

SEABIRD MEDICARE CENTRE POWAI

Patient Details

Name: K VISHAKHA RAO ID: 1925

Age: 30 y

Clinical History: NIL

Date: 23-Sep-23

Sex: F

Time: 13:22:29

Height: 151 cms.

Weight: 74 Kg.

Medications: NIL

Test Details

Protocol: Bruce

Total Exec. Time: 6 m 53 s

Max. BP: 150 / 100 mmHg

Test Termination Criteria: THR ACHIEVED

Pr.MHR: 190 bpm

Max. HR: 163 (86% of Pr.MHR)bpm

Max. BP x HR: 24450 mmHg/min

THR: 161 (85 % of Pr.MHR) bpm

Max. Mets: 10.20

Min. BP x HR: 6720 mmHg/min

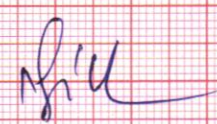
Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 19	1.0	0	0	84	120 / 80	-0.42 aVR	1.06 II
Standing	0 : 34	1.0	0	0	92	120 / 80	-0.42 III	1.06 II
Hyperventilation	0 : 52	1.0	0	0	91	120 / 80	-0.42 aVR	1.06 II
1	3 : 0	4.6	1.7	10	115	130 / 90	-3.18 V6	-3.18 V6
2	3 : 0	7.0	2.5	12	131	140 / 90	-1.06 V6	2.48 V4
Peak Ex	0 : 53	10.2	3.4	14	163	150 / 100	-3.18 V5	2.83 V4
Recovery(1)	2 : 0	1.8	1	0	98	140 / 90	-1.06 aVR	3.54 II
Recovery(2)	2 : 0	1.0	0	0	85	140 / 90	-0.64 V4	2.83 V4
Recovery(3)	2 : 0	1.0	0	0	104	120 / 80	-3.82 V4	4.25 V4
Recovery(4)	0 : 2	1.0	0	0	104	120 / 80	-0.64 V4	1.06 II

Interpretation

The patient exercised according to the Bruce protocol for 6 m 53 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 84 bpm, rose to a max. heart rate of 163 (86% of Pr.MHR) bpm. Resting blood Pressure 120 / 80 mmHg, rose to a maximum blood pressure of 150 / 100 mmHg. No significant ST-T changes. Negative for induced Ischaemic heart diseases

Dr. Mrinalini Singh
 Consultant Physician
 MBBS, DNB, MRCP (UK), EDIC
 Reg. No. 2019/02/0392



Ref. Doctor: APOLLO

(Summary Report edited by user)

Doctor: -

(c) Schiller Healthcare India Pvt. Ltd. V 4.7

Reg. No. 301218035
MBBS, DNB, MCh (UK), EDIC
Consultant Physician
Dr. Manoj Kumar Singh

SEABIRD MEDICARE CENTRE POWAI

Test Report

K VISHAKHA RAO (30 F)

ID: 1925

Date: 23-Sep-23

Exec Time: 0 m 0 s

Stage Time: 0 m 13 s

HR: 85 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 161 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

0.2 0.0

V1
0.0 0.0

0.4 0.7

V2
0.4 0.4

-0.2 0.4

V3
0.2 0.4

-0.4 -0.7

V4
0.2 0.4

0.2 0.4

V5
0.2 0.7

0.2 0.7

V6
0.2 0.7

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

Test Report

K VISHAKHA RAO (30 F)

ID: 1925

Date: 23-Sep-23 Exec Time : 0 m 0 s Stage Time : 0 m 28 s **HR: 93 bpm**

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 161 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV / s)

0.0 0.0

0.4 1.1

0.0 0.4

-0.4 -0.7

0.2 0.0

0.2 0.7

ST Level (mm) ST Slope (mV / s)

