

Patient Name : Mrs.KUSUM Age/Gender : 33 Y 7 M 11 D/F UHID/MR No : SKAR.0000098504 Visit ID : SKAROPV125475 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 21154	Collected : 12/Aug/2023 11:19AM Received : 12/Aug/2023 12:15PM Reported : 12/Aug/2023 02:40PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

RBCs	Show moderate anisocytosis, are microcytic hypochromic to macrocytic, along with few elliptocytes, tear drop cells and Macro-ovalocytes.
WBCs	Show few hypersegmented neutrophils. No abnormal cells seen.
Platelets	Adequate in number, verified on smear
	No Hemoparasites seen in smears examined.
Impression	Suggestive of Dimorphic anemia
Advice	Additional investigations if clinically indicated: 1. Serum Iron Studies and Serum Ferritin 2. Serum B12 and Folate estimation 3. Clinical correlation



TOUCHING LIVES Patient Name : Mrs.KUSUM Age/Gender : 33 Y 7 M 11 D/F UHID/MR No : SKAR.0000098504 Visit ID : SKAROPV125475 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 21154	Collected : 12/Aug/2023 11:19AM Received : 12/Aug/2023 12:15PM Reported : 12/Aug/2023 02:40PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD EDTA

HAEMOGLOBIN	7.5	g/dL	12-15	Spectrophotometer
PCV	25.10	%	36-46	Electronic pulse & Calculation
RBC COUNT	3.92	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	64	fL	83-101	Calculated
MCH	19.1	pg	27-32	Calculated
MCHC	29.9	g/dL	31.5-34.5	Calculated
R.D.W	18.1	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,100	cells/cu.mm	4000-10000	Electrical Impedance

DIFFERENTIAL LEUCOCYtic COUNT (DLC)

NEUTROPHILS	58	%	40-80	Electrical Impedance
LYMPHOCYTES	34	%	20-40	Electrical Impedance
EOSINOPHILS	3	%	1-6	Electrical Impedance
MONOCYTES	5	%	2-10	Electrical Impedance

ABSOLUTE LEUCOCYTE COUNT

NEUTROPHILS	2958	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	1734	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	153	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	255	Cells/cu.mm	200-1000	Electrical Impedance
PLATELET COUNT	266000	cells/cu.mm	150000-410000	Electrical impedance

ERYTHROCYTE SEDIMENTATION RATE (ESR)	25	mm at the end of 1 hour	0-20	Modified Westergren
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PERIPHERAL SMEAR				
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Touching Lives Patient Name : Mrs.KUSUM Age/Gender : 33 Y 7 M 11 D/F UHID/MR No : SKAR.0000098504 Visit ID : SKAROPV125475 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 21154	Collected : 12/Aug/2023 11:19AM Received : 12/Aug/2023 12:15PM Reported : 12/Aug/2023 01:31PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA

BLOOD GROUP TYPE	O			Gel agglutination
Rh TYPE	POSITIVE			Gel agglutination



APOLLO <small>TOUCHING LIVES</small> Patient Name : Mrs.KUSUM Age/Gender : 33 Y 7 M 11 D/F UHID/MR No : SKAR.0000098504 Visit ID : SKAROPV125475 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 21154	Collected : 12/Aug/2023 03:13PM Received : 12/Aug/2023 03:53PM Reported : 12/Aug/2023 04:09PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, FASTING , NAF PLASMA	91	mg/dL	70-100	GOD - POD
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Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation
<100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	112	mg/dL	70-140	GOD - POD
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Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD EDTA	5.3	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD EDTA	105	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
- Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control



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Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	166	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	115	mg/dL	<150	
HDL CHOLESTEROL	54	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	112	mg/dL	<130	Calculated
LDL CHOLESTEROL	89	mg/dL	<100	Calculated
VLDL CHOLESTEROL	23	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.07		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



TOUCHING LIVES

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIVER FUNCTION TEST (LFT) , SERUM

