

Name : Mrs. JAHANARA BEGUM (51 /F)

Date : 24/02/2023

Address : VILL-BATULDANGA, PO-KHORGACHI,PS-BADURIA, NORTH 24 PARGANAS,
NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by :

UHID : AMHL.0002097919

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH
TMT/ECHO)

AHC No : AMHLAH168140



CHIEF COMPLAINTS

For corporate health checkup
Sneezing, Cough
Generalised weakness

PRESENT KNOWN ILLNESS

Diabetes mellitus - type 2; Medication -
regular
Thyroid disease - hypothyroidism;
Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY :25/02/2023



SYSTEMIC REVIEW

Cardiovascular system

Breathing difficulty - yes; Exacerbated by - moderate
exertion; Palpitation - On and off

Respiratory system

Sneezing - yes; Cough - yes

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

No of Children - 2; Deliveries - LSCS; Menopause -
yes

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant



Present medications

- names not known



Past medical history

Past medical history - nil significant



Surgical history

Caesarian section - yes



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Mother - has expired
Diabetes - father
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Height - 146
Weight - 52
BMI - 24.39

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Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 104
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 66
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Central nervous system

- No neurological deficit

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	6.4 *	g/dl	●	12.0-15.0
RBC COUNT	5.19 *	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	25.6 *	%	●	36-46
MCV	49.2 *	fl	●	83-101
MCH	12.3 *	pg	●	27-32
MCHC	26.4 *	%	●	31.5-34.5
RDW	21.2 *	%	●	11.8-14.0
WBC Count	8900	/cu mm	●	4000-10000
Platelet Count	2.46	lacs/cu mm	●	1.5-4.0
Neutrophils	76	%	●	40-80
Lymphocytes	18 *	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+++ , Predominantly Microcytic Hypochromic. Marked Poikilocytosis. Target cells+. Microspherocytes seen. Polychromasia+. Elliptocytes+. Tear drop cells+. Occasional Basophilic Stippling.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	21 *	mm/1st hr	●	0-20

Ketone:	Not Detected
Bile Pigments	Not Detected
RBC	Nil /hpf
Pus Cells	1-2 /hpf
Epithelial Cells	4-6 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.
NOTE : -	Urine glucose rechecked and confirmed by Benedict's test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+++			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	21	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	86	U/L	●	42-98
AST (SGOT) - SERUM	24	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.4 *	mg/dL	●	0.0-1.0

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	+++			

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	115	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	19	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	233 *	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	169 *	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	8.1 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	39	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	68	mg/dL	●	0-100

VLDL CHOLESTEROL - SERUM (Calculated)	8	mg/dL	●	0-35
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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.2	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.9 *	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	10.7	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	54	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.6	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.1	mg/dL	●	2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3 *	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.9	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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A/G - RATIO 1.1 ● 1.0-2.0

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

PAP SMEAR /CERVICAL SMEAR

Ref No:
AG01.C2301328
SPECIMEN TYPE:
Conventional cervical smear (Pap) x 1
SPECIMEN ADEQUACY:
Satisfactory for evaluation with metaplastic squamous cells.
INTERPRETATION/RESULT:
Negative for intraepithelial lesion or malignancy,
Reactive cellular changes associated with inflammation
(includes typical repair)

Haematology

STOOL ROUTINE

ECG

SINUS RHYTHM.
LOW VOLTAGE T WAVES.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND BREAST BILATERAL

* Both breasts sonographic study within normal limits.

BI-RADS category - 1 (normal).

Suggested: Mammogram both breasts for further evaluation.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Bulky uterus with adenomyotic changes.

- Suggested TVS correlation if clinically indicated.

Dr. ARJUN ROY
DNB RESIDENT
In consultation with

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.