V1 0.0 0.0

V2 0.4 0.4

V3 0.2 0.4

V4 0.2 0.4

V5 0.2 0.7

V6 0.2 0.7

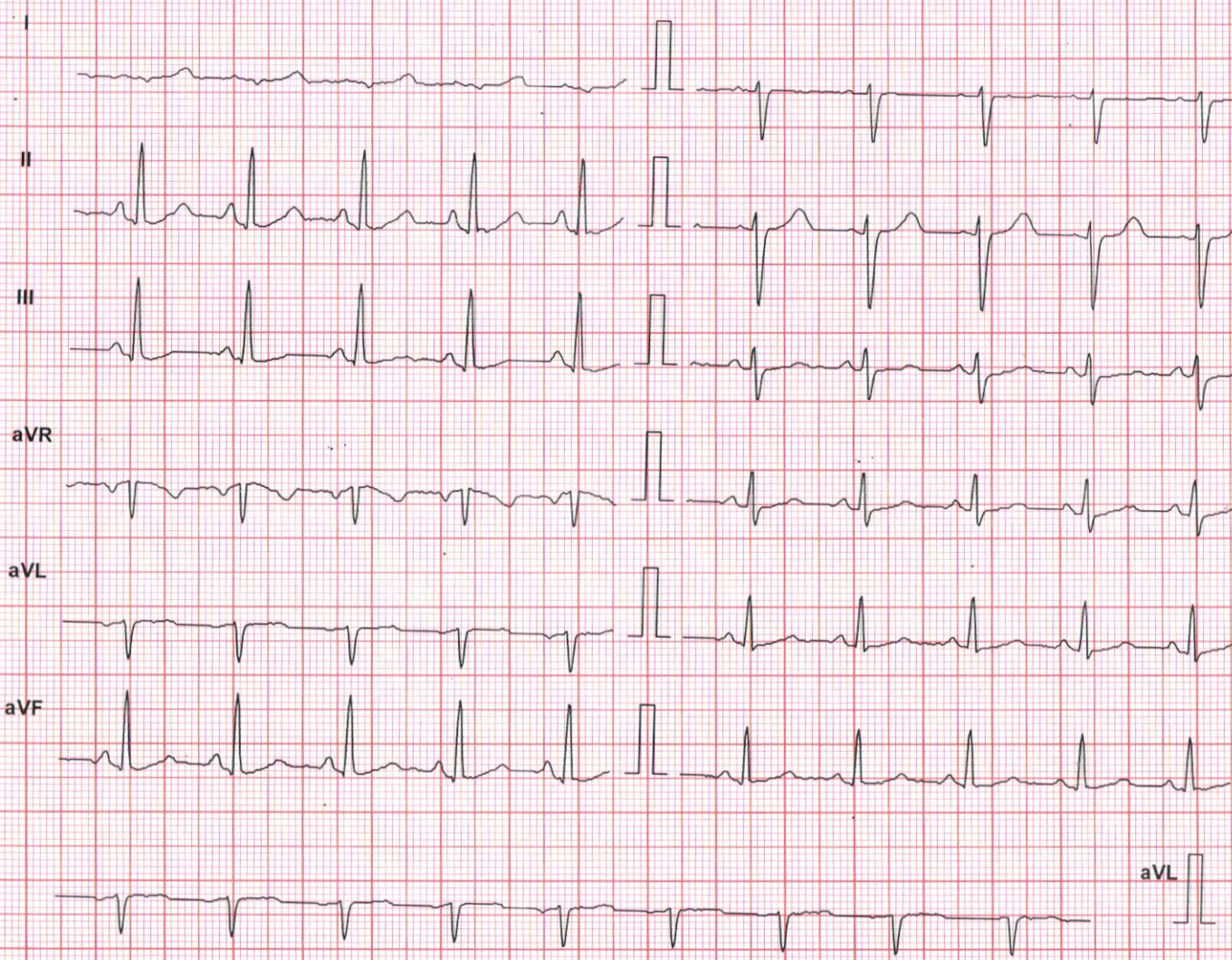


Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

Test Report

K VISHAKHA RAO (30 F)

ID: 1925

Date: 23-Sep-23

Exec Time : 0 m 0 s

Stage Time : 0 m 46 s

HR: 92 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 161 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

0.2 0.0

0.2 1.1

-0.2 0.4

-0.2 -0.7

0.0 0.0

0.2 0.7

ST Level (mm) ST Slope (mV/s)

V1 0.0 0.0

V2 0.2 0.0

V3 0.2 0.4

V4 0.2 0.4

V5 0.2 0.4

V6 0.2 0.4

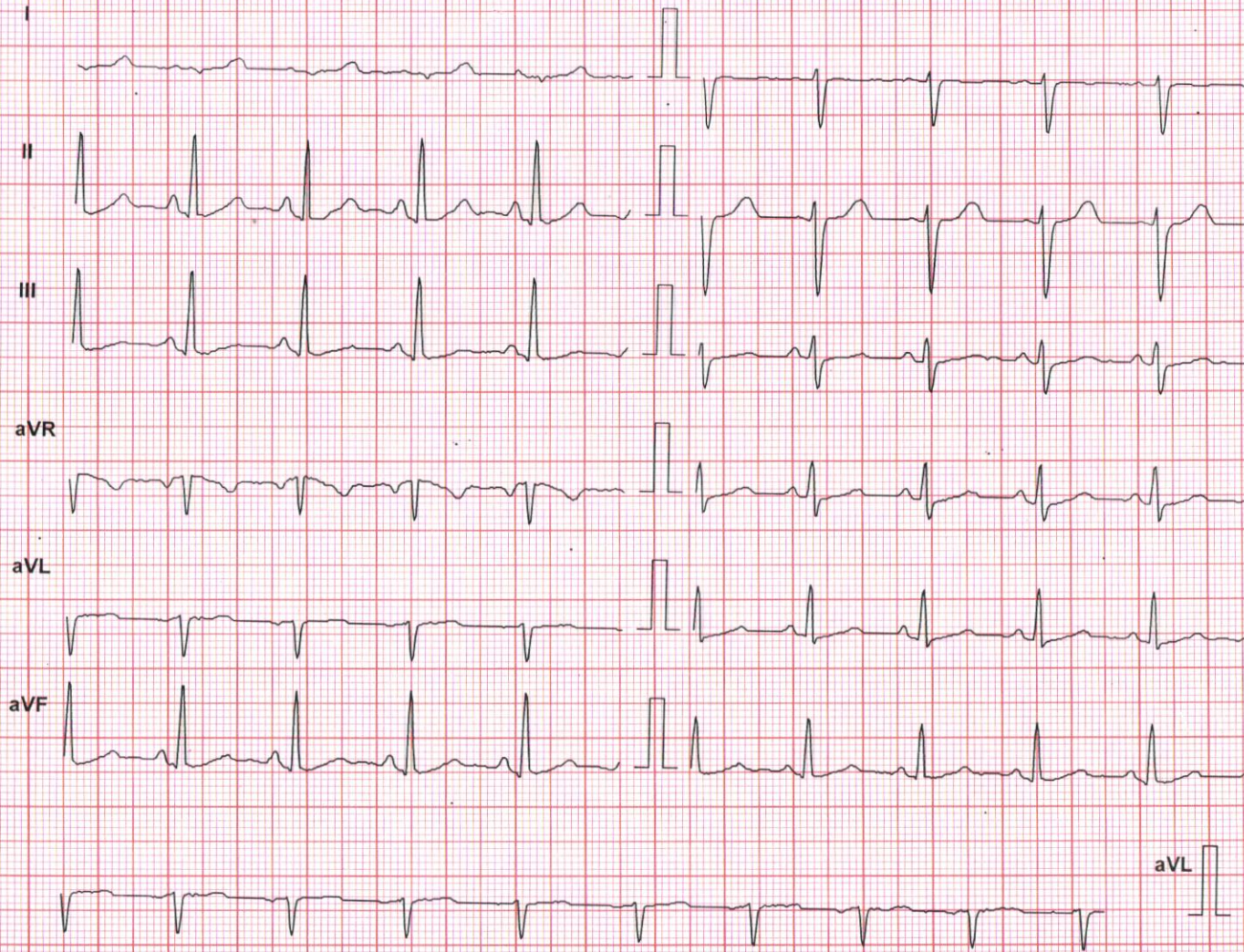


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

Test Report

K VISHAKHA RAO (30 F)

ID: 1925

Date: 23-Sep-23 Exec Time : 2 m 54 s Stage Time : 2 m 54 s HR: 115 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph Grade: 10 % (THR: 161 bpm) B.P: 130 / 90

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

0.6 1.1

V1 -0.2 -0.4

0.6 1.8

V2 0.4 0.7

-0.4 0.4

V3 0.4 1.1

-0.8 -1.8

V4 0.2 0.4

0.4 0.7

V5 0.0 1.1

0.0 1.1

V6 -0.2 0.7

aVL

Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

Test Report

K VISHAKHA RAO (30 F)

ID: 1925

Date: 23-Sep-23

Exec Time : 5 m 54 s

Stage Time : 2 m 54 s

HR: 132 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 161 bpm)

B.P: 140 / 90

ST Level (mm) ST Slope (mV / s)

0.2 0.7

-0.2 1.8

-0.2 1.1

-0.2 -1.4

0.2 0.4

-0.2 1.4

ST Level (mm) ST Slope (mV / s)

