



HEALTH CHECK-UP SUMMARY

Race Course Road, Vadodara

Name: VARUN CHUGH	
SH No: 300289	Date: 26/10/2024
Age: 27	Gender: MALE

ASSESSMENT:

- P/H/O OPERATION : EYE SURGERY(2016)
- C/O: BURPING POST OILY FOOD INTAKE , RECURRENT TONSILITIS, INCREASED FREQUENCY OF DEFECATION , REGULAR USAGE OF EYE DROPS , SWOLLEN NECK GLANDS,
- F/H/O: THYROID, CHOLESTEROL(MOTHER)
- OPHTHALMIC CHECK UP: RED GREEN COLOR BLINDNESS
- LOW HB(11.6), HIGH RBC(5.94 MILLION/CMM)
- LOW VLDL(14)
- LOW BLOOD UREA NITROGEN(8.88) , LOW BLOOD UREA(19)
- LOW GGT(13)
- URINE R/M: HIGH PH(7.5)
- ECG: BRADYCARDIA , LEFT AXIS , T INVERSION IN L3

ADVISED:

- PLENTY OF LIQUIDS
- IRON RICH DIET
- AVOID OUT SIDE FOOD AND WATER
- REGULAR EXERCISE.
- CORRECTION OF ANAEMIA AND WORK UP
- OPHTHALMOLOGIST ADVICE : FOLLOW ADVICE
- ENT ADVICE: FOLLOW ADVICE
- SURGEON CONSULTATION
- PHYSICIAN CONSULTATION

Sterling Addlife India Limited  
Unit-Sterling Hospital Vadodara  
Race Course Road, Vadodara  
390007

DR. JAY S PANDIT

Prevention & Rehabilitation Dept

**Hospital Address:** Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78  
www.sterlinghospitals.com | info@sterlinghospitals.com

**Registered Office:** Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121  
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India





### HEALTH CHECK UP MEDICAL EXAMINATION

Name : Varun Chugh dia Employee ID : \_\_\_\_\_  
 Company Name : \_\_\_\_\_ Age : 27 Sex : M/F  
 Height : 182 cms. Weight : 80.9 Kgs BMI : 24.9 Blood Group : \_\_\_\_\_  
 Name of HO / Registrar taking History : Dr - Jay S - Pundit

Allergies :  None  Yes (If Yes, describe)

Drugs/Food/Latex/Dyes/Contrast/Other .....	Reaction
1.	!
2.	
3.	

#### Chief Complaints :

burping after oily food  
Recurrent intolerance  
increase frequency of stool defecation

#### Physical Examination :

#### Vital Signs :

Temp 98 °F SPO<sub>2</sub> 98 Pulse : 76 /min R/R : 12 /min B.P. : 120/74 mm Hg

#### Past History :

If Hypertension, since	If Diabetes, since
On Medication 1) <u>1</u>	On Medication 1) <u>1</u>
2) <u>1</u>	2) <u>1</u>
3) <u>1</u>	3) <u>1</u>
If Ischaemic Heart Disease since	Under Treatment Dr. ....
On Medication 1) <u>1</u>	If Tuberculosis, When <u>1</u>
2) <u>1</u>	Any Other P/H <u>1</u>
3) <u>1</u>	Any Other Medication <u>1</u>
Under Treatment of Dr. ....	P/H of Hospitalization <u>1</u>
Any Intervention done .....	Diagnosis : <u>1</u>
P/H of Operation	Year : <u>1</u>
Diagnosis : <u>Eye Sx</u>	Duration : <u>1</u>
Name of Operation : <u>(2016)</u>	Blood Transfusion History : Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>
Year of Operation : <u>1</u>	Year : <u>1</u>
Others <u>1</u>	

**Family History :** (Specify : F-Father, M-Mother, B-Brother, S-Sister)

(Pl. Circle whichever is applicable e.g. If Father has h/o 10 yrs then, Yes / No F/10 yrs)

Hypertension	Yes/No	Asthma	Yes/No
Heart Disease	Yes/No	Stroke	Yes/No
Diabetes	Yes/No	Arthritis/Gout	Yes/No
Tuberculosis	Yes/No	Cancer	Yes/No
Epilepsy	Yes/No	Other Chronic disease	Yes/No

*MAD* (circled) } *MAD*  
*Thyroid* } *Mother*  
*Cholesterol* }

**Personal History :**

Diet	<i>Neg.</i>	Smoking	Yes/No	since ..... / ..... per day
Appetite		Alcohol	Yes/No	since ..... / ..... (freq.)
Sleep		Drugs	Yes/No	since ..... / ..... (freq.)
Micturition		Tobacco	Yes/No	since ..... / ..... (freq.)
Bowel Habits		Any other habit		

*MAD* (circled)

**FOR FEMALES :**

 Obstetric History : L.D. ....  
 Abortion : .....  
 Others : .....

**General Examination :**

- Anemia  
  Cyanosis  
  Jaundice  
  Generalized Lymphadenopathy  
  Pedal oedema

**General Examination :**

 .....  
 .....  
 .....

