



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

| PARTICULARS                     | EMPLOYEE DETAILS    |
|---------------------------------|---------------------|
| NAME                            | MR. R RAHUL         |
| EC NO.                          | 179226              |
| DESIGNATION                     | BRANCH OPERATIONS   |
| PLACE OF WORK                   | CHAMARAJA NAGAR     |
| BIRTHDATE                       | 28-03-1993          |
| PROPOSED DATE OF HEALTH CHECKUP | 14-10-2023          |
| BOOKING REFERENCE NO.           | 23D179226100072164E |

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **13-10-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

|                     |                |                           |                      |
|---------------------|----------------|---------------------------|----------------------|
| <b>Patient Name</b> | Rahul R        | <b>Requested By</b>       | Dr. Naveen Kumar D S |
| <b>MRN</b>          | 10140000395150 | <b>Procedure DateTime</b> | 2023-10-14 09:04:12  |
| <b>Age/Sex</b>      | 30Y 6M / Male  | <b>Hospital</b>           | NH-Mysore            |

**X-RAY CHEST PA VIEW**

Clinical details : **Health check up**

The C.T.Ratio is within normal limits.

The lung fields are clear.

The costo and cardiophrenic angles are free.

The domes of diaphragm are normally placed.

The bony thorax shows no gross abnormality.

**IMPRESSION: No abnormality detected**

To correlate clinically.



**Dr. Rakesh Sharma M N**

**MBBS,DMRD, DNB(Radiology)**

**Consultant**

**Department of Radiology**



This is a digitally signed valid document. Reported Date/Time: 2023-10-14 10:29:30



|                     |                |                           |                      |
|---------------------|----------------|---------------------------|----------------------|
| <b>Patient Name</b> | Rahul R        | <b>Requested By</b>       | Dr. Naveen Kumar D S |
| <b>MRN</b>          | 10140000395150 | <b>Procedure DateTime</b> | 2023-10-14 12:27:25  |
| <b>Age/Sex</b>      | 30Y 6M / Male  | <b>Hospital</b>           | NH-Mysore            |

**ULTRASOUND SCAN OF ABDOMEN AND PELVIS (MHC)**

LIVER - Normal in size and echotexture. No evidence of focal lesions.

BILIARY RADICLES - No dilatation.

CBD - Normal in size. No evidence of calculi.

GALL BLADDER - Partially distended.

PORTAL VEIN - Normal in caliber.

PANCREAS - Head and body of pancreas show normal echotexture.

SPLEEN - Normal.

KIDNEYS - Both kidneys are normal in size and echotexture. No evidence of calyceal dilatation or calculi seen.

BLADDER - Distended and appears normal.

PROSTATE - Appears normal.

No free fluid seen in the abdomen.

**IMPRESSION: No abnormality detected sonologically.**

To correlate clinically.

*Roopa K*

**Dr. Roopa K**  
Consultant Radiologist

This is a digitally signed valid document. Reported Date/Time: 2023-10-14 13:00:22



## ECHOCARDIOGRAPHY REPORT

|                      |                   |                    |              |
|----------------------|-------------------|--------------------|--------------|
| <b>Patient ID</b>    | : 10140000395150  | <b>Report Date</b> | : 14-10-2023 |
| <b>Patient Name:</b> | : Mr. Rahul R     |                    |              |
| <b>Age / Gender</b>  | : 30 years / Male | <b>Cath Number</b> | :            |
| <b>Render No</b>     | :                 |                    |              |

### MEASUREMENT

**AO** : 28 ( 20 - 40 )mm      **LVID(d)** : 44 (36 - 52 )mm      **IVS** : 9 ( 6 - 11 )mm  
**LA** : 30 ( 19 - 40 )mm      **LVID s** : 29 (23 - 39)mm      **PWD** : 9 ( 6 - 11 )mm  
**EF** : 60% (>50%)      **ESV** : 33 ml      **EDV** : 89ml

