



CLIENT CODE : CA00010147
CLIENT'S NAME AND ADDRESS :
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
F701A, LADO SARAI, NEW DELHI,
SOUTH DELHI, DELHI,
SOUTH DELHI 110030
DELHI INDIA
8800465156

DDRC SRL DIAGNOSTICS
GANDHI NAGAR, KTM
KERALA, INDIA
Tel : 93334 93334
Email : customercare.ddrc@srl.in

PATIENT NAME : DAMODARAN SURESH VENGATHPATIENT ID : **DAMOM111068403**ACCESSION NO : **4036VJ002282** AGE : 54 Years SEX : Male

DRAWN : RECEIVED : 11/10/2022 12:44 REPORTED : 11/10/2022 15:52

REFERRING DOCTOR : DR. MEDIWHEEL

CLIENT PATIENT ID :

| Test Report Status | Results | Biological Reference Interval | Units |
|--------------------|---------|-------------------------------|-------|
|--------------------|---------|-------------------------------|-------|

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT**TREADMILL TEST**

TREADMILL TEST COMPLETED

DENTAL CHECK UP

DENTAL CHECK UP COMPLETED

OPHTHAL

OPHTHAL COMPLETED

PHYSICAL EXAMINATION

PHYSICAL EXAMINATION COMPLETED



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MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

SERUM BLOOD UREA NITROGEN

BLOOD UREA NITROGEN 9 6 - 20 mg/dL

BUN/CREAT RATIO

BUN/CREAT RATIO 11.8 5 - 15

CREATININE, SERUM

CREATININE **0.76** **Low** 0.9 - 1.3 mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA **336** **High** Diabetes Mellitus : > or = 200 mg/dL.
 Impaired Glucose tolerance/
 Prediabetes : 140 to 199 mg/dL.
 Hypoglycemia : < 55 mg/dL.

GLUCOSE, FASTING, PLASMA

GLUCOSE, FASTING, PLASMA **196** **High** Diabetes Mellitus : > or = 126 mg/dL
 mg/dL.
 Impaired fasting Glucose/
 Prediabetes : 101 to 125 mg/dL.
 Hypoglycemia : < 55 mg/dL.

GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD

GLYCOSYLATED HEMOGLOBIN (HBA1C) **8.3** **High** Normal : 4.0 - 5.6 %.
 Non-diabetic level : < 5.7%.
 More stringent goal : < 6.5 %.
 General goal : < 7%.
 Less stringent goal : < 8%.
 Glycemic targets in CKD :-
 If eGFR > 60 : < 7%.
 If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE **191.5** **High** < 116.0 mg/dL

CORONARY RISK PROFILE (LIPID PROFILE), SERUM

CHOLESTEROL **255** **High** Desirable: <200 mg/dL
 BorderlineHigh : 200-239
 High : > or = 240

TRIGLYCERIDES 150 mg/dL
 Normal : < 150
 High : 150-199
 Hypertriglyceridemia : 200-499
 Very High: > 499

HDL CHOLESTEROL 40 40 - 60 mg/dL



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|---|----------------------|-------------------------------------|
| RED BLOOD CELL COUNT | 5.42 | 4.5 - 5.5 mil/ μ L |
| WHITE BLOOD CELL COUNT | 6.60 | 4.0 - 10.0 thou/ μ L |
| PLATELET COUNT | 248 | 150 - 410 thou/ μ L |
| RBC AND PLATELET INDICES | | |
| HEMATOCRIT | 48.6 | 40 - 50 % |
| MEAN CORPUSCULAR VOL | 90.0 | 83 - 101 fL |
| MEAN CORPUSCULAR HGB. | 28.5 | 27.0 - 32.0 pg |
| MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION | 31.8 | 31.5 - 34.5 g/dL |
| RED CELL DISTRIBUTION WIDTH | 11.6 | 11.6 - 14.0 % |
| WBC DIFFERENTIAL COUNT - NLR | | |
| SEGMENTED NEUTROPHILS | 44 | 40 - 80 % |
| ABSOLUTE NEUTROPHIL COUNT | 2.90 | 2.0 - 7.0 thou/ μ L |
| LYMPHOCYTES | 52 | High 20 - 40 % |
| ABSOLUTE LYMPHOCYTE COUNT | 3.43 | High 1.0 - 3.0 thou/ μ L |
| NEUTROPHIL LYMPHOCYTE RATIO (NLR) | 0.8 | |
| EOSINOPHILS | 04 | 1 - 6 % |
| ABSOLUTE EOSINOPHIL COUNT | 0.26 | 0.02 - 0.50 thou/ μ L |
| ERYTHRO SEDIMENTATION RATE, BLOOD | | |
| SEDIMENTATION RATE (ESR) | 10 | 0 - 14 mm at 1 hr |
| STOOL: OVA & PARASITE | | |
| | RESULT PENDING | |
| SUGAR URINE - POST PRANDIAL | | |
| SUGAR URINE - POST PRANDIAL | DETECTED (++) | NOT DETECTED |
| PROSTATE SPECIFIC ANTIGEN, SERUM | | |
| PROSTATE SPECIFIC ANTIGEN | 1.450 | < 3.5 ng/mL |
| THYROID PANEL, SERUM | | |
| T3 | 115.47 | 40 - 181 ng/dL |
| T4 | 7.50 | 3.2 - 12.6 μ g/dl |
| TSH 3RD GENERATION | 1.340 | 0.35 - 5.50 μ IU/mL |
| URINE ANALYSIS | | |
| COLOR | PALE YELLOW | |
| APPEARANCE | CLEAR | |
| SPECIFIC GRAVITY | 1.020 | 1.015 - 1.030 |
| KETONES | NOT DETECTED | |