V1 0.6 0.0

V2 1.1 1.4

V3 0.2 1.8

V4 0.4 1.8

V5 0.0 1.4

V6 0.0 1.4

I

II

III

aVR

aVL

aVF

V1

V2

V3

V4

V5

V6

aVL

Chart Speed: 25 mm/sec

Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

Test Report

K VISHAKHA RAO (30 F)

ID: 1925

Date: 23-Sep-23 Exec Time : 6 m 47 s Stage Time : 0 m 47 s **HR: 161 bpm**

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph Grade: 14 %

(THR: 161 bpm)

B.P: 150 / 100

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

I -0.2 1.8

V1 0.6 -0.4

II -0.4 2.6

V2 0.8 0.7

III -0.2 0.4

V3 0.0 1.4

aVR 0.4 -2.1

V4 0.8 2.8

aVL -0.2 0.4

V5 0.6 0.7

aVF -0.2 1.4

V6 -0.2 0.7

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

K VISHAKHA RAO (30 F)

ID: 1925

Date: 23-Sep-23

Exec Time : 6 m 53 s

Stage Time : 1 m 0 s

HR: 123 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 161 bpm)

B.P: 150 / 100

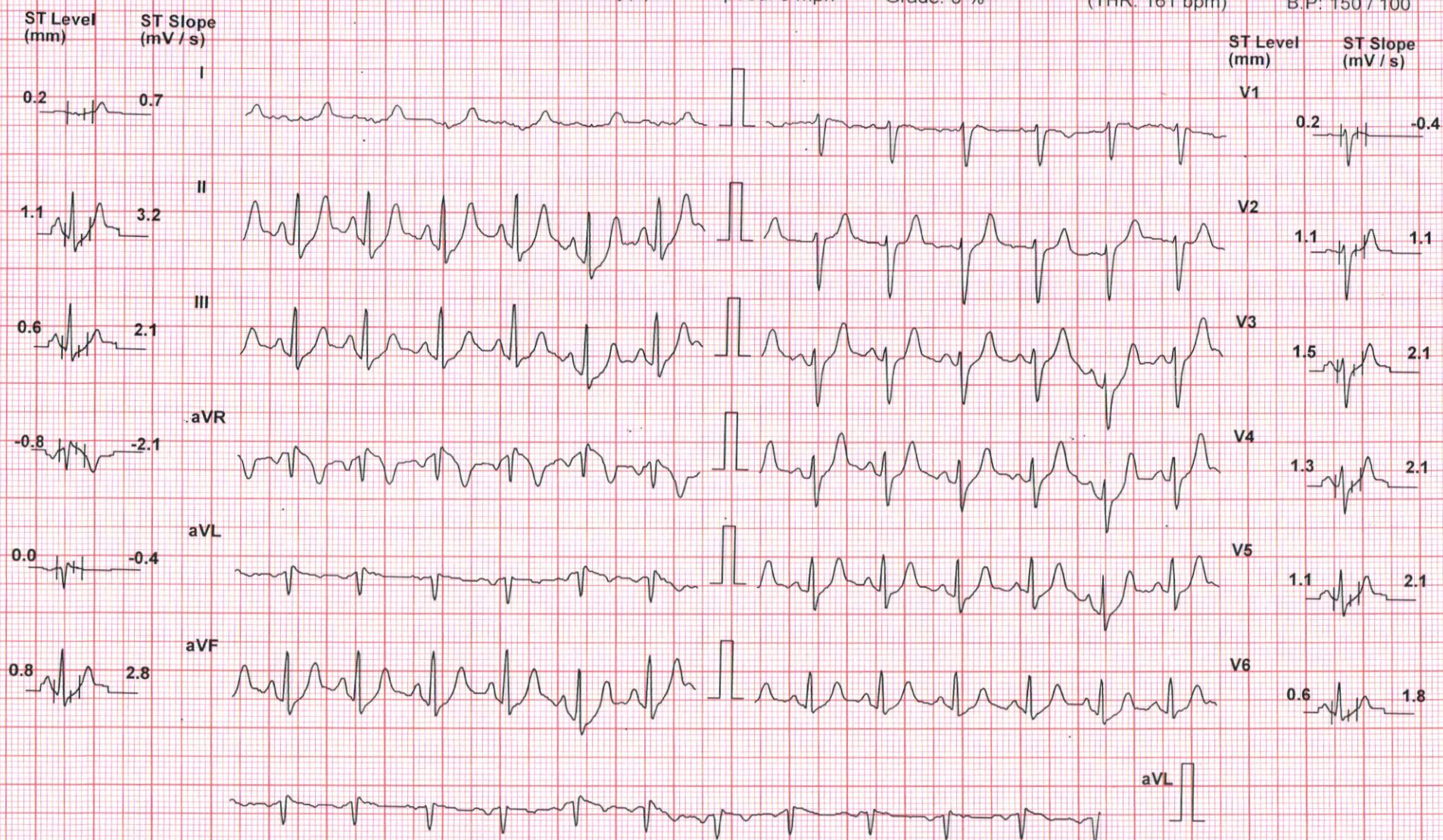


Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

Test Report

K VISHAKHA RAO (30 F)

ID: 1925

Date: 23-Sep-23 Exec Time : 6 m 53 s Stage Time : 1 m 54 s **HR: 98 bpm**

Protocol: Bruce

Stage: Recovery(1)

Speed: 1 mph

Grade: 0 %

(THR: 161 bpm)

