

# Health Screening

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**CONFIDENTIAL**

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## **PRASHANTH HOSPITALS**

No. 76 & 77, Harrington Road, Chetpet, Chennai - 600 031, Tamilnadu.

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No. 36 & 36A, Velachery Main Road, Velachery, Chennai 600 042, Tamilnadu.

Tel: +91 44 2243 9494 / 2243 9400

# Personal History

This file contains information about your personal health which you may want to treat as confidential. Please present it to any doctor who is examining you for the first time.



**PRASHANTH  
HOSPITALS**

## MHC Medical Summary

PH/MHC/CS/001

DR. G. SUJATHA REDDY

Senior Physician

Dept . Of Preventive Medicine & Master Health Check - up

NAME : MR . AJOY RAJ . P R

DATE : 03/05/2022

AGE : 39 YEARS

UHID NO : 910034217

SEX : MALE

PACKAGE : MEDIWHEEL

### COMPLAINTS:

C/O Headache On / Off

C/O - Pain ; Small joints of hands

### PAST MEDICAL HISTORY:

Nil

### OPERATIVE HISTORY:

Nil



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# Physical Examination

Physical

This file contains information about your personal health which you may want to treat as confidential. Please present it to any doctor who is examining you for the first time.



**MHC Medical Summary**

**PERSONAL HISTORY**

Habits : Non - Vegetarian Alcohol - Occasional  
Physical Activity : Walking  
Marital Status : Married < 1 Son  
Family History : Father - Diabetes Mellitus ; Cirrhosis of Liver

**PHYSICAL EXAMINATION**

Appearance : Normal  
Built : Normal  
Height : 164.10 cms  
Weight : 72.10 Kgs  
BMI : 26.80 kg/m<sup>2</sup>

( DESIRED APPROXIMATE WEIGHT 64 KG FOR GOOD BMI OF 24 )

Pulse : 73/min  
Blood Pressure : 110/90 mm Hg  
Skin : Normal  
Thyroid Examination : Normal  
Leg Edema : No  
Varicose Veins : No  
Lymph Nodes : Normal  
Peripheral Pulsation : Felt





# Laboratory Report

Laboratory  
Report

This file contains information about your personal health which you may want to treat as confidential. Please present it to any doctor who is examining you for the first time.



<b>Name</b> : Mr. Ajoy Raj P R <b>Age/Gender</b> : 39 Y 3 M 20 D / Male <b>Consultant</b> : DR. Gopaldaswamy G <b>Lab No</b> : 200028717 <b>Sample Requested At</b> : 03/05/2022 09:10:18 <b>Sample Collected At</b> : 03/05/2022 09:21:51 <b>Sample Received At</b> : 03/05/2022 09:31:25 <b>Reported At</b> : 03/05/2022 11:21:48 <b>Authorized At</b> : 03/05/2022 12:00:02	<b>UHID</b> : 910034217  <b>Encounter No</b> : OP912205034041 
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## HEMATOLOGY

Parameter	Result	Units	Biological Reference Range	Methodology
<b>Blood Group &amp; Rh</b>	O Positive			
<b>Complete Blood Count (CBC)</b>				
Haemoglobin	15.5	g%	13 - 17	COLORIMETRY
Haematocrit (PCV)	47.4	%	40 - 50	COLORIMETRY
Total WBC Count	4500	cells/cum m	4000 - 10000	FLOWCYTOMETRY
Platelet Count	302	thous/cum m	150 - 410	IMPEDANCE METHOD
ESR	<u>41</u>	mm/hr	0 -15	Photometrical capillary
Total RBC Count	5.40	mill/cumm	4.5 - 5.5	IMPEDANCE METHOD
MCV	87.7	fl	83 -101	Calculated Parameter
MCH	28.6	pg	27 - 32	Calculated Parameter
MCHC	32.6	%	31.5 -34.5	Calculated Parameter
<b>Differential Count</b>				
Polymorphs	61	%	40 - 80	FLOWCYTOMETRY
Lymphocytes	28	%	20 - 40	FLOWCYTOMETRY
Eosinophils	04	%	1-6	FLOWCYTOMETRY
Monocytes	07	%	2 -10	FLOWCYTOMETRY
Basophilis	00	%	0 - 2	FLOWCYTOMETRY





<b>Name</b> : Mr. Ajoy Raj P R	<b>UHID</b> : 910034217
<b>Age/Gender</b> : 39 Y 3 M 20 D / Male	
<b>Consultant</b> : DR. Gopaldaswamy G	<b>Encounter No</b> : OP912205034041
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<b>Authorized At</b> : 03/05/2022 12:00:02	

## HEMATOLOGY

Parameter	Result	Units	Biological Reference Range	Methodology
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\*\*\* End Of Report \*\*\*

