

**HEALTH CHECK UP**

Name : Norandha Singh

Date : 10-10-22

Age : 32 y/m

Sex : Male / Female

Marital status : Married / Single

**PERSONAL HISTORY**

Habits : Smoking / Tobacco & Snuff / Alcohol NO

Drug allergy if any : .....

Medical : ..... / NO

Surgical : .....

Height 175 cm Weigh 69 Kg. BP 110/80 mmHg Pulse 70/mt

Vision : Rt 6/18 Lt 6/18 With Spectacles ..... Rt 6/6 Lt 6/6

Colour Vision : Normal / Abnormal Near Vision N/18

**FAMILY HISTORY**

Father best Mother normal Siblings normal

CVS : Heart Sound ..... Normal Murmurs ..... Absent Thrills ..... Absent

RS : Rate ..... /mt Breath sounds ..... Normal Adventitious ..... Absent

ABDOMEN : Tenderness ..... Absent Rigidity ..... Absent Bowel sound ..... Normal

Liver ..... NAD Kidney ..... NAD Hernia ..... Absent

CNS : Cranial Nerves ..... NAD Sensory System ..... NAD Motor System ..... NAD

ENT ..... NAD

Remarks

Dr. Bharti Jeswani  
MBBS

Dr. Seema Kale  
MBBS, MD

Dr. S. K. Suri  
MBBS

Dr. Meenakshi  
MBBS

HOME SAMPLE COLLECTION FACILITY AVAILABLE

Name : Mr. NARENDRA SINGH  
Ref


Age/sex: 32 YRS/ M  
Date 10/12/2022

**TMT (Tread Mill / Stress Test)**

**Result :** The pre exercise ECG was normal with no significant ST-T segment changes. During peak exercise & recovery there were no significant ST-T change seen. Person could exercise for 07 min. 35 sec on the Bruce protocol & achieved a workload of 15.47 mets.

He/She attained a peak heart rate of 174 beats/minute which is 92 % of the predicted maximum heart rate. The exercise was terminated owing to THR. There was no classical angina and no arrhythmia. Clinically the blood pressure response was normal [150/80] and there was no S3 S4 gallop in the recovery period.

