



Mr. NADEEMAHEMAD KADRI (30 /M)

UHID : AHIL.0000841741

AHC No : AHILAH192457

Date : 11/02/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE



Namaste Mr. NADEEMAHEMAD KADRI,

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

**Predicting your risk:** Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

**Preventing onset or progress of chronic lifestyle diseases:** Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

**Overcoming barriers to your wellbeing:** Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- AI powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations

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We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.



Scan the QR code to download the Apollo 247 App



You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via [www.apollo247.com](http://www.apollo247.com) or through the Apollo 24\*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at [prohealthcare@apollohospitals.com](mailto:prohealthcare@apollohospitals.com)

Stay Healthy and happy! 😊  
Apollo ProHealth Care team

**Disclaimer:** The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

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Name : Mr. NADEEMAHMAD KADRI (30 /M)

Address :

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Examined by : Dr. SHASHIKANT NIGAM

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

Date : 11/02/2023



UHID : AHIL.0000841741

AHC No : AHILAH192457



### Chief Complaints

For Annual health checkup  
No specific complaints



### Systemic Review

- Cardiovascular system : - Nil Significant
- Respiratory system : - Nil Significant
- Oral and dental : - Nil Significant
- Gastrointestinal system : - Nil Significant
- Genitourinary system : - Nil Significant
- Gynaec history : - Nil Significant
- Central nervous system : - Nil Significant
- Eyes : - Nil Significant
- ENT : - Nil Significant
- Musculoskeletal system :  
Spine and joints  
- Nil Significant
- Skin : - Nil Significant
- General symptoms : - Nil Significant



### Past medical history

- Do you have any allergies? - No
- Do you have any drug allergies? - No



### Surgical history

- Appendicectomy - 15 YRS AGO



### Personal history

- Ethnicity - Indian Asian





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**MEDIWHEEL-FULL BODY CHK-BELOW40-MALE**

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**Marital status** - Married  
 No. of children - 1  
 Male - 1  
 Profession - corporate employed  
 Diet - Mixed Diet  
 Alcohol - does not consume alcohol  
 Smoking - No  
 Chews tobacco - No  
 Physical activity - Moderate



**Family history**

Father - alive  
 Aged - 62  
 Mother - alive  
 Aged - 62  
 Sisters - 1  
 Diabetes - father  
 Hypertension - father  
 Coronary artery disease - none  
 Cancer - None  
 Thyroid/other endocrine disorder - father

**Physical Examination**



**General**

General appearance - normal  
 Build - normal  
 Height - 171  
 Weight - 81.4  
 BMI - 27.84  
 Pallor - No  
 Oedema - no



**Cardiovascular system**



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Heart rate (Per minute) - 76  
 Rhythm - Regular  
 - B.P. Supine  
 Systolic(mm of Hg) - 120  
 Diastolic(mm of Hg) - 80  
 Heart sounds - S1S2+

**Respiratory system**

Breath sounds - Normal vesicular breath sounds



**Abdomen**

Organomegaly - No  
 Tenderness - No

Printed By : MUKTA S ADALTI

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**URINE FOR ROUTINE EXAMINATION**

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	25	mL		
Specific Gravity	1.005			
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	7			
Protein :	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	Occasional			0-5
RBC	Nil	/hpf		0-5/hpf
Epithelial Cells	Occasional			
Casts:	Absent			
Crystals:	Absent			

**COMPLETE BLOOD COUNT WITH ESR**

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	15	gm%	●	13.0-17.0
Packed cell volume(Calculated)	44.3	%	●	40-50
RBC COUNT (Impedance)	4.86	Million/ul	●	4.5-5.9
MCV (From RBC Histogram)	91.2	fl	●	80-100
MCH(Calculated)	30.74	pg	●	27-32
MCHC(Calculated)	33.7	%	●	31-36
RDW(Calculated)	13.1	%	●	11.5-14.5
WBC Count (Impedance)	6843	/cu mm	●	4000-11000