### VALVES

**Mitral Valve** : Normal  
**Aortic valve** : Normal  
**Tricuspid Valve** : Normal  
**Pulmonary Valve** : Normal

### CHAMBERS

**Left Atrium** : Normal  
**Right Atrium** : Normal  
**Left Ventricle** : Normal  
**Right Ventricle** : Normal

### SEPTAE

**IVS** : Intact  
**IAS** : Intact

### GREAT ARTERIES

**Aorta** : Normal  
**Pulmonary Artery** : Normal

**DOPPLER DATA**

Mitral : E/A 0.5/0.4 m/s  
Aortic : Normal  
Tricuspid : Trivial TR / Mild PAH, PASP 30mmHg  
Pulmonary : Normal  
LVOT : Normal  
Vegetation/Thrombus : Normal  
Pericardium : Normal

**WALL MOTION ABNORMALITIES**

No RWMA

**FINAL DIAGNOSIS**

- NORMAL CHAMBER DIMENSIONS
- TRIVIAL TRICUSPID REGURGITATION / MILD PULMONARY ARTERIAL HYPERTENSION
- NO RWMA
- NORMAL LV FUNCTION (LVEF-60%)
- LEFT ARCH / NO COA

DR KESHAVA MURTHY.V  
(SENIOR INTERVENTIONAL  
CARDIOLOGIST)

DR SRINIVAS P  
(INTERVENTIONAL  
CARDIOLOGIST)

DR ANAND LINGAN  
(SENIOR PEDIATRIC / ADULT  
INTERVENTIONAL CARDIOLOGIST)

DONE BY : RITA



Patient Name : Mr. Rahul R  
MRN : 395150

Page 2 of 2 Typed by : Mr. Hemanth

**Narayana Multispeciality Hospital**

Narayana Hrudayalaya Surgical Hospital Pvt. Ltd. CIN: L85100KA2015PTC0255453

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: CAH/1, 3rd Phase, Devanur, Mysore 570019

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Appointments  
**1800-309-0309 (Toll Free)**