Verified By  
**SONIYA.K**

Seen By Doctor



Authorized By  
**MONICA KUMBHAT M**  
Consultant Pathology





# PRASHANTH HOSPITALS

WE CARE FOR U

<b>Name</b> : Mr. Ajoy Raj P R <b>Age/Gender</b> : 39 Y 3 M 20 D / Male <b>Consultant</b> : DR. Gopaldaswamy G <b>Lab No</b> : 100037925 <b>Sample Requested At</b> : 03/05/2022 09:10:18 <b>Sample Collected At</b> : 03/05/2022 09:21:51 <b>Sample Received At</b> : 03/05/2022 09:31:25 <b>Reported At</b> : 03/05/2022 11:37:53 <b>Authorized At</b> : 03/05/2022 12:42:18	<b>UHID</b> : 910034217  <b>Encounter No</b> : OP912205034041 
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## BIOCHEMISTRY

Parameter	Result	Units	Biological Reference Range	Methodology
<b>Plasma Glucose (F)</b>	103	mg/dl	74 - 109	UV/Hexokinase
<b>Creatinine(serum)</b>	0.9	mg/dl	0.7 - 1.2	Kinetic/Alkaline
<b>Uric Acid(serum)</b>	6.3	mg/dl	3.4 - 7.0	Picric acid Enzymatic Colorometric / Uricase
<b>Lipid Profile</b>				
Total Cholestrol	<u>225</u>	mg/dl	Desirable level : < 200 Borderline high : 200 - 239 High : > 240	Enzymatic Colorometric assay/CHOD-POD
Triglycerides	79	mgs/dl	< 150	Enzymatic Colorometric assay(GPO)
Cholesterol (Direct)	42	mg/dl	35 - 55	Homogeneous enzymatic colometric assay
LDL (Direct)	<u>181</u>	mg/dl	Adult levels Optimal: < 100 Above optimal :100 - 129 Borderline high : 130 - 159 High:160 - 189 Very high :>=190	Homogeneous enzymatic colometric assay
VLDL	02	mgs/dl	< 35	CALCULATED
Total HDL Ratio	5.4		3.5 - 5.5	
<b>Liver Function Tests ( LFT )</b>				
Bilirubin Total	0.5	mg/dl	Newborns : 24hours : >= 8.0 48 hours : < 13.0 84 hours : < 17.0	Colorimetric assay /Diazo

Date : 03-05-2022 12:42

Children age >=1 month :

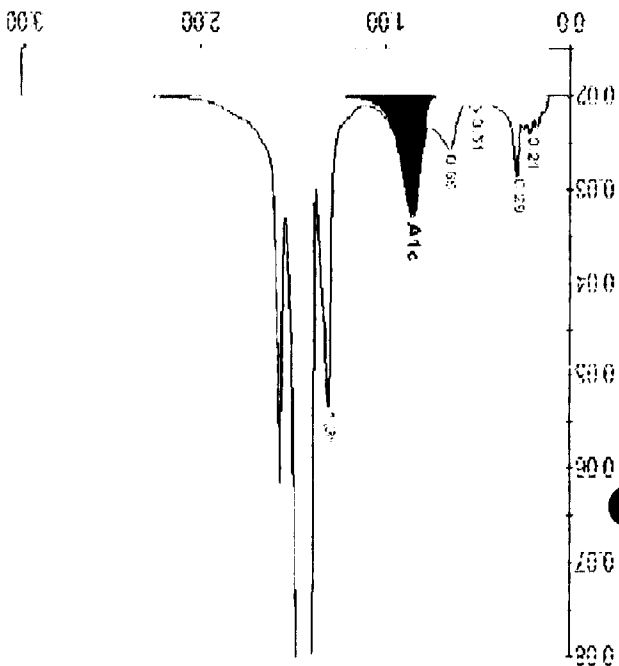
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# Patient report

**Bio-Rad**      DATE: 05/03/2022  
**D-10**            TIME: 11:19 AM  
 S/N: #LDJ91420430 Software version: 4.30-2  
**Sample ID:**      1000379259  
**Injection date**    05/03/2022 11:19 AM  
**Injection#:** 14  
**Rack#:** ---  
**Rack position:** 3