● Within Normal Range    ● Borderline High/Low    ● Out of Range



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Neutrophils	53	%	●	40-75
Lymphocytes	34	%	●	20-40
Monocytes	6	%	●	2-10
Eosinophils	7 *	%	●	01-06
Basophils	0	%	●	0-1
Platelet Count (Impedance)	333500	/cu mm	●	150000-450000
MPV (Calculated)	6.9 *	fl	●	7-11
RBC:	Normochromic Normocytic RBCs			
WBC:	As mentioned.			
Platelets:	Adequate on the smear			
Parasite	No Parasites Seen			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic)	13	mm/1st hr	●	0-15

**URINE GLUCOSE(FASTING)**

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

**URINE GLUCOSE(POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
BLOOD GROUP:	A Positive			

**LFT (LIVER FUNCTION TEST)**

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	16	U/L	●	0-50
ALKALINE PHOSPHATASE - SERUM/PLASMA	108	U/L	●	Adult(Male): 40 - 129

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Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	23	U/L	●	> 1 year Male : <40
Total Bilirubin	0.888	mg/dL	●	0.300-1.200
Direct Bilirubin	0.238	mg/dL	●	Upto 0.3 mg/dl
Indirect Bilirubin	0.65	mg/dL	●	1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.77	mg/dL	●	Adult Male: 0.6 - 1.3

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Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	11	U/L	●	Male : 10 - 71 Female : 6 - 42

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	96	mg/dL	●	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance ≥ 126 : Diabetes Mellitus

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post Prandial)	112	mg/dL	●	70-140

**GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range

● Within Normal Range    ● Borderline High/Low    ● Out of Range





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Glycosylated Hemoglobin (HbA1c) 5.7 % ● Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus  
 <7.0 : Well Controlled Diabetes  
 7.1 – 8.0 : Unsatisfactory Control  
 > 8.0 : Poor Control & Needs Immediate Treatment

Estimated Average Glucose. 116.89

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Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM / PLASMA	7.56	g/dL	●	6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.56	g/dL	●	6.00-8.00
ALBUMIN - SERUM	4.48	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.48	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	3.08		●	2.20-4.20
Globulin-Serum/Plasma	3.08		●	2.20-4.20
A/G ratio	1.45		●	1.00-2.00
A/G ratio	1.45		●	1.00-2.00

**THYROID PROFILE (T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.7	nmol/L	●	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: THYROID SERUM	84	nmol/L	●	Adults(20-100 Yrs ):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	1.99	µIU/mL	●	14-120 years : 0.27 - 4.20

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### URIC ACID - SERUM

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.4	mg/dL	●	Male : 3.4-7.0 Female : 2.4-5.7

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9	mg/dL	●	6-20
UREA - SERUM / PLASMA	19	mg/dL	●	15 - 50

### LIPID PROFILE - SERUM

Test Name	Result	Unit	Level	Range
Total Cholesterol	187	mg/dl	●	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	137	mg/dL	●	0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	36 *	mg/dL	●	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	138 *	mg/dL	●	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	27		●	< 40 mg/dl
C/H RATIO	5 *		●	0-4.5

### X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

● Within Normal Range      ● Borderline High/Low      ● Out of Range



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**Investigations Not Done / Not Yet Reported**

**Haematology**

STOOL ROUTINE

**CARDIOLOGY**

ECHO/TMT

ECG

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**Executive Summary**



- .BODY WEIGHT 81.4 KG,DEAL BODY WEIGHT 54-67 KG
- .ECG - NORMAL SINUS RHYTHM
- .TMT — TEST IS NEGATIVE,EXERCISE TIME 8:14 ,WORKLOAD 10.10 METS
- .USG ABDOMEN - GRADE I FATTY LIVER
- .CHEST X-RAY - NORMAL
- .EYE - NORMAL
- .DENTAL - AS PER DOCTOR ADVICE

**Wellness Prescription**

**Advice On Diet :-**



- BALANCED DIET---
- LOW FAT DIET
- LOW CARBOHYDRATE DIET

**Advice On Physical Activity :-**



- REGULAR WALK FOR 30 MINS FOR HEALTH,
- 60 MINS WALK FOR WEIGHT REDUCTION
- PRACTICE YOGA AND MEDITATION
- MAINTAIN WEIGHT BETWEEN 54-67 KG

Printed By : MUKTA S ADALTI

*Signature*  
**Dr. SHASHIKANT NIGAM**  
 AHC Physician / Consultant Internal Medicine  
 Apollo Hospitals International  
 Gujarat-382428, INDIA. Regd. No.: G-21961

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.