**Head :**  NSF

Injuries (Specify if any) : .....

**Eyes :**  NSF

- Vision :  Normal    Blurred    Double    Colour Blind
- Pupils :  Normal    Abnormal
- Other :  Inflammation    Pain    Itching    Discharge    No complaint

Remarks (if any) :

**Ears :**  NSF

- Deaf    Yes    No   • Pain    Yes    No   • Discharge    Yes    No
- Dizziness    Yes    No

**Nose :**  NSF

- Nosebleed    Yes    No   • Congestion    Yes    No   • Sinus problem    Yes    No

**Mouth :**  NSF

- Lesion    Yes    No
- Dental Hygiene    Good    Poor   Bleeding gums    Yes    No
- Sense of taste    Yes    No

*regular case of eye drops (maxy moist)*



**Throat/Neck :**  NSF

- Swollen glands  Yes  No
- Stiffness  Yes  No
- Dysphagia  Yes  No

**SYSTEMIC EXAMINATION**

**Neurological :**  NSF

- Headache  Yes  No
- Syncope  Yes  No
- Cooperative  Yes  No
- Suicidal attempt  Yes  No
- Oriented  Yes  No
- Reaction:  Brisk  Sluggish  No response
- LOC :  Alert  Confused  Sedated
- Speech :  Clear  Slurred
- Memory changes  Yes  No
- Seizures  Yes  No
- Anxiety  Yes  No
- Any psychiatric illness NO
- Dizziness  Yes  No
- Paralysis  Yes  No if yes  R  L
- Depression  Yes  No
- if disoriented, to  Person  Place  Time

**Respiratory :**  NSF

- Lung sounds : A B C (over)
- Dyspnoea :  None  With activity  At rest  Lying down  Retractions
- Cough :  None  Non-productive  Productive - colour
- Hemoptysis:  Yes  No
- Night Sweats :  Yes  No
- Cyanosis :  Yes  No Where .....

**Cardiovascular:**  NSF

- Chest discomfort  Yes  No
- Oedema  Yes  No Location : .....  Pitting  Non-pitting

**Extremities-Musculoskeletal :**  NSF

- Skin :  Warm  Cool  Dry  Firm  Flaccid  Colour
- Extremities : Tingling  Yes  No • Weakness  Yes  No Deformity  Yes  No
- Joints : Pain  Yes  No • Stiffness  Yes  No
- Uses :  Walker  Wheelchair  None

**Gastrointestinal :**  NSF

- Appetite  Good  Poor
- Distension  Yes  No
- Pain  Yes  No
- Colostomy  Yes  No
- Nausea  Yes  No
- Heartburn  Yes  No
- Rectal Bleeding  Yes  No
- Ileostomy  Yes  No
- Vomiting  Yes  No
- Flatus  Yes  No

*with food leads to Burping*

**Bowel**

- Diarrhoea  Constipation  Incontinence  Blood in stool  None
- Pain  Yes  No Place ..... Hemorrhoids  Yes  No
- Frequency of stool A times @ 12
- Interventions :  None • Laxatives  Yes  No Type ..... Frequency .....

*3 MAD*

**Genitorurinary :**  NSF

Colour of Urine Pale yellow Frequency 10-12/dry  
 Pain  Yes  No Burning  Yes  No Itching  Yes  No  
 Urgency  Yes  No Incontinence  Yes  No  
 Nocturia  Yes  No Urostomy  Yes  No  
 History of calculi  Yes  No History of UTI  Yes  No  
 Foleys Catheter  Yes  No Date of Insertion \_\_\_\_\_

**Reproductive :**  NA  NSF

LMP \_\_\_\_\_ Regular / Irregular \_\_\_\_\_  
 Dysmenorrhea  Yes  No Amenorrhea  Yes  No if yes, Duration \_\_\_\_\_  
 Menopausal  Yes  No if yes, Duration \_\_\_\_\_  
 Vaginal discharge  Yes  No Itching  Yes  No  
**Breasts**  NA  NSF  
 Breast Feeding  Yes  No Lumps  Yes  No

**Positive Finding & Advice**

.....  
 .....  
 .....

**Sterling Addlife India Limited**  
 Unit - Sterling Hospital Vadodara  
 Racecourse Circle, (West)  
 VADODARA - 390 007.