B.P: 140 / 90

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

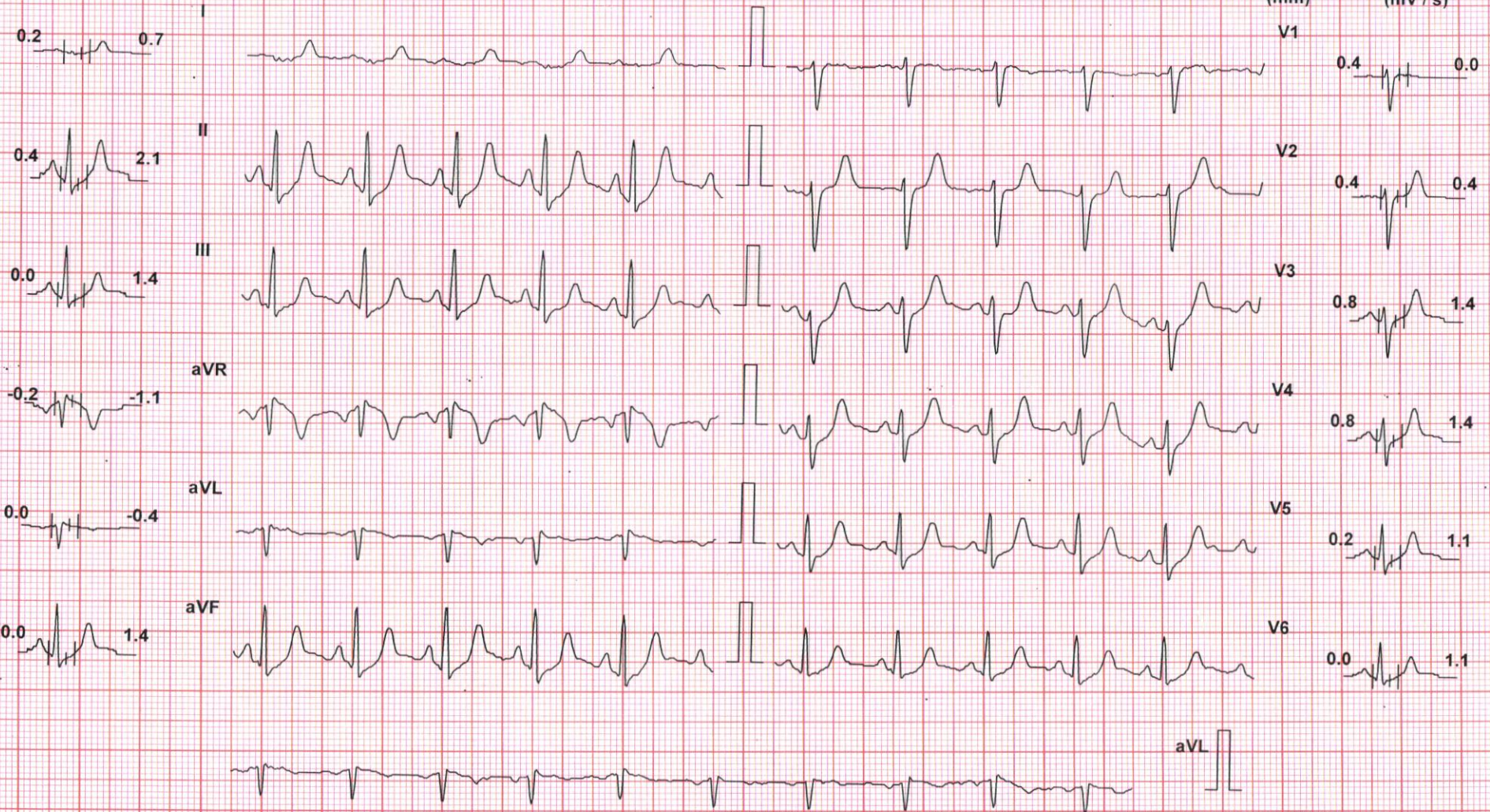


Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

Test Report

K VISHAKHA RAO (30 F)

ID: 1925

Date: 23-Sep-23

Exec Time : 6 m 53 s Stage Time : 1 m 54 s **HR: 90 bpm**

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 161 bpm)

B.P: 140 / 90

ST Level (mm) ST Slope (mV / s)

0.2 0.4

0.0 1.1

-0.2 0.7

0.0 -0.4

0.2 0.0

-0.4 0.7

ST Level (mm) ST Slope (mV / s)

V1 0.2 0.0

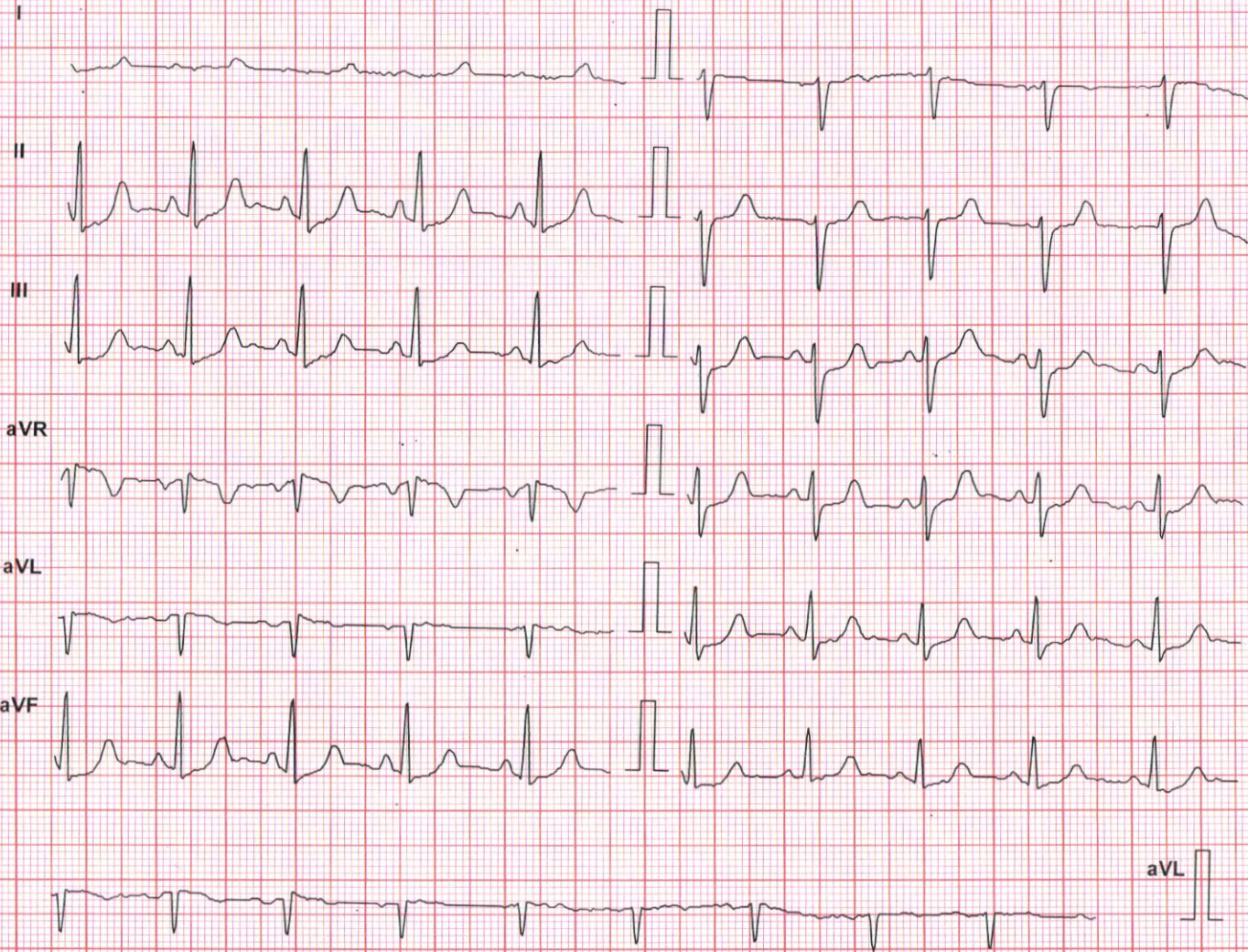
V2 0.4 0.4

V3 0.0 1.1

V4 0.4 1.1

V5 0.0 0.4

V6 -0.2 0.7



aVL

Chart Speed: 25 mm/sec
Schiller Spandan V4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

