

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

| PARTICULARS                     | EMPLOYEE DETAILS         |
|---------------------------------|--------------------------|
| NAME                            | MS. MANDAL SUSHMITA      |
| EC NO.                          | 180103                   |
| DESIGNATION                     | SINGLE WINDOW OPERATOR A |
| PLACE OF WORK                   | KOLKATA, MADHYAMGRAM     |
| BIRTHDATE                       | 27-12-1991               |
| PROPOSED DATE OF HEALTH CHECKUP | 24-07-2021               |
| BOOKING REFERENCE NO.           | 21S180103100001436E      |

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **23-07-2021** till **31-03-2022** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

*Sushmita Mandal*

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

**Pa. the Treat Diagnostic Centre**  
**& Poly Clinic**  
**75 Dum Dum Road, Kol-700074**  
**Phone No. - (633) 2530 3641**

### SUGGESTIVE LIST OF MEDICAL TESTS

| FOR MALE                            | FOR FEMALE  |
|-------------------------------------|---|
| CBC                                 | CBC   |
| ESR                                 | ESR   |
| Blood Group & RH Factor             | Blood Group & RH Factor   |
| Blood and Urine Sugar Fasting       | Blood and Urine Sugar Fasting                                   |
| Blood and Urine Sugar PP            | Blood and Urine Sugar PP  |
| Stool Routine                       | Stool Routine   |
| <b>Lipid Profile</b>                | <b>Lipid Profile</b>  |
| Total Cholesterol                   | Total Cholesterol   |
| HDL                                 | HDL   |
| LDL                                 | LDL   |
| VLDL                                | VLDL  |
| Triglycerides                       | Triglycerides   |
| HDL / LDL ratio                     | HDL / LDL ratio   |
| <b>Liver Profile</b>                | <b>Liver Profile</b>  |
| AST                                 | AST   |
| ALT                                 | ALT   |
| GGT                                 | GGT   |
| Bilirubin (total, direct, indirect) | Bilirubin (total, direct, indirect)                             |
| ALP                                 | ALP   |
| Proteins (T, Albumin, Globulin)     | Proteins (T, Albumin, Globulin)                                 |
| <b>Kidney Profile</b>               | <b>Kidney Profile</b>   |
| Serum creatinine                    | Serum creatinine  |
| Blood Urea Nitrogen                 | Blood Urea Nitrogen   |
| Uric Acid                           | Uric Acid   |
| HBA1C                               | HBA1C   |
| Routine urine analysis              | Routine urine analysis  |
| USG Whole Abdomen                   | USG Whole Abdomen   |
| <b>General Tests</b>                | <b>General Tests</b>  |
| X Ray Chest                         | X Ray Chest   |
| ECG                                 | ECG   |
| 2D/3D ECHO / TMT                    | 2D/3D ECHO / TMT  |
| Stress Test                         | Thyroid Profile (T3, T4, TSH)                                   |
| PSA Male (above 40 years)           | Mammography (above 40 years)<br>and Pap Smear (above 30 years). |
| Thyroid Profile (T3, T4, TSH)       | Dental Check-up consultation                                    |
| Dental Check-up consultation        | Physician Consultation  |
| Physician Consultation              | Eye Check-up consultation                                       |
| Eye Check-up consultation           | Skin/ENT consultation   |
| Skin/ENT consultation               | Gynaec Consultation   |

*Handwritten signature/initials*





भारत सरकार

GOVERNMENT OF INDIA

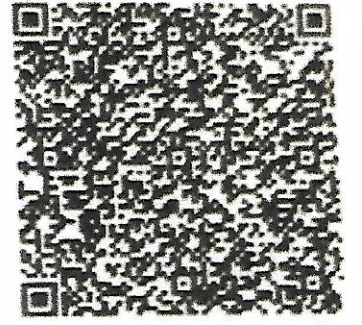


সুশ্মিতা মন্ডল

Sushmita Mandal

জন্মতারিখ/DOB: 27/12/1991

মহিলা/ FEMALE



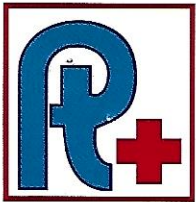
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আমার আধার, আমার পরিচয়

Dr. Treat Diagnostic Centre  
& Poly Clinic  
Dum Dum Road, Kol-700074  
Phone No. - (033) 2550 3541

Sushmita Mandal.