**IMPRESSION: -** NORMAL EXERCISE TOLERANCE.  
NORMAL HEMODYNAMIC RESPONSE.  
TMT IS NEGATIVE FOR PROVOCABLE  
ISCHAEMIA

  
Dr. SEEMA KALE MD  
SEN. PHYSICIAN

NAME: MR NARENDRA SINGH  
REF

Age/ Sex: 32 YRS/ M  
DATE 10/12 /2022


**ECHO ADULT (COLOUR DOPPLER)**

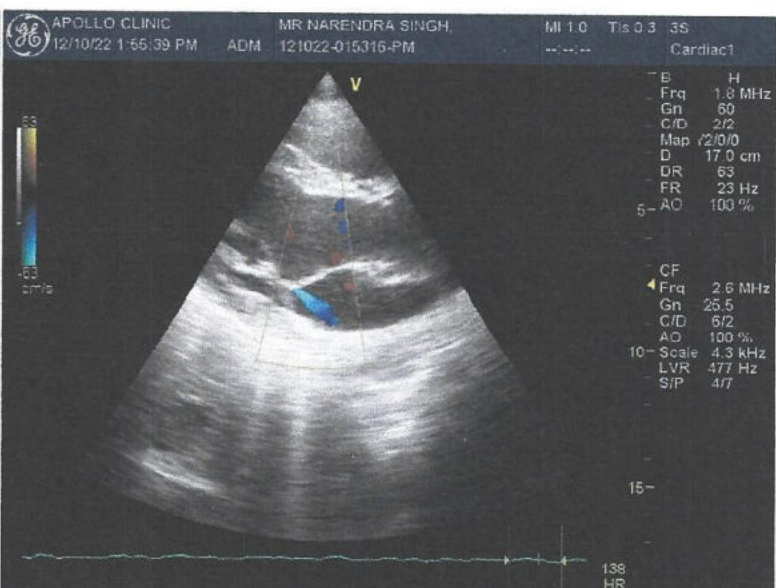
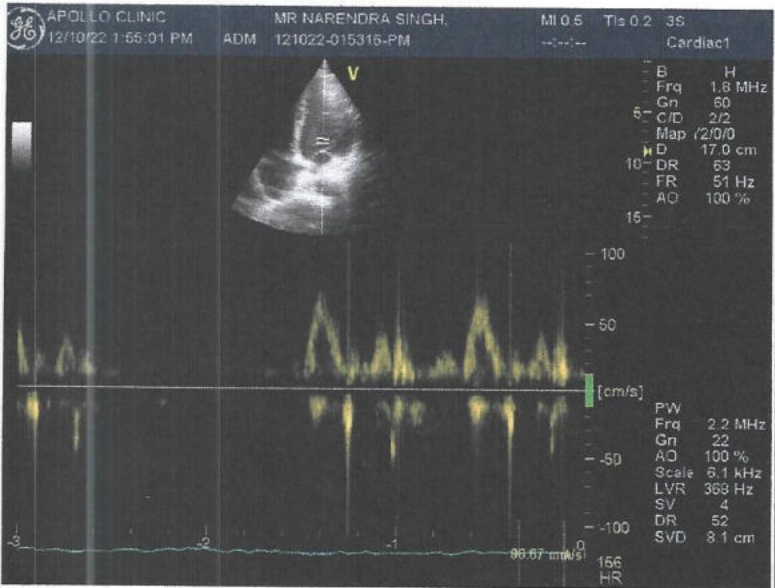
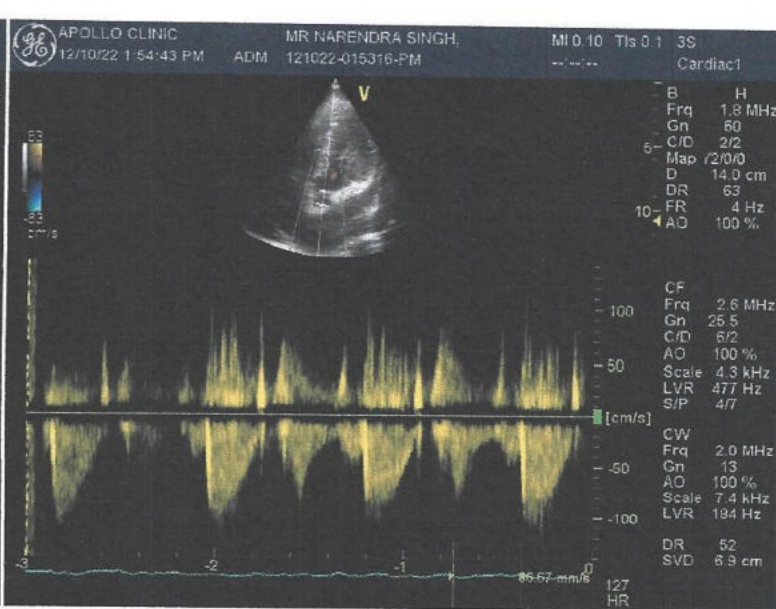
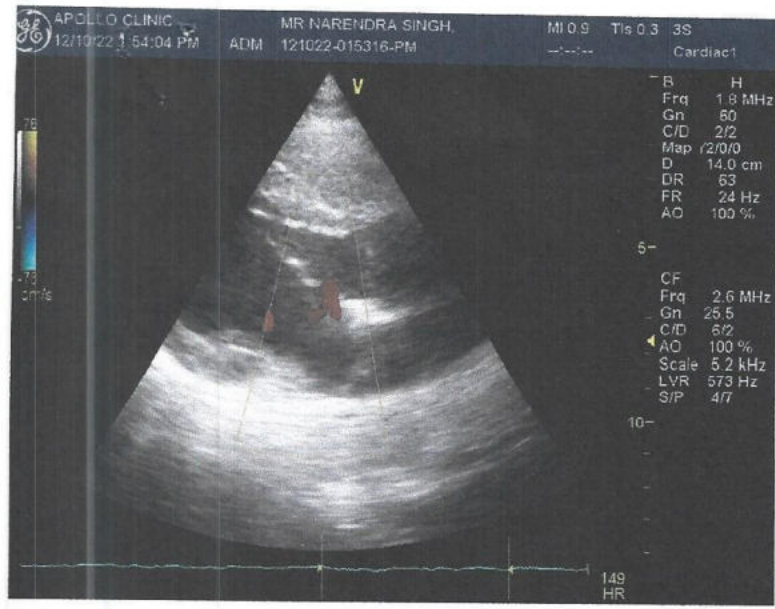
DIMENSIONS			NORMAL	DIMENSIONS			NORMAL
Ao (ed)	30.0 mm		(1.5 cm/m <sup>2</sup> )	IVS (Ed)	9.2 mm		{0.6-1.2cm}
LA (es)	30.0 mm		(1.5 cm/m <sup>2</sup> )	LVPW (Ed)	10.0 mm		(.6-1.1cm)
RVID (ed)	Normal		(0.9cm/m <sup>2</sup> )	EF	65.0 %		(0.62-0.85)
LVID (ed)	45.0 mm		(2.6-3.4 cm/m <sup>2</sup> )	FS	30.0		
LVID (es)	25.0 mm						