BILIRUBIN, TOTAL	0.50	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.40	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	18	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	22.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	71.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	4.80	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.30	g/dL	2.0-3.5	Calculated
A/G RATIO	1.45		0.9-2.0	Calculated



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM

CREATININE	0.52	mg/dL	0.4-1.1	ENZYMATIC METHOD
UREA	15.20	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	7.1	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.40	mg/dL	3.0-5.5	URICASE
CALCIUM	8.80	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	3.70	mg/dL	2.6-4.4	PNP-XOD
SODIUM	138	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	100	mmol/L	98-107	Direct ISE



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	13.00	U/L	16-73	Glycylglycine Kinetic methcd



SMILING LIVES Patient Name : Mrs.KUSUM Age/Gender : 33 Y 7 M 11 D/F UHID/MR No : SKAR.0000098504 Visit ID : SKAROPV125475 Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 21154	Collected : 12/Aug/2023 11:19AM Received : 12/Aug/2023 01:45PM Reported : 12/Aug/2023 03:57PM Status : Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	1.44	ng/mL	0.7-2.04	
THYROXINE (T4, TOTAL)	10.89	µg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	2.910	µIU/mL	0.34-5.60	CLIA

Comment:

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m. In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0



Patient Name VES : Mrs.KUSUM	Collected : 12/Aug/2023 11:19AM
Age/Gender : 33 Y 7 M 11 D/F	Received : 12/Aug/2023 01:33PM
UHID/MR No : SKAR.0000098504	Reported : 12/Aug/2023 01:59PM
Visit ID : SKAROPV125475	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 21154	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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COMPLETE URINE EXAMINATION (CUE) , URINE

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	SLIGHTLY TURBID		CLEAR	Visual
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.025		1.002-1.030	Dipstick

BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS

CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	4-6	/hpf	0-5	Microscopy
EPITHELIAL CELLS	10-15	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY




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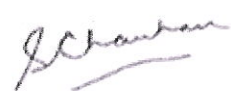
DEPARTMENT OF CLINICAL PATHOLOGY


ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***


 Dr.Tanish Mandal
 M.B.B.S,M.D(Pathology)
 Consultant Pathologist


 Dr.Shivangi Chauhan
 M.B.B.S,M.D(Pathology)
 Consultant Pathologist


 Dr Nidhi Sachdev
 M.B.B.S,MD(Pathology)
 Consultant Pathologist



=====

NAME: KUSUM
REF. BY: HEALTH CHECK UP
DATE: 12.8.2023

=====

AGE 33 Y /SEX/F
UHID: SKAR0000098504
S. NO:13434

=====

X-RAY CHEST PA

Lung fields and costophrenic angles are clear.
No definite pleural or parenchymal pathology seen.
Bony thorax, heart and mediastinum appear normal.

Please correlate clinically.


DR. GLOSSY B SABHARWAL, MD
CONSULTANT RADIOLOGIST

Note: It is only a professional opinion. Kindly correlate clinically.

APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

(Formerly known as Nova Specialty Hospitals Private Limited)
CIN: U85100KA2009PTC049961

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Ameerpet, Hyderabad-500038. Telangana.

Name Kusum Age: 33 Y/ Sex:f
Date: 12.8.2023 Health Check Up

ULTRASOUND WHOLE ABDOMEN

Liver is normal in size and shows diffuse increase in echotexture suggestive of Grade I fatty infiltration. No focal lesion seen in the liver. Intrahepatic bile ducts and portal radicals are normal in caliber.

Gall bladder does not show any evidence of cholecystitis or cholelithiasis.
CBD is not dilated.
Portal vein is normal in caliber.

Both kidneys are of normal size, shape and echopattern. No calculus, growth or hydronephrotic changes seen in either kidney. The parenchymal thickness is normal & cortico-medullary differentiation is well maintained.

Spleen is normal in size and echotexture.
Pancreas does not show any pathology.
No free fluid seen in the peritoneal cavity.

Urinary bladder is distended and shows no mural or intraluminal pathology.
Uterus is anteverted, normal in size, shape and echopattern.
Endometrium echo is 6.6 mm, echogenic.