Sign and Stamp of Medical Officer

**Sterling Hospital**  
Racecourse Road

**EMERGENCY HELPLINE**

992 444 9972  
0265 - 61 44 111

**Sterling Hospital**  
Bhayli

**EMERGENCY HELPLINE**

908 1000 557  
0265 - 61 23 333



OPHTHALMIC CHECK-UP

**SIGNIFICANT HISTORY:** H/O 1st degree myopia  
**PAST HISTORY:** [handwritten scribble]  
**Refractive Error:** Yes  
**Any Surgery:** [handwritten scribble]  
**Color Blind:** R - a color blindness  
**Diabetes:** [handwritten scribble]  
**Hypertension:** [handwritten scribble]  
**Any Treatment:** [handwritten scribble]

EXAMINATION OF EYES:

	<u>Right Eye:</u>	<u>Left Eye:</u>
Distant Vision without Glasses:	1	1
Distant Vision with Glasses:	40	25
Near Vision without Glasses:	1	1
Near Vision with Glasses:	25	25
Intraocular Pressure:	22	22
Anterior Segment:	CC +	CC +
Fundus:	2	2

PRESCRIPTION OF GLASSES:

	RIGHT			LEFT		
	Sphere	Cylinder	Axis	Sphere	Cylinder	Axis
Distant	-2.0	-2.0	90°	-3.0	-2.0	120°
Near	-	-	-	-	-	-

Type of glass:

[handwritten scribble]

ADVICE:

Sterling Addlife India Limited  
 Unit - Sterling Hospital, Vadodara  
 Race Course Circle, (West)  
 VADODARA - 390 007

**DR MAYA PATEL**  
 (OPHTHALMOLOGIST)







Vasari  
24/12



Race Course Road, Vadodara

EAR, NOSE & THROAT CHECK-UP

COMPLAINTS:

→ usho ke inner ear me

EXAMINATION OF EARS:

Local Examination:

ushe  
Tympanic Membrane: normal

Tympanic Membrane:

EXAMINATION OF NOSE:

Local Examination:

ushe

THROAT & LARYNX:

ushe

LARYNGOSCOPIC EXAMINATION:

ushe

Sterling Addlife India Limited  
Unit-Sterling Hospital Vadodara  
Race Course Circle (West)  
VADODARA - 390007

DR. NAVNIT MAKWANA  
ENT SURGEON

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara - 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78  
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121  
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India





Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Varun . Chugh	Lab Id	: 102407502633	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 27 Y 22-Sep-1997	Registration on	: 26-Oct-2024 09:33	Location	: Main BNo./
Ref. Id	: 300289 / 2815878	Collected at	: SAWPL	Approved on	: 26-Oct-2024 12:47 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 26-Oct-2024 09:55	Printed On	: 26-Oct-2024 15:03
		Sample Type	: EDTA blood	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Complete Blood Count**

Test	Result	Unit	Biological Ref. Interval
Hemoglobin Colorimetric	L 11.6	g/dL	13.0 - 16.5
RBC Count Electrical impedance	H 5.94	million/cmm	4.5 - 5.5
Hematocrit Calculated	L 37.9	%	40 - 49
MCV Derived	L 63.8	fL	83 - 101
MCH Calculated	L 19.5	pg	27.1 - 32.5
MCHC Calculated	L 30.6	g/dL	32.5 - 36.7
RDW CV Calculated	H 16.40	%	11.6 - 14

**Total WBC and Differential Count**

WBC count	SF Cube cell analysis	4610	/cmm	4000 - 10000
-----------	-----------------------	------	------	--------------

**Differential Count**

Cell Type	Count	%	Ref. Interval	Absolute Count
Neutrophils Microscopic	41	%	40 - 80	1890 /cmm 2000 - 6700
Lymphocytes Microscopic	46	%	20 - 40	2121 /cmm 1000 - 3000
Eosinophils Microscopic	07	%	1 - 6	323 /cmm 20 - 500
Monocytes Microscopic	06	%	2 - 10	277 /cmm 200 - 1000
Basophils Microscopic	00	%	0 - 2	0 /cmm 0 - 100

**Platelet Count**

Platelet Count	Electrical impedance	293000	/cmm	150000 - 410000
MPV	Calculated	10.50	fL	7.5 - 10.3

Platelets Morphology Platelets are adequate on Smear


  
Dr. C. Shrinivasan..

 M.D ( Pathology ) [G-18341]  
Consultant Pathologist

Page 1 of 12

This is an Electronically Authenticated Report

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007, tests marked with # are referred tests  
Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com



Download Accuris App







Passport No :

**LABORATORY TEST REPORT**



Patient Information		Sample Information		Location Information	
Name	: Mr. Varun . Chugh	Lab Id	: 102407502633	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 27 Y 22-Sep-1997	Registration on	: 26-Oct-2024 09:33	Location	: Main BNo./
Ref. Id	: 300289 / 2815878	Collected at	: SAWPL	Approved on	: 26-Oct-2024 12:47 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 26-Oct-2024 09:55	Printed On	: 26-Oct-2024 15:03
		Sample Type	: EDTA blood	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS**

**Complete Blood Count**

Test	Result	Unit	Biological Ref. Interval
<b>Erythrocytes Sedimentation Rate</b>			
ESR	10	mm/1hr	0 - 14
<small>Capillary photometry</small>			

**Differential Count**

**Absolute Count**

  
Dr. C. Shrinivasan..