Peak table - ID: 1000379259

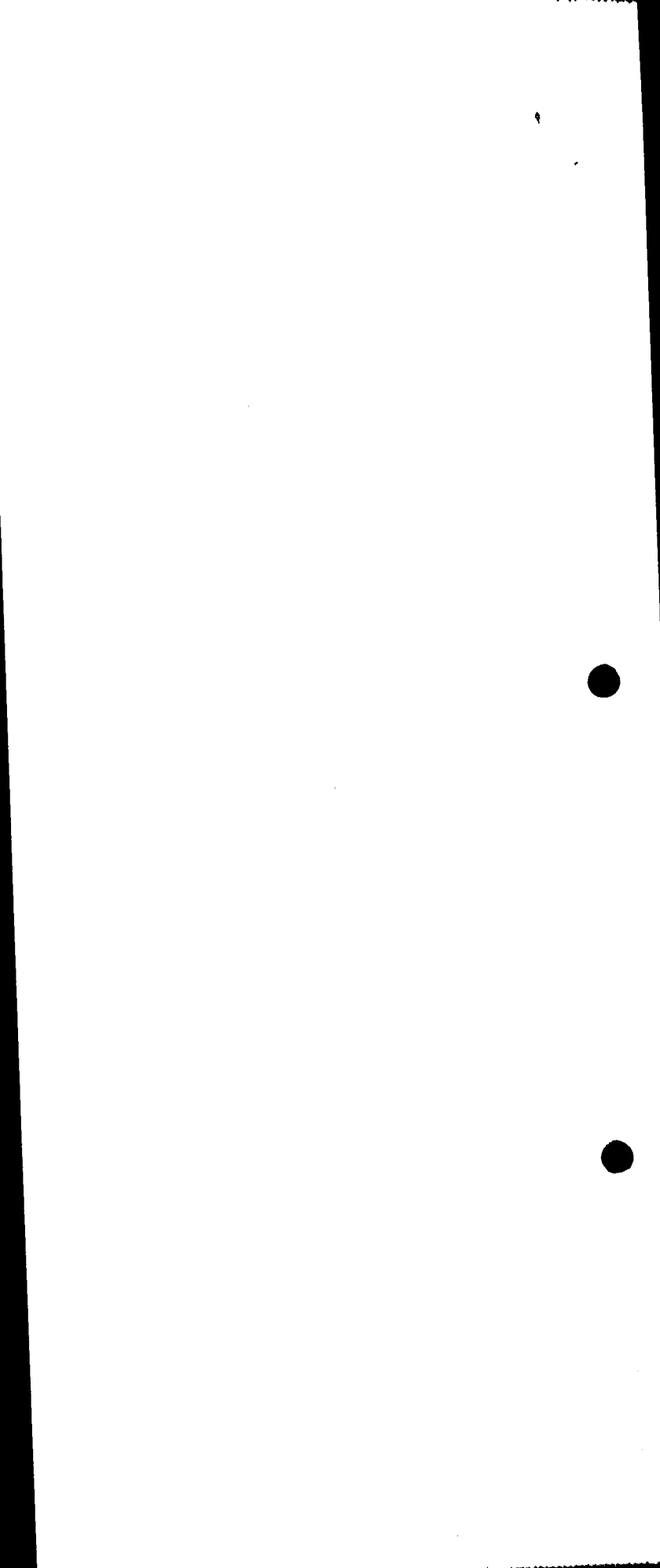
Peak	Retention Time	Height	Area	Area %
A1a	0.21	4041	18520	0.7
A1b	0.29	8777	37887	1.4
F	0.51	1706	8073	0.3
LA1c/Clb-1	0.65	5737	43936	1.7
A1c	0.85	12580	101833	5.5
P3	1.31	33586	145742	5.5
A0	1.41	861967	2305405	86.6
Total Area:				2661397

A1c	5.5
Concentration:	%

BIO-RAD

PRINTED IN U.S.A.

BIO-RAD





# PRASHANTH HOSPITALS

**Name** : Mr. Ajoy Raj P R  
**Age/Gender** : 39 Y 3 M 20 D / Male  
**Consultant** : DR. Gopaldaswamy G  
**Lab No** : 100037925  
**Sample Requested At** : 03/05/2022 09:10:18  
**Sample Collected At** : 03/05/2022 09:21:51  
**Sample Received At** : 03/05/2022 09:31:25  
**Reported At** : 03/05/2022 11:37:53  
**Authorized At** : 03/05/2022 12:42:18

**UHID** : 910034217



**Encounter No** : OP912205034041



## BIOCHEMISTRY

Parameter	Result	Units	Biological Reference Range	Methodology
Bilirubin Direct	0.2	mg/dl	upto1.0 Adults :upto1.2 0.0 - 0.3	Colorimetric assay /Diazo
Bilirubin Indirect	0.3			
SGOT (AST)	17	IU/L	0.0 - 0.7	CALCULATED
SGPT (ALT)	21	IU/L	upto 40	UV without P5P
GGTP	33	U/L	upto 40 upto 40	UV/IFCC Enzymatic
Alkaline Phosphatase(serum)	115	U/L	40 - 129	Colorometric assay/IFCC
Total Proteins(serum)	7.7	g/dl	6.6 - 8.7	Colorimetric assay/AMP
Albumin(serum)	4.6	g/dl	3.5 - 5.2	Colorimetric assay/BCG
Globulin(serum)	3.1			
A/G Ratio	1.5		2.8 - 5.3	CALCULATED
<b>BUN(Blood Urea Nitrogen)</b>			1 - 2	
Blood Urea	20	mg/dl	17 - 49	Kinetic/Urease
BUN(Blood Urea Nitrogen)	09	mgs/dl	Aug-23	
<b>HbA1c</b>	5.5	%	Non Diabetic : <6.0 Good Control : 6.0 - 7.0 Fair Control : 7.0 - 8.0 Poor Control : >8.0	



# Diagnostic Imaging

Diagnostic  
Imaging

This file contains information about your personal health which you may want to treat as confidential. Please present it to any doctor who is examining you for the first time.