Both the ovaries appear normal in size, shape, and echopattern.

Bilateral adnexae are clear. No adnexal mass.
No free fluid or pelvic collection seen.

Please correlate clinically

DR. GLOSSY B SABHARWAL, MD
CONSULTANT RADIOLOGIST

This report is only a professional opinion and it is not valid for medico-legal purposes.

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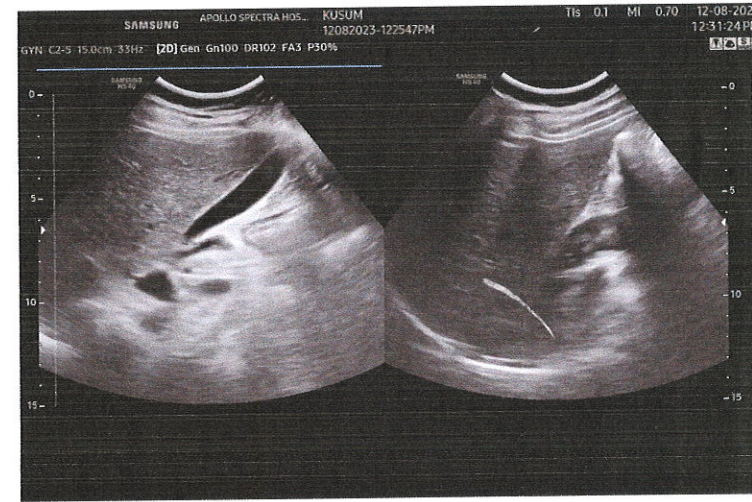
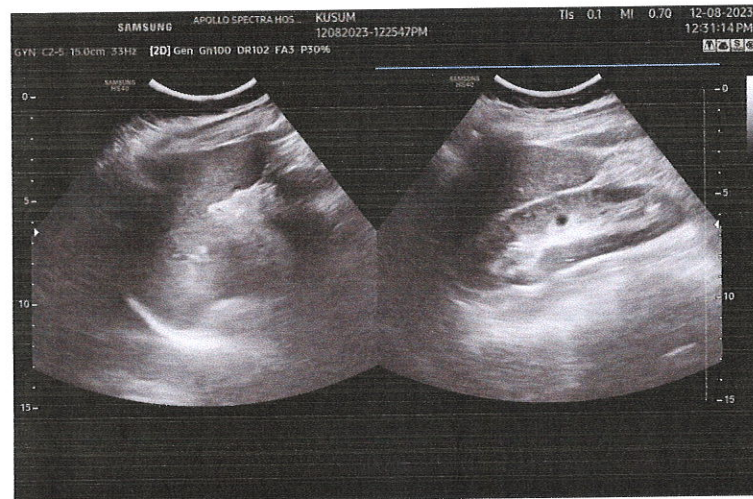
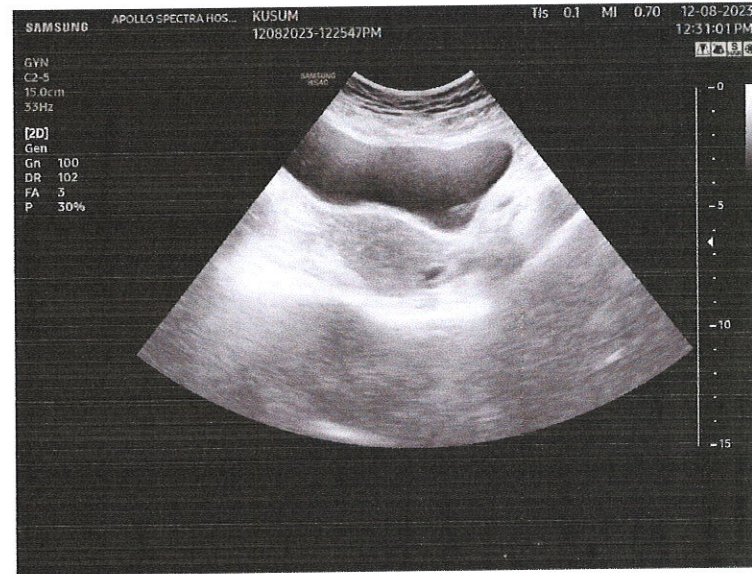
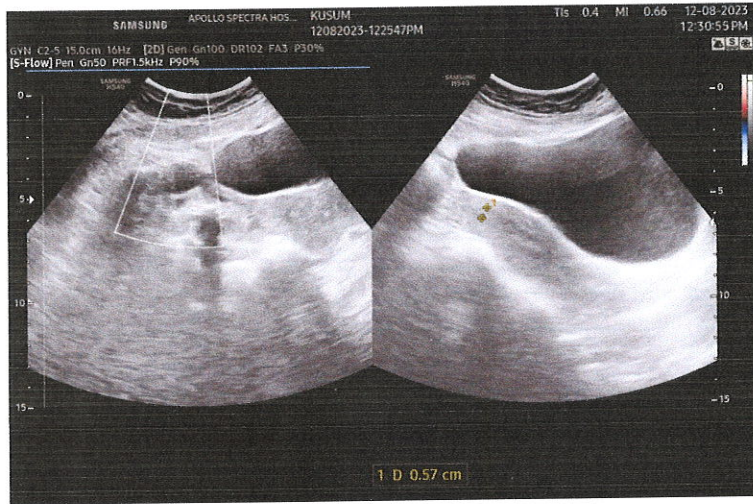
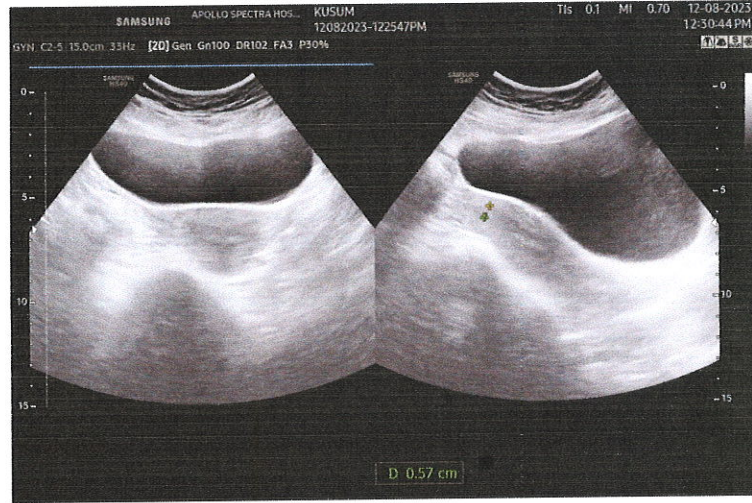
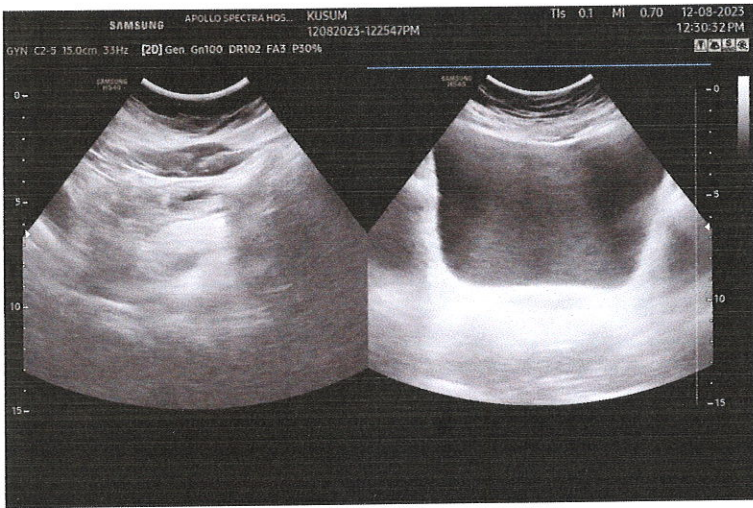
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Ameerpet, Hyderabad-500038. Telangana.