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| Test Report Status | Results | Units |
|---------------------------------------|---------------------|-------------------|
| BILIRUBIN | NOT DETECTED | NOT DETECTED |
| UROBILINOGEN | NORMAL | NORMAL |
| WBC | 0-1 | 0-5 /HPF |
| EPITHELIAL CELLS | NOT DETECTED | NOT DETECTED /HPF |
| CASTS | NOT DETECTED | |
| CHEMICAL EXAMINATION, URINE | | |
| PH | 5.0 | 4.8 - 7.4 |
| PROTEIN | NOT DETECTED | NOT DETECTED |
| GLUCOSE | DETECTED (+) | NOT DETECTED |
| MICROSCOPIC EXAMINATION, URINE | | |
| RED BLOOD CELLS | NOT DETECTED | NOT DETECTED /HPF |
| CRYSTALS | NOT DETECTED | |
| BACTERIA | NOT DETECTED | NOT DETECTED |
| SUGAR URINE - FASTING | | |
| SUGAR URINE - FASTING | DETECTED (+) | NOT DETECTED |

Comments

NOTE - Kindly correlate clinically.

Interpretation(s)

SERUM BLOOD UREA NITROGEN-

Causes of Increased levels

Pre renal

- High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal
- Renal Failure

Post Renal

- Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

- Liver disease
- SIADH.

CREATININE, SERUM-

Higher than normal level may be due to:

- Blockage in the urinary tract
- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
- Loss of body fluid (dehydration)
- Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia Gravis
- Muscular dystrophy

GLUCOSE, POST-PRANDIAL, PLASMA-

ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water,over a period of 5 minutes.

GLUCOSE, FASTING, PLASMA-



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X - RAY CHEST - REPORT

ACCESSION NO : 4036VJ002282

NAME : DAMODARAN SURESH VENGATH

AGE : 54


SEX : MALE

DATE : 11.10.2022

COMPANY : MEDIWHEEL

EXPOSURE : Good
 POSITIONING : Central
 SOFT TISSUES : Normal
 LUNG FIELDS : Normal
 HEART SHADOW : Normal
 CARDIOPHRENIC ANGLE : No obliteration
 COSTOPHRENIC ANGLE :
 HILUM : No lymphadenopathy
 OPINION : Normal chest x-ray




 Dr. Austin Varghese
 MBBS
 TCMC Reg. No: 7

R



SURESH DAMODHARAN 54Y 4155 CHEST-PA 11-10-2023

DDRC SRI DIAGNOSTIC, GANDHI NAGAR, KOTTAYAM

11/10/23

Name: DAMODARAN SURESH VENGATH
Age/Sex: 54 yrs/M
Accession No: 4036VJ002282

Report Date: 11.10.2022
Ref.by: Mediwheel

USG ABDOMEN & PELVIS

OBSERVATIONS:

- Liver:** Mildly enlarged in size. Shows increased parenchymal echotexture. No focal parenchymal lesion noted. The biliary radicals appear normal. Portal vein is normal (10 mm). Shows normal hepatopetal flow with velocity of 17 cm / sec.
- Gall bladder:** Distended. No calculus seen. No e/o of any wall thickening / edema. No e/o any pericholecystic collection.
- CBD:** Not dilated (3 mm).
- Spleen:** Normal in size (9.6 cm) and echotexture. No focal lesion.
- Pancreas:** Head (2.1 cm) and body (1.4 cm) appear normal. Tail obscured by bowel gas. No focal lesion. No calcification or duct dilatation noted.
- Kidneys:** Right kidney length measures 10.4 cm. Parenchymal thickness 1.8 cm
Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.
Left kidney length measures 11.7 cm. Parenchymal thickness 1.8 cm
Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.
- Ureters:** Not dilated.
- Urinary Bladder:** Distended, No luminal or wall abnormality noted. Prevoid: 300 cc, PVR : 50 cc
- Prostate:** **Enlarged in size, volume 39 cc.** Shows homogenous parenchymal texture. No evidence of any mass lesion.
- Others:** No evident lymphadenopathy. No evidence of bowel wall thickening/echogenic mesentery/dilated bowel loops. Normal peristalsis seen. No free fluid in the peritoneal cavity. No pleural effusion noted.

IMPRESSION:

- Mild hepatomegaly with grade II fatty changes.
- Grade I prostatomegaly.



Dr. Deepak.V, MBBS, DMRD
Radiologist

Note: Please correlate clinically and investigate further as needed.



DDRC SRL
Diagnostic Services

INDIA'S LEADING DIAGNOSTICS NETWORK

OPHTHALMOLOGY REPORT

ACCESSION NO:4036VJ002282

This is to certify that I have examined

MR /MS DAMODARAN SURESH VENKATH Aged 51/12 and

His / her visual standard is as follows.

Acuity of Vision

For Far

R 6/12

L 6/12

With Specs Rt > 6/6
Lt > 6/6

For Near

R N8

L N8

With Specs Rt > N6
Lt > N6

Colour Vision

NORMAL

DATE: 11/10/2022



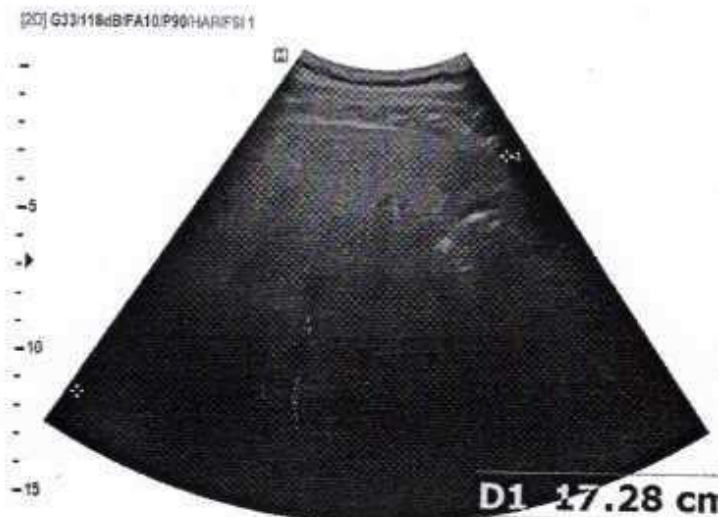
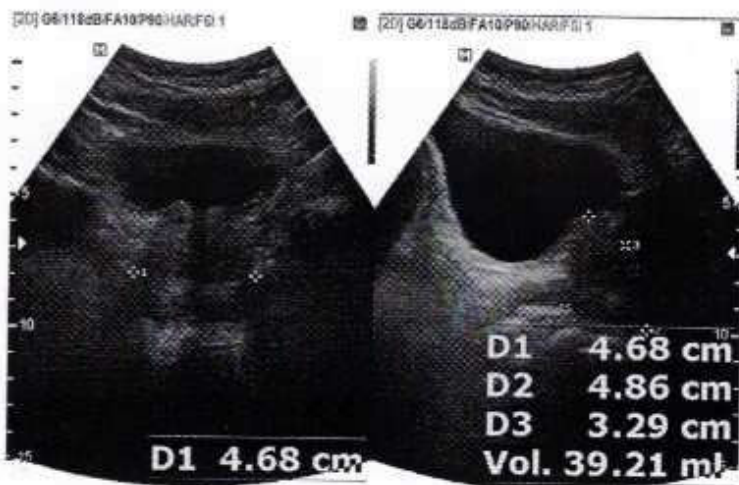
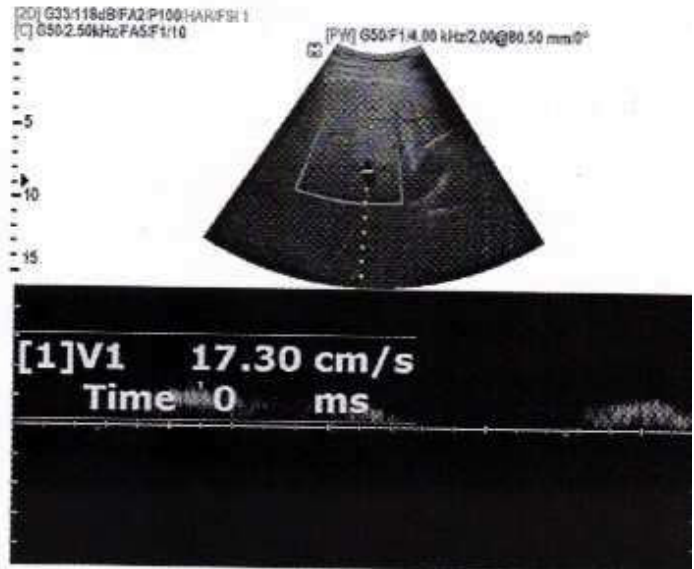
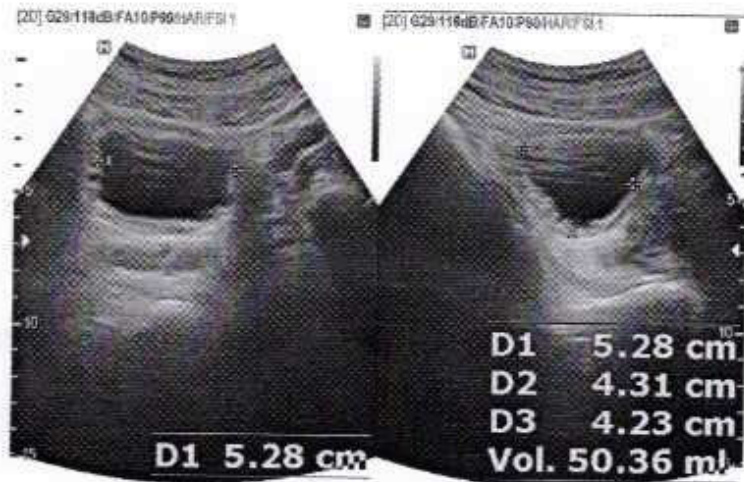
Shree
OPTOMETRIST