# Patho Treat

TEST REPORT

DIAGNOSTIC CENTRE & POLYCLINIC

Regd. Off : 75, Dum Dum Road, Kolkata - 700 074

Phone No.: (033) 2560 3641 / 3642, (033) 6526 0026, (Infront of Motijheel College of Commerce)

Sushmita Mondal — 29 yrs / Female..

Ht — 154 cm , wt — 50 kg

Bp — 125/80 - pulse - 76 bpm.

E.N.T — normal.

Skin — normal.

Dentures — normal.

Eye — normal.

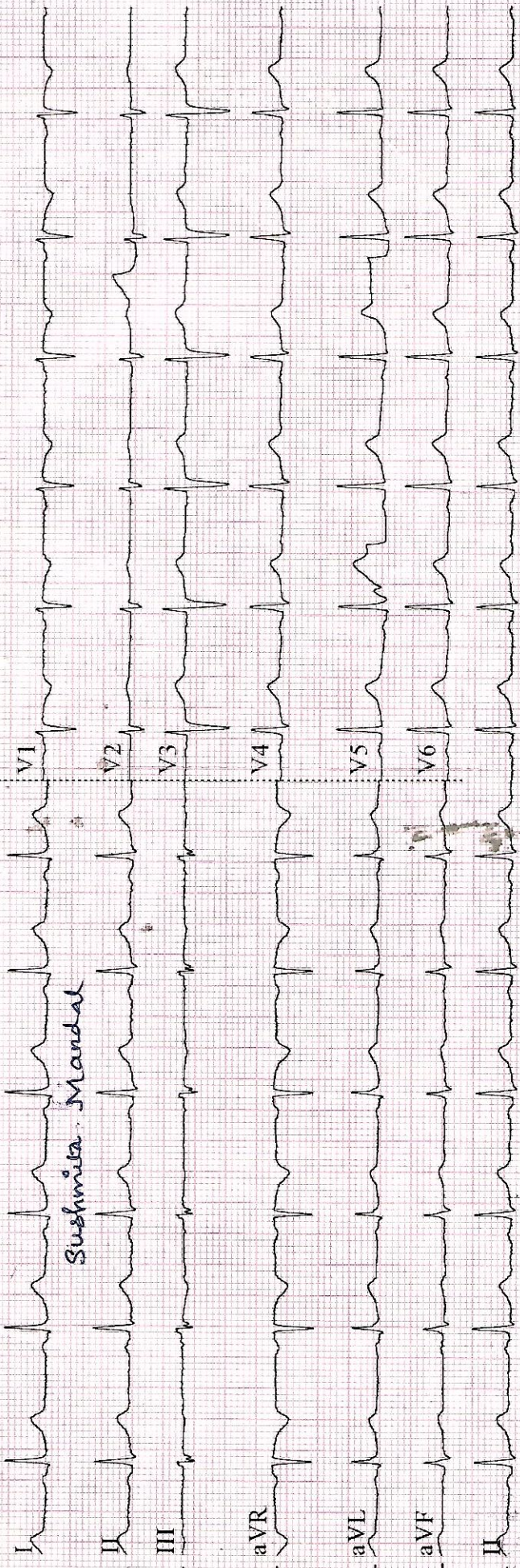
all reports are normal. no. abnormalities found. She is physically fit & fine.