M.D ( Pathology ) [G-18341]  
Consultant Pathologist

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007, tests marked with # are referred tests  
Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com





Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Varun . Chugh	Lab Id	: 102407502633	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 27 Y 22-Sep-1997	Registration on	: 26-Oct-2024 09:33	Location	: Main BNo./
Ref. Id	: 300289 / 2815878	Collected at	: SAWPL	Approved on	: 26-Oct-2024 13:05 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 26-Oct-2024 09:55	Printed On	: 26-Oct-2024 15:03
		Sample Type	: EDTA blood	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Blood Group**

Test	Result	Unit	Biological Ref. Interval
<b>ABO Type</b> <i>Tube Agglutination</i>	"B"		
<b>Rh (D) Type</b>	Negative/ Du Negative		


**Dr. C. Shrinivasan..**

M.D ( Pathology ) [G-18341]

Consultant Pathologist

Page 3 of 12

This is an Electronically Authenticated Report

**Sterling Accuris Pathology Laboratory**

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007, tests marked with # are referred tests

Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com



Download Accuris App



Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Varun . Chugh	Lab Id	: 102407502633	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 27 Y 22-Sep-1997	Registration on	: 26-Oct-2024 09:33	Location	: Main BNo./
Ref. Id	: 300289 / 2815878	Collected at	: SAWPL	Approved on	: 26-Oct-2024 10:55 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 26-Oct-2024 09:55	Printed On	: 26-Oct-2024 15:03
		Sample Type	: Serum, Urine	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS**

Test	Result	Unit	Biological Ref. Interval
<b>Fasting Blood Glucose</b> <i>GOD-POD</i>	90.0	mg/dL	74 - 100
<b>Fasting Urine Glucose</b> <i>GOD-POD</i>	Absent		Absent
<b>Fasting Urine Ketone</b> <i>Nitroprusside</i>	Absent		Absent

	Fasting Blood Glucose*	Postprandial Blood Glucose #	Random Blood Glucose
<b>Normal</b>	< 100 mg/dL	< 140 mg/dL	< 140 mg/dL
<b>Prediabetic</b>	100 – 125 mg/dL	140 – 199 mg/dL	140 – 199 mg/dL
<b>Diabetic</b>	>=126 mg/dL	>= 200 mg/dl	>= 200 mg/dl

\* Fasting is defined as no caloric intake for more than 8 hours

# The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.

**Criteria for Diagnosis of Diabetes:**

1. Fasting blood glucose (FPG)  $\geq$  126 mg/dL
2. Two-hour blood glucose (2-h OGTT) = 200 mg/dL
3. HbA1c values (A1c)  $\geq$  6.5%
4. Random plasma glucose  $\geq$  200 mg/dL

(With symptoms of hyperglycemia or hyperglycemic crisis)

In the absence of unequivocal hyperglycemia, diagnosis of DM using A1C, FPG or 2-h OGTT requires two abnormal test results from the same sample or in two separate samples.

**References:**

1. American diabetes association. Standards of medical care in diabetes 2024
2. National Library of Medicine – National Institute of Health (USA) – Diabetes Mellitus
3. World Health Organization – Factsheet on Diabetes – Prevention and treatment


**Dr. C. Shrinivasan..**

 M.D ( Pathology ) [G-18341]  
Consultant Pathologist

Page 4 of 12

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007, tests marked with # are referred tests  
Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com



Download Accuris App







Passport No :

**LABORATORY TEST REPORT**


Patient Information	Sample Information	Location Information
Name : <b>Mr. Varun . Chugh</b>	Lab Id : <b>102407502633</b>	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : <b>Male / 27 Y</b> 22-Sep-1997	Registration on : 26-Oct-2024 09:33	Location : Main BNo./
Ref. Id : 300289 / 2815878	Collected at : <b>SAWPL</b>	Approved on : 26-Oct-2024 14:28 Status : Final
Ref. By : Dr. RMO . STERLING...	Collected on : 26-Oct-2024 12:28	Printed On : 26-Oct-2024 15:03
	Sample Type : Fluoride	Process At : 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS**

Test	Result	Unit	Biological Ref. Interval
<b>Post-breakfast Blood Glucose</b> <i>GOD-POD</i>	82	mg/dL	70 - 140
<b>Post-breakfast Urine Glucose</b> <i>GOD-POD</i>	Absent		Absent
<b>Post Breakfast Urine Ketone</b> <i>Nitroprusside</i>	Absent		Absent


**Dr. Kajal Parmar**

MD

Page 5 of 12

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390.007,  
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

tests marked with # are referred tests



Download Accuris App





Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Varun . Chugh	Lab Id	: 102407502633	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 27 Y 22-Sep-1997	Registration on	: 26-Oct-2024 09:33	Location	: Main BNo./
Ref. Id	: 300289 / 2815878	Collected at	: SAWPL	Approved on	: 26-Oct-2024 14:30 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 26-Oct-2024 09:55	Printed On	: 26-Oct-2024 15:03
		Sample Type	: EDTA blood	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**HbA1c (Glycosylated Hemoglobin) by HPLC**