Emergencies  
**98539-98539**

ID: 10140000395150

Name: R. Rishul  
Age: 30 Years  
Gender: Male

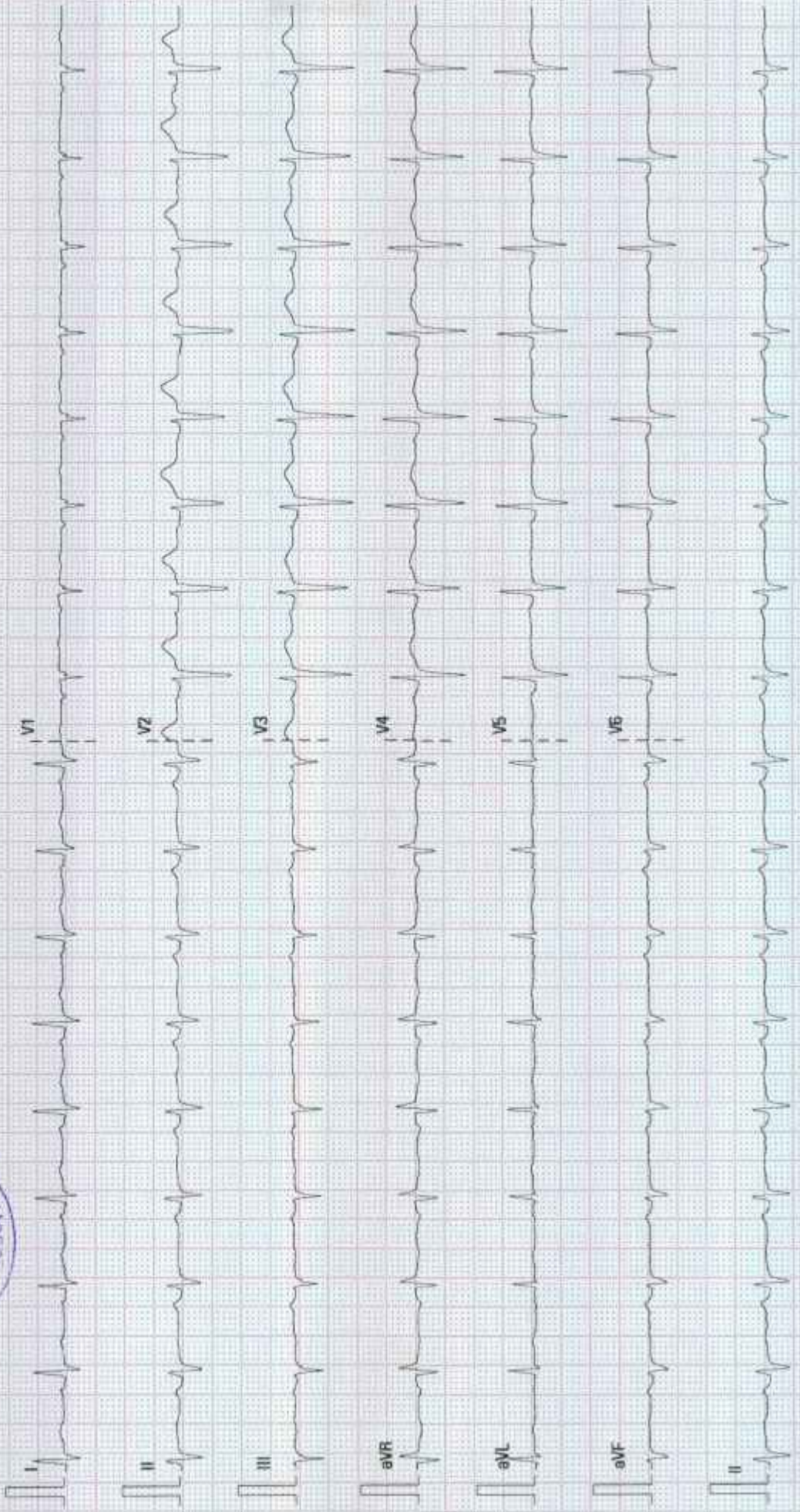
2023-10-14 10:33:53 AM

Vent. Rate 101 bpm  
PR Interval 130 ms  
QRS Duration 90 ms  
QT/QTc Interval 338/410 ms  
P/QRS/T Axes 57/-44/34 deg  
QTc: Hodges

Sinus tachycardia  
Left axis deviation  
Borderline ECG



Unconfirmed Diagnosis



25 mm/s

10 mm/mV

50 Hz

BDR 35 Hz

MARAYAMA SURGICAL HOSPITAL MYSURU

02.10.00/V28.4.1

SN FN. 21032859

**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mr Rahul R MRN : 10140000395150 Gender/Age : MALE , 30y (28/03/1993)

Collected On : 14/10/2023 08:49 AM Received On : 14/10/2023 09:11 AM Reported On : 14/10/2023 10:16 AM

Barcode : 602310140054 Specimen : Serum Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7025046313

**BIOCHEMISTRY**

| Test                                                 | Result | Unit                      | Biological Reference Interval                                                                        |
|------------------------------------------------------|--------|---------------------------|------------------------------------------------------------------------------------------------------|
| <b>SERUM CREATININE</b>                              |        |                           |                                                                                                      |
| Serum Creatinine (Spectrophotometry)                 | 0.9    | mg/dL                     | 0.8-1.3                                                                                              |
| eGFR (Calculated By MDRD Formula)                    | 99.1   | mL/min/1.73m <sup>2</sup> | -                                                                                                    |
| <b>Blood Urea Nitrogen (BUN)</b> (Spectrophotometry) | 7      | mg/dL                     | 7.0-20.0                                                                                             |
| <b>Serum Sodium</b> (Spectrophotometry)              | 137    | mmol/L                    | 135.0-150.0                                                                                          |
| <b>Serum Potassium</b> (Spectrophotometry)           | 4.3    | mmol/L                    | 3.5-5.0                                                                                              |
| <b>LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)</b>        |        |                           |                                                                                                      |
| Cholesterol Total (Spectrophotometry)                | 220 H  | mg/dL                     | Normal <200<br>High >240<br>Borderline 200 - 239                                                     |
| Triglycerides (Spectrophotometry)                    | 84     | mg/dL                     | Very High >500<br>Borderline High 150 - 199<br>High 200 - 499                                        |
| HDL Cholesterol (HDLC) (Spectrophotometry)           | 60     | mg/dL                     | 40.0-60.0                                                                                            |
| Non-HDL Cholesterol (Spectrophotometry)              | 160    | -                         | -                                                                                                    |
| LDL Cholesterol (Calculated)                         | 143 H  | mg/dL                     | Desirable: <100<br>Optimal: 100-129<br>Borderline High: 130-159<br>High : 160-189<br>Very High: >190 |
| VLDL Cholesterol (Spectrophotometry)                 | 16.8   | mg/dL                     | 0.0-40.0                                                                                             |
| Cholesterol /HDL Ratio (Spectrophotometry)           | 3.7    | -                         | 0.0-5.0                                                                                              |
| <b>LIVER FUNCTION TEST(LFT)</b>                      |        |                           |                                                                                                      |
| Bilirubin Total (Spectrophotometry)                  | 1.5 H  | mg/dL                     | 0.0-1.3                                                                                              |

