

Name : Mr. MUNSHI SOHARAB AHAMED (54 /M)

Date : 21/03/2024

Address : VILL-TAJPUR, PO-RAGPUR, PS-ARAMBAGH, HOOGHLY, HOOGHLY, WEST BENGAL, INDIA

Examined by :

UHID : AGHL.0001687226

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH200843



CHIEF COMPLAINTS

For corporate health checkup

Vertigo

Multiple joint pain

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Thyroid disorder
Hypertension Medication - regular
Dyslipidaemia Medication - regular



DRUG ALLERGY

Nil. :11/01/2021



SYSTEMIC REVIEW

Cardiovascular system

Chest pain - no; Breathing difficulty - yes;
Exacerbated by - moderate exertion

Respiratory system

- Nil Significant

Gastrointestinal system

Dyspepsia - yes; Nature - intermittent; Bowel habits
- constipation

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

Polyarthralgia - yes

Skin

- Nil Significant

Mind Health screening

Emotional Wellness
Assessment (PHQ9)
Score - 0



Present medications

- ROSUMAC CV 10
METOSARTAN 50
MODULA 5
DUVANTA 20



Past medical history

Past medical history - nil significant
Hospitalization for - No
Covid 19



Surgical history

Cholecystectomy - yes



Personal history

Marital status - Married
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - has expired
Diabetes - mother
Hypertension - father, mother
Coronary artery
disease - none

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Cancer - None

PHYSICAL EXAMINATION



General

Height - 166
Weight - 82
BMI - 29.76
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 72
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 144
Diastolic(mm of Hg) - 102
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/18P
BCVA:RE:N6 LE:N12
OCULAR MOVEMENT:WNL
ANT.SEG:EARLY
CHANGES(BE)
ADVICE:*To continue
present glass Rx *Detail
dilated Funduscopy*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	15.4	g/dl	●	13.0-17.0
RBC COUNT	4.79	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	45.4	%	●	41-53
MCV	94.9	fl	●	83-101
MCH	32.2 *	pg	●	27-32
MCHC	33.9	%	●	31.5-34.5
RDW	14.2 *	%	●	11.8-14.0
WBC Count	7300	/cu mm	●	4000-10000
Platelet Count	1.28 *	lacs/cu mm	●	1.5-4.0
Neutrophils	60	%	●	40-80
Lymphocytes	30	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	5	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Trace			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
NOTE : -	Urine protein rechecked and confirmed by sulphosalicylic acid test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	48	U/L	●	0-50
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	71	U/L	●	43-115
AST (SGOT) - SERUM	32	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	2.1 *	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	142	mg/dL	●	0-200

CREATININE - SERUM

● Within Normal Range ● Borderline High/Low ● Out of Range

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Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7 *	mg/dL	●	0.9-1.3

GLOBULIN: (CALCULATED) - SERUM	3.1	g/dL	●	1.8-3.6
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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	40	U/L	●	0-55

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.17	ng/ml	●	0.87-1.78

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	154 *	mg/dL	●	70-99

TOTAL T4: THYROXINE - SERUM	11.51	µg/dL	●	5.48-14.28
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LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	107	mg/dL	●	0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	290 *	mg/dL	●	70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.27	µIU/mL	●	0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.5 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.8	mg/dL	●	2.6-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	42	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	90	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	10	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.7 *	mg/dL	●	0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	1.37	ng/mL	●	0.00-6.50

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	11.0	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

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Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5		●	1.0-2.0

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	15.7			

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade II fatty liver.
- * Marginal prostatomegaly.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.

Dr. KHWAJA KAMRUDDIN
DNB RESIDENT
In consultation with

X-RAY CHEST PA

- * Chest skiagram does not reveal any significant abnormality.

CARDIOLOGY

TREADMILL TEST / STRESS TEST

● Within Normal Range ● Borderline High/Low ● Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

High Risk

YOUR SCORE

18

ACCEPTABLE SCORE

8

Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 3 months** if you have:
 - o Uncontrolled high blood pressure
 - o Diabetes
 - o Dyslipidemia
 - o Coronary heart disease
- You will be referred to a **cardiologist**.

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515