<b>Name</b> : Mr. Ajoy Raj P R <b>Age/Gender</b> : 39 Y 3 M 20 D / Male <b>Consultant</b> : DR. Gopaldaswamy G <b>Lab No</b> : 300010118 <b>Sample Requested At</b> : 03/05/2022 09:10:18 <b>Sample Collected At</b> : 03/05/2022 09:21:51 <b>Sample Received At</b> : 03/05/2022 09:31:25 <b>Reported At</b> : 03/05/2022 11:00:03 <b>Authorized At</b> : 03/05/2022 11:06:51	<b>UHID</b> : 910034217  <b>Encounter No</b> : OP912205034041 
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## CLINICAL PATHOLOGY

Parameter	Result	Units	Biological Reference Range	Methodology
<b>Urine Glucose (F)</b>	Nil			
<b>Urine Routine</b>				
colour	Straw Yellow			
pH	5.0			
Sp.Gravity	1.035			
Protein	Nil			
Glucose	Nil			
Leucocytes	Nil			
Nitrite	Nil			
Blood	Nil			
Ketone	Absent			
Bilirubin	Nil			
Urobilinogen	Normal			
Pus Cells	2 - 3 / hpf			
Epithelial cells	1 - 2 / hpf			
RBCs	Nil			
Casts	Nil			
Crystals	Nil			

\*\*\* End Of Report \*\*\*

Seen By Doctor

Authorized By

MONICA KUMBHAT M  
Consultant Pathology

Verified By  
ARUL JOTHI V

Date : 03-05-2022 11:06

Page 1 of 2

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Mr. Ajoy Raj.P.R  
ID: 910034217

Vital Signs™ 226 166 05

03.05.2023 9:51:29  
PRASANTH SUPERSPECIALITY  
VELACHERY  
CHENNAI

Location:  
Order Number:  
Visit:  
Medication 1:  
Medication 2:  
Medication 3:

Room:

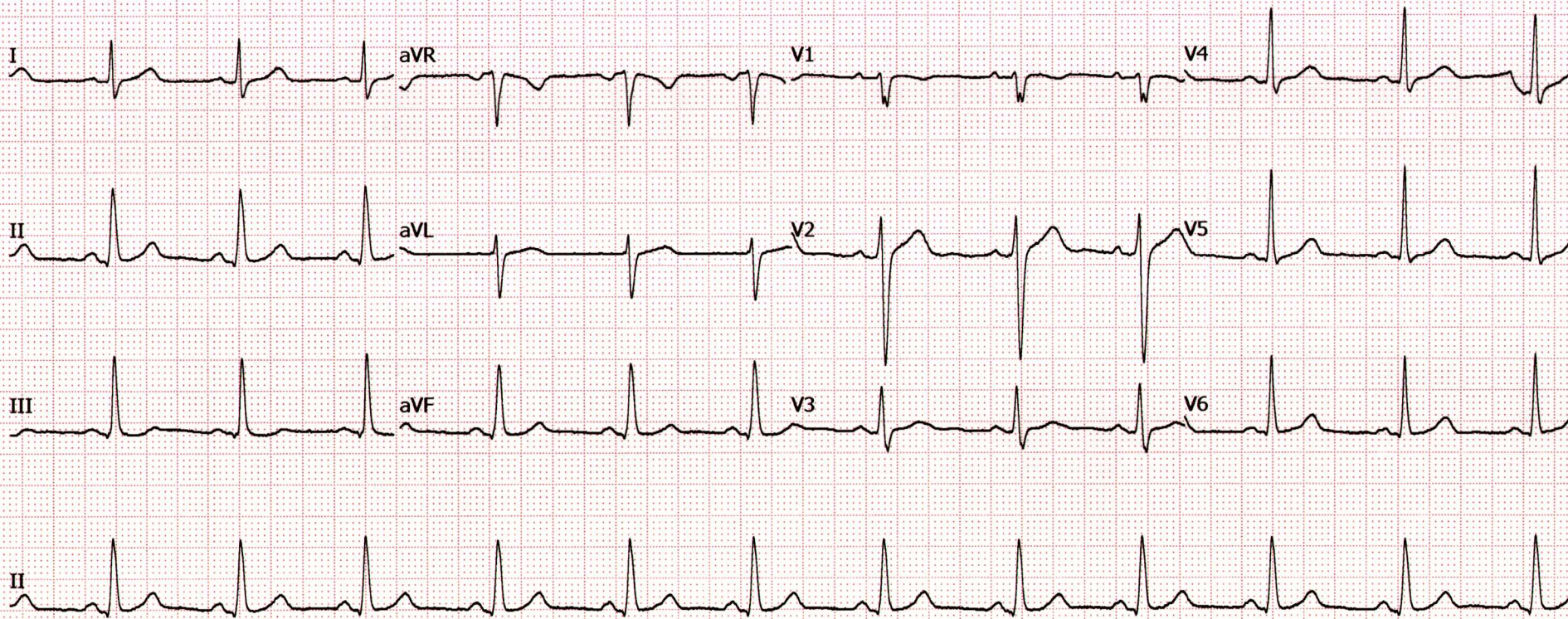
73 bpm  
-- / -- mmHg

39 Years

Male

Technician:  
Ordering Ph:  
Referring Ph:  
Attending Ph:

QRS :	102 ms	Normal sinus rhythm
QT / QTcBaz :	394 / 434 ms	Normal ECG
PR :	146 ms	
P :	110 ms	
RR / PP :	826 / 821 ms	
P / QRS / T :	61 / 77 / 47 degrees	





# Electrocardiogram



This file contains information about your personal health which you may want to treat as confidential. Please present it to any doctor who is examining you for the first time.

Electrocardiogram



NAME : MR.AJOY RAJ P R UHID : 910034217  
OP NO : 912205034041 LAB ID : 180016351  
AGE/SEX : 39 Y/Male Request Date : 03/05/2022 09:10:18  
CONSULTANT : DR. GOPALASWAMY MS.,FRCS Report Date : 05/05/2022 12:29:50  
Investigation Prescribed By :DR.GOPALASWAMY G MS.,FRCS

## DEPARTMENT OF RADIOLOGY (X-RAY )

**INVESTIGATION :** XR - CHEST PA

Tracheal air column normal

Mediastinal position is within normal limits

Cardiac contour and cardiothoracic ratio are normal

Lung fields appear clear bilaterally

The cardiophrenic and costophrenic angles are free

Domes of the diaphragm are normal in position

Bony cage and chest wall show no significant abnormality

### **IMPRESSION:**

- X-Ray Chest PA View is within normal limits

DR BENO JEFFERSON P MDRD  
CONSULTANT RADIOLOGIST  
REG NO: 117105

# Summary & Recommendations

This file contains information about your personal health which you may want to treat as confidential. Please present it to any doctor who is examining you for the first time.



## MHC Medical Summary

### SYSTEMIC EXAMINATION

**Respiratory system:**

NVBS+

**Abdomen**

Soft No Organomegaly

**Cardio Vascular System**

S1, S2 +

**Central Nervous System**

NFND

### **BLOOD TEST**

### **INVESTIGATION**

HEMOGRAM	Blood Group : 'O' Positive ; ESR - 41 mm/hr
LIPID PROFILE	Cholesterol - 225 mg/dl, TGL - 79 mg/dl, HDL - 42 mg/dl, LDL - 181 mg/dl, VLDL - 02 mg/dl.
RENAL FUNCTION TEST	Normal Study
LIVER FUNCTION TEST	Normal Study
SUGAR PROFILE	Normal Study ; HbA1C - 5.5 %
OTHER TEST	TFT - Within normal Limits

**URINE TEST**

- Normal Study

**CHEST X-RAY PA VIEW**

- Within normal Limits

**ECG**

- Sinus Rhythm ; Within normal Limits

**ECHO**

- LVEF - 72 % ; No RWMA

**USG ABDOMEN&PELVIS**

- No significant abnormality detected in the visualized organs



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## MHC Medical Summary

### IMPRESSION:

- Dyslipidemia

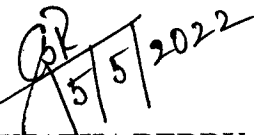
### ADVISE:

- Serum Lipid Profile ( Fasting) after 3 months & review
- Vitamin D3 & Vitamin B12 & review
- RA Factor & CRP & review

### MEDICATION:

<u>Oral Medication</u>	<u>Dose</u>	<u>Morning</u>	<u>Afternoon</u>	<u>Night</u>	<u>Relationship with meal</u>	<u>Duration</u>
T. ATCHOL	10 mg	1	0	0	After food	3 Months

Typed by. Nisha.C

  
**DR. G.SUJATHA REDDY**  
Senior Physician  
Master Health Checkup  
Reg No: 71196

Health check up is advisable annually, for early detection of disease and its complications.



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**Healthy Lifestyle**

For prevention of Heart attack, Hypertension, Stroke, Kidney problems, Obesity, fatty liver, depression etc.

**MHC Medical Summary**

**Food:**

- 1.Reduce fat rich food – deep fried item, excess oil, ghee, cheese Excess carbohydrate intake(E.g., more rice) can be converted to fat, hence limit rice intake(1/2 – 1 cup/day)
- 2.Have early dinner (before 8 pm)and at least 2 hrs before bed time
3. Include more salads (fresh raw vegetable), cucumber, onion, tomato, radish, cabbage, lettuce, and capsicum (less calories & more fibre)
4. Include at least 3-5 portions of fruits (1 portion – handful of pieces of fruits) (advise from doctor if diabetes)
5. Water 8-10 cups /day.