**MORPHOLOGICAL DATA**

Mitral Valve	AML ELONGATED	Interatrial Septum	Normal
Aortic Valve	Normal	Interventricular Septum	Normal
Tricuspid Valve	Normal	Pulmonary Artery	Normal
Pulmonary Valve	Normal	Aorta	Normal
Right Ventricle	Normal	Right Atrium	Normal
Left Ventricle	Normal	Left Atrium	Normal
Pericardium	Normal		
Colour Doppler	MILD MR, NO PAH, IVC NORMAL, LV DIASTOLIC FUNCTION NORMAL		
Wall motion	Normal		

**IMPRESSION :** AML ELONGATED, MILD MR, NO RWMA, LVEF~ 65 %,  
RV FUNCTION NORMAL, NO PAH, IVC NORMAL.

  
**DR SEEMA KALE MD**  
SENIOR CONSULTANT.



Patient Name : Mr. Narendra Singh  
 UHID/MR No. : FRAJ.0000222028  
 Visit Date : 10-12-2022 09:30  
 Sample Collected on : 10-12-2022 09:54  
 Ref Doctor : SELF  
 Emp/Auth/TPA ID : 465456564  
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 32Y/Male  
 OP Visit No : FRAJOPV97491  
 Reported on : 10-12-2022 12:58  
 Specimen : EDTA Blood  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>BLOOD GROUP AND RH TYPE</b>			
ABO Group	A		
RH	Positive		
<b>HAEMOGRAM</b>			
Hb(Haemoglobin) Method: Non Cyanide	14.4	13 - 17	gm/dl
PCV / Haematocrit Method: Pulse Height Detection	43.9	40 - 50	%
ESR. Method: Westergren's Method.	07	0 - 20	mms at the end of 1 hr
Total Leukocyte Count Method: DC Detection Method	7100	4000 - 10000	/Cumm
Platelet Count Method: DC Detection Method	1.81	1.5 - 4.1	lakhs/cumm
RBC Count Method: DC Detection Method	4.9	4.5 - 6.0	Million/Cumm
MCV Method: Calculated.	88.7	77 - 98	fl
MCH. Method: Calculated	29.1	27 - 32	pg
MCHC. Method: Calculated.	32.8	31.5 - 34.5	gm/dl
Neutrophil Method: Slide Test	63	40 - 70	%
Lymphocyte Method: Slide Test	35	20 - 40	%
Eosinophil Method: Slide Test	02	1 - 6	%

Note: PERIPHERAL SMEAR - RBC's are normocytic normochromic. Leucocyte counts are within normal limits. Platelets are normal in number & morphology.  
 No immature cells or haemoparasite detected.