Dr. Debasish Banerjee  
M.B.B.S., MD (Medicine)  
Reg. No. - 42951



24-07-2021 10:03:33

D: 914  
ushmita mandal Female 29Year



Sushmita Mandal

0.67~25Hz 25mm/s 10mm/mV 2\*5s+1r ♡77 1.32

SEMIP 1.7

# reat

POLYCLINIC

## TEST REPORT

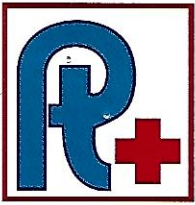
Kolkata - 700 074  
front of Motijheel College of Commerce)

Sushmita Mandal  
29yrs Female  
ref by B.O.B  
24/7/21

HR - 75 bpm  
P - 110 ms  
PR - 147 ms  
QRS - 85 ms  
QT/QTc - 389/437 ms  
Sinus rhythm.

Dr. Uday Das  
MBBS (Hons.), MD (Med),  
Cardio, DNB (Cardio),  
Diploma (WBMCI)





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Regd. Off : 75, Dum Dum Road, Kolkata - 700 074

Phone No.: (033) 2560 3641 / 3642, (033) 6526 0026, (Infront of Motijheel College of Commerce)

ID NO: B/07/39

PT.NAME= MRS SUSHMITA MONDAL

SEX: F AGE: 29 YRS

DATE OF RECEIPT: 24.07.2021

DATE OF REPORT: 24.07.2021

Reference By: BANK OF BARODA

## HEMATOLOGY

| <u>TEST</u>    | <u>RESULT</u> |
|----------------|---------------|
| "ABO" GROUPING | " A "         |
| Rh (D) FACTOR  | POSITIVE      |

DR. SEMANA MAJUMDAR  
M.B.B.S., MD

~~(M.B.B.S., MD)~~



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## REPORT ON THE BIO – CHEMICAL EXAMINATION

| <u>TEST</u>            | <u>RESULT</u> | <u>UNIT</u> | <u>NORMAL VALUE</u>  |
|------------------------|---------------|-------------|--|
| BILIRUBIN TOTAL        | 0.66          | mg /dL      | ( Upto 1.00 )  |
| Bilirubin Conjugated   | 0.20          | mg /dL      | ( Upto 0.25 )  |
| Bilirubin Unconjugated | 0.46          | mg /dL      | ( Upto 0.75 )  |
| SGOT/AST               | 23.00         | U/L         | ( Male : 10 -35<br>Female : 10 – 31)   |
| SGPT/ALT               | 36.00         | U/L         | ( 9.00 - 43.00 )   |
| TOTAL PROTEIN          | 7.20          | g/dL        | ( 6.00 - 8.50 )  |
| ALBUMIN                | 4.48          | gm/dL       | ( 3.5 – 5.2 )  |
| GLOBULIN :             | 2.7           | gm/dL       | ( 2.3 – 3.6 )  |
| A G Ratio* :           | 1.65:1        |             |  |
| GAMA GT (G . G . T)    | 34            | IU/L        | ( 7.00 - 52.00 )   |
| ALKALINE PHOSPHATSE    | 92.5          | IU/L        | <i>Upto 5Yrs. F: 48-406, M: 75-389<br/>5-10 Yrs.F: 96-332, M: 93-362<br/>11- 15 Yrs. F: 52-162, M:74-390<br/>16- 19 Yrs.F: 47-119, M:52-171<br/>Adult – F: 35-141, M: 40-129</i> |
| AST/ALT RATIO          | 1.56:1        |             |  |

  
DR. SWAMANA MAJUMDAR  
M.B.B.S.,MD (PATHOLOGIST)



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
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SEX: F AGE: 29 YRS

Reference By: BANK OF BARODA

## REPORT ON THE BIO – CHEMICAL EXAMINATION

| <u>TEST</u>    | <u>RESULT</u> | <u>UNIT</u> | <u>NORMAL VALUE</u>                      |
|----------------|---------------|-------------|--|
| SUGAR (F)      | 72            | mg / dl     | ( 70 – 110 )                             |
| SUGAR (PP)     | 104.00        | mg/dL       | (110 -140)                               |
| CREATININE     | 1.08          | mg /dL      | ( 0.70 - 1.20 )                          |
| URIC – ACID    | 5.0           | mg/dL       | ( Male -3.4 – 7.0<br>Female - 2.4 – 5.7) |
| BUN            | 15            | mg/dL       | ( 5 – 23 )                               |
| BUN/CREATININE | 13.8/1        |             |  |

