

Name : Mrs. RUMKI SARKAR MONDAL (36 /F)

Date : 11/03/2022

Address : APANPALLY 2 ND, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001888564

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH143728



CHIEF COMPLAINTS

For corporate health checkup

No specific complaints

PRESENT KNOWN ILLNESS:-

H/O Neck pain x 2 years - on medication.

No H/O HTN/DM/TB/Asthma/Heart Disease.



DRUG ALLERGY

Nil.

:14/03/2022



SYSTEMIC REVIEW

Cardiovascular system

Nil significant.

Respiratory system

Nil significant.

Gastrointestinal system

APPETITE - Normal, BOWEL HABITS - Regular / sense of incomplete voiding.

Genitourinary system

FREQUENCY – Normal.

Central nervous system

HEADACHE – Present occasional, in sun,
MEMORY & CONCENTRATION – Normal, SLEEP
– Normal / occasional poor sleep - not on sedatives.

Eyes

VISION - Normal.

ENT

HEARING – Normal.

Musculoskeletal system

Back pain / neck pain.

Skin

Nil significant.

Weight

Steady.



Present medications

Tab. Gabator NT (400/10) - 1.5 tabs daily. Tab. Maxmala (50 mg) - 1 tab daily. Tab. Evion (600 mg) - 1 tab daily.



Past medical history

Past medical history - nil significant



Surgical history

Lower segment caesarean section - 2016
Others - Left sided benign lump removal from breast - 2007.



Personal history

Marital status - Married
No. of children - 1
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No

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Chews tobacco - No
Physical activity - Active

Family history

Father - alive
Mother - alive
Sisters - 1
Diabetes - mother
Hypertension - mother
Coronary artery disease - none
Thyroid/other endocrine disorder - sister
Cancer - None

Central nervous system

No neurological deficit

Skin

No significant finding

Musculo Skeletal System

Extremities - No significant finding
Spine - No significant finding

PHYSICAL EXAMINATION

General

Build - over weight
Height (in cms) - 155
Weight (in Kgs) - 66
BMI - 27.47
Pallor - no
Oedema - no

Cardiovascular system

Heart rate(Per minute) - 92
Rhythm - Normal
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Appearance - Protruded.
Organomegaly - No
Tenderness - No
Scars - Operative scar present.

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.2	g/dl	●	12.0-15.0
RBC COUNT	4.38	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	36.9	%	●	36-46
MCV	84.1	fl	●	83-101
MCH	27.8	pg	●	27-32
MCHC	33.0	%	●	31.5-34.5
RDW	14.0	%	●	11.8-14.0
WBC Count	6600	/cu mm	●	4000-10000
Platelet Count	1.55	lacs/cu mm	●	1.5-4.0
Neutrophils	52	%	●	40-80
Lymphocytes	39	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	11	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	2-4 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	45 *	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	64	U/L	●	42-98
AST (SGOT) - SERUM	30	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.0	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	241 *	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 10 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.1 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 7.1 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 96 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 72 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 92 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 1.6 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.5 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.9 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 50 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 174 * mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 17 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 11.8 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.5:1.0 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.0 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.8 g/dL ● 1.8-3.6

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2201101
SPECIMEN TYPE: Conventional cervical smear (Pap) x 1
SPECIMEN ADEQUACY: Satisfactory for evaluation without endocervical cells.
INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy,with no organism

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

ECG

SINUS RHYTHM WITH SHORT PR.

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TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver.

* Bulky uterus.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 **Within Normal Range**  **Borderline High/Low**  **Out of Range**

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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