Test	Result	Unit	Biological Ref. Interval
HbA1c	5.30	%	For Screening: Diabetes: $\geq 6.5\%$ ; Pre-Diabetes: 5.7 - 6.4%; Non-Diabetes: $< 5.7\%$
Mean Blood Glucose	105.41	mg/dL	For Diabetic Patient: Poor Control : $> 7.0\%$ ; Good Control : 6.0-7.0%

**Description:**

- Total haemoglobin A1c is continuously synthesized in the red blood cell throughout its 120 days life span. The concentration of HbA1c in the cell reflects the average blood glucose concentration it encounters.
- The level of HbA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.
- The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.
- It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

**HbA1c assay Interferences:**

Erroneous values might be obtained from samples with abnormally elevated quantities of other Haemoglobins as a result of either their simultaneous elution with HbA1c (HbF) or differences in their glycation from that of HbA (HbS).

**Reference:** American diabetes association. Standards of medical care in diabetes 2024


**Dr. Kajal Parmar**

MD

Page 6 of 12

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007,  
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

tests marked with # are referred tests



Download Accuris App



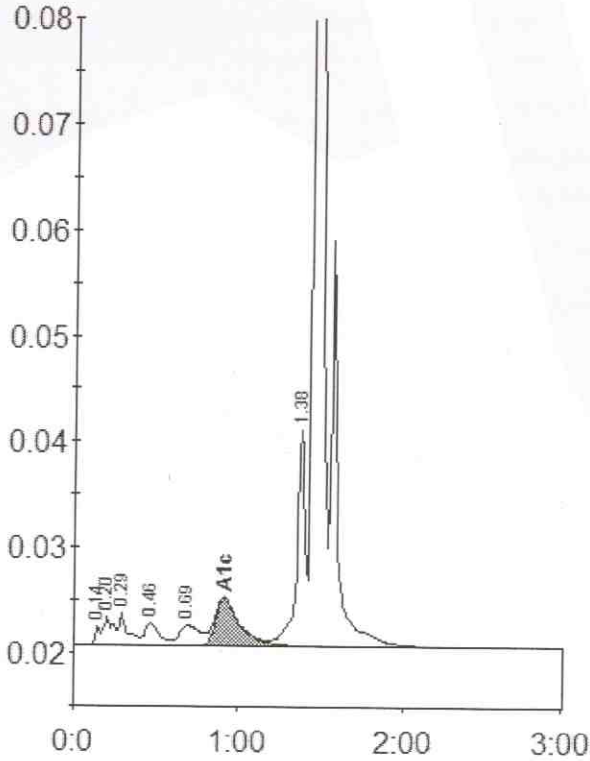


# Patient report

# Sterling HOSPITALS

Bio-Rad DATE: 26/10/2024  
 D-10 TIME: 01:09 PM  
 S/N: #DJ8G550303 Software version: 4.30-2  
 Sample ID: 102407502633  
 Injection date: 26/10/2024 01:09 PM  
 Injection #: 8 Method: HbA1c  
 Rack #: --- Rack position: 8

sterling  
**ACCURIS**  
 Pathology lab that cares



Peak table - ID: 102407502633

Peak	R.time	Height	Area	Area %
Unknown	0.14	1826	4132	0.4
A1a	0.20	2724	11458	1.0
A1b	0.29	3167	11815	1.0
F	0.46	2149	12853	1.1
LA1c/CHb-1	0.69	1956	16806	1.5
A1c	0.91	4550	46650	5.3
P3	1.38	20402	73636	6.5
A0	1.45	391152	948605	84.2
Total Area:			1125955	

Concentration:	%
A1c	5.3



### Sterling Accuris Pathology Laboratory

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007,  
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com







Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Varun . Chugh	Lab Id	: 102407502633	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 27 Y 22-Sep-1997	Registration on	: 26-Oct-2024 09:33	Location	: Main BNo./
Ref. Id	: 300289 / 2815878	Collected at	: SAWPL	Approved on	: 26-Oct-2024 10:55 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 26-Oct-2024 09:55	Printed On	: 26-Oct-2024 15:03
		Sample Type	: Serum	Process At	: 75 - Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Lipid Profile**

Test	Result	Unit	Biological Ref. Interval
<b>Cholesterol</b> <i>Cholesterol oxidase - Peroxidase</i>	149.0	mg/dL	Desirable : <200 Borderline High : 200-239 High : >240
<b>Triglyceride</b> <i>Ezymatic (Lipase/GK/GPo/POD)</i>	70.0	mg/dL	Normal : <150 Borderline : 150-199 High : 200-499 Very High : >500
<b>HDL Cholesterol</b> <i>PTA/MgCl2</i>	44.0	mg/dL	Low: <40.0 High: >60.0
<b>Direct LDL</b> <i>Direct measured</i>	90.00	mg/dL	Optimal: <100 Near to above Optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: =190
<b>VLDL</b> <i>Calculated</i>	L 14.00	mg/dL	15 - 35
<b>CHOL/HDL Ratio</b> <i>Calculated</i>	3.4		Up to 5.0
<b>dLDL/HDL Ratio</b> <i>Calculated</i>	2.0		Up to 3.5