Test Report

K VISHAKHA RAO (30 F)

ID: 1925

Date: 23-Sep-23

Exec Time : 6 m 53 s Stage Time : 1 m 54 s HR: 97 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 161 bpm)

B.P: 120 / 80

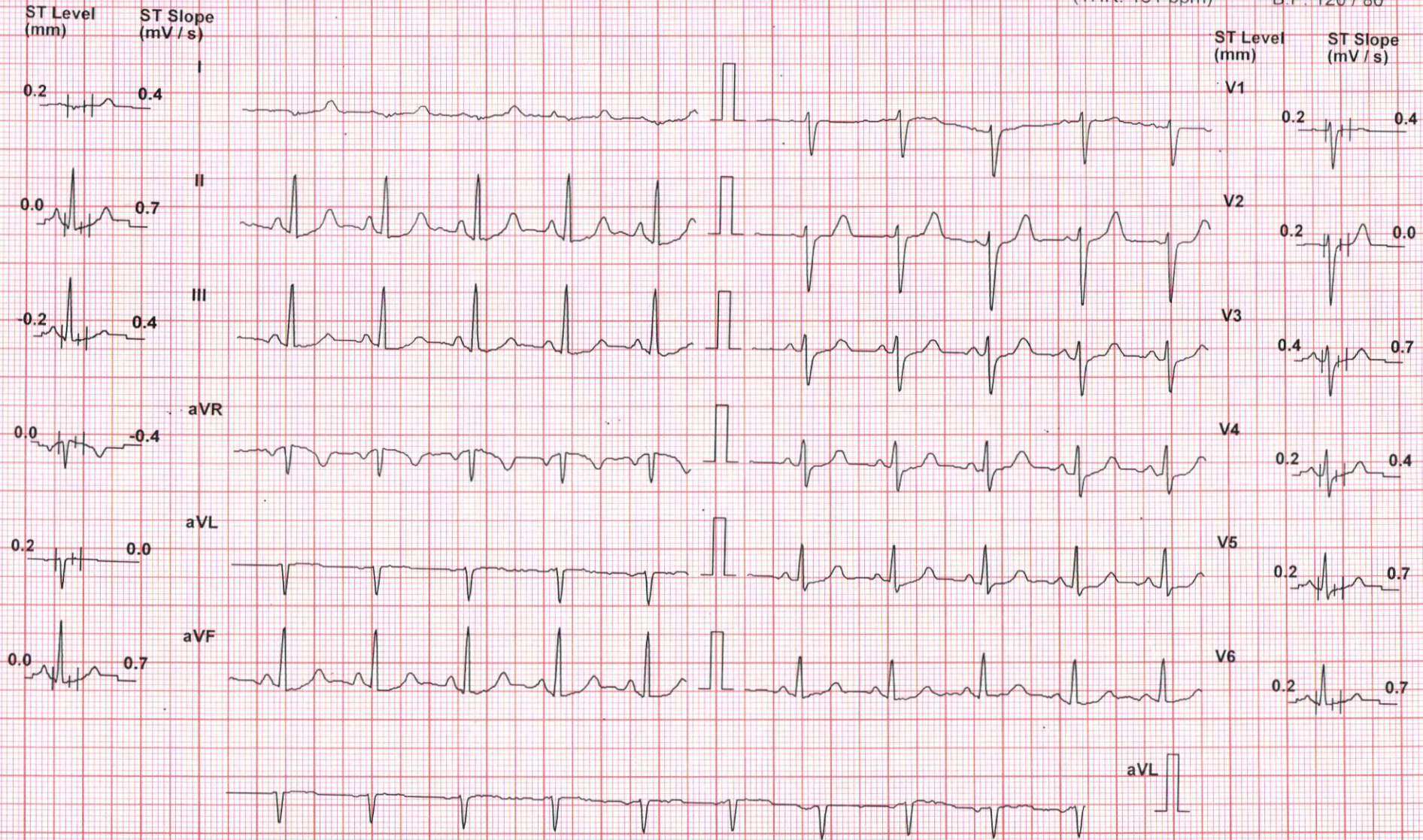


Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

Test Report

K VISHAKHA RAO (30 F)

ID: 1925

Date: 23-Sep-23 Exec Time : 6 m 53 s Stage Time : 1 m 56 s **HR: 97 bpm**

Protocol: Bruce

Stage: Recovery(4)

Speed: 0 mph

Grade: 0 %

(THR: 161 bpm)