**Exercise:**

- Everyday at least 30 minutes of active physical exercise – Gym, walking, jogging, cycling, swimming, power yoga.
- Yoga & meditation in the early morning

**(Note: Take water adequately)**



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## EYE CHECK-UP REPORT

NAME : Mr. Ajoy Raj. P.R

DATE : 03/05/2022

AGE /SEX : 39/M

UHD NUM : 910034217

Chief complaints : Regular eye check up

Past history : —

Systemic Diseases : —

### DISTANCE VISION :

WITH OUT GLASS : 6/6, N6      6/6, N6

WITH GLASS : —      —

COLOR VISION :  NORMAL /  ABNORMAL

### GLASS PRESCRIPTION :

EYE	SPH	CYL	AXIS	V/A	SPH	CYL	AXIS	V/A
DISTANCE	± Plano	—	—	6/6	± Plano	—	—	6/6
ADD	—	—	—	N6	—	—	—	N6

ANTERIOR SEGMENT : BE WNL

CORNEA & LENS :

REMARK : CONTINUE WITH SAME GLASSE

ROUTINE CHECK UP AFTER 6/12 MONTH

FUNDUSCOPY ONCE A YEAR

  
OPTOMETRIST





# PRASHANTH HOSPITALS

NAME : MR.AJOY RAJ P R  
OP NO : 912205034041  
AGE/SEX : 39 Y/Male  
CONSULTANT : .

UHID : 910034217  
LAB ID : 9121167322  
Request Date : 03/05/2022 09:10:18  
Report Date : 03/05/2022

## DEPARTMENT OF CARDIOLOGY

INVESTIGATION : 2D ECHO/TMT

### ECHO CARDIOGRAM REPORT

#### LV MEASUREMENTS

AO	30 mm	IVS	09 mm
LA	35 mm	LVPW	09 mm
LVID (ED)	53 mm	EF	72 %
LVID (ES)	26 mm	FS	42 %

#### MORPHOLOGICAL DATA

MITRAL VALVE :

AML : NORMAL  
PML : NORMAL  
CHORDAE : NORMAL  
AORTIC VALVE : NORMAL  
TRICUSPID VALVE : NORMAL  
PULMONARY VALVE : NORMAL  
ATRIA : NORMAL  
RIGHT VENTRICLE : NORMAL  
THROMBOSIS : NIL  
INTER ATRIAL SEPTUM : INTACT  
INTER VENTRICULAR SEPTUM : INTACT  
AORTA : NORMAL  
PULMONARY ARTERY : NORMAL  
PERICARDIUM:- : NORMAL

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# PRASHANTH HOSPITALS

## **DOPPLER DATA :**

NORMAL E/A RATIO AT MITRAL INFLOW  
MITRAL VALVE : TRIVIAL- MR E : 61 cm/s, A : 45 cm/s  
S' : 9.19 cm/s , E/E' : 5.2  
AORTIC VALVE : NO AR, NO AS, VEL: 107 cm/s  
PULMONARY VALVE : NO PR, NO PS, VEL : 84 cm/s  
TRICUSPID VALVE : TRIVIAL TR / NO PAH / TRPG : 16 mmHg

## **IMPRESSION:**

- \* NO REGIONAL WALL MOTION ABNORMALITY
- \* NORMAL LV DIMENSIONS WITH NORMAL LV SYSTOLIC AND DIASTOLIC FUNCTION (LVEF : 72 %)
- \* NO PERICARDIAL EFFUSION
- \* NO EVIDENCE OF CLOT OR VEGETATION

**DONE BY : CHANDRA.P**  
**Sr.ECHO TECHNOLOGIST**

**DR.K.DHAMODARAN.,MD.,DM.,FNB.,FESC.,FSCAI**  
**Sr. CONSULTANT INTERVENTIONAL CARDIOLOGIST**

**DR.M.KATHIRESAN.,MD.,DM.,FNB,FESC.,FSCAI**  
**Sr. CONSULTANT INTERVENTIONAL CARDIOLOGIST**

**DR.D.SHANMUGA SUNDARAM,MD.,DNB (Cardio)**  
**Sr. CONSULTANT INTERVENTIONAL CARDIOLOGIST**

**DR.SIVAKUMAR.,MD.,DNB.,FNB**  
**Sr. CONSULTANT INTERVENTIONAL CARDIOLOGIST**

**(DK HEART CARE TEAM)**

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Patient Name	Mr. Ajoy Raj P R	Age / Sex	39 Y/ M
Patient ID	910034217	Visit No.	1
Ref. By	Dr.Gopaldaswamy.G	Visit Date	03.05.2022

### USG Complete Abdomen

Real time B-mode Ultrasonography of Abdomen done

#### UPPER ABDOMEN:

Liver is normal in size (14.0 cm) and shows uniform echo texture. No abscess or mass lesion in the liver. Intrahepatic biliary radicals not dilated. Portal and Hepatic veins appear normal.

Gall bladder: Fundus, body and neck imaged. Walls and lumen appeared normal. No calculi seen. Common duct appeared normal. No calculi seen.