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Appointments

**1800-309-0309 (Toll Free)**

Emergencies

**98539-98539**

Patient Name : Mr Rahul R MRN : 10140000395150 Gender/Age : MALE , 30y (28/03/1993)

|                                                                                   |              |       |            |
|-----------------------------------------------------------------------------------|--------------|-------|------------|
| Conjugated Bilirubin (Direct) (Spectrophotometry )                                | 0.3          | mg/dL | 0.0-0.3    |
| Unconjugated Bilirubin (Indirect) (Spectrophotometry)                             | <b>1.2 H</b> | mg/dL | 0.3-0.8    |
| Total Protein (Spectrophotometry )                                                | 8.1          | g/dL  | 6.4-8.2    |
| Serum Albumin (Spectrophotometry)                                                 | 5.0          | g/dL  | 3.4-5.0    |
| Serum Globulin (Spectrophotometry)                                                | 3.1          | -     | -          |
| Albumin To Globulin (A/G)Ratio (Spectrophotometry)                                | 1.61         | -     | 1.0-2.1    |
| SGOT (AST) (Spectrophotometry )                                                   | 36           | IU/L  | 15.0-37.0  |
| SGPT (ALT) (Spectrophotometry )                                                   | 49           | IU/L  | 30.0-65.0  |
| Alkaline Phosphatase (ALP) (Spectrophotometry )                                   | 73           | IU/L  | 50.0-136.0 |
| Gamma Glutamyl Transferase (GGT) (Spectrophotometry )                             | 30           | IU/L  | 15.0-85.0  |
| <b>THYROID PROFILE (T3, T4, TSH)</b>                                              |              |       |            |
| Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence Immunoassay (CLIA))           | 1.36         | ng/dL | 0.6-1.81   |
| Thyroxine (T4) (Enhanced Chemiluminescence Immunoassay (CLIA))                    | 10.2         | ug/dl | 3.2-12.6   |
| TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence Immunoassay (CLIA)) | 1.289        | mIU/L | 0.4-4.049  |

--End of Report--

*Shiva Prasad*

Dr. Shiva Prasad P.N.  
MBBS/MD  
CONSULTANT PATHOLOGIST  
570019

Page 2 of 3

**Narayana Multispeciality Hospital**

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Appointments

**1800-309-0309 (Toll Free)**

Emergencies

**98539-98539**



Patient Name : Mr Rahul R MRN : 10140000395150 Gender/Age : MALE , 30y (28/03/1993)

**Note**

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mr Rahul R MRN : 10140000395150 Gender/Age : MALE , 30y (28/03/1993)

Collected On : 14/10/2023 08:49 AM Received On : 14/10/2023 09:11 AM Reported On : 14/10/2023 10:04 AM

Barcode : 612310140027 Specimen : Whole Blood Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7025046313