B.P: 120 / 80

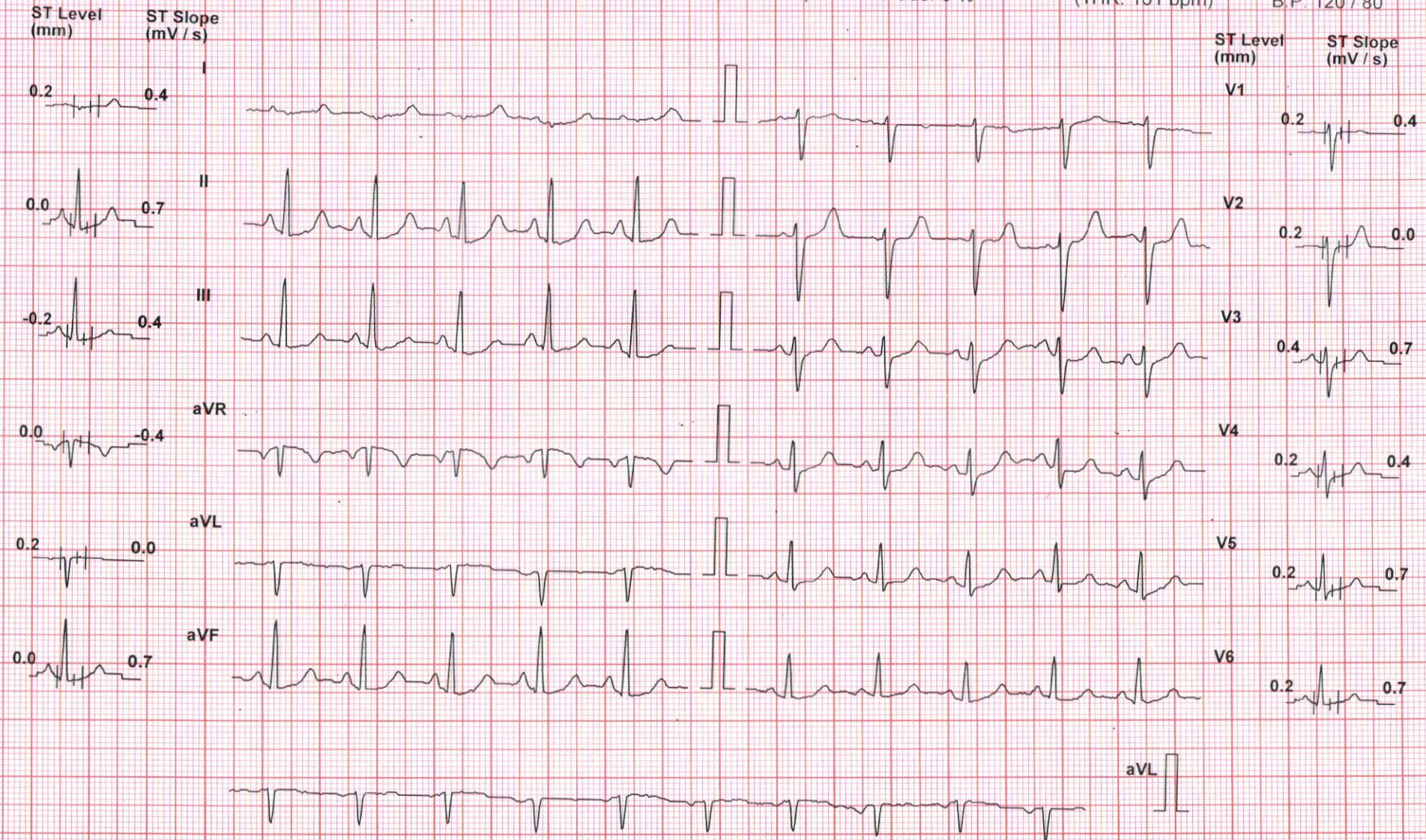


Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Annexure-2

Self-Health Declaration
(Please ✓ Mark Where Applicable)

PASTE YOUR RECENT
PASSPORT SIZE
PHOTOGRAPH

1 PERSONAL DETAILS:

Name:	First Name	Middle Name	Surname
	<u>K. Vishakha Rao</u>		
Address:	<u>812-B Wing New Ushanagar chs Bhandup West</u>		
City:	<u>Mumbai</u>	Pin:	<u>400078</u>
Birth Place:	<u>Jamshedpur</u>	Birth Date:	<u>21/12/92</u> Religion: <u>Hindu</u>
		(dd/mm/yyyy)	
Post applied for:		Marital Status: Married / Unmarried	Gender: M / F ✓

2 PREVIOUS EMPLOYMENT: Yes / No If yes specify

i)	Name	Nature of work	Duration

3 NAME OF FAMILY DOCTOR:

Address:

Contact Details:

4 PERSONAL HABITS: NO

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

5 MEDICAL HISTORY:

i) **ANY DISABILITY:** Yes / No If yes specify with disability %

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work

Have you ever suffered from job related disease or injury?

Have you ever been discharged or rejected on medical grounds?

Yes	No
✓	
	✓
	✓

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes")

(For female candidates only)

Are you pregnant at present? Y N

Date of L.M.P. 16/9/23

iv) Immunization:

	Yes	No
Tetanus Toxoid	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Hepatitis B	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Others	<input checked="" type="checkbox"/>	<input type="checkbox"/>

covid vaccine 5 doses 2023

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	✓	-
Heart Disease	-	-
Cancer	-	-
Diabetes	✓	-
Tuberculosis	-	-
Epilepsy	-	-
Any other Disease	-	✓ thyroid

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	62	Fair		
Mother	54	Fair		
Spouse				
Children-1				
Children -2				

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 23/9/23


 (Signature of Candidate)

Annexure-3

Pre-Employment Medical Assessment

(All details given below will be filled by examine physician & treated as confidential)
(Please ✓ Mark Where Applicable)

1 Personal Habits:

- i) Smoking NO ✓
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

2 Medical History:

i) **Any Disability:** Yes / No If yes specify with disability % ✓

ii) **Personal History:**

NO ✓

iii) **Known case of or past history of**

NO ✓

iv) **Immunization:**

Yes No

Tetanus Toxoid

<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
-------------------------------------	-------------------------------------

Hepatitis B

<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
-------------------------------------	-------------------------------------

Others

<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------

Covid vaccine (3) doses.

v) **Family History:**

Has anyone of parents suffered from

- Hypertension
- Heart Disease
- Cancer

- Diabetes
- Tuberculosis
- Epilepsy
- Any other Disease

3 Physical Examination:

- i) Build: Poor / Average / Strong Skin: N
 ii) Throat: N Tonsils: NO Thyroid: NO Lymph nodes: NO
 iii) Teeth & Gums: N Tongue:
 iv) Height 151 cms Weight 74 kg BMI 32.5
 v) Identification marks:

White spot on (R) leg.

1 Vision (To be checked by eye specialist):

General Eye examination: _____

		Rt	Lt	Colour Vision (Pls \checkmark Mark Applicable)
Visual Acuity	Distance	<u>6/6</u>	<u>6/6</u>	Normal Colour vision <input checked="" type="checkbox"/>
	Near	<u>N/5</u>	<u>N/5</u>	Total colour deficiency <input type="checkbox"/>
Corrected Vision	Distance	<u>-</u>	<u>-</u>	Partial Colour Deficiency <input type="checkbox"/>
	Near	<u>-</u>	<u>-</u>	
Power of lens	Spherical	<u>-</u>	<u>-</u>	If partial - pl. mention <u>X</u>
	Cylindrical	<u>-</u>	<u>-</u>	
	Axis	<u>-</u>	<u>-</u>	

	Yes	No
Squint	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Nystagmus	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Night Blindness	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Any other eye disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>