Patient

ID 12082023-122547PM
Name KUSUM
Birth Date
Gender

Exam

Accession # 12082023-122547PM
Exam Date 12-08-2023
Description
Operator

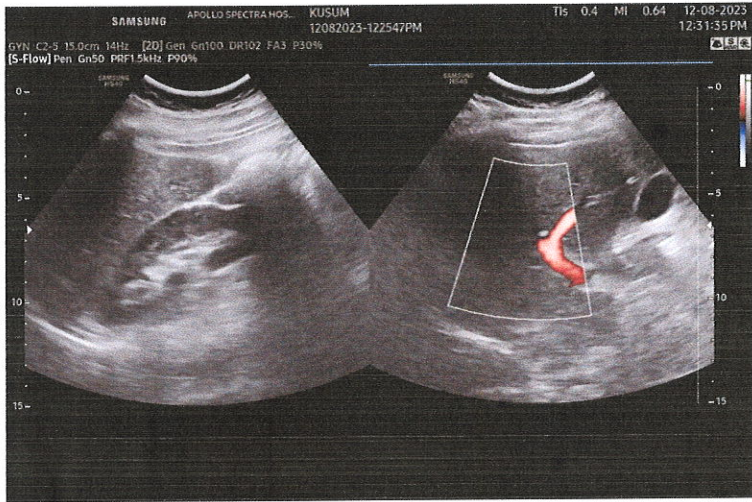


Patient

ID 12082023-122547PM
Name KUSUM
Birth Date
Gender

Exam

Accession #
Exam Date 12-08-2023
Description
Operator



Dr. Sanjiv Dang

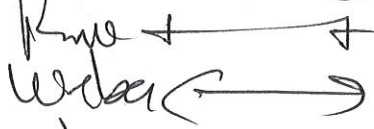
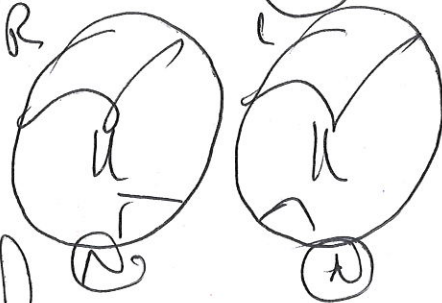
MBBS, MS (ENT)
Ear, Nose & Throat Consultant
DMC Regn. No. 9555
Timing : 5.30 pm - 8.30 pm
E : sanjivdang.mamc@gmail.com