**Dr. C. Shrinivasan..**

 M.D ( Pathology ) [G-18341]  
Consultant Pathologist

Page 8 of 12

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007, tests marked with # are referred tests  
Ph: 0265-6144210

 pathlab@sterlinghospitals.com |  Website: www.sterlinghospitals.com / www.sterlingaccuris.com


Download Accuris App





Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information	Location Information		
Name	: Mr. Varun . Chugh	Lab Id	: 102407502633	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 27 Y 22-Sep-1997	Registration on	: 26-Oct-2024 09:33	Location	: Main BNo./
Ref. Id	: 300289 / 2815878	Collected at	: SAWPL	Approved on	: 26-Oct-2024 10:52 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 26-Oct-2024 09:55	Printed On	: 26-Oct-2024 15:03
		Sample Type	: Serum	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS**

Test	Result	Unit	Biological Ref. Interval
<b>Uric Acid</b> <i>Uricase</i>	5.30	mg/dL	3.5 - 8.5
<b>Blood Urea Nitrogen</b> <i>Calculated</i>	L 8.88	mg/dL	9.0 - 20.0
<b>Urea</b> <i>Urease, Colorimetric</i>	L 19.0	mg/dL	19.3 - 43.0
<b>Creatinine, serum</b> <i>Creatinine Amidohydrolase</i>	0.80	mg/dL	0.66 - 1.25
<b>BUN Creatinine Ratio</b> <i>Calculated</i>	11.10		
<b>Urea Creatinine Ratio</b> <i>Calculated</i>	23.75		


**Dr. C. Shrinivasan..**

M.D ( Pathology )(G-18341]

Consultant Pathologist

Page 9 of 12

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007, tests marked with # are referred tests

Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com



Download Accuris App





Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Varun . Chugh	Lab Id	: 102407502633	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 27 Y 22-Sep-1997	Registration on	: 26-Oct-2024 09:33	Location	: Main BNo./
Ref. Id	: 300289 / 2815878	Collected at	: SAWPL	Approved on	: 26-Oct-2024 11:45 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 26-Oct-2024 09:55	Printed On	: 26-Oct-2024 15:03
		Sample Type	: Serum	Process At	: 75 - Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Liver Function Test**

Test	Result	Unit	Biological Ref. Interval
<b>ALT (SGPT)</b> <i>UV with P5P, IFCC</i>	14.0	U/L	0 - 50
<b>AST (SGOT)</b> <i>UV with P5P</i>	27.0	U/L	17 - 59
<b>GGT (Gamma Glutamyl Transferase)</b> <i>L-y-Glytamyl-p-nitroanilide</i>	L 13.0	U/L	15 - 73
<b>Alkaline Phosphatase</b> <i>PNPP, AMP Buffer, IFCC</i>	57.0	U/L	38 - 126
<b>Total Bilirubin</b> <i>Azobilirubin chromophores</i>	0.90	mg/dL	0.2 - 1.3
<b>Conjugated Bilirubin</b> <i>Cationic Mordant Binding</i>	0.10	mg/dL	0.0 - 0.3
<b>Unconjugated Bilirubin</b> <i>Cationic Mordant Binding</i>	0.60	mg/dL	0.0 - 1.1
<b>Delta Bilirubin</b> <i>Calculated</i>	0.20	mg/dL	0.0 - 0.2
<b>Total Protein</b> <i>Copper tartrate to colour complex</i>	7.30	g/dL	6.3 - 8.2
<b>Albumin</b> <i>Bromocresol Green Method</i>	4.30	g/dL	3.5 - 5.0
<b>Globulin</b> <i>Calculated</i>	3.00	g/dL	2.3 - 3.5
<b>A/G Ratio</b> <i>Calculated</i>	1.43		1.3 - 1.7


**Dr. C. Shrinivasan..**

 M.D ( Pathology ) [G-18341]  
Consultant Pathologist

Page 10 of 12

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007, tests marked with # are referred tests  
Ph: 0265-6144210

 pathlab@sterlinghospitals.com |  Website: www.sterlinghospitals.com / www.sterlingaccuris.com


Download Accuris App







Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Varun . Chugh	Lab Id	: 102407502633	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 27 Y 22-Sep-1997	Registration on	: 26-Oct-2024 09:33	Location	: Main BNo./
Ref. Id	: 300289 / 2815878	Collected at	: SAWPL	Approved on	: 26-Oct-2024 11:49 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 26-Oct-2024 09:55	Printed On	: 26-Oct-2024 15:03
		Sample Type	: Serum	Process At	: 75 – Sterling Hospital, Race course (Vadodara)