If yes pl. give details X

Lata Misra
Dr LATA M. BAJPAI
 MBBS, DOMS, FRYS, FRCS
 Reg No: 2886 / 08 / 3126

Signature & Seal of Ophthalmologist

DEPT. OF MATHEMATICS
UNIVERSITY OF CALIFORNIA
SAN DIEGO

1957

DATE	DESCRIPTION	AMOUNT	BALANCE
1/1	Balance	100.00	100.00
1/15	Withdrawal	25.00	75.00
2/1	Deposit	50.00	125.00
2/15	Withdrawal	10.00	115.00
3/1	Deposit	75.00	190.00
3/15	Withdrawal	30.00	160.00
4/1	Deposit	40.00	200.00
4/15	Withdrawal	15.00	185.00
5/1	Deposit	60.00	245.00
5/15	Withdrawal	20.00	225.00
6/1	Deposit	55.00	280.00
6/15	Withdrawal	18.00	262.00
7/1	Deposit	45.00	307.00
7/15	Withdrawal	12.00	295.00
8/1	Deposit	35.00	330.00
8/15	Withdrawal	8.00	322.00
9/1	Deposit	25.00	347.00
9/15	Withdrawal	5.00	342.00
10/1	Deposit	15.00	357.00
10/15	Withdrawal	3.00	354.00
11/1	Deposit	10.00	364.00
11/15	Withdrawal	2.00	362.00
12/1	Deposit	5.00	367.00
12/15	Withdrawal	1.00	366.00
12/31	Balance		366.00

- v) 2D Echo/TMT: Negative for induced ischemia at given workload.
- vi) PFT: FVC — FEV1 — FEV1/FVC % — PEFR —
- vii) Any other Investigations / clinical finding: —

14 COMMENTS AND RECOMMENDATIONS:

(Pls ✓ Mark Applicable)

<input checked="" type="checkbox"/> Fit	<input type="checkbox"/> Unfit
---	--------------------------------

Remarks: _____

Details of Examining Physician:

Name: _____

Registration No.: _____

Address: Dr. Mrinalni Singh

Consultant Physician

M.D.S., DNB, MRCP (UK), EDIC

Contact No.: Reg. No. 2019/02/0392



Signature with Seal of Examining Physician

For office use only:

Date of receipt of original documents: _____ PEM No.: _____

MDMS No: _____

Medically

<input checked="" type="checkbox"/> Fit	<input type="checkbox"/> Temp. Unfit	<input type="checkbox"/> Unfit
---	--------------------------------------	--------------------------------

Special Remarks: _____



Sea Bird
Sea Bird Medicare Centre

Report ID : **VRM239153917** Reg. : **23-Sep-2023**
Patient Name : **Ms. VISHAKHA RAO** Report Date : **25-Sep-2023**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **30 Year / Female**

CHEST X RAY REPORT

X-Ray No : 3319

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.

**Dr. Jacob
Mathew MD**

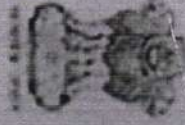
Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



भारत सरकार

Government of India



आधार



के.विशाखा राव

K. Vishakhha Rao

जन्म तिथि/DOB: 21/12/1992

महिला/ FEMALE

Issue Date: 16/01/2021

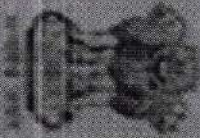
Download Date: 28/01/2021

8366 1538 5831

VID : 9185 3965 0409 3490

शेरा आधार, शेरी पहचान

Shera



भारतीय विशिष्ट पहचान प्राधिकरण

Unique Identification Authority of India

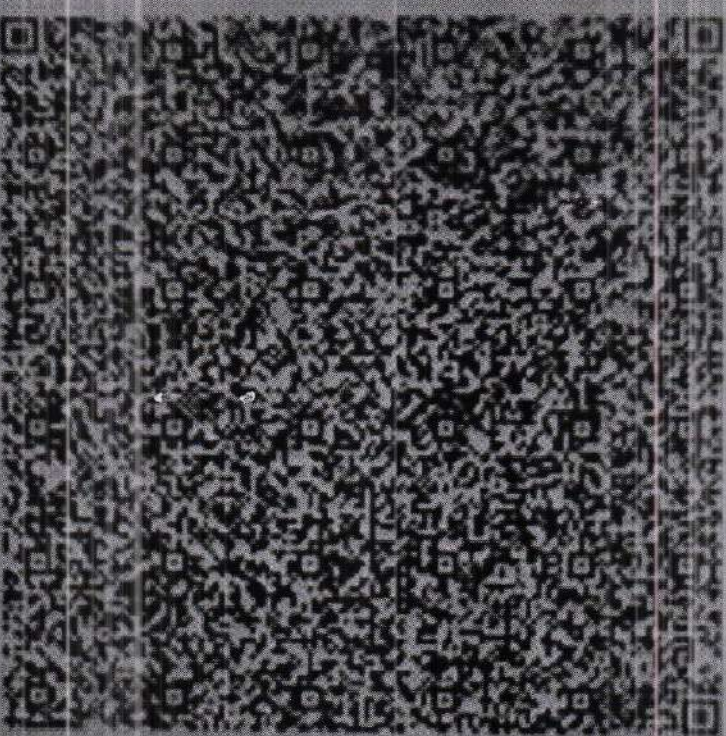


पत्ता:

पत्ता: के श्रीनिवास राव, हाउस न 603/सी, लक्ष्मी हेरिटेज,
पोटिया रोड, बोरसी, दुर्ग, दुर्ग,
छत्तीसगढ़ - 491001

Address:

C/O: K Srinivas Rao, House No 603/C,
Laxmi Heritage, Potiya Road, Borsl, Durg,
Durg,
Chhattisgarh - 491001



8366 1538 5831

VID : 9185 3965 0409 3490

Ulidai



1947



help@uidai.gov.in



www.uidai.gov.in

Name: Mrs VISHAKHA RAO	Age : 30Y	Sex : female
Date : 23-09-2023 10:59 AM	Ref Dr : SELF	Reg. No. : MHM2309/412

USG ABDOMEN AND PELVIS

LIVER: Liver appears normal in size 11 cm and echotexture. **There is a focal hemangioma seen in right lobe measuring currently 11 x 9 mm.** There is no intra-hepatic biliary radical dilatation. **No evidence of any other focal lesion.**

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

KIDNEYS: Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.
Right kidney measures 9.9 x 4.5cm. Left kidney measures 9.8 x 4.6 cm.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

UTERUS: Uterus is normal in size and shows normal echo texture. **Focal fibroid seen in anterior wall intramural region measuring 0.7 x 0.4cm.**

Uterus measures 6.0 x 2.9 x 4.1cm. Endometrial thickness is normal (5.7 mm).
Right ovary is normal measures 2.6 x 1.9 cm. Left ovary is normal measures 3.1 x 1.4 cm. **Follicular cyst seen on left measuring 14 x 10 mm.**

No free fluid or significant lymphadenopathy is seen.

IMPRESSION : Tiny uterine fibroid.
Small liver hemangioma- benign.
Follicular cyst in left ovary- physiological.