For appointment please contact :
011-49407700, 8448702877

ms. Kshama
f 30 years



ENT = *NOAD*
Normal



Chest - clear

Adh
NO

moderation
[Signature]
12.8.2013

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33 years
Female

Normal sinus rhythm
Normal ECG

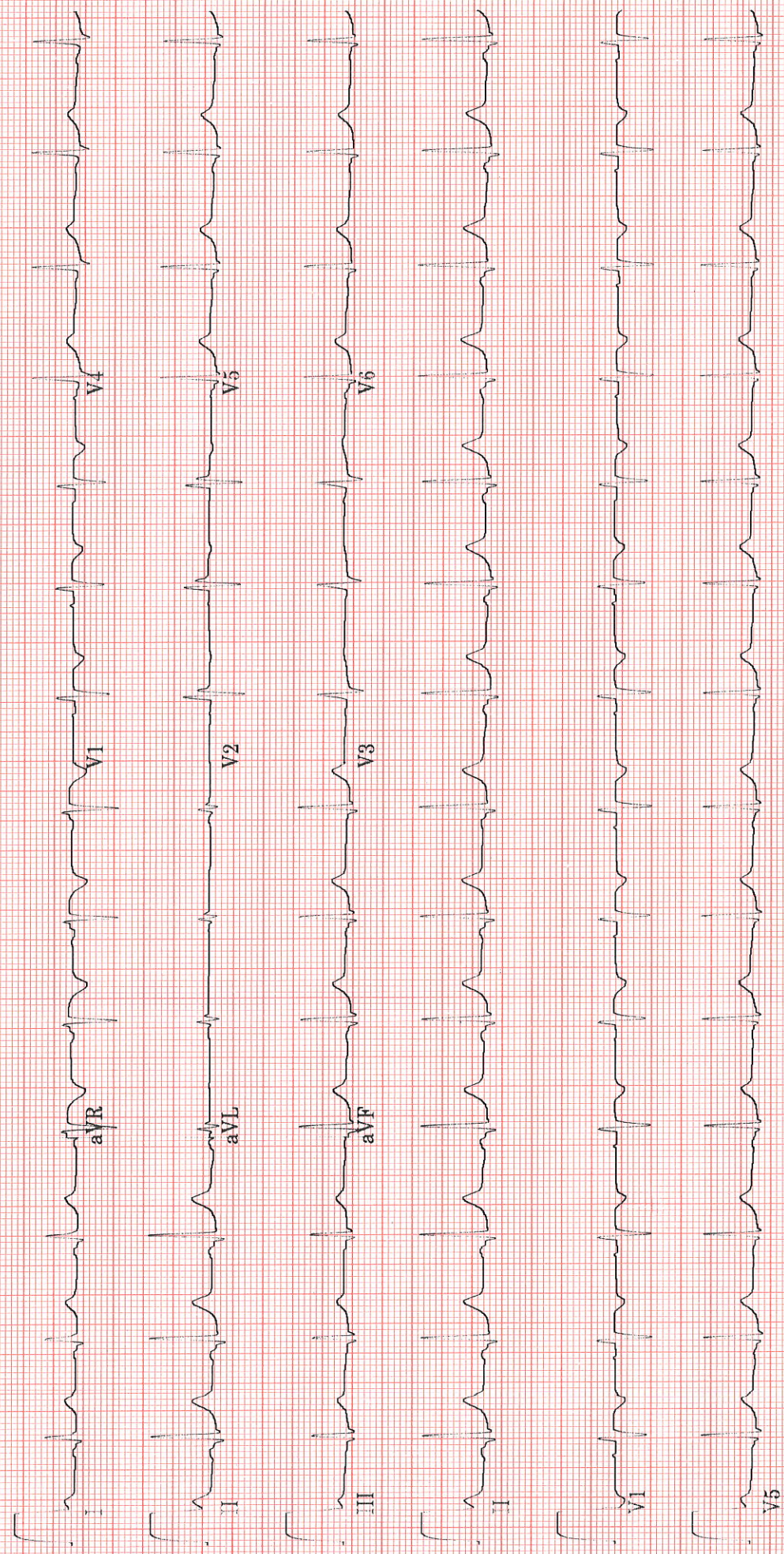
Vent. rate 84 bpm
PR interval 118 ms
QRS duration 86 ms
QT/QTc 376/444 ms
P-R-T axes 40 60 53

Technician:
Test ind:

Referred by:

Unconfirmed

HT: 152 CM.
WT: 60.7 Kg.
B.P: 110/70



20 Hz 25.0 mm/s 10.0 mm/mV

4 by 2.5s + 3 rhythm lds

MAC55 009C

12SL™ v239

ARROW CE

TREADMILL TEST REPORT

Name: Kusum

Age/Sex: 33 Yrs/F

Date: 12.8.2023

Health Check UP

***** ****

Medication: None

Protocol: BRUCE

	Resting	Peak exercise	Recovery			
			2	4	6	8
HR/min	96	182	109			
B.P. mm Hg	110/70	140/90	130/80			

Reason for termination

- Fatigue
- THR Achieved

Events during exercise and recovery

ECG Changes: Baseline ECG -Incomplete RBBB

Symptoms (Angina) : None

Arrhythmia : None

TET: 8:15

METS:10.1

MHR (% THR): 97%

Impression

- TMT is Negative for inducible ischemia.
- Appropriate chronotropic & BP response.
- Good exercise capacity.

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(Formerly known as Nova Specialty Hospitals Private Limited)

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