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**DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES**

**Patient Details** : Mr. NADEEMAHEMAD KADRI | Male | 30Yr 8Mth 2Days  
**UHID** : AHIL.0000841741 **Patient Location:** AHC  
**Patient Identifier:** AHILAH192457   
**DRN** : 223007853 **Completed on :** 11-FEB-2023 10:46  
**Ref Doctor** : DR. SHASHIKANT NIGAM

**USG WHOLE ABDOMEN**

**FINDINGS :**

Liver appears normal in size and shows uniform bright echotexture. No evidence of focal pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Visualized Head, and body of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 8.7 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate is normal in size and echopattern.

**IMPRESSION :**

Grade I fatty liver.

Printed on : 11-Feb-2023 17:00

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USG WHOLE ABDOMEN

--- END OF THE REPORT ---

DR. VAIBHAVI PATEL

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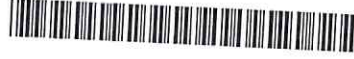
## DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

**Patient Details :** Mr. NADEEMAHEMAD KADRI | Male | 30Yr 8Mth 2Days

**UHID :** AHIL.0000841741

**Patient Location:** AHC

**Patient Identifier:** AHILAH192457



**DRN :** 123019141

**Completed on :** 11-FEB-2023 10:46

**Ref Doctor :** DR. SHASHIKANT NIGAM

### X-RAY CHEST PA

#### **FINDINGS :**

Lung fields are clear.

Cardio thoracic ratio is normal.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

#### **IMPRESSION**

**NORMAL STUDY.**

--- END OF THE REPORT ---

Printed on : 11-Feb-2023 17:00

Printed By : 153182

Reported By : 717876

Page 1 of 1

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E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

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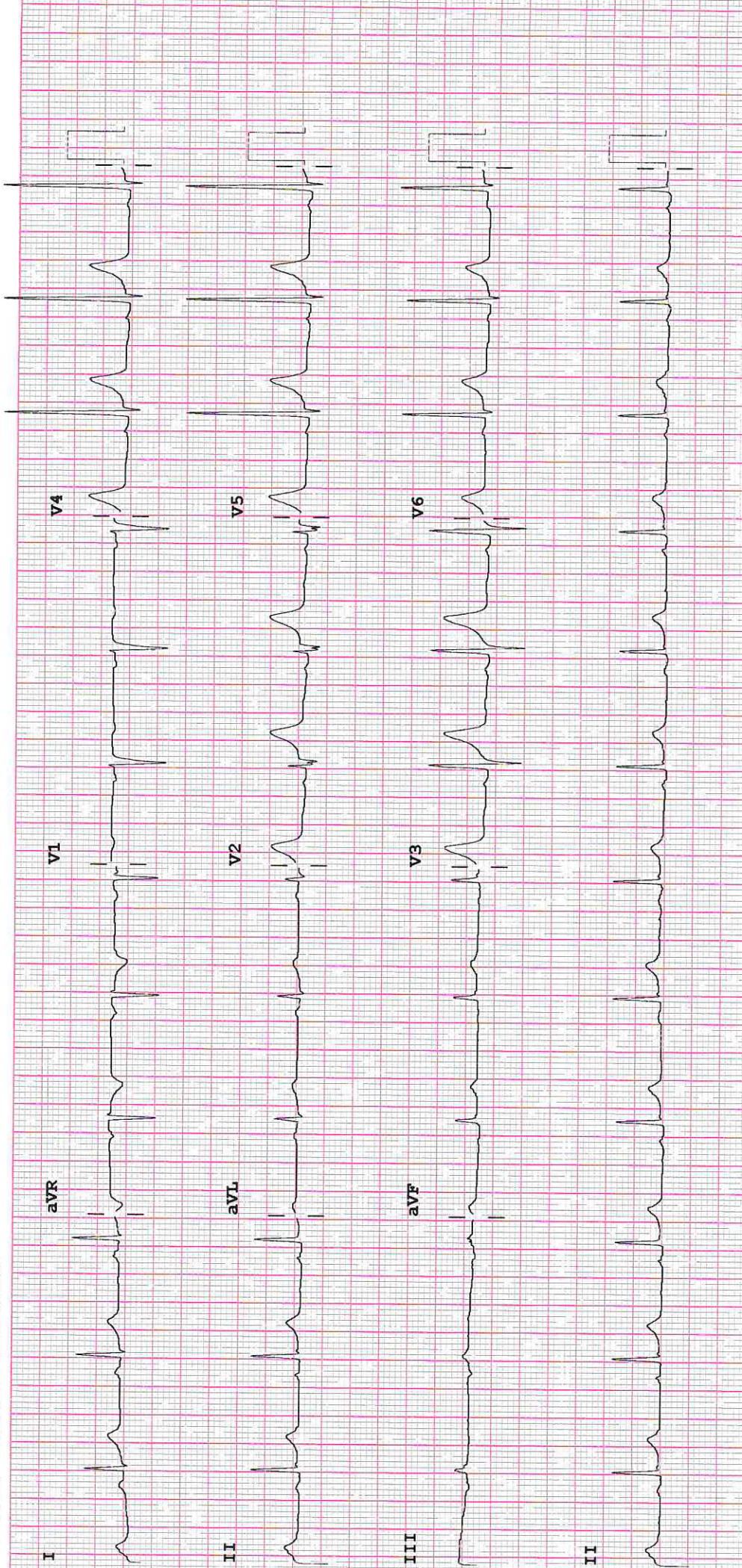
Rate 72