| Test                                                           | HAEMATOLOGY LAB |                | Biological Reference Interval |
|----------------------------------------------------------------|-----------------|----------------|-------------------------------|
|                                                                | Result          | Unit           |                               |
| <b>BLOOD GROUP &amp; RH TYPING</b>                             |                 |                |                               |
| Blood Group (Slide Technique And Tube Technique)               | "O"             | -              | -                             |
| RH Typing (Slide Technique And Tube Technique)                 | Positive        | -              | -                             |
| <b>COMPLETE BLOOD COUNT (CBC)</b>                              |                 |                |                               |
| Haemoglobin (Hb%) (Coulter Principle)                          | 16.07           | g/dL           | 13.0-17.0                     |
| Red Blood Cell Count (Coulter Principle)                       | 4.99            | Million/ul     | 4.5-6.5                       |
| PCV (Packed Cell Volume) / Hematocrit (Calculated)             | 47.1            | %              | 40.0-54.0                     |
| MCV (Mean Corpuscular Volume) (Derived From RBC Histogram)     | 94.3            | fL             | 76.0-96.0                     |
| MCH (Mean Corpuscular Haemoglobin) (Calculated)                | 32.2 H          | pg             | 27.0-32.0                     |
| MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated) | 34.1            | g/L            | 30.0-35.0                     |
| Red Cell Distribution Width (RDW) (Derived From RBC Histogram) | 13.5            | %              | 11.6-14.0                     |
| Platelet Count (Coulter Principle)                             | 244             | Thous/ $\mu$ L | 150.0-400.0                   |
| Mean Platelet Volume (MPV)                                     | 7.58            | fL             | 7.0-11.7                      |
| Total Leucocyte Count(WBC) (Coulter Principle)                 | 6.77            | Thous/cumm     | 4.0-11.0                      |
| <b>DIFFERENTIAL COUNT (DC)</b>                                 |                 |                |                               |
| Neutrophils (Optical/Impedance)                                | 52.24           | %              | 40.0-75.0                     |

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Appointments

**1800-309-0309 (Toll Free)**

Emergencies

**98539-98539**

Patient Name : Mr Rahul R | MRN : 10140000395150 | Gender/Age : MALE , 30y (28/03/1993)

|                                 |       |   |           |
|---------------------------------|-------|---|-----------|
| Lymphocytes (Optical/Impedance) | 36.76 | % | 20.0-45.0 |
| Monocytes (Optical/Impedance)   | 7.32  | % | 2.0-10.0  |
| Eosinophils (Optical/Impedance) | 3.51  | % | 1.0-6.0   |
| Basophils                       | 0.16  | % | 0.0-1.0   |
| Absolute Neutrophil Count       | 3.54  | - | -         |
| Absolute Lymphocyte Count       | 2.49  | - | -         |
| Absolute Monocyte Count         | 0.5   | - | -         |
| Absolute Eosinophil Count       | 0.24  | - | -         |
| Absolute Basophil Count         | 0.01  | - | -         |

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--

*Shivaprasad*

Dr. Shivaprasad P. N.  
MBBS, MD  
CONSULTANT PATHOLOGIST



**Note**

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Rahul R MRN : 10140000395150 Gender/Age : MALE , 30y (28/03/1993)

Collected On : 14/10/2023 08:49 AM Received On : 14/10/2023 09:11 AM Reported On : 14/10/2023 09:34 AM

Barcode : 602310140055 Specimen : Plasma Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7025046313

BIOCHEMISTRY

| Test                                                       | Result | Unit  | Biological Reference Interval |
|------------------------------------------------------------|--------|-------|-------------------------------|
| <b>FASTING BLOOD GLUCOSE (FBG)</b><br>(Spectrophotometry.) | 96     | mg/dL | 70.0-100.0                    |

--End of Report--

Dr. Shivaprasad P.N

MBBS, MD

CONSULTANT PATHOLOGIST

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**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mr Rahul R MRN : 10140000395150 Gender/Age : MALE , 30y (28/03/1993)

Collected On : 14/10/2023 08:49 AM Received On : 14/10/2023 09:29 AM Reported On : 14/10/2023 11:01 AM

Barcode : 622310140010 Specimen : Urine Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7025046313