Pancreas: Visualized portions of pancreas appeared normal. Duct is not dilated.

Spleen appeared normal in size ( 9.1 cm) and shows homogenous echoes.

#### KUB

RT. Kidney measures 10.5 x 4.5 cm. Cortex appears normal

Cortico medullary differentiation is maintained.

Pelvicalyceal system is not dilated. No calculus is seen. Right ureter is not dilated.

LT. Kidney measures 9.4 x 5.3 cm. Cortex appears normal

Cortico medullary differentiation is maintained.

Pelvicalyceal system is not dilated. No calculus is seen. Left ureter is not dilated.

Bladder is normal in contour. No intra luminal echoes are seen.

No calculus or diverticulum is seen.

Prostate: Appears normal in size 2.9 x 4.2 x 2.7 cm Vol = 17.6 gms and shows homogenous echogenicity.

No intravesical extension.

Retroperitoneum: Aorta and IVC appears normal. No obvious para aortic lymphadenopathy.

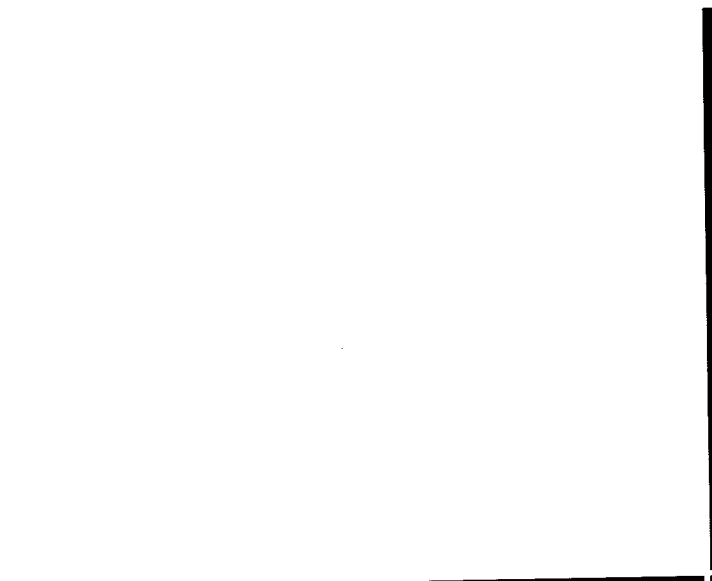
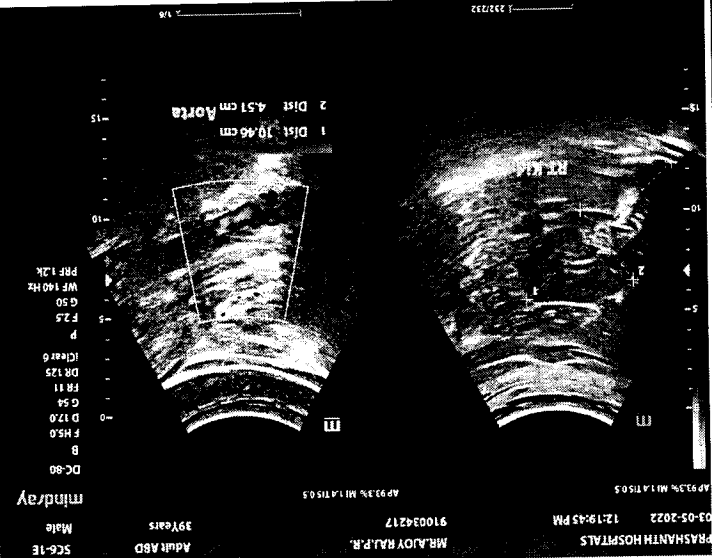
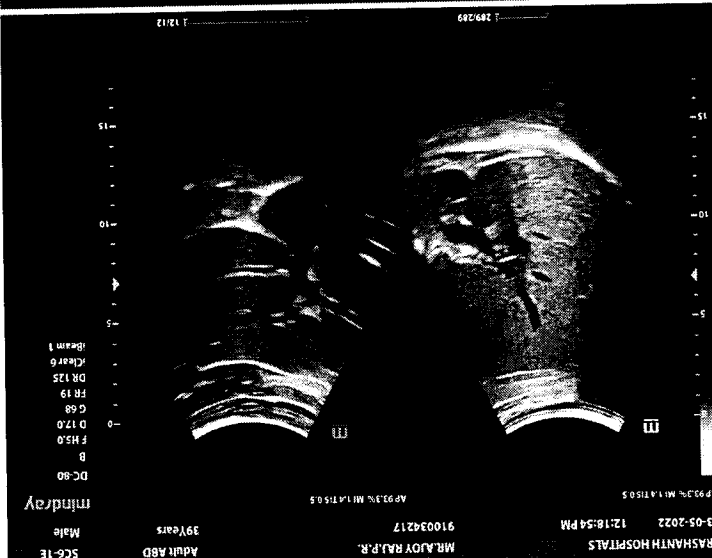
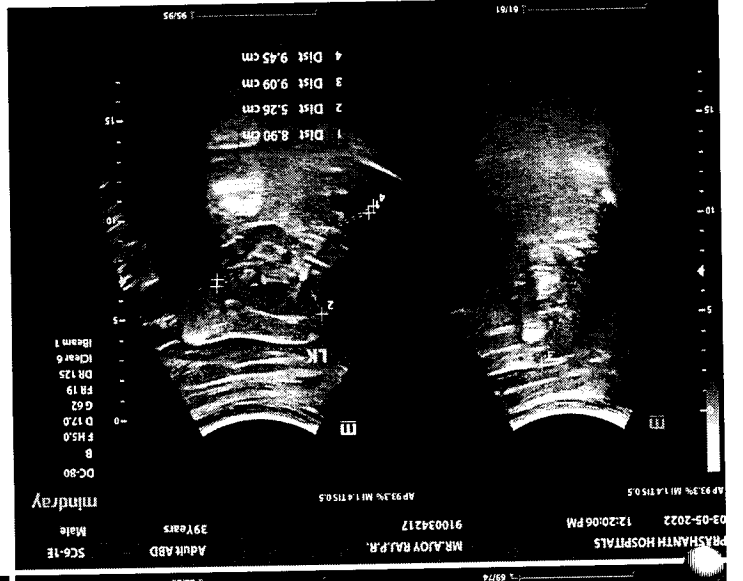
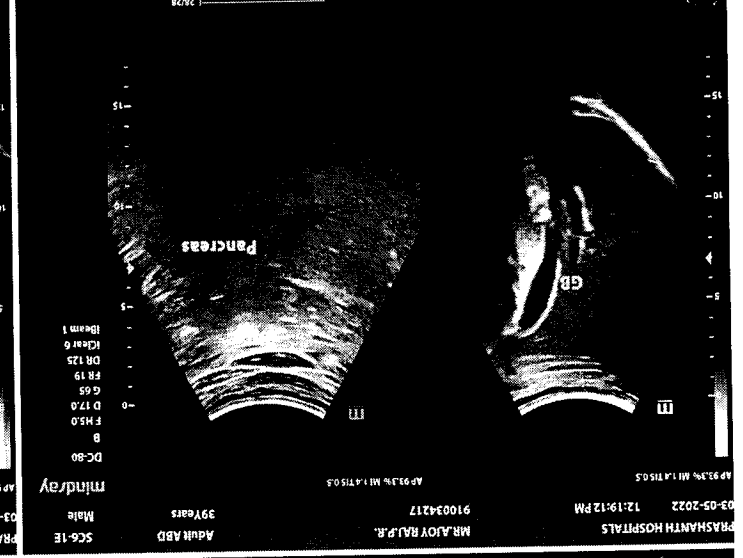
No free fluid in peritoneal cavity.