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.

End of the report

Results are to be correlated clinically

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED, PLEASE CONTACT THE LABORATORY.  
 • ALL THE CONGENITAL ANAMOLIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

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Lab Technician / Technologist  
Yogita

Dr. Prashant Purwar  
MBBS, DCP  
Consultant Pathologist

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 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 32Y/Male  
 OP Visit No : FRAJOPV97491  
 Reported on : 10-12-2022 15:11  
 Specimen : Plasma(Fluoride)  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - ( FASTING )			
GLUCOSE - ( FASTING ) Method: (GOD-POD).	95	70 - 110	mg/dL
GLUCOSE - ( POST PRANDIAL )			
GLUCOSE - ( POST PRANDIAL ) Method: (GOD-POD)	100	70-140	mg/dl
GLYCOSYLATED HEMOGLOBIN (HBA1C)			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD Method: BORONATE AFFINITY	5.1	4.2 - 6.0	%
Thyroid Profile 2(Free T4, Free T3 And TSH)			
Serum FT3	4.1	3.2 - 5.9	pmol/l
Serum FT4	15.3	10.6 - 21.0	pmol/l
Serum TSH	3.7	0.38 - 5.0	uIU/ml
LIPID PROFILE TEST (PACKAGE)			
CHOLESTEROL Method: CHOD - PAP	177	Desirable < 200 Borderline High : 200-239 High : > 240	mg/dl
Triglyceride Method: GPO-PAP	99	50-200	mg/dl
HDL Method: DIRECT	50.0	30 - 50	mg/dl
LDL Method: DIRECT	107.2*	60 - 100	mg/dl
VLDL Method: Calculated	19.8	<40	mg/dl
CHOLESTEROL / HDL RATIO Method: Calculated.	3.5	0 - 4.5	

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
Yogita

Dr. Prashant Purwar  
MBBS, DCP  
Consultant Pathologist

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 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 32Y/Male  
 OP Visit No : FRAJOPV97491  
 Reported on : 10-12-2022 15:11  
 Specimen : Serum  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>LIVER FUNCTION TEST (PACKAGE)</b>			
BILIRUBIN - TOTAL. Method: Jendrassik	1.3	0.1 - 1.3	mg/dl
Bilirubin (Direct)-Serum Method: Diazo.	0.30	0 - 0.3	mg/dl
A/G Method: Calculated	1.5	1.0 - 2.0	
BILIRUBIN - INDIRECT. Method: Calculated.	1.0	<1.1	mg/dl
SGOT /AST Method: IFCC (With P5P)	28.1	0 - 35	U/L
SGPT/ALT Method: IFCC (With P5P)	29.9	0 - 45	U/L
ALKALINE PHOSPHATE Method: AMP BUFFER	53.8	30 - 117	U/L
GGT. Method: SZAZ	20.2	10 - 50	U/L
TOTAL PROTEIN Method: Biuret	7.4	5.8-8.0	g/dl
ALBUMIN Method: BCG	4.5	3.7-5.2	g/dl
GLOBULIN Method: Calculated	2.9	2.5 - 3.5	mg/dL