**PATHOLOGY**

| Test                                  | Result      | Unit | Biological Reference Interval |
|---------------------------------------|-------------|------|-------------------------------|
| <b>URINE ROUTINE &amp; MICROSCOPY</b> |             |      |                               |
| <b>PHYSICAL EXAMINATION</b>           |             |      |                               |
| Volume                                | 30          | ml   | -                             |
| Colour                                | Pale Yellow | -    | -                             |
| Appearance                            | Clear       | -    | -                             |
| <b>CHEMICAL EXAMINATION</b>           |             |      |                               |
| pH(Reaction)                          | 5.5         | -    | 4.8-7.5                       |
| Sp. Gravity                           | 1.020       | -    | 1.005 - 1.030                 |
| Protein                               | Negative    | -    | -                             |
| Urine Glucose                         | Negative    | -    | -                             |
| Ketone Bodies                         | Negative    | -    | Negative                      |
| Bile Salts                            | Negative    | -    | Negative                      |
| Bile Pigment (Bilirubin)              | Negative    | -    | Negative                      |
| Urobilinogen                          | Normal      | -    | -                             |
| Urine Leucocyte Esterase              | Negative    | -    | Negative                      |
| Blood Urine                           | Negative    | -    | Negative                      |
| Nitrite                               | Negative    | -    | Negative                      |
| <b>MICROSCOPIC EXAMINATION</b>        |             |      |                               |

Page 1 of 2



Patient Name : Mr Rahul R MRN : 10140000395150 Gender/Age : MALE , 30y (28/03/1993)

|                  |          |   |     |
|------------------|----------|---|-----|
| Pus Cells        | 2-3/hpf  | - | 0-2 |
| RBC              | Nil      | - | -   |
| Epithelial Cells | 1-2/hpf  | - | 2-4 |
| Crystals         | Not Seen | - | -   |
| Casts            | Not Seen | - | -   |

--End of Report--



Dr. Shivaprasad P.N  
MBBS, MD  
CONSULTANT PATHOLOGIST

**Note**

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Rahul R MRN : 10140000395150 Gender/Age : MALE , 30y (28/03/1993)

Collected On : 14/10/2023 11:32 AM Received On : 14/10/2023 11:44 AM Reported On : 14/10/2023 12:04 PM

Barcode : 622310140023 Specimen : Urine Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7025046313

PATHOLOGY

| Test                                                                           | Result   | Unit |
|--------------------------------------------------------------------------------|----------|------|
| Urine For Sugar (Semi-quantitative Strip Method-<br>Glucose Oxidase Technique) | Negative | -    |

--End of Report--

Dr. Shivaprasad P.N  
MBBS, MD  
CONSULTANT PATHOLOGIST

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Rahul R MRN : 10140000395150 Gender/Age : MALE , 30y (28/03/1993)

Collected On : 14/10/2023 08:49 AM Received On : 14/10/2023 09:11 AM Reported On : 14/10/2023 11:43 AM

Barcode : 602310140056 Specimen : Whole Blood Consultant : Dr. Naveen Kumar D 5(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7025046313

BIOCHEMISTRY

| Test                                    | Result | Unit | Biological Reference Interval                                                                                         |
|-----------------------------------------|--------|------|-----------------------------------------------------------------------------------------------------------------------|
| HbA1C                                   |        |      |                                                                                                                       |
| HbA1c (HPLC METHOD)                     | 5.7    | %    | Upto - Normal (Non Diabetic Level): < 6<br>Good Control: 6.01-7.00<br>Fair Control: 7.01-8.00<br>Poor Control: > 8.01 |
| Estimated Average Glucose (HPLC METHOD) | 116.89 | -    | -                                                                                                                     |

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C > 6.5%, repeat measurement on further sample. If the repeat test result is < 6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--



Dr. Shivaprasad P.N  
MBBS, MD  
CONSULTANT PATHOLOGIST



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Page 1 of 1





DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Rahul R MRN : 10140000395150 Gender/Age : MALE , 30y (28/03/1993)

Collected On : 14/10/2023 11:30 AM Received On : 14/10/2023 11:43 AM Reported On : 14/10/2023 12:08 PM

Barcode : 602310140124 Specimen : Plasma Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7025046313

BIOCHEMISTRY

| Test                                                       | Result | Unit  | Biological Reference Interval |
|------------------------------------------------------------|--------|-------|-------------------------------|
| POST PRANDIAL BLOOD GLUCOSE (PPBG)<br>(Spectrophotometry.) | 105    | mg/dL | 100.0-140.0                   |

--End of Report--

Dr. Shivaprasad P.N

MBBS, MD

CONSULTANT PATHOLOGIST

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