PR 145  
QRS 82  
QT 355  
QTc 389

--AXIS--

P 6  
QRS 42  
T 27

12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mv Chest: 10.0 mm/mv

F 50~ 0.15-100 HZ

PH10 CL P?



KADRI MR. NADEEMAHEMAD

Patient ID: 841741  
11.02.2023  
3:06:50pm

Male 171 cm 81.4 kg  
30 yrs Asian

88 bpm  
120/80 mmHg

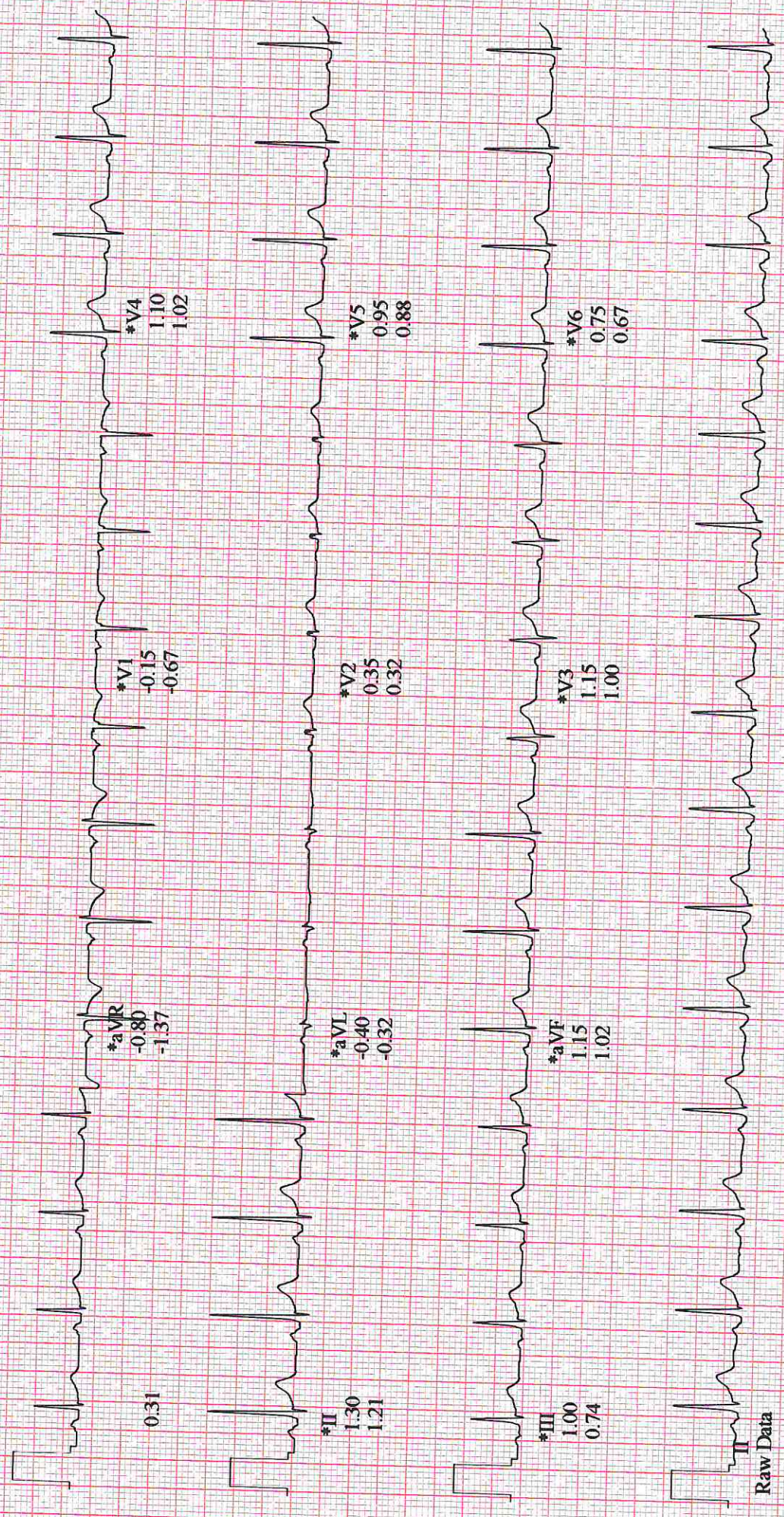
PRETEST  
STANDING  
00:41

BRUCE  
0.0 mph  
0.0 %

APOLLO HOSPITAL

Lead  
ST Level (mm)  
ST Slope (mV/s)

ST @ 10 mm/mV  
60 ms post J



\*Computer Synthesized Rhythms

GE  
CASE V7.0  
Patient ID: 841741  
25 mm/s 10 mm/mV 50 Hz 0.05 - 20 Hz A+ HR(II, V5)

GE Healthcare

Start of Test: 3:06:08pm





**DENTISTRY**

Name : .....  
Occupation : .....  
Age : ..... Sex :  Male  Female

Date : 11/01/23 Unit No. : .....  
Ref. Physician : .....  
Copies to : .....

**DENTAL RECORD**

ALLERGIES : NA

PAIN : Score (0-10) 0 Location : ..... Character : .....

DENTAL CLEANING HABIT  Once  Twice  Occasionally  
 Brush  Finger  Stick  Any other  
 Tooth Paste  Powder  Any other

DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH?  Yes  No

ARE YOUR TEETH SENSITIVE TO HEAT / COLD?  Yes  No

ORAL HYGIENE  Good  Fair  Poor

ORAL TISSUE EXAMINATION	PERIODONTAL EXAMINATION	OCCLUSION
NORMAL FINDINGS IN DISEASE	MILD MOD SEV	CLASS I II III CROSSBITE