End of the report

Results are to be correlated clinically

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Yogita

Dr. Prashant Purwar  
MBBS, DCP  
Consultant Pathologist



Patient Name : Mr. Narendra Singh  
 UHID/MR No. : FRAJ.0000222028  
 Visit Date : 10-12-2022 09:30  
 Sample Collected on : 10-12-2022 09:53  
 Ref Doctor : SELF  
 Emp/Auth/TPA ID : 465456564  
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 32Y/Male  
 OP Visit No : FRAJOPV97491  
 Reported on : 10-12-2022 15:12  
 Specimen : Serum  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>KFT - RENAL PROFILE-SERUM</b>			
UREA Method: Urease	25.9	10-50	mg/dl
Creatinine Method: Jaffe	0.97	0.5 - 1.3	mg/dl
Uric Acid Method: Uricase	4.3	3.5 - 7.2	mg/dl
Sodium(Na) Method: ISE	142.0	136 - 142	mmol/L
Potassium(K) Method: ISE	4.2	3.8 - 5.0	mmol/L
Chloride(Cl) Method: ISE	102.0	95 - 103	mmol/L
Calcium. Method: OCP	9.8	9.2 - 11.0	mg/dl
Phosphorus Method: Molybdate UV	3.1	2.3 - 4.7	mg/dl

End of the report

Results are to be correlated clinically

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 Emp/Auth/TPA ID : 465456564  
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 32Y/Male  
 OP Visit No : FRAJOPV97491  
 Reported on : 10-12-2022 13:44  
 Specimen : Urine  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION

URINE EXAMINATION TEST REPORT

Test Name	Observed Value	Unit	Reference Range
<u>Urine R/M Examination</u>			
Quantity	10	ml.	
Colour	Pale Yellow		Pale Yellow
Transparency	Clear		Clear
Urine Specific Gravity	1.020		1.005 - 1.030
Dipstick			
pH	6.5		5.5 - 7.5
Dipstick / pH paper			
<u>Chemical Examination</u>			
Protein	Nil		Nil
Dipstick/Heat & acetic acid			
Sugar	Nil		Nil
Dipstick/Benedicts reagent			

Microscopic Examination

Pus Cells	0-1	/HPF	1-2
RBC'S	Nil	/HPF	Nil
Casts	Nil	/HPF	Nil
Crystals	Nil	/HPF	Nil
Epithelial Cells	Occasional	/HPF	1-2
Bacteria	Nil	/HPF	Nil

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
Surinder

Dr. Prashant Purwar  
MBBS, DCP  
Consultant Pathologist

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Patient Name : Mr.Narendera	MR No	: FRAJ0000
Age/Sex : 32 Y/M	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 10-12-2022
Ref.by :	Report Date	: 10-12-2022

**ULTRASOUND WHOLE ABDOMEN**

**LIVER:** Liver is normal in shape, size and echotexture. No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

**GALL BLADDER:** Gall bladder is well visualised. Its wall thickness is normal. No calculus or mass lesion is seen in gall bladder.

**PANCREAS:** Pancreas appears normal in size and echopattern.

**SPLEEN:** Spleen appears normal in size and echopattern.

**KIDNEYS:** Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No calculus / hydronephrosis seen.

Visualised parts of retroperitoneum do not show any lymphadenopathy.

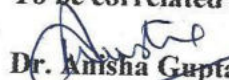
**URINARY BLADDER:** Urinary bladder is well distended and shows clear contents.

**PROSTATE:** Prostate is normal in shape, size and echotexture.

No free fluid detected.

**IMPRESSION:- NORMAL STUDY.**

To be correlated clinically.

  
**Dr. Anisha Gupta**  
Consultant Radiologist.

**Disclaimer:** Renal calculi less than 5mm could be missed on an Ultrasound. NCCT KUB is the modality of choice for the same.

Patient Name : Mr. Narendra Singh	MR No	: FRAJ0000
Age/Sex : 32 Y/ M	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 10-12-2022
Ref.by :	Report Date	: 10-12-2022

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**X-RAY CHEST P A VIEW**

- Both lung fields do not show any active parenchymal lesion.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

**IMPRESSION:- NORMAL STUDY.**

To be correlated clinically.

  
**Dr. Anisha Gupta**  
Consultant Radiologist.

# APOLLO CLINIC

Mr. NARENDRA SINGH

I.D. : 99

AGE/SEX : 32/M

RECORDED : 1-1-2005 4:47

RATE : 92 BPM

B.P. : 110/80 mmHg

ST @ 10mm/mV  
80ms PostJ

SUPINE  
PRETEST

RAW E.C.G.