Advice: Clinical co-relation and further evaluation.

Priyanka Nerulkar

DR. PRIYANKA NERULKAR

CONSULTANT RADIOLOGIST



PID NO. : BIA0887

Name : K VISHAKHA RAO

Sex / Age : Female / 30 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

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105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

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23-Sep-2023 / 5:21 pm

REPORT

BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Gamma GT, (GGTP) serum (Serum, Method - IFCC) Test Done on Fully Automated Cobas C111 Analyser	10.4	U/L	5 - 36

----- End of Report -----

DR.SANDIP M HUDDERAR
MBBS, DCP

Consultant Pathologist

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist

Molly R
Lab Technician



MC - 5321

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BLOOD GROUP			
ABO Group	"O"		
RH (D)	Positive		

Method : Slide Method
Sample: Whole Blood (EDTA)

----- End of Report -----

DR. SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist

Molly R
Lab Technician

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REPORT

BLOOD SUGAR

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	97.05	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	106.05	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Cobas C111 Analyser

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	13.2	gm/dl	12.0 - 15
<u>RED BLOOD CELLS</u>			
R.B.C. Count	4.76	million / cumm	3.8- 4.8
PCV	41.4	%	35-48
MCV	86.9	fL	83 - 101
MCH	27.8	pg	27 - 32
MCHC	32	gm / dl	31.5 - 34.5
RDW (CV)	12.8	%	11.6- 14.0
Total W.B.C. Count	6800	/cu.mm.	4000-10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	70	%	40 - 80
Lymphocytes	25	%	20 - 40
Eosinophils	03	%	1 - 6
Monocytes	02	%	2 - 10
Basophils	00	%	0 - 1

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Platelet Count	327000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy is manual by Pathologist.)

----- End of Report -----

DR.SANDIP M HUDDERAR
MBBS, DCP

Consultant Pathologist

DR.RITESH KHARCHE
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Molly R
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REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	50	mm at 1hr	0 - 20

Method: Wintrobe . Sample: Whole Blood (EDTA)

----- End of Report -----

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Molly R
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REPORT

Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c	5.23	%	< 5.7
Non-diabetic : <= 5.7 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : > = 6.5 (EDTA Whole Blood, Turbidimetric)			
Mean Blood Glucose (MBG)	108.89	mg/dl	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycosylated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1c value, the following equation is used : $eAG(mg/dl) = 28.7 * A1c - 46.7$.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For Hb > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected (D10/ Tosha G8 is corrected for HbS and HbC trait).
- In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %

Note : Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

----- End of Report -----

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PID NO. : BIA0887

Name : K VISHAKHA RAO

Sex / Age : Female / 30 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 11:13 am

Coll Date

23-Sep-2023 / 10:08 am

Report Date

23-Sep-2023 / 5:21 pm

REPORT

LFT

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Sr. Alkaline Phosphatase (Serum, AMP Buffer IFCC) Test Done on Fully Automated Cobas C111 Analyser	61.5	U/L	35 - 104

----- End of Report -----

DR. SANDIP M HUDDEDAR
MBBS, DCP
Consultant Pathologist

Molly R
Lab Technician



MC - 5321

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist

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23-Sep-2023 / 10:03 am

Coll Date

23-Sep-2023 / 10:08 am

Report Date

23-Sep-2023 / 5:22 pm

REPORT

Lipid Profile

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Total Cholesterol	197.18	mg/dl	100 - 240
Method: CHOD-PAP			
Triglycerides	63.22	mg/dl	0 - 150
Method: GPO-PAP			
HDL Cholesterol-Direct	38.87	mg/dl	45 - 65
Method: Cholesterol-esterase-Direct			
LDL Cholesterol	145.67	mg/dl	<100
Calculated			
VLDL-Cholesterol	12.64	mg/dl	10 - 40
Calculated			
CHO/HDLC Ratio	5.07		Upto 5.0
Calculated			
LDLC/HDLC Ratio	3.75		2.5 - 3.5
Calculated			

Desirable Cholesterol Level : <200 mg/dl
Bordeline High Cholesterol : 200-239 mg/dl

Test Done on Fully Automated Cobas C111 Analyser
Sample: Serum

----- End of Report -----

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Molly R
Lab Technician



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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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LIMITED

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Reg. Date

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Coll Date

23-Sep-2023 / 10:08 am

Report Date

23-Sep-2023 / 5:21 pm

REPORT

Liver Function Tests

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
S.G.O.T. (Serum, Method-IFCC / UV without P5P)	10.3	U/L	0 - 32
S.G.P.T. (Serum, Method-IFCC / UV without P5P)	11.3	U/L	0 - 33.0
GGT (Serum, Method-IFCC Method)	10.4	U/L	5 - 36
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.18	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.15	mg/dl	0.0 - 0.80
Bilirubin (Indirect) Calculated	0.03	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	6.9	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4	g/dl	3.5 - 5.2
Globulin Calculated	2.90	g/dl	1.90 - 3.70
A/G ratio Calculated	1.38		

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

DR. SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist

Molly R
Lab Technician



MC - 5321

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PID NO. : BIA0887

Name : K VISHAKHA RAO

Sex / Age : Female / 30 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

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Reg. Date

23-Sep-2023 / 10:03 am

Cóll Date

23-Sep-2023 / 10:08 am

Report Date

23-Sep-2023 / 5:22 pm

REPORT

RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Method-Urease	13.5	mg/dl	16.6 - 48.5 mg/dl
Blood Urea Nitrogen Method-Urease	6.30	mg/dl	06 - 20 mg/dl
Creatinine Method-Kinetic Jaffes	0.62	mg/dL	0.5 - 0.90 mg/dl
Uric Acid Method: Uricase-POD	4	mg/dl	2.4 - 5.7

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

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Consultant Pathologist

DR.RITESH KHARCHE
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Molly R
Lab Technician



MC - 5321

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Report Date

23-Sep-2023 / 5:26 pm

REPORT

THYROID FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
TSH	1.19	μIU/ml	0.25-5 μIU/ml
T3	1.4	nmol/l	0.92-2.33 nmol/l
T4	94.82	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 : Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroxine-binding globulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

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Molly R
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23-Sep-2023 / 5:23 pm

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.0		5.0 - 9.0
Specific Gravity	1.010		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)
Ocult Blood	Absent		Absent

MICROSCOPIC EXAMINATION

DR.SANDIP M HUDDERAR
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DR.RITESH KHARCHE
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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Pus Cells	2 - 3 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 5 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

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CONDITIONS OF REPORTING

SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

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2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
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A. SEA BIRD MEDICARE CENTRE

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B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)