Patient

Exam

ID 11-10-2022-0011
Name
Birth Date
Gender Other

Accession #
Exam Date 11102
Description
Sonographer





ECG REPORT

ACCESSION NO : 4036VJ002282
 NAME : DAMODARAN SURESH VENGATH
 AGE : 54
 SEX : MALE
 DATE : 11.10.2022
 COMPANY : MEDIWHEEL

RATE : 71 bpm
 RHYTHM : Normal sinus rhythm
 P. WAVE : Normal
 P-R INTERVAL : 231 ms
 Q,R,S,T. WAVES : Normal
 AXIS : Normal
 ARRHYTHMIAS : Nil
 QT INTERVAL : 506 ms
 OTHERS : Nil
 OPINION : Normal ECG




Dr. Austin Varghese
 MBBS
 TCMC Reg. No: 77017

V2-00218186-12-004-AMP-VI-0061

11:10:2022-12:28

ID : 9673

Name: SURFISH

DAMODHARAN

Sex : Male

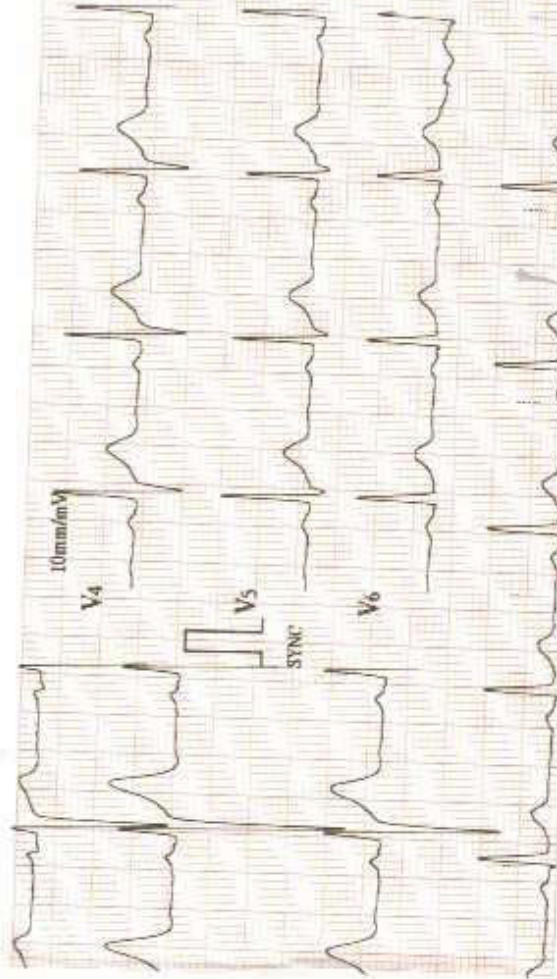
Age : 54

HR : 71 bpm
P-R : 843 ms
P-R : 231 ms
QRS : 187 ms
QT/QTc : 506/550 ms
P/RS/T : 38/47/48
RV5/SV1 : 1.030/1.600 mV
RV5-SV1 : 2.630 mV