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Thyroid Function Tests**

Test	Result	Unit	Biological Ref. Interval
T3, total (Triiodothyronine) <small>CLIA</small>	1.33	ng/mL	0.58 - 1.59
T4, total (Thyroxine) <small>CLIA</small>	9.17	µg/dl	4.87 - 11.72
TSH (3rd Gen.) <small>Chemiluminescence</small>	1.2350	µIU/mL	0.4001 - 4.049

TSH	T3/FT3	T4/FT4	Suggested interpretation of Thyroid function tests pattern
Within range	Decreased	Within range	Isolated low T3 often seen in elderly & associated Non-Thyroid illness. In elderly the drop in T3 level can be up to 25%.
Raised	Within Range	Within Range	Isolated High TSH Especially in the range of 4.7 to 15 mIU/ml is commonly associated with physiological & Biological TSH Variability; Subclinical Autoimmune Hypothyroidism; Intermediate T4 therapy for hypothyroidism; Recovery phase after Non-Thyroidal illness.
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis; Post thyroidectomy, post radioiodine; Hypothyroid phase of transient thyroiditis.
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies); Intermediate T4 therapy of T4 overdose; Drug Interference-Amiodarone, Heparin, Beta blocker, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH – Especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness; Subclinical Hyperthyroidism; Thyroxine ingestion.
Decreased	Decreased	Decreased	Central Hypothyroidism; Non-Thyroidal illness; Recent treatment for Hypothyroidism (TSH remains suppressed).
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre Toxic nodule; Transient thyroiditis: postpartum, Silent (lymphocytic), Post viral (granulomatous, subacute, DeQuervain'a) Gestational thyrotoxicosis hyperemesis gravidarum.
Decreased or within range	Raised	Within range	T3 toxicosis; Non-Thyroidal illness.

Reference: Wallach's Interpretation of Diagnostic by Mary Williamson, 10th edition, 2015.


**Dr. C. Shrinivasan..**

 M.D ( Pathology ) [G-18341]  
Consultant Pathologist

Page 11 of 12

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007, tests marked with # are referred tests  
Ph: 0265-6144210

 pathlab@sterlinghospitals.com |  Website: www.sterlinghospitals.com / www.sterlingaccuris.com


Download Accuris App





Passport No :

**LABORATORY TEST REPORT**


Patient Information	Sample Information	Location Information
Name : <b>Mr. Varun . Chugh</b>	Lab Id : <b>102407502633</b>	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : <b>Male / 27 Y</b> 22-Sep-1997	Registration on : 26-Oct-2024 09:33	Location : Main BNo./
Ref. Id : 300289 / 2815878	Collected at : SAWPL	Approved on : 26-Oct-2024 11:42 Status : Final
Ref. By : Dr. RMO . STERLING...	Collected on : 26-Oct-2024 09:55	Printed On : 26-Oct-2024 15:03
	Sample Type : Urine	Process At : 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**URINE ROUTINE EXAMINATION**

Test	Result	Unit	Biological Ref. Interval
<b>Physical &amp; Chemical (Dip strip) examination</b>			
Colour	Pale Yellow		Pale Yellow
<b>pH</b> <i>Double indicator</i>	<b>H 7.5</b>		<b>5.5 - 7.0</b>
Specific Gravity <i>Polyelectrolyte based reaction</i>	1.015		1.015 - 1.025
Protein <i>Protein error of indicators</i>	Absent		Absent
Glucose <i>GOD-POD</i>	Absent		Absent
Ketone <i>Nitroprusside</i>	Absent		Absent
Blood <i>Peroxidase like reaction</i>	Absent		Absent
Bilirubin <i>Diazo reaction</i>	Absent		Absent
Leucocytes <i>Esterase reaction</i>	Absent		Absent
Nitrite <i>p-arsanilic acid to diazonium compound</i>	Absent		Absent
<b>Microscopic Examination</b>			
Erythrocytes (RBCs)	Absent	/hpf	0 - 2
Pus Cells	Occasional	/hpf	0 - 5
Epithelial Cells	Occasional	/hpf	
Crystals	Absent		Absent
Casts	Absent		Absent
Bacteria	Absent		Absent
Amorphous Material	Absent		Absent
Yeast	Absent		Absent

----- End Of Report -----


**Dr. C. Shrinivasan..**

 M.D ( Pathology ) [G-18341]  
Consultant Pathologist

Page 12 of 12

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007, tests marked with # are referred tests  
Ph: 0265-6144210

 pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com


Download Accuris App





Report Date: 26 Oct 2024 - 11:10 AM

Patient Id	: RCR-300289	Patient Name	: CHUGH VARUN .
Age	: 27Y 1M 4D	Sex	: Male
Ref. Doctor	: DR. RMO . STERLING	Study Date	: 26 Oct 2024 - 11:01 AM

**X-RAY CHEST PA VIEW**

Both lung fields show prominent broncho-vascular markings.  
Cardiac size appears within normal limit.  
Trachea and mediastinal soft tissue shadow appear unremarkable.  
Bilateral C.P. angles and both domes of diaphragm appear normal.  
Bony thorax under vision appears normal.