Lips : Cheeks : Tongue : Floor of the mouth : Palate : Tonsillar Area : Any other :	Gingivitis <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Calculus <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Recession <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Periodontal Pockets <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Attrition <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Erosion <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Mobility <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Hypoplasia Impaction Non-vital Fracture Abscess Ulcers Caries Missing Teeth Supernumerary Others

PRESENT COMPLAINT : Route clearing

PRE-MEDICAL HISTORY:  DM  HTN  Thyroid  Acidity  Pregnancy  
 Anticoagulant  Under Drug Therapy

NA

**OPHTHAL**

AHIL.0000841741  
Mr. NADEEMAHEMAD  
KADRI

**ON RECORDS**

Name :

30 Year(s) / Male

Date :

11/2/23

UHID :



Distance Vision :

Right Eye -

6/12 (BE) 6/12

Left Eye -

Near Vision :

Right Eye :

N6

Left Eye :

N6

8511102220

APLN.TN - Right Eye

14

Left Eye

12

mmHg

Both Eye - Colour Vision

Normal

Both Eye - Anterior Segment Examinations -

WNL

Both Eye Posterior Segment Examinations -

WNL

Doctor's Signature

Ophthalmologist Name

AHMROP028V1

  
Dr. Jagriti Sinha  
MS (Ophthalmology)  
Jr. Consultant  
Apollo Hospitals International Ltd., Ganchinginer,  
Surat-392428, INDIA. Regd. No.: G-69792