  
DR. SUMANA MAJUMDAR  
M.B.B.S., MD  
(PATHOLOGIST)





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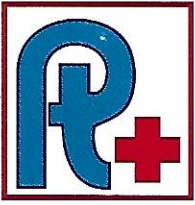
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## REPORT ON THE BIO - CHEMICAL EXAMINATION

| <u>TEST</u>  | <u>RESULT</u> | <u>UNIT</u> | <u>NORMAL VALUE</u>   |
|--|---------------|-------------|-----------------------|
| TRIGLYCERIDES  | 125.00        | mg / dL     | ( 65.00 - 170.00 )    |
| HDL - CHOLESTEROL                                    | 39.00         | mg / dL     | ( 30 .00 - 55 .00 )   |
| LDL - CHOLESTEROL<br>( By Enzyaatic Mathod at 370C ) | 106.00        | mg / dL     | ( Upto 150.00 )       |
| VLDL *   | 25            | mg / dL     | ( 16 .00 - 40 .00 )   |
| CHOLESTEROL - TOTAL                                  | 170.00        | mg / dL     | ( 150 .00 - 250 .00 ) |
| LDL/HDL  | 2.7:1         |             |                       |
| CHOLESTEROL TOTAL/HDL                                | 4.3:1         |             |                       |

DR. SUMANA MAJUMDAR  
M.B.B.S., MD (PATHOLOGIST)

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**REPORT ON THE EXAMINATION OF STOOL****Physical Examination**

Colour : Brownish

Consistency : Semi Liquid

Blood : Not Found

Mucus : Present

Parasite : Not Found

**Chemical Examination**

Reaction : Acidic

Occult Blood : Acidic

PH : \*\*

Reducing Substance : \*\*

**Microscopical Examination**

Vegetable Cell : Present Few .

Starch : Not Found .

Epithelial Cell : Not Found .

Pus Cells : 1-2/ H.P.F .

R . B . C : Not Found .

Helminthic Ova : Not Found .

Protozoal Cysts : Not Found .

Trophozoite : Not Found .

Larva : Not Found .

Fat Droplets : Not Found .

Macrophage Cells : Not Found .

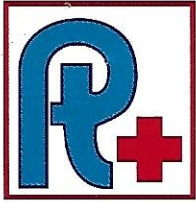
Crystal : Not Found .

Micro Organisms : (+) .

Others : Not Found .

  
DR.SUMANA MAJUMDAR  
M.B.B.S.,MD(PATHOLOGIST)





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## PHYSICAL EXAMINATION

Quantity 55 ml  
Colour pale yellow  
Appearance Clear  
Sediment Nil  
Sp. Gravity 1.015

## CHEMICAL EXAMINATION

Reaction Acidic  
Albumin Nil  
Proteins Nil  
Sugar Nil  
Acetone Negative  
Bile Salt Negative  
Bile Pigment Negative  
Phosphates Nil  
Chyle -----  
Occult Blood Negative  
Urobilinogen -----  
Bence-Jones -----

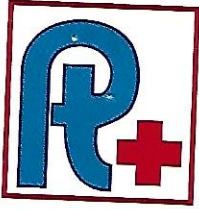
## MICROSCOPIC EXAMINATION

Unorganised Examination  
Crystals Not Found  
Organised Constituents  
Not Found

CASTS  
Cellular(Pus Cell) Not Found  
Hyaline Not Found  
Granular Not Found  
Fatty Not Found  
Others Not Found

CELLS  
Epithelial Cells ( 0 - 1 / HPF )  
Pus Cells ( 1 - 2 / HPF )  
R.B.C. Not Found  
Others Nil  
Bacteria Not Found

