNAMS
CONSULTANT RADIOLOGIST

*****End Of Report*****