#### Impression:

- No significant abnormality detected in the visualized organs.

Dr. Kathiresan  
Consultant Sonologist

Referred by	Dr. Gopalaswamy G
Patient ID	910034217
Patient name	Mr. AJOY RAJ.P.R.
Age/Sex	39 Years / Male
Visit No	1
Visit Date	03/05/2022







**Prashanth Dental Centre**  
**Prashanth Superspeciality Hospital**

36 & 36A, Velachery Main Road, Velachery, Chennai-600 042  
Telephone Direct 42102947, 9384051316  
E-mail : pdc.velachery@yahoo.com

Prof. Dr. Srinivas, MDS (Ortho)  
HOD

Reg. No. D24230  
(Dental Department Only)

Caution

The information you are providing below is essential for your care and will remain CONFIDENTIAL

Name: Mr. Ajay Raj

Sex: Male / Female

Age: 39

Date of Birth :

Occupation :

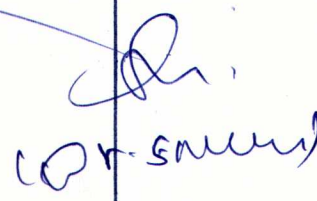
Father / Guardian / Spouse :

You were referred by: MHC

Marital Status : Single / Married

Do you have (or) have you had any of the following diseases or problems :

<input type="checkbox"/> Diabetes	<input type="checkbox"/> Stomach ulcers	<input type="checkbox"/> Skin Allergy
<input type="checkbox"/> High BP	<input type="checkbox"/> Pace Maker	<input type="checkbox"/> Drug Allergy
<input type="checkbox"/> Heart disease	<input type="checkbox"/> Bleeding Disorder	<input type="checkbox"/> Any others .....

Date	Treatment	Treatment Charge	Amount Paid	Staff Sign
<u>31/5/22</u>	<u>cat set</u> <u>(H/O scaling)</u> <u>Prep &amp; mouth</u>  <u>Adv -&gt; scaling</u> <u>rate</u>			 <u>(Dr. Srinivas)</u>

Date	Treatment	Treatment Charge	Amount Paid	Staff Sign