DR. SUMANA MAJUMDAR  
M.B.B.S., MD  
(PATHOLOGIST)



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| TEST                                     | RESULT & UNIT      | NORMAL RANGE                                 |
|--|--------------------|--|
| HAEMOGLOBIN<br>(Cyanmethmaglobin Method) | 14.32 gm %         | Male :- (13 - 18)<br>Female :- (11.5 - 16.5) |
| Total R.B.C                              | 4.26 Million / cmm | 3.5 - 6.5 Million / cmm                      |
| Total W.B.C                              | 6800 / cmm         | (4000 - 11000) / cmm                         |
| Platelets Count                          | 2.28 lac / cmm     | (1.5 - 4.0) lac / cmm                        |

### Differential Count W.B.C


| TEST        | RESULT & UNIT | NORMAL RANGE |
|-------------|---------------|--------------|
| Neutrophils | 67%           | (40 - 80) %  |
| Lymphocytes | 30%           | (20 - 40) %  |
| Eosinophils | 02 %          | (2 - 10) %   |
| Monocytes   | 01 %          | (1 - 6) %    |
| Basophils   | 00 %          | (0 - 2) %    |

### Haemogram

| TEST | RESULT & UNIT      | NORMAL RANGE              |
|------|--------------------|---------------------------|
| PCV  | 43%                | (38 - 54) %               |
| MCV  | 81 Um <sup>3</sup> | (77 - 93) Um <sup>3</sup> |
| MCH  | 28.5 g %           | (26 - 32) g %             |
| MCHC | 30.5 %             | (27 - 35) %               |

Morphology of RBC : Normocytic, Normochromic.

ESR(Westergern Method): 1<sup>st</sup> Hour-22/mm ( MALE : 0 -14 FEMALE : 0-20 )

  
DR.SUMANA MAJUMDAR  
M.B.B.S.,MD  
(PATHOLOGIST)





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| <u>TEST</u>   | <u>RESULT</u> | <u>VALUE RANGE</u> |
|---------------|---------------|--------------------|
| COTININE TEST | NEGATIVE      | (<200 ng / ml)     |

METHOD : - *Qualitative Immunochromatographic Assay*

SAMPLE : - URINE

  
DR. SUMANA MAJUMDAR  
M.B.B.S., MD  
(PATHOLOGIST)



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SEX: F AGE: 29 YRS

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## REPORT ON EXAMINATION OF BLOOD

| <u>INVESTIGATION</u>        | <u>RESULT &amp; UNIT</u> |
|-----------------------------|--------------------------|
| GLYCOSYLATED HB%<br>(HBA1C) | 5.32%                    |

### REFERENCE RANGE :-

Below 6.0 % ----- Normal Value  
6.0 % - 7.0 % ----- Good Control  
7.0 % - 8.0 % ----- Fair Control  
8.0 % - 10.0 % ----- Unsatisfactory Control  
Above 10.0 % ----- Poor Control

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| <u>INVESTIGATION</u>        | <u>RESULT / UNIT</u> | <u>REFERENCE VALUE</u> |
|-----------------------------|----------------------|------------------------|
| TOTAL TRI-IODOTHYRONIN (T3) | 122 ng/dl            | ( 60 - 181 )           |
| TOTAL THYROXINE (T4)        | 6.49 ng/dl           | ( 4.5 - 10.9 )         |
| THYROID STIMULATING HORMONE | 3.22 uIU/ml          | ( 0.35 - 5.5 )         |

  
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## DIGITAL X-RAY CHEST PA VIEW

- **Prominent broncho vascular marking is seen in bilateral lung fields.**
- Domes of diaphragms are smooth and regular.
- Costophrenic angles are clear.
- Cardiac shadow is normal.
- Mediastinum is central.
- Both hila are normal in position and density.
- Bony thorax shows no abnormality.

## IMPRESSION

**Prominent broncho vascular marking is seen in bilateral lung fields**

DR. VIMLESH JI VIMAL  
M.B.B.S., MD,  
DMRD (Radiologist)