

Name : Mrs. DEEPIKA S (23 /F)

Date : 25/02/2023

Address : GANDHI NAGAR 4TH STREET MANNACHANALLUR, TIRUCHIRAPPALLI,  
TIRUCHIRAPPALLI, TAMIL NADU, INDIA

Examined by: Dr .AHC DOCTOR TRICHY

UHID : AT01.0000221462

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK FEMALE BELOW  
40YRS

AHC No : TRYMH44112



## CHIEF COMPLAINTS

For general health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer



## DRUG ALLERGY

NO KNOWN ALLERGY

:25/02/2023



## SYSTEMIC REVIEW

### Gastrointestinal system

Appetite - normal; Bowel habits - regular

### Genitourinary system

Frequency - normal

### Gynaec history

Last menstrual period - 14-02-2023; No of Children -  
1; Last child birth - 12-12-2021; No of deliveries - 1;  
Deliveries - normal vaginal delivery

### Central nervous system

Sleep - adequate

### Eyes

Vision - defective; Glasses - no

### ENT

- Normal hearing



## Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?  
Covid 19 - No



## Surgical history

Surgical history - Nil



## Personal history

Marital status - Married  
No. of children - 1  
Male - 1  
Occupation - house wife  
Diet - Mixed Diet  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



## Family history

Father - alive  
Aged - 50 YEARS  
Mother - alive  
Aged - 45 YEARS  
Brothers - 1  
Sisters - 1  
Diabetes - father  
Hypertension - father  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



## General

General appearance - normal  
Build - normal  
Height - 159  
Weight - 58.80  
BMI - 23.26

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Pallor - No

Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 73

Rhythm - Regular

- B.P. Sitting

Systolic(mm of Hg) - 110

Diastolic(mm of Hg) - 70

Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal

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**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016 - 1.026
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	5 *		●	4.6 -8.0
Protein :	Nil			Negative
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal	E.U./dL		
RBC	Nil	/hpf		0-5
Pus Cells	1-2 /h.p.f			
Epithelial Cells	2-4 /h.p.f			0-5 /HPF
Reaction:	Acidic			
Blood:	Negative			

Test Name	Result	Unit	Level	Range
ALT(SGPT)	15	U/L	●	Adult Female : <34
Globulin - Serum: (Calculated)	2.8	g/dL	●	Adult (2.0 - 3.5)
Alkaline Phosphatase - Serum	78	U/L	●	ADULT(MALE) < 129 ADULT(FEMALE) < 104
AST (SGOT)	20	U/L	●	Adult Female: <31
Bilirubin, Total - Serum	0.4	mg/dL		

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	150	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

**CBC**

Test Name	Result	Unit	Level	Range
Hemoglobin	10.9 *	gm%	●	11.5-16.5
Packed cell volume(Calculated)	35.1 *	%	●	37-47
WBC Count	5.0	10 <sup>9</sup> /m <sup>3</sup>	●	4-11
Platelet Count	239	10 <sup>9</sup> /m <sup>3</sup>	●	150-450
ESR	12	mm/hr	●	0-20
Neutrophils	63	%	●	40-80
Lymphocytes	30	%	●	20-40
Eosinophils	02	%	●	01-06
Monocytes	05	%	●	2-10

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Creatinine - Serum	0.9	mg/dL	●	Female: 0.6 - 1.1

**LIVER FUNCTION TEST WITH GGTP**

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	11	U/L	●	Female: < 38

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Fasting)	84	mg/dL	●	70 - 100

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
Blood Group	O			
Rh (D) Type:	POSITIVE			

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Post Prandial)	86	mg/dL	●	< 140

**LIVER FUNCTION TEST WITH GGTP**

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	4.9	%	●	4 - 6 % (NGSP)

Triglycerides - Serum	91	mg/dL	●	Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500
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**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL Cholesterol	41	mg/dL	●	Low: <40 High: >=60

Total Cholesterol / HDL Cholesterol Ratio (Calculated)	3.7		●	< 4.5
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LDL Cholesterol (Direct LDL)	95	mg/dL	●	Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190
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**TOTAL T3 T4 TSH**

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	1.95	µIU/mL	●	Adults(21 - 54 Years): 0.5 - 5.0 Pregnancy: First Trimester: 0.3 - 4.5 Second Trimester: 0.5 - 4.6 Third Trimester: 0.8 - 5.2

**LIVER FUNCTION TEST WITH GGTP**

Test Name	Result	Unit	Level	Range
Protein Total - Serum	7.0	g/dL	●	>2 Year: 6.0 - 8.0
Albumin - Serum	4.2	g/dL	●	Adult(20 - 60 Yr): 3.5 - 5.2

**UREA - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Urea	13	mg/dL	●	Adult: 13 - 43

**TOTAL T3 T4 TSH**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	111.25	ng/dL	●	Adults(20-50 Yrs Female): 70 - 204 Pregnancy:First Trimester: 81-190 Second Trimester : 100 - 260 Third Trimester: 100 - 260

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	3.1	mg/dL	●	Adult Female: 2.6 - 6.0

TOTAL T4: THYROXINE - SERUM	9.5	µg/dL	●	Adults(15-60 Yrs Female): 5.5 - 11.0
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**LIVER FUNCTION TEST WITH GGTP**

Test Name	Result	Unit	Level	Range
Bilirubin Conjugated - Serum	0.1	mg/dL	●	0.0-0.2
Bilirubin Unconjugated - Serum (Calculated)	0.3	mg/dL	●	0.0-1.0

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.0	mg/dL	●	Adult : 6 - 20

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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TRIGLYCERIDES/HDL 2.2  
CHOLESTROL

#### CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

#### PAP SMEAR

Ref No:

P248/2023

SPECIMEN TYPE:

Conventional

Cervical smear

SPECIMEN ADEQUACY:

Satisfactory for evaluation

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy.

NOTE:

INFLAMMATORY CELLS SEEN.

#### 2D-ECHO WITH COLOUR DOPPLER

NO REGIONAL WALL MOTION ABNORMALITY

LEFT VENTRICLE NORMAL IN SIZE

NORMAL LEFT VENTRICULAR FUNCTION

NO LV CLOT

TRIVIAL MITRAL REGURGITATION

TRIVIAL TRICUSPID REGURGITATION

NO PULMONARY ARTERY HYPERTENSION

NO PERICARDIAL EFFUSION

IAS/IVS INTACT

#### ULTRASOUND - WHOLE ABDOMEN

NO SIGNIFICANT ABNORMALITY DETECTED.

Suggested Clinical Correlation and Further Evaluation.

Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

#### Haematology

STOOL ROUTINE

ERYTHROCYTE SEDIMENTATION RATE (ESR)



Within Normal Range



Borderline High/Low



Out of Range

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## Executive Summary


 Physical examination and tests in the package do not reveal any significant abnormality

## Wellness Prescription


### Advice On Diet :-

 Well-balanced diet

### Advice On Physical Activity :-

 30 minutes brisk walk 5 days a week

## Follow-up and Review Plan

 Annual health check



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Printed By : Elvis Matthew Gomes

**Dr.AHC DOCTOR TRICHY**  
AHC Physician / Consultant Internal Medicine

**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.