#Machine Interpretation Only*

Confirm with Physician

Physician



HEIDELCO INDIA | Helping No +91-522-4113779 | info@heidelco.com



**Dr. RAJENDRAN'S
CARE & CURE DENTAL CLINIC**

KHI - 2653/13

OTHALATHUMOOTTIL COMMERCIAL COMPLEX (FIRST FLOOR)
SAMKRANTHI, KOTTAYAM - 686 016, KERALA. Mob: 9446026310

DATE 11/10/2022
OP NO. NAME Suresh Damodan AGE 54 SEX M.
C/O General Dental checkup.
D/O
IND FOR

Rx

On dental examination of patient
named Suresh Damodan 54 years
was found to have generalized
gingivitis and requires scaling
procedure to be done.

Rs 100/- for checkup



Dr. ANN NAMITHA JACOB, BDS
Dental Surgeon
KDC, Reg.No: 15586/A
Kottayam, Kerala



If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

| | | |
|---------------------------|---|--|
| 1. Name of the examinee | : | Mr./Mrs./Ms. DAMODARAN SURESH VENKATH |
| 2. Mark of Identification | : | (Mole/Scar/any other (specify location)): _____ |
| 3. Age/Date of Birth | : | 28/05/1968 Gender: F/M |
| 4. Photo ID Checked | : | (Passport/Election Card/PAN Card/Driving Licence/Company ID) |

PHYSICAL DETAILS:

| | | |
|-------------------------------------|--------------------------------|--|
| a. Height 1.59 (cms) | b. Weight 72 (Kgs) | c. Girth of Abdomen 97 (cms) |
| d. Pulse Rate 71 (/Min) | e. Blood Pressure: | Systolic 140 Diastolic 90 |
| | 1 st Reading | |
| | 2 nd Reading | |

FAMILY HISTORY:

| Relation | Age if Living | Health Status | If deceased, age at the time and cause |
|------------|---------------|---------------|--|
| Father | N/A | | |
| Mother | N/A | | |
| Brother(s) | 2 | Good | |
| Sister(s) | 2 | Good | |

HABITS & ADDICTIONS: Does the examinee consume any of the following?

| Tobacco in any form | Sedative | Alcohol |
|---------------------|----------|---------|
| _____ | _____ | _____ |

PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. **Y/N**
- b. Have you undergone/been advised any surgical procedure? **Y/N**
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? **Y/N**
- d. Have you lost or gained weight in past 12 months? **Y/N**

metformin - 500 [sugar]

Have you ever suffered from any of the following?

- Psychological Disorders or any kind of disorders of the Nervous System? **Y/N**
- Any disorders of Respiratory system? **Y/N**
- Any Cardiac or Circulatory Disorders? **Y/N**
- Enlarged glands or any form of Cancer/Tumour? **Y/N**
- Any Musculoskeletal disorder? **Y/N**
- Any disorder of Gastrointestinal System? **Y/N**
- Unexplained recurrent or persistent fever, and/or weight loss **Y/N**
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports **Y/N**
- Are you presently taking medication of any kind? **Y/N**

DDRC SRL Diagnostics Private Limited

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Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036, Ph No: 2310688, 231822, web: www.ddrcsrl.com

• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears Nose, Throat or Mouth & Skin

Y/N

FOR FEMALE CANDIDATES ONLY

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N

➤ Are there any points on which you suggest further information be obtained?

Y/N

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

Dyslipidemia & DM detected (Poor control). Physician consultation and medication advised. Grade I proteinuria detected -> Urologist consultation advised.

➤ Do you think he/she is **MEDICALLY FIT** or UNFIT for employment.

FIT

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner : Dr. AUSTIN VARGHEES

Austin Varghees
Dr. Austin Varghees
MBBS
TCMC Reg. No:77017



Seal of Medical Examiner :

Name & Seal of DDRC SRL Branch :

Date & Time :

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Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai - 400062.