**CONCLUSION:**

**No significant chest abnormality detected.**

**Dr. Shilpi Gupta MD**  
**Sr. Consultant Radiologist**



**Hospital Address:** Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78  
www.sterlinghospitals.com | info@sterlinghospitals.com

**Registered Office:** Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121  
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India





Varun chugh

27 Years

Male

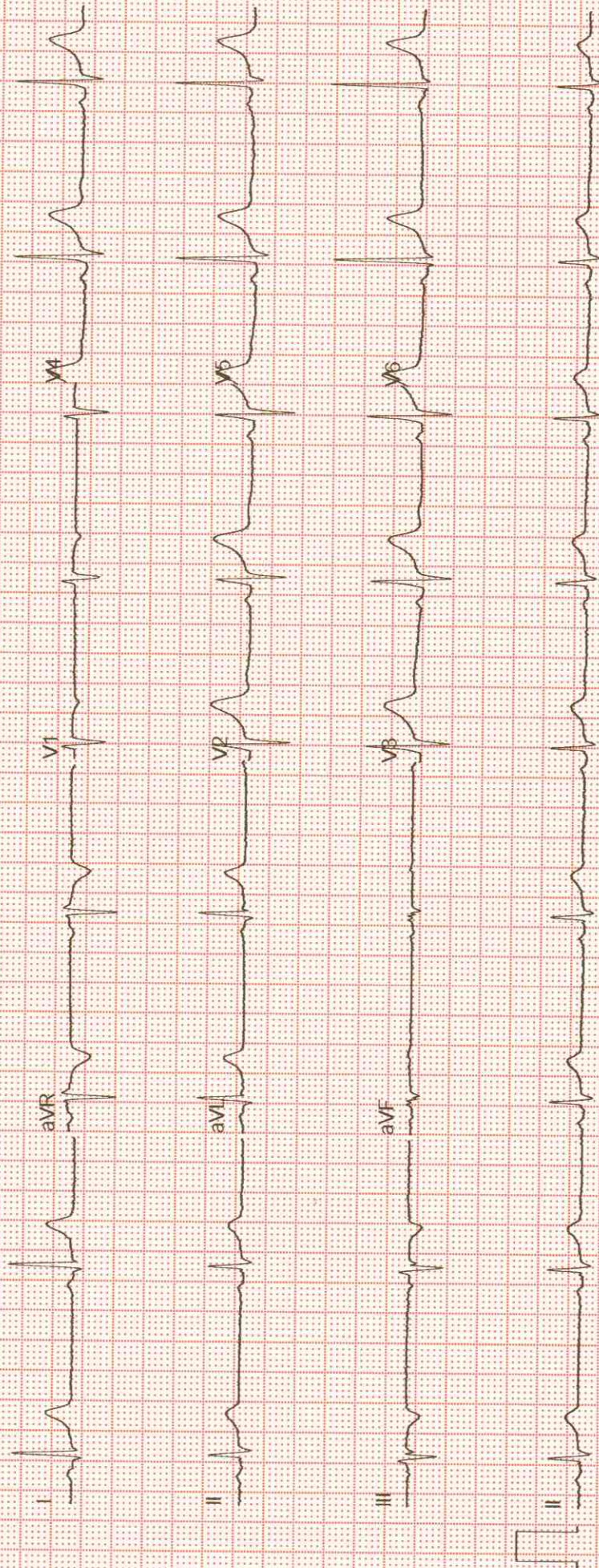
26.10.2024 9:33:57  
STERLING HOSPITAL  
HCP  
VADODARA

53 bpm

/ - mmHg

QT / QTcBaz 412 / 386 ms  
 PR 136 ms  
 P 102 ms  
 RR / PP 1142 / 1132 ms  
 P / QRS / T 19 / 1 / 8 degrees

*Brady card*  
*Left ax*  
*TuL3*







## 2D ECHOCARDIOGRAPHY REPORT



**Sterling**  
HOSPITALS

Race Course Road, Vadodara

Name: Mr. VARUN CHUGH  
Age: 27 Years  
Sex: M  
Date: 26-Oct-2024

Ref By: HCP  
Study: 2D Echo

### M-MODE:

IVS	10mm	LVDD	42mm
PW	10mm	LVDS	24mm
LA	31mm	LV EF	60 %

### DOPPLER STUDY:

MITRAL	E 1.01	A 0.76
AORTIC	1.12	
TRICUSPID	N	
PULMONARY	0.86	

### CONCLUSION :

- NORMAL SIZED CHAMBERS
- NORMAL LV SYSTOLIC FUNCTION LVEF 60 %
- NO RWMA AT REST
- NO DIASTOLIC DYSFUNCTION
- OTHER VALVES ARE NORMAL
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION
- IVC NORMAL

Dr. KAUSHIK TRIVEDI MD,DM  
Consultant interventional Cardiologist

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West,  
Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78  
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121  
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India  
301000091120-25443913

